

# HAWAII ARMY WEEKLY

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## INSIDE

# Wounded warriors get free uniform changes

**DEVON HYLANDER**  
Army News Service

WASHINGTON — The Army recently began a new program that offers uniform modifications — at no cost to wounded Soldiers — through the Army & Air Force Exchange Service (AAFES).

The Wounded Warrior Clothing Support Program officially began in May 2008 at Walter Reed Army Medical Center for Soldiers who have been injured in combat.

Wounded Soldiers can have their uniforms uniquely modified according to their injuries. This program not only makes the lives of injured Soldiers easier, officials said,

but serves to restore a sense of pride and dignity they rightfully deserve when wearing their uniform.

"This program is great because it takes care of our Soldiers," said Maj. Gen. Vincent Boles, assistant deputy chief of staff, Army G-4. "The team of individuals responsible for bringing this program to life saw a need and made it happen. Now our wounded warriors can wear their uniforms with pride, dignity and comfort."

Walter Reed and Brooke Army Medical Centers were chosen to be the first facilities to implement this program because they care for a large percentage of Soldiers injured in combat, officials said. Soldiers who receive

treatment at other medical facilities can take advantage of the program through their local AAFES stores.

One of the more common uniform modifications includes adding zippers to the seams of trousers and coat sleeves, giving a Soldier access to a prosthetic. Other modifications might include elastic blousing or Velcro closures on the bottom of trouser legs. Various modifications can be made to shirt sleeves and the knee area of trousers. Additional fabric can also be added inside the uniform where injuries are sensitive or prosthetics cause more wear and tear. Modifications can be made to any Army uniform.

The process of getting a uniform modified

is similar to filling a medical prescription, officials said. A Soldier will work with his or her occupational or physical therapist, who will write a prescription for the changes. This prescription is written on a Personal Clothing Request, DA Form 3078. It will specify the measurements and describe what types of modifications need to be made. The Soldier will then take this prescription and his or her uniform to an AAFES designated location to turn in the items. The modifications will be made and the uniform returned within three to five days.

Through the program, Soldiers also have

**SEE UNIFORM, A-10**



## Warrior leaders in Indonesia

U.S. Army-Pacific NCOs train foreign enlisted leaders

**A-6**

## Women's Equality Day Celebration

A Women's Equality Day Celebration will be held Thursday, 10-11:30 a.m., at the Sgt. Smith Theater on Schofield Barracks. The guest speaker will be Chaplain (Maj.) Lucy Der-Garabedian, 500th Military Intelligence Brigade.

**See News Briefs, A-7**

## Gym update

The Fort Shafter Physical Fitness Center hours will change beginning Sept. 1. Additionally, the center will be open for women only from 9:30-11 a.m., for a 90 trial period beginning Sept. 1.

**See Community Sports, B-6**



## Working out without walls

Outdoor recreation center provides services for the playground that is Hawaii

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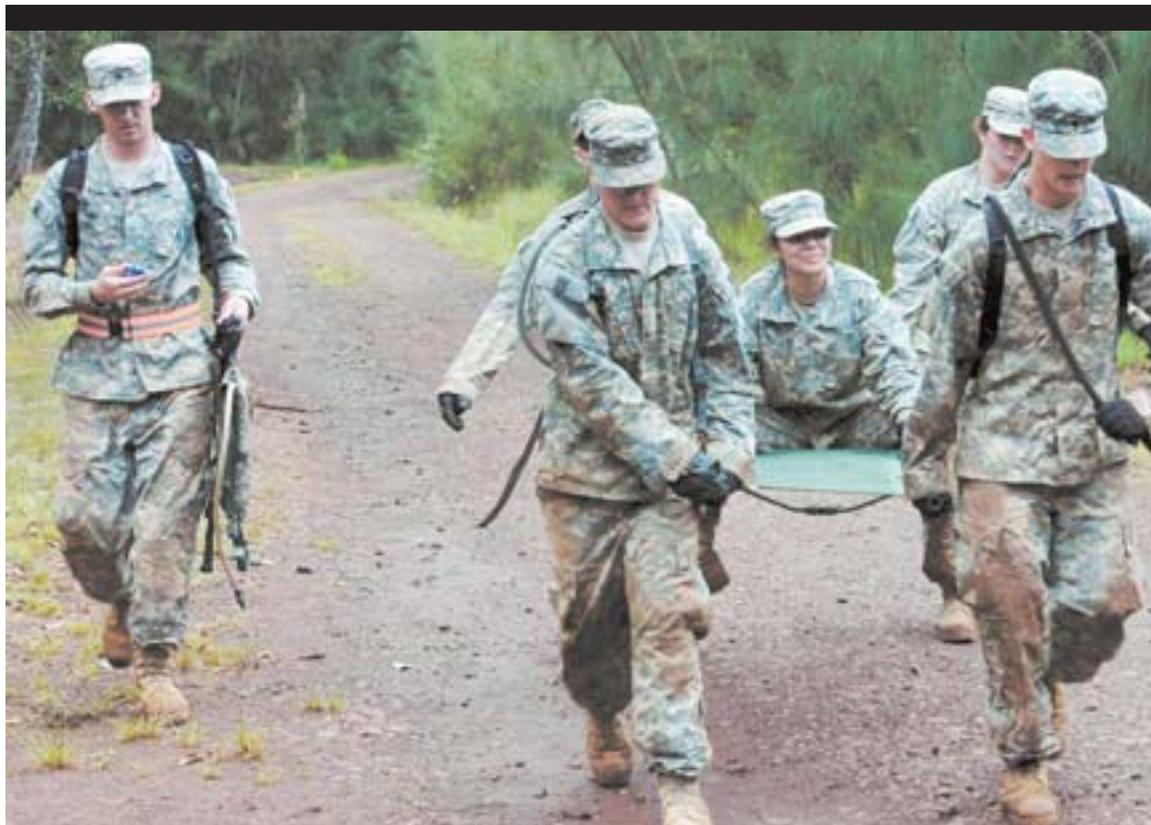
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Sgt. Tyrone C. Marshall Jr. | 25th Combat Aviation Brigade Public Affairs

## 'I'm not tired'

SCHOFIELD BARRACKS — Soldiers from Headquarters and Headquarters Company, Combat Aviation Brigade (CAB) "War Eagles," participate in a litter carry after completing the air assault obstacle course at East Range, Aug. 8. The "War Eagles" of HHC, CAB experienced the challenging course, a 100-meter litter carry and 100-meter sprint to the finish as a team-building exercise as the 25th CAB continues combat readiness preparation.

## 500th MI Brigade commander says farewell

**SGT. 1ST CLASS SHERYL LAWRY**  
500 Military Intelligence Brigade Public Affairs

SCHOFIELD BARRACKS — Under a commonly blue Hawaii sky, family members and prominent guests gathered at Sill Field, Aug. 7, for a change of command ceremony honoring the outgoing and incoming commanders of the 500th Military Intelligence (MI) Brigade.

Col. Steven Grove passed command to Col. Christopher Ballard in front of a formation of steadfast Soldiers representing the brigade's five battalions and headquarters and headquarters detachment.

"These Soldiers, along with the professional Army civilians and our contracting force, both U.S. and Japanese, are the finest that I have had the pleasure to serve alongside of in my 25 year career," Grove said. "I consider it a distinct honor to be counted among these ranks."

Grove continued by complementing each of the battalions for their individual accomplishments while under his command of two years. Those accomplishments ranged from the successful 15-month deployment of the



Sgt. Mark Comon-Pearce | 500th Military Intelligence Brigade

Maj. Gen. David B. Lacquement, the commander for the United States Army Intelligence and Security Command passes command of the 500th MI Bde. to Col. Christopher Ballard during a change of command ceremony at Sill Field, Aug. 7.

15th MI Aerial Exploitation Battalion, which was realigned to the 500th MI Bde. just weeks before its deployment, to the 732nd MI Bn., whose work within the Kunia tunnel assists commanders worldwide.

"None of this could have been accomplished

without the quality of leadership that is assembled before us," Grove said referring to the formation of Soldiers. "Initiative, drive and genuine concern for our Soldiers and

**SEE 500th MI, A-11**

## Army celebrates anniversary of Army Family Action Plan

Army family a priority thanks to general's 'white paper'

**ARMY FAMILY, MORALE, WELFARE AND RECREATION**  
News Release

WASHINGTON — Today and in the coming months, the Army will be celebrating the 25th anniversary of the creation of the Army Family Action Plan (AFAP) and leadership's ongoing commitment to families embodied in

the Army Family Covenant.

The Army Family Covenant says Soldiers' strength comes from their families. It pledges to provide for and support those families, increase the accessibility and quality of health care, improve Soldier and family housing and standardize and fund family programs and services.

Army Chief of Staff Gen. John Wickham signed a ground breaking "white paper" titled The Army Family, Aug. 15, 1983. It identified the need for the Army to increase support

to its families. Wickham and his staff asserted that a healthy family environment allows Soldiers to concentrate more fully on their mission.

"The readiness of our all-volunteer force depends on the health of the families," said Secretary of the Army Pete Geren. "I can assure you that your Army leadership understands the important contribution each and every one of you makes. We need to make sure we step up and provide the support families need so the

**SEE AFAP, A-10**

## IED kills 25th ID Soldier

**25TH INFANTRY DIVISION**  
PUBLIC AFFAIRS  
News Release

SCHOFIELD BARRACKS — The Department of Defense announced Monday, the death of a 25th Infantry Division Soldier who was supporting Operation Iraqi Freedom.

Sgt. Kenneth Gibson, 25, of Christiansburg, Va., died of wounds suffered Aug. 10, in Tarmiyah, Iraq, when an improvised explosive device detonated near his position during dismounted operations.

Gibson was assigned to the 1st Battalion, 14th Infantry Regiment, 2nd Brigade Combat Team (Stryker), 25th Infantry Division, Schofield Barracks, Hawaii.

He joined the Army in March 6, 2002, and was assigned to Schofield Barracks in August of that same year.

For additional information, visit [www.25idl.army.mil](http://www.25idl.army.mil).



Gibson

## DLI offers free online materials

**ARMY NEWS SERVICE**  
News Release

PRESIDIO OF MONTEREY, Calif. — The Defense Language Institute (DLI) has launched a new Web site that offers hundreds of "language survival kits" and other materials free of charge to deploying service members.

DLI's Foreign Language Center (FLC) developed the Language Materials Distribution System Web site and went live July 1. To view the shopping cart, go to: <https://lmds.dlifc.edu>.

The Language Survival Kits offered on the Web site are pocket-size booklets with audio CDs, in over 30 languages, ranging in topics from public affairs, cordon and search, to medical terminology.

DLIFLC also offers new Headstart language DVD programs that use cutting-edge technology and computer animation to teach 80-hours of self-paced lessons and are designed to teach survival phrases in Iraqi Arabic, and Afghan Dari and Pashto.

Language materials can be viewed, downloaded, and ordered at [www.dlifc.edu](http://www.dlifc.edu) under the Products tab. Users must register and receive DLIFLC account approval before placing an order.

## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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### Nondelivery or distribution

problems in Army Hawaii  
Family Housing areas? If so, call  
656-3155 or 656-3156.

## 68 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 8/13/08.

Absentee voting: A simple process for a complex decision

# Involvement in democratic process matters

## STAFF SGT. BROCK JONES

Multinational Division-Baghdad Public Affairs

CAMP LIBERTY, Iraq – The fighting men and women of the U.S. armed forces are greatly affected when a new president takes office, making this election year an important time not only for America, but also for service members worldwide. A new president means a new commander-in-chief, which can ultimately result in new directions, policies and actions throughout the armed services.

As American citizens prepare to flock to voting booths in November to cast their votes for a new president, Soldiers serving overseas do not have to stand by and merely wait for a winner to be declared. Through the absentee balloting system and with the help of local unit voting assistance officers, every U.S. citizen-Soldier serving outside the U.S. can be involved in the election and cast their votes for president.

"Having the opportunity to represent the Multinational Division-Baghdad command as a voting assistance officer (VAO) is an awesome opportunity," said Maj. Gregory Ash, officer in charge, deputy G-1 plans and operations, 4th Infantry Division, who is also the division's voting assistance officer. "I try my best to ensure that I give a 100-percent effort to any and everybody who comes in my section to ask about (voting)."

Voting assistance officers are responsible

## Absentee voting: Simple 4-step process

1. Fill out a Federal Post Card Application.
2. Send the filled-out FPCA to the Soldier's state election officials.
3. State officials approve the application and send back an absentee ballot to the Soldier.
4. Soldier votes on the absentee ballot and sends it back to election officials.

All information regarding absentee voting—deadlines, state mailing addresses, FPCA forms, information on which states accept electronic submission of the FPCA, etc.—can be found at the user-friendly Federal Voting Assistance Program website at [www.fvap.gov](http://www.fvap.gov). The rules and regulations governing the absentee voting process vary from state to state. Soldiers should use these sources to find out the specific requirements of their respective state.

for raising awareness among Soldiers about the absentee voting system, assisting them with the registration process and answering any questions they may have about that process.

"Getting the word out" about voting is what Ash and other VAOs throughout the division have been doing for the past few months. Along with the efforts of other Soldiers who spread the word because they view voting as an important act, VAOs hope

the information about how to vote while deployed is reaching more and more Soldiers every day.

"I think a lot of times, people think the process is harder than it is, when it really only takes five minutes," said Staff Sgt. Glenn Butler, a battle noncommissioned officer in the division fires and effects cell (FEC), 4th ID. Butler and others from the FEC voluntarily began a campaign of sorts to raise awareness about the absentee balloting

process and help other Soldiers fill out and mail the absentee ballot request application.

Filling out an absentee ballot request, known as a Federal Post Card Application, is the first step to voting with an absentee ballot, said Ash. The second step is the approval of the request by the Soldier's state election official, who then returns an official absentee ballot to the Soldier. The final step is for the Soldier to return his or her ballot to the local election official of their state to be counted, he said.

With such a simple process, and with voting assistance officers to help at every level of command, Soldiers have the opportunity to vote for their next commander-in-chief and get involved in one of the most important and perhaps defining processes of democracy.

The reasons Americans vote are as different as each individual citizen who casts those votes. However, most of those reasons seem to revolve around the desire to stay involved in the processes that have been, and continue to be, essential to our democratic way of life.

"Every person, every Soldier, from the lower enlisted to the highest ranking, has a part to play in voting because every issue or every policy, every directive that comes down from our higher, our commander-in-chief, affects us all," said Ash. "Being able to have an opportunity to at least put a word in edgewise ... in the form of a vote is key."

# Leadership, training key to motorcycle, summer safety

## COMMAND SGT. MAJ. TOD L. GLIDEWELL

U.S. Army Combat Readiness/Safety Center

There is a lot going on in our Army. In more than three years of sustained combat operations on two fronts, brave Soldiers continue to answer the call of our great nation.

There's one thing going on in our Army, however, that does not make sense – losing Soldiers to accidents. I will be the first to admit I don't have all the answers.

We need your help with two trends in particular. First, summer, more specifically the last quarter, which is, historically, the deadliest time of year for Soldiers. The second should be no surprise; privately owned vehicle (POV) and motorcycle accidents are on the rise and have claimed more than 90 Soldiers' lives so far this fiscal year. We need to reverse these trends and get a handle on these senseless losses.

Recently, the U.S. Army Combat Readiness/Safety Center opened a forum on the Army Battle Command Knowledge System (BCKS) called Army Safety Net, which allows leaders and safety professionals to share information affecting our force. Brig. Gen. William Forrester, commanding general, U.S. Army Combat Readiness Center, and I pose questions over the Army safety noncommissioned officer (NCO) and warrant officer nets to draw from the experience of our force and we thank all who participate. Awesome points are being made and I agree that we (the Army) need to take action. We need to carry these discussions over to our formations and educate the force, es-

pecially about motorcycles.

Gas prices are to the point, I dare say, of making most everyone a potential motorcycle buyer or knowing someone who is. Banning motorcycles, as I have heard some prescribe to, is not the answer. Education is key; motorcycle mentorship programs and riding with groups that abide by the law are great ways to make motorcycle riding a life skill. More importantly, mentorship and group rides show motorcyclists taking responsibility for their sport.

Leaders – every Soldier in my mind – need to take the hard right over the easy wrong. Make on-the-spot corrections. Everyone in our Army is a safety officer/NCO and can tactfully exercise general military authority on and off duty. Some advocate Line of Duty (LOD) investigations and AR 600-8-4 outlines the rules governing line of duty and misconduct determinations. A LOD can be the hammer, but there are other effective tools, ones with less drastic consequences, we can implement.

When it comes to motorcycle accidents, where do we put the onus? On riders, or with those who turn their heads and let accidents happen? How many of you have seen letters of reprimand or Article 15s used for violations? Wouldn't these be relevant for Soldiers not riding with personal protective equipment (PPE) or driving recklessly? Although I'm referring to motorcycles, similar issues exist with POVs and should not be overlooked when taking action to move left of the boom.

We continually receive great suggestions and here are a

few received via the Army Safety Net: Installations could hold a one-day motorcycle safety stand down for riders. Ask them how they would solve the problem of motorcycle mishaps and publish the recommendations in the installation newspapers for awareness.

Fort Drum conducted a motorcycle rally in conjunction with a division run. Motorcyclists were not only exempt from the run, they also led the division during the run. Afterward, riders conducted a ride and returned to a barbeque, where leaders conducted professional development about motorcycles.

I visited Fort Campbell and learned the installation imposes a \$30 fine to Soldiers who aren't wearing their PPE on post.

We need to take care of our own. If we make it too tough for Soldiers to ride on the installation, they will find other places where we can't police them. What are we doing to bring it back where we can get our arms around it? Leaders are engaging at all levels. Training and Doctrine Headquarters and other commands have conducted motorcycle mentorship rides. What are we not doing or what can we do better?

This summer, longer days directly impact the level of fatigue we experience when trying to cram well-deserved time off into short periods of time. Don't push yourself beyond the limit. Manage your time off and have fun this summer. Your nation, family and Army need you.

Army Safe is Army Strong!

## 7 STEPS in FAITH

# Predestination negates effects of free will

## CHAPLAIN (MAJ.) LINDA NORLIEN

Combat Aviation Brigade Chaplain

Have you ever heard that saying, "Everything happens for a reason?"

When people say it to me they are usually telling me that they believe in God and take comfort from God in difficult times. However, some things that happen are very unreasonable. Many of the things that happen, happen because of foolishness or outright evil.

When an elderly person is killed by a drunk driver or a child is abused by her own parent or someone makes bad judgments and ends up in trouble, we are mistaken if we think God made that happen or that its part of God's purpose in the world. A central idea of the Christian faith is that our God is both imminent and transcendent.

Imminence means God is with us, near us. We see this when God talked in the garden with Adam and Eve, when he spoke face-to-face with Moses, and when Jesus lived here on earth as one of us, human, yet divine.

Transcendence means God is eternal and outside of time and space. He is the creator of the universe, forever before and above us. One of the mysteries about God is that he

is both intimately near us and far above us. But, we misunderstand God's transcendence when we think that every event that occurs was predetermined by him and we are powerless to do anything about it. That is not the Christian faith; that is fatalism.

Some portray God as so above us, aloof from us that he planned every detail of our lives eons ago and everything that happens in life is inevitable. They would mistakenly say that nothing can alter what God has predetermined, so our obligation is to simply accept everything as some part of his plan and make the best of it. But that is not faith in the God of the Bible; that is fatalism.

Fatalism is a belief that we have to accept the outcome of events and that we cannot do anything to change those outcomes because they were predetermined by something over which we have no influence.

But, if everything were inevitable, than nothing we do would make any difference

and nothing we do would have significance or meaning. Nothing could ultimately be worth living or dying for. The reality is that everything we do not only matters now, but it matters eternally.

I believe some misunderstand a verse found in the New Testament book of Romans, chapter 8, verse 28: "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

This verse comes in the middle of the Apostle Paul's teaching that we are living in a time in our lives when we are "already" saved but "not yet" fully Christ-like. So, we are weak; our bodies are not only human and frail, but our old habits of sin still have some influence over us and other people's sin affects our lives too.

Verse 28 says that God works on our behalf, in "all things," all that we encounter in this life. God works for the good; that is our final good, for this life and for the next. Paul is telling us that God intercedes on our behalf in the sufferings and longings of the lives of those who love him and are called

SEE FAITH, A-10



The season runs June 1-Nov. 30, so stay vigilant for turbulent shifts in weather.

If a hurricane is approaching Hawaii, you will learn about it from radio and TV news reports, collected from the National Weather Service in Honolulu.

Stay tuned to HACN TV2 in Army Hawaii Family Housing for specific guidance, respond to instructions on the AHFH CallMax automatic telephone system and comply with directives from Military Police via public address systems.

Emergency shelters are located on Oahu Army installations. You will be advised when to proceed to your assigned shelter. When you get this notice, take your family and your Emergency Readiness Kit to your assigned emergency shelter.

Review the 2008 AHFH Hurricane Readiness trifold pamphlet, now, which lists Oahu Army emergency shelters and items you should have in your readiness kit. Download the pamphlet at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil) - under the left side "Hazard Awareness" link.

Off-post military must determine their area shelter from their local phone book, visit [www.oahucivildefense.com](http://www.oahucivildefense.com) or call 523-4122.



Norlien

# Voices of Ohana

What is your ideal place to live?



"Huntsville, Ala., because I went through there the other day."

Staff Sgt. Jill Buchanan  
325th BSB  
Transportation NCO



"In the Southern states, close to the water."

Dawn LaBay  
Directorate of Human Resources  
Personnel Processing Specialist



"Where I'm from, southern Utah. It has desert, mountains and valleys."

Capt. Christopher Pierce  
25th ID  
Engineer



"Italy or somewhere in Europe ... I've never been but always wanted to go."

Sgt. Rigoberto Sanchez-Alvarez  
45th Sus. Bde.  
HR Sergeant



"Somewhere in the South."

Suzy Venn  
Family Member



Staff Sgt. Amos Salas, medic for 1st Battalion, 21st Infantry Regiment "Gimlets," 2nd Stryker Brigade Combat Team, hands out small Iraqi flags and stuffed animals to children outside the Al Manasir School during a Combined Medical Engagement in Kharnabat, west of Baghdad.

## IA, Gimlets aid Iraqi village

Story and Photo by  
**CPL. DUSTIN WEIDMAN**  
1st Battalion, 21st Infantry Regiment

BAGHDAD, Iraq – Medical care is something that most Americans take for granted.

When a person is sick, he or she goes to the nearest medical facility for a diagnosis and receives medication.

However, in Iraq medicine and medical care is not that convenient and sometimes a patient has to travel more than an hour to the nearest qualified doctor.

Medics from 24th Brigade, 6th Iraqi Army (IA) Division, with support from their partners from the 1st Battalion, 21st Infantry Regiment "Gimlets," converted the Al Manasir School into a temporary medical clinic to provide free medical care for one day

to the area of Kharnabat, west of Baghdad.

"We are so thankful for the U.S. and the Iraqi Army for what they are doing. I have been sick for many days and they gave me medicine for free that will help me get better," said one patient after being treated by the IA medic.

More than 170 people were treated for various medical problems ranging from a simple cough and toothaches to stomach infections and chicken pox.

The IA medics attended to the majority of the patients, while the Gimlet medics treated a few immediate and complex cases.

"Today was great," said Staff Sgt. Amos Salas, 1-21st Inf. Regt. "There were a lot of people that came and saw the IA working with local people. I believe this is a step in the right direction for the Iraqi people."

## Renaissance Soldier balances mission tempo, fitness

**PFC. JOHN AHN**  
1st Battalion, 27th Infantry Regiment

CAMP TAJI, Iraq – Being a Soldier means being a master at many things and having the ability to adapt to any environment.

For one Soldier from Headquarters and Headquarters Company, 1st Battalion, 27th Infantry Regiment "Wolfhounds," adapting to his environment has been a way of life.

Such is the case for Staff Sgt. Hiram Barbosa, a native of Mayaguez, Puerto Rico, who is a Stryker armored vehicle commander and responsible for the vehicle crews for the Wolfhound commander's personal security detail.

Barbosa, along with his seven brothers and sisters grew up very poor in Puerto Rico. Their mother was single and worked at a local bar. His life changed dramatically when his mother died when he was 16. He adapted to his new environment as he moved to Berkeley Heights, N.J., to live with his godparents.

Barbosa said his godparents had an immense impact on how he lives his life today. He is very focused on his health and fitness, which is something he learned from his them. His godfather is a professional body builder and a police officer, while his godmother is an aerobics and fitness instructor.

Their active lifestyles were such an influence that he recently competed in a body building contest and earned third place at Camp Taji.

The balance he keeps in fitness, along with his daily mission tempo, is nothing short of amazing. He said speaking to his godfather helps him keep that balance. In fact, Barbosa calls him as often as he can.

"He's a great influence in my life," said Barbosa, adding that his godfather constantly wants to help

him improve in every aspect of his life.

"He was a happy kid," said Tony Martinez, Barbosa's godfather. "He was the type of kid, you tell him what to do, and he did it. He was never afraid, always positive, and he never gave up."

Barbosa's dedication for fitness also carries over to his Soldiers. His driver, Spc. Daniel Van Houten, recently began working out with Barbosa and said he has seen vast improvements in both his physique and endurance.

"He pushes me," said Van Houten. "He trains me properly, and he motivates not only me but the whole section."

Barbosa's dedication to his family drove him to Army life. He enlisted immediately after graduating from high school in New Jersey.

He said he chose to enlist in the Army as an infantryman to fulfill his yearning to "blow things up, shoot weapons and advance quickly" in his career field.

"I was a little bit fearful, but he's a tough kid," said Martinez, who said he was initially apprehensive about Barbosa joining the military. "I knew he could handle it."

Barbosa is currently serving in his fourth deployment since joining the Army, which includes two tours in Iraq and a tour in both Afghanistan and Bosnia.

Barbosa said he plans to make the Army his career and continues to become more tactically and technically proficient on military tasks, which improves his chances to be promoted through the ranks.



Barbosa

# Golden Dragons remember fallen comrade

1st Battalion, 14th Infantry Regiment renames building for first unit casualty

Story and Photo by  
**PFC. LYNDESE DRANSFIELD**  
2nd Stryker Brigade Combat Team Public Affairs

CAMP TAJI, Iraq — Soldiers from 1st Battalion, 14th Infantry Regiment “Golden Dragons,” humbly stood in formation outside their headquarters here, for a ceremony to honor a fallen comrade, recently.

The Golden Dragons renamed their headquarters Daggett Hall to honor the memory of Sgt. John Kyle Daggett.

Daggett was injured May 1 when he was struck by shrapnel from a rocket-propelled grenade in Sadr City. He succumbed to injuries May 15. He was the first Golden Dragons Soldier lost this deployment.

“The units may change, but this building will still be here,” said Lt. Col. Thomas Boccardi, commander, 1-14th Inf. Regt. “It’s a cue when we are here, and it’s to remind others when we are gone. It’s here to



Soldiers from the 1st Battalion, 14th Infantry Regiment, 2nd Stryker Brigade Combat Team “Warrior,” witness the renaming of their headquarters during a ceremony at Camp Taji, northwest of Baghdad, July 30. “From now on, this building will be known as Daggett Hall,” said Lt. Col. Thomas D. Boccardi, commander, 1-14th Inf. Regt., as the cover was removed from the commemorative inscription.

ensure we all remember.”

Soldiers removed a sheet from the new sign, officially announcing the building’s

new name.

“From now on, this building will be known as Daggett Hall,” Boccardi said.

For the Soldiers who served with Daggett, the memorial meant remembering a friend and leader and reminded them

why they stand at the “Right of the Line.”

“He was an amazing leader,” said Sgt. 1st Class Nicholas Arambula, platoon leader, B Company, 1-14th Inf. Regt. “All the younger guys wanted to be just like him. He was an inspiration.”

Spc. William Haney, an infantryman with B Co. agreed.

“He was a great guy, and he cared about everyone,” said Haney, who first met Daggett in Airborne School in October 2005 and served next to him in Sadr City. “This loss has affected us all, and he won’t ever be forgotten.”

During the ceremony, Haney read a commentary written by Daggett’s parents.

“Freedom isn’t free,” he said. “Each time you see an American flag, please remember the blood that has been shed to keep our nation free.”

Daggett’s fellow Soldiers will think of him every time they see a flag, and while they are here, they’ll remember him each day as they walk into the headquarters building and see his name posted next to the door.

# Stability enhances economy

**1ST LT. JESSE OZBAT**  
1st Battalion, 14th Infantry Regiment

CAMP TAJI, Iraq — There were few shops open and with very limited hours before the Soldiers of C Company “Rock,” 1st Battalion, 14th Infantry Regiment “Golden Dragons,” arrived in Mushada, northwest of Baghdad.

Many of the residents remained in their homes, and the local government was unable to function as it should. Soldiers of C Co. received the goal to make the area safe for Mushada residents.

“Our goal is to provide a secure environment so the Iraqi government can take control and we can transition home,” said Spc. Justin Scully, C Co., 1-14th Inf. Regt.

The first step to changing Mushada for the better was to provide lasting security for the area. The Sons of Iraq (Sol) were established to secure their individual neighborhoods, and “Rock” Soldiers began daily security patrols throughout the area.

With the combined security efforts of the Sol and U.S. Soldiers, attacks decreased, residents began

leaving their homes, and shops began to reopen. As the shops began to open the Soldiers addressed shop owners’ concerns to gain a better understanding of what they needed for improvement.

Soldiers provided micro grants to select business owners as a way for them to take the next step toward maintaining a consistent business. With the help of the grants, more and more shops began to open and the markets began to rapidly expand.

The improved security also allowed the leaders of C Co. to attend the Mushada City Council meeting and build a solid working relationship with its members.

Working closely with the Mushada Nahia, the Iraqi equivalent of a county seat, was an important goal for C Co. Initially, U.S. Soldiers took the lead, conducting assessments on schools, water treatment units, roads and various other potential projects as a show of good will. Now, Nahia council members have taken more control of local governance and established their own priorities and methods of assessing progress within Mushada.



Photo by Staff Sgt. Listen Ballard

## General recognition

CAMP LIBERTY, IRAQ — Pfc. Andrew Campbell, a mechanic, 58th Military Police Company, 728th Military Police Battalion, 18th Military Police Brigade, receives a coin of excellence from Gen. David Petraeus, commander, Multinational Forces-Iraq, during a visit to the unit’s area of operations on Forward Operating Base Normandy. Campbell was presented the coin for his outstanding efforts while providing constant maintenance support vital to the unit’s mobility to military police transition team Soldiers. Four other Soldiers from the 58th MP Co. earned coins from Petraeus for their efforts.

OIF

# Pacific partnership produces Indonesian Army's first WLC

Story and Photos by  
**STAFF SGT. CRISTA YAZZIE**  
U.S. Army-Pacific Public Affairs

BANDUNG, Indonesia — Three U.S. Army-Pacific (USARPAC) noncommissioned officers (NCOs) traveled here recently to conduct the first Warrior Leader Course (WLC) with the Indonesian Army. The course is designed to train junior NCOs to lead at the squad level.

"At the request of the Indonesian Army, we are participating in the development of this leadership course to develop confident and competent NCOs. They can extract the relevant information that we're training and mold it into a course that they can teach their NCOs in the future," said Sgt. Gerald Daniel, the program's operations NCO at the Office of Defense Cooperation in Jakarta.

The USARPAC team from Hawaii consisted of Daniel, Sgt. 1st Class Sehuan Flax, Staff Sgt. William Vargas, and Staff Sgt. J.J. Williams.

The team conducted two, 15-day courses from June through August. The second course enrolled outstanding graduates of the first class in an Instructor Training Course (ITC). In true train-the-trainer fashion, the top students became instructors. Of the 42 WLC graduates, 20 were selected for the ITC.

"They are going about it the right way by giving them attributes to become efficient leaders so they can establish that confidence in the NCO Corps," said Sgt. Maj. William Smith, USARPAC operations sergeant major. Smith compared the WLC course to planting a seed. "By tending to this seed, they have the opportunity to help that seed to grow into a more capable military."

Aside from the language barrier, instructors wrestled with teaching students to rethink their roles as decision-makers.

"At their level, in their Army, they're just given an order. They don't actually get a chance or the opportunity to plan or make the decisions, it's the officer that makes every decision," Vargas said. "Normally, they wait for somebody to tell them what to do, so what we try to teach them is that they're the ones in charge, they make the decisions."

During the course instructors emphasized leadership and responsibility. Students learned the NCO Creed, Warrior Ethos, leadership and attitudes toward conducting tasks as leaders.



Staff Sgt. William Vargas (far right), with assistance from an interpreter, oversees the progress of sergeants he has been training. Vargas, an instructor at the NCO Academy, Hawaii, recently flew out to Indonesia to teach the Warrior Leader Course to Indonesian armed forces. The course has the potential to have a long-term impact on the way the Indonesian Army develops its NCOs.

"Each day, we tackled a part of the Creed and then made sure it was understood, the meaning, and then go into ways to apply the meaning," said Flax.

The three found ways to take their knowledge as instructors and NCOs and translated it into results. One example of a shift in response from students was the after-action review (AAR), an open forum and standard throughout the Army for evaluating performance in an informal setting. The concept of the AAR was previously unknown to the Indonesian Soldiers.

"The first couple of AARs, no questions were asked, it was pretty quiet, and not a lot of interaction," Flax said. "It was like

pulling teeth to get them to comment. But now, they talk to one another. We're showing them that they can be given a mission, even something simple like a wall locker inspection and execute."

This training is part of USARPAC's Theater Security Cooperation Program and the Warrior Leader Course has the potential to have a long-term impact on the way the Indonesian Army develops its NCOs.

USARPAC Command Sgt. Maj. Joseph P. Zettlemoyer said the Indonesian Army is learning the right way for the future of the NCO Corps.

"I am elated that Indonesia has taken the first steps towards professionalizing

their NCO Corps," he said. "This enhances their capabilities while strengthening their units at the platoon and company level, and will eventually be a combat multiplier at the highest levels within their Army."

According to Zettlemoyer, future hopes include actual NCO academies, as well as further training.

"I would like to see NCO academies within their training command that provide the necessary background in leadership fundamentals, warrior tasks and battle drills to their soldiers and NCOs at different levels much like our WLC, Basic NCO Course and Advanced NCO Course," he said.



Sgt. Maj. William Smith, U.S. Army-Pacific, inspects Indonesian soldiers in their barracks.

Both students and instructors expressed a feeling of accomplishment from the course.

"The WLC makes me proud to be an NCO because I understand the NCO has an important function for the army, like a backbone," said Sgt. Asep Anda, a squad leader from 301st Battalion, TNI (Tentera Nasional Indonesia) Infanteri.

U.S. Soldiers congratulated students and encouraged to take pride in their NCO corps.

"I am very proud of what you have accomplished in the short time you have been here with the challenges you had to overcome," said Smith to the soldiers after inspecting their barracks. "You are making history in your own country, and I ask that you all go out there and do your job to the best of your ability, hold your head high and never forget that it is important to be a leader."

"I hope that everything they learn in here, they can go back to their units and try to use it," Vargas added. "It doesn't matter if they take 70 percent or they take 100 percent, at least if they got something from us, and they get a chance to go and apply it. That's something that will make me happy."



Sgt. 1st Class Lorna Longest | 8th Theater Sustainment Command Public Affairs

## Package delivered

FORT IRWIN, Calif. — Brig. Gen. Mark MacCarley, deputy commanding general of the 8th TSC (left), and Col. Walt Piatt meet here, Aug. 4. The leaders certified the completion of Joint Logistics Over The Shore '08 where the 8th TSC and Navy moved all 3rd IBCT's and 25th ID's equipment from Hawaii to Fort Irwin. The equipment will be used for their National Training Center Certification Exercise in preparation for their Operation Iraqi Freedom deployment.

# News Briefs

Send news announcements for Soldiers and civilian employees to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

## 15 / Today

**Gate Closure** — Schofield Barracks' Foote Gate is closed through Aug. 22, in order to install a new gate with additional force protection measures. All other gates at Schofield Barracks will maintain their current operational times.

For more information, call the Directorate of Public Works at 656-2435.

## 21 / Thursday

**Women's Equality Day Celebration** — The 500th Military Intelligence Brigade and Schofield Barracks will sponsor the 2008 Women's Equality Day Celebration, Aug. 21, 10-11:30 a.m., at the Sgt. Smith Theater.

The keynote speaker will be Chaplain (Maj.) Lucy Der-Garabedian, 500th MI Bde. chaplain.

Sponsored information booths will include the Women Infants and Children program(WIC), Hawaii Women's Business Center, American Cancer Society, Red Cross, Army Public Health Nurse and Voter Registration Assistance.

Call Sgt. 1st Class Jerrard Hughes at 655-4563.

## 23 / Saturday

**Back to School Barbecue** — The Aloha Chapter Warrant Officer Association will host the Back to School Barbecue at Schofield's Stoneman Field, Saturday, Aug. 23, from 10 a.m.-4 p.m. All warrant officers and family members are welcome. Come join us for a day of fun and activities. There will be plenty of food, sports, jump-a-rouns and games for the kids.

SEE NEWS BRIEFS, A-11



Sgt. Stephen Proctor | 8th Theater Sustainment Command Public Affairs

One of the visiting Korean students tries on an American Soldier's battle gear during the visit to the Medical Simulation Training Center at Schofield Barracks, Aug. 7.

# Korean students experience Army life

**SGT. JENNIFER PREMER**

45th Sustainment Brigade Public Affairs

SCHOFIELD BARRACKS — A group of Korean students and their chaperones experienced Army training and American culture firsthand during a visit here, Aug. 7.

The daylong event, which included a tactical vehicle exhibit, hands-on first aid training, weapons display, and canine presentation, was part of the group's six-day visit to the area and signified a continuing relationship between the U.S. Army and the Korean city of Uljin.

The 29 students, who ranged in age from 9 to 15, were the winners of an English-speaking contest in their home country.

"They won the contest and got the ultimate reward — a chance to travel abroad," said Command Sgt. Maj. George Duncan. "I think they'll carry this experience all the way through their adulthood."

"This is a great demonstration of the friendship and alliance we've established; it proves that it isn't necessary to cut ties just because you move," said Duncan, who, along with Maj. Gen. Raymond Mason, commander, 8th

Theater Sustainment Command, established the standing relationship with the city during their assignment to the 19th Sustainment Command (Expeditionary).

Although Mason and Duncan have moved from Korea, Soldiers from the Sgt. Audie Murphy Club continue to visit Uljin schools twice a month, said Yunsun Jung, a guide with the Uljin County Culture tour team in the mayor's office.

The students are familiar with American Soldiers from the Soldiers' visits, but this event provided them an additional opportunity.

"It gives the children a chance to first meet the American Soldiers (in Korea) and then to experience what they do firsthand," said Duncan.

"This visit is important to me because the Soldiers who protect (Korea and America) should be strong and should be trained," said Student Catherine Kim. Kim said her favorite part of the day was shooting weapons with the Electronic Training Simulator.

During the Medical Simulation Training Center demonstration, students sat wide-eyed in smoke-filled rooms while battlefield sounds

boomed through speakers and Soldiers rushed into the room to perform combat-lifesaver procedures on simulated casualties.

"I was very excited to see how Soldiers heal people," said Boseong Kim.

While the visit focused on training, the children also had a chance to experience American culture.

"The food is different here," said Eric Kim. "My favorite part was the bacon."

Although plans have not been made for a second trip, Duncan emphasized an interest in continuing the cooperative effort.

"This is a good start, and I welcome the opportunity to do this again," he said.

This visit is an example of the friendship between South Korea and United States, said Park Jigu, a middle school principle in Uljin.

"The young students enjoyed the program and will keep this valuable experience in their minds," he continued.

Jung agreed.

"For most of the students, this is their first time abroad, and this trip inspires them with new dreams," Jung said. "It reminds them they can do anything if they try their best."

# Hawaii units move equipment on last leg to National Training Center

Story and Photo by  
**SGT. DAVID HOUSE**

8th Theater Sustainment Command Public Affairs

CAMP PENDLETON, Calif. — East bound and down, loaded up and truckin'!

Not exactly Smokey and the Bandit, but members of the 45th Sustainment Brigade, 8th Theater Sustainment Command, along with the 211th Transportation Company from the Stanton, Calif. Army Reserve, took on the task of moving containers during Joint Logistics Over The Shore (JLOTS) exercise Pacific Strike 2008, recently. The units moved the containers from the Navy Elevated Causeway System pier to trucks, and onward to the National Training Center at Fort Irwin, Calif., as part of the Task Force Reception, Staging and Onward (RSO) movement of JLOTS.

"We are the largest cargo transportation company within the Army Reserve, as well the only one on the West Coast," said Staff Sgt. Joseph Macias. "Coordinating with the Navy personnel, it is our job to move to containers belonging to the 3rd Infantry Brigade Combat Team, 25th Infantry Division and 45th Sustainment Brigade, from the pier to the holding area, stage them, and then load them for movement to NTC (National Training Center)."

Maj. Dan Hicks, the RSO site chief, said he had about a week to get the equipment "up the hill."

"Most JLOTS (exercises) don't have that," he said. "You load it, you offload it on the boat, it drives back to a motorpool, everyone takes it to a wash rack, and you're done. Here, we've actually got to get it to



Kalmar RT240 Rough Terrain Container Handlers move containers around the RSO staging area at Camp Pendleton, Calif., July 27, during JLOTS '08.

the warfighter, which is real world, real training, and that's an excellent thing."

Working in two 12-hour shifts, members

of the 211th Trans. Co. used four Kalmar RT240 Rough Terrain Container Handlers to move the containers. They can move

nearly 400 units a day.

"The Kalmar is a unique machine," said Spc. Randy Palacious. "Vastly different from a normal forklift, it is our workhorse and built to handle loads in excess of 40,000 pounds. Although menacing looking, it is very easy to learn and only takes one person to operate, and that means we can operate multiple units to span and speed the workload."

"We strive to work as fast as we can with safety in mind," added Spc. Brandon Gray.

From moving vehicles from the beach to the staging area and on to NTC, Task Force RSO is the one-stop-shop for logistical movements.

"Everything ran very smoothly," said Col. Clay Hatcher, Task Force RSO commander.

# College-bound family members maintain good health

### Students are eligible for Tricare benefits throughout their college careers

**DR. JOSEPH KELLEY**  
Tricare Management Activity

Summer break is quickly coming to an end and the focus is changing from fun in the sun to back to the classroom. For many teenage Tricare beneficiaries it's also time to transition from high school to college. Some will be leaving home and moving to dorms or apartments without mom or dad. Adulthood is knocking at life's door and Tricare wants young adults, and their parents, to be fully prepared for the next stage. Keep in mind that children remain eligible for Tricare benefits while they're in college, up to age 23 or until they graduate, whichever comes first. Parents should also remember to update their child's "student status" in the Defense Enrollment Eligibility Reporting System (DEERS) for them to remain eligible past age 21.

Health care options for college students depend mainly on where the school is located. Tricare Prime is only offered in Prime service areas. Find out if the college is in a Prime service area by calling the regional contractor for the Tricare region where the school is located. If it is, the student may enroll in Tricare Prime. If not, then Tricare Standard and Extra are the alternatives. Before someone departs for college, call the regional contractor and verify their enrollment location and status to avoid unanticipated costs or requirements for treatment authorizations.

For children leaving home and going to live in a dorm it's important to take simple steps to protect themselves. Dormitories are breeding grounds for bacteria and viruses, mold, dust and dust mites. Respiratory infections, such as the common cold and flu, infectious mononucleosis, strep throat – and even mumps – are common illnesses of college life.

Before leaving home, make sure that all immunizations are up to date. You can discuss this with your doctor or view the Advisory Committee on Immunization

**On The WEB**  
To find out more about using Tricare during college, check out <http://tricare.mil/mybenefit/ProfileFilter.do?pu ri=%2Fhome%2FLifeEvents%2FCollege>, [http://tricare.mil/mybenefit/Download/Forms/College\\_Students.pdf](http://tricare.mil/mybenefit/Download/Forms/College_Students.pdf), or contact a regional contractor.

Practices (ACIP) recommendations for a quick overview. Also, a single chart representation can be found at the American Academy of Family Practice Web site: [www.aafp.org/online/etc/medialib/aafp\\_0rg/documents/clinical/immunization/adol sched.Par.0001.File.tmp/08AdolesImmunSchedule.pdf](http://www.aafp.org/online/etc/medialib/aafp_0rg/documents/clinical/immunization/adol sched.Par.0001.File.tmp/08AdolesImmunSchedule.pdf).

It's important to remember that Tricare covers the flu shot for beneficiaries, as long as it is administered in a doctor's office. Students heading to college, living in close quarters with others, should strongly consider taking advantage of

this excellent benefit. The CDC also recommends that students living in dorms should receive the meningococcal vaccine (prevents a type of meningitis or infection around the brain).

Some simple, preventative measures



can be taken to ensure a healthy school year away from home. For example, community showers are prime places to pick up unwanted infections. With so many people using the same facilities, remind students to wear shower shoes or flip-flops to prevent athlete's foot or other types of foot fungi. Use toilet-seat covers in the restroom and try to avoid placing your toothbrush or other personal toiletries on public surfaces. Be sure to put a mattress pad under the bed sheets for protection from germs living within

a school-issued mattress.

Students just out of high school, going to college are not legally old enough to drink alcohol, but that does not always stop them. The college party culture encourages excessive drinking and for inexperienced young adults, many exceed their drinking limit. Parents should talk to their teens about alcohol before they send them off to college. I urge parents and young adults to check out [www.thats-guy.com](http://www.thats-guy.com) to understand the dangers of binge drinking, which is especially relevant for college-aged students. According to the CDC, binge drinking is associated with many health problems, including but not limited to:

- Unintentional injuries (e.g. car crashes, falls, burns, drowning)
- Intentional injuries (e.g. firearm injuries, sexual assault, domestic violence)
- Alcohol poisoning
- Sexually transmitted diseases
- Unintended pregnancy
- High blood pressure, stroke and other cardiovascular diseases
- Neurological damage
- Sexual dysfunction.

## August is immunization awareness month

### Don't forget to stay up to date with immunizations.

Tricare provides age-appropriate vaccines recommended and adopted by the Center for Disease Control and Prevention's Advisory Committee on Immunizations Practices.

For children and adolescents in the U.S., the following immunizations are considered routine. Not every listed vaccine is recommended for everyone, however.

- Hepatitis B (HepB)
- Diphtheria, tetanus and pertussis (various combinations include DTaP, DT, Td, Tdap)
- Polio (IPV)

- Human Papillomavirus (HPV, Gardasil)
  - Varicella (chicken pox or Var)
  - Measles, mumps and rubella (given together as MMR)
  - Influenza
  - Rotavirus (Rota)
  - Haemophilus influenza type B (Hib, not the same as viral flu)
  - Pneumococcal conjugate (PCV)
  - Pneumococcal polysaccharide (PPV)
  - Hepatitis A (HepA)
  - Meningococcal conjugate (MCV4)
  - Meningococcal polysaccharide (MPSV4)
- For more information about vaccines visit [www.vaccines.mil](http://www.vaccines.mil).

# Faith: God empowers the faithful

CONTINUED FROM A-2

According to his purpose. Those he loves are those he has called.

God's work is according to his will, for our good, according to his purposes, not our advancement in this world's economy or for our comfort in this life. We know, for instance, that Paul prayed three times for his own "thorn in the flesh" to be removed and God did not take it away. This is where our faith comes in and this is where we can slip into fatalism. We do know that God created us in human bodies that experience pain and hardship, so we can mistake that for a fatalistic attitude that every event that happens is made to happen by God.

The difference is that instead of God bringing evil and tragedy into our lives, God brings reason into circumstances and situations that are very unreasonable. God works in the midst of the pain and suffering that sin and evil cause and brings good out of the chaos.

What is worrying you right now? Receive this reassurance and celebrate God's intervention on your behalf in these matters. Trust God; rest assured in God's love. He is the almighty God of the universe, forever larger and above us, but it is that vast spiritual power he offers us when he calls us his friends and works on our behalf.

# Uniform: Customized clothes boost morale

CONTINUED FROM A-1

the opportunity to get commercial footwear designed specifically for prosthetics. The heel of a standard Army boot is too high for use with a prosthetic and causes amputees to lean forward. The custom boots this program provides minimizes that ef-

fect, allowing Soldiers to wear the full uniform as it is intended to be worn. Customized athletic shoes are also available.

Just like customizing their uniform, Soldiers need a prescription to obtain special footwear, and they also need their commander's signature on the prescription. The boots and athletic shoes can be pur-

chased by either the medical facility or the local commander.

Several groups played a role in bringing this program to fruition, including the Army G-4, the Clothing and Services Office, AAFES, the Walter Reed Warrior Transition Brigade and the Walter Reed Garrison Clothing Issue Point. The Marine Corps'

ideas and lessons learned from their Wounded Warrior support experience, as well as the selfless service of the nonprofit organization "Sew Much Comfort" also played a role in the program's development for the Army.

*(Editor's Note: Devon Hylander writes for the Army G-4.)*

# AFAP: Program recognizes strength comes from families

CONTINUED FROM A-1

Army family stays healthy and ready."

In 1983 the Army was in transition — it was moving from an organization composed mostly of draftees and short-term enlistees, to an all-volunteer, professional force consisting of more than 50 percent married personnel. Wickham set a new vision and course for Army families that carries on today.

AFAP was created with an initial planning conference in 1984, the Year of the Army Family. Its mission is to help Army leaders address the needs and concerns of family members. The program uses family representatives from around the world to identify issues that will improve the standard of living for Soldiers and families. This feedback to leaders provides for policy changes that become tangible end products for the Army family. AFAP beneficiaries include Soldiers, retirees, Department of Army civilian employees and all their family members.

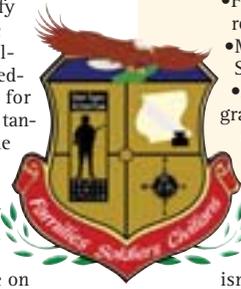
Delegates meet and vote on the top five conference issues every year. These issues are briefed at the next general

## Child care in the Army exemplifies the success of the AFAP process:

- There was no funding for child care construction in 1981.
- Between 1983 and 2006, 132 child care facilities had been built or renovated, at a total cost of \$325 million.
- The Army funded 22 new Child Development Centers in fiscal year (FY)07; 92 Child Development Center projects are programmed during FY08-13.
- One new Youth Center was funded in FY07; 24 Youth Center projects are programmed during FY08-12.

## Examples of family support programs and services impacted by the AFAP process include the following:

- Family readiness groups are currently funded, staffed and a unit requirement as a result of policy changes made through the AFAP process.
- The Family Advocacy Program, created after an AFAP issue identified the need to assist families in crisis, provided training and support to more than 164,000 Soldiers or families in FY06.
  - Financial Readiness Program managers conducted 110,041 financial readiness courses and provided individual support to 49,681
  - More than 50,000 spouses have found employment through the Army Spouse Employment Program.
  - Army Garrisons now provide more than 50 different support programs/activities (on average) ranging from "Army Family Team Building" classes to youth services activities designed to ease the burden on the spouses of deployed Soldiers.



officer steering committee. The process involves voicing what's working and what isn't, and provides a recommended solution to fix it. Senior Army leadership is alerted to areas of concern

that need their attention.

In the past 24 years, 633 issues have been identified. AFAP has driven 101 legislative changes, 147 Army policy and regulatory changes, and 165 improved programs and services.

"We recognize what it takes to be an Army family, and that our Soldiers draw great strength from their families," said Army Chief of Staff Gen. George Casey Jr. "The welfare of Army families is increasingly important to all of us," he said, adding that the Army was committed to building a partnership with families.

"We recognize what it takes to be an Army family, and that our Soldiers draw great strength from their families."

*Gen. George Casey Jr.  
Chief Staff of the Army*

That partnership is embodied in the Army Family Covenant.

Throughout the coming months and leading up to the Army Family Action Plan national meeting in Alexandria, Va. in January 2009, installations and garrisons around the world will conduct local AFAP meetings to identify key issues to be addressed by Army leadership. Thanks to the foresight of Wickham and his staff 25 years ago, the needs of the Army family remain front and center in the hearts and minds of Army leaders around the world today and into the future.

## News Briefs

From A-7

Call Warrant Officer 1 Randy Holley at 808-366-7458 or visit the Aloha Chapter Web site at <http://woa-alohachapter.org/>.

### 27 / Wednesday

**Pre-Retirement Orientation** – The next semiannual pre-retirement orientation is scheduled for Aug. 27, 8-11:30 a.m., at the Post Conference Room, Schofield Barracks.

The orientation is for Soldiers with 18 or more years of service, but spouses are encouraged to attend as well.

Information on the benefits and privileges of retirees will be provided and representatives from federal, state and military staff offices will be on hand to answer questions.

Call 655-1585/1514.

## September

### 12 / Friday

**Signal Corps Regimental Ball** – Tickets are available for purchase for the Hawaii Signal Corps Regimental Ball, scheduled for Sept. 12, at the Hilton Tapa Ballroom, Honolulu.

The ball includes a keynote speech, entertainment, music and dancing. Tickets cost \$65 and are open to the public. Dress is formal.

For more information, contact Capt. Joshua Hamilton at 438-2305 or e-mail [joshua.dale.hamilton@us.army.mil](mailto:joshua.dale.hamilton@us.army.mil).

**Leadership Development Program** – The Military Child Education Coalition (MCEC) is accepting applications for the Frances Hesselbein Student Leadership Program for students in the student-to-student program.

The program will be held at the U.S. Military Academy, West Point, N.Y. Call Jewel Csiszar at 655-9818 for more information.

## Ongoing

**Quartermaster Laundry** – The Quartermaster Laundry, Building 2800, Lyman Road, Schofield Barracks, provides laundry services to military, Reserve Officer Training Corps members, Department of Defense civilians and all authorized dependents and retirees.

The laundry offers same day service (military uniforms only), 24-hour and 72-hour service, clothing repair and sewing requirements.

These services are approximately 50-75 percent cheaper than other on-post and off-post laundry facilities.

The Quartermaster Laundry is open Monday-Friday, 7 a.m.-2 p.m. Call 624-3906.

**Garrison Web Site Survey** – Have an idea on how to make the Garrison's Web site better? Let the garrison know your thoughts on the site. A survey is available at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). Click "Survey" on the left.

The results from the survey will be used to update content, reorganize the site and make it more useful for end users.

Call 656-3153.

# 500th MI: Unit welcomes new commander

CONTINUED FROM A-1

families are what have made the achievements I just listed so remarkable."

Maj. Gen. David Lacquement, commander, U.S. Army Intelligence and Security Command, applauded both Grove and Ballard for their commitment to the Soldiers they lead and the missions they accomplish.

"It gives me great pleasure to be with you today as the reviewing officer for this change of command between two outstanding officers," Lacquement said.

"An important indicator of a good leader is how well his Soldiers perform their mission. Let me begin by commending the Soldiers and thanking the men and women of the 500th MI Brigade for their sustained record of excellence," said Lacquement. "Your successes over the past two years are a tremendous credit to you, Colonel Grove, to our Army and to our nation."

"As one great leader leaves another assumes command," he said, referring to Ballard. "The Army goes to great efforts to search out the



Sgt. Mark Comon-Pearce | 500th Military Intelligence Brigade

(From left to right) Col. Steven Grove, Maj. Gen. David Lacquement, the commander, U.S. Army Intelligence and Security Command, and Col. Christopher Ballard look out from the reviewing stand to the formation of troops.

best officers to command units as critical as the 500th MI. I know that in this instance the Army has been particularly successful in placing this command in the hands of a leader who has both extensive operational experience and technical expertise and who truly understands

the meaning of selfless service," Lacquement said. "Colonel Ballard is a dedicated Intelligence Operations professional who is extremely well prepared to meet the challenges of leading the 500th MI."

Taking command of the 500th was also a welcome home of sorts for Ballard and his family. Early in his career Ballard was assigned to the 25th Infantry Division where he served as the S-2 for 3rd Battalion, 21st Infantry Regiment, and later the chief of the Division's Signals Intelligence Technical Control and Analysis. Ballard also served as commander of the Headquarters Company, 125th MI Bn. and was the S-2 for 1st Brigade.

"Michelle and I pledge to continue the great work that Steve and Susan have accomplished over the past two years and we look forward to building the same working relationships and friendships with you all that they obviously share," said Ballard to his peers and distinguished guests.

"To the Soldiers and civilians of the 500th, I truly look forward to getting to know you in the coming days," Ballard added.



# PAU HANA



Shelly Leslie (center) demonstrates proper paddling procedures. Workout Without Walls at ODR offers an exercise program in and out of the water.



## A gym away from the gym

*Outdoor Recreation offers outdoor workout adventures*

Story and Photos by  
**MOLLY HAYDEN**  
Staff Writer

SCHOFIELD BARRACKS – Oahu offers an outdoor playground for any level of adventurer with a pleasant climate and a variety of terrain. From swimming to hiking, outdoor exploration on the island is plentiful.

The Outdoor Recreation Center (ODR) here, provides outdoor recreation and educational opportunities to the military ohana, as well as all equipment necessary to take advantage of Hawaii’s natural splendor.

“I think that anyone having the opportunity to live, work and play in Hawaii should take full advantage of the outdoor environment and take on as many challenges as possible,” said Conor Joyce, ODR program manager. “Through our programs, we will explore greater heights and depths of our island chain, going far beyond the normal vacation destinations.”

ODR offers a variety of programs, including whale watching, deep-sea fishing and family tours around the island and at Kualoa Ranch.

The newest program, “Workout Without Walls,” offers a weekly adventure to various beaches on the North Shore for a workout in and out of the water.

Each tour and program begins at the ODR center located on Schofield Barracks. As the group drives to each destination, Shelly Leslie, outdoor recreation branch chief, Directorate of Family and Morale, Welfare, and Recreation, provides interesting facts and information about the island.

For information on programs and equipment available at the Outdoor Recreation Center Hawaii, call 655-0143, visit [www.mwrarmhawaii.com](http://www.mwrarmhawaii.com), or stop by the center at Building 556 on Schofield Barracks.

Born and raised on the North Shore of Oahu, Leslie is a wealth of island information, pointing out everything from various flowers to surfing destinations. The best places to get shave ice, pies and authentic Hawaiian cuisine are also revealed by the local tour guide.

Leslie explained ODR offers high-impact workout adventures for physical fitness fanatics, as well as low-impact tours for the easy-going explorer.

“We want to share the wonders of outdoor Hawaii to everyone,” said Leslie. “We have all of the resources for people to explore with us or on their own.”

ODR also offers a full line of rental equipment designed for beach-goers, campers and outdoor enthusiasts. The ODR center offers tents, stoves, coolers, lanterns, surfboards, boogie boards, bicycles, picnic canopies, various sports equipment, kayaks, canoes and other outdoor needs, all available at a low daily rate. For the more festive affairs, the center rents shave ice and cotton candy machines, a dunk tank and inflatable bounce house.

“I encourage all patrons to come meet my staff,” said Leslie. “We have a great deal of local knowledge and are fun people to be around.”



(From left to right) Conor Joyce, Rich Robinson and Shelly Leslie warm up on the beach during a Workout Without Walls session. Workout Without Walls is one of many programs offered by the Outdoor Recreation Center to promote physical fitness and outdoor adventures.



A mountain-biking journey awaits the military ohana at the Outdoor Recreation Center. Equipment and programs offered at ODR will entertain and introduce the island of Oahu to any level of adventurer.



The Outdoor Recreation Center located on Schofield Barracks offers outdoor recreation and educational opportunities for the military ohana. Rental equipment is also available for beach-goers, campers and outdoor enthusiasts.



**15 / Today**

**Theater Program** – SKIES is accepting families who are interested in the new Theatre Program, which is scheduled to start in Oct. Call 655-9818.

**Library Contest** – Go for the gold at the library; it's so easy. Check out any library material, pick the winning sports card (limit one per day) and then enter to win cool prizes. The program runs through Aug. 25. Winners will be contacted on Aug. 26. Sports cards are located at all Family and Morale, Welfare and Recreation libraries: Fort Shafter (438-9521), Aliamanu (833-4851), and Schofield Barracks (655-8002).

**18 / Monday**

**Active Parenting Class** – Army Community Service, New Parent Support Program will offer a one day parenting class for parents of children ages 1-4 years old, Aug. 18, 9-11 a.m., ACS, Schofield Barracks. Class will teach parenting skills to enrich the parenting experience; teaching parents how to recognize developmental milestones, and responding to difficult behavior in children. Call 655-4227 to register.

**Newborn Care I and II** – How come they don't come with instruction manuals? Taking care of a newborn for the first time can be scary. From holding to diapering to bathing, learn the basics of newborn care to make the early months special for parents and baby, Aug. 18, 9-11 a.m., Sgt. Yano Library, Schofield Barracks. Register for the class by calling 655-4227.

**20 / Wednesday**

**Money Management** – Learn basic tools for financial success, develop a spending plan, reduce expenses and make your paycheck work for you, Aug. 20 and 27, 10:30-noon at the Army Community Center (ACS), Building 2091, Schofield Barracks.

**Create A Card** – Children of deployed Soldiers are invited to Create A Card, Aug. 20, 3 p.m., at the Sgt. Yano Library, Schofield Barracks.

Children can create a card to send to their deployed parent to tell them about their summer vacation and plans for school. The library will provide stationery, cards and markers.

Call 655-8002 for details on the library and its programs. Call 438-0376 for information on the Blue Star Card program.



Courtesy Photo

**Theater with a twist**

FORT SHAFTER — (From left to right) Michael Pa'ekukui (as Fagin), Lucas Cusick (as Oliver), and Jennifer Sojot (as Nancy), take the stage during a production of Charles Dickens' "Oliver." The play kicks off the 66th season of Broadway musicals at Richardson Theater and will run Sept. 4-20. For more information, visit [www.armytheatre.com](http://www.armytheatre.com) or call 438-4480.

**Basic Investing** – This course teaches the difference between saving and investing, and the difference between savings accounts, CDs, and Money Market Accounts. Learn the basics of investing on Aug. 20, 9-10:30 a.m., at ACS, Bldg. 2091, Schofield Barracks.

**21 / Thursday**  
**New Parent Support Program Resource Workshop** – The New Parent Support Program (NPSPP) has a Resource Group Workshop available for new parents at the Schofield Barracks and Fort Shafter ACS. The class this month will be held Aug. 21, 9-11 a.m., at ACS, Building 2091, Schofield Barracks. The workshop provides important information on the Nurturing Parent curriculum, resources available in the community, and short videos on preventing shaken baby syndrome and basic newborn care. Call 655-4227 to register. Seating is limited to the first 20 participants.

**22 / Friday**

**No Kidding** – Tired of hearing about dirty diapers, runny noses and what little Johnny did to little Susie at school? Then

come No Kidding, a kid-free night of relaxation, Aug. 22, 6 p.m., at the Tropics, Schofield Barracks. The event will include complimentary pupus and drinks. The deadline for registering is Aug. 20. Call 655-0111/0112 to sign up.

**23 / Saturday**

**Tile Mosaic Class** – The Arts & Crafts Center, Schofield Barracks, will hold a tile mosaic class, Aug. 23, 10 a.m.-2 p.m. for Blue Star Cardholders to create their own tile mosaic masterpiece. All materials will be provided. Call 655-4202.

**25 / Monday**

**First Term Financial Training** – Learn basic financial skills, develop self reliance and personal responsibility, encourage financial planning, improve money management skills, and enhance personal financial literacy. This is a mandatory eight-hour program of instruction on Aug. 25, 8:30 a.m.-4 p.m., at ACS, Building 2091, Schofield Barracks

**Baby Massage** – Babies are intuitive, and their sense of touch highly devel-

oped. Therefore, in addition to many health benefits, the time spent massaging your baby greatly increases your communication and helps you to understand your baby's moods, needs, desires and expressions. Call 655-4227 to register. (This is a four-part consecutive series limited to 10 parents with their babies. Babies should be between 4 and 8 months old.)

The class meets Aug. 25, 9-11 a.m. at Sgt. Yano Library, Building 560, Schofield Barracks.

**27 / Wednesday**

**Home Buying** – Learn the benefits of owning a home, tax benefits, and the difference between owning and renting on Aug. 27, 9-10:30 a.m. at ACS, Building 2091, Schofield Barracks.

**28 / Thursday**

Ages and Stages of Infant and Child Development - Understanding the ages and stages of normal child development will help you understand how to care for and encourage your child. Come and join us for this important session, Aug. 28, 9-11 a.m., ACS, Fort Shafter. Call 655-4227 to register.

Call Sgt. 1st Class Jerrard Hughes at 655-4563.

**Open house** – Fort Shafter's Hui O' Wahine, an all ranks spouse club, will hold its "Super Sign Up and Information Night," Aug. 21, 5-8 p.m. at the Hale Ikena, Fort Shafter.

The event will feature more than 20 different vendors and information on the community in the south.

The club provides financial support toward scholarships and welfare requests funded through the Fort Shafter Thrift Shop. Call 438-2278.

**25 / Monday**

**Open House** – Schofield Barracks' Hui O Na Wahine, an all-ranks spouse club, will hold its annual membership and activities sign up, "Spirit of Paradise," Aug. 25, 6-9 p.m., at the Nehelani, Schofield Barracks.

The open house will feature a live band, Hawaiian dancing and shopping.

Call 389-2202 or e-mail [blondhawaii@yahoo.com](mailto:blondhawaii@yahoo.com).

Contact Project Visitation at 521-9531, ext. 228, or e-mail [vabramo@fphawaii.org](mailto:vabramo@fphawaii.org).

**Waimea Valley Tours** – Visit historic Waimea Valley at the North Shore, a 1,875-acre valley that offers an authentic cultural window into the lifestyles and customs of the Hawaiian people through daily programs and activities. The valley is open daily (except Christmas and New Year's Day), 9 a.m.-5 p.m.

Guests can participate in native plant, history, wildlife and other interpretive walking tours. Valley visitors experience Hawaiian culture by participating in lei making, kapa demonstrations, hula lessons and Hawaiian games.

Admission is \$10 for adults, \$5 for children. Kamaaina and military discounts are available. Call 349-3301.

**Free USPS Packaging** – The U.S. Postal Service provides military family members and friends with packaging materials to send packages to service members. Call toll free 1-800-610-8734, follow prompts, then ask for the "Military Pack."

Eight boxes, tape, packaging materials and labels will be mailed to those who call. The postal service will also provide an ID number to reorder supplies. Allow four to 10 days to receive materials.

**Free DVD Messages** – Family members can record a 30-second video message on DVD to send to their deployed Soldier. The free service is offered every Saturday, 10 a.m.-2 p.m., TV2 station, Schofield Barracks. To reserve your spot, contact Larry Thomas at 295-0205 or e-mail [Larry.Thomas9@us.army.mil](mailto:Larry.Thomas9@us.army.mil).

**Beginners Line Dancing** – Wear covered shoes and join a group of happy, fun-loving, beginning level line dancers, Thursdays, 6:30-8 p.m., in Ewa Beach. Cost is \$3 per class. Call Mona Dabis at 351-2614.

**Volunteer Opportunities** – Give back to the community by volunteering; it is a great way to meet new people, receive valuable job experience and support the Army Hawaii family. Opportunities are available on and off post. Free child care at an hourly rate is provided for up to 20 hours per week for those who volunteer with ACS. Visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com) for more information.

community service projects and participates in training for disaster response and search and rescue.

For more information, call or e-mail 386-1374, or [tony4atmos@aol.com](mailto:tony4atmos@aol.com).

**Borders Reading Groups** – Borders Waikale hosts three monthly reading groups: Bestsellers, second Wednesday, 7 p.m.; Romance Readers Anonymous, second Thursday, 6:30 p.m.; and International Women's Writing Guide, first and third Wednesday, 7 p.m. Call 676-6699 for more information.

**Transition to Teaching Session** – Bryan Miller will hold an informational session providing handouts and answering questions about the Troops to Teachers and Spouses to Teachers programs, the first Tuesday of every month, 11:30 a.m.-1 p.m., in the Education Center, Room 220, Schofield Barracks. E-mail [HawaiiTTT@notes.k12.hi.us](mailto:HawaiiTTT@notes.k12.hi.us) or visit [www.proudtoserveagain.com](http://www.proudtoserveagain.com) for details.

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**Aliamanu (AMR) Chapel 836-4599**

- Catholic Sunday, 8:30 a.m. – Mass Sunday, 9:45 a.m. – Religious Edu.
- Gospel Sunday, 11 a.m. – Sunday School (Sept.-June only) Sunday, 12:30 p.m. – Worship service
- Protestant Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

**Fort DeRussy Chapel 836-4599**

- Catholic Saturday, 5 p.m. – Mass in Chapel (May-Aug.) Saturday, 6 p.m. – Mass on Beach
- Protestant Sunday, 9 a.m. – Worship Service
- Buddhist 1st Sunday, 1 p.m.

**Fort Shafter Chapel 836-4599**

- Contemporary Protestant Sunday, 9 a.m. – "The Wave" Worship

**Helemano (HMR) Chapel 653-0703**

- Contemporary Protestant Sunday, 9 a.m. – Bible Study Sunday, 10 a.m. – Worship Service & Children's Church

**Main Post Chapel 655-9307**

- Catholic Sunday, 9 a.m. – CCD & RCIA Sunday, 10:30 a.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 10:30 a.m. – Sunday School
- Gospel Sunday, 10:30 a.m. – Sunday School Sunday, noon – Worship Service

**MPC Annex, Building 791**

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

**Soldiers Chapel**

- Catholic Friday-Saturday, noon – Adoration
- Liturgical Sunday, 9:30 a.m. – Worship

**Tripler AMC Chapel 433-5727**

- Catholic Sunday, 11 a.m. – Mass Monday-Friday, 12 p.m. – Mass Saturday, 5 p.m. – Mass
- Protestant Sunday, 9 a.m. – Worship Service

**Wheeler Chapel 656-4481**

- Catholic Saturday, 5 p.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 9 a.m. – Sunday School



Send announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**15 / Today**

**Employment Orientation** – Prepare for the job you want. Attend an Army Community Service (ACS) Employment Orientation and get employment information on federal, state, private sector and staffing agencies. Reference materials, job listings, computers, Web tour and more will be available for use.

Orientations will be held at Schofield Barracks, ACS, today and Aug. 29, 9-10:30 a.m.

Call ACS at 655-4227 or register online at [www.acsclasses.com](http://www.acsclasses.com).

Child care vouchers are available if children are registered and space is reserved by a parent.

**19 / Tuesday**

**Free Online Job Training Classes** – Attend job search training from your home or office. All you need is a phone and a computer. Join us, Aug. 19, 10-11 a.m. for a class on Strategies for Private Sector Resume Writing. Register at [www.acshiemployment.com](http://www.acshiemployment.com) and click on the TeleSemi-link under the Virtual Classes header. Call 655-4227.

**21 / Thursday**

**Women's Equality Day Celebration** – The 500th Military Intelligence Brigade and Schofield Barracks will sponsor the 2008 Women's Equality Day Celebration, Aug. 21, 10-11:30 a.m. at the Sgt. Smith Theater.

The keynote speaker will be Chaplain (Maj) Lucy Der-Garabedian, 500th MI Bde. chaplain.

Sponsored information booths will include WIC, Hawaii Women's Business Center, American Cancer Society, Red Cross, Army Public Health Nurse, and Voter Registration Assistance.

**September**

**4 / Thursday**

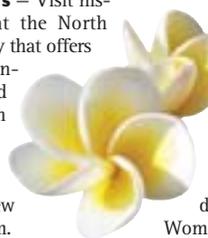
**Ukulele Contest** – The deadline to enter the Aloha Tower Marketplace's 3rd Annual Ukulele Contest is Sept. 4.

The contest, which takes place Sept. 14, wraps up a weekend of Aloha Festivals and activities in and around Honolulu. There are no entry fees and participants can enter at the Hawaiian Ukulele Company, located on the first floor of the Aloha Tower Marketplace.

Call 566-2337 or visit [www.AlohaTower.com](http://www.AlohaTower.com).

**Ongoing**

**Volunteers Needed** – Help bring separated foster siblings together by becoming a Project Visitation volunteer, six to eight hours a month. Volunteers must receive training and have no criminal convictions, a clean drivers' record, and be at least 18 years of age.



**Wanted**

(R)  
Friday, 7 p.m.  
Wednesday, 7 p.m.

**Kit Kittredge: An American Girl**

(G)  
Saturday, 4 p.m.

**The Incredible Hulk**

(PG-13)  
Saturday, 7 p.m.



**Kung Fu Panda**

(PG)  
Sunday, 2 p.m.

**You Don't Mess With The Zohan**

(PG-13)  
Thursday, 7 p.m.



Natasha Cabico | Army Hawaii Family Housing

Betsy Whisenhunt and her daughter Alyson enjoy a shave ice at last year's AHFH Night Out, which more than 500 members of the community attended.

# AHFH to host 'Night Out' Aug. 16 & 23

**ARMY HAWAII FAMILY HOUSING**  
News Release

SCHOFIELD BARRACKS – Safety in and around the home is the theme of this year's National Night Out event, which will be celebrated throughout Army Hawaii Family Housing (AHFH) communities Aug. 16 and 23.

This weekend's event will take place at the Aliamanu Community Center and the Aug. 23 event will take place at the Porter Community Center. Activities on both dates will take place from 9 a.m. to noon.

AHFH families are invited to explore a fire engine and police car, meet McGruff and Sparky, and make keiki ID cards.

Live entertainment includes an amazing demonstration by a military K-9 unit, a performance by Magician Mark Mauricio of OC-16 TV's Magic Island TV, and a fire knife dance by two-time world champion Mikaele Oloa. Local comedians Da Braddahs will host main stage activities.

# Spouses enjoy Ladies' Night at the Tropics

Story and Photos by  
**KYLE FORD**  
News Editor

SCHOFIELD BARRACKS – Ladies received an evening of pampering, fashion, food and drink at Ladies' Night at the Tropics, Aug. 8.

The Tropics partnered with Army Family Covenant and Blue Star Card programs to create a fun night out for spouses of deployed Soldiers. The event was another example of the Army's commitment under the Family Covenant to provide families with a supportive environment in which they can thrive. "Spouses being able to drop their children off at the Child Development Center and getting pampered helps the soul," said Tiffany Williams, family member and Tropics employee.

Participants enjoyed a fashion show featuring fellow family members, mini makeup clinics, and got their hair styled.

"The mini makeover gives them a small break and a boost to their self image," added Williams. "They will get all dolled up and take a photo to sent to their husbands in Iraq or get online and do the video thing. Just one night makes a big impact on a person."

"It's always great to provide an event that shows how much we appreciate people for what they do especially what spouses do to support our Soldiers," said Darlene Marshall, Blue Star Card Program coordinator.

The community supported participants by providing representatives and services for the event.

"I was so I was glad when they called me again," said Michele Guanson, Arbonne International, independent consultant who participated in a similar event on Fort Shafter. "I get to meet a lot of wonderful women and love to hear stories that I helped someone with my products."

"It never ceases to amaze me how supportive of the military our community is," Marshall said. "It's also fun to host an event that has several different elements – if fashion is



Family member Mirtha Pow gets her makeup done by Destiny Rhodes, Mary Kay independent beauty consultant, at the Ladies' Night Out at the Tropics, Aug. 8. The event, sponsored by the Army Family Covenant and Blue Star Card programs, gave ladies the opportunity to get pampered with mini treatments, enjoy food and drinks and a fashion show featuring other family members.

your thing, you'll enjoy the fashion show, but if it isn't you can enjoy the makeup, or if you're into hair you can get a little added style from the people at Paul Mitchell."

The ladies all appreciated the chance to get out of the house.

"It's something different that we can do on a Friday night," said Nicole Williams, family member. "It's a fun night and an excuse to get dressed up and have fun."

"I'll do anything that offers child care," said Hollie Aspland, family member who participated in the fashion show. "I did it because I never have and I thought it might be fun."

"This event was really for the spouses of deployed Soldiers to come out, relax, have some fun and unwind," said Sarah Horrigan, Army Family Covenant Program Coordinator. "Plus everyone loves to feel pampered."



Paul Mitchell hairstylist Soshana Monroe sculps family member Renee Gramatikas' hair at the Ladies' Night Out, Aug. 8.



Courtesy Photo

Boys and girls from the Schofield Middle School Teen Program take a break from snorkeling and rafting during their recent trip to Maui.

## Teens gain life skills from Kahalui trip

**KRISTINE YASUDA**  
Schofield Teen Center

SCHOFIELD BARRACKS — The Schofield Middle School Teen Program had its first off-island experience recently, when 16 teens traveled to Kahalui, Maui.

This three day, two night trip was designed to enrich the teens' cultural understanding of a neighboring island, as well as to support teens whose sponsor has been or is currently deployed.

Teens' expectations for the trip varied. Camille Davis, 15, wrote in a pre-trip survey that she wanted "to learn about a different place and culture; to experience something that could only be experienced in Maui." However, for most, the primary expectation was fun.

Teens participated in a variety of activities, including a three-mile hike to the Waikamoi Cloud Forest in Haleakala, and a visit to the Maui Ocean Center and Blue Water Rafting where they snorkeled around Kanaio caves and the Molokini Crater.

Teens said the excursion was as educational as it was fun. In addition,



Courtesy Photo

From left, Megan and Danielle Stump bundle up and catch the sunrise atop Haleakala Crater during a recent three-day trip to Maui.

the experience helped them develop life skills such communication, team work, financial budgeting, accountability, safety and the respect of other cultures.

# Council strives for communication

**CHICPAUL BECERRA**

Pohakuloa Training Area Public Affairs

POHAKULOLOA TRAINING AREA, Hawaii — Pohakuloa Training Area (PTA) leadership is reaching out to the Big Island community to provide better understanding of its activities and enhance the community's awareness of the Army's mission on the post.

The initial meeting of the PTA Community Advisory Council went well, according to the Lt. Col. Warline Richardson, PTA garrison commander.

"It's important to establish better partnerships and good relations with the community, because like a family, I see PTA and our neighboring communities as one family here on the Big Island," said Richardson. "Generally, we need to listen better and hear more of each other."

The council was established to allow the Big Island community to provide feedback to PTA on community concerns and issues. Attendees at recent meeting at St. James Church in Waimea came from different locations on the Big Island to work on the council's goals, objectives and group structure.

Community representatives included Steve Troute, PTA's community relations and operations officer; T.J. McAniff from nearby Waikii Ranch; Pete Hendricks from Waimea; Pastor Sharon Davis from Waikoloa; and Cory Harden from Puna.

"These individuals gave the military and PTA command a substantive start," Richardson said. "They even said that this is a wonderful thing that the Army has initiated and the best thing we could have ever done. I have the impression they were overjoyed and appreciative of the Army's effort."

During the meeting, council members discussed PTA's mission, which began more than 50 years ago.

"PTA's mission has been, and remains, as an important combat training center, where active and the local reserve component Soldiers and Marines can experience realistic combat maneuver training before they deploy to any combat region," McAniff said.

The council sees itself as communication bridge to the community.

"The military is part of our island community and will continue to be for many years to come," said Davis. "Communication is the biggest issue in any relationship, and for the civilian community and



"We will all benefit from this council ... What is important is that the Big Island community will have a voice, and we are encouraged to hear the community's voices."

*Lt. Col. Warline Richardson  
Commander, USAG-Pohakuloa*

activities, such as the Waimea Nature Park, North Hawaii Community Hospital, and school partnerships," McAniff said.

"Once the council gets structured and the group determines how to best operate, we will let people in the community know how to get in direct contact with these community members and myself," Troute said.

The council intends to vary the location of the meetings to make it more convenient for everyone. The next meeting is scheduled for Sept. 3 at Pohakuloa.

Richardson said the meeting was extremely productive and well received.

"This council will be a renewed partnership for some community organizations and veterans groups like the VFW, and for others, this will be an opportunity to establish new relationships with PTA," Richardson said.

Several members stressed the importance of being inclusive.

"For the council to have credibility, it must also represent community views that are not supportive of the Army's mission and activities," said McAniff. "We can listen and learn from other people's points of view."

Richardson agreed.

"We will all benefit from this council because there will always be issues that we agree on and issues that we won't agree on," she said. "What is important is that the Big Island community will have a voice, and we are encouraged to hear the community's voices."

the military to best coexist we need to have honest communication. We are a diverse group of people, and my concern is to know how the community feels."

Other council members agreed with Davis.

Harden said she was encouraged by PTA's willingness to listen to community concerns, and hoped to have more members who reflected the diverse community and could contribute on various issues.

"Most civilians would be amazed to learn that PTA has only four military staff and more than 190 civilian and contract employees," he added. "They include more than 50 civilian personnel, who are biologists, archaeologists and other cultural and natural resources field staff working there to make sure the Army is in compliance with Federal laws," he added.

"Furthermore, most people are unaware that Soldiers and Marines provide labor in support of community organizations and ac-

# Soldiers support the community as Big Brothers

Story and Photos by  
**MOLLY HAYDEN**  
Staff Writer

KAPOLEI — Family and friends crowded around a picnic table as Raymond Saragosa blew out the nine glowing candles atop his Indiana Jones birthday cake here, Sunday.

Capt. Jason Noble of the 2nd Battalion, 6th Cavalry Regiment, stood in the background and smiled.

"I haven't seen him in a month," said Noble. "He's been on the Big Island visiting family."

"I've missed him," Noble said just before greeting the birthday boy.

The reunion was heartfelt as hugs passed between the two and smiles shone brightly from both faces.

"Raymond's a great kid," said Noble. "Being a Big Brother is so easy, more people should get involved."

The community-based mentoring program Big Brothers Big Sisters of Honolulu offers volunteer mentors the opportunity to meet with a child, one-on-one, for a few hours each month to engage in activities such as outdoor recreation, watching movies or just lounging on the beach.

"We do a lot of fun stuff together," said Saragosa. "We both like sports."

"Jason gives him the attention he needs," said Saragosa's mother, Mia Beaudet. "This is something just for him, and his overall attitude and confidence has improved (since starting the program)."

A few miles down the road, Capt. Jeremy Cervantes, U.S. Army Pacific, and his little brother Brian Wright sat under a palm tree at Ko Olina. Cervantes tuned a child-size guitar as Wright looked through a book.

"I got him this guitar for his birthday last month," said Cervantes. "Today I'm going to show him how to play it."

The soft-spoken child shyly placed the guitar in his hands and listened attentively as Cervantes explained the parts of the instrument.

"Touch each string separately," said Cervantes. "Do you notice a difference between them?"

The 9-year-old Wright nodded his head and ran his fingers down each string.

Although the pair has only known each other for a little more than a month, the bond between them seemed effortless, as if they were lifelong friends.



Big Brother Capt. Jason Noble and little brother Raymond Saragosa pose for a picture during Saragosa's birthday party, Sunday. Big Brother Big Sisters of Honolulu currently has numerous volunteers within the armed forces who provide a positive mentorship to young children.

Cervantes became a Big Brother earlier this year after returning from his second deployment.

"Being a Big Brother was something I have always wanted to do," said Cervantes. "I have been aware of the program for years and the idea of helping to mentor and mold a younger person in a less fortunate position always appealed to me."

As the guitar lesson continued, Wright plucked each string as instructed by his big brother. A smile crept across his face as he heard the sound.

"There is a lot of patriotism in Hawaii, especially amongst children, so it's always

warming to hear how they feel about what Soldiers do and have done for the global war on terrorism," said Cervantes. "During deployments I have seen children from different countries and how their lifestyles differ so much from those of American children. I make it a point to portray their lives through pictures and stories so they can get an idea of how hard life can be elsewhere."

#### Military ohana

The mission of Big Brothers Big Sisters of Honolulu is to help children become re-



Big Brother Capt. Jeremy Cervantes gives little brother Brian Wright a guitar lesson, recently. Through Big Brothers Big Sisters of Honolulu, volunteer mentors teach children to become responsible adults, and have a positive and lasting impact in their lives.

For details on volunteering or to enroll as a mentor, contact Rodney Hee, Customer Relations Specialist at 521-3811, ext. 228, or e-mail [rhee@bigshonolulu.org](mailto:rhee@bigshonolulu.org)

sponsible adults by matching them in professionally supported relationships with volunteer mentors who create a positive, lasting impact simply by sharing their friendship, guidance and support.

Volunteers come from a variety of backgrounds, but in Hawaii about 40 percent of the Big Brothers are military and represent every branch of the armed forces, according to Karen Poggi, match support specialist for Big Brothers Big Sisters of Honolulu.

"We value our partnership with the military and are always hoping to strengthen it," said Poggi. "We find that the responsibility required to be a military member often translates into being a quality Big (Brother or Sister)."

Poggi said the 8th Military Police Brigade was especially supportive of their matches, recalling a recent "Day in the Life of a Soldier" at Schofield Barracks, where little brothers and sisters got a taste of Army life.

"All of the participants came away with a better understanding and appreciation for

our troops," said Poggi.

Big Brother Big Sisters of Hawaii offers two volunteer opportunities, community-based and school-based. The community-based mentoring program offers volunteer mentors the opportunity to meet with a child a few hours each month, while the school-based mentoring program offers volunteer mentors the opportunity to meet with a child at an elementary school or community site for about an hour each week during the school year.

School-based volunteers meet alongside other "Bigs" and "Littles" and play games, tutor or just talk with the child with whom they are matched. Big Brothers and Big Sisters are always needed in both programs.

"The opportunity to take a younger person and teach them morals, coping skills, confidence and self-esteem in an environment that they normally wouldn't have found these things is an endless sense of fulfillment," said Cervantes. "There are no monetary rewards or awards that are earned or given, just the satisfaction of knowing you may have changed a person's life for the better."

Noble agreed.

"This is my way of giving back to the community," he said. "It's rewarding for everyone involved."

"He feels like a big brother," said Saragosa. "But he's my friend, too."



### 15/Today

**Little Ninja & Me** – Sign up today for this pre-Tae Kwon Do class for 3- to 5-year-olds. The class begins in September at Aliamanu Military Reservation. Call SKIES Unlimited at 833-5393.

### 16/Saturday

**2008 Beach Volleyball Tournament** – Think you've got what it takes to rise to the top? Come find out. Test your skills against the best players from other military installations and the local population. Prove you're the best of the best and earn bragging rights for the entire year. Aug. 16-17 at Tropics. The tournament starts at 8 a.m. and will run until a winner is crowned. We'll also have great prizes, lucky number giveaways and awesome food specials. Call 438-1152.

**Kaawa Valley Hike** – Join us for this great three-hour, moderate hike into the Koolau Mountains, Saturday, Aug. 16, 7 a.m.-3 p.m. Cost is \$30 per person. Call 655-0143 to reserve your spot.

### 18/Monday

**Free Basketball Clinic** – The University of Hawaii and CYS Youth Sports will host a free basketball clinic Aug. 18-21, at Martinez Physical Fitness Center, Schofield Barracks.



Send sports announcements to community@hawaiiarmyweekly.com.

### 23/Saturday

**Duke's Ocean Fest – Duke's Waikiki will sponsor an Ocean Mile Swim**, Aug. 23, 9 a.m., at Duke's Canoe Club on Waikiki Beach.

The triangular course will involve swimming out to the channel, around two inside buoys and returning to the beach.

The swim is open to the first 250 en-



Sgt. Brad Willeford | 1st Battalion, 27th Infantry Regiment

## Tour de Iraq

CAMP TAJI, Iraq — Staff Sgt. Joseph Perminas takes a ride on a bike with a little help from children in the Istaqlal Qada, northeast of Baghdad, Aug. 1. Perminas serves as an infantry squad leader with B Company, 52nd Infantry Regiment attached to the 1-27th Inf. Regt., 2nd Stryker Brigade Combat Team Regiment.

The clinic will be conducted by Coach Bob Nash and the UH Men's Basketball Team. Sessions are Mondays and Tuesdays, ages 5-7 (4-5:15 p.m.) and ages 8-10

(5:30-6:45 p.m.); and Wednesdays and Thursdays, ages 11-17 (4-5:15 p.m.) and ages 18 and up (5:30-6:45 p.m.).

For registration call the Central Regis-

trants. Cost is \$25 per swimmer if received by Aug. 15. If received after Aug. 15, cost is \$30.

Visit [www.dukefoundation.org](http://www.dukefoundation.org).

**Leilehua 2-miler** – The Leilehua Cross Country Team will host a 2-mile run Saturday, Aug. 23, at Leilehua High School Campus off California Avenue in Wahiawa. The race for high school aged runners will begin at 8 a.m., and an open race for all ages will start at 8:30 a.m. Cost is \$20 (\$10 for ages 12 and below) and T-shirts are included in the entry fee.

A free breakfast will be provided following the race, along with awards for the top finishers. Same day registration starts at 6:45 a.m. on race day. Contact Coach Shawn Nakata at 256-7159 or leile-

huaCC@yahoo.com.

Money raised will support the Leilehua CC Team and also help to pay some daunting medical bills for a recent LHS graduate who was injured.

## September

### 1/Monday

**Gym Hours** – The Fort Shafter Physical Fitness Center hours will change beginning Sept. 1. The new hours will be Monday-Friday, 5 a.m.-9 p.m.; Saturday, 7 a.m.-5 p.m.; and Sunday and holidays, 8 a.m.-4 p.m. Call 438-1152.

In addition, the center will be open for women only from 9:30-11 a.m. beginning Sept. 1 for a 90-day trial period.

tration Office 655-5314 or 833-5393; Youth Center 833-4932 or 655-6461; or Youth Sports Office 836-1923 or 655-6465.

### 22/Friday

**Aquaculture** – Visit a private aquaculture farm and learn to throw fishing nets just like the ancient Hawaiians, Aug. 22, 11:45 a.m.- 3:30 p.m. Cost is \$20 per person, and the experience is great for the whole family. Transportation and snacks will be provided. Call 655-0143 to reserve your spot.

### 23/Saturday

**Deep Sea Fishing** – Don't miss your chance to catch the big one Aug. 23. Transportation, cooler and ice will be provided. Space is available for groups up to six. Cost is \$130 for a half-day session. Call 655-0143.

### 28/Thursday

**Discounted Bowling** – Beat the heat and your fellow peers. Children 18 and under can bowl for \$1.75 per game until Aug. 28, 2-5 p.m., Monday-Friday.

Shoes are included in price. Call 655-0573.

## September

### 6/Saturday

**Ladies Golf Clinic** – Ladies, are you looking to improve your golf game? Come to a free ladies golf clinic the first Saturday of every month, 2:20 p.m., at the Leilehua Golf Course driving range. Call 655-4653.

### Personal Training Summer Special –

### 6/Saturday

**Overnight Bike Ride** – Aloha Single Speeders will hold the 7th Annual 24 Hours of Hell in Paradise bike ride, Sept. 6-7, at Kualoa Ranch.

Cost is \$55 and bicyclists can enter online at [www.active.com/page/Event\\_Details.htm?event\\_id=1568142](http://www.active.com/page/Event_Details.htm?event_id=1568142).

Visit [www.alohasinglespeeders.blogspot.com](http://www.alohasinglespeeders.blogspot.com).

## Ongoing

**Golfers Wanted** – Are you looking for a golf group? Military or civilian golfers interested in playing golf on Sunday mornings at Leilehua Golf Course should call 347-8038 or 375-3322.

Receive one free personal training session when you purchase a 10-pack of sessions during the month of August. Call Kristy Osborn, 381-5944, or the Health & Fitness Center, Schofield Barracks, 655-8007.

## Ongoing

**Late Night at Martinez Gym** – Martinez Physical Fitness Center, Schofield Barracks, is the place to be on Friday nights. The center is now staying open late, from 9-11:30 p.m.

Join Martinez for volleyball, Make It Take It Basketball, and the Racquetball Challenge Ladder. Call 655-4804.

**Bowling Parties** – Wheeler Bowling Center's eight lanes are available for private parties on Saturdays and Sundays for \$120 per hour. A three-hour minimum and \$1.75 shoe rental apply. Call 656-1745.

**Physical Fitness Centers** – Don't miss out on enhanced services at all Army physical fitness centers brought to you by the Army Family Covenant. These enhanced services include extended weekend and holiday hours at fitness centers at Fort Shafter and Schofield Barracks.

Hours of operation are now 6 a.m.-6 p.m., weekends and holidays. In addition, free towels and classes are provided to patrons.

**Volleyball & Racquetball** – Learn basic skills and techniques from experienced instructors, Tuesdays and Thursdays, 8:30-10 a.m., at Martinez Physical Fitness Center, Schofield Barracks.

Courts will be open for free play across the street from the facility. Call 655-4804.

Tee time is usually before 8 a.m.

**Jazzercise** – Combine elements of dance, resistance training, Pilates, yoga, kickboxing and more in exciting programs for all fitness levels at Jazzercise Waikale.

Classes are held Mondays and Wednesdays, 6:30-7:30 p.m., at the Waikale Elementary School cafeteria. Call 674-1083.

**Hawaii Youth Triathlon Club** – Children, ages 7-19, are invited to join the Hawaii Youth Triathlon Club, an organized sport club run by athletes.

Membership is \$50 and includes an annual membership with USA Triathlon.

**SEE COMMUNITY SPORTS, B-7**

# Hikers 'get intimate' with Oahu's backcountry

One of numerous trails on the island's two mountain ranges, the Kawaewae Trail offers views of Kaneohe Bay

Story and Photos by  
**MOLLY HAYDEN**  
Staff Writer

HONOLULU — Although the sun had risen a few hours earlier, it remained tucked behind dense clouds as a small group met at the Iolani Palace here, Saturday, for a hiking excursion with the Hawaiian Trail & Mountain Club (HTMC).

After driving to trailhead, hikers geared up in boots and hats and, armed with water bottles, first aid kits and walking sticks, began the Kawaewae Trail near Kaneohe.

As a java sparrow bird chirped overhead, the more than 30 hikers began the leisurely stroll through Friendship Gardens to start the trail. Within minutes, the sun finally peeked from behind the clouds, shining through foliage on the trail. As the hike continued, hikers scrambled up and down steep slopes along narrow ledges, which

For more information on the Hawaiian Trail & Mountain Club, visit [www.htmclub.org](http://www.htmclub.org).

provided excellent views of Kaneohe Bay and the surrounding area.

Each moving at his or her own pace, the hikers eventually broke off into small groups. Some moved quickly while others strolled along, stopping to pick strawberry guavas and enjoy the scenery.

"There is always someone waiting for you to make sure you're safe," said Dayle Turner, hike coordinator. "We have a lot of experience and knowledge within the group and a common interest in exploring the island."

Founded in 1910, the HTMC is an Oahu-based hiking club that gives hikers a chance to explore and enjoy Hawaii's environment and unique natural heritage. With more than 80 trails on Oahu, the opportunities for exploration are plentiful for any level of adventurer.

"I grew up hiking on the Big Island," said Staff Sgt. Danny Moreno, Warrior Transition Battalion. "This is another way of exploring the island."



Bob Brumblay uses walking sticks to guide him up a ridge on the Kawaewae Trail. Oahu offers trails for beginners and experienced hikers.

As the three-mile hike ended, hikers shared stories of other trails they've explored and chatted about the club's benefits. "A lot of trails on this island are closed to

the public," said Josephine Soekahar. "The club allows you to explore those you normally wouldn't be able to and see things you couldn't on your own."



Staff Sgt. Danny Moreno uses a rope to guide his descent on the trail. Ropes along the path gave hikers extra support while traversing slippery slopes.

HTMC members come from a variety of places, diverse backgrounds, and a wide range of ages. The common bond — a love of hiking — brings explorers together as they share tales of travel and adventures from around the world.

HTMC allows hikers to get away from the ordinary and explore the extraordinary; to leave traffic and noisy crowds behind and seek the splendor and solitude of Oahu's mountains, valleys and beaches.

"We take people on hikes and show them an intimate view of the island," said Jacque Turner, hike coordinator. "We have things on this island you can't see anywhere else."

The club conducts hikes every weekend and asks for \$2 donation from nonmembers.

## Community Sports

From B-6

insurance during training, swim cap and club certificate, review clinics and newsletter. Visit [www.hawaiiyouthtri.com](http://www.hawaiiyouthtri.com).

**TOPS** — The Take Off Pounds Sensibly (TOPS) support group meets every Thursday evening at the Armed Services YMCA. Join others to share weight loss tips, discuss concerns and provide encouragement to each other. Call Cheryl at 696-4423 for more information.

**Escrima Classes** — Pedoy's School of Escrima, the Filipino art of self-defense, holds classes every Tuesday, Thursday and Sunday at its training center in Waipio.

Sessions cover hand-to-hand fighting, weapons, grappling, boxing and kicking. Call 678-2438 or 216-3211.

Escrima classes for men, women and children of all ages are also held at Mililani Elementary School. Develop character and self-confidence during a Wednesday class, 6:30-7:30 p.m., or Saturday class, 9:30-10:30 a.m. Call 398-0119.

**Outdoor Excursions for Veterans** — Outward Bound, an international nonprofit outdoor education program, will offer fully funded outdoor adventure excursions to all Operation Iraqi Freedom and Operation Enduring Freedom (OIF/OEF) veterans. Anyone who has deployed in support of OIF/OEF combat operations is eligible to apply.

The five-day excursions offer adventure activities in Maine, Texas, Colorado, California and Minnesota. All expedition costs for lodging, equipment, food and instruction are completely funded by a multimillion dollar Sierra Club grant, including the participants' round-trip transportation between home and the wilderness site.

To sign up for a prescheduled course, call Doug Hayward at 1-866-669-2362, ext. 8387. Visit [obvets@outwardbound.org](mailto:obvets@outwardbound.org).