

Resources available for furloughed Dept. of the Army (DA) Civilians

Office of Personnel Management (OPM) Guidance on Shutdown Furloughs:

<http://www.opm.gov/policy-data-oversight/pay-leave/furlough-guidance/guidance-for-shutdown-furloughs.pdf>

Department of Defense Shutdown Furlough Guidance:

<http://www.cpms.osd.mil/Subpage/FurloughGuidance/>

Army Shutdown Furlough Guidance:

<http://cpol.army.mil/library/general/2013sequestration/FY14Lapse.html>

Benefits

Army Benefits Center

<https://www.abc.army.mil/>

Civilian Human Resources Agency Employee Benefits Handout

<http://www.chra.army.mil/hr/tools/gps/files/SAMPLE%20Employee%20Handout%20-%20Furlough%205-28-13~766.docx>

Thrift Savings Plan (TSP) at www.tsp.gov or TSP Fact Sheet at

<https://fcportal.forscom.army.mil/sites/g1/G1-HRD/Sequestration%20Information/Additional%20Benefits/TSP%20guidance%20on%20Furlough.pdf>

- Decrease or terminate TSP (implications for time savings)
- Apply for TSP General Loan, generally 30 day approval-current interest rate
- If you have a current TSP loan, amortize to decrease your payments during furlough period.

Financial Assistance

- Work directly with creditors to ask for reprieve or reduction on payments during furlough period b. Federal saving, bank, and credit union institutions are offering relief during furlough

Unemployment Compensation

<http://workforsecurity.doleta.gov/unemploy/unemcomp.asp>

State specific UI information can be found at:

<http://www.servicelocator.org/OWSLinks.asp>

More information about UCFE can be found at:

<http://www.dol.gov/sequestration/ucfe-faqs.pdf>

Notice to Federal Employee about Unemployment Insurance (SF-8) at:

<http://www.chra.army.mil/hr/tools/gps/view.asp?ID=781>

Additional Resources

1. Tax Withholdings - Decrease your tax withholdings by increasing the number of federal and state tax exemptions.

(See tax implications at www.irs.gov)

2. Employee Assistance Program Financial Training (see

http://archive.opm.gov/employment_and_benefits/worklife/healthwellness/eap/)

3. Army Community Service Financial Counselors (see

<http://www.myarmyonesource.com/default.aspx>)

4. American Red Cross:

<http://www.redcross.org/>

5. Army Chaplain Corps

<http://www.chapnet.army.mil/>

6. Army Emergency Relief at <http://www.aerhq.org/dnn563/> Army Career and Alumni Program

<https://www.acap.army.mil/default.aspx>

7. Youth and Childcare Centers

<http://www.armymwr.com/family/childand youth/default.aspx>

8. Public Affairs

<http://www.army.mil/info/institution/publicAffairs/>

9. Department of Labor

<http://www.dol.gov/dol/location.htm>

10. Behavioral Health Services

<http://www.behavioralhealth.army.mil/>

11. MEDCOM Health Care Service

<http://www.armymedicine.army.mil/>

12. Legal Office

<https://www.jagcnet.army.mil/Legal>

13. Morale, Welfare, and Recreation

<http://www.armymwr.com/>

14. Defense Financial and Accounting Service

<http://www.dfas.mil/>

15. MyPay

<https://mypay.dfas.mil/mypay.aspx>

(for changes to allotments, health savings account, Federal withholding and State Withholding)