

# HAWAII ARMY WEEKLY

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Serving the U.S. Army Community in Hawaii | [www.garrison.hawaii.army.mil/haw.asp](http://www.garrison.hawaii.army.mil/haw.asp)

## INSIDE Televised town hall returns

JACK WIERS

U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS – An expanded, televised town hall, here, will feature live telephone questions from viewers as commanders and subject matter experts respond to queries on installation channel TV2, July 28, at 7 p.m.

The 90-minute program will be co-hosted by Maj. Gen. Michael J. Terry, commander, U.S. Army-Hawaii, and Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii, from the Visual Information studio, here.

The telecast is designed to build on the successes of the Garrison's first-ever live town hall broadcast in December 2009. Terry encouraged development of the broadcast format based on the successful televised town hall model from Fort Hood, Texas.

"With this format, we are actively engaging our Soldiers and family members, and we're also offering them important and timely information about current programs and initiatives," Terry said.

The evening broadcast, designed to reach the largest number of installation viewers possible while still at their homes, will feature briefs on the installation housing metering program; new Family and Morale, Welfare and Recreation deployment and redeployment programs; construction and road initiatives; and an update on the Interstate Education Compact on Educational Opportunity for Military Children by retired Brig. Gen. Kathleen Berg, a University of Hawaii professor.

Berg will detail cooperative initiatives between participating states that are being designed and implemented to resolve public school transition issues for military children, as they move to and from new installations.

The new Department of Defense initiative has received support from the Army, locally, and Linda Lingle, Hawaii governor.

The question-and-answer portion of the program will begin after the briefs conclude. However, telephones will be manned starting an hour prior to the broadcast and through broadcast completion to take questions. Two dedicated phone line numbers will be available and displayed continually on installation TV2 across the bottom of the screen, before and during the telecast.

"The goal is to engage our community in a forum where we can not only reach the largest potential audience, but also address their questions and concerns immediately and at the command level," Mulbury said.

All questions will be logged, reviewed and prioritized for broadcast. Mulbury stressed that all questions and issues submitted will be addressed, in some format, in the near future.

"Every question, every issue will receive a response,"

SEE TV2, A-4



Gregory Gieske | U.S. Army Photo

## Eyes on the horizon

CONTINGENCY OPERATING SITE MAREZ, Iraq — Crew Chief Sgt. Fred Oser, 2nd Battalion, 25th Combat Aviation Regiment, 25th Combat Aviation Brigade, 25th Infantry Division, stands watch for hostile threats as U.S. Soldiers and Iraqi dignitaries board a UH-60 Black Hawk before taking off in the Ninewa province, July 2. See the full article on A-3.

## RIMPAC 2010

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## Leadership changes

See who's taking command of the 196th Inf. Bde., 500th MI and COE.

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## Survey identifies suicide risks

VANESSA LYNCH

News Editor

SCHOFIELD BARRACKS – Life as a Soldier or family member can be extremely demanding, challenging and, at times, test even the most resilient person.

Frequent deployments, separations from friends and family, financial uncertainties, emotional anxiety, increased alcohol and drug use, and marital difficulties are just some of the things Soldiers and military families experience, so U.S. Army Garrison-Hawaii is working to help prevent these problems before they happen.

One program that works on behalf of Soldiers is the Risk Reduction Program, enforced at the commander level, which offers the Unit Risk Inventory.

The survey anonymously assesses a unit's

propensity for risk in 14 areas, to include alcohol and other drug use, unit cohesion, suicide, financial problems, Army environment, self-perception and relationships.

This survey is administered 60 days before a unit deploys and results are compared to similar units on Army Hawaii installations.

The program collects data monthly from subject matter experts, including the Army Substance Abuse Program; the safety offices for 8th Theater Sustainment Command, 25th Infantry Division, 311th Signal Command, and Tripler Army Medical Center; Public Health Nursing; the Provost Marshal; Family Advocacy, Army Community Service; Casualty Assistance; and U.S. Army Garrison-Oahu Community Compliance.

SEE RISKS, A-7

## 516th Signal Bde. receives supply excellence award at CLEA

LT. COL. FRANK SNYDER & CAPT. PATRICK PENN

311th Signal Command

SCHOFIELD BARRACKS – Two Hawaii-based signal units received awards of excellence, recently, during the 6th Annual Chief of Staff of the Army Combined Logistics Excellence Awards ceremony in Richmond, Va.

The 30th Signal Battalion, 516th Signal Brigade, won the Supply Excellence Award in the parent-level, Modified Table of Organization and Equipment category.

The Headquarters and Headquarters Company, 516th Signal Bde., placed runner-up in the unit-level, Table of Distribution and Allowances category.

"Winning these awards is huge," said Col. Dana Tankins, commander, 516th Signal Bde. "We're very proud of the hard work and achievement of our Soldiers and civilians; it takes a substantial effort by Team Signal to reach this level."

Commanders and supply personnel from both units were on hand for the prestigious awards ceremony and banquet as Gen. George Casey Jr., 36th Chief

of Staff of the Army, was the guest speaker for CLEA and personally presented awards.

Casey reiterated just how special this honor was and congratulated award recipients since CLEA recognizes excellence in supply, maintenance and deployment Armywide.

Following the ceremony, Maj. Gen. Michael J. Terry, commanding general, 8th Theater Sustainment Command, congratulated and addressed the 516th Signal Bde. award recipients.

"Your excellence in logistics, as

demonstrated by winning these awards, is undeniable," Terry said. "I'm proud of the great work you've done. I ask you to share your processes with other units, but more importantly, I challenge you to maintain your success and earn accolades again next year."

During an informal conversation among the speakers and award recipients, Terry asked Sgt. 1st Class Robert Brown, noncommissioned officer in charge, 30th Signal Bn., how he felt about receiving

SEE 516th, A-3

## DES graduates 16 DA security guards, promotes five

Story and Photo by STEPHANIE RUSH

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD – Sixteen security guards graduated from the Army's Security Guard Basic Academy in a ceremony held at the chapel, here, Monday.

Garrison's Directorate of Emergency Services will hire a total of 120 security guards as part of Installation Management Command's plan to convert nearly 3,100 installation access-control-point security guard positions from contractor to federal-employee status across the country.

The switch is due to congressional mandates and the expected loss of a waiver established after 9/11 that allowed the Department of Defense to contract security guard services at military installations in the U.S., said Craig Shreiner, branch chief of physical security for IMCOM.

For Soldiers and civilians, their families and members of the general public accessing Hawaii's Army installations, the change will be seamless. While all gates will continue the same hours of ser-



Roverdan Delacruz, left, checks for signs of life during CPR training, as part of the Department of the Army Security Guard Basic Academy, at the Education Center, here, Monday.

vice and the same numbers of guards, some gates may begin to have extended hours of operation.

"Additional guards will allow us to open additional gates or keep certain gates open longer," said Lt. Col. Daniel Hulsebosch, director, DES, U.S. Army Garrison-Hawaii. "At some gates, we have Department of the Army police of-

ficers and military police officers working. We can now use the police officers to do other tasks."

While the new security guards will be primarily assigned to access control, with new guidelines from the Army, they can also be used to augment police patrols: performing security checks and assisting with calls for service, force pro-

tection, random antiterrorism measures and other new duties, which contractors could not perform, said Gordon Wiborg, security division chief, DES.

"Department of the Army security guards, with nearly the same authority and much of the same training as DA civilian police, differ only in their areas of responsibility and scope of duties," Wiborg said. "In this way, the command is able to more fully leverage the current workforce to better serve our military community."

The academy's monthlong course covers a wide range of topics, including defensive tactics, chemical exposure, CPR and first aid, and weapons training, and ensures all security guards are ready to handle anything that may come their way.

"The Army's police officers go through three months of training," Wiborg said. "Our security guards here are getting the exact same training, in a condensed format. We cram nine-plus weeks of training into four."

Wiborg, who is responsible for

SEE GUARDS, A-3

## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3488.



U.S. Army-Pacific Courtesy Photo

Col. Katsuki Takata, chief, Logistics Management Division, Japanese Ground Self Defense Force, accepts a gift from Col. Dianna Roberson, commander, 45th Sustainment Brigade, 8th Theater Sustainment Command. Takata was a key participant in the annual Bilateral Logistics Staff Talks with the U.S. Army-Pacific's G-4, Logistics Directorate, to discuss ongoing logistics cooperation and future humanitarian assistance and disaster relief.

## USARPAC, Japan discuss international logistics

**NANCY RASMUSSEN**  
U.S. Army-Pacific Public Affairs

**FORT SHAFTER** – The Multinational Interagency Branch that manages the U.S. Army-Pacific's Theater Security Cooperation Program for Logistics continued to connect with Asia-Pacific counterparts as officials from the Japan Ground Self-Defense Force conducted the 37th Bilateral Logistics Staff Talks, here, July 12-15.

"Lt. Gen. (Benjamin) Mixon's Theater Security Cooperation Program encourages USARPAC directorate leaders to engage with partner countries to further develop relationships, interoperability and to enhance partner capacity inside of their specific functional areas like logistics," said Col. Clay Hatcher, chief G-4, Operational Sustainment Directorate.

Hatcher and Lawrence Mariano, chief, Multinational Logistics/Interagency Branch, hosted Col. Katsuki Takata, chief, Logistics Management Division, Ground Staff Office, who was accompanied by Lt. Col. Masahiro Kobayashi of Japan's Logistics, Plans and Operations section, to discuss logistics topics from a pre-approved agenda. Shigeko Nishiyama, U.S. Army, Japan, G-5, acted as an interpreter for the Japanese and U.S. military logisticians, who covered an array of subjects.

"Our discussions covered areas such as transportation support, co-use of ammunition storage, fuel and port facilities; Japanese Army watercraft and high-speed vessels; and the nature of multinational partnerships," Mariano said.

"Col. Takata is a familiar member to the BLST and contributes immensely to the TSCP, one of Lt. Gen. Mixon's top priority programs within his command," Hatcher said. "Col. Takata will become the Vice Chief of Staff for (Japan's) Western Army. He understands the issues and concerns within the logistics community between both armies, and will be a valuable key player in the next Yama Sakura exercise conducted in Japan and future TSCP/BLST engagements."

Logisticians from the Operational Sustainment Directorate, G-4, have completed more than 11 engagements this fiscal year and have six more to complete before the fiscal year ends this September.

"The OSD G-4 team can be assembled in an array of subject matter expert configurations to best suit a requirement in a partner country," Mariano said. "These subject matter expert exchange teams can range from two to approximately seven personnel, with the appropriate MOSs (military occupational specialties), conducting the engagement."

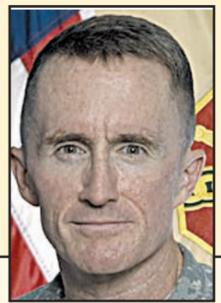
"With more than 50 logistics topic areas, these logisticians meet with their counterparts during country visits within the Pacific area of responsibility to discuss more efficient and better ways of supporting any and all missions for (the AOR) armies," Mariano said. "Col. Hatcher provides the leadership, guidance and priorities for his logisticians to execute Lt. Gen. Mixon's TSCP, and ensures that objectives under the U.S. Pacific Command's Theater Campaign Plan are met."

### Getting it Straight

Photo credit was misidentified in the "311th Signal changes command" article in the July 16th edition of the Hawaii Army Weekly, on A-1. The photographer was Capt. Donald Vacanti of the 311th Signal Command.

## Ask the Commander!

Mulbury encourages U.S. Army Garrison-Hawaii community to utilize ICE program



Mulbury

ICE program geared at improving customer service satisfaction

During the last several months, U.S. Army Garrison-Hawaii has recommitted itself to the customer relationship, striving to provide the best service and support we can to our military community, in the most professional, positive and polite way that we can.

While our attitude and approach is part of our commitment, we know that we can only provide the best service if we're meeting the needs of our customers.

Without our customers' input, we are what has been described as a "self-licking ice cream cone." That is, we can't say we're doing well just because we think we're doing well. Our customers have to tell us.

While different methods are available for our customers to provide input, USAG-HI is renewing its emphasis on one of the easiest, most direct methods for customer feedback: the Interactive Customer Evaluation program. ICE is a Web-based program designed to allow an individual to comment about a specific garrison service area.

Every comment submitted through ICE is automatically and immediately e-mailed to the manager of the service area. Our goal is to respond to every comment, in which customer contact information is provided, within three business days.

In the past, we've missed our mark, but we've improved considerably, following-up on almost 100 percent of the comments submitted.

We receive a broad range of comments from our customers. In June alone, our customers told us their concerns about security spikes that were installed at our installation access points, the quality of food at our local clubs, the amount of time it takes to re-

ceive service support, about illegal parking, as well as a myriad of other issues.

We welcome all comments from our customers, as we're unable to correct a problem if we don't know it exists. Also, your feedback gives us an opportunity to help educate our community on a process or even a misperception.

We also receive positive comments about our staff or support services to our military community, especially during periods of deployment.

In fact, most of the comments we receive through ICE are positive. In June, 81 percent of customers who commented on our service were satisfied, with only 18 percent dissatisfied. We're working hard to improve – 81 percent is good, but we're striving for excellence!

Not all customer concerns can be resolved quickly through ICE. Those issues that require additional resources or analysis will be forwarded to the Installation Action Council, a community forum that discusses installation-level issues that are of interest to the local military community.

Still, ICE is the most immediate way a customer has to let us know how we're doing. Individual comments help us to correct a specific situation, and all comments, taken collectively, help us to identify common themes or trends in our services.

In the coming months, look for a new ICE marketing campaign to roll out reminding you, our customers, that your input is truly valuable to us. Our slogan will be, "Tell us what you think. Say it on ICE."

Our commitment is to listen.

To communicate with Garrison

- Visit [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil) and click on "ICE Comments" under Quick Links on the right side of the screen.

- To submit an "Ask the Commander" question, send an e-mail to [AsktheCommander.usaghi@us.army.mil](mailto:AsktheCommander.usaghi@us.army.mil). For more information, call Ophelia Isreal (655-9033) at Customer Management Services, or call Aiko Brum (656-3155) or Jack Wiers (656-3489) at U.S. Army Garrison-Hawaii Public Affairs.

- Don't forget to submit your questions for the Live Garrison TV Town Hall, July 28, starting at 7 p.m., where installation subject matter experts will answer questions on live TV. Send questions to [AsktheCommander.usaghi@us.army.mil](mailto:AsktheCommander.usaghi@us.army.mil) or to [twitter.com/USAGHI](https://twitter.com/USAGHI).

## Residents responsible for securing their personal property

**LT. COL. DANIEL HULSEBOSCH**  
Director, Directorate of Emergency Services

**SCHOFIELD BARRACKS** – Incorrect information was broadcast at a Family Readiness Group meeting, July 14, "Over the past 24 hours, Schofield Barracks encountered seven house break-ins. These break-ins were planned by a theft ring, which targets easy access/unsecured homes, while using existing moving trucks, packers and community housing vehicles as a cover."

This incorrect information immediately caused quite a stir within the community.

By July 15, the rumor had made its way to the office of the Directorate of Emergency Services for confirmation and for a plan to stop this theft ring.

The DES quickly queried the database to confirm how many actual cases occurred during the 24-hour period. That information is quite different from the initial erroneous report.

July 14, five different Schofield homes were the target of theft; however, the homes were not broken into. Army law enforcement is investigating, but it appears that these larcenies were matters of opportunity. The homes were left unlocked, and the thief simply walked in, picked up small items – which could be easily concealed, sold or pawned – and walked away.

DES does not have any indication that loading vans or other vehicles were used. The stolen items were easily transportable, and most were small enough to fit in pockets, purses or backpacks. Items included cell phones, iPods, Blackberrys, video games, digital cameras, a laptop computer and jewelry.

Civilian and military law enforcement regularly patrol military housing communities, but it's also important for families to take a few precautions of their own, as these types of crimes are the easiest to prevent.

Residents need to take the simple step of se-

curing the doors and windows of their homes and storage buildings, and keep valuable items safely secured and out of plain sight, where items may be tempting to potential thieves.

Residents who notice suspicious activity in or around their neighborhoods should call 911 or local authorities.

If you have any information regarding these incidents, call the Schofield Barracks Police desk at 655-7114, or the investigations division at 655-9669.

### Community Watch

Tired of criminal mischief in your neighborhood, but concerned about getting involved? The Directorate of Emergency Services has a system in place wherein community members can submit anonymous crime tips to the Military Police Station via cell phone text message or computer.

To submit a text message tip through a cell phone: (1) Type "TIP730" and provide the tip information, (2) Type "Crimes" in the "to" line, and (3) Hit "Send."

To submit a tip via your computer: (1) Go to [www.tipsubmit.com/start.htm](http://www.tipsubmit.com/start.htm), (2) Enter country and state information and select either Schofield or Shafter from the pull-down screens, (3) Provide as much tip information on the Web page as possible, and (4) Click on "submit tip."

Tipsters are given an alias to allow for anonymous two-way communication should the MPs require more information. Continue to report emergencies by dialing 911 or by contacting the Schofield Barracks and Fort Shafter MP Stations at 655-7114 and 438-7114.

## 99 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 7/22/10.

# Voices of Ohana

What is the one thing everyone must do before leaving Hawaii?

Photos by Tripler Army Medical Center



"Go hiking around the island."

**John Michael Billon**  
Civilian contractor, TAMC



"Go deep sea fishing."

**Louisa Burnah**  
Information Receptionist, TAMC



"Go snorkeling and see the sea turtles."

**Seamen David Robbins**  
U.S. Coast Guard Cutter Rush



"Go swimming with the sharks."

**Sgt. Brian Schwarzman**  
Co. A, TAMC



"Experience the aloha, the island life, and just hanging loose."

**Priscilla Williams**  
Civilian

# Crew chiefs provide 'eyes and ears'

**MASTER SGT. DUFF MCFADDEN**

2nd Brigade Combat Team, 3rd Infantry Division Public Affairs

CONTINGENCY OPERATING SITE MAREZ, Iraq—A crew chief carries an immense amount of responsibility from maintenance and daily inspections, assisting pilots in maneuvering the aircraft, providing security and loading and unloading passengers.

"If you really think about it, it's a very dangerous job," said Spc. Tony Moreno, Company A., 2nd Battalion, 25th Combat Aviation Brigade, 25th Infantry Division. "On top of your regular job stress, you have a 16,000-pound piece of metal that could fall out of the sky at any time. And then, you're flying around a place where people could shoot you out of the sky."

The Wheeler Army Airfield unit is currently deployed to Mosul, Iraq, where its 20 enlisted Soldiers and officers are responsible for air transport, direct support and general support missions for the 2nd Heavy Brigade Combat Team, 3rd Infantry Div.

"The way we operate, if we don't have people looking for a mistake, it could cost several people their lives," said Chief Warrant Officer 2 Dan Hansen, Co. A, 2-25th CAB. "When we're up front, our field of reference is what we see. Our situational awareness and everything having to do with our passengers depends on (the crew chiefs) once we land and take off. When it comes to obstacle clearance, you don't question what (the crew chiefs) say — you react."



Gregory Gieske | U.S. Army Photo

At center, Chief Warrant Officer Dan Hansen, pilot, and crew chief Sgt. Fred Oser, left, both of 2nd Battalion, 25th Combat Aviation Regiment, 25th Combat Aviation Brigade, 25th Infantry Division, listen as Chief Warrant Officer Matt Lamoreux, pilot, delivers operational intelligence during a preflight brief on the flight line in Mosul, July 2.

Moreno's day begins early, as he works on the preflight log, three hours prior to flight time, tracking faults, hours flown and inspections.

"Once the logbook is completed," Moreno said,

"it's time to load up the gear needed for the mission, including helmets, goggles, protective equipment, coolers and weapons."

Next, the helicopter is inspected. Crew chiefs

Moreno and Sgt. Fred Oser spend quality time with the aircraft, ensuring everything is fully functional. These preflight checks are part of a daily ritual, with the Soldiers following specific guidelines that emerge into a well-practiced pattern. After the crew chiefs have completed their examination, it's the pilots' turn.

"You want to have as many eyes as you can look over the bird," Moreno said. "You can't pull over onto the side of the road if you have an issue, so it's good to find the problems before the rotors turn."

"(The crew chiefs) have to know how each pilot wants the aircraft set up, so they have to know each pilot's idiosyncrasies," said Chief Warrant Officer 2 Matt Lamoreux, Co. A, 2-25th CAB. "The crew chiefs have their official guidelines, but we have our own pet peeves, and they meet it without missing a beat."

Information is then shared in the crew brief, providing insight into the day's mission, aircraft limitations and search and rescue data, before going over worst-case scenarios.

The crew fires up the aircraft for its final checks; crew chiefs assist by confirming there's movement on the collective, that rotors are pitched and engines are running properly.

"From the warrant officers, to the entire crew, there's no one guy in charge. It's a team effort, with everyone working together to ensure the helicopter lifts off and sets down safely," Moreno said.

Deployed Forces



Soldiers carry Sailors, acting as casualties, on stretchers away from a CH-46 Sea Knight during a joint mass casualty exercise at Tripler Army Medical Center. Fifty Sailors were flown to TAMC after a mock explosion inflicted mass casualties aboard the guided missile cruiser USS Lake Erie as part of Rim of the Pacific 2010.

## Army, Navy, Marines perform joint mass casualty exercise at TAMC

Story and Photo by

**PETTY OFFICER 2ND CLASS PAUL D. HONNICK**

U.S. Navy, Public Affairs Support Element West Detachment

TRIPLER ARMY MEDICAL CENTER — As a CH-46 Sea Knight came in for a landing, here, Soldiers and medical staff stood by with stretchers to move the wounded to the hospital's emergency room.

Fifty Sailors assigned to USS Lake Erie were flown to TAMC after a mock explosion inflicted mass casualties, as part of a Rim of the Pacific 2010 exercise.

"Today we saw a successful drill ... a joint venture between the Army, Navy and the Marine Corps participating in a mass casualty exercise where we exercised interoperability," said Lt. Cmdr. Patricia Serrano, deputy surgeon for U.S. Third Fleet. "Interoperability, it's not just working with other countries; it's working within our own agencies (and) our own units together, and this was a success. I'm very happy with the planning, and I'm glad we pulled it off."

After a mock explosion occurred, the victims were transported to the USS Bonhomme Richard, which provided medical treatment facilities and staff onboard. The victims were triaged and stabilized. The role players were then flown in transport helicopters assigned to Marine Medium Helicopter Squadron 268. The most serious injuries were flown to TAMC, first.

When TAMC received the initial call that patients were inbound, hospital staff activated their emergency preparedness plan and set up triage, treatment, decontamination sites and a morgue outside of their ER.

"For the hospital, it's also a part of their joint accreditation; they have to maintain certain standards," Serrano said. "Our option of having a RIMPAC exercise combined with the Army's need

to fulfill a requirement for the joint commission is a perfect blend of getting the job done."

To make the experience more realistic for the providers, Sailors used various props and make up to give the appearance of real injuries, including fake blood and plastic wounds on the patients.

"(The providers) could have something to look at and be able to know what type of injury they might be presented with," Serrano said.

TAMC staff treated Sailors for burns, lacerations, broken bones and more, with both the role players and the staff treating the injuries as if they were real. The medical staff was able to save most of the victims, but some were not so lucky.

"We had two patients that didn't quite make it. That's pretty real, as far as what you expect," Serrano said.

After the medical staff performed everything possible to save lives, Lt. j.g. Regina Pinto-Moura, a Navy chaplain, read the victims their last rites.

"(The chaplains') role is really important if you're looking at a real event because you're going to have a lot of chaos," Serrano said. "It's really stressful for the providers, as well as the family members that are coming here to find out that their loved ones are injured."

In the end, all the Sailors, including the two who "died," miraculously recovered from their injuries and returned to their ships.

Serrano said the most impressive aspect of the exercise was the effective communication and working relationship shared between the different units and branches of service in the exercise.

"We actually get a piece of real life where we get to work the logistics, and that becomes real-time operations, and that's what we're really proud of — is being able to show success at that interoperability," Serrano said.

## 516th: Unit's hard work pays off

CONTINUED FROM A-1

an award directly from Casey.

"I thought that going into CLEA was a pretty big deal, but when the Chief of Staff of the Army personally presented the award and shook my hand, I knew it for sure," Brown said.

"We worked hard for this, very hard," said Staff Sgt. Sergio Paredes Esparza, 396th Signal Co., 30th Sig. Bn. "It's great to see the result and to be a part of our (team's) success."

The units took time to thank those people who helped the units achieve the awards. Brown thanked Wanda Chambliss, 30th Signal Bn., for the leadership she contributed to the battalion's success.

Paredes specifically commended two of his Soldiers, Spc. Dustin Higgins and Spc. Hendere-

na Matautia, both of 396th Signal Co., for their great work and contributions leading to the award, calling their efforts "invaluable."

"It's very special to be here among the CLEA award recipients, to receive our award, and to share the day with Team Signal," said Spc. Whitney Sancrant, HHC, 516th Signal Bde., who also learned she made the promotion list for sergeant the same day as the CLEA. "I hope to be back next year."

(Editor's Note: Lt. Col. Frank Snyder is the commander, Network Enterprise Center, and Capt. Patrick Penn is the commander, Headquarters and Headquarters Company, 516th Signal Brigade.)

## U.S., Malaysia launch 'Keris Strike'

Story and Photo by

**1ST LT. CHRISTINA DOUGLAS**

9th Mission Support Command Public Affairs

KUANTAN, Malaysia — A bilateral command post exercise designed to strengthen the relationship between the U.S. and Malaysia officially got underway with an opening ceremony at Camp Kuantan, here, July 12.

Hosted by the Malaysian armed forces and sponsored by U.S. Army-Pacific, "Keris Strike 2010" is designed to not only strengthen the U.S./Malaysian relationship, but to build on peace support operational capacity.

Leading the U.S. effort is the U.S. Army Reserve's 9th Mission Support Command, which serves as the executive agent for Keris Strike. The 9th MSC provides operational control, logistical coordination planning and life support for participants and key personnel for the 14th annual event. This year is the fourth the 9th MSC has served as the executive agent.

Keris Strike allows Soldiers to participate in academic training, a mini-staff exercise and a command post exercise while strengthening their relationships by competing in sporting events and enjoying cultural activities.

"This is an excellent opportunity for us to continue to build on our relationship with the Malaysian Armed Forces," said Brig. Gen. Michele Compton, commanding general, 9th MSC. "There's a lot we can learn from each other. Both the U.S. and the Malaysian militaries each have a lot of experiences we can share, which continue to deepen the friendships we've developed over the years."

The commanding general of Malaysia's 3rd Division expressed the same enthusiasm about strengthening the military-to-military bond between the U.S. and Malaysia.

"I am extremely pleased to note that both the United States and the Malaysian (armies) have been able to work closely in this exercise," said Maj. Gen. Dato Razali Bin Hj Ahmad. "The planning and the conduct of this exercise are a clear manifestation and expression of our intimate military ties in cooperation. I strongly believe that this special relationship will continue, and we will work hard to ensure it serves the interest of our countries."

Lt. Col. Kimo Dunn, commander of the 100th Battalion, 442nd Infantry Regiment, 9th MSC, has participated in Keris Strike for the five iterations. He said the relationships he has developed with Malaysians have grown stronger each year.

"I see some of the same faces each year I come back," Dunn said. "Each year we get better at



Brig. Gen. Michele Compton, commanding general, U.S. Army Reserve's 9th Mission Support Command, greets leaders of the Malaysian armed Forces at the opening ceremony of exercise "Keris Strike" in Camp Kuantan, July 12.

making the exercise more efficient, and each year we continue to further enhance our partnership with the Malaysian armed forces."

Lt. Col. Karl Wright, deputy brigade commander, 204th MEB, said Soldiers from the U.S. and Malaysia are teamed up and ready for the mission.

"Our aim is to learn from our Malaysian counterparts and draw from each other's experiences," Wright said. "We are learning to fight the language barrier, have patience in learning each other's military decision-making process, and figure out how to come together and plan to achieve mission success."

"I'm really looking forward to getting to know the Malaysians and seeing how other armies do their jobs," said Pfc. Michelle Acosta, 9th MSC. "I think that by seeing what they do and their reaction to the situation, it will teach me (other aspects of my job)."

In addition to the 9th MSC, participating units playing a key role in the training exercise include members of Utah's National Guard, the 204th Maneuver Enhancement Brigade; Guam's National Guard, the 1st Battalion, 294th Infantry Regiment; Washington state's National Guard, the 56th Theater Information Operation Group; Korea's 411th Contracting Support Brigade; Hawaii's 413th Contracting Support Brigade; and USARPAC.

Exercise Keris Strike 2010 is scheduled to conclude today.

## Guards: DES staff protects paradise

CONTINUED FROM A-1

overseeing the training each new security guard goes through, addressed not only the graduates, but also their friends and families who attended the ceremony, thanking them for their sacrifices.

"Guarding paradise is a real privilege," Wiborg said. "Whether you are new to the field, or a veteran professional, you will remember this course and the friends you have made here for the rest of your lives. I know I do."

The ceremony also recognized five security

guard officers promoted to the rank of corporal.

Promoting employees is my favorite task, Hulsebosch said to the graduates during his remarks at the ceremony. It's a good feeling when you have openings at a higher level and are able to pull from people you've already hired, he continued.

"Just because you're all starting out at the security guard level," Hulsebosch said, "it's important to know that there is room for upper mobility here."

### DES Promotions and Graduations

#### Lead Security Guards

- Cpl. Anthony Ernst
- Cpl. Lucrecio Espanto
- Cpl. Kaipo Giltner
- Cpl. Arnold Rabanal
- Cpl. Dino Rodrigues
- Cpl. Christian Salinas

#### Promotion to Corporal

- Cpl. Christian Castillo
- Cpl. Sam Chong
- Cpl. Caleb Fortune
- Cpl. Jose Javier
- Cpl. Jaymar Lanoza

#### Basic Academy Graduates

- Watch Commander
- Lt. Mitchell Ryder

#### Security Guards

- Officer Christopher Azarias
- Officer Ronald Bass
- Officer John Cabaluna
- Officer Andrew Condlin
- Officer Kurtis Duenas
- Officer Justin Kaahanui
- Officer Quinn Robinson
- Officer Fiti Seloti
- Officer Cody Throgmorton

# 500th MI Brigade welcomes new commander, Frost

**1ST LT. JULIANNE BARCIA**

500th Military Intelligence Brigade Public Affairs

SCHOFIELD BARRACKS — Soldiers, family members and government civilians gathered on Sills Field, here, July 14, to bid farewell to Col. Christopher Ballard, outgoing commander, 500th Military Intelligence Brigade, and to welcome Col. Patricia Frost, incoming commander.

The ceremony's reviewing officer was Maj. Gen. Mary Legere, U.S. Army Intelligence and Security Command, Fort Belvoir, Va.

Legere said Ballard was a "superb (INSCOM) brigade commander. You have led from the front, inspired your team to excel and taken your unit to the next level. In addition to managing and synchronizing thousands of intelligence operations in support of the theater, you have set the standard for training, readiness and maintenance, showing concern for and commitment to the Soldiers and families of the brigade."

Ballard took command of the 500th MI Bde. in August 2008. He'll assume his new role as Intelligence and Security Command, Operations, at the command's Fort Belvoir headquarters.

During his remarks, he spoke with great affection of his family's experiences in Hawaii.

"There is something intangible that seems to bring out the best in people once they step on-island ... or somehow, only selects the best and brightest to serve here," Ballard said. "I can't explain our abundance of superb noncommissioned officers, officers and Army civilians, but there is nothing mysterious about the truth that super leaders inspire and develop the best Soldiers."

"To the Soldiers on the field and their families in attendance, as well as the nearly 1,600 Soldiers and civilians of the brigade they represent, (who are) serving today in four states, seven countries, across 13 time zones, (and) who work daily to provide timely relevant intelligence to supported commanders across the globe, you have my



Sgt. 1st Class Theodore Alger | 715th Military Intelligence Battalion

Maj. Gen. Mary Legere, left front, U.S. Army Intelligence and Security Command, passes the brigade colors to Col. Patricia Frost, the incoming commander for the 500th Military Intelligence Brigade.

deepest thanks ... for your service to our nation, for the way you carry yourselves as Americans in engagements through the Pacific, and for your dedication to this command," Ballard said.

Incoming brigade commander Col. Patricia Frost isn't new to the Hawaiian Islands. In 2003, Frost was assigned to the U.S. Army-Pacific at Camp Smith, where she served on the intelligence staff.

She commanded the 125th MI Battalion and the 25th Infantry Division Special Troops Bn. from 2005-2008, and then served as the deputy chief for the U.S. Army-Pacific Commanding General's Initiatives Group at Fort Shafter.

Most recently, Frost served as the director for executive engagements and services for the com-

manding general of USARPAC.

"To the Soldiers and civilians of the 500th MI Bde., you are proven in service, in combat and in sacrifice," she said. "I am humbled to be counted among your ranks. You are a special team of teams, and have demonstrated that you are America's Pacific Vanguard."

"In the work of intelligence, heroes are undecorated and unsung, their inspiration is patriotism, their reward little — except the conviction that they are performing an indispensable service to their country and the knowledge that America needs and appreciates their efforts," Legere said, quoting President Dwight Eisenhower.



1st Lt. Julianne Barcia | 500th Military Intelligence Brigade

Col. Christopher Ballard, left, outgoing commander, 500th Military Intelligence Brigade; Maj. Gen. Mary Legere, center, ceremony reviewing officer, U.S. Army Intelligence and Security Command Fort Belvoir, Va.; and Col. Patricia Frost, incoming brigade commander, 500th MI Bde., approach the reviewing stand.

"Like those who have come before you, you are today's heroes — undecorated and unsung — performing an indispensable service that has never been more impressive or more important," Legere added, while addressing the 500th MI Bde. Soldiers.

## TV2: Previous success prompts 90-minute format expansion

CONTINUED FROM A-1

Mulbury said, "if not during the broadcast, then in the coming days following the broadcast through publication in the Hawaii Army Weekly newspaper or with direct contact by the appropriate agency."

Social media will be another avenue for participation, and members of the USAG-HI community are encouraged to post questions in advance in

the Ask the Commander mailbox at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil) or e-mail [AsktheCommander.USAGHI@us.army.mil](mailto:AsktheCommander.USAGHI@us.army.mil).

Community members may also send "tweets" to [Twitter.com/USAGHI](https://twitter.com/USAGHI).

The previous televised town hall generated positive responses and resulted in expansion of the format from one hour to 90 minutes. This second

town hall was originally scheduled for May, but an electrical power surge in the days before the May broadcast date, followed by a power outage near the VI studio, damaged key audio components that were necessary to broadcast live.

"The delay was certainly not for a lack of support for the project," said Larry Thomas, VI studio manager. "Just the contrary, the command has

been encouraging and unwavering about the development of the televised town hall concept."

The live broadcast on garrison Hawaii's cable channel 2 will be rebroadcast throughout August and September. The telecast will also be rebroadcast on cable television on Olelo, channel 49, allowing community members outside the gates to view the town hall.



From left to right, Col. James George Jr., Lt. Gen. Benjamin Mixon and Col. Jack Pritchard salute for the presentation of colors during the 196th Infantry Brigade change of command ceremony at Fort Shafter, Tuesday.

## 196th Infantry changes command

Story and Photo by

**SPC. JAMES KENNEDY BENJAMIN**  
305th Mobile Public Affairs Detachment

FORT SHAFTER – Service members, families and friends of the 196th Infantry Brigade gathered for a change of command ceremony, Monday, at historic Palm Circle, here.

Col. Jack Pritchard assumed command of the brigade from Col. James George Jr., with Lt. Gen. Benjamin Mixon, commanding general, U.S. Army-Pacific, officiating.

“The 196th Inf. Bde.’s primary mission is to assist with training and mobilization of our Army Reserve and National Guard units in the USARPAC area of operations,” Mixon said. “(George’s) personal philosophy, ‘train each person the way you would want to be trained, if you were going to war the day of the training,’ has served them well.

“For the past two years, (George) and his team of professionals have distinguished themselves through superior performance and dedication,” Mixon said, adding that Pritchard’s experience makes him more than qualified to serve as commander of the 196th brigade. “As we say thank you and farewell to one terrific leader, we say aloha and welcome to another.”

Shortly after Mixon’s remarks, George addressed the brigade for the last time as its commander.

“It’s always a great honor to be giv-

en the opportunity to command,” George said. “The Soldiers of the Charger Bde. train others for a living; they are simply experts at it. You all should be proud of these Chargers. They are world-class trainers of Soldiers, day in and day out.”

After George’s remarks, Pritchard addressed the brigade as its new incoming commander.

“It truly is a privilege and honor to return to Hawaii and the Pacific to command the Charger Bde.,” Pritchard said, whose family lived here in 2004 and 2008. “(The 196th’s) tremendous reputation for excellence in training and mentoring of units preparing for combat, combined with its rich and deep history in service to the Pacific theater, sets this unit apart.

“Our priority is and will remain to provide professional, high-quality training to support reserve component units throughout the U.S. Army-Pacific,” he said. “I am proud now to be considered among your ranks. As our motto says, ‘Ahead of the rest.’”

The 196th Infantry Brigade was constituted on June 24, 1921, at Buffalo, N.Y., as Headquarters and Headquarters Company for the 98th Division. The unit was redesignated to active duty in 1942, and then inactivated in 1972.

In 1998, the brigade was reactivated to provide dedicated and professional support to reserve component forces throughout the USARPAC area of responsibility.

# Guttormsen becomes COE’s 67th Honolulu District commander

Story and Photo by

**DINO W. BUCHANAN**

U.S. Army Corps of Engineers-Honolulu District Public Affairs

FORT SHAFTER – Lt. Col. Douglas Guttormsen became the 67th commander of the U.S. Army Corps of Engineers-Honolulu District in a military ceremony held Friday, on historic Palm Circle, here.

Brig. Gen. Mark Yenter, commander, COE-Pacific Ocean Division, hosted the ceremony during which outgoing commander, Lt. Col. Jon Chytka, and incoming commander, Guttormsen, passed the ceremonial flag symbolizing the official change of command.

During the ceremony, Guttormsen and his family were presented with fresh flower lei, a Hawaiian symbol of welcome. The Chytka family also received lei as a tribute to their service, here.

Chytka will be the deputy commander of the COE-Afghanistan Engineer District North in Kabul, Afghanistan.

During his tenure, Chytka met the challenge of successfully leading the district in executing all mission requirements: military construction, civil works, international and interagency services, real estate, regulatory, environmental services and emergency management support.

Chytka led a highly motivated staff in support of U.S. Army military construction, transformation and grow-the-Army initiatives at Hawaii Army posts, including barracks renewal on Wheeler Army Airfield, the renovation of several historic quadrangles on Schofield Barracks, construction of several new Army training facilities at Pohakuloa Training Area on the Big Island of Hawaii, the initial construction of the Schofield-to-Helemano trail and Drum Road, and the start of construction for a new Army Reserve Center and warehouse on Fort Shafter Flats.

U.S. Army Garrison-Hawaii, the Corps and contractor Nan Inc. also joined forces under Chytka’s tenure to construct a six-story, state-of-the-art, energy-efficient barracks at Fort Shafter.

During Chytka’s tour, the dis-

trict awarded the contract for architect-engineer services for the design of the future headquarters of U.S. Army-Pacific.

Under Chytka’s leadership, the district continued military construction support for the Air Force’s C-17 bed-down initiative, which included the completion of a clear-water rinse facility, a parking ramp, the first new flight line hangar at Joint Base Pearl Harbor-Hickam, since the 1930s, and construction of the Distributed Common Ground Systems facility.

The district also completed the construction of a brand new, state-of-the-art hydrant fueling system at Joint Base Pearl Harbor-Hickam to service C-17 and other aircrafts.

Through Chytka’s initiative, the district stood up, fully staffed and deployed the inaugural 565th Engineering Detachment, better known as a Forward Engineering Support Team, and provided extensive design, cost-

engineering, personnel and reach-back support to other districts within POD.

During Chytka’s tour, the district provided significant civil works support to the state of Hawaii, successfully completing a dredging and shoreline enhancement project at Kikiaola Harbor in Kauai; completing repairs to deep draft harbor breakwater in Port Allen, Kauai; expanding the Ala Wai watershed study; and providing technical information on various shoreline configurations for the Waikiki Natatorium study.

For his outstanding work and contributions at Honolulu District, Chytka received the Meritorious Service Medal.

Guttormsen comes to the district after serving as the operations officer for the 130th Engineer Brigade at Schofield Barracks.

He will command an organization of about 370 engineers, scientists and support staff serving the Pacific region, including Hawaii, Guam, American Samoa, the Commonwealth of the Northern Mariana Islands and Kwajalein.

The district’s current program is valued at about \$2 billion.



Brig. Gen. Mark Yenter, commander, Pacific Ocean Division, left, passes the U.S. Army Corps of Engineers command colors to Lt. Col. Douglas Guttormsen, commander, Honolulu District, during the COE-Honolulu District change of command ceremony held Friday on Palm Circle, Fort Shafter.

# Sex Signals tour promotes 'I A.M. Strong' program

SGT. PHILLIS WHITE

8th Theater Sustainment Command Public Affairs

FORT SHAFTER — The seats quickly filled up at Richardson Theatre, here, for a stage production full of jokes and audience interaction.

However, everyone in the audience was wearing military uniforms and even though laughter filled the theater, the performance was a serious military class known as "Sex Signals."

The Army continues to aggressively address sexual assault issues, such as focusing on prevention, caring for victims, and taking appropriate adverse administrative or disciplinary action against Soldiers who commit sexual assault, based on facts and circumstances of the individual case, as well as constantly monitoring and refining policies and programs.

The Sex Signals tour is comprised of 18 to 20 presenters from Catharsis Productions, out of Chicago, who work with the military to present sexual assault training in a nontraditional way.

"We make the program unique and humorous, so that Soldiers are more willing to engage in open conversation, talk about things that they have seen or just even express their opinions," said Brian Golden, Catharsis Productions presenter.

The purpose of the Sex Signals Tour is to present Sexual Harassment/Assault Response and Prevention program issues, including the I A.M. Strong SHARP program. Presenters tour around the world and bring this training to all military personnel and their families.

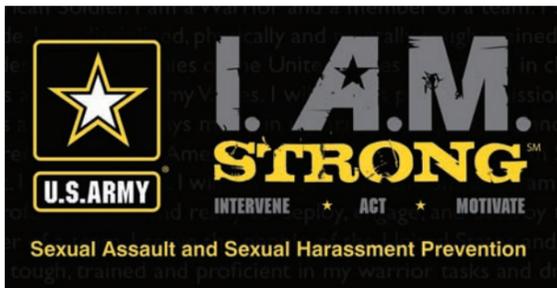
"The training was presented to make people aware of sexual assault as it occurs in the Army, with different scenarios that (may) occur, and to prevent sexual assault from happening," said Anna Maring, SHARP coordinator.

I A.M. Strong began in 2008 to promote a change in organizational culture and command climate by empowering Soldiers to intervene, to act and be motivated to prevent sexual assault and harassment.

The program will be used to eradicate sexual assault and harassment throughout the military; to bring service members' attitudes, words and deeds in line with Army values; and in turn, to become a model for sexual assault prevention in the nation.



Visit [www.sexualassault.army.mil](http://www.sexualassault.army.mil) for more information on I A.M. Strong.



## News Briefs

Send announcements for Soldiers and civilian employees to community @hawaiiarmyweekly.com.

### Today

**Water Conservation Notice** — Residents and building occupants on Schofield Barracks, Wheeler Army Airfield, and Helemano Military Reservation are to conserve water due to a major water valve leak.

Water should be used for essential purposes only. Residents should refrain from watering lawns or washing cars until further notice.

The Directorate of Public Works is on-site working to resolve the problem. Once resolved, restrictions will be lifted. Call 655-0591.

### 29 / Thursday

**Flying V Ceremony** — Col. Arthur Ball, outgoing chief of staff, U.S. Army-Pacific, will be honored at 10 a.m., July 29, at a Flying V ceremony at Palm Circle, Fort Shafter. Ball will assume duties as the USARPAC deputy chief of staff.

The public is welcome to attend the ceremony that will also recognize Col. Lewis Setliff, incoming USARPAC chief of staff.

**Employee Recognition Program** — The next Employee Recognition Breakfast is July 29, 7:30-9 a.m., at the Nehealani on Schofield Barracks.

### 30 / Friday

**Enlisted Dining-In Night** — Join Pacific Regional Medical Command and Tripler Army Medical Center for an Enlisted Dining-In night at the Joint Base Pearl Harbor-Hickam Officers Club, July 30.

Cocktails will be served from 5:30-6:30 p.m., and dinner starts at 7 p.m. Call 438-5932/5920.

### 8th MPs Change of Command

— Col. Byron Freeman, commanding officer, 8th Military Police Brigade, will relinquish command to Col. LaTonya Lynn at Sills Field, Schofield Barracks, July 30, at 10 a.m.

## Ongoing

### Military OneSource

— Military OneSource offers non-medical behavioral health counseling sessions for service members and their families.

The counseling sessions apply to face-to-face counseling through affiliate providers as well as through telephone and online consultations.

Call 1-800-342-9647 or visit [www.MilitaryOneSource.com](http://www.MilitaryOneSource.com).

### Resale Lot

— The Schofield Barracks Vehicle Resale Lot has relocated to Wheeler Army Airfield, near the Kawamura Gate entrance.

It's the only authorized location to position vehicles for resale. Call 655-0497.

### "Don't Ask, Don't Tell"

— In order to understand the issues and potential impacts associated with repeal of this law, the Secretary of Defense directed an outreach program to identify issues that should be considered in implementation planning.

This outreach program includes an anonymous survey about the impact of a possible repeal of the "Don't Ask, Don't Tell" law using a new online inbox.

Soldiers and their families with active common access cards can offer their thoughts about how a repeal of the law that prohibits gays and lesbians from openly serving in the military might affect military readiness, effectiveness, unit cohesion, recruiting, retention and family readiness.

Visit [www.defense.gov/dadt](http://www.defense.gov/dadt) to take the online survey.

# Risks: Programs offer preventative methods

CONTINUED FROM A-1

Based on this collected data, RRP conducts quarterly briefings.

“We draw correlations based on a number of items in the survey, such as the demographics of the unit surveyed, their family structure and some of their possible high risk behaviors,” said Malena Brooks, RRP coordinator.

She then puts commanders in contact with the appropriate agency to facilitate necessary training, prevention methods and interventions.

Jennifer Miller, RRP coordinator, said the program assists commanders by providing a prevention-focused approach to view how Soldiers within a unit do or do not participate in high-risk behavior.

“We bring the collected monthly data together and show one snap-shot of the unit,” she said. “This allows the (RRP) to coordinate actions on the part of installation agencies and the chain of command.”

After units have redeployed and spent four to six months reintegrating, the RRP administers another anonymous post-deployment survey called the Reintegration Unit Risk Inventory.

The second part of the survey process has more questions than the pre-deployment survey, and still assesses the unit’s propensity for risk in the same areas.

The results from this survey are also compared to similar units.

“The reason we have Soldiers wait four to six months until they take (R-URI) is because they can’t answer the questions as soon as they come home. They don’t know if they are having problems sleeping or functioning,” Brooks said. “We need them to try and return to their lives first, so that they can assess whether or not the deployment has affected them adversely.”

According to Miller, another advantage of this Department of the Army-mandated survey is that no Soldier gets singled out, and the entire unit benefits from training sessions, as results of these surveys provide a picture of the unit’s anonymously self-reported high-risk behaviors.

Surveys can be given to any Army Hawaii unit, as long as 60 percent of the assigned strength is present. Commanders can call the RRP at 655-0996 to schedule a survey for their unit.

According to a stigma study conducted by the Research Triangle Institute on behalf of the U.S. Army, 40 percent of Soldiers surveyed believe their careers will be harmed if they are in treatment for alcohol abuse.

In an ongoing effort to provide Soldiers with stigma-free programs, the Confidential Alcohol Treatment and Education Pilot was started, here, July 2009.

Soldiers with alcohol problems can self-refer to the CATEP program before they have an incident – and Soldiers’ chains of command are not notified.

“Alcoholism is a chronic disease that is conducive to relapse, which is why it’s important to be actively enrolled in a relapse prevention program,” said Dr. James Slobodzien, clinical director for Alcohol Substance Abuse Program. “Soldiers who are enrolled in CATEP are internally motivated to seek help (more) than those in the ASAP program.”

ASAP reduces the stigma associated with seeking substance abuse treatment, and strives to improve access to ASAP treatment for all Soldiers seeking help.

ASAP also provides interventions before problems adversely impact finances, health, relationships and social functioning, occupational performance, military career or fitness for duty.

“If (Soldiers) know they have an alcohol problem, they shouldn’t wait until they have an incident,” Slobodzien said. “By participating in CATEP, their rights will be protected. They won’t get flagged for re-enlistment, and they will (still) be able to be promoted.

“It is to their benefit to come in and get treatment, so they will be able to progress in their careers,” Slobodzien said.

ASAP is open Monday-Friday, 7:30 a.m.-4:30 p.m., with extended evening hours Monday-Thursday, until 9 p.m.

Call 433-8700.

Army Community Service is another program designed to provide Soldiers, both active duty and retired, as well as families with a centrally located source of information, guidance and assistance in solving problems of a personal nature, which are beyond the scope of their own resources.

Some ACS programs include mobilization and deployment support, family advocacy, financial management and budget counseling, services for persons with disabilities, relocation services, lending closets and foster care.

ACS will also assist commanders in maintaining readiness of individuals and families by developing, coordinating and delivering services that promote self-reliance, resiliency, and stability during war and peace. Call 655-4227.

# Ceremony highlights family military tradition

Story and Photo by  
**STAFF SGT. CRISTA YAZZIE**  
U.S. Army-Pacific Public Affairs

JOINT BASE PEARL HARBOR-HICKAM – Generations of military service were honored on deck of the USS Missouri BB-63, recently, when one family member was promoted and another retired in a joint ceremony.

Col. Benjamin Lukefahr, deputy director, U.S. Army-Pacific Contingency Command Post, promoted his son, David Lukefahr, to the rank of captain – after which, Capt. Lukefahr performed his first action, retiring his father.

“I have always been proud of my father, I remember him working late, but I always knew he was working hard, and after three years of service, I have only (accomplished) a small amount of what he has done. I would not be here today if it were not for you,” Capt. Lukefahr said to his father, before thanking his Soldiers and noncommissioned officers.

Of all the assignments during his career, Col. Lukefahr cited his most memorable as being deployed simultaneously with his son to Iraq.

“I had the privilege of serving at the same time with my son, David, watching him perform in some of the most difficult situations, performing better than I ever did as a young officer, and then having the opportunity to promote him to first lieutenant in Baghdad,” Col. Lukefahr said.

Family was a common thread throughout the ceremony. Col. Lukefahr’s daughter, Elizabeth, kicked off the event by singing “The Star Spangled Banner,” with her mother, Brenda, and brother, Justin, close by.

“Family must come first,” said Col. Lukefahr. “They were with me when I started and have remained with me on this incredible journey. I thank my lucky stars that they are with me today, and have been with me through good times and bad.”

“Today we are going to pay tribute not just to the Lukefahrs, but to our Army and military families,” said Col. Thomas Ball, US-ARPA chief of staff and keynote speaker at the event. “(Col.



Col. Benjamin Lukefahr, left, deputy director, U.S. Army-Pacific Contingency Command Post, promotes his son David Lukefahr to the rank of captain on the deck of the USS Missouri BB-63. Shortly afterwards, the newly promoted Capt. Lukefahr retired his father.

Lukefahr) comes from a family with a proud history of service ... (and) we expect great things from him as the deputy director of the CCP here in the Pacific”

According to Ball, the Lukefahr family’s U.S. Navy history made the venue of the famed battleship memorial, the same deck upon which World War II was officially ended, even more appropriate for the event.

Col. Lukefahr’s father, Lt. David Lukefahr, served with the U.S. Navy and perished while on a mission in 1962. Col. Lukefahr’s stepfather was retired Navy Cmdr. Bill Wolfe, who raised Lukefahr and his three siblings.

“To my family, you have sacrificed so much during this journey, while I was trying to find that pot of gold at the end of the rainbow ... the next job, the next school, the next promotion,” Col. Lukefahr said. “What I failed to realize was, that pot of gold was always within my reach. I wasn’t looking in the right places.”



# PAU HANA



[www.garrison.hawaii.army.mil/haw.asp](http://www.garrison.hawaii.army.mil/haw.asp)

"When work is finished!"

FRIDAY, JULY 23, 2010



Above — Mallorina Jordan, 10, enjoys a game of ping pong at the Tropics reopening, Friday

Left — Students from the "School of Knowledge, Inspiration, Exploration, and Skills" Unlimited ballroom dance class demonstrate different dances, Friday.

Fun and games in the

# Tropics

Story and Photos by  
**VICKEY MOUZE**  
Pau Hana Editor

SCHOFIELD BARRACKS — Card games, salsa dancing and rock bands were among the offerings available to Soldiers and family members at the newly remodeled Tropics Recreation Center, here, Thursday, Friday and Saturday.

Since March, Tropics had been closed as its floors and roof were being upgraded. The \$500,000 stimulus-fund-renovation also included new lighting.

More than 500 community members visited the facility during the three-day celebration, and chowed down on free pizza, swayed their hips to the hula or wove ti leaf lei.

Keiki batted ping pong balls, while young adults kept the rhythmic beat to salsa music during free dance lessons.

Single Soldiers tested their skills at the billiards tables and game consoles hooked up to flat screen TVs.

Mallorina Jordan, 10, was one of the children playing ping pong. She said that everyone should learn how to play the game, because "it's fun."

Sandra Henard learned how to weave an eyelash lei from a ti leaf. "I love this," she said, as she watched instructor Ululani Duncan demonstrate the technique.

The celebratory bash ended late Friday with live rock bands and "Comics On Duty."

"Tropics is a 'one-stop shop,'" said McKenna Elder, Tropics acting manager. "We have everything to help the military community relax after a hard day's work. Our staff takes pride in creating a facility equipped to help Soldiers enjoy their leisure time, and thereby boosting morale and decreasing stress."

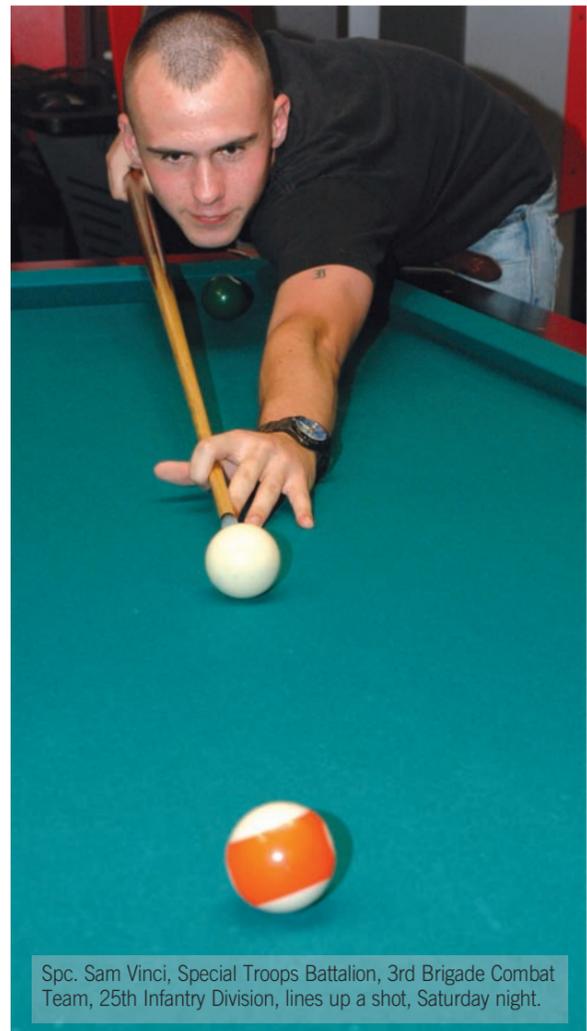
The Tropics staff also works closely with the Better Opportunities for Single Soldiers, or BOSS, program, and while Tropics is primarily for single Soldiers, families are invited to the facility every first and third Friday of the month, during Family Fun Fridays, said Elder.

Other Tropics offerings include a snack bar and a barbershop.

Special events packages, such as unit parties, programs and promotions, are also available.



The Grey Whistle Test guitarist John Gonzalez del Solar gets ready to play Saturday night.



Spc. Sam Vinci, Special Troops Battalion, 3rd Brigade Combat Team, 25th Infantry Division, lines up a shot, Saturday night.



See additional photos at  
[www.flickr.com/photos/usag-hi/](http://www.flickr.com/photos/usag-hi/).

**Where:** Tropics is located at Building 589, Foote Ave., Schofield Barracks.

**Hours:** Monday-Friday, 8 a.m.-10 p.m.; Saturdays, 11 a.m.-10 p.m.; closed on Sundays. Snack Bar is open 11 a.m.-7 p.m., with coffee available at 8 a.m.

**Web:** [www.mwrarmyhawaii.com/](http://www.mwrarmyhawaii.com/).



Instructor Ululani Duncan shows keiki how to weave a ti leaf eyelash lei Friday night.



**Today**

**SKIES Casting Call** – Children and youth must be enrolled in the School of Knowledge, Inspiration, Exploration, and Skills Unlimited Theatre program no later than Aug. 1 to be eligible to be in SKIES' holiday shows. Upcoming presentations include "High School Monster Musical" and "Christmas Hang-Ups." Students try out for main parts, but all students may perform. Classes are \$35. Visit [www.mwraryhawaii.com](http://www.mwraryhawaii.com) or call 655-9818.

**Blue Star Card** – RSVP by calling 655-0002 or e-mail [sarah.chadwick@us.army.mil](mailto:sarah.chadwick@us.army.mil), today, if you want to attend the family friendly Blue Star Card pool party, 3-6 p.m., July 31, Richardson Pool, Schofield Barracks. Light pupus will be provided. Space is limited.

**"Nine"** – The musical "Nine" will be performed July 23-24 at Richardson Theatre, Fort Shafter. Curtain call is at 7:30 p.m. Tickets are \$25. Visit [www.mwraryhawaii.com](http://www.mwraryhawaii.com) for more details.

**Day Camps** – Child, Youth and School Services has summer day camp through July 30, Monday-Friday, 5:30 a.m.-6 p.m., at Schofield Barracks, 655-5314; Helemano Military Reservation, 653-5314; Aliamanu Military Reservation, 653-0717; and Fort Shafter, 438-1487.

**24 / Saturday**

**Star Trek Movie Marathon** – Calling all trekkies! The Sgt. Yano Library is completing its free Star Trek Movie Marathon, 11 a.m., July 24, by showing "Star Trek V: Final Frontier" and "Star Trek VI: Undiscovered Country." Call 655-8002.

**Watercolor Painting for Beginners** – Learn color mixing and abstract techniques, 12-2 p.m., July 24, at the Arts and Crafts Center, Schofield Barracks. Four sessions are only \$60 and include all supplies. Call 655-9042 to register.

**25 / Sunday**

**Harry Potter Film Festival** – If you enjoy the magical, mystical world of Harry Potter, then this week's free movie marathon at the Sgt. Yano Library is for you! All six movies will be shown starting 3 p.m., July 25-30. Call 655-8002.

**26 / Monday**

**Free Hula Classes** – The Office of the Native Hawaiian Liaison, U.S. Army Garrison-Hawaii, welcomes all Soldiers and families to participate in free hula classes, Mondays, 6-8 p.m., at the Kalakaua Recreation Center,



Sgt. Brian Salaver, 706th Explosive Ordnance Company, 303rd Explosive Ordnance Disposal Battalion, 45th Sustainment Brigade, 8th Theater Sustainment Command, picks up litter, July 9, along the H-2 highway. The 706th recently voluntarily joined the "Adopt-A-Highway" Program run by the state of Hawaii Department of Transportation's Highways Division.

# 706th EOD adopts a highway

Story and Photo by  
**CAPT. THOMAS VAIL**

706th Explosive Ordnance Company (Explosive Ordnance Disposal), 303rd EOD Battalion, 45th Sustainment Brigade, 8th Theater Sustainment Command

SCHOFIELD BARRACKS – Soldiers with the 706th Explosive Ordnance Company (Explosive Ordnance Disposal), 303rd EOD Battalion, 45th Sustainment Brigade, 8th Theater Sustainment Command, took a break from their normal duties as the local "bomb squad" for Hawaii and cleared the roads in a different way.

The company recently agreed to "adopt" a two-mile section of the H-2 Highway and pick up litter scattered along the state highway.

"It's a great way to give something back to the people who live here," said Sgt. Brian Salaver, 706th EOD Co. "I've always liked to help others out, which is why I joined EOD.

"Our job is about service to others, so they can be safe," Salaver added. "Doing this 'Adopt-A-Highway' as a company volunteer project is just a natural extension of that kind of attitude."

The state of Hawaii's Department of Transportation, Highways Division, manages the program and provides the vests, gloves and trash bags needed to clean up the roads.



Visit <http://hawaii.gov/dot/highways/adopt-a-highway/adopt-a-highway> for more information about Adopt-A-Highway.

Participants need to sign a two-year agreement and find a road or highway they wish to clean.

"The Adopt-A-Highway project allows the unit to perform some measure of community service while still maintaining its forward presence worldwide," said Sgt. 1st Class Kieran Dollard, operations sergeant with the 706th. "We stay pretty busy, but this is a good way to do something noticeable for the local community."

The company is responsible for disposal of all explosive hazards on all Hawaiian islands and many of the Pacific Rim islands, and it supports major yearly training events such as Operation Cobra Gold and Balikatan.

The unit also maintains direct liaison with all local, state and federal agencies that have overlapping responsibilities for Homeland Defense.

Schofield Barracks.

Beginner classes are 6-7 p.m.; advanced classes are 7-8 p.m.

Classes feature the different types of hula, fundamentals of hula steps, movement and posture.

E-mail [nhliasion@gmail.com](mailto:nhliasion@gmail.com) or call 655-9694.

**National Salad Week** – Celebrate National Salad Week at the at Hale Ikena, Fort Shafter, by trying one of the two new salads on the menu. Call 438-1974.

**28 / Wednesday**

**Free Hawaiian Language Workshop** – Learn a few phrases and how to pronounce those long street names you find around the islands at the free Hawaiian language workshop pre-

sented by the Office of the Native Hawaiian Liaison, U.S. Army Garrison-Hawaii, 6-8 p.m., every Wednesday, through Aug. 11.

Classes will teach Hawaiian vocabulary, including colors, numbers and shapes. Bring a list of five Hawaiian words you'd like to learn how to pronounce.

Classes are conducted at the Army Community Service, Building 2091, Kolekole Ave., Schofield Barracks. E-mail [nhliasion@gmail.com](mailto:nhliasion@gmail.com) or call 655-9694.

**Preschool Story Time** – Introduce your children to the world of reading by bringing them to story time at your post library. Sgt. Yano Library will hold story time at 10 a.m., July 28; Aliamanu Library's story time will

be at 10 a.m., July 29.

Call Sgt. Yano Library at 655-8002, Fort Shafter Library at 438-9521 or Aliamanu Library at 833-4851.

**29 / Thursday**

**Keiki Art Club** – Design, learn and explore the world of arts and crafts at Schofield Barracks, July 29. Four sessions are only \$50/\$40 for siblings and are held every Thursday from 2:30-3:30 p.m. Call 655-4202.

## Ongoing

**Twitter** – Follow Family and Morale, Welfare and Recreation's mascot Eddie the Eagle on Twitter at [www.twitter.com/FMWR\\_Eddie](http://www.twitter.com/FMWR_Eddie).

## Community Calendar

Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**Today**

**FOCUS Workshop** – RSVP by July 23 for "Keeping Your Cool," a free workshop presented by the FOCUS project, 9:30-11:30 a.m., July 27, Room 21, Navy College, Building 671, Joint Base Pearl-Harbor-Hickam. Military parents from all services are invited to attend. The FOCUS Project provides resiliency training for military families facing the challenges of a family member's deployment during wartime. Call 265-6719 to RSVP.

**Hawaii Conservation Week** – The state of Hawaii is celebrating Hawaii Conservation Week, July 25-31, highlighting the need to care for the islands' unique natural resources. Stop by the Hawaii Conservation Conference open house, Aug. 5, 4:30-6:30 p.m. at the Hawaii Convention Center, to see what the Army and other environmentalists are doing to protect and preserve our local ecosystem. Visit <http://hawaiiconservation.org>.

**Shuttle Bus Cancellation** – The 2010 Oahu North summer shuttle bus between Helemano Military Reservation, Schofield, and Wheeler Army Airfield is no longer operating due to lack

## Upcoming on

**Live Garrison TV Town Hall Wed., July 28 at 7 p.m.**

Maj. Gen. Michael J. Terry, commanding general, U.S. Army-Hawaii, along with U.S. Army-Hawaii and installation subject matter experts, will take your calls live at the next televised town hall. This 90-minute program will feature updates on garrison programs and issues and an open forum for callers with questions. Send your questions to [AsktheCommander.USAGHI@us.army.mil](mailto:AsktheCommander.USAGHI@us.army.mil) or tweet your question at [twitter.com/USAGHI](http://twitter.com/USAGHI). Don't have access to TV? Catch updates that evening at [www.twitter.com/usaghi](http://www.twitter.com/usaghi) and [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii).

of ridership. The summer shuttle was originally scheduled to operate until Aug. 27.

**PTA Hunting** – Hunting activities at Pohakuloa Training Area are closed until Aug. 31, for live-fire training purposes. Call 969-3474.

**26 / Monday**

**2nd BCT Resiliency Workshop** – A free resiliency training workshop for spouses and parents of 2nd Brigade Combat Team, 25th Infantry Division, Schofield Barracks, will be held 5:30-7 p.m., July 26, at the Armed Services YMCA, 1262 Santos Dumont Blvd., Wheeler Army Airfield. Conducted by the FOCUS project, the workshop will cover skills such as communication tools for sharing feelings and techniques to reduce stress. To sign up and/or for info on child care, call 624-2033 or e-mail [hawaii@focusproject.org](mailto:hawaii@focusproject.org).

**27 / Tuesday**

**Newcomers Welcome** – The Protestant Women of the Chapel meets every Tuesday, 9 a.m., at the Schofield Barracks Main Post Chapel Annex, Room 212. The summer session runs through Aug. 10. Join for food, fun and fellowship. Free child care is available with RSVP. E-mail [schofieldpwoc@gmail.com](mailto:schofieldpwoc@gmail.com).

**Community Prayer Breakfast**

– Soldiers, family members and civilians are invited to a Community Prayer Breakfast, July 27, 6:30-8:30 a.m., at the Nehelani on Schofield Barracks, with Dr. Billy Kim and a 50-person children's choir from the Far East Broadcasting Company in Korea. Call 833-6831 or 655-9307.

## August

**2 / Monday Hours Extended** – Hours have

been extended for the Armed Services YMCA Children's Waiting Rooms at Schofield Barracks Health Clinic and Tripler Army Medical Center. Starting Aug. 2, the hours for the SBHC Children's Waiting Room will be Monday-Friday from 8 a.m.-12 p.m. and 1 p.m.-4 p.m. Tripler hours will be 8 a.m.-3 p.m.

Children's Waiting Rooms offer on-site child care for healthy children while their parents or siblings have medical appointments in any of the Schofield clinics or at Tripler. No fee is charged for this service, but donations keep the programs running. Call 624-5645 for reservations at SBHC, or 833-1185 for reservations at Tripler.

**4 / Wednesday**

**Fort Shafter PXmarket Meeting** – The next Fort Shafter PXmarket Meeting for Oahu South Community is set 10:15-11:15 a.m., Aug. 4, at the Hale Ikena, Fort Shafter. All Fort Shafter community members are invited to attend and provide input. Call 438-6996.

## Ongoing

**K-Bay Air Show** – Premium-seat tickets are now on sale for the Kaneohe Bay Air Show Top Brass Chalet, Devil Dog Chalet, Flight Deck Chalet, box seats and the grandstand. This air show features the Navy's Blue Angels aerial demonstration team, games for keiki, and BayFest music and food, Sept. 25-26. Events and music are free and open to the public. Visit [www.mcbh.usmc.mil/airshow](http://www.mcbh.usmc.mil/airshow), <http://twitter.com/kbayairshow> or [www.kaneohebairshow.com](http://www.kaneohebairshow.com).

## Worship Services

Additional religious services, children's programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- FS: Fort Shafter Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

**Buddhist Services**

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

**Catholic Mass**

- Friday, 9 a.m. at AMR
- Saturday, 5 p.m. at FD, TAMC and WAAF chapels
- Saturday, 6 p.m. a Hawaiian-style Mass (May-Aug. only) near the Army Museum (FD)
- Sunday services:
  - 7:30 a.m. at WAAF
  - 8 a.m. at AMR
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 12 p.m. at MPC and TAMC

**Gospel Worship**

- Sunday, 12 p.m. at MPC
- Sunday, 12:30 p.m. at AMR

**Islamic Prayers and Study**

- Friday, 1 p.m. at MPC Annex
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

**Jewish Shabbat (Sabbath)**

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

**Pagan (Wicca)**

- Friday, 7 p.m. at MPC Annex

**Protestant Worship**

- Sunday Services
  - 9 a.m. at FD, FS, MPC and TAMC chapels
  - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
  - 10 a.m. at AMR and HMR

## This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to [aaes.com](http://aaes.com) under realtime movie listing.



**The Karate Kid**

(PG)  
Fri., July 23, 7 p.m.  
Sat., July 24, 7 p.m.

**Marmaduke**

(PG)  
Sat., July 24, 4 p.m.

**Shrek Forever After**

(PG-13)  
Sun., July 25, 2 p.m.



**Jonah Hex**

(PG-13)  
Wed., July 28, 7 p.m.

**Prince Of Persia: The Sands Of Time**

(PG-13)  
Thurs., July 29, 7 p.m.

No shows on Mondays or Tuesdays.

# PACOM surveys military parents, students in Hawaii

**SCHOOL LIAISON OFFICE**  
News Release

SCHOFIELD BARRACKS — Military personnel in Hawaii are encouraged to participate in a survey regarding educational experiences.

The survey will be launched July 26.

The three-year U.S. Pacific Command-hosted study will be launched by Johns Hopkins Bloomberg School of Public Health in conjunction with The Curriculum Research and Development Group of the University of Hawaii.

Previous surveys were limited to small samples, customer satisfaction or collection of very little data.

The study will include all military members on the island who are assigned to Oahu installations during the next three years. It will also include all children, 10-18 years old, attending private, charter, public schools and homeschools.

The plan is to follow children and families through their stay here and after they leave Hawaii. Separate questionnaires will be used for parents and children.

Only children whose parents have provided consent for their participation will take part in this program, and children who complete the survey will be eligible for prizes.

A year after completing the original survey, all participants will be sent e-mail invitations to complete the survey again, to see if their views have changed.

Survey participants can access the survey from any computer, as the website is secure and each user will be provided with a unique identifier.

Three waves of data will be collected starting this month.



Take the survey at [www.hawaiikids.org](http://www.hawaiikids.org) or e-mail [rblum@jhsph.edu](mailto:rblum@jhsph.edu) or [kmmari@jhsph.edu](mailto:kmmari@jhsph.edu) for more information.

# USAG-HI families prepare for the first day of school

SCHOFIELD BARRACKS — Back-to-school time is always a busy time for parents and students.

As families gear up for the first day, they should make note of back-to-school basics, such as important dates, school hours and information.

Review individual school calendars posted at <http://doe.k12.hi.us/calendars1011>.

## Hale Kula Elementary School

[www.halekula.k12.hi.us](http://www.halekula.k12.hi.us), 622-6380

- July 26: New parent-student orientation in the cafeteria, 3 p.m.
- July 27: Class list posting outside cafeteria, 4 p.m.
- July 28: Meet-and-greet with homeroom teachers, 2-3 p.m.
- Aug. 2: First day of school for all students.

The parking area directly in front of the school is for staff only, from 7-8:15 a.m. and 1:30-2:30 p.m. Parking is available in the gravel lot across the school on Ayres Avenue and in the lot across from the Soldier Assistance Center.

During peak morning and afternoon hours, only one drop-off/pick-up lane is available.

## Helemano Elementary School

[www.helemano.k12.hi.us](http://www.helemano.k12.hi.us), 622-6336

- July 22: Classroom posting, 1-5 p.m.
- July 28: Open house, 3-5 p.m.
- Aug. 2: First day of school for grades 1-5. Kindergarten has a separate schedule.

The front office is now accepting payments for student meal accounts.

## Shafter Elementary School

[www.k12.hi.us/~shafter/shafter.html](http://www.k12.hi.us/~shafter/shafter.html), 832-3560

- July 27: Meet-and-greet, 8 a.m.
- Aug. 2: First day of school

The front office is now accepting deposits for student meal accounts.

## Solomon Elementary School

[www.solomon.k12.hi.us](http://www.solomon.k12.hi.us), 624-9500

- July 26: Preregistration in cafeteria, 11a.m.-2 p.m.

- Aug. 2: First day of school.

The front office is now accepting deposits for student meal accounts. Applications for free/reduced lunch are available at the front office.

Solomon Elementary requires a local telephone number for all parents.

## Wahiawa Elementary School

[www.wes.k12.hi.us/](http://www.wes.k12.hi.us/), 622-6393

- July 23: Class list posting.
- July 28: Open house, meet-and-greet where students may drop off their supplies and meet their homeroom teacher, 4 p.m.
- Aug. 2: First day of school for all students.
- Uniforms will be available for purchase at the front office.

## Wheeler Elementary School

[www.wheeler.k12.hi.us/](http://www.wheeler.k12.hi.us/), 622-6400

- July 26-27: "Making the Grade" school supply and school uniform T-shirt pick-up at Room B-202.

• July 28: Classroom assignments posted, 9 a.m., at Building A's bulletin board.

- July 29-30: Lunch presale and bus application payments taken, 7 a.m.-3:30 p.m., in the front office. The school will no longer make unlimited "lunch loans" (breakfast or lunch) to students who don't have funds in their meal accounts.
- Aug. 2: First day of school for grades 1-5. Kindergarten students will follow orientation schedule.

Prepay lunch applications for new students and applications for free/reduced lunch will be sent home on the first day of school. The front office is accepting payments for returning student's meal accounts. New students need to pay for their meals in the front office in the morning or at recess during the first week of school, or until they receive their identification/meal cards.

## Wahiawa Middle School

[www.wahiawamiddle.org](http://www.wahiawamiddle.org), 622-6500

- Aug. 2: First day of school for grade 6.

- Aug. 3: First day of school for grades 7 and 8.

## Wheeler Middle School

[www.wheelm.k12.hi.us/](http://www.wheelm.k12.hi.us/), 622-6525

- Aug. 2: First day of school for all students.
- Aug. 11: Open house, 5-7 p.m.

The front office is now accepting payments for student meal accounts.

## Leilehua High School

[www2.leilehua.k12.hi.us](http://www2.leilehua.k12.hi.us), 622-6550

- Aug. 2: Freshman orientation, schedule pick-up and fees payment, 8:30 a.m.-12:30 p.m., in the gym.
- July 31: Upper classmen schedule pick-up and fees payment, 1-3 p.m., in the gym.
- Aug. 3: First day of school for all students. All six periods will be in effect.

The front office is now accepting payments for student meal accounts.

For parents who would like to apply for free/reduced lunches, the most recent Leave and Earnings Statement is required. Deposits into student meal accounts should be made with cash or check only.

## School Supplies

School supply lists can be picked up at school front offices and at some retail stores, including: Army and Air Force Exchange Servies main exchange, Navy Exchange, Longs, Wal-Mart, Kmart; and school websites.

## Public school bus passes

Parents whose students who are entitled to free bus passes must complete an application form at <http://iportal.k12.hi.us/SBT>. Rate schedules and eligibility requirements for school bus services are also available at this website. The form and payment should then be submitted to the child's school.

The school bus fare is 75 cents per trip. Fares may be purchased by one-way coupons, quarterly or annually.

For more information, contact the child's school or the Department of Education Student Transportation Services Branch, at 586-0170.



Spc. Jesus J. Arranda | 25th Infantry Division Public Affairs

## Ready, set, launch!

SCHOFIELD BARRACKS — U.S. Military Academy cadets and their sponsors work together in the water balloon launch event a physical fitness training session with 25th Infantry Division senior leadership at Sills Field, here, Tuesday.



### Today

#### Flag Football and Cheerleading Registration

— Registration continues through July 30 and is open to children born in the years 1995-2006. The cost for flag football registration is \$45 and cheerleading is \$60.

Call Parent Central Services at 655-5314.

### 25 / Sunday

#### K-Bay Sandbar

— Looking for great fun in the sun? The K-Bay sandbar is the perfect way to relax and enjoy the island.

Hitch a ride to K-Bay with Outdoor Recreation from 6 a.m.-1 p.m., July 25, and enjoy the scene from the middle of the ocean. Lunch will be provided.

Cost is just \$65 for adults, \$48 (12-16 year olds) and \$32.50 (11 and under).

Call 655-0143 to register.

## Ongoing

#### Free Exercise Classes

— Get fit! Attend free fitness classes for Soldiers and family members. The Schofield Barracks Health and Fitness Center offers step challenge, group cycling, cardio kickboxing, step and pump, yoga, Pilates and more.

For a class schedule, visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com) or call 655-8007.

#### CG Scramble

— Head to Leilehua Golf Course for the Commanding General's "Payday" Scramble, every first Friday of the month. This scramble is open to all U.S. Army-Hawaii personnel and begins at 12 p.m. Call 655-0114.

#### Little Ninjas

— Classes are offered at Aliamanu Military Reservation's Youth Gym, Saturdays, 9-9:45 a.m., for children ages 3-5. Cost is \$35 per month.

Call Child, Youth and School Services at 833-5393.

#### Outdoor Recreation

**Open House** — Learn about all the exciting things going on at Outdoor Recreation every second Saturday of the month, like scuba, whale watching, surfing, and water diver certification.

Visit [www.mwrarmyhawaii.com/recreation-and-leisure/outdoor-recreation-center](http://www.mwrarmyhawaii.com/recreation-and-leisure/outdoor-recreation-center).

#### Tai Chi Classes

— Find your center with the ancient art of Tai Chi, Thursdays, 7-8 p.m., at the Martinez Physical Fitness Center, Schofield Barracks.

Tai Chi uses gentle flowing movements to reduce stress and improve general well-being.

The class explores the form and incorporates psychology and philosophy through physical movement.

Tai Chi classes are free for active duty Soldiers and family members.

Call 655-4804.

#### Karate Classes

— Children ages 5 and older can learn Do Shudokan karate at U.S. Army Garrison-Hawaii physical fitness centers: Aliamanu Military Reservation, Fort Shafter, Helemano or Schofield's Bennett Youth Center.

Classes cost \$35 per month. A family discount is available.

Adults 18 and older can learn Do Shudokan karate at the AMR Physical Fitness Center, Mondays and Wednesdays, 7-8:30 p.m. Cost is \$40 per month.

Call 488-6372 or 265-5476.

## Community Sports

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

### 25 / Sunday

#### Volksmarch

— Join the Menehune Marchers Volkspport Club on a 5K or 10K Hoomaluhia Botanical Garden Volksmarch (or walk), July 25, in Kaneohe. The event is free; IVV credit, if desired, is available for a nominal fee.

The start point is the Kahua Nui Pavilion at the Hoomaluhia Botanical Garden, 45-680 Lu-

luku Rd., Kaneohe. Participants can start anytime between 9 a.m. and noon.

Call Maria at 261-3583 or visit the club's website at [www.ava.org/clubs/menehunem](http://www.ava.org/clubs/menehunem) archers.

## Ongoing

#### ISR Lessons

— Infant Swimming Resource offers self-rescue swim lessons for children from 6 months old, at several Oahu locations. Children develop skills necessary to survive in the water, to safely enjoy the water and build confidence in the water.

For Honolulu/Aiea/North Shore, call 737-0703; Kailua-Aikahi, 778-4402; Kailua-En-

chanted Lake, 542-7074; and Waipahu, 630-1462.

Visit [www.swim808.com](http://www.swim808.com).

#### Circuit Boot Camp

— Work on strength, endurance, power, speed, agility, balance, flexibility and cardiovascular endurance in a small group class.

Classes are held at Kakaako Park in Honolulu, Wednesdays and Fridays, 5:30-6:45 p.m., and Saturdays, 8:30-9:45 a.m.

A class is also offered at Beach Park in Ewa Beach, Mondays, 5:30-6:45 p.m., and Tuesdays, 9-10 a.m.

The first class is free, but reservations are required.

Visit [www.fitwizhawaii.com](http://www.fitwizhawaii.com).

#### Mini Golf

— Jungle River

Mini Golf is an outdoor, 18-hole, adventure-style golf course for family-oriented fun for all ages.

Golf admissions are \$8 for regular golf and \$8.50 for cosmic golf. Children 2 years and under are free with paid admission. A second round of golf is half off the regular golf admission, with free unlimited golf thereafter.

Visit [www.junglrivermini.com](http://www.junglrivermini.com).

#### CrossFit Gym

— The CrossFit gym at 2114 Lauwiliwili St., Kapolei, offers a safe-play area for keiki and special discounts for state and county employees, military personnel and spouses. CrossFit is a strength and conditioning workout.

Call 779-0058 or e-mail [se@CrossFitEwaBeach.com](mailto:se@CrossFitEwaBeach.com).

#### Bike Hawaii

— Join Bike Hawaii's professional nature guides and explore Oahu from

the rainforest to the reef. Packages include downhill biking, sailing off Waikiki and more. Meals are included.

Visit [www.bikehawaii.com](http://www.bikehawaii.com) or call 734-4214.

#### Golfers Wanted

— Military or civilian golfers interested in playing golf on Sunday mornings at Leilehua Golf Course can call 347-8038 or 375-3322.

Tee off is before 8 a.m.