

INSIDE

HAFAP wraps with 12 priority issues

Story and Photo by
JOY BOISSELLE
Staff Writer

SCHOFIELD BARRACKS – When the 2006 Hawaii Army Family Action Plan Conference convened March 8-9 at the Nehelani Convention Center, more than 50 volunteer delegates met in hopes of making their community and Army a better place to live and work. Each delegate represented a cross-section of active duty, reserve, National Guard, civilians and family members and

brought diverse issues for discussion.

Maj. Gen. Benjamin R. Mixon, commanding general, 25th Infantry Division and U.S. Army, Hawaii, thanked the volunteers for their participation and stressed the importance of the HAFAP process as an important quality of life instrument.

"The quality of life of our Soldiers and family members is probably the most powerful combat multiplier that we can apply to the Army's capabilities," Mixon emphasized. "Caring for families and keeping families happy in their environment makes for

a better fighting force, without a doubt."

To the delegates, Mixon said, "The chain of command listens to you and takes note of the recommendations that come from this conference."

This year's theme was "Enhancing Standards of Living for the Transforming Army," which was selected to emphasize the importance of ensuring that quality of life remains a priority, even as the Army is in the midst of extraordinary times said Robin Sherrod, HAFAP coordinator.

The goal of the program, according to

Sherrod, is "to make the community even better than it is today."

Sherrod said, "HAFAP is specifically designed to seek input regarding quality of life issues that affect the well-being of Soldiers, families, retirees and those who work for the Army. It is a powerful tool that gives a voice to the Army family and real-time information to Army leaders."

For the past year, community members submitted 130 issues for the conference.

SEE HAFAP, A-10



No mystery meat allowed at this competition

Hawaii Army chefs in contention for silver medal at Fort Lee

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Spc. David House | 17th Public Affairs Detachment

The 'business' end of an AT4

Capt. Jim Pangelinan, company commander of A Company, 1st Battalion, 14th Infantry Regiment, demonstrates how to use an AT4 system to members of the Philippine Army's 45th Infantry Division during Balikatan 2006 at Fort Magsaysay, Philippines. See page A-6 for full story.

North Wind ends

25th ID Soldiers return from cold-weather training in Japan

A-7



Story and Photos by
DONNA KLAPAKIS
Staff Writer

HONOLULU – A 25th Infantry Division Soldier was awarded the Honolulu Police Department's Certificate of Merit March 8 for saving the life of a man Nov. 2.

Honolulu Police Chief Boisse P. Correa presented the award to Specialist Jesse L. Evans Jr., a helicopter crew chief with C Troop, 6th Squadron, 17th Cavalry, in an awards ceremony at the main Honolulu



Evans

training and presence of mind to react to the situation properly.

police station.

Evans received the award for saving the life of a man from the local community who had been pinned under his car by working with another man, Michael Labasan, to lift the car off of him.

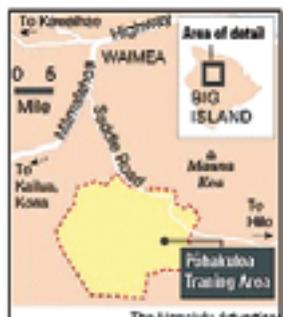
Evans credited the Army with giving him the training and presence of mind to react to the situation properly.

He said he leaving for work in the morning and noticed a man working on his car in the middle of the street. He paid attention to the man because he thought that was unusual. The next thing Evans knew, the car had run over the man, and he was screaming for help.

Evans immediately ran to the car and tried to lift it off the man, simultaneously yelling for help and directing anyone who could hear him to call 911. As he tried to lift the car, he noticed that it was moving, so

SEE EVANS, A-12

Soldier saves man pinned under car



Soldier is killed on Big Island

81mm mortar round explodes, kills one, injures five Soldiers

25TH INFANTRY DIVISION
News Release

SCHOFIELD BARRACKS – A 1-14th Soldier was killed Friday afternoon while conducting live-fire training at Pohakuloa Training Area on the Island of Hawaii. The cause of the accident is under investigation.



Rodriguez

Staff Sgt. Oscar Rodriguez, 27, a Beeville, Texas native was assigned to the 25th Infantry Division's 1st Battalion, 14th Infantry Regiment.

Rodriguez was transported via Blackhawk to Hilo Community Hospital, where he was pronounced dead at 5:35 p.m.

Rodriguez joined the Army in January 1996 and was assigned to Schofield Barracks in October 2002. He deployed to Iraq with the 2nd Brigade in support of Operation Iraqi Freedom.

Rodriguez is survived by his wife and son.

A memorial service was held on Thursday at the Post Main Chapel.

First drill sergeant unit arrives in Hawaii

MAJ. DANIEL E. HERRIGSTAD
104th Division, U.S. Army Reserve

FORT SHAFTER – Pacific-based Soldiers seeking careers as drill sergeants in the Army Reserves no longer have to travel to the mainland for training. A new Army Reserve drill sergeant company officially unfurled its unit flag here, March 5.

Commanding general of the U.S. Army Reserve Command, Lt. Gen. James R. Helmly, presided over the ceremony. The new unit – Company E, 2-413th – is headquartered at the U.S. Army Reserve Center at Fort Shafter Flats and part of the 104th Division (Institutional Training) based in Vancouver, Wash. It will provide additional career opportunities for

Army Reserve Soldiers in Hawaii, American Samoa and Guam. Two additional detachments from the company will activate during the next several months.

"This is indeed an important and historical occasion in the Army Reserve," said Helmly. "I remember well my drill sergeant, and in my eyes, he is a hero of mine. ... That is what you drill sergeants do; you become heroes."

Generally, the company will boast 18 Soldiers to include a commander, first sergeant, support staff and 12 drill sergeants. However, due to the Armywide shortage of drill sergeants, the unit will be able to assign and train more drill sergeants than what is authorized, if the right Soldiers can be recruited.

Interested in Reserve opportunities? Call Ivan J. Hoopii at 438-1600, extension 3130, or e-mail hoopiii@9rsc-usar.army.mil.

"The planning for standing up this unit started back in 2003 and took a lot of different organizations coming together to make it happen," said Thomas W. Gouveia, the former 104th Division (IT) staff operations training officer who completed the leg work to bring the idea to fruition.

Gouveia, a Honolulu native and Vietnam veteran, said the unit brings mutual benefits for everyone involved.

"This drill sergeant company



Sgt. Jared Zabaldo | 104th Division Public Affairs

Drill Sergeant Leader Staff Sgt. Mario R. Rios of the 104th Division Drill Sergeant School "counsels" candidates vying for the coveted "brown round" at the school located at Fort Sill, Okla.

gives alternative career and promotion opportunities for Army Reserve Soldiers in the region, provides trained drill sergeants to help other local Army Reserve units conduct their own training

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This issue

Provost Marshal Corner

Soldiers steal sunglasses, Playstation II and jelly beans

(Editor's Note: Information in this column is general in nature and a roll up of incidents as they are reported to the Military Police during the time frames stated.)

COL. JACQUELINE CUMBO
Provost Marshal, 25th Infantry Division

Crime data is provided to make Soldiers and family members aware of trends that may be developing in or around their community. The Provost Marshal Office (PMO) uses this data to direct patrol activities designed to apprehend offenders and eliminate these occurrences.

In our joint fight against crime I ask that you use this information and take proactive measures to avoid becoming a victim. Report suspicious activity to the Military Police at Fort Shafter (438-7114) or at Schofield Barracks at (655-7114), or call 911 for emergencies.

Crime statistics recorded from Feb. 15 to March 1

- At Fort Shafter
The Fort Shafter PMO reported a total of 10 cases during this period. They included four assaults.

One assault occurred at Aliamanu Military Reservation (AMR) involving male juveniles.

Two assaults occurred at Fort DeRussy. In one case a civilian female was apprehended when she assaulted a parking lot attendant after the attendant confiscated her expired family member ID card. In the other incident, at Fort DeRussy, a civilian male became belligerent and assaulted a Department of the Army police officer after he was told to discard the alcohol he was consuming and to leave the area.

The fourth assault took place at Pohakuloa Training Area (PTA) and involved two Soldiers.

A domestic assault was reported in AMR; a sponsor and wife were subjects. Both were apprehended.

Damages were reported to four privately owned vehicles (POVs), two from AMR, one at Fort Shafter and the other at Tripler Army Medical Center (TAMC). Damages included miscellaneous scratches and dents to the vehicles.

Finally, a wife was apprehended for driving under the influence in AMR.

- At Schofield Barracks
The Schofield Barracks PMO reported at



Cumbo

total of 23 cases during this period, which included three separate shoplifting cases, from the Schofield Barracks post exchange.

Three Soldiers were apprehended in those cases for stealing sunglasses, cologne, a PlayStation II game and a bag of jelly beans.

A total of 10 larcenies were reported. Nine of them occurred at Schofield Barracks and one at Wheeler Army Air Field. These larcenies involved unsecured property in both housing and troop areas.

Property taken included a car DVD system, a checkbook, a debit card and cash, a Road-master bicycle, a digital camera, a DVD player and a laptop computer. A Soldier was apprehended for the theft of the debit card.

Three cases of damage to private property were reported, two at Schofield Barracks and one at Wheeler. All were to privately owned vehicles.

Two DUIs were reported during the above time frame resulting in the apprehension of

a civilian employee and a Soldier.

Traffic Statistics

Traffic safety is a constant concern for everyone. Please be aware that what we do while operating a motor vehicle can result with dire consequences for ourselves and others.

Here is a count of some of the traffic citations that were written on post from Feb. 15 to March 1:

- Expired registration, 68
- Expired safety, 41
- Driving w/o a driver's license, 21
- Driving w/o insurance, 22
- Speeding, 129
- DUI- alcohol, 3
- Seat belt violations, 4
- Parking violations, 31
- Stop sign violations, 19

We are stepping up our enforcement of seat belts, safety inspections, registration and vehicle insurance. Make sure that yours is current.

Please help us to increase traffic safety by obeying the law and let's all "take a bite out of crime."

LIGHTNING SPIRIT

Commitment to marriage leads to lasting happiness

CHAPLAIN (CAPT.) ROGER B. RODRIGUEZ
25th Brigade Support Battalion Chaplain

How important is your marriage to you? The vows that you made to each other, did they mean anything? Is the word "commitment" still honored and cherished? These are valid questions to ponder and muse upon.

If you are single, you are probably saying, "this does not apply to me," and you are correct - if you never plan on getting married. But, in all probability, if you still consider yourself to be young, then you also will most likely wind up tying the knot.

So now we come to the married folks, to those who have said "I do." Is your honeymoon over? If so, how long did it last? What happened? It is the intent of this article to try to help those who need help in bringing back those happy and blessed days. A happy marriage does not just happen by accident. It involves a necessary ingredient to make it successful. That necessary ingredient is work, spelled W-O-R-K! Just ask anybody who has been married for a considerable amount of time.

What do I believe is the root of the problem in unhappy marriages? I believe it to be selfishness. If we could be less selfish and more selfless with the intent of pleasing our mate, then the end result would be a happier and healthier relationship.

Now, I have a confession. As I write this article, I remember my mother who died of cancer. Her death caused me to once more contemplate the brevity of life. I believe that the Lord allowed her to visit my family here in Hawaii three months before she was diagnosed with this ugly disease. While she was here she gave me a piece of paper concerning the subject of marriage. It was the content of this subject that gripped me. And the content is what this article is about. You see, my mother somehow knew that she was dying, but she did not know of what and how long she would live. Just maybe she was passing on some words of wisdom to her son, so that I might not make the same mistakes she had made in her previous marriages. This, I believe, was her intent.

It was the last words scribbled on

this piece of paper that caused me to seriously ponder and meditate upon my own relationship with my wife. They had struck home. I now wish to pass on her words of wisdom to you dear readers that you also might "hear and fear."

Your Mate

Needs change with growing age. Everyday, woo your mate over and over again.

Learn his or her ways and wants with keen study and observation.

Selfishness is there - a problem in each of our lives.

The strongest one thing that the Lord was teaching us was love and loving thy neighbor as thyself.

He knows that selfishness is a big problem with us.

In order to love someone, you need to know them.

So therefore ... everyday, you need to work against what you want and put your mate first.

The happier you make your mate, the happier she or he will make you.

You need to study and learn your mate as you would God's word.

Put as much time and effort into your relationship with your mate as you would do with the Lord.

Grow in the Lord and you should grow with your mate.

Do not be afraid to seek outside help.

Look at your relationships with other people.

Life is not black and white. A lot of it is pretty gray...

It takes a commitment to God and to your mate, and for every action or non-action there is a reaction.

Everyday living builds day-by-day into years.

No one likes to be alone.

We need a mate as we need God, and we should love our mate above all else except our Lord.

Learn to listen as you learned to talk.

In all action and said word, put your mate's wants first.

Courteousness, respectfulness, and politeness ---- adopt thoughtful touching and loving in word and deed.

You reap what you sow.



The Good Neighbor Joe program seeks to improve community engagement by fostering cooperation on and off installations. It includes cultural awareness, community involvement and resource conservation. Look for Joe in your neighborhood.



Spc. Mike Alberts | 3rd Brigade Public Affairs

Bednarek joining the Cavalry

HONOLULU — Command Sgt. Maj. Brian Bednarek (right), sergeant major of 3rd Squadron, 4th Cavalry Regiment, 3rd Brigade, "spurs" Brig. Gen. John M. "Mick" Bednarek, assistant 25th Infantry Division commander, at 3-4th Cavalry's Spring Ball held at the Hilton Hawaiian Village, March 4. The general is now an honorary cavalry Soldier.

116 days since last fatal accident



As of 3/15/06

Soldiers, as your daily reminder to be safe, place a "red dot" on your wrist-watch.

Remember, a division training holiday will be awarded for the first 100 consecutive days with no accidental fatalities.

A four-day holiday/long weekend will be awarded for 200 consecutive days with no accidental fatalities.

Be safe. Tropic Lightning!

Q: Question - What's the commander's intent behind the accident sign? Why hasn't the number of fatalities changed since the

Pohakuloa Training Area accident, March 10?

A: Answer - According to the chief of staff of the 25th Infantry Division, Col. Jim Boisselle, the number is "focused on irresponsible and unsafe behavior." He said, "We will not zero out the days for fatalities that were not the fault of any Soldier."

As added incentive to be safe, if the division's Soldiers go another 100 days without a fatal accident - that is, without an accident caused by negligence or poor judgment on the part of individual Soldiers - then they will receive two training holidays in the form of a four-day weekend. The 200-day milestone will occur June 27.

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with captions and bylines.

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Voices of Lightning: What does being a good neighbor mean to you?



"..Somebody who doesn't play loud music or keep a messy yard."

Mr. Mario R. Mullen
Director, Human Resources, Schofield Barracks



"..Treating others as you'd like to be treated."

Pvt.2 Kevin Jones
A Company, 325th BSB, Refueler



"I have no clue! Being courteous?"

Spc. Kashara Torres
325th BSB, S-2 NCOIC



"It's in how you carry yourself ... about meeting the other person halfway."

Pvt. Joshua Clark
A Company, 2-27th Infantry



"...Being respectful."

Pvt.2 Jacob McDaniel
A Company, 2-35th Infantry

Field cooking boils over at competition

T. ANTHONY BELL
Fort Lee Public Affairs Office

FORT LEE, Va. —The scenario seems simple on paper — a food service noncommissioned-officer-in-charge has the mission of using leftover rations to feed 50 soldiers in a field environment. He and his three-Soldier team will plan, prepare and cook the food, then serve the best possible meal to soldiers in three and a half hours.

That scenario played out several times last week as teams struggled with the reality of cramped cooking facilities, menu choices and team cohesion during the field portion of the 31st U.S. Army Culinary Competition held at Fort Lee, Va.

The military's premiere culinary contest, which ended Thursday, has attracted more than 140 contestants from 17 installations and commands from around the world.

The field competition ended March 8 after 11 teams were put through the mill. The winner of the field competition will not be announced until an awards ceremony today; however, judges have identified three teams — Fort Riley, Fort Bragg and U.S. Army-Europe — as potential medal winners.

Though the winner is not known, all three teams think they have a shot at taking the top prize, including Fort Bragg's Sgt. 1st Class Dave Russ.

"I have a lot of experience with the judges so I knew what they were looking for and what their tastes are," the airborne-qualified soldier said. "I feel very confident that we won the field competition."

The field portion is judged on a point system using factors such as safety, sanitation, food preparation, service, presentation and taste. Military personnel judged how well the teams organized their work and prepared meals while American Culinary Federation judges evaluated the finished product.

"They get 40 points for flavor, taste, texture and doneness," said judge Anton Flory, a native of Austria and master chef. "That comes down to how good they know how to cook because if you overcook an item, it suffers some flavor, it suffers some texture."

"If you undercook, it is the same thing."

The challenge of putting together a flavorful meal that judges would rave over was "Stressful," said Spc. Alicia Hight, U.S. Army-Europe. "But I loved it. It was fun."

The "fun" started with menu selections. Teams knew what food items they would be using two days before the event. They used those items in creative ways to enhance the meals, producing entrees such as vegetable stir-fries, stuffed center-cut pork chops and gourmet-quality sauces. The U.S. Army-Europe team cooked up a meal using chicken breast and zucchini with tomato sauce.

"You know you have to have a meat sauce and a vegetable," said Sgt. 1st Class Eric Jenkins, U.S. Army-Europe team leader. "We had some noodles; we had some tomatoes. I've made it before, and these guys work well together. So we came up with a menu, and I told them what I expected, and they executed."

Teams began their journey to the final product in a mobile kitchen trailer, a roughly 7-by-12-foot cooking space with several stoves, ovens and counters. The actual cooking area is even smaller so the potential for chaos was great. That's why teamwork was important, said Staff Sgt. Sandra Prouty-Lemley, Fort Riley's team captain.

"We all know how to work together," she said, noting the team practiced about month before the event. "We know who's got strengths and who's got weaknesses. We worked on that. I know that's what got us through --- hands down."

Prouty-Lemley's team, like most others, did not work together at their home installations and had little time to prepare. That made picking the right people for the team critical, said Russ.

"I selected people that I thought would fit (in) well as a team," he said. "They're all from the 82nd Airborne Division." Team cohesion was the foundation for a successful final product. After three hours of grueling kitchen toil, teams scrambled to put their best creative touches on the meals for presentation to the ACF judges. Every detail counts. Jenkins said it was a daunting task.

"It was a little nerve racking at first because you know you have to make sure the plates are hot," he said. "...You want to make sure it comes straight from the containers to the plate and it gets to the judges hot."

The judges selected Fort Lewis, Team Alaska, Team Hawaii and Team Korea as the possible silver medal winners.

Fort Bliss, Fort Sill and Fort Carson earned bronze medal consideration.

All medal winners will earn points toward the overall best installation/team competition.

NOTE: For additional photos and information about the U.S. Army Culinary Arts Competition, visit http://www.ima.lee.army.mil/sites/pao/CulinaryCompetition_2006/index.htm

(T. Anthony Bell is a staff writer for the Fort Lee Traveller.)

Experience counts for junior chefs

Cooks race against the clock to vie for honors at culinary contest

MIKE STRASSER
Fort Lee Public Affairs Office

FORT LEE, Va. — Some join the military to learn a new skill. Others bring one with them. For many competing in the junior chef event held March 9 at the 31st Annual U.S. Army Culinary Arts Competition, cooking had been their calling long before entering the service.

The category required each chef to create a three-course meal to serve four, consisting of appetizer, main entrée and dessert. Competitors had three days to prepare their menus, study recipes and brainstorm with colleagues. But working against a four-hour time constraint for actual preparation, these Soldiers quickly discovered how experience counts in the heat of competition.

All about family

At 27, Pfc. Matthew Tucker had already acquired more than a decade of cooking experience before he became an Army cook.

"I've only been cooking in the Army for about six months now," said Tucker, competing with Team Korea. "Before that I was a sous chef in a few restaurants. It's something I've always been good at, so I chose to do this for the Army."

Tucker said his entire family enjoys cooking and provides his greatest culinary influence. But he also had a chance encounter with another chef that gave him a reason to further his talents.

"About four years ago, I met Emeril (Lagasse) in a restaurant in Destin, Fla.," said Tucker. "I spoke with him, and I cooked him a seven-course meal, which he said he enjoyed a lot."

Cpl. Randy Agno also considers family an important aspect of culinary arts. As a representative of Team Hawaii, Agno finds strength in ohana, Hawaiian for "family."

"When you bring your family with you and your family is in your heart, you'll always be strong in everything you do," said Agno.

Agno draws inspiration from both his families — the family back home in Pearl City, Hawaii, and his Army family.

"This is my culinary ohana," said



Mike Strasser | Fort Lee Public Affairs



T. Anthony Bell | Fort Lee Public Affairs

Above — Cpl. Randy Agno adds a little melted butter over an entree featuring shrimp, March 9, at the U.S. Army Culinary Arts Competition at Fort Lee, Va. Agno is representing Team Hawaii in the Junior Chef competition.

Inset — Team Hawaii's Sgt. Hose Alves uses a whisk to mix sauce during the field competition, March 8.

Agno about his Army colleagues.

"All the chefs here are represented in ohana. I think it should be that way for every MOS. I love to share and learn from other chefs. If I learn something, or have learned a better way of doing something, I'll try to share that with others."

For his first time competing in Junior Chef, Agno made sure he worked only with ingredients with which he was familiar.

"It helps keep you relaxed and takes the pressure off from not

knowing what to expect," said Agno, 27.

Judge Fritz Sonnenschmidt said that many first-year competitors try too hard to impress judges with recipes they are unfamiliar with. Not having the confidence to cook a simple recipe well, a chef will cook a great recipe poorly, according to Sonnenschmidt.

"This shows the insecurity of a chef's talent," said Sonnenschmidt. "It should be a common sense approach, really. I would never do

anything in a competition that I haven't done before because the chances it will come out well is minute."

Agno said the judges remarked upon the passion in his food, praised other aspects of his cooking, but also pointed out some minor flaws.

"It's these minor details that I will focus on in the future," said Agno.

Learning from judges

Spc. Curtis Dennis helped his Fort Bragg team earn several medals last year, but this year he competed for the first time in Junior Chef.

"This year was a little more strenuous for me," said Dennis, 26. "I have more expectations for myself, and I want to do better than last year."

Dennis studied at Johnson and Wales culinary arts college, and worked in restaurants in Ireland and Colorado. He joined the Army to gain management experience, hoping to make a career in hotel management one day. While cooking may not be his ultimate goal, he enjoyed the competition and appreciated the feedback he received from the judges.

"They are nurturing, and all are great chefs," said Dennis. "They

want to help you succeed and progress overall. It's a great competition, and to have judges as well known as these gentlemen to help you, it's a great learning experience to bring back to your unit."

Spc. Porfirio Romero, Fort Bliss, came away from the judges' table with "lessons learned." As a first-year competitor, Romero was happy with the critique he received, but even more pleased with the knowledge gained from the experience.

"It was definitely a learning experience," said Romero, 24. "Next time I'll know what I can do more of and less of, and of course, manage my time."

Time and technique are two fac-

SEE CHEFS, A-4

Parting shots

Spc. Matthew Suzuki from Alpha Battery, 3-7th Field Artillery Regiment, teaches members of the Philippine Army how to operate a howitzer during Balikatan 2006 exercises.

The members of 25th Infantry Division's 3-7th FA teamed up with their counterparts from the Philippine Army Artillery Battalion in a barrage of bilateral artillery fire training at Fort Magsaysay, Philippines.



Spc. David House | 17th Public Affairs Detachment

3-7th FA pays homage to 'Great Raid' in Philippines

SPC. DAVID HOUSE
17th Public Affairs Detachment

FORT MAGSAYSAY, Philippines – Members of 25th Infantry Division's Alpha Battery, 3/7th Field Artillery, recently laid down their arms during Balikatan 2006 exercises and paid homage to the Great Raid on Cabanatuan, which occurred more than 60 years ago. Japanese forces established a prisoner of war camp at Cabanatuan from 1942 to 1945.

"What we have here can be considered sacred ground to all members of the U.S. and Filipino Armed Forces," said 1st Sgt. Robert A Smedley of Alpha Battery 3/7 Field Artillery.

In 1942, Japanese soldiers forced about 75,000 American and Filipino prisoners of war to march from Bataan to Luzon in what is now known as the Bataan Death March; thousands of prisoners died during the march. The survivors were housed at Cabanatuan until more than 100 U.S. Rangers and a team of Filipino guerrillas rescued them on Jan. 30, 1945.

This rescue operation became known as the Great Raid on Cabanatuan. Over 500 POWs were liberated.

"From about 100 yards away the troops had to low crawl all the way across flat land," said Smedley. "Now imagine the difficulty and sheer tenacity of the troops to make it all the way up. For

those who have never read the book or seen the movie I encourage you to do so," he said, referring to the 2005 John Dahl film *The Great Raid*.

The only remains of the POW camp



U.S. Army photo



U.S. Army photo

Top — A prison hut perches above the ground at Cabanatuan POW camp.

Above — Newly rescued and sickly Cabanatuan POWs rest on water buffalo-driven carts.



Spc. David House | 17th Public Affairs Detachment

Members of Alpha Battery, 3-7th Field Artillery Regiment, view the memorial wall in Cabanatuan, Philippines, during the Balikatan 2006 exercises at Fort Magsaysay, Philippines.

today are a couple of small pillars that mark the original water tower's location and an additional pillar near the water well that has "US in charge," etched into its coarse surface.

"This was a great visit," said Spc. Brad Wright from the 3/7. "Makes you think of how hard they had it back then and how good we have it now."

The site became a memorial in 1982

and a memorial wall dedicated to all of those who died at the POW camp was unveiled by former Philippine President Ferdinand Marcos on May 4, 1985.

Golden Dragons test the limits of jungle survival

Story and Photo by

SPC. DAVID HOUSE

17th Public Affairs Detachment

FORT MAGSAYSAY, Philippines – Believe it or not, monkeys are teaching humans a thing or two about life.

That's exactly what members of 25th Infantry Division's Alpha 1-14 2nd Brigade learned, among other things, during an overnight jungle survival training seminar during the 2006 Balikatan exercises held Feb. 21-22.

The seminar, which was hosted by Philippine Army Special Forces Command, taught Soldiers survival techniques such as scavenging for water, choosing safe plants to eat and making traps for animals. It also advised participants how to handle animals, like a cobra, once they were caught.

"My main survival tip is this: if you see a monkey eating the food then you can eat it too," said Master Sgt. James Agonoy of the Philippine Army Special Forces.

Agonoy, who led the event, began the seminar with lessons on tracking and how to stay alert while being pursued by the enemy.

"In the old days we would use tin cans on a string and when the enemy would approach the cans would rattle and alert us," said Agonoy. "These days the enemies know those techniques so we look for alternate methods such as branches falling or bamboo clapping together."

Other techniques included using the environment to secure food and provide defenses.

"To survive in the jungle means you have to know the jungle," said Agonoy. "One method is to trap your food using various vines as snares such as in the Bayawak trap. Other animal traps can be constructed using the vast amount



Master Sgt. James Agonoy of the Philippine Special Forces instructs members of Alpha Company 1-14th, on how to build a pitfall during Jungle Survival training in Balikatan 2006 exercises at Fort Magsaysay, Philippines.

of bamboo here in the jungle."

Agonoy went on to describe his personal favorite trap, the pitfall, which can be used offensively and defensively.

"You dig a small hole, within it place several sharpened pieces of bamboo pointing up then cover it with strips of bamboo and leaves. It will remain concealed until someone or something walks on it and falls through."

Several items in the jungle can also aid survival by providing drinking water and medicine.

"The bamboo is filled with water,"

said Agonoy. "Take a fresh branch, cut off one end and drink the water that drips out. After drinking from it you can reuse it. Fill it with half of rice and half of water. Put it on a fire and let it cook. The bamboo will not burn and in a few minutes cooked rice will result."

"It was a sweet tasting liquid," said Sgt. Todd Honaker from Alpha Company 1/14 2nd Brigade Infantry who drank from the bamboo.

The same techniques can be used with coconuts and papayas, bird eggs and snails.

Agonoy mentioned that during

World War II, Japanese soldiers deposited snails in the Philippines to disrupt the rice crops. However, snails are also source of food and water.

"I never ate a snail before and figured why not," said Pfc. Jeff Price also from Alpha Company. "It was mostly water, didn't taste like anything in particular."

Agonoy also pointed out poisonous plants and described medicinal benefits of the local flora.

"The papaya plant has anti-malaria medicinal properties," he said. "Not only can you eat the fruit to keep your stomach full but eating the flowery portion of the plant will help keep you from getting sick from malaria. The fruit portion can also help your wife produce more milk after childbirth. A fruit fit for the entire family."

The cobra snake demonstration was highlight for many. Agonoy described different types of cobras that live in the Philippines and how to best handle them. Following the presentation, he demonstrated how to catch, prepare and cook the snakes.

"That was definitely something I never saw before," said Pvt. Packy Collette, also from 1/14, in reference to the snake meal. "... it really does taste like chicken."

From navigation to nutrition, Soldiers gathered information and techniques that could mean the difference between surviving or becoming a meal in the jungle.

"This was definitely one of the highlights of the Balikatan training," said Pfc. Nick Foltz also from 1/14. "How often do you get to train with Special Forces?"

The event concluded with an overnight stay and an introduction to night jungle navigation.

Chefs: Ohana spans the globe

CONTINUED FROM A-3

tors that chefs strive to find balance between when cooking under pressure. Romero entered the competition with five years of fine-dining restaurant experience before joining the Army. Romero said that experience plays a huge factor in competition.

"I believe experience counts a lot," said Romero. "If you're inexperienced, so many things can happen. Time can run out, or you can forget things you wanted to put on the plate. With experience you're a lot calmer, you know what you need to do and things go smoother."

As a trained Army cook, the competition opened his eyes to a new world of cooking.

"I've talked with other chefs here, and it's almost like going to school all over again," said Romero. "You can go to teachers here, hit them up for advice, and they're more than happy to help you. So the next year when I come to compete, I'll come with more firepower in my arsenal."

More than a Feeling

Pvt. Garrett Andrews, Team Europe, has been in the culinary profession since 1999. Previously employed at a number of four-star restaurants in Orlando, he trained with chefs both at work and at culinary arts school. Andrews joined the Army to serve his country and expand his culinary skills.

"It was absolutely a no-brainer choosing a military occupation that I was already familiar with," said Andrews, 26. "My goal after the Army will be to continue in this field as far as it will take me."

Growing up in Florida gave Andrews an appreciation for seafood, but he also has an affinity for poultry.

"I've always enjoyed cooking fish, having a history in my hometown of working with fresh seafood," said Andrews. "But if I had to name a favorite dish I enjoy preparing, it would have to be a foie gras – liver of a goose. It's a wonderful thing to prepare and there are various things that can be served with it. "It depends on the mood I'm in. Everything I cook is produced off a feeling or mood I am feeling at the time."

25th ID teaches Philippine army urban combat skills

Story and Photos by
SPC. DAVID HOUSE
17th Public Affairs Detachment

FORT MAGSAYSAY, Philippines – Soldiers from the 25th Infantry Division conducted a four-day movement over urban terrain (MOUT) class with their Filipino counterparts during the 2006 Balikatan Exercises from Feb. 20 – March 5.

The training, given by 2nd Brigade Alpha 1-14th Infantry and Alpha Battery 3/7 Field Artillery, provided members of the 45th Philippine Army Infantry Division with hands-on experience using combat tactics and weapons such as the M9 pistol, shotgun, M14 Sniper rifle and the M240 medium machine gun.

"I could definitely see the enthusiasm when we brought out the big guns," said Sgt. Jesse A. Johnson, of Alpha Company. "Many of the Soldiers have never seen some of the equipment that we use a daily basis so I could feel their eyes following me as I was demonstrating."

"Being able to touch some of the weapons is very important," echoed Pvt. Barnett Lib-Angan from the 45th Infantry Division. "Hearing about or even reading about them in a book is one thing, but being able to pick up, feel the weight and even squeeze the trigger is another."

Follow-on training concentrated on squad movements and urban techniques such as knocking down doors and learning how to peek around corners.

Sgt. Justin Szkalak from Alpha 1-14,



stressed the difficulty associated with urban operations and working in compact areas. "The enemy can be hiding anywhere so you have to be coordinated and very dexterous in order to be successful."

Though inundated with pop-up targets during the MOUT training, there was one

surprise the Soldiers could not have anticipated: a three-star general.

Lt. Gen. John M. Brown III, United States Army Pacific Commander from Fort Shafter, Hawaii, made a surprise visit on the second day of training.

"Not only should we be teaching our Philippine friends but learning from them as well," said Brown. "These Soldiers know about insurgency. While we have been fighting insurgency for about three years, these men have been doing it for 15 years. They know what it is to be involved in an ongoing battle and how to take the fight to the enemy and these men have been doing it very well," Brown said.

During the close quarters combat training, Soldiers from the 45th learned firsthand how to enter and clear a room complete with the physical and communicative aspects of it. On the final day of training, they put their newly-developed skills to use by clearing out rooms, dealing with opposing forces and civilians on the battlefield, and using blanks for a simulated live fire scenario.

"These past few days of training have been very busy, yet rewarding," said Sgt. Jolito Estrada, from the 45th. "The interior training will definitely pay off, especially with learning how to communicate properly under low light conditions."

"I see this as a building block for both sides," said Major Ramero Rey, 45th ID executive officer. "Both are learning about each way we train as infantry. The hours that you spend training will pay off later on the battlefield."



Above — Members of the Philippine Army's 45th Infantry Division enter and secure a room in keeping with close quarters combat training during a military operations in urban terrain, or MOUT, at Balikatan 2006 exercises held at Fort Magsaysay, Philippines, in early March.

Left — Members of the Philippine Army's 45th Infantry Division stack and prepare to enter a room during the MOUT training.

Deployment preps rev into fourth gear

AIKO BRUM
Managing Editor

SCHOFIELD BARRACKS – Just four months ago, the Department of the Defense announced that the 25th Infantry Division will deploy to Operation Iraqi Freedom (OIF) in the summer of 2006. As that time nears, the pace of training and preparation will continue to increase.

During the anticipated yearlong deployment, the division headquarters, 3rd Infantry Brigade Combat Team, the 45th Sustainment Brigade and Combat Aviation Brigade will "assist Iraqi security forces with the goal of moving towards autonomous control," said Maj. Gen. Benjamin R. Mixon, commanding general, 25th Infantry Division, and U.S. Army, Hawaii.

Mixon continued, "We will be there to support the Iraqi security forces and help maintain security while they are continuing to train and take over command of security operations in Iraq."

The upcoming deployment marks the second for OEF/OIF for the Tropic Lightning division. In January 2004, more than 9,000 Soldiers deployed to both Operation Enduring

Freedom in Afghanistan and OIF.

In the months before units depart, about 7,000 Soldiers must prepare themselves for the realities of deployment, to include a myriad of training and exercise scenarios to ready themselves for the global war on terror, as well as prepare themselves and family members for the upcoming separation.

"With these deployments on the

Agencies such as Army Community Service and Army Hawaii Family Housing are providing valuable information and resources to quell worries normally associated with deployment. For example, one publication asks "Why Stay Hawaii?" A series of reader-friendly booklets addresses diverse topics: "Meeting the Challenges of Deployment," "Make the Most of Family Readiness Groups," and "Protect Your Family with a Family Care Plan," to name a few.

Units are also providing detailed checklists for Soldiers and spouses to ensure vehicles, pets, insurance, medical care and the like are considered. As well, the Hawaii Army Weekly will feature topics that address pre-deployment concerns.

In the weeks ahead, the Army community can keep abreast of the latest "to dos" – from storage of household goods and privately owned vehicles to financial planning and mailing tips for care packages.

Look for the deployment series logo to readily identify deployment-related topics in your Hawaii Army Weekly.



horizon, it is imperative that we focus our energy and efforts on Soldier and family readiness," said Mixon.

"The Combat Aviation Brigade will conduct aviation combat, combat support and combat service support missions across the full spectrum of military operations," said Col. Thomas Ball, commander, Combat Aviation Brigade. "The key to accomplishing our mission in country is taking care of our Soldiers, and bringing them home safely."

News Briefs

March

PX Parking Lot Closure – The Schofield Barracks Post Exchange front parking lot will be closed through March. The PX, PXtra and Home Center will be open from 9 a.m. to 9 p.m., and help with large purchases is available.

For more details, contact Susan Nonamaker at 622-1773.

April

Schofield Barracks Town Hall – The Schofield Barracks Town Hall, an information forum, will be held April 4 at 6:30 p.m. at the Sgt. Smith Theater. The community is invited to attend. For more information, call 655-4483.

SAEDA-OPSEC Briefing – A Subversion and Espionage Directed against the Army (SAEDA) and Operational Security (OPSEC) briefing will be held at Richardson Theater, Fort Shafter, April 6 at 1 p.m. For more information, contact Hawaii Resident Office personnel at 438-1872 or 306-8050 (24-hour duty phone), or e-mail james.l.cummins@us.army.mil.

FBI Recruitment – Are you interested in a career with the FBI as a Special Agent? Learn about the FBI by attending the monthly FBI career presentation on April 11 at Schofield Barracks, Building 690 (Aloha Center), third floor conference room, from 10 to 11 a.m. For confirmation, contact the Army Career and Alumni

Program office at 655-1028. For information on future monthly presentations, contact Special Agent Kal Wong at 566-4488.

Ongoing

Cell Phones – Local Army policy prohibits using cell phone while also operating a motor vehicle on U.S. Army installations in Hawaii unless the vehicle is safely parked or if the operator is using a hands-free device. The policy also prohibits the wearing of headphones, earphones or other listening devices (except for hands-free cellular devices) while operating a vehicle.

For service members, violations of the policy can result in punishment under Article 92 of the Uniform Code of Military Justice: a violation of a lawful order. For civilians, whether employees, contractors or visitors, failure to comply can result in administrative action, which includes loss of driving privileges on Army Hawaii installations.

Memorial Bricks – The 25th Infantry Division Association is offering supporters the opportunity to become a permanent part of the Schofield Memorial Monument. Engraved brick pavers are available in 4x8 inches, up to three lines of type, for \$100 or 8x8 inches, up to six lines of type, for \$250. Orders received before May 31 will be installed in time for rededication in September.

For more information, visit www.25thida.com to download an order form.

Purple Heart – The Military Order of the Purple Heart, Hawaii chapter, is extending a one-year

SEE NEWS BRIEFS, A-8

Cacti bid farewell to Japan, snow

Story and Photos by
SGT. MAURICE SMITH
3rd Brigade Public Affairs

CAMP IWATE — February 24th was the end of the official training for North Wind '06 at Camp Iwate, Japan, as Soldiers prepared to head back to Schofield in two days.

It's been a fun two-week bilateral training event for 3rd Brigade's 2nd Infantry Battalion, 35th Regiment (known as the Cacti Company) as they trained with Japanese Soldiers from the 21st Infantry Regiment, 9th Division.

Snowfall has been frequent at Camp Iwate. From teaching one another different shooting and combat techniques, to falling down while learning how to snowshoe, it's been quite an adventure for the 2-35th as they learned to train in cold weather.

"Being from the 25th, where it's pretty much warm all the time, I thought we would expose our Soldiers to a cold weather environment to make them more dynamic infantry Soldiers who are able to fight in all conditions, and I think we did that since we've been here," said 1st Sgt. Joseph Cornelison, first sergeant, C Company, 2-35th.

The last day of training culminated everything the two different armies have learned from one another into one comprehensive exercise.

"We had a opening ceremony and a reception where we got to meet our counterparts, and then the Japanese trained us on skiing, snowshoeing, and showed us how they fight, maneuver and survive in a cold weather environment," said Cornelison.

"We did several live-fires [exercises] and squad level scenarios, and we trained the platoon and company maneuver tactics with the Japanese," he said.

Aside from regular training, the unit got the chance to experience two Morale Welfare and Recreation events, allowing them to see firsthand what Japan has to offer.

Soldiers got a chance to tour the city of Iwate, visiting a museum, pottery factory and a sake factory for their first trip Feb. 15th.

The second trip gave the troops a chance to eat Japanese style, as host families from the Japanese military volunteered to cook dinner and invite members of the 2-35th into their homes.

Training was one of the primary objectives for the Cacti Company, but bonding with their foreign counterparts was just as fun and important, according to the unit's non commissioned officers.

"This has been a great way to meet new friends and acquaintances that we would never be able to experience without joint task force training between two host nations," said Sgt. Steven Knuth, training room NCO, 2-35th.

"Meeting with my counterparts and socializing together on and off of work has been the most memorable experience here," said Knuth.

The Cacti are taking plenty of memorable experiences and training knowledge back to Schofield Barracks with them, but they are also taking important lessons downrange with them as they prepare for deployment sometime this summer.

"It was important to learn how to work with a foreign army, and more important give classes, to teach the foreign army how we do things because in the near future when we deploy to Iraq, that's exactly what we will be doing for the Iraqi army who need police forces there — teaching them and training them how to fight," said Cornelison.



Above — 1st Sgt. Joseph Cornelison takes a look at his map and plans an attack for the final training exercise in North Wind '06.

Right— Though Capt. Rob Wolfe is not from Japan, he shows that he has mastered one of the local games. He balances a Kanto (Japanese game) with ease.



Japanese troops go on the move in the final exercise of North Wind '06, a two-week bilateral exercise in Japan with Japanese and American Soldiers. Each force learned best tactics from the other.

Wolfhounds honor Big Island veterans

2ND LT. MATTHEW J. ROMANO
2nd Battalion, 27th Infantry Regiment

Quite often, though many talk about honoring military veterans, actually contributing the time and effort necessary to participate in veterans' projects gets put off for another day.

The Wolfhounds of 3rd Infantry Brigade Combat Team, 25th Infantry Division, understand the common bond shared between Soldiers of the past and present. Despite their busy training schedules, they allotted time for a community service project to honor the brave men and women who had come before them.

While deployed to the Pohakula Training Area, 2-27th honored military veterans by contributing time and effort at a veterans' cemetery. The Wolfhounds led the pack and set standards for others to follow.

The cemetery was built for veterans and their families on the west side of the island in 1998. The only other veterans' cemetery is located on the other side of the island of Hawaii, about 100 miles away in Hilo.

Soldiers helped beautify the grounds. An area once covered with forestry had become somewhat of an eyesore of barren lava-rock-covered hills and dried-out brush. An abundance of goats and other animal life had depleted the grounds of its lush, thriving vegetation.

The 2-27th Infantry Battalion dispatched Wolfhounds to support the beautification project. What started as a small, early morning ceremony to honor veterans soon turned into a project to rebuild the forestry around the cemetery.

Wolfhounds, along with some veterans and civilian groups, pulled all the brush from the area and then planted more than 200 trees on the hillside behind the cemetery. Afterwards, Big Island veterans rewarded the Soldiers' hard work by host-



Courtesy Photo

Wolfhounds of the 3rd Infantry Brigade Combat Team, 25th Infantry Division, work alongside other volunteers from veterans and civilian groups to beautify and refurbish a veterans' cemetery during their deployment to Pohakuloa Training Area on the Big Island of Hawaii.

ing a barbecue to show their appreciation.

"The Wolfhounds' selfless service was crucial in the success of this project," said Dr. Richard Stevens, veteran project coordinator. "The presence they bring, with both discipline and power, made the effort ultimately possible.

Stevens added, "This is the perfect opportunity for these veterans to connect with the new generation of Soldiers. Today, the kinship of the Soldier was alive."

Wolfhounds and veterans talked and

shared their military experiences at the barbecue.

"The basis of our military is a pyramid," said veteran and former Marine Jim Browne. "Those who have come before are the base," he explained. "[they] are essential to holding the next generation at the point of the pyramid.

"As the pyramid grows," he continued, "whoever is at the top is only held there because of the base [those Soldiers who have served before them]."

Wolfhounds echoed Browne's senti-

ment.

"It was definitely an honor to participate in the reconstruction of the forestry around the cemetery for our fallen Soldiers," said Pvt.2 Ronald Wilson. "This was the first time I found myself representing the Army in public.

"I am proud of myself, my fellow Wolfhounds, veterans and civilians for the hard work put into this project, and hope that one day I can return and see the fruits of my labor," said the young Soldier.

News Briefs

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free enrollment in the local MOPH chapter to all MOPH recipients from Operations Iraqi Freedom and Enduring Freedom. Interested Purple Heart recipients can call 988-2820 for more details.

School Surveys – Did you recently move to Hawaii or are you concerned about your family's transition? If so, MWR would like your feedback. Express your school and transitional concerns by completing an online survey. Surveys will have an impact on future services and programs.

To access the transition survey, log onto [www.mwrarmyhawaii.com/schoolsurvey\(2005\).htm](http://www.mwrarmyhawaii.com/schoolsurvey(2005).htm).

Patch Gate – Fort Shafter's Patch Gate is an exit only gate for vehicles, motorcycles, mopeds and motor scooters. It is also an entry and exit point for pedestrians and bicyclists. Gate hours are 6 to 8 a.m. and 3:30 to 6 p.m., Monday through Friday. The gate is closed at all other times, including weekends and federal holidays. For more information, contact the Fort Shafter Military Police at 438-7114.

Troops To Teachers – Are you leaving the military and interested in teaching? Learn about the Troops to Teachers program from a program representative any first Tuesday from 11:30 a.m. to 1 p.m., at the Education Center, Room 223.

All military and spouses are welcome. Call 587-5580, extension 409, or e-mail hawaiiittt@notes.k12.hi.us for more information.

Kolekole Road – The Kolekole Pass Road is open from 5:30 a.m. to 5:30 p.m., seven days a week, to active duty and retired military, their families, DoD civilians and contract employees possessing a valid common access card.

Personal vehicles and motorcycles will be allowed admittance in a nonofficial capacity and must be under the 2-ton limit. No bicycles, mopeds, scooters, joggers or pedestrians will be allowed. Violators will be cited. For more information, call 474-4339.

Commander's Referral Program – Commanders and First Sergeants can approve up to \$1,000 of basic living expenses for Army Emergency Relief. The AER office offers essential training that commanders and first sergeants must complete to utilize this program. Classes are every fourth Wednesday of the month from 9 to

9:30 a.m. at ACS, Building 2091, Schofield Barracks. Call 655-4ACS to register.

For further information, call 655-7132 or e-mail TorresJM@schofield.army.mil.

Vehicle Registration – Personnel with registered vehicles on any 25th ID and USARHAW installations that are departing (e.g., PCS, ETS, civilian transfer, or retirement, etc.), or have transferred vehicle ownership to another person or disposed of the registered vehicle, will report to the Provost Marshall Vehicle Registration Office to terminate registration. All DD Form 2220 (decals) issued will be returned. In addition, the following documents are required if applicable; bill of sale, shipping document, transportation worksheet, power of attorney, "Notice of Transfer" from Satellite City Hall, donated, salvage yard, or insurance receipt.

For more information, call 655-8940.

Recruiting referral bonus gets expanded

\$1000 bonus available through Dec. 31, 2007

ALPHONSO GREEN
Army News Service

More Soldiers are now eligible to receive the \$1,000 bonus for referring recruit applicants than originally announced by the Army in January.

The referral bonus pilot program now includes Soldiers performing duties in the hometown recruiter assistance program (HRAP), special recruiter assistance program (SRAP), and active duty for special work (ADSW). This is in addition to the Soldiers previously identified. The initial program omitted recruiting-related assignments.

This latest recruiting incentive will pay Soldiers for referring applicants who enlist, complete basic training, and graduate advanced individual training. To be eligible, the Soldier must make the referral before the new recruit first meets with a recruiter.

On The **WEB**
Make referral at
www.usarec.army.mil/smart/

The incentive is a pilot program included as one of the provisions in the Fiscal Year 2006 National Defense Authorization Act. Dates of eligibility for the referral bonus are Jan. 1, 2006, through Dec. 31, 2007. The Army is now authorized to pay a bonus to any Soldier who refers to an Army recruiter a person who has not previously served in the Armed Forces and enlists in the Active Army, Army National Guard or the Army Reserves. (The referral may not be an immediate family member and the Soldier referring may not be serving in a recruiting or retention assignment.)

"Soldiers continue to play an important role in the recruiting process, and with this program we are able to recognize their contributions," said Lt. Gen. Franklin L. Hagenbeck, deputy chief of staff, Army G-1 (personnel). "We thank Congress for their recent legislation to provide bonuses such as these."

For more information about this pilot incentive program, visit www.usarec.army.mil/smart/ or call 1-800-223-3735, ext. 6-0473.

New rules require CAC to log on

U.S. ARMY PUBLIC AFFAIRS
Press Release

The U.S. Army began implementing common access card (CAC) cryptographic logon this month, which requires a special identification card and a personal identification number to log on to the Army's unclassified network. By March, approximately 10,000 Army headquarters users are expected to be CAC-cryptographic-logon compliant. By summer, implementation should be Armywide.

"Protecting identity is critical as the Army moves forward to deliver a joint, net-centric, information enterprise," said Lt. Gen. Boutelle, chief information officer/G-6 (CIO/G-6).

"One of the greatest vulnerabilities of our networks is posed by weak usernames and passwords," Boutelle said. "Spyware or key-stroke tracking software can steal your username and password, and even your personal identification number or PIN. It cannot steal your CAC. The Army's goal is to eliminate the use of user-name and password."

CAC logon allows authentication with both something you know – your PIN, and something you have – a CAC. CAC is a type of smart card with electronic information about the owner of the card and digital public key infrastructure (PKI) certificates that ensure identity.

Part of the CIO/G-6 mission is to protect and defend the Army systems, networks and information. Key to that mission is reducing vulnerability of the unclassified network through security measures. Common access card cryptographic logon also meets the directives on identity protection published by the Army vice chief of staff in 2005 and the president in 2004 (Homeland Security Presidential Directive 12).

Recently, the Department of Defense's (DoD) Joint Task Force Global Network Operations started accelerating PKI implementation throughout DoD.

In the future, the Army's Intranet, Army Knowledge Online, will require CAC logon. The Army is testing and vetting the capability to use logon outside Army networks.

Army treating more anxiety, depression

JERRY HARBEN
Army News Service

SAN ANTONIO, Texas – "We are seeing increased rates of post-traumatic stress disorder, anxiety and depression, which doesn't surprise us as we now have been at war essentially since 9/11/2001," said Col. Elspeth C. Ritchie, psychiatry consultant to the Army surgeon general.

"Leadership cares a lot about this," Ritchie said. "There has been a great deal of education for noncommissioned officers and leaders, and more is being fielded."

An extensive array of mental-health services is available, Ritchie said.

200 experts deployed

In Southwest Asia, more than 200 behavioral-health providers are deployed. Division staffs and combat support hospitals have mental-health specialists.

Combat Stress Control Companies take mental-health support to the units, including critical event debriefings when a unit suffers a casualty. In garrison,

psychiatrists and psychologists are available at hospitals and clinics, and through the TRICARE program.

Programs include chaplains, support groups

Other behavioral health programs, such as the chaplains' "Strong and Ready Families," suicide prevention programs, substance abuse prevention programs and family support groups, also make valuable contributions to the overall mental health of the Army, officials said.

"Leadership, community prevention programs and dedicated helping professionals in garrison and in operational theaters form the core of mental-health support for our service members and their families," Dr. William Winkler Jr., assistant secretary of defense for health affairs, told the House Armed Services Committee's subcommittee on military personnel last summer.

"This mental-health support is a continuum from community-based services, including buddy care, nonmedical support resources and chaplains," Wink-

werder said, "to command-level involvement, monitoring morale, improving living conditions and supporting quality of life initiatives; to the full spectrum of clinical care and patient movement of the Military Health System for those with a need for more intensive support."

"Resetting the Force" has three phases

The Army surgeon general promotes a "Resetting the Force" concept built in three phases: decompression, reintegration and readiness reset.

"Resetting the Force comes from a realization that everybody needs a chance to retool and reconfigure after deployment. Programs are in place to help," Ritchie said.

As part of the reintegration process, redeploying Soldiers are briefed on what stressors to expect on homecoming, the common symptoms of post-deployment hyper-arousal and friction, ways to ameliorate these symptoms, how to recognize when further professional help is need-

ed and how to access treatment services.

Soldiers returning home complete the Post Deployment Health Assessment, which screens for post-traumatic stress disorder and other deployment-related stresses, concerns about family issues and concerns about drug and alcohol abuse. A primary-care provider then may refer Soldiers to on-site counselors or mental health departments of military treatment facilities if needed.

Soldiers now complete a post-deployment health reassessment between three and six months after redeployment, to detect conditions that are not immediately apparent.

Military One-Source provides convenient assistance, available 24 hours a day, seven days a week, by telephone (1-800-464-8107), Internet (www.militaryonesource.com) or e-mail. It offers information and education services, referrals and confidential face-to-face counseling.

(Editor's Note: Jerry Harben writes for the U.S. Army Medical Command.)



Pvt.2 Matthew C. Moeller | 17th Public Affairs Detachment

Autographs courtesy of Miss Universe

"I'm in love," the smile on Spc. Philbroux Richardson's face seems to say. The Soldier with Medical Retention Processing Unit eagerly awaits viewing his autograph by "bombshell" Natalie Glebova, 2005 Miss Universe, Tuesday.

Glebova visited the processing unit to promote Ability House, a nonprofit organization that constructs handicapable homes. A project is underway in Waimanalo, on windward Oahu.

Drill: Unit stands up at Fort Shafter

CONTINUED FROM A-1

right here throughout the year, and lastly, provides the Army additional drill sergeants to conduct basic training during the busy summer months at basic training posts on the mainland," Gouveia explained.

"Soldiers can become drill sergeants in a couple of ways," said Master Sgt. Manny Serenil, the unit's battalion training noncommissioned officer based in Riverside, Calif., who assisted in recruiting and setting up the new unit.

"Selected candidates that want to become drill sergeants will attend a drill sergeants preparatory course, a four-day 'crash' course concentrating on the core requirements to be a drill sergeant," said Serenil, adding that a few months will also be used for monthly battle assemblies.

The school will be eight weeks long, seven days per week. In contrast, the active duty school is nine weeks long, five to six days per week. Only about 65 percent of Soldiers who start the Drill Sergeant School graduate and receive the coveted "brown round" hat.

"I want to be in a position to help train Soldiers and get them where they want to go," said Sgt. 1st Class Edwynn M. Johnson, the first Soldier assigned to the new unit, explaining why he signed up to be a drill sergeant.

When he's not wearing his Army uniform, Johnson is a civilian lab technician at Tripler Army Medical Center. He's one of five Soldiers and one civilian currently assigned to the unit.

The 104th Division, also known as the Timberwolf Division, encompasses the largest area of all the Army Reserve's training divisions. Its mission is to train more than 80,000 Soldiers in the Army Reserve and National Guard, from the 12 western states, Alaska, Hawaii and the Pacific, in individual skills.



Soldiers and civilians stand in line at the Schofield Barracks post office last week. One of the top twelve issues highlighted to division leadership at the 2006 HAFAP Conference concerned improving services provided by U.S. Postal Services (such as remaining open on weekends) on Oahu military installations.

HAFAP: Leaders hear local issues

CONTINUED FROM A-1

Delegates took on the arduous task of prioritizing those issues and determining the top 12 for presentation to division and installation leadership.

Delegates and issues were divided into four work groups: base operations, community services, family services and force support.

In each work group, the delegates' objectives were the same: discuss and consider all the issues, identify the top three issues in each group, identify the three most valuable services and finally, identify the strengths and challenges of the deployment and mobilization process, including family readiness group programs.

Although every group's list of valuable services and strengths and challenges were different, some common ground was evident. For most valuable services, many groups selected medical and dental, Army Community Service and the commissary as top benefits afforded Soldiers and families.

As for deployment, mobilization, and family support strengths and challenges, group responses were again varied. Strengths cited were ACS, family readiness groups, redeployment transition programs,

the Blue Star card, and the rest and recreation (R and R) program. Challenges noted were the stop loss program, rotation of deployed Soldiers (operational tempo), force manning, equipment fielding and casualty assistance.

On the importance of HAFAP to the Army and division leaders, Nancy Piper, ACS chief, commented, "HAFAP gives the Soldiers and families an opportunity to contribute to the quality of life in the community in which they live. It is a tremendous grassroots process, which supports military families and helps the command keep its finger on the pulse of the community."

"Community members are truly the eyes and ears of the command," Piper emphasized.

The community pulse is exactly what delegates delivered to division leaders during the conference outbrief. They delivered the top 12 issues as determined by the work groups.

In closing remarks, Mixon addressed one issue - education of military children, specifically transferring of high school credits.

"We will take a look at this issue," he said. "I want to take this issue [high school credits transferring] on in particular."

Mixon continued, "The Army has done a lot of work with its education forums to try to make sure that our high school students as they are moving around are treated fairly and are given credit for high school courses. If we are having a problem with that here, I need to know some specifics on that issue so that we can deal with it."

Commenting on the "great work" accomplished by the delegates, Mixon said that about 60 to 70 percent of the issues briefed could be solved at the local level. He noted that studies are already underway for a gate control system at Mendoca Park and HMR.

"We will be actively involved with all the issues," he said. "We need to establish an action plan, and we don't want to lose visibility of these issues because of the deployment. We want to see progress."

"Taking care of families and improving the quality of life here is one of my top priorities," Mixon said, adding, "Working together we can make the tour of duty in Hawaii the best tour of duty a family has ever had."

(Editor's Note: In approximately 30 days, a complete recap of issues and recommendations can be viewed online at www.mwrarmy.hawaii.com.)

Top 12 Issues at HAFAP

1) U.S. Postal Services on Oahu military installations are not adequate and do not meet the needs of military personnel.

2) Regarding pedestrian safety on installations, drivers disregard the speed limit in school zones and residential areas. Current signs and signals are inadequate deterrents.

3) Regarding access control of Helemano Military Reservation and Mendonca Park, Soldiers and family members living in HMR and Mendonca housing areas are concerned for their safety.

4) Larger-sized apparel is needed at the Army Air Force Exchange Service worldwide.

5) Regarding shower facilities on post, not enough showers are available to Soldiers after physical training.

6) Richardson Theatre is underutilized.

7) Ensure continuation of treatment for Family Advocacy Program cases following permanent change of station (PCS).

8) Regarding high school credit requirements for military students, examine what can be done to assist students whose military families PCS during their high school career. Currently, students must adjust to a different or even additional credit requirements in order to graduate at a new location.

9) Regarding volunteer hours earned at off-post schools, find a means to document and manage volunteer hours contributed at schools off the installation.

10) Provide stabilization time between deployments.

11) Analyze the numbers and reasons service members are affected by medical malpractice.

12) Determine why Defense Traveler System (DTS) travelers do not understand the new DTS System and what can aid understanding.

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Tricare covers some infertility treatments

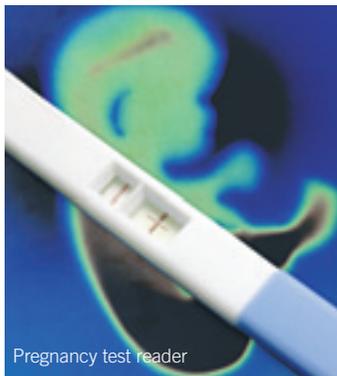
MARK JECKER
Triwest Healthcare Alliance

HONOLULU — Approximately 2.1 million married couples in the U. S. experience infertility, according to the National Center for Health Statistics. What many members of the military may not realize is that the military health insurance provider, Tricare, covers the cost of some infertility treatments.

Because infertility is often the result of a physical condition, Tricare coverage extends to the medically necessary services used to diagnose, monitor or treat those physical problems. These include diagnostic testing, surgical intervention and hormone therapy, although many fertility drug prescriptions require the health care provider to obtain prior authorization through Express Scripts.

Coverage exceptions

Tricare does not cover treatments, procedures and technologies related to artificial methods of reproduction — including artificial insemination, in vitro fertilization (IVF), gamete intrafallopian transfer (GIFT) — or the reversal of an



Pregnancy test reader

earlier surgical sterilization.

However, once a Tricare beneficiary becomes pregnant, whether by natural or artificial means, Tricare covers the pre- and post-natal services connected with that pregnancy.

Prime beneficiaries and standard beneficiaries who use network providers (the Tricare Extra option) must agree, in advance and in writing, to pay for each service or drug that is not covered by insurance. Otherwise they

On The **WEB**
www.tricare.osd.mil

Questions concerning Tricare infertility benefits may be directed to Triwest Healthcare Alliance at 1-888-TRIWEST (1-888-874-9378).

will not be liable for those services.

Standard beneficiaries will be responsible for the total cost of services not covered by Tricare. A complete list of infertility treatment services that are not covered by Tricare is available at www.triwest.com as well as in the Tricare Beneficiary Handbook and Prime Member Handbook.

Patient safety

In other Tricare news, Dr. David N. Tornberg, deputy assistant secretary

of defense for Clinical and Program Policy, said "As we celebrate National Patient Safety Awareness this month, I encourage you to become a proactive part of your health care team. This year's theme is "Our Patients-Our Partners, One Team, One Goal."

Tornberg said TRICARE is working hard to give beneficiaries the best possible health care and to keep them safe, but enrollees bear some responsibility:

- Ask, listen and learn. Talk to your doctor about all of your health care decisions. If you can't speak for yourself, ask a family member or friend to go with you to your appointment and ask questions on your behalf, he said.
- Keep track of your health care information like prescriptions, including doses; over-the-counter medications, including doses; allergies; names and telephone numbers of all of your doctors; and name and telephone number of your pharmacy.
- Most importantly, be involved in your health care.

Evans: HPD honors specialist for saving another's life

CONTINUED FROM A-1

he opened the driver's door and found that the car was in drive.

He engaged the brake, put the gearshift into park, and ran back to the front of the car.

By then another man, Michael Labasan, had arrived to help, and together they were able to lift the car off the injured man. Evans remained with the injured man, who was conscious but crushed and bleeding, and calmed him until an ambulance arrived.

Evans' flight platoon sergeant, Sgt 1st Class Doug Askew, said he was concerned because Evans was late for work, so he called Evans while he was still busy taking care of the injured man and waiting for the ambulance.

"He said, 'I've got a situation here; a car fell on a guy.' I told

him to take his time," Askew said.

"Anyone else would have driven right past [the accident]. The same attention to detail he brings to his work alerted him to the accident. He's one of the best Soldiers I have," Askew said.

The rest of Evan's squadron chain of command, Lt. Col. Robert Brown, 6-17 commander, Capt. Beau Tibbit, C Troop commander, and Command Sgt. Maj. Richard Mitchell, also attended the ceremony in his honor.

"Spc. Evans represents the best of our Soldiers. ... I didn't even know this was happening until last week. That's the kind of guy he is," said Brown.

Evans said although he is a veteran of Operation Iraqi Freedom, this is the first time he has been in a situation that calls for immediate lifesaving skills.



Specialist Jesse Evans holds the certificate of merit he received from Honolulu Chief of Police Boisse Correa (right) at an awards ceremony March 8. Also pictured are, from left, Vice Chair of the Police Commission Boyd Andrade and Commissioner Mark Hunsaker.

Army extends assessments of Soldiers who redeploy

ARMY NEWS SERVICE
News Release

Secretary of the Army Dr. Francis Harvey and Chief of Staff of the Army Gen. Peter Schoomaker authorized this week a new health screening program, "Post Deployment Health Reassessment" (PDHRA), designed to address deployment-related physical and mental health needs of Soldiers three to six months after returning from deployment.

After nine months of pilot programs, the Army is now implementing the PDHRA program — one component of the Defense Department's ongoing efforts to safeguard the health of all military personnel returning from deployment including active, Reserve and National Guard forces.

This unprecedented Army health assessment program will address the deployment-related physical- and mental-health needs of our Soldiers. Research has shown that deployment health concerns often evolve over time; commanders must facilitate and encourage returning Soldiers to visit with health-care providers to ensure that all their deployment-related health concerns are addressed as soon as practically possible.

Army Surgeon General Lt. Gen. Kevin Kiley explained the health reassessment this way: "When our units return from operations around the world, their equipment is rechecked and reset. We see this health screening as an expansion of the process that looks at resetting the fighting force — resetting and maintaining the wellness and health of Soldiers.

"It's important to remember that this is an overall health reassessment, not just a mental health reassessment, Kiley said. Many of these Soldiers have been working very hard in combat operations throughout the world. "They come back, get some time to rest and recover, and then they begin to realize that some of the things — backaches or skin rashes, for example — have not gone away," she continued.

"This screening process gives them an opportunity to come back to us, and for us to provide them ... follow-on health care."

DoD preps for possible pandemic

Interdepartmental plan will address who will respond when at various stages of avian outbreak

ELAINE WILSON
American Forces Press Service

FORT SAM HOUSTON, Texas – Defense Department officials are working to create a pandemic influenza plan in time for the Department of Homeland Defense's end-of-March deadline, a DoD medical official said Feb. 27.

The plan will lay out the department's roles and responsibilities in varying stages of an avian influenza, or bird flu, outbreak, both at home and overseas, said Ellen Embrey, deputy assistant secretary of defense for force health protection and readiness, during a joint operations medical managers course in San Antonio.

The DoD's work is a coordinated, integrated effort to ensure the department is fully enmeshed in the national pandemic planning process, Embrey said.

"We've been working on and implementing training and policy guidance to make sure we're prepared globally," said Embrey, who is responsible for the department's medical readiness. "We have to ensure we have the surveillance in place, installation preparedness, global understanding and a stockpile of necessary components to mount an effective medical response. It's an enormous task."

The DoD plan will be one part of an overall federal government plan, Embrey said, adding that the Department of Health and Human Services, the lead for U.S. government response, and Department of Homeland Security, responsible for non-medical response, also play a key role in the nation's preparedness for an outbreak. "It's a team effort," Embrey said. "The DoD has a unique set of assets that, when needed, could be used to support the national response."

Under the broad DoD plan, each

command also will have its own implementation plan, a tasking that touches every installation throughout the world. The goals in this planning effort are to preserve operational effectiveness and protect those most at risk. "Along with the overreaching department plan, each combatant commander must have a plan in place to address pandemic influenza, a potentially very infectious disease," Embrey said. "Some people may be sick for a while, and the commanders have to project how this could affect their ability to perform the mission."



<http://deploymenthealthlibrary.fhp.osd.mil/>

The collaborative planning effort will wrap up in a few weeks, and then "... all the hard work will become apparent," Embrey said.

Ongoing collaboration between military services and federal agencies is indicative of an ongoing commitment for the Defense Department to work toward an "interoperable and interdependent future," Embrey said.

"We need to start with 'morphing' work being done in each service. We aren't fully integrated as a community and we need to come up with a model that works for all of us," she said.

The joint environment is most evident in the medical arena, Embrey said, a trend based on a DoD focus to provide "world-class medical care when needed anywhere in the world."

The battlefield offers an example of the need for joint interoperability, she said. When service members are injured in combat, they first are administered care on the scene, then evacuated to a forward surgical team, which exists in all services. Once stabilized, they are brought to the next point of care, if needed, by

aircraft back to a major medical facility, such as the Army's Brooke Army Medical Center in San Antonio or Walter Reed Army Medical Center in Washington, D.C.

"For us, it's making sure the capabilities we have in each service are interchangeable, so, for instance, any service's medic can operate the same equipment. We don't want to have to learn new equipment when time is of the essence," Embrey said. "Through joint training, standardization and combining and making efficiencies where we can, we can ensure top quality care anytime and anywhere."

Statistics already point to the high standard of medical care for service members supporting operations Enduring Freedom and Iraqi Freedom. "It's amazing; we have the lowest (rate of) disease (and) non-battle injuries of any war," Embrey said, adding that service members supporting OEF and OIF visit a doctor two to 2.5 times a year on average. "I go to the doctor more than that," she said. In comparison to the OIF/OEF numbers, service members at home average seven doctor visits per year.

"The survival rate is unbelievable," she continued. "This is a direct result of the great capabilities of the services put together. They are doing a great job."

When people think of joint, Embrey said, they should also think beyond the military services. "It's also about engaging our coalition partners; it's a truly international effort," she said, "and, one of the department's biggest ongoing challenges, and commitments."

Embrey urges everyone to visit the DoD Deployment Health and Family Readiness Library at <http://deploymenthealthlibrary.fhp.osd.mil/>, which includes information for clinicians, servicemembers, unit leaders, veterans and their families on deployment-related health issues. "It's a one-stop shop to learn about what the department is doing in the health and readiness arena," she said.



Mark Jackson | Tripler Army Medical Center Public Affairs

Tripler Army Medical Center's commanding general, Maj. Gen. Gale S. Pollock, presents patient safety information at Tripler's Kyser Auditorium, March 6.

Tripler, Schofield Barracks clinics talk patient safety

TRIPLER ARMY MEDICAL CENTER
News Release

HONOLULU – A discussion on patient safety in the military health-care system was held at Schofield Barracks Health Clinic's Kyser Auditorium March 6. The keynote speaker was Maj. Gen. Gale S. Pollock, Tripler's commanding general.

"Tripler and Schofield Barracks Health Clinic are committed to providing the highest quality care with an emphasis on patient safety," said Pollock.

Pollock discussed what is currently being done to ensure patient safety, and what will be done in the future to prevent errors and improve the safety and quality of care for all military health-care beneficiaries.

"Medical science and technology have advanced at an unprecedented rate," said Pollock. "There is more to know, more to manage, more to watch and more people involved."

Pollock said that translating knowledge into practice and applying new technologies safely and appropriately is one of the challenges health care faces for the future.

"Health care organizations must create an environment in which patient safety is the top priority," said Pollock. "The need for patient safety affects every nation, every state and all health care locations. It's not unique to military health care."

Anyone interested in more information, may call Tripler's Patient Safety Office at (808) 433-2464.

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PAU HANA

A Soldier's need for speed

A driver tests his vehicle at the autocross.

want to have a good time. And I can personally say I was this way at one time."

During the last couple of years, privately owned vehicle and motorcycle fatalities have been haunting Soldiers. Courses such as those given by the Motorcycle Safety Foundation have helped the Army and the 25th ID curb the death rate caused by motor vehicles.

Throughout the post, constant reminders like posters, signs and safety messages from the chain of command ask Soldiers to keep safety a priority. Also, noncommissioned officers enforce safety measures by conducting briefings with Soldiers, safety training, and inspections for their equipment and vehicles.

Incentives also help decrease accidents and remind Soldiers to be safe. For example, as of March 14, the 25th Infantry Division celebrated 115 days without a fatality. Soldiers enjoy training holidays when all demonstrate good safety judgment over a 100-day time period.



For more information on the Hawaii Raceway Park, visit <http://hrpdragracing.com/>

"We are striving to improve all our driving programs that will help better mentor our Soldiers in their vehicles, no matter how many wheels they are on," said Roger C. Stone, deputy director for safety at U.S. Army Garrison Hawaii. "We are working on some programs for these types of vehicles to improve the overall quality of our drivers."

Meanwhile, to get the need for speed out of their system is why many sailors, Soldiers, airmen and Marines find themselves at the track on Friday nights and Saturday mornings.

Service members, civilians and family members have the opportunity to better their skills and awareness of their vehicles by attending track activities like the one-quarter-mile drag strip and the autocross that Hawaii Raceway Park offers.

Every month the Street Car Club of America sets up autocross events at the track. For a small fee, driv-

A1- though many racers enjoy street car autocross, regular cars such as station wagons are also allowed. Drivers can push the limits and enhance their driving capabilities by gaining faster reaction times to hazardous road conditions, according to Battista.

Service members make up about 20-30 percent of the monthly attendance at autocross events such as SOLO II, said Battista. But soon, the track in Hawaii will be closing.

At the end of March, thousands of "speed demons" yearning for the chance to race must give up this passion. No other place will be available on Oahu for speeding or racing unless a tax credit bill currently before the legislature makes it out of committee. Hence, many fear that the loss of a racetrack will cause an increase in accidents and fatalities.

"It [could] get ugly," said Sgt. Jose Cano, 84th Engineer Combat Battalion (Heavy), 8th Sustainment Command (Theater), who recently deployed to Operation Iraqi Freedom. "It's sad to say, but lots of street racers and innocent lives such as our own families [may] be at danger and may lose their lives ... that's just talking straight-up the truth."

Stone emphasized that drivers may not be accountable for other drivers' actions, but that safety never falls out of fashion.

He added, "We always have to be aware of our responsibilities for our own safety and those around us."

The Hawaii Raceway Park will continue to hold weekly track meets, until the final green light shines. Since the certainty of alternate racing locations still hangs in the balance, motorists must be especially watchful for irresponsible drivers who disregard posted speed limits on roadways.

"Racing is like sitting on a promotion board," said Cano. "You start sweating, getting nervous — and it's not because you are scared of the command sergeants major or the first sergeant — it's that you just want to be free of any mistakes and beat all of your competition."

However, Cano continued, the local streets and freeways are not locations for speed.



The race tower at the Hawaii Raceway Park drag strip in Campbell Industrial Park.

ers can whisk in and out of a series of cones to test their skills, brains and cars' capabilities.

"It is a controlled and safe environment to see how their car handles in real-world conditions, tight turns, hard braking and acceleration," said Joe Battista, chief of registration for the Street Car Club of America and a racer himself. "Tracks and cars are inspected, and the drivers are briefed on the situations that they will face while out on the track."

KAPOLEI — While speeding at 87 miles per hour at night, a driver sees only darkness with blurred streetlights whizzing by ... or a vehicle in the corner of his or her eye. The only thing perfectly in focus is the rpm gauge display in a car — and about six feet of road.

Yet, the driver can still push down the pedal until the car's needle hits the redline. Then the driver can slam the clutch and change into fifth gear.

This cycle of events is what Staff Sgt. Jess Pajela of 2nd Battalion, 11th Field Artillery, 2nd Brigade Combat Team, goes through almost every Friday in his 300-horsepower, turbo-charged, four-wheel drive car, as he races down the one-quarter-mile track at Hawaii Raceway Park here at the Campbell Industrial Park.

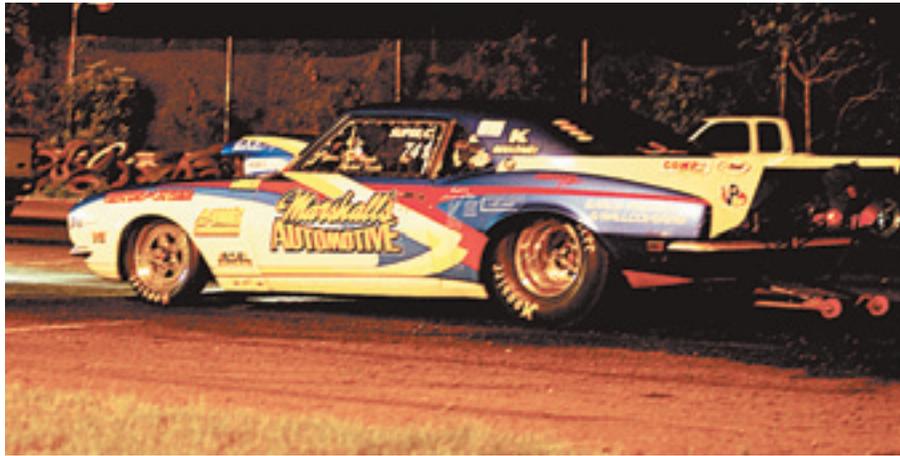
Pajela takes his racing on to tracks instead of the streets. Without the worries of pedestrians, stoplights and cross traffic, the Hawaii Raceway Park provides him an avenue to go as fast as his car can take him.

"The track provides a safe and legal atmosphere for me," said Pajela, whose quarter-mile time is under 14 seconds. "I try to come here as much as I can to get faster times."

"As an NCO," he continued, "I feel as though everyone should be talked to about the dangers and consequences of street racing," said Pajela. "I think Soldiers street race because they are young and just



A driver tests his vehicle at SOLO II autocross at Hawaii Raceway Park in Campbell Industrial Park, which is scheduled to close March 31.



Above — A racer gets ready to go down the quarter-mile track at the Hawaii Raceway Park drag strip in Campbell Industrial Park.

Left — A motorcycle goes down the quarter-mile track.



MARCH

17 / Today

Teen Social — Join friends for an evening of fun at the Schofield Barracks Teen Center or the Aliamanu Teen Center from 7 to 9:30 p.m. Listen to music, dance, play games and participate in contests.

Admission is \$3 for members and \$4 for nonmembers. Wear green and get \$1 off admission at Aliamanu Military Reservation (AMR). For more information, call 833-0920 (AMR) or 655-0451 (Schofield Barracks).

Doggie Easter "Biscuit" Hunt — Preregistration ends today for a good time with your dog at the 2nd annual Doggie Easter Biscuit Hunt, March 25 at noon at the Tropics. The event is open to all ages and all dogs and the cost is only \$2. For more information, call 655-5697.

Tropics Springtime — The deadline to sign up is March 17 for youth ages 5 and up who are invited to come for games, crafts and more at the Tropics, March 29 at 2 p.m. For more information, visit the Tropics or call 655-8522.

18 / Saturday

Magic Tournament — Experience the magic at the first magic tournament at the Tropics. Registration is at 1 p.m. and the tournament begins at 2 p.m. Entry fee is \$3 and the tournament is for ages 14 and up. For more information, call 655-8522.

Parents Night Out — Leave your kids with Child and Youth Services (CYS) at the AMR Child Development Center on Parents Night Out, March 18, and then enjoy a nice night out on the town.

Children enrolled in Parents Night Out must be registered with the Resource and



Set tasers to stun — Lt. Col. Ray Smith, deputy director of the Joint Non-Lethal Weapons Directorate based out of Quantico, Va., demonstrates the use of a taser at the U.S. Pacific Command Science and Technology conference in Waikiki.

Technology expo reveals latest

Story and Photos by
SGT. CRISTA YAZZIE
U.S. Pacific Command Public Affairs

HONOLULU — A sniper's gunshot is instantly detected by a computer, while miniature, remote-controlled airplanes scan cities with three-dimensional maps of every city in the world. Throughout, phasers are set to stun.

Although these scenarios may sound like science fiction, they are all part of the contemporary reality displayed last week

at U.S. Pacific Command's science and technology conference in Waikiki.

"Closing capability gaps with concepts and technology" was this year's theme for the annual conference. The three days of the conference, held at the Hilton Hawaiian Village, featured interactive display booths and seminars with speakers from the international, civilian and military communities.

"This conference was set up to describe problems and find solutions," said Sue C.

Payton, deputy undersecretary of defense for acquisition, technology, and logistics, keynote speaker on the second day of the conference.

"PACOM has identified several war fighting capability gaps, and we focus to a specific need for a gap," said Kaye Blankenship, engineer at the U.S. Army Space and Missile Defense Command in Huntsville, Ala. "Most services focus to

SEE EXPO, B-4

Referral Office no later than noon March 15. Reservations are first-come, first-served at the Resource and Referral Office. Call 655-8313 for more information.

20 / Monday

Spring Teen Day Camp — Schofield Barracks teens are invited to spend spring break at the Schofield Barracks Teen Center Day Camp. The theme for camp is "Rookies versus Veterans."

Activities will include game day, family day, gladiator day, sports day and fear fac-

tor day, plus trips to the Mililani theater, Kualoa Ranch and the Ice Palace. For more information, call 655-0451.

AMR Teen Center Spring Break — Teens, come enjoy your spring break at the AMR Teen Center. A different activity will be held each day, Monday through Friday from March 20 to 31.

Activities will include AMR idol, a flavor-guessing game, a fear factor day, a lock-in, movies, a surprise day, Spring Fling, plus trips to Sharkey's

Theater and the Ice Palace.

For more information, call 833-0920.

24 / Friday

Seafood Bucket — It's back! Seafood lovers can dig into a variety of seafood, including shrimp, crabs, clams and mussels at Reggie's, March 24 from 5 to 8 p.m.

Cost is \$24.95 for two and includes the seafood bucket and a pitcher of your favorite beverage. For reservations or more information, call 655-4466.

HACN TV2 Schedule

6:00	CG Mixon-Safety
6:01	CG Brown-Safety
6:06	Bulletin Board
6:36	Pentagon Channel
7:00	CG Mixon-Safety
7:01	CG Brown-Safety
7:06	Pentagon Channel
8:00	CG Brown-Safety
8:04	CG Mixon-Safety
8:06	Hawaii Army Report
8:36	Pentagon Channel
9:00	CG Mixon-Safety
9:01	CG Brown-Safety
9:06	Pentagon Channel
10:00	CG Brown-Safety
10:04	CG Mixon-Safety
10:06	Pentagon Channel
11:00	CG Mixon-Safety
11:01	CG Brown-Safety
11:06	Pentagon Channel
12:00	CG Brown-Safety
12:04	CG Mixon-Safety
12:06	Hawaii Army Report
12:30	Pentagon Channel
4:00	CG Mixon-Safety
4:01	CG Brown-Safety
4:06	Pentagon Channel
5:00	CG Brown-Safety
5:04	CG Mixon-Safety
5:06	Pentagon Channel
6:00	CG Mixon-Safety
6:01	Hawaii Army Report
6:26	CG Brown-Safety
6:30	Bulletin Board
7:00	Pentagon Channel
8:00	CG Brown-Safety
8:04	CG Mixon-Safety
8:06	Pentagon Channel
9:00	CG Mixon-Safety
9:01	Bulletin Board
9:31	CG Brown-Safety
9:36	Pentagon Channel
10:00	CG Mixon-Safety
10:01	CG Brown-Safety
10:06	Pentagon Channel
11:00	CG Brown-Safety
11:04	CG Mixon-Safety
11:06	Pentagon Channel
12:00	CG Brown-Safety
12:01	CG Mixon-Safety
12:06	Pentagon Channel

Overnight
Pentagon Channel

(Note: Because of hardware failure, TV2 programming may be interrupted during daily scheduled programming and replaced with the Pentagon Channel and/or the Bulletin Board.)

Community Calendar

Send community announcements to community@hawaiiarmyweekly.com.

March

17 / Today

Aloha Tower Marketplace — Have a wee bit o' fun at Hawaii's only waterfront block party at Aloha Tower Marketplace, today. Irish wannabees can enjoy free, live entertainment, giveaways, party beads and great restaurant specials.

The fun is scheduled throughout Aloha Tower from 5 to 9 p.m. and admission is free. Look for elusive leprechauns during the evening to sing you an Irish song.

18 / Saturday

Hawaii Theatre Collectibles Sale — The Hawaii Theatre will host a "Hawaii's Treasures and Collectibles" sale on Saturday from 7 a.m. to 2 p.m. at the theater located at 1130 Bethel Street.

Admission to this event is \$5 per person and tickets are available at the Hawaii Theatre box office. Call 528-0506 or go online to www.hawaiitheatre.com for more information.

24 / Friday

Hui O Na Wahine Scholarships — The Schofield Barracks Hui O Na Wahine all-ranks spouses club is accepting applications for merit scholarships through March 24.

Applications are available at Sergeant Yano Library, the Hui Thrift Shop, the Schofield Barracks Army Community Service (ACS) building, the Leilehua High School counselors' offices, Hui O Na Wahine luncheons and spouse information meetings. For more information, contact Robertta Cole, scholarship chair, at bertnstoner@yahoo.com

25 / Saturday

Project Visitation — Some foster children in Hawaii are placed in separate foster homes and are not able to see their brothers or sisters. Help these children spend time with their siblings. Become a volunteer and join Project Visitation at volunteer

training on Saturday, March 25, at Chaminda University from 9 a.m. to noon.

Project Visitation volunteers help foster care siblings maintain family relationships by bringing the children together for monthly visits. Being a volunteer takes approximately six to eight hours a month.

For more information, contact Project Visitation at 528-7050 or by e-mail at jaim@vslsh.org.

Pearl Harbor Naval Shipyard — The shipyard will hold its annual Apprentice Job Fair on March 25 at the Marine Education Training Center on Sand Island. Applicants must be U.S. citizens or naturalized, high school graduates (or GED equivalents), and be at least 18 years old by Jan. 8, 2007.

Applicants are encouraged to attend the job fair if they have questions; however, apprenticeship applications must be completed and submitted online at <https://acep.hawaii.navy.mil/>.

Computers are available at Oahu Work Links Centers, the neighbor islands' One-Stop Job Centers and at Honolulu Community College. Applications will be available March 25 — April 9. The deadline to submit an application is midnight, Hawaii Standard Time, April 9.

For more information on Pearl Harbor Naval Shipyard, visit www.phnsy.navy.mil/. For more information on the Apprentice Career Experience Program, visit <https://acep.hawaii.navy.mil/>.

28 / Tuesday

Parents Workshop — The ACS Family Advocacy Program offers a new parents' workshop designed to prepare new parents for first-time delivery and parenthood. Classes are offered in five-week blocks on Tuesday nights from 6 to 8 p.m., and the next class starts March 28.

This class is for both moms and dads, if possible, and couples should register as mom approaches the end of the third pregnancy trimester. Sessions are free, but participants must be registered in advance. Call ACS at 655-4ACS (4227) to register.

31 / Friday

Pearl Ridge Center — Hop on over to the Pearl Ridge Center for Easter bunny photos. The Easter Bunny will appear March 31 — April 15 during center hours at Center Court.

April

1 / Saturday

Diamond Head Crater Celebration — The Diamond Head Crater Celebration will run

April 1 from 2 to 8 p.m. and feature headlining artists Linda Ronstadt, the Steve Miller Band, Yvonne Elliman, the Honolulu Symphony and numerous other major mainland and Hawaii artists.

Tickets are available at the Blaisdell Arena Box Office, online at www.ticketmaster.com or toll-free at 1-877-750-4400. For more information, call 735-7000 or visit www.cratercelebration.com.

Army Emergency Relief — Spouse education assistance is available through AER. This program assists spouses and widows in furthering their education by affording them increased job opportunities.

Financial assistance is provided as a grant and is awarded based on financial need, assets, family size and special financial obligations. Scholarship money can be used for tuition, books, supplies and fees.

Applications will be available for downloading on AER's Web site (www.aerhq.org), at the AER office, or by mail from HQ, AER beginning April 1.

Hawaiian Scottish Festival — The Hawaii Scottish Association presents the 25th Annual Hawaiian Scottish Festival and Highland Games, April 1 and 2 at Kapiolani Park. Featured entertainment will include Frank DeLima, the Celtic Pipers and Drums of Hawaii, the Royal Scottish Country Dance Society, the Riverside Pipe Band and more. For more information, visit www.scotshawaii.org.

3 / Monday

Hui O Na Wahine Welfare — The Schofield Barracks Hui O Na Wahine spouses club is accepting welfare requests now through April 3. Welfare request forms are available at ACS or the thrift shop, and agencies must complete the form to be eligible.

Applications must be postmarked by April 3. For more information, call 624-3186.

15 / Saturday

NMFA Scholarships — The National Military Family Association is now accepting applications for the NMFA Joanne Holbrook Patton Military Spouse Scholarship Program. Uniformed service spouses of active duty, retired, National Guard, Reserve or survivors who are studying toward professional certification or attending post-secondary or graduate school are encouraged to apply.

Scholarships are normally \$1,000, and applications will only be accepted online

through midnight, April 15. Applications can be found at www.nmfa.org/scholarships2006.

25 / Tuesday

Quarterly Volunteer Recognition — The Quarterly Volunteer Recognition will be held on Tuesday, April 25, from 2 to 2:30 p.m. in the Command Conference Room. Nominations are being accepted by the Army Volunteer Coordinator now through March 31 for community agencies and through April 7 for brigade nominations. Nomination forms are available at www.mwrarmyhawaii.com/acs/volunteer.asp, through coordinator Cathie Henderson at 655-4227 or via e-mail at hendersonca@schofield.army.mil.

28 / Friday

Annual Volunteer Ceremony — The Annual Volunteer Recognition Ceremony will be held Friday, April 28, from 4 to 6 p.m. at Bowen Park. For more information, contact Cathie Henderson at 655-1703 or e-mail at hendersonca@schofield.army.mil.

May

6 / Saturday

USO Hawaii — USO Hawaii presents "A Salute to Our Troops," featuring a Waikiki parade and outdoor concert on Saturday, May 6. The event will honor all of Hawaii's active duty military personnel.

The parade will begin at Fort DeRussy, proceed down Kalakaua and Monsarrat Avenues, and end at Kapiolani Park for the concert. Food and nonalcoholic beverages will be served at no cost to active duty personnel and their families, and vendors will also provide food for purchase.

USO welcome organizations interested in becoming sponsors. For more information, contact USO Hawaii at 836-3351.

ONGOING

College Scholarships — The Reserve Officers Association (ROA) will award up to 60 \$500 Reilly Scholarships this year to undergraduate and graduate students for the 2006-2007 school year.

Undergraduate applicants must be the children, grandchildren, or spouses of ROA members, while graduate applicants must be ROA members. Membership is open to any officer of the seven uniformed services. To join the ROA, call 1-800-809-9448

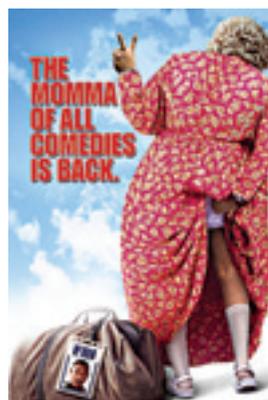
SEE COMMUNITY CALENDAR, B-4

This Week at the MOVIES Sgt. Smith Theater



Underworld: Evolution (R)

Today, 7 p.m.
Sunday, 7 p.m.
Thursday, 7 p.m.



Big Mama's House 2 (PG-13)

Saturday, 7 p.m.
Wednesday, 7 p.m.

The theater is closed Monday & Tuesday

Customers alerted to rise in coupon fraud

RICK BRINK
Defense Commissary Agency

FORT LEE, Va. – Be careful how you get your Internet coupons. That is the word from Defense Commissary Agency (DeCA) officials who are alerting customers about a recent rise in the use of fraudulent Internet or home-printed coupons and steps the agency has taken to address the issue.

Commissaries gladly accept Internet or home-printed coupons provided they meet these requirements: 1) they must have "dot-scan" bars below expiration dates or bar codes with product identification numbers (PINs), and 2) they can't be for free products. Commissary officials want to make sure patrons are aware of these rules because counterfeit coupons have shown up recently in commissaries and other supermarkets nationwide. Officials are pointing to Internet trading as the source of the counterfeit coupons.

"Counterfeit coupons are circulating on the Internet through auction services, message boards, e-mails and other means, causing millions of dollars in losses to the grocery industry," said Scott Simpson, DeCA's chief operating officer.

Fraudulent coupons presented re-

cently at commissaries were for products ranging from laundry detergents, air fresheners and deli meats to sodas, chips and over-the-counter medications. Defining more stringent requirements for stores to accept home-printed coupons is one phase of action the

agency is taking to combat the problem. Educating customers about how to avoid getting taken by counterfeit coupons is the other phase, and it's been described as the best line of defense against possible fraud, Simpson said.



People who purchase or trade coupons are inherently at risk of receiving coun-

terfeit coupons; therefore customers shouldn't buy or trade for coupons. The sale or transfer of coupons is a violation of virtually all manufacturers' coupon redemption policies, according to the

Coupon Information Center, a coupon industry watchdog. These policies are printed on the coupons.

Customers can be assured they are not obtaining counterfeits if they get

their coupons directly from newspapers or magazines, directly from a manufacturer or from some other legitimate coupon channel, including Internet sites. Legitimate Internet coupons feature new dot-scan bars below their expiration dates. The dot-scan bars look like bar codes with broken bar patterns. Internet coupons also usually have PINs and bar codes, and they are not for free products.

Here are some tips to avoid possible counterfeit coupons:

- Look for the dot-scan bar below the expiration date on Internet coupons. If they don't have a dot-scan bar, look for a PIN and bar code. Many now have both a dot-scan bar along with a PIN and bar code.
- Look out for coupons printed on photocopy, plain white, photographic or card stock and coupons with fuzzy images or misspelled words.
- Look out for unusually long expiration dates.
- Look out for coupons sent to you in electronic format by someone other than a manufacturer or its authorized representative.
- Look out for coupons with printing on only one side.
- Look out for multiple coupons for the same product with identical PINs.

EFMP program offers diverse options that aid Soldiers

SPC. AMANDA FLEMETT
2nd Brigade Public Affairs

SCHOFIELD BARRACKS – The Exceptional Family Member Program (EFMP) is just one of the many programs to assist Army families.

"The whole idea behind it (EFMP) is that no matter where a service member is located, the family member who may have special needs has services available for that individual," said Janet Bamford, program manager for Army Community Service EFMP.

Many service members may not be aware of EFMP's available programs, resources or support.

"It could be medical, psychological or even educational – anything that requires a person to see a specialist including social workers that person has to see routinely," Bamford explained.

EFMP covers everything from learning disabilities, asthma, diabetes, autism, cancer, Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder, birth control. In addition, they provide information about adoption and references and explanations for rare diseases.

"We basically get information and then disseminate to our families who are enrolled in the program," Bamford said. "We can also do research for Soldiers who are not enrolled in the program."

EFMP also can help with learning disabilities for children. The program sponsors a parent and teacher course that explains the special needs child, learning disabilities and ways to become an advocate for your child.

The course is broken down into three components to help parents contact advocates, teach them about special education laws and read an Individualized Education Plan.

Bamford stressed that EFMP offers many forms of assistance for families with special needs.

In addition to sponsoring workshops, EFMP also has hosted annual pool parties, whale watching tours and parties to provide support for families.

The EFMP outings allow members to draw on support from the group and lighten the load on the individual.

"Come into the office and ask what we can do," Bamford said. "We have a resource library and if I don't have it, I know how to get the information they need to know."

EFMP enrollment is easy. Soldiers can request a DA form 5888 from their Personnel Assistance Center or call 655-4ACS.

The EFMP was established under Army Regulation 608-75.

Irish and wannabe Irish find reasons to celebrate

PVT.2 MATTHEW C. MOELLER
17th Public Affairs Detachment

As Soldiers wake up Friday, they might notice a few more shades of green. Buttons and top hats proclaiming "Kiss me, I'm Irish," and "Irish Pride," proudly adorn lapels and pant legs. A day when it seems like everyone has the spirit of friendship, fun and feast on their minds.

Today is Saint Patrick's Day; the day where a little bit of Irish and whole lot of green can be found in everyone.

But why celebrate? There's the green of course. Green clothes, green beer, green leprechauns, green everything. Then there's the music – the one time of the year where bagpipes belt out number one hits. There's the fun, the friendship and the family all coming together joyously. Finally, who could forget the man for which the holiday is named, St. Patrick, the patron saint of Ireland.

St. Patrick was born in Britain in the late fourth century. Stolen away by Irish raiders at a young age, he spent the next six years in slavery. After escaping, St. Patrick returned to Britain, where he received religious training in preparation to return back to Ireland, this time as a missionary.

St. Patrick is most known for driving the snakes from Ireland. The snakes symbolized the pagan beliefs of the native Druids, who he converted to Christianity. St. Patrick spent the rest of his life teaching Christianity until his death on March 17, 493.

The Irish have been celebrating St. Patrick's Day for centuries. Families would traditionally attend church in the morning and celebrate in the afternoon. Prohibitions for Lent, the Catholic ritual of self-sacrifice for 40 days and 40 nights, were waived, allowing people to celebrate throughout the day.

The holiday was brought to America in the 1800's when a large influx of immigrants arrived from Ireland, said Father Joe Kalinowski, 25th Infantry Division, Combat Aviation Brigade, chaplain.

"The assimilation and adaptation of St. Patrick's Day by its practitioners here in America is probably where the movement from a primarily religious holiday to a more secular expression may have come about," he said.

The modern American St. Patrick's Day has adopted a more secular meaning; three-leaf clovers, once worn to symbolize the Holy Trinity, are now worn

to symbolize luck. The clovers also are where Irish green originated.

Today, St. Patrick's Day has come to be associated with everything Irish, whether one is Irish or not. The only requirement for a successful experience is to wear green to avoid being pinched. Soldiers in battle dress uniforms have that one covered. A lot of green-dyed food and drink also can help.

"To me St. Patrick's Day means going out with my friends and just enjoying each others company," said Travis W. Stevens, Headquarters and Headquarters Co, 2nd Stryker Brigade Combat Team, food service specialist.

Although it has adopted a more secular meaning over the years, the day is still a time of revival and remembrance of St. Patrick, as well as friendly celebration for those who have Irish ancestry or just want to feel Irish for a day.



Four leaf clover

News Briefs

From B-2

or go to www.roa.org. For more information regarding scholarships, call 1-800-809-9448, extension 730.

Hawaii's Plantation Village — Hawaii's Plantation Village has opened a new exhibit honoring the 100th anniversary of Filipinos in Hawaii entitled "Philippines ... to the Plantations and Beyond."

The exhibit is open Monday through Saturday from 10 a.m. to 4 p.m. The history and culture brought to Hawaii by Filipinos is featured. Also on display is a tribute to the "All Filipino Regiments" in the U.S. military.

Admission and parking is free and open to the public. For more information, contact the village at 677-0110 or visit their Web site at www.hawaiiplantationvillage.com.

The Children's Waiting Room — Located at Tripler Army Medical Center and at the Schofield Barracks Pediatrics Clinics, the Waiting Room provides free child care for healthy children while their parents or siblings have on-site medical appointments. Reservations and up-to-date shot records are required, and volunteers are always welcome. Contact the Armed Forces YMCA office for details.

The Schofield Waiting Room is open Tuesdays and Thursdays from 8 a.m. to noon. Call 624-5645 for an appointment. The Tripler location is open Mondays, Tuesdays and Thursdays from 8 a.m. to noon. Call 833-1185 for an appointment.

ACS Volunteers — Free child care at an hourly site is provided for up to 20 hours per week when you volunteer with ACS. What's more, volunteering offers valuable job experience and flexible hours.

Contact Cathie Henderson at 655-2398 or hendersonca@schofield.army.mil for more information.

Work and Careers Web Site — Need help in your job search process? Explore the Web sites www.myarmylifetoo.com and www.militaryspousejobsearch.org to learn about the Army Spouse Employment Partnership. The site includes job search techniques and resume writing tips.

For additional help, contact your ACS Employment Readiness Program manager at 655-4227.

Kindergarten Registration — Wheeler Elementary School is now accepting kindergarten registration for the 2006-2007 school year.

Children who are 5 years old by Dec. 31, 2006, are eligible.

Parents may pick up a registration packet at the school office. For more information, call the school at 622-6400.

Catholic Women of the Chapel (CWOC) — Join the CWOC for fellowship and sharing of the Catholic faith. CWOC meet on Fridays at the Main Post Chapel from 9:30 to 11:30 a.m. in Room D-9.

On-site child care is available by reservation; allow two days notice for child care reservations. Call 624-6025 to make reservations, or 206-8367 for more details.

Financial Health — Want to find the road to healthy finances? Contact ACS, located in Building 2091 across the street from the Richardson swimming pool.

March classes include checkbook maintenance, money management, credit management, the Thrift Savings Plan, car buying, mutual fund investing, college funding, and AER/Command Referral. Instructors also assist with zero percent interest, Army Emergency Relief loans.

To attend a class or schedule a one-on-one appointment with a financial counselor, call 655-4ACS (4227). All services are free and help is only a phone call away.

Fort Shafter Newcomers Orientation Tour — The Fort Shafter ACS presents a newcomer's orientation tour every other Tuesday. The tour helps familiarize new Soldiers and family members with many aspects of Hawaiian culture, customs, language, surrounding communities, the Hale Koa Hotel and various points of interest on the island.

Registration is required and seating is limited.

Tour time is 7:30 a.m. to 4 p.m., and lunch is not provided, but you can bring your lunch or purchase a meal at the Hale Koa. Call the Fort Shafter ACS at 438-9285 for registration or questions.

Schofield Barracks Newcomers Orientation Tour — ACS will conduct a newcomer's orientation tour every Friday for new Soldiers and family members. The tour will include Schofield Barracks, Tripler Army Medical Center, surrounding civilian communities, the Hale Koa Hotel, the Bishop Museum and other points of interest on the island.

The tour will depart at 7:30 a.m. and return at 4:30 p.m., and registration is required. Lunch is not provided, but participants may bring a cooler with drinks, snacks and lunch. For more information or to register, call ACS at 655-2400.

Expo: Conference 'closes gaps' in technology

CONTINUED FROM B-2

their specific service needs but we all have to keep joint capabilities in mind. Now, with everything being a joint fight, we need to strictly address the joint market."

Blankenship attended to present part of the interactive display for "Overwatch," a system, currently used by U.S. Army Pacific and military police brigades in the Pacific theater, which detects and pinpoints the origin of gunfire in less than a second.

"It [Overwatch] improves timelines to make a decision, because within one-tenth of a second, you already have eyes on to return fire," said Blankenship. "This is a process that reliably tells you what fired, and from where, whether it's small arms, RPGs [rocket propelled grenades], or something else, and typically you can pick up weapons beyond their effective range."

This is just one of the many technological advances displayed at the conference. According to Blankenship, there is currently a follow-on activity to put an airborne platform in an unmanned aerial vehicle (UAV), another innovative technology featured at the conference. Additionally, she noted that other items on display could work well together, citing the three-dimensional technology also at the conference as a possible future partner.

"It is precise to within four inches of absolute truth and the entire urban corridor is in 3-D," said Jeff Turner, Vice President and Chief Technical Officer of Geo-spatial Technologies, Inc. This original technology also has applications for space, he said.

"You can actually integrate the two technologies for use, intersecting the two, acknowledging that a gunshot came from a direction and then knowing exactly where that is," Blankenship said.

One theme the conference emphasized "war fighter pull," where efforts are based on U.S. Pacific Command requirements.

"We cover 52 percent of the world's mass,



Lt. Col. Raymond Smith (left foreground), deputy of the Joint Non-Lethal Weapons Systems based in Quantico, Va., demonstrates nonlethal munitions to Master Sgt. Suran Star (second from right), Special Operations Command, Pacific, at the 9th annual U.S. Pacific Command Operational Science and Technology Conference.

and within that region there are so many religious, political, and ethnic diversities found in this area of responsibilities," said Lt. Gen. Daniel Leaf, deputy commander of PACOM. "Our warriors today are here to provide some solutions."

In this era, Leaf continued, the command must look to the challenges it faces, the concept of operations, and "... bring together the war fighters and combat support agencies as well as our friends from other countries."

According to participants, the conference created partnerships between the science and technology community and the operational forces.

"One thing to take away from this experience is the impact of coalition partnerships in this area of responsibility with nongovernment agencies and the military and being able to knit these organizations together," Vance Kinsey, science and technology advisor for PACOM stated. "Terrorism won't be vanquished by one approach."

"Our focus together acknowledges responsibility and applies to Adm. [William J.] Fallon's top five priorities," Kinsey said. Adm. Fallon's top five initiatives are prosecuting and winning the war on terror; maturing joint and combined war fighting capabilities and readiness; ensuring the credibility of operational plans; advancing regional security cooperation; and posturing forces for agile and responsive employment.

War fighters, innovators, and everyone between acknowledged the positive aspects of the conference.

"We've got better situational awareness in apprehending the bad guy because of the technologies," said Capt. Kevin Saataamp, USARPAC transformation officer speaking of his experiences in Iraq with the Stryker Brigade. "Boots on the ground are saying, technology is good, and we need it, no doubt that Stryker Brigade is starting to match this [new war fighting technologies] with the bottom line."



Spc. Amanda Flemett | 2nd Brigade Public Affairs

Soldiers in training

Cpl. Jeremy Beer, 1st Battalion, 27th Infantry Regiment, 2nd Stryker Brigade Combat Team, helps adjust head gear for Joshua Alvarado, 5, inside the Stryker MEV on display at Career Day, Iroquois Point Elementary School in Ewa Beach, March 10.

Kalel Gante (right), 5, laughs at the gentle gesture from the Soldier.



March

19 / Sunday

"5 Game, No Tap" Tournament – Individuals are invited to participate in a "5 Game, No Tap" Tournament at the Schofield Bowling Center. Check-in is at 1 p.m. and the cost is \$20. Call 655-0573 for more information.

21 / Tuesday

Youth Sports Track and Field– Registration for youth track and field begins March 21 at Aliamanu Military Reservation (AMR), Fort Shafter, Schofield Barracks and Wheeler Youth Centers. Registration is open to youth born between 1988 to 1997 and the cost is \$40.

Participants will receive a team uniform, qualified coaching, and a USA Track and Field membership card. A military ID card or birth certificate is required to sign up, along with a physical exam. Practice begins in early April and the season runs from June to July.

For more information, call 836-1923 (AMR), 438-9336 (Fort Shafter), 655-6465 (Schofield Barracks) or 655-0883 (Wheeler/Helemano Military Reservation).

22 / Wednesday

BMX Track – The BMX track on Wheel-

er Army Air Field is now open on Wednesdays from 5 to 6 p.m. and Saturdays from 10 a.m. to noon. For additional information, call 655-0883 or visit www.mwrarmy-hawaii.com/cys/bmx_track.htm.

25 / Saturday

Hawaii Championship Wrestling – Come watch Hawaii Championship Wrestling at the Tropics, March 25. Doors will open at 6 p.m. and matches will start at 7 p.m.

The cost is \$5 for ages 12 and up, \$3 for ages 11 and under, and free for children ages 5 and under. Call 655-8522 for more information.

26 / Sunday

Army Mini-Sports Soccer – Registration starts March 26 – April 18 for the Army Mini-Sports Soccer program for youth ages 4 to 5. The program runs April 25 – June 15. In this parent-participation program, youth will learn basic soccer, including dribbling, passing and throw-ins. The cost is \$10 and includes a T-shirt.

The program will be held at the Bennett Youth Center field and the AMR baseball fields. For more information, call 836-1923 (AMR), 438-9336 (Fort Shafter), 655-6465 (Schofield Barracks) or 655-0883 (Wheeler/Helemano Military Reservation).

Ongoing

Cardio Kickboxing – Kickboxing can develop cardio-vascular fitness, improve balance and lead to more self-confidence. Classes are offered at the Fort Shafter Physical Fitness Center, on Tuesdays and Thursdays from 4:30 to 5:30 p.m. For more information, call instructor DarylLynn Gandaoli at 779-4495.

SKIES HOKK Classes – Learn Hawaii Okinawa Kenpo Karate-Do Shudokan, a quality martial arts program taught by master instructors. HOKK teaches self-discipline and dedication to overcome obstacles and become successful in Karate and life in general. Classes are \$35 per month or \$105 for a semester. Family discounts are available. Classes are offered for students in grades 1 to 10 and parents are welcome to take classes with their children.

New students start at the beginning of each month. For additional information, call 655-5525.

Chess Club – Come and play chess every Monday from 5 to 8:30 p.m. at the Tropics. Competitors must have their own equipment; a few sets will be available for those without. For more information, call the Tropics at 655-0002.

Youth Sports Coaches – Youth Sports is looking for volunteer coaches to help make the program a success. If you would like to give back to the youth what you received as a child, see your local Youth Sports Director or call these numbers for more details: AMR at 836-1923, Fort Shafter at 438-9336, or Schofield Barracks at 655-6465.

Step Classes – A variety of step classes are offered at the Schofield Barracks Health and Fitness Center, including the dynamic Multistep Class held Mondays at 8:30 a.m., the Step and Ab Class held Mondays at 5 p.m., and the Step and Pump Class held Thursdays at 5 p.m. and Fridays at 8:30 a.m.

Classes are available to fit any individual's exercise regimen and goals, and they are held from Monday through Saturday. Call 655-8007 for more information.



Send community announcements to community@hawaiiarmyweekly.com.

MARCH

25 / Saturday

Rodeo – Looking for hard-riding, fast-paced rodeo action? Gallop over to the Diamond J Arena in Waianae on Saturday, March 25; the Kawaiiloa Ranch Arena in Haleiwa, Sunday, April 30; and the DK Ranch Arena in Waimanalo, Saturday, May 6.

Sponsored by the Hawaii Women's Rodeo Association, these events are free to spectators and features Hawaii's best horses and men, women and children riders.

Competition begins at 10 a.m. and includes barrel racing, pole bending and other timed events at each event.

26 / Sunday

10k Volksmarch – The Menehune Marchers is sponsoring a 10K volksmarch, or walk, at Kaena Point (Mokuleia), beginning at 8 a.m. on March 26. Marchers will meet at Camp Erdman YMCA. Call Barbara at 247-5059 or Carol at 626-3575 for more information.

Also, walkers are invited to the 10K at Maunaloa Bay Beach Park in Hawaii Kai on April 23 (with start time set between 8 a.m. and noon). Contact Marsha at 395-9724 for more details.

Cost is free at both events, unless volksmarch credit is desired; then marchers must pay a \$3 fee.

ONGOING

Golfers Wanted – Are you looking for a golf group? Military or civilian golfers interested in playing golf on Sunday mornings at Leilehua Golf Course should call 347-8038 or 375-3322. Tee time is usually before 8 a.m.

A wish can teach a sick child that anything is possible. Even the future.

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Share the Power of a Wish®

Make-A-Wish Foundation® is a CFC participant. Provided as a public service.



MAKE-A-WISH

Catch Lightning Rumble IV

The main event will take place at the

Conroy Bowl

April 13 at 5 p.m.

Preliminary bouts will take place at Martinez Gym and at the Conroy Bowl, April 10-12, beginning at 9 a.m.

Those interested should sign up early with their brigade points of contact.

All registrants must have a medical release signed by their unit physician's assistant and sergeant major before they can participate.



Pvt.2. Matthew C. Moeller | 17th Public Affairs Detachment

Fording March floods

Even fearsome showers can't stop the Army, as this Schofield Barracks HMMWV fords Humphreys Rd. Tuesday. Intense rainfall left roads flooded for several hours leaving motorists to brave the saturated streets.

All-Army women search for gold in California

CAPT. CORY ANGELL

Pennsylvania National Guard Public Affairs

FORT INDIANTOWN GAP, Pa. — In the small town of Annville, among the rolling wooded hills of Central Pennsylvania, the sound of helicopter blades can be heard beating the air here.

The residents are used to the sounds that come with military training, but once a year, a more quiet training sound can be heard that seems to go unnoticed — the squeak of sneakers on a highly polished surface and the sweet swish of basketballs passing through the rim and catching nothing but net.

This different kind of military training is the All-Army Women's Basketball Camp.

"We like to train here," said the coach, Leroy Williams. "It's out in the country, and there aren't many distractions. It gives us a chance to focus, and if we do want to do something, Hershey and Harrisburg aren't far away."

Here the Soldiers train and play local semipro women's basketball teams, like the Harrisburg Horizons, in preparation for the ultimate military competition, the Armed Forces Championship.

"Remember," said Williams, pacing in front of the team, "When we play these teams they know you're Soldiers. They expect you to play tough. If you don't go out there and meet that expectation, then you're just letting them have one up on you right off the bat."

The schedule is relentless, with the players training three times a day, five days a week, and twice on Saturday and Sunday, all in anticipation of the championship.

"It's like the final four for the military," said Williams. "It's when the Army, Navy, Air Force and Marines come together and give it all to show who is the best."

This year the Marine Corps will host the Woman's Basketball Championship



Courtesy Photo

Coach Leroy Williams (left) watches his All-Army women's basketball team practice at Fort Indiantown, Pa. Applications for All-Army sports have been few, due to deployments, but the coach believes the team will take gold at the multiservice championships at Miramar, Calif., March 17-25.

at Miramar, Calif., March 17-25. The Army has won the championship all but four times since 1978.

"We are working hard and pushing ourselves," said Sgt. Evevetta Crawford, team captain and veteran player. "It's time for us to take back the gold."

Crawford traveled all the way from her post in Okinawa, Japan, to take part in the competition. She played four years of college ball and with some professional teams overseas.

"I would say our players experience in basketball runs from college to professional," said Williams. "They are very competitive athletes and Soldiers."

The challenge of the camp is evident as the Soldiers hustle up and down the court. It is also apparent between practices as Soldiers sprawl out with ice bags taped to joints.

"This is the first year they have had a physical trainer," said Staff Sgt. Ryan Murphy, a physical therapy instructor from Fort Sam Houston,

Texas. "Given the fact that we have half as many players, my job — keeping them healthy — will be even more important."

"With all the deployments overseas, some Soldiers are unable to compete," said Williams. "It's important for more commanders to inform their Soldiers that there's an opportunity to play for the Army, and do their best to let them attend the camp so we can be at our best."

"It's only letting the Soldier go from the unit for a couple of months, and it's a matter of Army pride."

All Soldiers, regular Army, National Guard and Army Reserve, are eligible to apply online for All-Army Sports by going to www.armymwr.com/portal/recreation/sportsandfitness/.

"I think participating in All-Army sports not only trains us how to be better basketball players," said Spc. Christina Brown, stationed at Fort Huachuca, Ariz. "It makes us better Soldiers and better leaders."