

# BE WISE. STAY ALIVE. WEAR YOUR PPE!

All U.S. Army personnel are required by regulation to wear Personal Protective Equipment (PPE) when riding as the operator or a passenger on a motorcycle. This applies to all Soldiers and Army civilians in a duty status, on or off a DOD installation, and all persons at any time on an Army installation.



## Helmets

Must meet DOT standards and be properly fastened under the chin. Full face helmets offer the best protection. NHTSA estimates that helmets reduce the likelihood of a crash fatality by 37% and brain injury by 67%.\*

## Eye protection

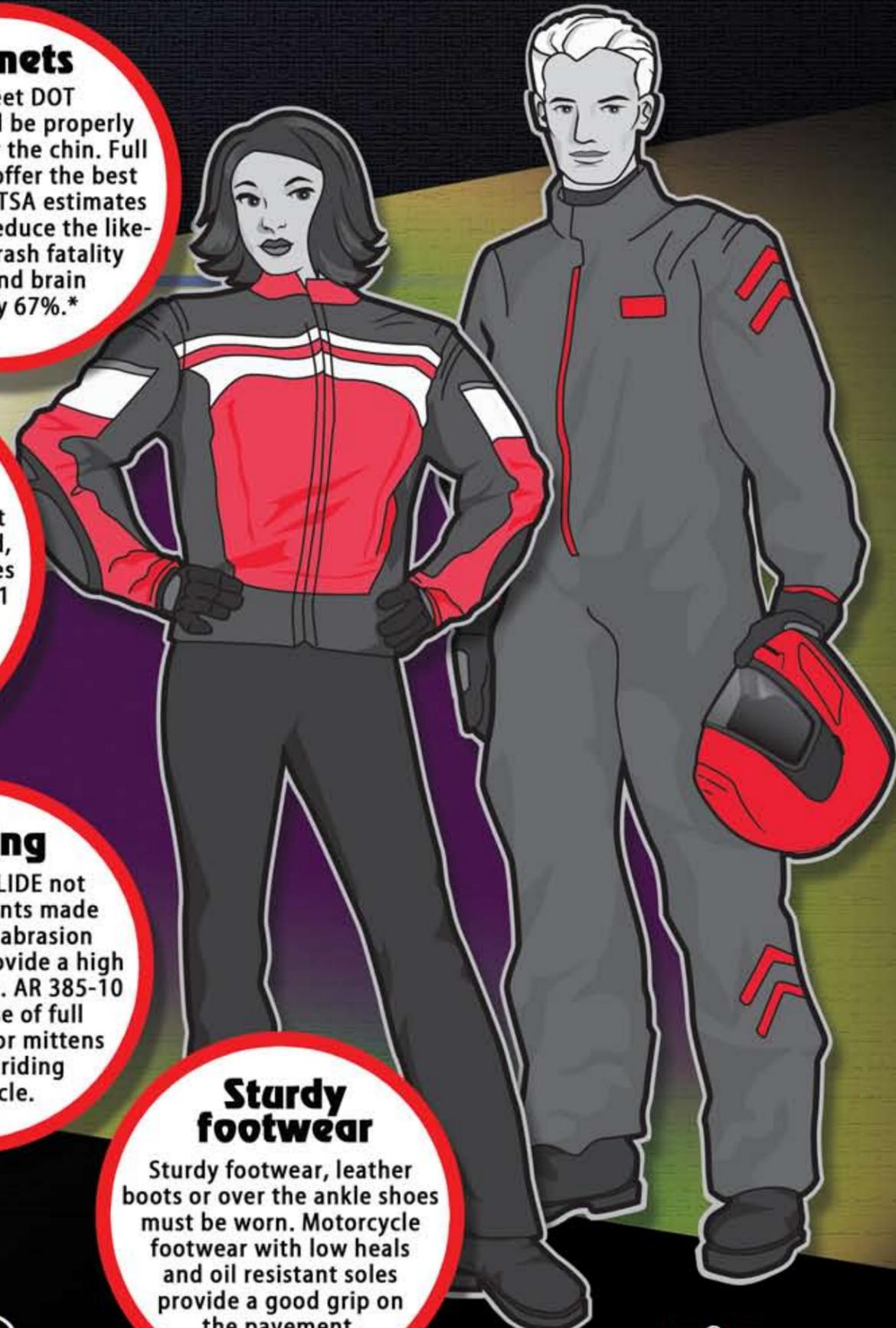
A windshield alone is not proper eye protection. Impact or shatter resistant face shield, goggles, or wraparound glasses that meet ANSI Standard Z87.1 are required. Tinted lenses may be worn during the day, but clear lenses should be used at night.

## Clothing

Dress for the SLIDE not the ride! Garments made from leather or abrasion resistant fabric provide a high level of protection. AR 385-10 requires the use of full fingered gloves or mittens designed for riding a motorcycle.

## Sturdy footwear

Sturdy footwear, leather boots or over the ankle shoes must be worn. Motorcycle footwear with low heels and oil resistant soles provide a good grip on the pavement.



# BE SEEN AND PROTECTED

Clothing designed for riding a motorcycle generally offers both protection and visibility. If black is chosen, a conspicuous enhancement should be worn. Reflective quality and location on the rider is more important than the amount of reflective material.

Local requirements may differ slightly. Riders should check with their installation safety office for details.

\*NHTSA Traffic Safety Facts DOT HS 810 887W



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