

# Soldier for Life Transition Assistance Program Fact Sheet



**TRANSITION ASSISTANCE PROGRAM**  
Start Strong • Serve Strong • Reintegrate Strong • Remain Strong

## TRANSITION OVERVIEW

### SFL-TAP

The Soldier for Life – Transition Assistance Program (SFL-TAP) delivers a world-class transition program that ensures all eligible transitioning Soldiers have the education, training, and counseling necessary to be career-ready when they leave active duty service. SFL-TAP helps Soldiers make informed career decisions through benefits' counseling and employment assistance.

### Eligibility

If you are an Active or Reserve Component Soldier with 180+ days of continuous active duty service, you and your Family Members are eligible to receive SFL-TAP services 18 months prior to separation or two years prior to retirement. Department of the Army Civilian employees and their Family members are eligible up to their transition date.

### Commanders Program

The unit commander works closely with the SFL-TAP staff to ensure all Soldiers have the opportunity to use SFL-TAP services. Reports are available to unit leadership to track a Soldier's SFL-TAP progress.

### VOW Act

The Veteran's Opportunity to Work (VOW) Hire to Heroes Act was signed into law on 21 November 2011 and implemented 21 November 2012. Legislation mandates Preseparation Counseling, VA Benefits Briefings I & II, and DOL Employment Workshop for all Soldiers

### CRS

Career Readiness Standards (CRS) are policy mandates set forth by the Office for the Secretary of Defense for all Armed Services. The requirements are listed in the second column and all Soldiers with 180 days of continuous active duty service are required to complete.

## TRANSITION REQUIREMENTS

### Preseparation Briefing (DD Form 2648/-1)

Training and counseling sessions. Complete the Preseparation checklist.

### VA Benefits Briefing I & II

VA benefits and eligibility. Register for benefits at [www.eBenefits.va.gov](http://www.eBenefits.va.gov)

### DOL Employment Workshop

Employment counseling, resume development. (\*possible exemption)

### Individual Transition Plan (ITP)

Development Plan (ITP) outlining your career or education goals to achieve CRS.

### MOS Crosswalk

Translates military skills and training. Complete Gap Analysis.

### Financial Planning Seminar

Financial planning and budget preparation. Complete 12-month post-service budget.

### Individual Self-Assessment

Complete self-assessment through Kuder Journey or other assessment tool.

### Job Application Package OR Job Offer Letter

Complete private or federal resume, references and two submitted job applications OR job offer letter.

### Career Tracks

Accessing Higher Education, Vocational/Technical, or Entrepreneurial. In accordance with Soldier's ITP.

### Career Skills Program

Credentialing, Apprenticeship, On-the-Job training, Internships, and Job shadowing programs.

### CAPSTONE (DD Form 2958)

Culminating activity verifying the Soldier has a viable ITP and meets CRS.

## TRANSITION HEADQUARTERS

### SFL-TAP Centers

SFL-TAP Centers have Counselors ready to offer guidance, assistance, and referrals throughout your transition and beyond. To locate a SFL-TAP Center, go to [www.sfl-tap.army.mil](http://www.sfl-tap.army.mil)

### SFL-TAP Virtual Center

The SFL-TAP Virtual Center provides access to SFL-TAP Counselors, transition materials, resume resources, and seminars 24/7. Call 800-325-4715 or 502-613-8831 (DSN 983) to speak with a counselor or go to [www.sfl-tap.army.mil](http://www.sfl-tap.army.mil) to request virtual access.

### SFL-TAP On-Line

The Army's complete website for transition provides employment assistance, referrals, and job fairs, as well as links to other transition services. Go to [www.sfl-tap.army.mil](http://www.sfl-tap.army.mil)

### SFL-TAP on Facebook

Visit SFL-TAP on Facebook for current information on transition and employment. SFL-TAP Facebook can be found at [www.facebook.com/armycareerandalumniprogram](http://www.facebook.com/armycareerandalumniprogram)

### Schedule Transition Services

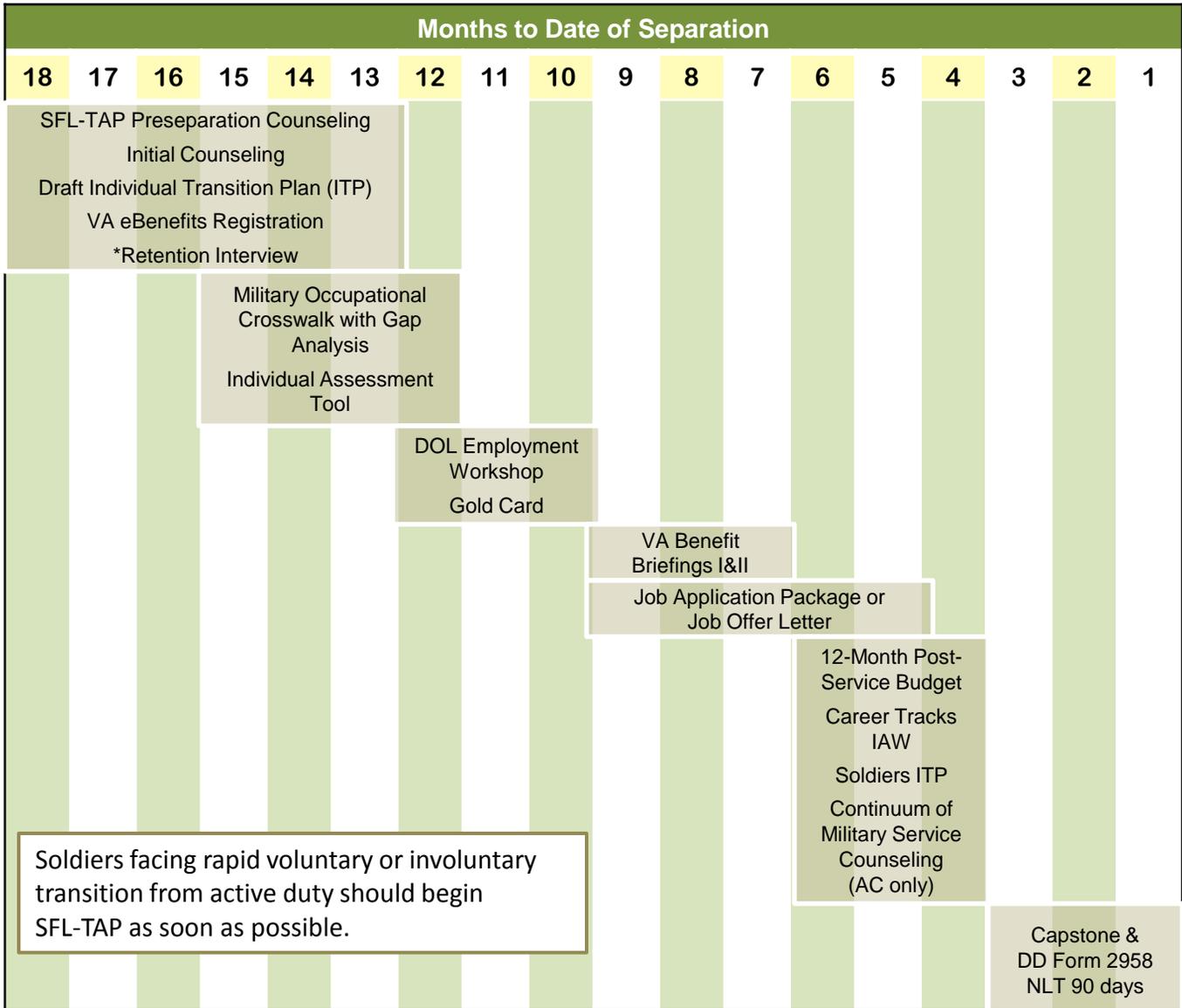
To schedule transition services, go to [www.sfl-tap.army.mil](http://www.sfl-tap.army.mil) or contact your SFL-TAP Center.

### Job Connections

Veterans Employment Center (VEC) [www.ebenefits.va.gov/jobs](http://www.ebenefits.va.gov/jobs) is the federal government's single online tool for connecting transitioning Soldiers to meaningful career opportunities.

# Soldier for Life

## Transition Assistance Program Timeline



### Quick Links

Leader's Perspective: <https://www.sfl-tap.army.mil/pages/leaders/leadersPerspective.aspx>

Getting Started: <https://www.sfl-tap.army.mil/pages/transition/default.aspx>

### Center Contact Information

SFL-TAP Schofield Office: (808) 655-1028

SFL-TAP Virtual Center: (800) 325-4715

Transition Services Manager: (808) 655-8945

Installation Liaison Officer: (808) 655-9110