

HAWAII ARMY WEEKLY

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Latest on BRAC

Information concerning the 2005 Base Realignment and Closure commission is currently available for interested personnel and communities at the Under Secretary of Defense for Personnel and Readiness Web site at www.defense.mil/BRAC.

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Military Band Concert

AT&T will sponsor the annual Combined Military Band Concert at the Hawaii Theatre from 7 to 8:30 p.m. on Saturday.

Top musicians from the U.S. Army, Navy, Air Force, Marine Corps, Coast Guard and Hawaii Army National Guard will combine their talents to provide an evening of music ranging from patriotic themes to Broadway tunes.

This concert is open to the public. Free tickets are available on a first-come, first-served basis at the Hawaii Theatre and the Chamber of Commerce of Hawaii.

Sunset in the Park

Join Morale, Welfare and Recreation, the Wahiawa Lions Club, and the Wahiawa community in welcoming home Hawaii's Soldiers from noon until 10 p.m. at Wheeler Army Air Field, May 21 and 22.

This WAAF Sunset in the Park event will provide great local entertainment, games, rides, static displays, plentiful vendor and food booths, plus the feature attractions — two big 30-foot screen movies at dusk over the two-days. Bring the whole family out for a fun-filled day.

This event is open to the public. Check out the MWR Web site as the event nears for more details at www.mwrarmyhawaii.com.

AUSA Golf

The Association of the United States Army will host its AUSA Welcome Home Golf Tournament at Leilehua Golf Course, June 3 at 12 p.m.

For more details, contact Sgt. Maj. Baumgarten at 655-4700.

Memorial to honor the fallen

1st Lt. Lindsey Dane
Contributing Writer

The recent digging in front of the division side of Fernandez Hall on Schofield Barracks is so much more than the average landscaping project. The Tropic Lightning Association is working hard on a project to honor the Division's fallen comrades from World War II to present.

Commemorating the warrior spirit throughout the rich history of the 25th Infantry Division (Light), the Tropic Lightning Association's new memorial will honor the Division's heroes of the past while uniting them with the

Soldiers proudly wearing its colors today.

Significant input was received and incorporated from many veterans and members of the Tropic Lightning Association (TLA) for the memorial.

The first part of the memorial is set to be unveiled June 10, just in time to be shared with the Division's Soldiers recently returning from Operation Iraqi Freedom and Operation Enduring Freedom — and just before the large transformation of the division and high number of permanent change of station moves typically associated with the summer months.

The memorial will begin as a single

Soldier, depicted in the uniform of today's GWOT veteran, standing and paying homage and final honors to a fallen comrade at the sight of a Soldier's cross.

The model for the single Soldier

The model chosen for the statue was authentic: combat veteran Sgt. James Rivera of Company A, 2nd Battalion, 35th Infantry Regiment, part of the Division's 3rd Brigade.

Rivera served with the Division as a member of Combined Joint Task Force 76 in OEF. He was awarded the Bronze Star Medal for valor. As well, Rivera

was recognized for his outstanding support in safeguarding coalition forces and for the destruction of enemy personnel during a conflict on Aug. 12, 2004.

Rivera was awarded the Purple Heart as a result of his injuries as a machine gunner, which resulted from an improvised explosive device detonation that caused a severe leg wound and shrapnel wounds to his face.

Rivera, 25, has been a member of the 25th ID (L) since July 2002. He was one of many who answered the call to duty following the 9-11 terrorist attacks. He

See "Memorial," page A-15

OIF-2 recognition ceremony



Sgt. Sean Kimmons

Soldiers of 1st Battalion, 27th Infantry Regiment "Wolfhounds" listen to the remarks of Maj. Gen. Eric T. Olson, 25th Inf. Division (Light) and U.S. Army, Hawaii, commander, as he speaks during the Operation Iraqi Freedom II recognition ceremony May 3 on Sills Field, Schofield Barracks. For more coverage on the ceremony, turn to page A-3.

Construction begins with Porter Place demolition

Story and Photo by
Joy Boiselle
Staff Writer

Maj. Gen. Eric T. Olson, commander, 25th Infantry Division (Light) and U.S. Army, Hawaii, donned a hard hat, took the controls of a multi-ton excavator and then demolished an aging Porter Place home Tuesday on Schofield Barracks.

The Army Hawaii Family Housing ceremony signaled the official start of AHFH construction, a 50-year project, aimed at improving the quality of life of Soldiers and families. Cheered on by the crowd, Olson took less than five minutes to demolish the

more than 50-year old home to make way for the start of a new community.

Addressing the military, AHFH and community leaders present, Olson commented on the Army Hawaii Family Housing initiative as an incentive to keep junior leaders in the Army.

"What are we going to offer Soldiers and their families as an incentive to stay Army?" he asked, adding, "Here is a visible example of what we are going to do for them — 1.6 billion dollars worth of good faith for our Soldiers and their families."

"That's a powerful incentive to stay Army," he concluded.



Maj. Gen. Eric T. Olson, commander, 25th ID (L) and USARHAW, responds to cheering onlookers after he demolishes a home at Porter Place, Tuesday at Schofield Barracks.

'Click it or Ticket' to resume

By Staff Sgt. Eric J.
Rolshouse
Traffic Section NCOIC

FORT SHAFTER — The Provost Marshals Office here is conducting a safety campaign on the use of seat belts at Aliamanu Military Reservation, at the Tripler Army Medical Center, and here, from Thursday to May 21. PMO said it wants to show the community that installation leadership is concerned for their safety.

This campaign, named SAFE, or Seatbelts Are For Everyone, will be run on the concept of positive reinforcement, and not punishment, said military officials. Drivers and their passengers who are compliant with the law will be rewarded with small gifts, consisting of donations from local establishments, until MPs run out of gift packages.

The gift packet will consist of several small gifts, coupons and a printed note card. The note card explains PMO's safety goals.

Two-person military police patrols will establish checkpoints at certain stoplights or stop signs, to enforce seat belt and child restraint seats only. Each established checkpoint will run for approximately 30 minutes. As well, all military police patrols conducting their regular patrol activities will enforce seat belt usage. Those who are not compliant will receive a warning notice — and no gift.

The state-sponsored "Click it or Ticket" campaign traditionally runs from May 23 to June 5. During this campaign, drivers receive a traffic citation for noncompliance with the law. Military law enforcement officers want to get drivers in the mindset of seat belt use before their noncompliance starts costing them money.

Although the post campaign mirrors the state's campaign — in that the installation is "cracking down" on seat belt non-use — it is different. The post is not issuing tickets for seat belt violations during the initial campaign; it's showing the community that military police are truly available to assist, protect and defend.

(Editor's Note: For more information, contact Staff Sgt. Rolshouse at 836-0152. For more details on the state campaign, visit the Department of Transportation's Web site at <http://www.state.hi.us/dot/publicaffairs/ciot/>.)

The Hawaii Army Weekly welcomes letters and commentaries from readers. To submit call the editor at 655-4816 or e-mail editor@hawaiiarmyweekly.com. The deadline for articles is the Thursday before the week of publication. Send all articles in Microsoft Word or text format.

OPINION & COMMENTARY

Lightning Spirit

Forget all your troubles, hang on to your dreams

By Chaplain (Lt. Col.) Donald W. Eubank
Fort Shafter Community Chaplain

This last week most of us celebrated Mother's Day in one fashion or another. Now, we're thinking about next month's Father's Day on June 18.

Today, I'd like to share a good word for all current and future husbands and wives, mothers and fathers. The word from the ancient Hebrew Scriptures is this: "Forget all your troubles, and hang on to your dreams."

These words come from one of the most incredible fathers I've ever read about. His name is Joseph, and his life story fills almost a third of the first book of the Bible, Genesis, chapters 37-50.

Joseph is unique because he is a man of integrity among a family of murderers, adulterers, liars and thieves.

Joseph's troubles began early in life, when his brothers became very jealous and hateful of his special relationship with their father. In a cruel and deceptive act, Joseph's 10 older brothers sold him into slavery when he was just 17 years old.

Joseph was purchased by Potiphar, a high-ranking officer in the Egyptian Pharaoh's Army, and Potiphar quickly saw that Joseph was a hard-working and trustworthy servant. He made Joseph the administrator of his entire household. But Potiphar was not the only one who thought highly of Joseph. Mrs. Potiphar had her eyes on this young and handsome Hebrew slave as well.

One day, when Potiphar was deployed, Mrs. Potiphar tried to seduce Joseph. When he refused to betray his master and sleep with her, Mrs. Potiphar's lust for Joseph turned to anger. She accused him of trying to rape her, so Potiphar had Joseph thrown into prison.

Through a series of remarkable events, Joseph moved from the prison to the palace, and found himself working as the executive officer for Pharaoh, who soon gave his daughter to Joseph in marriage.

Joseph became the father of twin boys. Joseph's character shines through in the naming of his twin sons. He named them "Manasseh" and "Ephraim." These two names are Hebrew words that mean "forget" and "fruitful."

Yes, Joseph actually named his first two sons "Forget" and "Fruitful." In Genesis 41, Joseph explains why: "I'm naming my first son Manasseh, "Forget," because God has enabled me to forget all the pain and sorrow of my life.

"And I'm naming my second son Ephraim, "Fruitful," because God has enabled me to be fruitful even when so many people have been against me, and even though I've suffered so much."

Joseph was living out a principle of faith that we as sons and daughters, husbands and wives, fathers and mothers can learn much from. Joseph knew that he could easily allow his attitude and life to be overcome with anger and hatred by all the terrible and unfair things that had happened to him.

Instead, Joseph chose to have an attitude of forgiveness, and decided to put the bad things behind him: "God has enabled me to forget all the pain and sorrow of my life."

Further, Joseph put his efforts into doing whatever good he could wherever he was, and therefore experienced God's blessings: "God has enabled me to be fruitful even when so many people have been against me."

It's like the advice my daughter recently shared with me. "Dad," she said, "when life is really hard, build and bridge and get over it."

Good advice. My prayer for each of us today is that we will be like Joseph, so that we will forget all our troubles, hang on to our dreams, and find ourselves fruitful wherever God has planted us.

BRAC aims to 'get it right'

By Jim Garamone
American Forces Press Service

WASHINGTON — The U.S. military fighting the war on terrorism is far different from the military forces developed to confront the Soviet Union.

Today's military is smaller than the Cold War force. It is already more agile and more flexible.

And experiences in Iraq and Afghanistan show that joint operations enable the military to focus more power, more quickly exactly where it is needed.

The impetus to change will increase in coming years, and

the base realignment and closure process will allow the Defense Department to match force structure with necessary capabilities.

The BRAC process is a chance for the department "to get it right, right now," said a senior defense official. Changes in the global military posture and the need to reduce overhead have combined to offer the military the perfect opportunity to rationalize the military infrastructure to the force structure needed for the future.

The process will also allow the military to improve its efficiency and place emphasis on joint training and opera-

tions. "A primary objective of BRAC 2005 is to examine and implement opportunities for greater jointness," officials said.

The process is meant to allow the secretary and BRAC commissioners to look across traditional lines to examine the potential for jointness. In fact, in the department, the entire decision-making process is joint at every level, said officials.

There are more than 520,000 DoD-owned facilities worldwide. Some are small plots of land with radio or radar towers. Others are huge ranges and bases. All

are being looked at to determine how each property fits into the new force structure plan.

This force structure plan, together with statutory selection criteria, will be the basis for all decisions. Developed by the Joint Staff, the plan is based on the new national security and defense strategies. It looks out 20 years and tries to forecast threats; probable end-strength levels and anticipated funding levels.

The selection criteria were published in the Federal Register in December 2003 and later modified by

See "BRAC," page A-10

The bottle and throttle don't mix like a rum and coke drink

By Jim Wiehe
Army News Service

FORT BENNING, Ga. — We hear "It happened to me" stories all the time.

Reflecting on the past and the things we did (if we've been fortunate enough to survive and grow old) is an amazing tool. Too bad younger Soldiers can't grasp this concept yet.

Sometime during my late 20s, I read that each of us will experience a major automobile crash during our lives. This was mine.

It was April 1972, and I was fresh out of the Army and enjoying civilian life again. Some old friends enticed me to go bar-hopping with them, and we joined some of their old school buddies.

It was like the words from Bob Seger's "Against the Wind" ... "I was living to run and running to live, never worried about paying or even how much I owed, moving eight miles a minute for months at a time, breaking all of the rules that would bend..."

We got tanked-up and decided to do more than just bend the rules that night. All nine of us — too drunk to see or think straight — crammed into a car.

And it wasn't just a "car," it was a 1969 Ford Galaxy. It was made of steel and weighed a ton, was faster than a speeding bullet, and could leap tall buildings in a single bound. Or at least we thought so.

"...Wish I didn't know now what I didn't know then..."

We took off and headed back to the watering hole doing about 80 mph on a two-lane city street. The driver wasn't slowing down for anything.

The front and back seats were full with two of us sitting on someone else's lap. Not one of us was wearing a seat belt.

"...Against the wind, we were runnin' against the wind, we were young and strong and we were runnin', against the wind..."

We were getting deeper and deeper into trouble as the Galaxy swerved from side to side and bounced off parked cars on both sides of the street.

Ahead was a traffic light at a five-corner intersection. Suddenly, timing the green light became critical.

We made the turn, hit another parked car and then headed for the tallest, fattest wooden utility pole I had ever seen.

I didn't have much time to think about what was about to happen.

"...I began to find myself searching, searching for shelter again and again..."

I was sitting directly behind the driver on another passenger's lap. As I grabbed the driver's seat back, I had enough time to look for my fourth point of contact; I figured I'd plant a kiss on it just before we hit the pole.

When I came to, I found I'd been thrown over a 4-foot-high chain-link fence. The pole had torn all the way

through the Galaxy, splitting it in half right behind the driver's seat where I'd been sitting just seconds earlier.

If you can believe it, no one was killed. Both of the driver's legs were crushed and a couple of us had broken shoulders, but somehow I came through unscathed!

We must all have had our guardian angels with us that night because the pole was in front of the hospital. The emergency room staff knew something had happened because they heard (and felt) the impact.

I was 20 years old when this happened — and I almost didn't get any older. Nearly 33 years have passed since that night. I've seen a lot more of life and understand what I almost lost.

"...But those drifter's days are past me now; I've got so much more to think about, deadlines and commitments, what to leave in and what to leave out..."

Because I was young and drunk, I almost left it "all" out. Fortunately, I lived and learned a crucial lesson.

There are many things you can safely mix with alcohol, but asphalt isn't one of them.

The bottle and the throttle don't go together in my life anymore. I'm older and wiser now and I've stopped "runnin' against the wind."

(Editor's Note: Jim Wiehe is a tactical safety specialist with the Ranger Training Brigade at Fort Benning, Ga.)

Voices of Lightning: "What do you do to maintain a healthy lifestyle?"



"I work out on my own and watch what I eat. I also try to eat small portions throughout the day."

Sgt. Sherina Ross
HHC, DISCOM
Supply



"I exercise, eat right and try to maintain a stress-free life."

Staff Sgt. Rob Landers
1st Bn., 21st Inf. Rgt.
Forward Observer



"I'm a long-distance runner. I just completed the Honolulu marathon. I eat plenty of fruits and vegetables."

Lt. Col. Bradley Houghton
USARPAC
TRADOC Liaison Officer



"Besides participating in unit PT, I wear sunscreen and take a multi-vitamin."

CWO Norm Armstrong
Co. A, 1st Bn., 25th Avn. Rgt.



"I work out, watch what I eat, and wear plenty of sunscreen."

2nd Lt. Chad Fitzgerald
2nd Bn., 11th FA
Assistant Supply Officer

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Soldiers honored for OIF duty

Sgt. Sean Kimmons
Editor

Following a year of humanitarian and combat operations in the face of several insurgent attacks, roughly 5,000 Soldiers from the 25th Infantry Division (Light) and U.S. Army, Hawaii, stood in formation to receive recognition in an Operation Iraqi Freedom appreciation ceremony May 3 on Sills Field, Schofield Barracks.

The ceremony paid tribute to the hard work and sacrifices endured by Soldiers who were in harm's way. Thirteen Soldiers gave the ultimate sacrifice while hundreds more sustained injuries as part of Operation Iraqi Freedom II.

"Soldiers who gave their lives to a cause that is just, a cause that is noble, live in our memory forever," Maj. Gen. Eric T. Olson, commander of 25th ID (L) and USARHAW, said explaining they were the primary reason to have this ceremony – to honor the ones who did not return home.

Wearing their tan and brown desert combat uniforms, Soldiers dominated the green grassy parade field as they listened to their commanding general name comrades killed in Iraq.

"Pfc. John D. Amos, CW3 William I. Brennan, Pfc. Stephen A. Castellano ...," Olson went on as he choked back his tears.

Olson continued by saying, the second purpose of this ceremony is to "honor the extraordinary achievements of you Soldiers and the units who served so nobility and ably in Operation Iraqi Freedom over the past year."

He added that these Soldiers fulfilled the challenge of defending not only this nation's freedom but those of the Iraqi people as well, and helped set the conditions for successful Iraqi elections on Jan. 30.

"Perhaps, the centerpiece of this effort were the elections in Iraq that took place in January. Many of these Soldiers were called upon to serve longer than they expected, [and] did so without complaint," Olson said.

Hawaii Gov. Linda Lingle also expressed appreciation to the redeployed Soldiers who served all over Iraq in cities such as Baghdad, Mosul and Kirkuk.

"The men and women in uniform we honor today have completed more than one year of extremely hard duty," Lingle said. "You put your lives on the line every single day. You remained resolute under the constant threat of attack by rockets and mortars, snipers and suicide bombers.

"The job your country asked you to perform may have been the most daunting task you have faced or will ever face, but you persevered," she said.

Lingle mentioned that numerous efforts made by these Soldiers to rebuilding Iraq regrettably went unnoticed.

"Many of your contributions did not receive the attention they deserved here at home," Lingle explained, "Violence makes headlines but compassion rebuilds communities and lays a foundation of a lasting democracy and, to me, that is the biggest story of Operation Iraqi Freedom."

Thousands of Iraqi children were assisted in a humanitarian mission dubbed Operation Crayon, where Soldiers and Iraqi police officers delivered school supplies donated by Americans.

These Soldiers also collected the ballots for Iraq's first democratic elections and helped displaced Kurds rebuild communities that Saddam Hussein's Army once destroyed back in the 1980s.

Spc. William Conner, a carpenter with Company A, 84th Combat Engineer Battalion (Heavy), conducted engineer-type missions and convoy operations while deployed to the Balad and Mosul areas.

"It was a rough experience," Conner said about the year deployment.

Conner and fellow 84th Eng. Bn. Soldiers are scheduled to return to Iraq next December.

"I think next time we will go, it will go a lot smoother. We'll know what to expect," Conner said, while being optimistic about the situation.

The Soldiers of 1st Battalion, 25th Aviation Regiment, logged the most combat flight hours by any Army unit since the Vietnam War while over in Iraq. To make this happen, countless hours of maintenance were required.

"We flew more hours than any other unit since Vietnam, so there was a lot of scheduled and unscheduled maintenance. It was a lot of work to keep those birds up in the air," said Sgt. 1st Class David Lane, a maintenance platoon sergeant with Co. B, 1st Bn., 25th Avn. Rgt.

Lane said the deployment was a positive experience for the Soldiers who came into it fresh out of Advanced Individual Training.

"They went to war as new Soldiers and came back as seasoned maintainers," Lane said about his OH-58D Kiowa Warrior helicopter maintainers.

The unsung heroes of this long deployment were the family members, Olson said. Whether it was paying bills, caring for the children while the spouse was deployed or sending care packages, family members made the deployment a less stressful experience for Soldiers on the battlefield.

"I want to say thanks to the family members in the stands today and the family members at home who stayed true and did so many things and sacrificed so much while we were away doing our duty," Olson said.

About 5,200 Soldiers from the 25th ID (L) and USARHAW deployed in support of Operation Iraqi Freedom II.

The 2nd Brigade Combat Team who maintained a huge area of operations from the tip of the Sunni Triangle to the Iran border in Northern Iraq received the Meritorious Unit Citation.

The 1st Bn., 25th Avn. Rgt. has been submitted for the same award, while Task Force 1-27 Infantry was awarded the Valorous Unit Award and TF 1-14 Inf. has been recommended for the Presidential Unit Citation.



Sgt. Sean Kimmons



Sgt. Sean Kimmons

Above — The U.S. flag waves over a huge formation of 25th ID (L) and USARHAW Soldiers during the OIF-2 ceremony May 3 on Schofield Barracks.

Above right — About 5,000 troops assembled on Sills Field for the OIF-2 recognition ceremony.

Top — Guidons from redeployed units were uncased, like 2nd Bde. (pictured), during the ceremony.



Spc. Juan Jimenez

25th ID (L) & USARHAW OIF-2 Highlights

2nd Brigade Combat Team

- Responsible for the capture of eight high value targets, and more than 100 persons of interest.
- Conducted more than 13,200 Coalition and joint combat patrols.

Task Force 1-27 Infantry

- Deployed to the Sunni Arab region of Northern Iraq, where they conducted many combat operations, including a major successful operation that killed and captured more than 100 enemy combatants in the city of Hawija.

Task Force 1-21 Infantry

- Responsible for the security and stability of the city of Kirkuk, Iraq's fourth largest city, with a diverse population of more than 850,000 Arab, Kurdish, Turkomen and Assyrian citizens.

Task Force 1-14 Infantry

- Was used as a reserve force for the 1st Infantry Division, and conducted combat operations in the Mosul area, Samarra, Kirkuk and Najaf.

Task Force 2-11 Field Artillery

- Conducted infantry maneuvers along with artillery operations that fired more than 4,000 rounds in direct support for ground operations as well as counter fire missions.

225th Forward Support Battalion

- Successfully conducted more than 200 combat logistics patrols, drove more than 120,000 miles and provided in excess 675,000 gallons of fuel.
- 225 FSB medics treated more

than 5,200 patients and maintenance personnel completed more than 3,100 job orders.

1-25 Aviation Regiment

- Flew the most combat hours (25,100) by any Army unit since the Vietnam War, while performing over 6,200 reconnaissance, security and close combat attack missions.

45th Corps Support Group (Forward)

- Had one battalion and three separate companies deployed to three different locations for OIF-2.

84th Combat Engineer Battalion

- Directly improved the quality of life for 15,000 Soldiers by conducting operations to build a 10-mile perimeter road and housing units.

40th Quartermaster Company

- Operated a captured weapons holding site and a central issue facility for outfitting Iraqi Security Forces.

540th Quartermaster Company

- Drove more than 150,000 miles providing convoy security, and operated shower sites, laundry sites and a renovation shop.

25th Transportation Company

- Drove more than 990,000 miles providing convoy security for logistical supplies.

8th Surgical Medical Team

- Treated surgical cases and took care of numerous injured; saved 22 lives through the care they provided in a mass casualty incident.

25th ID (L) & USARHAW Soldiers Killed in Action Operation Iraqi Freedom II

Pfc. Ernest Sutphin
2nd Bn., 11th FA Rgt.

Cpl. Joseph C. Thibodeaux III
1st Bn., 27th Inf. Rgt.

Pfc. John D. Amos
Co. C, 1st Bn., 21st Inf. Rgt.

CWO-3 William I. Brennan
1st Bn, 25th Aviation

Spc. Ramon C. Ojeda
84th Eng. Bn.

Capt. Christopher B. Johnson
1st Bn, 25th Aviation

Staff Sgt. Oscar D. Vargas-Medina
84th Eng. Bn.

Spc. Daniel James McConnell
Co. C, 1st Bn, 27th Inf. Rgt.

Staff Sgt. Todd E. Nunes
1st Bn., 21st Inf. Rgt.

Pfc. Jose Ricardo Flores-Mejia
25th Trans, 524 CSB, 45th CSG

Spc. Joseph F. Herndon II
1st Bn., 27th Inf. Rgt.

Spc. David P. Mahlenbrock
Co. B, 65th Eng. Bn.

Pfc. Stephen A. Castellano
1st Bn., 14th Inf. Regt.

'Darkest days' observed in holocaust ceremony

By Spc. Dijon Rolle
17th Public Affairs Detachment

Complete destruction by fire is the Greek definition for the word holocaust, but for others who may not be familiar with the origin of the word, the mere mention of it strikes up universal images of death and destruction some 60 years after the Nazi's campaign of terror against the Jews.

"I speak to you today as an eyewitness to some of the darkest days of history," said Jack Adler, a Holocaust survivor and the guest speaker for the 25th Infantry Division (Light) and U.S. Army, Hawaii-sponsored Days of Remembrance Observance at Schofield Barracks.

Adler described his experiences living and working in Nazi concentration camps and the everyday struggle just to stay alive. He was the only member of his immediate family to survive the Holocaust.

He shares his experiences in order to end hate in the world and ensure the horrors of the Holocaust are never forgotten.

"Hate is an equal opportunity disease," said Adler.

"It can be like a cancer that you must find and get rid of in its infancy, or else it will grow and ravage everything in its path," he added.

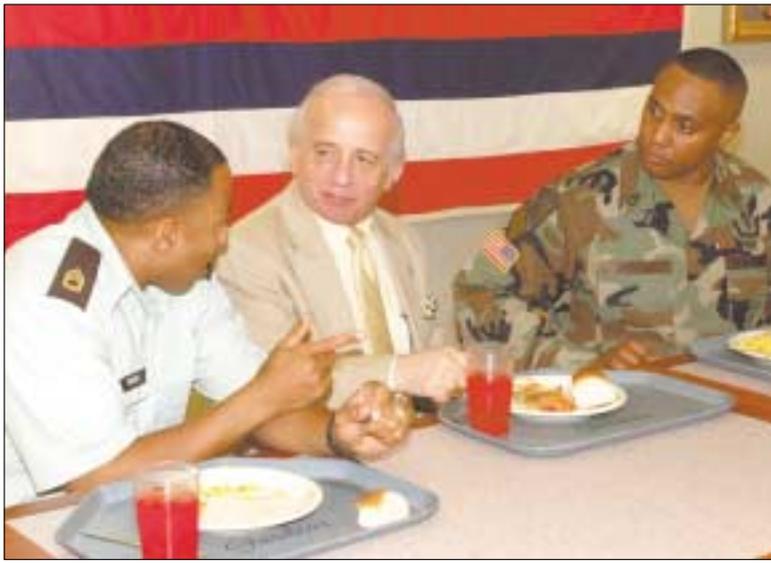
Equal opportunity advisors throughout USARHAW put together the annual Days of Remembrance Observance to pay tribute to the numerous victims and survivors of the Holocaust. This year's theme, "From Liberation to the Pursuit of Justice," took on an even more significant meaning as Soldiers filled the seats of Sergeant Smith Theater. Many had just returned from yearlong deployments to Iraq and Afghanistan, where persecution still exists.

The program also included an invocation from Chaplain (Capt.) Shmuel Felzenberg and a short clip from director Steven Spielberg's Holocaust documentary "Broken Silence." Graphic images of the concentration camps and countless victims filled the projection screen and transported the audience back in time.

A group of Soldiers read out loud the individual names and biographies of men, women and children imprisoned and tortured in Nazi concentration camps. As their black and white photos flashed across the screen, the audience learned of their fate.

Pfc. Erin Peters, a U.S. Army Garrison, Hawaii, chaplain's assistant, was one of the Soldiers responsible for bringing their stories to life.

"I think that people need to understand what happened so that it doesn't happen again," she said. "No matter how uncomfortable or depressing it may be,



Spc. Dijon Rolle

Equal Opportunity advisors Sgt. 1st Class James Young (left) and Sgt. 1st Class Damian Miller (right) chat with guest speaker and Holocaust survivor Jack Adler, during the Days of Remembrance Observance and luncheon on Schofield Barracks, May 6.

everyone needs to see this."

"I'm here because I think it's something we should all be aware of ... no matter what your race or religion is," said Sgt. Ronald Robinson, a welder from Company B, 725th Main Support Battalion. "It's also something that we need to remember, especially the young people. That's why I came here today. And as an NCO, I also wanted to make sure my Soldiers also came."

Equal opportunity advisors use these types of programs as a forum for education and understanding.

"We wanted to do this so everyone could be enlightened on this tragedy," said Sgt. 1st Class Lonnie White, equal opportunity advisor for 25th ID (L) Aviation Brigade.

"It's extremely important we also understand that this is still happening today throughout the world in places like Somalia and the Sudan," White added.

Adler was freed in 1945 and moved to the United States the following year where he also served a short enlistment in the Army.

Adler now resides in Denver, Colo., with his wife and travels throughout the country speaking to students and various church and civic groups. This occasion is his first time speaking to Hawaii-based Soldiers.

"We have to learn to respect each other as human beings," said Adler. "You don't have to like or love everyone, but you should respect them. This is the glue that will keep us together."



Spc. Chris Stump

Sgt. Connie Burt, a Company C, 225th Forward Support Battalion, health care sergeant, views a holocaust-themed display inside Sergeant Smith Theater.



Courtesy Photo

(From left to right) Vivian Aiona, Jackie Eubank, Sharon Tillman, Lt. Gov. "Duke" Aiona, Chaplain (Lt. Col.) Don Eubank, and Col. Johnnie Tillman gather for a photo opportunity after the AMR Chapel prayer service.

Lieutenant governor leads AMR service

Fort Shafter area brings military, family and civilians together to pray for the nation

ALIAMANU MILITARY RESERVATION

Lieutenant Governor James "Duke" Aiona joined the large group of Army, Navy, Air Force and Marine Corps service members, as well as retirees and civilians, who were offering prayers of praise, repentance and healing for the United States, during the National Day of Prayer service here, May 5.

The Duke's wife, Vivian Aiona, also celebrated the annual event, and she spoke to the masses first,

by kindly greeting and challenging all those gathered "to pray for God's leading, and to be patient, knowing that life is sometimes difficult."

"...Though our journeys will not always be easy," she said, "God has promised never to leave or forsake us."

The lieutenant governor followed her remarks with a warm and friendly demeanor that made all those in attendance feel like the Duke was one of their closest friends.

He discussed his efforts with "Transformation Hawaii," which he described as "a movement of church and community leaders united to bring more of God's blessings and Aloha to Hawaii's marketplace, by mobilizing mar-

ketplace ministers through the power of prayer.

"In this way," the lieutenant governor continued, "our churches provide a spiritual home base of leadership and discipleship training center for their people."

Aiona invited everyone to plan on attending the Transformation Hawaii Training Conference, May 20-21 at the Blaisdell Arena. (Registration information is available on the Web at www.transformationhawaii.org.)

National Day of Prayer has been a vital part of our American heritage since the first call to prayer in 1775. The Continental Congress asked the colonies to pray for wisdom in forming a nation.

Then in 1988, President Ronald Reagan signed Congressional Public Law 100-307, which permanently settled the National Day of Prayer on the first Thursday of every May.

This year, on May 3, President George W. Bush issued a Presidential Proclamation "asking the citizens of our Nation to give thanks, each according to his or her own faith, for the liberty and blessings we have received and for God's continued guidance and protection."

Twilight Tattoo entertains at Waikiki



Photos by Sgt. Sean Kimmons

Hundreds of onlookers were present for the 9th annual Twilight Tattoo at the Kuroda Parade Grounds on Fort DeRussy last Saturday. The 25th Infantry Division (Light) band were among the performers, along with the Marine Forces Band, Pacific Fleet Band, Air Force Band of the Pacific, Celtic Pipes and Drums of Hawaii, Moanalua High School Drill Teams and the 2nd Canadian Mechanized Brigade Group Pipes and Drums.

Sixteen Soldiers inducted into Sgt. Audie Murphy Club

Story by Spcs. Cheryl Ransford and Dijon Rolle
17th Public Affairs Detachment

The Sergeant Audie Murphy Club honors noncommissioned officers throughout the Army who strive to attain the qualities of the club's namesake — a complete and tireless dedication to the values of the U.S. Army.

Since its inception in 1986, the club continuously adds distinguished leaders to its ranks, while still honoring Murphy, the most-decorated Soldier in the history of the U.S. Army. The induction ceremony at Schofield Barracks' Nehelani Club, Monday, was no exception.

That evening, 11 Hawaii-based Soldiers received the SAMC medallion from Maj. Gen. Eric T. Olson, commander of the 25th Infantry Division (Light) and U.S. Army, Hawaii, marking their induction into the prestigious club. Another five Soldiers, selected as honorary members, were inducted into the club as well.

"These Soldiers are the best of the best," said SAMC member Sgt. 1st Class Brian Mincey, Headquarters and Headquarters Company, 25th ID (L). "These are the standard bearers."

The NCOs nominated for induction into SAMC are chosen based on their knowledge, skills and leadership abilities, displayed to those around them as well as to the Soldiers they lead every day.

They must be highly proficient in basic soldiering skills such as land navigation and weapons, as well as leadership abilities.

Once the NCO is nominated, he or she must participate in a grueling selection board, which tests the Soldier and leadership skills. Based on performance, the SAMC board members decide if the NCO is worthy of induction in the club.

"After dedicating 21 years to the Army and my fellow Soldiers, someone has looked at my skills, performance and leadership



Spc. Dijon Rolle

Audie Murphy Club inductees watch Dr. Mary E. Walker recipients receive their awards during the ceremony held Monday at the Nehelani Club.

skills and decided this is something I deserve," said honorary inductee Master Sgt. John Green, 725th Main Support Battalion. "Finally, the years I have spent dedicating myself to what the Sergeant Audie Murphy Club stands for have paid off."

Some NCOs have desired admission to the club their entire careers.

"Being a member of the Sergeant Audie Murphy Club has been one of my goals since I was a young NCO," said Staff Sgt. Trenton Thomas, Headquarters and Headquarters Battery, 1st Battalion, 62nd Air Defense Artillery Regiment. "I have been nominated for this honor four times in the past. It feels good to finally be able to say I have accomplished one of my main goals as a Soldier."

Each inductee was awarded a certificate of achievement and a commanding general's coin.

Following the induction of the newest

SAMC members, a ceremony was held to honor four military spouses with the Dr. Mary E. Walker award.

The award, for Army spouses whose achievements and performance merit special recognition, is a means of recognizing those who have contributed significantly to the quality of life for Soldiers, exemplifying personal concern for their needs, training development and welfare, and concern for their families.

"Without the hard work these women have put into caring for each other, the changes and improvements that have been seen during the past year could not have been possible," said Olson. "It was the voices and actions of these four women that made a difference in the successes of the past year."

The ceremony closed with comments from Olson, who is also an honorary member of SAMC.



Spc. Cheryl Ransford

Staff Sgt. David Garcia smiles as Maj. Gen. Eric T. Olson, commander of the 25th ID (L) and USARHAW, places a Sergeant Audie Murphy Club medallion around his neck.

"It is our corps of NCOs who will see us through into the future as everyone returns and during the transformation of our division," Olson added.

"The NCOs and families here tonight have done so much to get us to where we are today and will continue to take us even further."

News Briefs

Olson Farewell — The aloha farewell for Vicki Olson will be held Monday at the Helemano Plantation at 6:30 p.m. Cost is \$11 per person. Contact your family readiness group leader for more details.

Hui O 'Na Wahine Luncheon — The next monthly luncheon is Thursday at the Nehelani Club. Doors open at 10:30 a.m. for shopping, and lunch will begin at 11 a.m. Cost is \$12. Spouses are invited to join the Hui O 'Na Wahine as it says

"Thank You" to outgoing board members and installs an incoming board. Maj. Gen. Olson will be present to give remarks for members' support and hard work during past and current deployments.

If you are interested in becoming a vendor, call Amy Snyder at 624-4989. For reservations call Judi Rossi at 778-3704.

Limited on-site child care will be provided. Call central registration at 655-3929 or 655-5314 to make a reservation.

Asian-Pacific Islander Heritage Observance — The 25th Infantry Division (Light) and U.S. Army, Hawaii, will host an Asian Pacific

Islander Heritage Observance on May 20 at 10 a.m. in the Sergeant Smith Theater on Schofield Barracks.

The theme for this year's observance is "Liberty and Freedom for All" and promises to be both educational and enlightening. Various cultural displays will be featured throughout this event.

The community is invited to recognize and embrace local diversity. For more information, call the 25th ID Equal Opportunity Office at 655-0053.

Memorial Day Remembrance — The 25th Infantry Division (Light) and U.S. Army, Hawaii, will conduct

a Memorial Day Remembrance Ceremony at the Schofield Barracks Post Cemetery on May 30 at 11:30 a.m.

The uniform for this observance is Class B for military personnel, and aloha attire for spouses and civilians.

Call Sgt. Maj. Class Stampey, G-3 Operations, at 655-8711 for more information.

Operation Tribute to Freedom — The Operation Tribute to Freedom (OTF) Web site is a Department of the Army program designed to honor Soldiers, especially those returning from Operations Iraqi Freedom, Operation Enduring

Freedom and Operation Noble Eagle.

OTF identifies opportunities that give the American public a chance to salute the individual Soldier and to better understand his or her military experience. The Web site provides a weekly list of feature story and recognition opportunities for Soldiers and members of the Army family. OTF officials coordinate requests or put the interested party in contact with the reporter or event coordinator. Either way, Soldiers get a chance to tell their story to a wider, or even a national, audience. To be added to the distribution list, send e-mail with "Subscribe" in the subject line to <http://www.army.mil/otf>.

25th ID (L) & USARHAW changes in command

The 25th Infantry Division (Light) and U.S. Army, Hawaii, community is invited to attend the multitude of change of command ceremonies taking place in May and June.

The change of command ceremony is a time-honored tradition that formally symbolizes the continuity of authority when a command is passed from one commander to another.

Local ceremonies will be preceded by an awards ceremony, 15 minutes prior to the change of command ceremony. The following ceremonies will be held at Sills Field, Schofield Barracks.

(Editor's Note: Times listed below are the start time for each change of command ceremony. Information listed is subject to change.)

Changes of Command Ceremonies

• Today, 10 a.m., 524th Corps Support Battalion
Lt. Col. Brian Haebig will relinquish command to Lt. Col. James Fly

• May 25, 10 a.m., 2nd Brigade
Col. Lloyd Miles will relinquish command to Col. Stefan Banach

• June 2, 10 a.m., 1st Battalion, 21st Infantry Regiment
Lt. Col. Mark Dewhurst will relinquish command

• June 3, 9 a.m., 115th Military Intelligence Brigade
Col. Benjamin Lukefahr will redesignate command

• June 6, 10 a.m., 125th Signal Battalion
Lt. Col. Bevan Daley will relinquish command

• June 7, 10 a.m., 1st Battalion, 14th Infantry Regiment
Lt. Col. David Miller will relinquish command to Lt. Col. Robert M. Mundell

• June 7, 2 p.m., 2nd Battalion, 11th Field Artillery
Lt. Col. Joseph R. Connell will relinquish command to Lt. Col. Stephen Myers

• June 8, 10 a.m., 1st Battalion, 25th Aviation Regiment
Lt. Col. Michael D. Lundy will relinquish

command to Lt. Col. James Barker

• June 9, 10 a.m., 2nd Battalion, 27th Infantry Regiment
Lt. Col. Walter Piatt will relinquish command to Lt. Col. Drew Meyerowich

• June 9, 2 p.m., 325th Forward Support Battalion
Lt. Col. James Hess will assume command

• June 13, 10 a.m., 25th Aviation Brigade
Col. B. Shannon Davis will relinquish command to Col. Arthur Ball

• June 14, 10 a.m., 2nd Battalion, 35th Infantry Regiment
Lt. Col. Michael McBride will relinquish command to Lt. Col. Michael Browder

• June 14, 2 p.m., 3rd Battalion, 7th Field Artillery
Lt. Col. Clarence Neason will relinquish command to Lt. Col. Jack Pritchard

• June 15, 2 p.m., 30th Signal Battalion
Lt. Col. Lynne Daley will relinquish command

• June 16, 10 a.m., 556th Personnel Support Battalion
Lt. Col. Patrick M. Rice will relinquish command to Lt. Col. Bruce Jenkins

• June 21, 2 p.m., 125th Military Intelligence Battalion
Lt. Col. James D. Lee will relinquish command to Lt. Col. Patricia Frost

• June 22, 10 a.m., 3rd Brigade
Col. Richard Pedersen will relinquish command to Col. Patrick Stackpole

• June 24, 10 a.m., 2nd Battalion, 5th Infantry Regiment
Lt. Col. Terry Sellers will relinquish command to Lt. Col. Malcolm Frost

• June 28, 10 a.m., 725th Main Support Battalion
Lt. Col. Derek S. Smith will relinquish command to Lt. Col. Aimee Kominiak

• June 30, 10 a.m., 65th Engineer Battalion
Lt. Col. Andrew V. Jasaitis will relin-

quish command to Lt. Col. Bryan Truesdell

• July 6, 10 a.m., Fort Shafter, 29th Engineer Battalion
Lt. Col. Steven Miles will relinquish command to Lt. Col. Christopher Benson

July 7, 10 a.m., 225th Forward Support Battalion
Lt. Col. Flem B. Walker, Jr. will relinquish command to Lt. Col. Charles Gibson

July 12, 10 a.m., 125th Finance Battalion
Lt. Col. Domenico Rossi will relinquish command to Lt. Col. Roosevelt Corpening

July 14, 10 a.m., 84th Combat Engineer

Battalion

Lt. Col. Jeffrey Eckstein will relinquish command to Lt. Col. Richard Toy

Inactivation Ceremonies

The 25th ID (L) and USARHAW community is invited to the following inactivation ceremonies taking place at Sills Field, Schofield Barracks.

• May 25, 2 p.m., 1-62 Air Defense Artillery Inactivation ceremony
Lt. Col. Stephen M. Christian will inactivate the battalion and regimental colors

• June 15, 10 a.m., Division Artillery, 25th Field Artillery Detachment and Battery F, 7th Field Artillery will hold its inactivation ceremony



Spc. Dijon Rolle

Soldiers from the U.S. Army Military Police Brigade, Hawaii, stand at attention during the change of command ceremony Tuesday on Sills Field, Schofield Barracks.

Military Police Brigade changes its leadership

Story by Spcs. Dijon Rolle and Chris Stump
17th Public Affairs Detachment

The Military Police Brigade, Hawaii, bid farewell to its outgoing commander and welcomed a new leader during a change of command ceremony at Schofield Barrack's Sills Field, Tuesday.

In the morning ceremony, Col. Roderick G. Demps officially took command of the brigade from Col. Kevin T. LaMar, who has led the unit since June 2003.

The 25th Infantry Division (Light) and U.S. Army, Hawaii, commander, Maj. Gen. Eric T. Olson, served as the reviewing officer for the change of command ceremony. He welcomed Demps and praised LaMar for a job well done.

"Every Soldier in our Army has a critical mission," said Olson. "MP's have the very serious business of law and order. [LaMar] always put the mission first. 'Soldiers and families always' is his motto."

This sentiment was echoed by Lt. Col. Sabrina M. Sanfillipo-Webb, MP Brigade, Hawaii, executive officer and the ceremony's commander of troops.

"The military itself and this brigade are like a big family, and Soldiers here are some of the best that the Army has to offer," said Sanfillipo-Webb. "This ceremony today allows us to welcome a new member into our family."

Putting those in his "family" as a high priority left LaMar with a sense of satisfaction from his tenure as commander of the brigade.

"So many people have touched my life in the last two years," said LaMar. "I'm envious of Colonel Demps coming in at the time when he is."

Demps takes command during a great transition, as the 25th ID (L) and its subordinate units participate in the transformation process.

"All of you in the Military Police Brigade, Hawaii, I am proud to call myself your leader," said Demps.



Spc... Dijon Rolle

The 25th Infantry Division (Light) and U.S. Army, Hawaii, Commanding General Maj. Gen., Eric T. Olson, passes the brigade colors to incoming brigade commander Col. Roderick Demps, while outgoing Commander Col. Kevin T. LaMar looks on during the brigade's change of command ceremony on Schofield Barracks' Sills Field, Tuesday.



Spc. Dijon Rolle

The commander of troops, Lt. Col. Sabrina Sanfillipo-Webb, salutes the reviewing party during the Military Police Brigade, Hawaii, change of command ceremony, Tuesday.

Mayoral visit



Capt. Dean Kai

Honolulu Mayor Mufi Hannemann (left) met with Maj. Gen. Eric T. Olson (right), 25th ID (L) and USARHAW commander, and Col. Howard Killian, USAG-HI commander, on Schofield Barracks Monday to discuss future transformation and Stryker plans that will affect Oahu.

Have a great story you'd like to submit?
Hawaii
Army Weekly
 email the editor at
 editor@hawaiiarmyweekly.com



Medics treat Afghans at new clinic

Story and Photo by
Staff Sgt. Bradley Rhen
CTF Thunder Public Affairs Office

FORWARD OPERATING BASE SALERNO, Afghanistan — Medics from Forward Operating Base Salerno christened a new clinic just outside the base, May 5, by treating 100 local Afghans as part of a Medical Cooperative Assistance Program.

Medics from Headquarters and Headquarters Company, 2nd Battalion, 504th Parachute Infantry Regiment (PIR), and the FOB Salerno Hospital, along with two local doctors saw about 100 patients. Most of the patients had minor problems and were given medicine and sent on their way.

This MEDCAP was the first at the clinic, which was completed April 25 at a cost of about \$20,000.

Sgt. Frank Gervasio, a medic from Headquarters and Headquarters Company, 2-504 PIR, was one of the medics treating locals at the MEDCAP. He said missions like this are important and should be continued.

"Yes, we could just give the supplies to the locals, and they could treat them perfectly fine, but this way they see the Soldiers' interaction with the locals and that we're concerned about them," he said.

The 24-year-old St. Louis native said he and his fellow medics only see one or two sick call patients a day on base, so missions like this allow them to practice their skills.

"Here, you can see anywhere from 100 to 200 people in a matter of three hours, and [the medics] can learn their medications and also what's going on in the local community that could affect the Soldiers themselves," he said.

Missions like this also allow the medics to work side-by-side with more experienced doctors. One of the two doctors at the May 5 MEDCAP was Dr. Bashir, a general surgeon who has been working with the FOB Salerno hospital for about nine months.

Bashir said missions like this are crucial because most Afghans can't afford health care. Additionally, he said, when locals see American Soldiers helping Afghans, it reinforces to them that the Americans are their friends.

"If we have this medical treatment free for the local people here, I think that will be the main cause in creating love between the American Soldiers and Afghan people," Bashir said.

In addition to his duties as a doctor, Bashir said he also teaches personnel at the FOB Salerno hospital local languages and customs.

"I want to familiarize them with the local people here," he said.

Bashir said he gets satisfaction from helping people who might not otherwise be able to afford health care. Gervasio said he also gets satisfaction participating in missions like this, and it doesn't matter to him who he treats, be it a fellow Soldier or a local Afghan.

"Men, women, children, we'll treat them all," Gervasio said.



Sgt. Frank Gervasio, a medic with Headquarters and Headquarters Company, 2nd Battalion, 504th Parachute Infantry Regiment, 82nd Airborne Division, hands medicine to an Afghan man, May 5, at Forward Operating Base Salerno, Afghanistan.

Leaders gather for 'Brotherhood Shura'

Story and Photo by
Spc. Jon Arguello
Task Force Bronco Public Affairs

QALAT, Afghanistan — For the first time in the memory of locals here, mullahs, district leaders and police chiefs from every corner of Zabul Province came together for a shura held here, April 10.

Invited by Governor Arman, more than 350 leaders from every district in the province were in attendance at this "Brotherhood Shura," at the Qalat police compound.

During the discussion, the

various leaders showed their united resolve to tackle the remaining security issues in the province as well as to work jointly to improve schools, clinics and the Zabul economy.

Arman also took the opportunity to thank Lt. Col. M. Scott McBride, the commander of the 2nd Battalion, 35th Infantry Regiment, for his support over the past year. The battalion is being replaced by the 2nd Battalion, 503rd Infantry Regiment (Airborne) from Vicenza, Italy.

Lt. Col. Mark Stammer, commander of 2nd Bn., 503rd Inf.

Reg., was invited to outline his vision for the coming year. He noted that with a unified effort among all the people and organizations now present in Zabul, a permanent and lasting peace is attainable.

The opportunity to gain knowledge and development is a critical component for a peaceful Afghan nation to truly prosper, he said.

Stammer reminded the group that "the road to the future is an Afghan road," and although rough and challenging at times, "it is a road that is worth traveling."



Governor Arman introduces the new battalion to local leaders throughout Zabul province at a Brotherhood Shura meeting. The meeting was one of the first gatherings of local leaders that many local citizens can remember.

Eagle Cash eases payday hassles

Story by Capt. Patrick Sampsell
208th Finance Battalion

BAGRAM AIRFIELD, Afghanistan — Soldiers who are tired of standing in line to receive casual pay so they can purchase socks and soda at the post exchange, and others who are wondering what to do with the cardboard quarters the vendors on base hand back to them as change, now have relief.

Deployed service members supporting Operation Enduring Freedom in the Southwest and Central Asia theater can now benefit from a new way of managing their cash. The Eagle Cash Stored Value Card is replacing U.S. dollar transactions in theater.

The card is very similar to a debit card as the cardholder deposits money on the card, and as each transaction takes place, the value on the card is reduced.

Further, adding money to the card is easy. Service members can go to their local finance office and receive casual pay, write a check, cash a money order or exchange cash. Instead of receiving dollars, the value is immediately added to their Eagle Cash Card.

An even easier way to add value to a card is through use of an Eagle Cash kiosk. The card can be tied directly to a U.S. bank account. Doing so allows the service member to use a standalone kiosk to add value to his or her card, transfer funds between cards, or check card balances.

Because of the embedded microchip technology, funds become available for use the minute the customer adds value to the card.

Once value is stored on the Eagle Cash Card, it can be used at the PX, all post offices and at most vendor locations on base. The service member simply hands the card to the clerk; he or she places the card into the Eagle Cash machine, then enters the amount that is owed. The service member verifies the amount, and it automatically is deducted from the Eagle Cash Card.

No fees or interest are charged for using the card.

Another important benefit of the Eagle Cash Card is the ability to recover funds that are stolen or lost. If a service member loses money, it is gone; with the Eagle Cash Card, however, the service member simply has to go to the finance office in a timely manner and have the card turned off. The remaining money on the card is then placed on a new card.

The Eagle Cash Card is available through the military installation finance office. The service member simply brings a copy of a recent Leave and Earnings Statement, or brings his or her bank account number and routing number to the finance office.

The service member then completes a simple form and enjoys the newfound ease of transporting and safeguarding his or her funds.



If you call them, they will come

Story and Photo by
Capt. Sonise Lumbaca
1st Corps Support Command Public Affairs

LOGISTICS SUPPORT AREA DIAMONDBACK, MOSUL, Iraq — In a country where thousands of military and civilian vehicles are on the road transporting everything from fuel to oil, it's not difficult to imagine the amount of damage that can be caused to vehicles, by accidents or improvised explosive devices and vehicle-borne IEDs that explode on a daily basis throughout Iraq.

In most cases, vehicles cannot leave the scene under their own volition, due to extensive damage. On initial assessment, the vehicle can be eventually fixed. This is where recovery operations come into play.

The 17th Corps Support Battalion, 917th Corps Support Group, 1st Corps Support Command, has the mission to provide recovery of vehicles for corps units as well as multinationals and contract forces operating in the Multi-National Brigade-Northwest area of operation.

"It doesn't matter if the unit is a corps unit," said Capt. Andrew H. Warninghoff, operations officer, Headquarters and Headquarters Company, 17th Corps Support Battalion. "If you are just passing through our area to stop somewhere else, and your vehicle is down, if you call us and tell us where you are, we'll come get you."

The recovery team has the capability to recover military vehicles, which it calls "green trucks." It can also recover nonmilitary vehicles called "white trucks."

When recovering green trucks, Soldiers operate independently; however, when recovering "white trucks," KBR's assistance is required.

"White trucks are pretty large vehicles, and we don't have the equipment to recover them, so we'll contact KBR and when they bring in their cranes, our recovery teams provides security for them," said Warninghoff.

To date, more than 100 green and white trucks have been recovered by the 17th CSB.

"Some of these vehicles have had to be recovered because of IED and [vehicle-borne explosive devices] attacks, accidents and maintenance problems," Warninghoff explained.

The task-organized recovery team is



An M1078 Light Medium Tactical Vehicle was involved in a rolling accident in Mosul, Iraq, and the vehicle as a whole is unable to be salvaged. As a result, parts are being removed by mechanics and maintenance personnel to fix other downed vehicles.

made up of about 20 Soldiers. It has a certain amount of time upon notification to be ready to exit the installation and be on its way to the recovery site. Within that time, an initial assessment of the overall situation is conducted.

"We treat the recovery as if it were a [medical evacuation] for the vehicles, and the people that are involved," Warninghoff said. "Our teams move with a sense of urgency."

Once on-site, each Soldier is responsible for executing his or her role in the recovery.

"You have to work quickly in your assigned task when out on recovery missions because you never know where the enemy may be," said Sgt. Rusty D. Weaver, inspector and wrecker operator, 536th Maintenance Company.

Weaver is responsible for inspecting green trucks for damages and the type of repair required to fix them. He also determines whether or not the vehicle can be fixed.

Weaver and the other inspectors in his team also have the dual duty of wrecker operator. Once they determine the severity of the damage, they haul the vehicle to where further assessments can be made.

"I handle the job of fixing the green trucks we pull in from our recovery mis-

sions, depending how bad the damage is," said Sgt. Steven E. Wentz, shop foreman, 536th Maint. Co.

Wentz's biggest repair was repairing a vehicle that had serious engine and radiator damage, three tires lost, and a busted transmission. He and his team were able to repair this vehicle, but this isn't always the case.

"If we are unable to fix it here, then we prep the vehicle and send it off to a location where it can be fixed," Wentz said.

In the event vehicles are irreparable, functional parts are removed and set aside to use on vehicles that require the parts, Wentz said.

"We are the Triple A of the northwest," Warninghoff added.

"I enjoy this job. I know that when a vehicle goes down for whatever reason, those drivers are counting on us to get them out of there," Weaver said.

The 17th CSB is an active duty unit from Schofield Barracks, deployed in support of Operations Iraqi Freedom.

(Editor's Note: Capt. Lumbaca is a member of the 1st Corps Support Command Public Affairs from Fort Bragg, N.C., and he is deployed to Iraq in support of 1st COSCOM units at LSA Anaconda and various other installations in the area.)

Taking one's life is not the answer

Story by Sgt. James-Denton
Wyllie
20th Public Affairs Detachment

BAGRAM AIRFIELD, Afghanistan — For service members in Afghanistan, spending 24 hours a day in a combat environment — far from family, friends and loved ones — the pressures and stresses of life can build until some troops may feel that they can't cope.

These service members may feel as if there is no one they can talk to, nowhere they can turn. They may feel as if they are not in control of their own life.

For these individuals, suicide can appear to be an attractive way out, a solution to all of their problems.

They would be wrong. Suicide is not the answer, no matter the location or the time.

"What is tragic about suicide is that it can be prevented," said Chaplain (Col.) Charles Bailey, Combined Joint Task Force - 76. "There is no problem or situation that doesn't have an answer. We need to take

our friend or team member to the right person to help them find the answer."

Although suicide rates for U.S. military personnel are consistently lower than for civilians, suicide is the second largest killer of American uniformed services personnel after accidental death. This means that suicide prevention is an important part of unit readiness.

"Supervisors must recognize the most valuable resource entrusted to their care is their Soldiers, airmen, seamen or Marines," said Dr. (Col.) Richard Trotta, CJTF-76 command surgeon. "Leaders must take a sincere interest in



Photo by Sgt. Douglas DeMaio

the overall welfare of their subordinates.

"They must recognize the basic symptoms of a serious mood disorder such as depression or substance abuse. Leaders must be proactive in seeking help for their subordinates when they recognize a problem," he added.

Factors that can lead to mental health dysfunctions such as suicide are excessive debt, substance abuse, authority difficulties, inability to form positive supportive relationships, and excessive time demands relative to time management skills, said Trotta.

Service members must realize that there are a vari-

ety of options to deal with their problems that do not include suicide.

Suicide has lasting effects long after a service member takes his or her own life. The emotional impact on loved ones, as well as lasting legal and financial ramifications, can be devastating.

"It takes great courage to acknowledge that our current ways of coping may be inadequate," said Bailey. "A professional counselor, chaplain or mental health provider can help us by adding tools to your 'toolbox' of coping mechanisms."

These tools can consist of financial management training, stress and anger manage-

ment classes and conflict management training. Chaplain visits, doctors, teammates and commanders' open door policies are other resources that service members can use.

Access to these classes or individuals should be made available to troops at the unit level. Service members should also know that they should not be afraid to ask for help.

"Service members must understand that seeking help for problems will not hurt their careers," said Bailey. "Confidential mental health care communications and records shall, except as provided by DoD regulations, not be disclosed."

BRAC

From A-2

Congress. The final selection criteria are set out in the BRAC statute, which specifies "military value" as the primary consideration in making any closure or realignment decision.

Military value is reflected in the first four selection criteria and includes the current and future capabilities needed and the impact on operational readiness of a post, base, range or installation. This includes the impact an installation has on joint warfighting, joint training and joint readiness.

In addition, military value includes the availability and condition of land, facilities and associated airspace. Military officials have looked at training areas that will exercise forces in a variety of climates and terrains.

Military value also includes a "surge capability" that allows the department to accommodate mobilization.

Finally, military value includes the cost of operations and manpower implications.

The remaining criteria consider the extent and timing of potential costs and savings; the economic impact on existing communities in the vicinity of military installations; the ability of the infrastructure of communities to support forces, missions and personnel; and finally, the environmental impact, including the impact of costs associated with environmental restoration, waste management and environmental compliance.

Defense Secretary Donald H. Rumsfeld's BRAC recommendations are due to be published not later than Monday. At that point, the BRAC Commission, led by former Veterans Affairs Secretary Anthony Principi, will examine the recommendations.

The commission's findings are due to President Bush not later than Sept. 8.

The president must approve or disapprove the whole list; he cannot agree with some recommendations and disagree with others.

If he approves the recommendations, the list goes to Congress, where senators and representatives have 45 "legislative days" to enact a joint resolution of disapproval. If they do not, then the list has the force of law.

Under the BRAC statute, actions to close or realign a base must be initiated within two years of the date the president transmits the BRAC Commission's recommendations report to Congress, and must be completed within six years of that same date.

Knowledge is key to easy travel

Story and Photos by
Spc. Tiffany Levesque
20th Public Affairs Detachment

BAGRAM AIRFIELD, Afghanistan — Before redeploying home, it's important for service members to know what items they're prohibited from taking with them.

"We help to keep Soldiers who are not aware of customs laws from transporting anything that could cause them to be arrested or fined by any government," said Staff Sgt. Jesus Guzman, a customs inspector for the 58th Military Police Company.

To alleviate the confusion, a list of prohibited items is available in the customs office, said Guzman.

"During this last year, I've seen Soldiers pack mounted camel spiders and butterflies, Cuban cigars, and rocket propelled grenades," said customs inspector Staff Sgt. Albert Matel, 58th MP Co.

The inspectors find many prohib-

ed items during their routine inspections.

"It'd be a big help to us if redeploying Soldiers or their units would come by and pick up the list of prohibited items," said Spc. Patricia Peterson, 164th Military Police Company.

Reading the list beforehand would help to limit the number of confiscated items and the need for explanation during the inspection process, Peterson added.

"Also, we are not supposed to help pack items into the conex containers or help re-palletize items," she said.

Service members can help quicken the process by leaving bags or cases unlocked until after the inspection, and by standing by the bags or cases, being ready to put everything back in them, Peterson explained.

Service members should also start palletizing or putting their baggage up in the conex containers immediately after inspection.

"We can only inspect one pallet or conex container at a time," said Peterson. "Also, we can't move on to the next pallet or conex container until the inspected one is secured."

Top right — Peterson opens a laptop case during her inspection.

Bottom right — Spc. Patricia Peterson, who recently arrived from Fort Richardson, Alaska, looks in a Camelback for any prohibited items. Peterson is assigned to the 164th MP Co. and is one of Bagram's custom inspectors.

Below — Bagram Customs Office personnel have assembled a display of confiscated items they have found in baggage.



Skin cancer alert issued for the month of May

By Hawaii Pacific University Community Health Nursing Students
Schofield Barracks Community Health Nursing Clinic

HONOLULU — Melanoma is the fastest-growing form of skin cancer. According to the Web site www.melanoma.org, more than 53,000 new cases are reported each year, killing more than 7,800 people per year.

The most common age group diagnosed with melanoma ranges from 20 to 30 years old, but no one should be fooled. Melanoma occurs in all age groups, including young children.

This high incidence rate is attributed to intense intermittent sun exposure influenced by our societal and lifestyle changes.

More leisure time is spent in the sun, outdoors and at beaches with exposed skin. Sun tanning and UV tanning salons have also gained in popularity in recent decades. But ultraviolet rays, either from the sun or a tanning salon, are a form of invisible radiation that can cause skin cancer by penetrating the skin and changing the skin cells.

The greatest risk factors that are prone to melanoma include fair skin with blond or red hair, any family history of melanoma, severe blistering sunburns (more than three times before turning 20 years old), and abnormally shaped, textured or colored moles. With early detection, however, treatment is available with improved survival rates.

Children burn easily with prolonged sun exposure; therefore, it is recommended that children under 6 months of age should not be under direct sunlight.

Ninety percent of melanoma cases in Caucasians occur in sun-exposed areas such as the skin around the eyes, the lips and the ears. Sixty-seven percent of melanoma outbreaks in Asians occur in non-sun, exposed areas such as the palms and area under the feet.



Courtesy Photo

Sunbathers enjoy the sun rays at a Waikiki beach. In order to prevent skin cancer caused by sun exposure, one must use proper safety measures.

The No. 1 prevention from melanoma is protecting oneself from the sun.

Ultraviolet, or UV, rays continue to do their damage even on cloudy days, whether underwater or through car windows.

One protection method is to use the acronym "SHADES," according to Sun Protection Hawaii, Inc.

What is SHADES?

S – A sunscreen of SPF 15 or greater is recommended. The higher the number, the greater protection against skin cancer and premature aging through sun exposure.

H – Wear hats with a broad rim to cover your neck and ears. Props such as an umbrella can also be very fashionable.

A – Avoid the sun when it is closest to the earth, between the hours of 10 a.m. to 4 p.m.

D – Dress with long sleeves and pants when outdoors for prolonged hours to protect your skin.

E – Examine your body for any changes in your moles or freckles, and report any

concern to your doctor.

S – Wear sunglasses that offer 100-percent UV protection, to protect the skin around your eyes.

What are some other resources?

For more information, also see the following Web sites and publications: www.melanoma.org, www.skincancer.org, and C.M Porth's *Pathophysiology: Concepts of Altered Health States* (6th ed.), published in 2002 by Lippincott Williams & Wilkins.

(Editor's Note: For more information about melanoma, visit the Community Health Nursing Clinic in Building 673, on the second floor at Schofield Barracks Health Clinic, or call 433-8675. The appearance of name-brand products and civilian Web sites that reference products or services contained in this article does not constitute endorsement by Tripler Army Medical Center, the Pacific Regional Medical Command, the Department of the Army, the Department of Defense or the U.S. Government.)

TAMC to begin phasing in new electronic records

By Public Affairs Office
Tripler Army Medical Center

HONOLULU — Tripler Army Medical Center's Family Practice Clinic and Adult Medicine Clinic staff will begin training on the military's new Composite Health Care System II (CHCS II), May 24.

CHCS II, once implemented, will improve health care records of military members and their families.

Health care providers will enter most medical information about their patients into CHCS II's secure computerized databases. Such medical information, now mostly paper-based, will then be almost instantly available to authorized military health care providers worldwide.

Schofield Barracks Health Clinic staff are scheduled to begin CHCS training the last week in June. They will resume normal operations by the second week of September.

CHCS II implementation at Tripler and at the Schofield Barracks Health Clinic will advance from clinic to clinic, until the entire Army medical staff in Hawaii is trained by the end of 2005. The other military services in Hawaii are also beginning to phase in CHCS II.

Hawaii and Pacific Region commands are among the last in the Department of Defense to implement CHCS II, which replaces the first CHCS sys-

tem adopted by DoD in the late 1980s.

Patients served from May 24 through mid July by the Family Practice Clinic, and May 24 through early August by the Adult Medicine Clinic at Tripler, can expect fewer appointment times available during training. As clinic staff are rotated through the computer classroom and hands-on training in their clinics, about a quarter of health care staff may be unavailable to provide direct patient care.

While affected clinics are phasing in CHCS II, clinic directors are requesting that patients who seek routine and optional medical care adjust their schedules to allow later appointment dates. This will help assure that patients who urgently require care during the estimated eight-week transition period continue to receive priority attention.

A list of when Tripler clinics are scheduled for CHCS II implementation will be posted on the Tripler Web site soon at www.tamc.amedd.army.mil. These dates may change as implementation proceeds, so patients should check the Web site for current information.

The Tripler Public Affairs Office will regularly announce implementation dates before the affected clinics begin their training phase. Information Management Division is scheduled to provide fliers and posters to clinics explaining the training process.

New program helps smokers kick the habit

By Nick Stubbs
6th Air Mobility Wing Public Affairs

MACDILL AIR FORCE BASE, Fla. — For smokers looking to kick the habit, nothing could be more useful than a little guardian angel sitting on their shoulder, keeping track each time they reach for a smoke, taking notes and reviewing the results with them each week.

Although not angels, Health and Wellness Center (HACW) officials here said they are hoping for some heavenly results from a smart cigarette case with an Internet link that will use its microprocessor brain to track the user's smoking habit and chart it on a computer. Once the data is collected, a smoking cessation plan is formulated, with the ultimate goal to wean smokers off tobacco.

The device, called SmokeSignals, is a plastic box with a digital readout on its lid. Any size cigarette box can fit inside the box. Each time the lid is opened, the electronic counter adds one to the tally, officials said.

The smoker periodically plugs the box into a standard phone line, and the data is

loaded onto a Web site, and a personal Web page is set up for the smoker to view and track his or her smoking habits and progress in the program.

The HACW staff here purchased 50 of the devices and recently began distributing them to students of the smoking cessation course.

Clinical studies show the device is effective, but MacDill health officials will be evaluating them to ensure they are a good fit with the local program, said Joan Craft, HACW director. If they prove useful, they will become an important tool in all future smoking cessation courses, she said.

The concept is to change smokers' behavior by being a constant reminder of the number of times they smoke and when they smoke, Craft said. The device is programmed to allow only a certain number of cigarettes per day and at certain times.

While a smoker might be used to lighting up right after lunch, the device might indicate that he or she is not due for a cigarette for another two hours or so.

Eventually, smokers learn they do not have to be slaves to their own smoking patterns and, ultimately, the smoking habit



itself, Ms. Craft said.

"It's behavior modification training that creates a direct disconnect from the triggers [that prompt smokers to reach for a cigarette]," said Capt. Diane Klingenberg of the HACW.

Eventually, smokers believe they can delay smoking, and then they realize they can delay smoking indefinitely, she said.

Each device has to be electronically activated for the individual, and a personal Web page is established where the smoker's data is stored, charted and used as a measuring stick by the smoker. The process is designed to create a game-like scenario in which the smoker can strive to beat the

chart and reduce the number of cigarettes he or she smokes.

Craft said it might be hard for some to give up their SmokeSignals with the interaction of the program, the camaraderie among fellow users and the friendly competition that ensues as everyone tries to "beat the box."

"This is how they win this game: They quit smoking," Craft said. "They quit smoking, and the prize is they get to live longer, healthier lives."

Craft said that statistics show smoking is on the rise, particularly among younger people. The good news is, with devices like this and traditional assistance from HACW officials, smokers have more tools than ever to kick the habit.

"Smoking is the Number One modifiable health risk factor," Craft said. "It is one thing we can control in our lives if we want to."

The devices cost about \$130 each, with an additional \$50 to activate them for the user. The cost is covered for active duty and retired military and their eligible family members as well as Department of Defense employees.

Tripler remembers former telemedicine director, doctor

By Les Ozawa
Tripler Army Medical Center
Public Affairs Office

The late Dr. (Maj.) Francis "Buzz" Malone was remembered by about three dozen Tripler staff members and friends at a ceremony April 12.

Malone had worked at Tripler as chief of its telemedicine program until his death Jan. 31, 2005. He was first assigned to Tripler in 1993 and retired as an Army major in 1998, after serving as Tripler's chief of Ambulatory Pediatrics.

Immediately upon retirement, he headed Tripler's telemedicine program, which he was instrumental in establishing for the Department of Defense in the Pacific region.



Dr. (Maj.) Francis "Buzz" Malone

Dr. (Col.) Charles Callahan, Tripler's Pediatric Department chief, remarked that the one word that described Malone was integrity.

"There was a wholeness and sameness in him," Callahan said. "He was the same, no matter how you looked at him."

"He is always the man I would hope to be and what I

hope my children would grow up to become," he remembered fondly.

A memorial plaque inscribed with Malone's name is located in the Tripler Army Medical Center's Memorial Garden.



Courtesy Photo

Martha Malone, sister-in-law (left), and Margaret Malone, widow of the late Maj. (Dr.) Francis "Buzz" Malone, look at the memorial plaque inscribed with his name at Tripler's Memorial Garden.

HAVE A GREAT PHOTO?



Submit it to the HAWAII ARMY WEEKLY for consideration for publication.

The photo must have Army content. E-mail your photo, a brief description, name and phone number to editor@hawaiiarmyweekly.com.

Commissary focuses on health

By Bonnie Powell
Defense Commissary Agency

May is Commissary Awareness Month, or CAM, and the emphasis is on nutrition and savings.

"Making healthy choices is our focus this year," said Patrick B. Nixon, acting director and chief executive officer for the Defense Commissary Agency. "Customers can choose to get healthy and stay healthy by shopping their commissary for nutritious, fresh food at 'healthy' savings of 30 percent or more. That's it plain and simple."

Customers can look forward to a host of popular activities at their commissary during CAM celebrations in May.

"There will be a worldwide case lot sale, and single service and young military member tours, as well as health and wellness tours," said Nixon. "And it's National Physical Fitness month, too, a good time to 'exercise' your right to save money by shopping every single aisle of the commissary!"

Customers near and far can find out when their favorite commissary will have its case lot sale

Mega Case Lot Sale

Schofield Barracks
Commissary
May 21 and 22,
8 a.m. to 3 p.m.
Call 655-5066 for details

during the month of May, although a few stores will start in late April or extend into June. A special Web page on <http://www.commissaries.com> is up and running with a list of store dates and links to each commissary's spotlighting page where customers can find details such as store hours and some sale items, if available.

Case lot sale savings typically average up to 50 percent or more over regular retail prices on paper goods, canned goods, cleaning supplies, beverages and more.

More than 70 single service member programs worldwide for the Navy, Army and Marines, as well as the Air Force First Term Airmen centers, are signed up for the chance to participate in fun and informative commissary tours and the annual competition to win

"bonus bucks" for best participation and creativity during the tours.

Programs also get \$100 in commissary gift certificates to use for prizes and drawings during tour events. Gift certificates and prizes are donated by the Consumer Awareness Team, an industry outreach committee.

The commissary tour theme for 2005 is "It's Your Choice, Make It Healthy," which ties in with

TRICARE's new "Healthy Choices for Life" campaign aimed at combating alcoholism, tobacco use and obesity among military members and their families.

"It's Your Choice, Make it Healthy" is DeCA's partnering effort to educate customers about the advantages of using the commissary benefit to shop for healthy, fresh foods – and at lower prices than can be found anywhere outside the gate.



Spc. Juan Jimenez

A shopper looks through the different vegetables available at the Schofield Barracks Commissary.



Spc. Juan Jimenez

Julie Harris picks out some of the best bananas that the Schofield Barracks Commissary has to offer.

Do you know where your power foods are?

By Hooah 4 Health

Shopping for performance food is getting easier all the time. Commissaries and grocery stores are stocking more and more food choices that fit into a performance diet of high carbohydrates, low fat, moderate protein and a variety of foods.

The Power Foods

Breads and rolls, especially whole grain for extra nutrition.

Pasta

Whatever the shape – spaghetti, macaroni, ziti or dinosaurs – pasta is a super performance food, dense in carbohydrates to replenish glycogen stores.

Fruits and vegetables

They supply carbohydrates, vitamins and minerals. Fresh are best, but frozen or canned are OK too.

Milk, low fat yogurt and cheese

Go with skim or 1 percent – a lot less fat, but all the protein and other nutrients of whole milk.

Cereal

Light on the sugar. Read the label. If the sugar content is more than 8 grams per serving you know it's sweet. Try high fiber.

Fish and Seafood

Excellent source of protein. When canned, packed in water is best.

Dried and canned beans

Try different kinds. Beans are a good source of protein and fiber.

Graham crackers, pretzels, baked corn chips, animal crackers and fig bars

High-carbohydrate, low-fat snack foods.

Fruit juices and sports drinks

Can help replace carbohydrates during and after endurance activity.

Memorial From A-1

transferred from the Air National Guard where he had been serving for three years in West Virginia. His lifelong dream was to become a Soldier.

"I always wanted to be a Soldier," he said. "At first, I joined the Air Force for the education, but I just really wanted to be in the fight."

Rivera served as a life support technician before changing his Air Force blues to the Army infantry's greens.

From inception, leaders had decided that the representation of the GWOT Soldier would be a Hispanic/Latino male Soldier. This ethnicity is an accurate reflection of the casualties the Division has suffered during the war. Rivera was one of many Soldiers nominated through battalions for consideration as the statue's model.

Other specifications included that the Soldier have actually been a part of the recent deployment to either OIF or OEF, and Rivera's unit provided overwhelming support that he is a truly dedicated Soldier with conviction and undying, dedicated spirit befitting an infantryman. The choice was easy, said officials.

Rivera had been told he would always walk with a limp after his OEF injuries last August, but recently he has begun running.

"I'm so proud. It's the least I can do for all the fallen heroes we have," Rivera said. "It's really an honor."

"They call me a hero, but I'm a patriot. The true heroes are the ones that did not make it back home."

The concept for the memorial

The original sketches and ideas for the statue showed the GWOT Soldier taking a knee before the memorial for his lost comrade. However, after receiving input from many veterans and members of the Tropic Lightning Association (TLA), officials decided the Soldier should be standing in reflection.

Dropping to one's knees symbolizes that a Soldier is broken and feels a sense of defeat, said officials. Standing in reflection, they explained, represents personal strength and resilience.

The remaining models for the memorial

The second part of the memorial, set to unveil in September 2006, will include the addition of three Soldier figures to honor Tropic Lightning Soldiers who made the ultimate sacrifice in World War II, Korea and Vietnam.

Officials discussed whether to show both male and female GWOT Soldiers, since unlike

wars of the past, women are expected to fight and lead alongside men in direct combat operations. Officials emphasized that all Soldiers are the same, no matter the gender, no matter whether reserve or active duty, and concluded to proceed accordingly.

The modern-day GWOT Soldier will be cast in bronze. The additional figures to be added in the September ceremony will be cast in pewter-gray metal, similar to the National Korean War Memorial in Washington D.C.

The effect of the different colors used will depict the past.

Once added, the World War II, Korea and Vietnam Soldiers will each have a hand on the shoulder of the GWOT Soldier — as though comforting the Soldier from a pain they have already known too well.

All of the statues will be life-sized and detailed with great consideration to the uniform and equipment details for each conflict: The GWOT Soldier will be wearing knee and elbow pads and a flak vest. The Soldier will even have the clip on the Kevlar for night vision goggles.

The location of the memorial

The memorial will face the flagpole on Sills Field, so that the gaze of the statues will carry beyond the fallen comrade symbols and on to the American Flag.

"It's great because another detail is that from the angle you approach the memorial, it's as though you're walking up right behind these Soldiers while they are taking the time to honor and reflect on the loss of the comrade," explained Maj. Antolin San Nicolas, the deputy division G-5 who played a major role in the coordination that made this idea a reality at Schofield Barracks.

Veterans of the 25th ID (L) who served in combat during the depicted conflict, or family members of those who have served in the other three remaining conflicts, who make a considerable donation to the Tropic Lightning Association's funding of the memorial project, can be considered to be immortalized in the statue.

(Editor's Note: The Tropic Lightning Association has announced that donors can contribute to the memorial fund by contacting the 25th Infantry Division (Light) Association at 1-800-953-5812. For more information on the association and its other projects, visit the Tropic Lightning Association's Web site at <http://www.25thida.com>.)



Artist illustration

This is the artist's sketch of how the Soldier memorial will look like when it is completed September 2006. The memorial will honor the Tropic Lightning Division's accomplishments and its losses in support of World War II, Korea, Vietnam and the Global War on Terrorism.



Sgt. Sean Kimmons

Construction workers from Ameron Hawaii Cement Co. and South Pacific Builders lay down cement around the memorial outside of Fernandez Hall on April 25.

'Hugs4Smiles USA' supports troops, family members

By Sgt. 1st Class Doug Sample
American Forces Press Service

WASHINGTON — When Operation Homefront Hugs USA, a "troop-adoption" program that provided care packages for deployed service members and their families, folded earlier this year, like good Soldiers, three former volunteers decided to continue on with the mission.

Tim Perry, Candace Smith and Kristi Olson started their own program, "Hugs4Smiles USA," in March. Though they changed the name slightly, the mission of caring for service members and their families remained the same.

Since March, Hugs4Smiles, based out of Perry's home in Aurora, Colo., already has helped more than 85 service members and families, with 105 more Soldiers on a waiting list, Perry said.

"I've been completely overwhelmed with the response we've received in just a month's time," he said. "I think it tells us that there is obviously a need for this organization."

According to Perry, those who sign up to adopt a service member or family agree to send at least two care packages each month and two correspondences each month.

If the service member's family is adopted, they receive at least one care package and one piece of correspondence each month.

Perry explained that Hugs4Smiles began when Operation Homefront Hugs' founder, Alessandra Keller-

man, was forced to close her program after becoming ill. Homefront Hugs started shortly after Sept. 11, 2001, and Perry, Smith and Olson all were volunteers.

When the program ended, however, Perry said it left more than 80 service members and families on a waiting list in need.

It was then, he said, that the group realized there was "a big need for programs like this."

"We knew we had to keep the program open," he added.

"The deployed Soldier has a lot to be concerned with, without having to worry about whether their family has needs back home," Perry noted. "So, if we can take part of that burden off of them, then it's important to do what we can to help them with all of their support issues."

Now, Hugs4Smiles is hoping to expand its service by adding counseling as part of its support network.

Perry said the group has made contact with a licensed counselor who is willing to help families resolve more serious deployment issues.

In the meantime, Perry still has two "adoptions" he's been working on for some time now. One is a young Marine deployed to Iraq and his family in San Diego.

The Marine is due home any day now, Perry announced happily.

"His wife and I e-mail each other about four or five times a week," Perry said. "This is just a small token of my appreciation for people who are willing to lay their lives on the line daily."

Welcoming Home Warriors



Photos by Lt. Col. John C. Williams

Soldiers of the 411th Engineer Battalion (Combat, Heavy) were welcomed home to American Samoa, April 30, by the community and members of the U.S. Army, Pacific, and 9th Regional Readiness commands.

'Packages from home' give comfort items to troops stationed overseas

By Steven Donald Smith
American Forces Press Service

WASHINGTON — Kathleen Lewis of Glendale, Ariz., launched "Packages From Home" in March 2004 with the singular goal of sending as many helpful items as possible to troops stationed overseas.

When Lewis learned that her son Christian, a Soldier serving abroad, lacked certain creature comforts, she began sending him robust care packages.

She soon learned that her son was sharing the contents of these packages with members of his unit, many of whom never received items from home. She made up her mind that she would adopt Christian's entire squad and send them all packages, she said.

The contents of the packages run the gamut from beef jerky to board games and are intended to provide a

little "piece of home," Lewis said.

"Christian was lacking the basics we take for granted such as laundry detergent, personal hygiene items, sheets and extra food and drink items. Furthermore, there was no access to obtain any of these items," she said.

Lewis received an overwhelming response as soon as she put out the clarion call to her community for items to fill the packages, she said.

She did, however, run into one unforeseen problem: the exorbitant cost of shipping. Shipping expenses average about \$1.25 per pound, so she quickly began accepting monetary donations to cover shipping costs.

Packages From Home is currently having a Memorial Day "Thank You for Your Service" campaign, which they estimate will generate more than 2,000 shoe-box-sized care pack-

ages destined for troops in Iraq and Afghanistan.

The Memorial Day campaign runs through Sunday.

"It's important to show the troops that we have not forgotten them," Lewis said. "These personal goodies express our appreciation to the military for their service and sacrifice, while at the same time lifting their spirits."

To date, Packages From Home has shipped more than 4,000 care packages to service members from every branch of the military, said David Whitten, Packages From Home director of media relations.

"We have the greatest military in the world, not only because they are the best equipped, but also because we have the best men and women," Whitten said. "In order to remain the best, they need the continued support from the citizens of this country."



Sea Life Park



A dolphin leaps out of the water, while participants of the Dolphin Adventures program watch in the background. Sea Life Park offers two interactive programs with dolphins, as well as programs with other live animals that can be purchased at a military rate. To get to Sea Life Park, take H-1 east, which will turn into Kalaniana'ole Highway. Follow this road and the park will be on the left side.

Mingle with native and non-native sea creatures

Story and Photos by
Sgt. Sean Kimmons
Editor

WAIMANALU -- Along Oahu's south-eastern coast, day-trippers can observe marine life in an all-around, interactive complex. No, I'm not talking about Marine Corps Base Hawaii, Kaneohe Bay, but just south of the installation, at a place called Sea Life Park.

Sea Life Park sits at the foot of the Koolau mountain range and overlooks Rabbit Island, a bird sanctuary off of Makapuu Beach.

There are many unique aspects to this park that will entertain and educate. A few popular ones are Dolphin Discovery Swim and Dolphin Adventures.

As part of Dolphin Discovery Swim, interested guests are brought up close and personal to live dolphins. Visitors can touch and feed a dolphin and observe how Sea Life Park staff members train the mammals to perform jumping, dancing, singing and splashing tricks.

In Dolphin Adventures, guests get a deep-water encounter with a dolphin and learn about its anatomy, physiology, training and conversation.

Sea lions are another well-liked resident in the park. At the Kolohe Kai Surf Club, they amuse guests with their comical behavior. And if guests want to feed a sea lion, they can go to the Sea Lion community pool on the other side of the park. There, guests can purchase fish for the sun-basking sea lions and listen to an educational presentation.

The park provides shelter to endangered Hawaiian monk seals. Staff members offer daily presentations, so guests can learn that monk seals did not get their name for being religious, but for their short-haired heads, which resemble a Friar Tuck monk.

For many, the word "stingray" brings thoughts of an unapproachable creature. At the Stingray Lagoon, however, stereotypes are dismissed. Guests are encouraged to swim in the same water as stingrays and experience how graceful these sea creatures can be.

In the 300,000-gallon Hawaiian Reef Aquarium, guests are allowed to interact and feed stingrays, an endangered hocks-

bill sea turtle and many tropical fish — including the 21-letter-named state fish, the Humuhumunukunuuapuaa.

One of the park's premier interactive experiences is the Sea Trek program. Guests wear a 75-pound breathing system as they submerge 18 feet into an aquarium with hundreds of sea creatures.

Sea Life Park is the ultimate sea life entertainment and educational experience for all, said Remato Lenzi, the general manager of the park.

"There is a lot of educational material throughout the park, but on top of that there's a lot to learn through hands-on contact," Lenzi said. "The Dolphin Discovery Swim is open to kids of all ages and is really interesting because parents and kids can participate together."

Besides the park's educational material, its staff is also very knowledgeable about sea life and welcomes any related questions.

Perhaps, the best part of Sea Life Park for service members and their families is its discount military discount.

"We definitely support our troops," Lenzi said. "We have a special rate for just about every program."

(Editor's Note: For more information on Sea Life Park, go to <http://www.sealifehawaii.com/> or call 259-7933.)

* Sea Life Park Military Rates

General Admission
Adults \$13, Kids (4-12) \$6.50

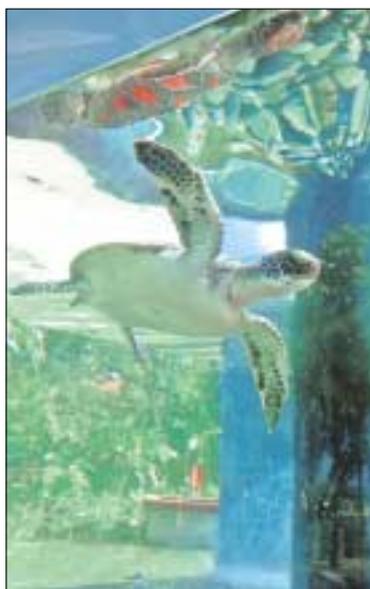
Dolphin Discovery Swim
Adults \$75, Kids \$54

Dolphin Adventures
Adults \$96

Sea Trek
Adults \$64

Hawaiian Ray Encounter
Adults \$25, Kids \$18

* To purchase discounted Sea Life Park tickets, visit your local Information, Travel and Reservations office.

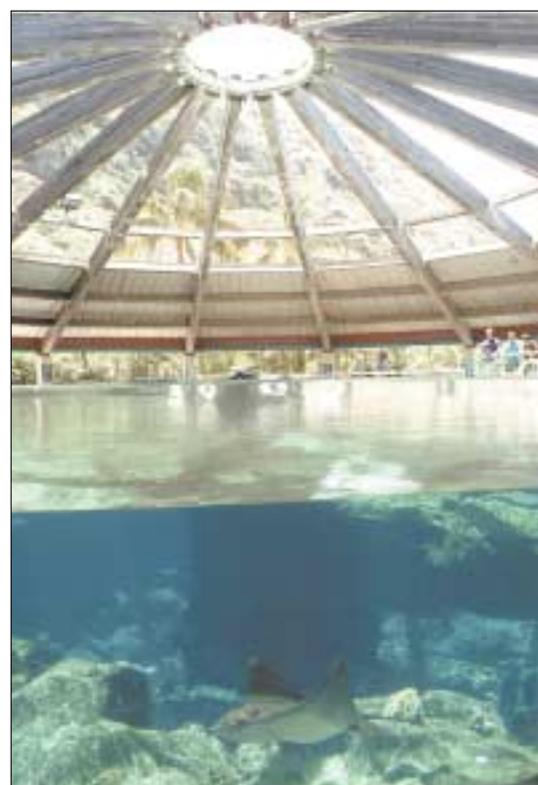


Above — A young sea turtle floats in a small pool.

Left — A Sea Lion basks in the sun at the Sea Lion community pool.

Top Right — Spc. Mary Simms (right), a broadcast journalist with Headquarters and Headquarters Company, 25th Infantry Division (Light), touches a stingray during the Sea Trek program.

Right — A stingray (bottom) swims inside the Hawaiian Reef Aquarium.



MWR Briefs

Serving America's Army in Hawaii

May

13 / Today

Reserve Picnic Area — If your unit would like to reserve a 20 x 20 picnic area at the Sunset in the Park event on Wheeler Army Airfield, May 21 and 22, call 655-0111 or 655-0112.

First priority will be provided to OIF and OEF units until close of business today. After today, reservations will be on a first-come, first-served basis.

The picnic area will be the only area where canopies can be set up and grills used.

Salute the Troops Concert —

There's still time to enjoy live, local entertainment at the Tropics on Schofield Barracks, Friday nights at 8:30 p.m., with no cover charge. Listen to "Brown Boys" tonight and "Contraband" on May 20.

Patrons can enjoy free entertainment, drink specials and food from MacGregor's Market. Also, guests can visit the Tropics and register to win a sport utility vehicle sponsored by JN Mazda. Finalists are selected at each concert event, and the vehicle will be given away at the June 10 "Right Arm Night" event at the Nehelani.

Visit the Tropics or call 655-0002 for more information.

"The Secret Garden" —

This classic children's story is about a grieving family and a secret garden that is found and restored back to life. The play will show at the Army Community Theater on Fort Shafter tonight and tomorrow, and on May 20-21, and 27-28.

Curtain is at 7:30 p.m., and tickets for adults are \$17 and \$14; children under 12 are \$10 and \$8. Box Office Hours are 10 a.m. to 2 p.m., Monday through Friday.

Call 438-4480 for more information.

13 / Friday

Graduation Money Lei — For a creative way to give a graduation present this year, attend this class and make money lei. Classes will be held at the Schofield Barracks Arts and Crafts Center today and May 27 from 10 a.m. to noon.

Plus, take a class at the Fort Shafter Arts and Crafts Center on May 15 from 1 to 3 p.m. Cost is \$10. Call 655-4202 or 438-1315 for more information.

14 / Saturday

Yu-Gi-Oh Tournament — Get

ready to duel at the Tropics. Registration will get underway at 1 p.m. for this tournament, and the duel starts at 2 p.m. Cost is \$6 and includes Yu-Gi-Oh merchandise.

Prizes will be awarded, and all ages are welcome. Call 655-0002 for more details.

Plant Clinic —

Get your home gardening questions answered at the Aliamanu Library from 1 to 3 p.m. This clinic will be presented by Oahu master gardeners, so feel free to bring in samples of problem plants.

Call 833-4851 for more details.

Youth Art —

Classes will be offered at the Schofield Arts and Crafts Center on May 14 and 21 from 10 a.m. to noon, and at the Fort Shafter Arts and Crafts Center on May 14 and 28 from 10 a.m. to noon.

Cost is \$12 per class. Call your nearest Arts and Crafts Center for more information.

18 / Wednesday

Teen Employment Workshop

— Are you a teen looking for a job this summer? Visit the Tropics from 2 to 3 p.m. for great tips in helping you find a good job.

Topics to be covered include the job application, interview tips and job search skills. Call 655-0002 for more information.

Mongolian Barbecue —

Select your favorites from a large variety of meats and vegetables, and Reggie's chefs will grill them to your liking from 5 to 8 p.m.

Cost is 65 cents per ounce, reservations are recommended. Call 655-0660.

21 / Saturday

Living History Day —

In commemoration of Armed Forces Day, visit the Fort DeRussy museum from 10 a.m. to 3 p.m. and enjoy static exhibits of military memorabilia, reenactors in period uniforms and hands-on displays of military artifacts.

Call 438-2821 for more information.

21 / Saturday

Sunset in the Park —

Join the Wahiawa Lions Club, the Wahiawa community and Morale, Welfare and Recreation in welcoming home Hawaii's Soldiers from noon 'til 10 p.m. at Wheeler Army Airfield, May 21 and 22. Active duty military ID card holders will receive free ride bracelets. Visit the information tent on the day of the event for your bracelet.

This WAAF Sunset in the Park event will provide great local entertainment, games and rides from Xtreme Fun Rentals and E.K. Fernandez, antique military vehicle displays, custom motorcycles, plenti-

6525.

Military Channel —

Insiders look at the capture of Saddam Hussein when "Ace in the Hole" airs on the Military Channel, today at 12 and 3 p.m. and Sunday at 12 p.m.

According to the Discovery Home Channel network, viewers will meet the U.S. Soldiers and intelligence officers who actually captured Saddam Hussein. The broadcast is a first-hand account of the strategy and tactics that went into capturing the former Iraqi dictator. The network says the program will show interviews with more than a dozen U.S. Soldiers who carried out the dramatic capture, as well as footage of the intense skirmish

18 / Wednesday

Bowfin Park —

Return to Iwo Jima on the lanai at Bowfin Park when historian Daniel Martinez takes you along on a May 18 journey. See the visual presentation of what it was like in World War II Iwo Jima, and what it is like now. Remember the historic battlefield alongside veterans as they retrace their footprints in the sands of Iwo Jima. Light refreshments will be served at 6:30 p.m. followed by Martinez's program at 7 p.m. This program is free and open to the public. For more information, contact Bowfin Park at 423-1341.

The USS Bowfin Submarine Museum and Park is a nonprofit organization whose mission is to restore and preserve the World War II submarine USS Bowfin (SS-

287). The Bowfin is located next to the USS Arizona Memorial Visitors Center and is open to the public from 8 a.m. to 5 p.m., daily.

19 / Friday

Outdoor Circle — Any Thursday in May is the time to get involved with the Outdoor Circle and your local community. Participate in a weekly, one-hour litter pick-up session along Moanalua Road (fronting Pearl Ridge Elementary School) on May 19 and/or 26 from 9 to 10 a.m.

Call 488-0268 for more information.

20 / Saturday

New Baby Expo — It's spring and the Neal Blaisdell Exhibition Hall will be the location to celebrate babies at the 8th Annual New Baby Expo. Dozens of new vendors are joining the expo this year, so when you can stroll through the aisles May 21 and 22, you'll find more than 150 exciting booths showcasing everything for new parents and babies.

"Nanny On the Net" will be able to assist you in finding the perfect live-in, full-time or part-time nanny for your child. Or, if you want to know how to communicate with your child before he or she speaks, "Baby Signs with Aloha" will dazzle you with simple sign-language techniques that your baby can understand and use.

Whether it's maternity clothes, questions about nursing, clothing for children, baby products or finding a photographer, vendors at the New

Dogg Tagg Drill winner



Spc. Dijon Rolle

Pfc. Jonathan Williams of the 13th Military Police Detachment receives an Army and Air Force Exchange Service gift certificate from AAFES employees Karin Duncan (left) and Lorna Cerny. Williams was awarded the certificate as part of the "Dogg Tagg Drill Call," an AAFES exclusive game that gives away prizes from gift cards to cars. He used part of his prize money to get his mother a nice Mother's Day gift.

ful vendor and food booths, and feature attraction movies on a 30-foot screen at dusk.

All residents of Medonca Park, Schofield Barracks and Helemano Military Reservation are asked to enter through Kunia Gate, and then to go around the right side of the airfield, so as not to flood Kawamura Gate, which will be open to the general public.

Camp Stover Gate will be open from 10 a.m. to 10 p.m., only for residents, on both days.

The public and the whole family is invited out for this fun-filled day

Random vehicle and bag checks will be conducted at the event and upon entering the post.

Here's a brief synopsis of the entertainment:

May 21

Noon - 12:45 p.m., The Royal Hawaiian Band

1 - 1:45 p.m., Sonya Mendez

2 - 2:45 p.m., Hawaiian Stars All Stars

3 - 3:45 p.m., Dita Holifield

4 - 4:45 p.m., 7 Simple Pieces

5 - 5:45 p.m., HAPA

6 - 6:45 p.m., Ho'onua

The movie at dusk will be "Finding Neverland."

May 22

Noon - 12:45 p.m., Na Melemanu Serenaders

1 - 1:45 p.m., Brass Quintet of 25th Infantry Division (Light) Band

2 - 2:45 p.m., Native American Dance

3 - 3:45 p.m., Da Braddahs and UH Rainbow Dancers

4 - 4:45 p.m., The Krush

5 - 5:45 p.m., Simplicity

6:15 - 6:55 p.m., Jake Shimabukuro

The movie at dusk will be "National Treasure."

Entertainment and times are subject to change. Check out the MWR Web site at www.mwrarmy-hawaii.com for an up-to-date schedule of events.

23 / Monday

Steak Night — Enjoy a sizzling steak cooked to perfection on the grill outside Reggie's and in front of the Nehelani, which comes complete with a tossed salad, baked potato, rolls and vegetables.

This entrée is served from 5 - 8 p.m. Cost is \$11.95 for adults. Call 655-4466 for more details.

26 / Thursday

Commissary Dash N' Grab —

Enter for a chance to win the next Commissary Dash N' Grab event scheduled for May 26 at 7:30 a.m. at the Schofield Commissary.

Entry boxes are located at the Schofield Barracks Commissary, Army Community Service or Tropics, and MWR Blue Star Card members are automatically entered for a chance to win.

Three finalists will be selected and notified as Dash N' Grab winners, and this contest — sponsored by Army Hawaii Family Housing,

should include the name, address and contact person of their organization.

Completed application forms should be submitted to the HHLA Honolulu office by 4 p.m. on May 31.

To request an application on Oahu, write Tina Garcia, Hawaii Hotel and Lodging Association, 2250 Kalakaua Ave., Suite 404-4, Honolulu, HI 96815. Send faxes to 924-3843.

CPR — The American Red

DECA and MWR — is open to active duty families and spouses.

27 / Friday

Hawaiian Luau Lunch Buffet —

Taste a traditional Hawaii style feast from 11 a.m. to 1 p.m. at the Hale Ikena at Fort Shafter, or at the Nehelani on Schofield Barracks. Cost is \$9.95 per person.

Call the Nehelani 655-4466 or the Hale Ikena at 438-1974 for reservations or information.

28 / Saturday

A-Maze-Ing Corn Festival —

Join the fun by getting lost in the huge corn maze at Aloun Farms on May 28. Enjoy pony and hay rides, carnival games, self-pick corn, food booths and lots more fun.

Adults can sign up and enter the five-mile GPS scavenger hunt, which uses the latest in technology. This hunt is just right for ages 15 and up and costs \$20 to enter. The winner will receive a trip to the Big Island of Hawaii, plus other consolation prizes will be awarded.

Then, on May 29, participate in a paintball challenge within the maze. Don't miss the special military price for this event: \$6 for adults and \$3 for children. One dollar from each entry will benefit the Better Opportunities for Single Soldiers program.

Call 677-9516 or 256-5546 for more information.

Ongoing

Tropic Lightning Lunch Buffet —

Enjoy a fast and hot lunch buffet, Monday through Friday from 11 a.m. to 2 p.m. at Reggie's. Cost is \$8.95 per person. Call 655-4466.

Fort Shafter Library — Regular hours are back at the library. Hours are as follows:

- Mondays through Thursdays, 10 a.m. - 7 p.m.
 - Fridays, 10 a.m. - 3 p.m.
 - Sundays, 11 a.m. - 3 p.m.
 - Saturdays and holidays, closed
- Call 438-9521 for more details.

Stained Glass Class at Schofield —

Back by popular demand, learn beginning foil or lead techniques at the Stained Glass Class. Four sessions will be held on Wednesdays beginning June 8, from 10:30 a.m. - 12:30 p.m. Class size is limited, so register today.

Cost is \$40 plus supplies. Payment is required at the time of registration. Call 655-4202 for more details.

Pau Hana Friday at Mulligans —

Enjoy cool refreshments and the chef's choice \$2 pupu platter every Friday beginning at 4:30 p.m. at Mulligans, Hale Ikena, on Fort Shafter. Call 438-1974 for more information.

Cross at the Schofield Barracks Service Center will hold a class for Standard First Aid/Adult CPR Plus Child and Infant CPR. The class will be on May 21 from 8 a.m. to 5 p.m. The cost is \$39 and includes the book. Call 655-4927 to register.

Community Calendar



May

13 / Today

Hawaii Army Report — Tune in to the Hawaii Army Cable Network, TV-2, for the Hawaii Army Report, which is a biweekly television newscast hosted by Spec. Mary Simms, covering the Army team in Hawaii.

This program is produced by the 25th Infantry Division (Light) and U.S. Army, Hawaii, Public Affairs Office and TV-2. Check the TV-2 schedule for dates and times. (See page B-2 of the Hawaii Army Weekly.)

"Grease" at Wheeler —

The Wheeler Middle School is proud to present two performances of "Grease," one on May 13 and the second on May 14, both showing at 7 p.m. Students have worked very hard during the past two months, according to administrators and faculty, to bring this production together for everyone's enjoyment.

Admission to the play is free; however, donations are welcome to support the drama program. The performance will be staged in the auditorium at Wheeler Middle School, complete with dancing, singing and a whole lot of laughing.

If you have any questions, contact Cheryl Messina, drama coordinator, at 622-

HACN TV2 Schedule

May 13 - May 20

Morning	Evening	Overnight
6:00 Sign On	6:00 Community Focus	
6:26 NSPS What to Expect in Hawaii	6:12 Welcome Home	
7:38 After the Storm	6:17 Redeployment Montage	
8:00 Army News Watch	6:24 Arm Values Respect	
8:30 Pentagon Channel	6:30 Safety Video	
9:00 Pentagon Channel	6:30 NSPS What to Expect in Hawaii	
10:00 Welcome Home	7:44 What's Down the Drain	
Redeployment Montage 4	7:52 Welcome Home MG Olson	
10:06 Safety Video	7:56 Safety Video	
10:10 Bulletin Board	8:00 NFL-100 Greatest TDs	
10:56 Welcome Home	9:04 Antiterrorism FP	
Redeployment Montage 3	9:21 Safety Video	
11:02 Dash & Grab	9:25 Dash and Grab	
11:11 Hawaii: Hidden Beauty, Hidden Danger	9:35 Welcome Home	
11:30 What's Down the Drain	Redeployment Montage 2	
11:38 Welcome Home	Bulletin Board	
Redeployment Montage 2	NSPS What to Expect in Hawaii	
11:42 Safety Video	11:38 What's Down the Drain	
12:00 Pentagon Channel	11:46 Youth Protection	
Afternoon		Overnight
2:00 After the Storm		Pentagon Channel
2:23 Bulletin Board		
2:54 NSPS What to Expect in Hawaii		
4:00 Pentagon Channel		



This Week at the MOVIES

Sgt. Smith Theater

Today
Guess Who
7 p.m. (PG-13)

Saturday
Miss Congeniality 2: Armed and Fabulous
7 p.m. (PG-13)

Sunday
Guess Who
7 p.m. (PG-13)

Wednesday
Miss Congeniality 2: Armed and Fabulous
7 p.m. (PG-13)

Thursday
Guess Who
7 p.m. (PG-13)

The theater is closed Monday & Tuesday.

Do American juries get it right?

Part Two of Two

Story by
Maj. Craig E. Merutka
Office of the Staff Judge Advocate
25th Infantry Division (Light)

The American people believe that the jury system works. In a recent study, a sampling of the American public agreed by a 78 to 17 percent margin that "the jury system is the most fair way to determine the guilt or innocence of a person accused of a crime."

A recent survey of federal judges concurs. Ninety-seven percent of the 594 federal judges surveyed said they agree with jury verdicts most or all of the time. By an 8-1 ratio, federal judges say that if they were on trial, they would prefer to have their dispute decided by a jury rather than a judge.

In the military justice system, juries are formed into court martial panels, and jurors are referred to as panel members. The senior ranking member of a panel is titled the president of the court martial.

Do juries have to be representative of the people?

A series of Supreme Court cases has held that the requirement of an impartial jury means that jurors must be chosen from a representative cross section of the community, with no persons excluded on the basis of race, sex or other impermissible factors.

In the military justice system, court martial panel members are selected by the Court Martial Convening Authority, and are those best qualified for the duty by reason of their age, education, training, experience, length of service and judicial temperament.

How many people constitute a jury?

Traditionally, juries consist of 12 members who must reach a unanimous verdict. However, Supreme Court cases have held that the number 12 is not essential and that juries can consist of fewer members. In one case, approving of a six-person jury, the Court concluded that a six-person jury was "large enough to promote group deliberation, free from outside attempts at intimidation, to provide a fair possibility of obtaining a representative cross-section of the community."

Many states have set numbers under 12 for particular types of cases.

In the military justice system, there must be at least three members for a Special Court Martial and at least five members for a General Court Martial.

Do juries have to be unanimous?

Traditionally, juries are unanimous, but the Supreme Court has upheld verdicts of 11-1, 10-2, and 9-3.

In the military justice system, at least two-thirds of the panel members must vote to convict before an individual is found guilty. The vote must be unanimous if a possible penalty includes death.

Celebrating Freedom of Religion

Allison Carr, 8th Grade
Wheeler Middle School



Allison Carr

When my mother was growing up, her family was of the Catholic religion. She met several people of different religions throughout her years, and my mother was lucky because she had a brother that studied religion and was able to teach her about all of the different ways people believed in God.

She learned to respect all other religions and chooses to claim no religion, and believe in God, and in God only.

Through this belief she has encountered several

See "Religion," page B-6

Celebrating Equality

Alexis Hernandez, 8th Grade
Wheeler Middle School



Alexis Hernandez

Equality means a lot to me. It means freedom, happiness, and respect. I don't think we can have a successful nation without giving everyone equal treatment. Our nation was built on the concept that all men are created equal.

You can't be free if you are treated differently. Not treating people equally has led our country to so much hardship. So many American lives could have been spared

See "Equality," page B-6

Celebrating Your Freedom

Brea Matthews, 8th Grade
Wheeler Middle School



Brea Matthews

We hold in our hands, the most precious gift of all: Freedom. The freedom to express our art. Our love. The freedom to be who we want to be. We are not going to give that freedom away and no one shall take it from us!

—Diane Frolov and Andrew Schneider, Northern Exposure, Cicely, 1992

To me, the phrase "Celebrate Your Freedom" means to appreciate the rights that have been given to me. Knowing that years ago my ancestors were unable to attain such liberty, shows just how blessed and fortunate I am to be an African-American

See "Freedom," page B-6

Law Day

To celebrate Law Day 2005, the Office of the Staff Judge Advocate and Wheeler Elementary and Middle Schools conducted an essay and poster contest. Students were allowed to pick the topic for their essays, highlighting an aspect of our American government or laws that they most appreciate. The poster contest emphasized this year's theme, "The American Jury: We the People in Action." From the many creative submissions, the top three in each contest category will be recognized at the next school assembly. Prizes will be awarded to those students in recognition of their submissions.

Wheeler Army Airfield to host May 21-22 Sunset in the Park

WAHIAWA – The Wahiawa Lions Club; the City and County of Honolulu; the U.S. Army, Hawaii; and a grateful team of businesses and community organizations have come together to host Sunset in the Park, May 21-22, at Wheeler Army Airfield.

Themed "Homecoming for Heroes," this event will be the first joint military and civilian homecoming celebration for Hawaii troops since their deployment in January 2004. The two-day event will be start each day at 12 noon and run until 10 p.m.

The celebration will be a welcome home for more than 10,000 Soldiers. The special welcoming will honor the Soldiers of the 25th Infantry Division (Light), the Hawaii National Guard, and the Army Reserve who were deployed to Iraq and Afghanistan during the past year.

Entertainment

Star attractions will highlight the two-day event. On Saturday, the entertainment schedule includes Carole Kai and Kimo Kahoano, and performances by Sonya Mendez, Frank DeLima, Brickwood Galuteria and HAPA.

On Sunday, the 25th Infantry Division (Light) Band Brass Quintet will perform in the early afternoon, with Simplicity, the Krush and Jake Shimabukuro on stage in the evening, leading up to the movie feature.

Attractions

Wheeler's Sunset in the Park will feature the work of talented crafters and artists, as well as businesses promoting their products and services at a community Market Place.

For keiki, there will be a children's area with Xtreme Fun, E.K. Fernandez rides and games, keiki ID and other activities such as face painting, tattooing and pony rides.

Additionally, there will be a display featuring the collection of restored military vehicles by the Hawaii Military Vehicles Preservation Association.

Street Bikers United Hawaii will provide a classic and custom motorcycle display featuring "hot bikes" from Hawaii and the mainland.

Movies

At sunset, movies will be shown on a 30-foot screen for family viewing.

On Saturday evening, the feature presentation will be the academy award-nominated film "Finding Neverland," starring Johnny Depp and Kate Winslet. On Sunday evening, the blockbuster movie will be "National Treasure" starring Nicholas Cage.

Food

Popular restaurants from the surrounding communities have agreed to participate and will be providing great food at affordable prices.

Eateries include Time2Grind, Paradise Water Ice, Ono Kettle Korn, Pizza Hut, Slush Puppies, State Street Beef Co., Dong Yang Inn, Jimmy's Lakeside Bakery and Cafe, Giovanni's White Shrimp Truck, Dot's of Wahiawa, Café Kaya/North Shore Farms, Leo's Taverna Greek Restaurant, Billy's Food Spot, Three Star Restaurant, Hawaiian Roasted Corn, Grilled Hawaiian Steaks, Nano's Filipino Food, L&L of Wahiawa and E.K. Fernandez Cotton Candy.



Photo Courtesy of the USS Missouri Memorial Association

Members of the Wheeler Army Airfield-based Company C, 25th Aviation Regiment, who are assisted by Company G, 58th Aviation Regiment, and Headquarters and Headquarters Company, Aviation Brigade, help out a fellow "American Hero" last fall. After 1st Sgt. Dean Walker visited the Battleship Missouri Memorial, he suggested that his unit's routine physical training, or PT, regimen be adjusted to fit a mission aboard the Mighty Mo. Hence, the Soldiers tightened the ship's lines that moor her to Pier Foxtrot-5.

Mighty Mo offers May discount

All military personnel to receive special admission

PEARL HARBOR — As part of Hawaii Military Appreciation Month in May, the USS Missouri Memorial Association is proud to announce that it will be offering 50-percent off admission at the Battleship Missouri Memorial to all active duty, reserve and retired U.S. military personnel and their immediate family members.

Military personnel and their immediate family will also receive 10-percent off retail purchases at the Victory Store. To take advantage of this offer, qualified visitors must present their military ID at the Battleship Missouri Memorial.

"We are very proud to be able to extend this special offer to the brave men and women serving our country

and safeguarding our freedom," said Don Hess, president and chief operating officer of the association. "We are truly grateful for the many sacrifices the military and their families make on our behalf."

Regular admission to the Battleship Missouri Memorial is \$16 per adult and \$8 per child, ages 4-12. Regular military and kamaaina rates are \$10 per adult and \$5 per child. Guided tours of the Missouri are additional.

Affectionately referred to as the "Mighty Mo," the USS Missouri (BB-63) first captured worldwide attention on Sept. 2, 1945, as the site of the end of Japan's unconditional surrender, ending World War II. A plaque now marks the exact location of the surrender, and copies of the original documents are displayed on the "Surrender

Deck" for visitors from around the world to see when they visit the Battleship Missouri Memorial, located in Pearl Harbor.

The USS Missouri Memorial Association, Inc., is a private Hawaii-based nonprofit organization designated by the U.S. Navy as caretaker of the battleship Missouri. The association operates the Battleship Missouri Memorial.

President George Herbert Walker Bush is the memorial's honorary chairman of the board. The memorial is supported by admissions, retail and concession sales, donations, grants and the work of volunteers. It is not supported with government funding.

The association was formed in 1994 and includes a cross-section of leaders from Hawaii's business, civic, political, and retired military communities.

Dogs look to owners as their pack leaders

By Nadia Gassert-Depape
Contributing Writer

There are only two positions in the dog social world, leader and follower, according to Cesar Millan, a popular dog behavior expert who also hosts his own cable television program.

If you are not establishing yourself as the "pack leader" in your household, he often says, you are relegating yourself to being merely a roommate to your canine companion.

With no motivation to follow, dogs develop behavior issues, experts agree.

Millan teaches, "In the wild, a dog's survival depends upon a strong, stable and organized pack where every member knows its place and follows the rules established by the pack leader. The pack instinct," he continues, "is perhaps the strongest natural motivator for a dog."

"To be an effective owner, you need to become your canine's calm, assertive pack leader."

Research shows that a dog that doesn't trust its human to be a good pack leader becomes unbalanced and often exhibits unwanted or antisocial behaviors like excessive barking, aggression or destruction of property. However, many well-meaning, but misguided, owners make the mistake of treating their beloved pet like a human child.

Many pet owners want their dogs to have fun and be free, and they often coddle them or offer them a treat when they are feeling anxious or being naughty. However, by offering affection or food while the dog's mind is unbalanced, anxious or over-stimulated, owners are actually rewarding that unbalanced state of mind and encouraging unwanted behaviors, the experts say.

"In nature, a dog that is a follower in the pack has calm, submissive energy," Millan emphasizes, "[which] is the ideal energy for a dog to project at home."

"Signs of calm, submissive energy include a relaxed posture, ears back and a nearly instinctual response to the pack leader's commands," he explains. "This is what you need to project to show your dog that you are the pack leader."

"Note that 'assertive' does not mean angry or aggressive," he continues. "Calm, assertive means always compassionate, but quietly in control."

Millan also gives advice about what makes your dog a good follower.

"Exercise, discipline, and affection — in that order," he says. "These are the three ingredients needed to make a happy, balanced dog."

"[However,] most dog owners either only give affection, or don't provide these three necessities in the correct order," Millan explains. "Exercise means walking a dog a minimum of once a day and in the correct way. Discipline means giving the dog rules, boundaries and limitations in a non-abusive manner."

"Affection means a reward given to our dogs, but only after they've achieved calm submission in our pack," he adds.

Millan reminds that the walk is an extremely important ritual for a dog that needs to take place a minimum of once a day, for at least 30 to 45 minutes at a time, so that both the dog's mind and body are provided a workout. It is also crucial, he believes, to act as the dog's leader during a walk.

"That means the dog walks either next to or behind its owner, not pulling ahead," he says.

The dog behaviorist believes that if a dog is walking his or her owner, then the dog perceives itself as the pack leader. The owner then cedes control to the dog.

If a dog doesn't trust its owner to be in control, Millan says, it becomes unclear on its correct role within the pack.

"A dog that is confused about who is in charge is actually concerned about the ability of the pack to survive. It tries to fill in the missing leadership elements, often erratically," Millan explains. "This can cause aggression, anxiety, fear, obsessions or phobias."

Perhaps the most difficult concept for folks to grasp is that dogs are not just furry children. Treating them as our children may be good for us, but this treatment is not good for our dogs, as it confuses them.

Dogs require leadership to feel relaxed and that all is well in their universe. Pet owners must, therefore, become pack leaders to ensure an obedient, happy canine in the family.

Dogs do not follow the friend, the buddy or the mommy, Millan says. They follow the strong.

"Regular exercise, a strong, stable pack leader and earned affection will result in a calm, balanced dog," Millan adds.

(Editor's Note: Cesar Millan's television show "The Dog Whisperer" is telecast Monday through Friday at 9 p.m. on the National Geographic Channel.)

Vaccination changes sought for dogs, cats

By Capt. Emily C. Gocke-Smith
Schofield Barracks Veterinary Treatment Facility

For many years, veterinarians have recommended annual vaccinations for dogs and cats. However, in the last five years, veterinarians have been looking critically at these requirements and asking, "Are we vaccinating individual patients too often and with too many vaccines?"

Concerns raised with over-vaccinating include feline vaccine-induced fibrosarcomas and canine autoimmune disease.

Autoimmune disease occurs when the body begins to view itself as foreign and starts a process of self-destruction. Vaccine-induced fibrosarcomas are certain types of tumors that can develop in response to vaccination.

It is a proven fact that administration of vaccines will cause, in some cats, the development of a fibrosarcoma. The true incidence of vaccine-induced fibrosarcomas in cats is between 1 in 10,000, and 1 in 1,000.

Because these tumors are aggressive, have a high rate of recurrence, and can spread to other parts of the body, they remain a concern to both veterinarians and pet owners alike.

Could we be doing more harm than good?

Several recent publications have suggested that the conventional practice of administering vaccines annually has failed to address the duration of immunity that is induced by these vaccinations. In fact, most animals have a protective immunity that lasts for several years after the vaccination.

For some vaccinations, the duration of immunity is less than a year. Examples include Leptospirosis and kennel cough.

Administering annual vaccinations may not be accurately addressing the needs of our patients. In 2000, the American Association of Feline Practitioners published a report that recommended that adult cats be vaccinated every three years, rather than annually, against feline panleukopenia, feline herpesvirus-1, and feline calicivirus.

In 2003, the American Animal Hospital Association Canine Vaccine Task Force released its guidelines on canine vaccination that also recommended a shift to the less frequent three-year booster interval for adult dogs against distemper, parvovirus, adenovirus-2, and parainfluenza.

So what does my cat or dog need?

At the Schofield Barracks Veterinary Treatment Facility,



Spc. Juan F. Jimenez

On Monday at the clinic, Pfc. Martha Parker (left), an assistant veterinarian at the Schofield Barracks vet clinic, performed an annual check up on Czar, while Corey Castleberry held him.

Pet Fair

In celebration of National Pet Week, the Schofield Barracks Veterinary Clinic will host a Pet Fair the week of May 23-27, complete with contests, prizes, information booths and mega fun.

we have adopted new vaccination protocols that are tailored to the individual patient. We specifically look at the realistic risk of exposure, which is influenced by the pet's age and environment.

We have chosen core vaccines which are determined by 1) the severity of the disease caused by the agent, 2) the risk of spread of the agent to susceptible animals, and 3) potential for an infection to spread from an animal to a human.

We also carry non-core vaccinations, which may be needed where a known or likely risk of exposure is anticipated, or when the animal's lifestyle represents a reasonable risk of infection.

Our typical vaccination schedule include the following.

For dogs

- Rabies: Get the first vaccine at 12 weeks of age, first booster in one year, subsequent boosters every three years.
- Canine Distemper, Adenovirus, Parvovirus, Parainfluenza (DA2PP): Get the first vaccine at 6-8 weeks of age, first booster in 3-4 weeks, second booster in 3-4 weeks, third booster in one year, subsequent boosters every three years.
- Leptospirosis: Get the first vaccine at 8 weeks of age, first booster in 3-4 weeks, subsequent boosters every 6-12 months.
- Bordetella bronchiseptica



Spc. Juan F. Jimenez

Capt. William Mills (right), makes sure that Blue is ready for a trip back home to the mainland with her owner Crystal Leisure.

(kennel cough): Get the first intranasal vaccine at 3 weeks of age, subsequent boosters every 6-12 months.

For cats

- Rabies: Get the first vaccine at 12 weeks of age, first booster in one year, subsequent boosters every three years.
- Feline Herpesvirus, Calicivirus, Panleukopenia (FVRCP): Get the first vaccine at 6-8 weeks of age, first booster in 3-4 weeks, second booster in 3-4 weeks, third booster in one year, subsequent boosters every three years.
- Feline Leukemia Virus, FeLV: Get the first vaccine at 9 weeks of age, first booster in 3-4 weeks, subsequent boosters every year.

How do I make the best decision?

Together with your veterinarian, you can decide on the most advantageous vaccination scheme for your pet to maximize protection and minimize risks.

(Editor's Note: For more information, contact the Schofield Barracks VTF at 433-8531 or 433-8532. Call the Fort Shafter VTF at 433-2271.)

Hawaii Military Appreciation month continues

Today & Saturday

The Polynesian Cultural Center will feature its "Military Days" program on May 13 and 14. Military families will be treated to a fun-filled day at Hawaii's premier cultural center featuring its island shows, IMAX theater, buffet dinner and evening show.

Discounted tickets are available only at military ticket offices.

Wednesday

First Hawaiian Bank and Alexander and Baldwin, Inc., sponsor the annual Military Recognition Luncheon at the Hilton Hawaiian Village Hotel from noon to 1:30 p.m.

State government and business leaders, veterans and other residents are invited to join with the Chamber in welcoming home troops from Schofield Barracks, Wheeler Army Airfield, Marine Corps Base Hawaii, Hickam Air Force Base,

Pearl Harbor and other military units.

The keynote speaker will be Maj. Gen. Eric Olson, commanding general of the 25th Infantry Division (Light), redeploying back from Iraq and Afghanistan. Outstanding Community Service awards and the Chamber's Aloha Spirit Award will be presented.

Chamber members and the public are invited to purchase tickets now for this very special occasion honoring the men and women returning from the war on terrorism. Call Brenda at 545-4300, ext. 317, or e-mail bwatson@coc.hawaii.org for ticket and table information.

Monday & May 27

The Honolulu Academy of Arts will be providing several opportunities for service members and their families. Military will enjoy free

admission on May 27, and military will be extended a low \$5 rate for the popular "ARTafterDARK" event.

This month's show is themed "Turkish Delights" and will feature live entertainment, zip-tours of selected galleries, and food and beverage purchases from 6 to 9 p.m.

Thursday

The Hale Koa Hotel will present the annual "Salute to the Military Luau" with a discounted ticket price will follow on Thursday at the Luau Garden at 5 p.m. This event will feature special door prizes and giveaways for military.

May 21

The Hawaii Army Museum will host its annual "Living History Day" at Fort DeRussy from 10 a.m. to 3 p.m. This event features

hands-on exhibits of military weapons, equipment and insignia used in different periods in history, from the U.S. Civil War to the present.

Visitors will see displays of restored, vintage military vehicles and field artillery pieces. Also, the Gallery of Heroes and the special exhibit on the life of Hawaii's own Gen. Eric Shinseki — the first American of Asian ancestry to be appointed as the Chief of Staff of the U.S. Army — will be on display.

May 21-22

The Wahiawa Lions Club will team with U.S. Army Garrison, Hawaii, and government, business and civic leaders to host a "Sunset in the Park" that welcomes home Soldiers, Marines and other service men and women who recently returned after completing combat tours in Iraq and

Afghanistan.

This two-day event will be held on Wheeler Army Airfield and will include mega games and entertainment and on food.

May 30

Mayor Mufi Hannemann will preside over Memorial Day services at the National Memorial Cemetery of the Pacific in Punchbowl at 9 a.m.

Governor Linda Lingle will preside over services at the Memorial Plaza of the Hawaii State Veterans Cemetery in Kaneohe starting at 1 p.m.

Grave sites will be adorned with lei gathered by the school children of Hawaii.

(Editor's Note: Events are open to the public. See the MWR Web site as the event nears for details at www.mwrarmyhawaii.com.)

Equality

From B-3

in the Civil War if we had treated each other equally. The mental scars our country carries are worse than the physical scars.

It's hard to be happy when people are judging you. Especially when you're being judged for something you can't change. You can't change how you were born, or the circumstances you were born into. If people would stop judging each other and started treating each other equally, our nation would be much happier.

When you respect someone you treat them as your equal. You expect them to have the same choices. When they pay the same bus fare, they should be able to choose their own seat. You can't have one without the other.

We have a great nation. If we could treat each other with more equality we would have more freedom, happiness, and respect. When we start treating each other equally, the sky is the limit.

Freedom

From B-3

in today's society.

I don't have to be ashamed of what I do, or what I believe, because I am free to express who I am. I am allowed to contribute my opinions and ideas to the government by voting and serving on a jury, which at one time women could not do.

I am grateful for those who stood up to the law and challenged the moral flaws in our nation; it is because of this that I now have freedom.

In the years 1619 through 1865, African-Americans were continually brought to America to be traded into slavery and to work on plantations all around the country. They were treated cruelly and had no freedoms whatsoever. They were banned from reading books, writing, and any type of education. Their voices were muffled in fear of the punishment that would occur if they did otherwise.

Some slaves attempted to escape the unjust laws of the slave states. While a few were successful, most were not. Those that failed had to suffer severe consequences.

Although much blood was shed and many lives lost, there were very few recorded achievements in a former slave's life. They had no real liberty and they believed that their color would prohibit them from ever being truly free.

Today and tomorrow are days of triumph.

Abolition of Slavery

Neither slavery nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States, or any place subject to their jurisdiction.

— 13th Amendment, U.S. Constitution, 1865

The Right to Vote

The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any state on account of race, color, or previous condition of servitude.

— 15th Amendment, U.S. Constitution, 1870

The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any state on account of sex.

— 19th Amendment, U.S. Constitution, 1920

They represent the struggles and determination of abolitionists, heroes and heroines who knew the importance of freedom and were willing to fight for it.

Heroes and Heroines such as Malcolm X, Martin Luther King Jr., Harriet

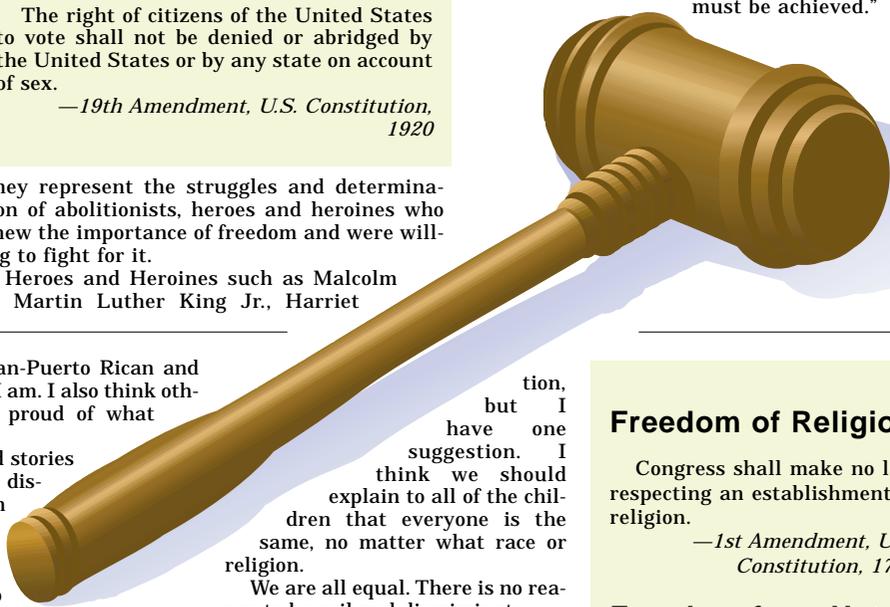
Tubman, Sojourner Truth, and many others, not only risked their safety, but also the safety of their families.

I appreciate and celebrate the courage and patience of these honorable role models, and thank them for the sacrifices they made, in order to achieve the greater goal — freedom. The freedom of speech, the freedom of religion, the freedom to be considered an equal American, and the freedom to no longer live in the same fear that my ancestors did.

It is because of my gratitude to my predecessors and admiration of their fighting for their beliefs, that I am proud to be an American.

This is what I feel "Celebrating Your Freedom" means. It's appreciating your freedom and rejoicing about it.

Like Franklin Roosevelt once said, "In the truest sense, freedom cannot be bestowed; it must be achieved."



Religion

From B-3

miracles in her life, and with that information, I wish to follow in her footprints.

I was taught never to disrespect any religion or race and have met many people of different religions. I have learned all of this in only 13 years of my life spent on earth.

I am appalled by the ignorance of others who have been in this world for 20 or more years and still don't understand, nor do they want to be at peace and respect each other regardless of their race or religion.

I know it's wrong to discriminate against race, and I know it's wrong to discriminate against religion. With what my mother has told me and what I have learned is that religion is a big part of the world, and I have come to respect and believe in God, and only in God, till the end of my years.

I am Mexican-Puerto Rican and proud of what I am. I also think others should be proud of what they are.

I have heard stories of racism and discrimination but have never been a part of that, and I wish to never be a part of it.

I am happy to say I am proud of the way my family is and the way they are teaching me to be. I see how all of my family members near or far do not discriminate upon others, no matter what they are or what they believe in.

I never have any problems with race or religion at my school, but I have heard of it at other schools.

I don't have all the answers to stop racial or religious discrimina-

tion, but I have one suggestion. I think we should explain to all of the children that everyone is the same, no matter what race or religion.

We are all equal. There is no reason to be evil and discriminate.

If everyone would have something greater to believe in, the word racial or prejudice would not be used as often as it is now.

Discrimination and racism comes from anger and hate.

Everyone should be happy that we have all been given the greatest opportunity, and that is life.

There is the amazing world around us and much to see and do in this world. There is no reason to hate.

Due Process and Equal Protection under the law

All persons born or naturalized in the United States ... are citizens of the United States. ...No state shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any state deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws.

— 14th Amendment, U.S. Constitution, 1868

Freedom of Religion

Congress shall make no law respecting an establishment of religion.

— 1st Amendment, U.S. Constitution, 1791

Freedom from Hate

Title 18, Section 245, of the United States Code, makes it unlawful to willfully injure, intimidate or interfere with another person's lawful exercise of the benefits of citizenship on account of that person's race, color, religion or national origin.

MWR Sports

May 13 / Today

Sports Night — Every Monday evening from 4 to 9 p.m., watch satellite sports, ESPN and more, while enjoying a special sports bar menu at Reggie's. Call 655-4466 for more information.

Intramural Volleyball — Participate in this season's Intramural Volleyball. Applications are due to the Sports Office by today. The volleyball season will run from

June 1 to Aug. 12. Call 655-0856 for more details.

14 / Saturday

Pitch, Hit and Run — This free program will allow children ages 7 to 14 to showcase their pitching, hitting and running abilities. Boys and girls can compete in four different age groups.

In each age group, the all-around pitching, hitting and running champions from local competitions will get the opportunity to advance in further competitions.

On-site sign ups will be held at the Aliamanu Military Reservation baseball fields tomorrow. Both sign-ups will

be from 1 to 4 p.m. Participants may only sign up for one local competition.

Parents of players eligible to advance will be responsible for expenses. Call 438-9336 for more information.

Fitness Expo — Visit the Health and Fitness Center on Schofield Barracks for a morning of fun on May 14 from 8 a.m. till noon. The schedule for the day will be as follows:

- 8 a.m., Hatha Yoga.
- 9 a.m., Step and Core Class.
- 10 a.m. – noon, Body Composition Testing with a question and answer session with personal trainers.
- 10:30 a.m., New Balance shoe and foot clinic.

All events are free and all participants will have a chance to enter to win fitness door prizes. Call 655-8007 for more information.

15 / Sunday

5 Game No Tap Tourney — Win cash prizes every first and third Sunday at the Schofield Bowling Center, beginning at 1 p.m. Cost is \$20 per bowler.

Call 655-0573 for more details.

21 / Saturday

Teen Dodgeball — Bring your friends, beginning at 5 p.m., and enjoy a great game of teen dodgeball at the Tropic's outside courts. Call 655-0002 for more information.

Ongoing

Summer Camp — If you're interested in meeting new people, going on field trips and loads of fun, then the Middle School Teen Summer Camp is just what you're looking for.

Registration is currently being accepted at Resource and Referral for the June 13 through July 8 camp.

Local Sports

May 28 / Saturday

North Shore Triathlon — In honor of Soldier and Capt. Mike Tarlavsky, who was killed in action on Aug. 12, 2004, in An Najaf, Iraq, the Bike Factory will present "Tarlavsky's North Shore Triathlon 2005" at Mokuleia Beach Park, May 28 beginning at 6 a.m.

Tarlavsky was involved in all things sports, from scuba diving and kayaking to rock climbing and sky-diving. His beloved and athletic wife Tricia joins the Bike Factory in inviting you to participate by swimming 400 meters, biking 10 miles and running three miles in individual or team relays.

Men and women can



Tarlavsky

enter in various categories and compete for various prizes.

Individual entry fee and finisher T-shirt is \$60, teams \$100. Entries must be postmarked by tomorrow.

For more details, contact Chris Gardner at 372-8885 or surf www.hawaii-swim.com.

28 / Saturday

Surfing Mele — "The opening of Da' FlowRider at the Hawaiian Waters Adventure Park is in many ways a gift back to our youth who are passionate about board sports," said General Manager Jerry Pupillo regarding the upcoming Blue Hawaii Surf/Ezekiel Midnight Mele. "This is really their park, and we are excited to heighten their adventurous experience by offering the perfect million-dollar wave in the home of surfing."

Blue Hawaii Surf / Ezekiel Midnight Mele is the first of several anticipated "flowboarding" competitions at the park, which will feature the skills of some of the top board sport professionals.

For more information on Da' FlowRider, visit www.daflowrider.com.

For information on admission prices, group discounts and special events, call 674-9283.

Mighty Five run



Spc. Juan Jimenez

Soldiers of the 65th Engineer Battalion take part in a four-mile Mighty Five Run, May 6, to show support for upcoming inactivations of five separate battalions on Schofield Barracks in May and June.

Army wrestlers qualify for World team trials

Story and Photo by Tim Hipps
Army News Service

LAS VEGAS — Twelve All-Army wrestlers earned berths in the U.S. World Team Trials by finishing among the top seven in their respective weight classes in the 2005 U.S. National Wrestling Championships, April 29 and 30.

Those who won national championships at the Las Vegas Convention Center earned top seeds and will advance directly to the championship series finals in the world team trials scheduled for June 18 and 19 in Ames, Iowa.

Staff Sgt. Dremiel Byers and Sgt. Iris Smith led the All-Army team by winning their respective weight classes, as did Sgt. Tina George, a member of the U.S. Army World Class Athlete Program (WCAP) who competed here for New York Athletic Club because her WCAP paperwork was not completed in time for the tournament.

Byers, one of only four Americans to win a Greco-Roman world championship, defeated New York Athletic Club's Russ Davie in the Greco heavyweight final.

"Getting back [to the world team trials] gives me an opportunity to measure myself against some of the top wrestlers in the world," said Byers, who won a world championship in 2002.

Byers flashed five fingers after being awarded a plaque for winning the title, signifying his fifth national championship.

"I won't dwell on what happened here today," he said. "I just want to hit the ground running and get ready for the [world team] trials."

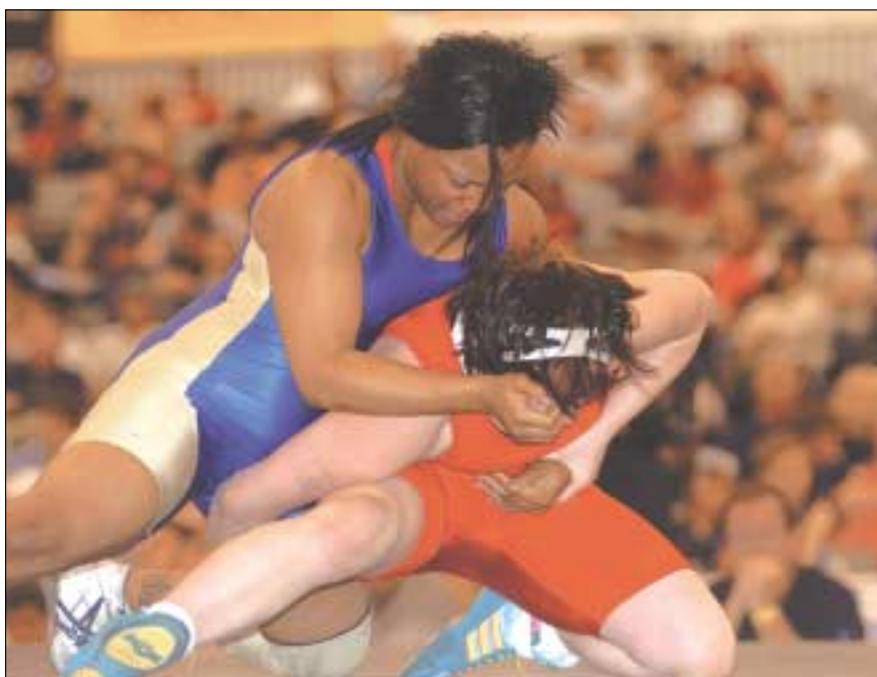
Smith won her fourth national crown by defeating defending champion Ali Bernard of New Ulm, Minn., in the women's 158.5-pound freestyle finale.

"She can go out there and score points — that's never been a problem for her," said Staff Sgt. Shon Lewis, WCAP wrestling coach. "Tonight she stuck with the game plan and finished the match."

George won her third national championship by defeating Sunkist Kids' Marcie Van Dusen in the women's freestyle 121-pound weight class.

Two-time U.S. Olympic Trials winner and four-time national champion Staff Sgt. Keith Sieracki moved up to the 185-pound Greco-Roman weight class and lost in the finals to New York Athletic Club's Brad Vering, a 2004 Olympian.

Staff Sgt. Marcel Cooper represented the Army in the



Sgt. Iris Smith (top) defeats Ali Bernard of New Ulm, Minn., in the women's 72-kilogram/158.5-pound finale of the 2005 U.S. National Wrestling Championships, April 30 at Las Vegas Convention Center.

men's Greco-Roman 145.5-pound final, losing to Gator Wrestling Club's Harry Lester, who upset top-seeded Sgt. Oscar Wood in the semifinals.

Wood, a 2004 Olympian, also lost to Sgt. Glenn Garrison who finished third in the weight class.

Wood, who finished fifth here, took a break from wrestling after the Olympic Games in Athens, Greece, and is still working his way back to top form.

"The world team trials are still six weeks away," Lewis said. "He's going to be ready to go."

Cooper, a former member of the All-Marine wrestling team and a national champion in 2001, battled a stomach virus throughout the tourney.

Capt. Eric Albarracin, normally a freestyle wrestler (competing in Greco-Roman for the first time in the national championships), finished third in the 121-pound division. Coupled with a freestyle vic-

tory in the Western Regional Qualifier in March at Laramie, Wyo., he's qualified in both disciplines for the world team trials.

Staff Sgt. Duaine Martin, Sgt. Jess Hargrave, Pfc. Keith Ahearn, and Capt. Neal Rodak also earned berths in the world team trials by finishing among the top seven in their respective weight classes.

Pfc. Jermaine Hodge and Pvt. Everette McDaniel just missed the cutoff by finishing eighth. Five other All-Army wrestlers failed to place.

All told, Lewis said the All-Army team earned a grade of C+ or B-.

"We weren't able to bring home the team title, but we had a good presence," he said.

It's only a matter of time, Byers said, until the Soldiers regain their form that captured four national Greco-Roman team titles in the previous five years.

(Editor's note: Tim Hipps writes for the U.S. Army Community and Family Support Center in Alexandria, Va.)

Let's play ball!



Spc. Juan Jimenez

A batter with 725th Main Support Battalion hits a ball deep into the outfield during a game against 225th Forward Support Battalion at Gimlet Field, Schofield Barracks, Tuesday. Men's and women's intramural softball seasons began this week and will conclude in August.

Tripler places first in K-Bay Swamp Romp

MARINE CORPS BASE HAWAII — The “Living Aloha” team, with members mostly from Tripler Army Medical Center, took first place in the mixed division in the 11th Annual Swamp Romp at Kaneohe Bay, April 23.

“The team wanted to have some fun, and most of us completed the run in a previous year,” said Capt. Trang Nguyen of Tripler Army Medical Center’s Troop Command. “We are all runners and thought it would be a strong team.”

Fun for these six Soldiers, and some 1,200 other participants, was competing in what has been called Oahu’s dirtiest footrace. The Swamp Romp includes running, crawling, slogging, swimming and, for some, diving

headlong into muck along a nearly five-mile course comprised of a mud pit, a log wall, another hundred-foot strip of mud and a quarter-mile of waist-deep muck that is part of the Nuupia Ponds Wildlife Management Area bordering Kaneohe Bay.

The six-member teams were required to finish together. For each teammate not crossing the finish line with the rest of the team, the team was penalized one minute. Needless to say, the Tripler team was all for one and one for all on that mud-dragging day.

“It was fun to work together as a team and finish the race,” said Nguyen. “We never expected to win.

“We finished just under one hour and are very happy with that accomplishment.”



Photo Courtesy of Maj. Melanie Sloan

Muddied but unbloodied, “Living Aloha” took first place in the mixed division at the annual Swamp Romp at MCB Hawaii, Kaneohe Bay, April 23. Team members (front row, from left) Capt. Marc Bustamante of Pacific Regional Medical Command Contracting Office; Capt. Nathan Swartz and 1st Lt. Jason Constantino, both of Headquarters and Company A, 225th Forward Support Battalion; (back row, from left) Capt. Trang Nguyen of Tripler Army Medical Center’s Troop Command; and Capt. Holly Swartz and Maj. Melanie Sloan, both of TAMC’s Pathology Department triumphed over more than 1,200 other military and civilian competitors.



A few hardened Swamp Romp veterans take the knee-deep mud in stride during the Swamp Romp.

‘Oahu’s dirtiest footrace’ travels a five-mile mud pit

Story and Photos by
Sgt. Joseph A. Lee
Hawaii Marine Sports Editor

Waist-deep muck, then water bursting from a fire house awaited athletes

MARINE CORPS BASE HAWAII, Kaneohe Bay — Military members, civilians and adventure seekers from around Oahu joined Combat Service Support Group 3, April 23, for their 11th Annual JN Chevrolet Swamp Romp.

“Oahu’s dirtiest footrace” began at the Boondocker building here at 7 a.m. The starting gun gave the eclectic group of runners their first chance to get into the combat training mood, as the nearly 1,200 runners commenced to get dirty.

According to Marine Corps Community Services, the Swamp Romp boasts a course that gets even the grunts grueling every year. The event is open to the daring, and CSSG-3 and JN Chevrolet invite everyone and anyone who thinks they can hack it, to race.

The teams of six were required to finish together, and teams that finished without a teammate were penalized 60 seconds from their total race time.

Leaving the Boondocker Landing Zone area, runners continued past the rappel tower into a thick mud pit and over a hill and a log wall, before continuing along another treacherous 100-foot strip of mud that led to the back of LZ Boondocker to the street.

“That first part there was the most

exciting part of the race for sure,” said Joe Au, intramural sports coordinator for MCCA. “People were just diving into the mud head first. It was awesome!”

According to Au, there was a huge crowd gathered at the first portion of the race, booing and heckling those who chose to take the dry route to avoid getting muddy. Cheers of excitement came from the crowd after every face-first nosedive.

Runners circled back along the only paved portion of the route until they came to a slight decline into the waste-deep creek.

“It stunk to high heaven,” said Nathan DeWeerd of the Provost Marshals Office. “The mud under the water was up to your

See “Romp,” page B-11

Romp From B-10

waist, and I could swear that something was eating my skin, but who knows.”

The race trail entered into the Nuupia Ponds Wildlife Management Area, and it was there that participants met up with the most daunting portion of the run — almost a quarter-mile stretch of waist-deep mud, where even the most fit of the 1,200 participants was slowed to sluggish pace.

The trail continued through a pathway used primarily for armored, tracked vehicles, where the runners encountered a simulated combat environment.

Sounds of machine guns blazing filled the Nuupia Ponds as the runners passed over, under and around a series of log obstacles.

Just when they thought the torture had ceased, runners crossed Mokapu Road and were hit with a fire hose before commencing the beach-run portion and turning around in the ocean at Fort Hase Beach.

Somewhat relieved of the stinky mud, the runners continued their run along the beach, low-crawling their way back to Mokapu Road, where they crossed again for the final leg of the near five-mile run.

As the teams looped around LZ Boondocker, it was painfully obvious what they had all just experienced, as some teams hobbled, hopped, then were carried and crawled across the finish line.

“It’s been tremendous,” said coordinator, Regina Reiche of MCCA. “There were absolutely no hitches whatsoever, and everyone got completely covered in mud, which is exactly what we wanted, so it was a huge success.”

“People said that it was a great course this year, and they were happy because they got what they wanted — to be completely covered in mud,” she added.

According to Reiche, the 197 teams of six that registered for the run was just three shy of their goal of 200 teams, far more than last year’s approximately 150 teams.

Col. Brian Hearnberger, commanding officer of CSSG-3, agreed that the event was a spectacular suc-



One teammate hitches a ride using every method available to get through the muddy creek.

cess.

“Everything has gone extremely well this year,” he said. “We had more participants this year than the last, and we hope to continue to help this thing grow by offering an even better Swamp Romp next year.”

After the event, runners showered and enjoyed complimentary refreshments while they awaited the announcement of the winners.

The overall first place winners were the “G-Men,” who could be identified by the words “Federal Agent” on the back of their T-shirts. The women’s masters winners were Kelly Noonan’s “Wicked Cool.” For the young men, Gary Harbison’s team captured first, while the men’s masters first place winners were Tim Noonan’s “Why us?”

The women’s open winners were “T&A,” or “Tactically Disadvantaged,” led by Maureen Manufeka. In the warriors category, Rob Adams’ team, “Steel Rain” captured gold, and the overall military team was “3rd Marine Nokadi,” led by Jason Kut.

The mixed-team winners from Tripler Army Medical Center were Mark Bustamante’s team, called “Living Aloha.”



Above – Eager racers are slowed down and one hops a ride across the much of the swamp long course.

Left – Marine Cpl. John W. McJunkin (left) lets out a blast of motivation as he participates in the Swamp Romp with Honolulu lifeguard Lt. Dwight Perkins.