This issue

Religion

Families first

FAMRI showcases programs made by the Army Family Covenant

B-1

Oahu South Town Hall gives community members voice

RELATED STORY

- Read about recent Army Family Covenant-related events on pages B-1 and B-2.

- Compares and summaries of 10 new events at AAR.

- Does also highlight AARs “National Night Out,” Aug. 16, from 6 p.m. to 8 p.m. at the Army Community Center. (See related story.

- Will feature a movie, games, a working dog demonstration, and a bicycle safety demonstration.

- Ltc. Thomas Danesker, director, DreameCare of Emergency Services (DES), dis- 

- cuss new security changes that are pro-

- voking a greater police presence in some communities.

- “As result of escalating force protection measures, we are now able to provide a higher police presence within communities,”

- said. Officers are now able to

- Community members address concerns to subject matter experts at the Oahu South Town Hall meeting.

- Army chaplains celebrate their 233rd anniversary

- "We nurture the living, provide for the wounded, and honor the deceased," said Matthew Margotta, commander, U.S. Army Garrison-Hawaii. (See cover story).

- Chaplains have undergone three major changes recently: first, the Army chaplaincy is now officially part of a warfighting unit in a wartime structure.

- The official birthday of the Chaplain Corps is July 29, 1775, when the Continental Congress recognized the corps as July 29, 1775, when the Continental Congress recognized the corps as the integral role it played to ensure the safe- 

- dangerously and successfully destroyed chemical munitions from throughout the garrison, July 31, using a state-of-the-art technology called the TeamPac. The TDC was selected over the green table for pride, bragging rights and gift certificates provided by Family and Morale, Welfare, and Recreation. The event included the Tropics, Tuesday. Players battled over the world for pride, bragging rights and gift certificates provided by Family and Morale, Welfare, and Recreation.

- With the help of the Army Family Covenant, Soldiers benefited from the quality of life initiatives, and also gained expanded services like those enjoyed in the quality of life initiatives, and also gained expanded services like those enjoyed on past initiatives and outlined his plans for the garrison’s future at several workforce town hall meetings last week.

- “Customer service is the core function of garrison employees," Margotta said. “It’s the thing that USAE-HI people do better than any other garrison in the Army, and we want to make sure the Soldier got as much enjoyment out of their year back as we could provide," Margotta said.

- “The safe and successful destruction of these munitions reinforces our commitment to the people of Hawaii to be good stewards of the environment. As a result of the successful destruction, we are able to return the land to protect the health of the community and the environment."

- we were extremely pleased with the tremen- dous professionalism of the entire destruction team, and commended the state of Hawaii for the integral role it played to ensure the safety of the public and the environment during these operations," said Tad Davis, deputy assistant secretary of the Army for Environment, Safety, and Occupational Health. “The safe and successful destruction of these munitions reinforces our commitment to the people of Hawaii to be good stewards of the environment."

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- “He did this for two reasons,’ said Fowler. ‘One, to promote the moral good of the force and two, there- by meeting the protection and focus of adultery, God, the chaplain says.”

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In a military community, the summer months typically mean transition for many families. The U.S. Army community in Hawaii is no different. First let me welcome the newest Army and Army Families to Hawaii. As I am sure you are quickly discovering, this is a world where military families are the norm. The Commander’s Corner for the month of August focuses on important back-to-school issues.

Deployment Resource Team

Due to recent and pending deployments, military children are continuing to experience the stress and challenges of separating and reuniting with parents. Education issues must not be lost in order to maintain the attention and support of the Department of Education, community education, community mental health specialists and, of course, parents. For deployment information and support, the school liaison officer partners with various community subject matter experts who make up a deployment resource team (DRT). This team provides information and resources to school staff and military families. To schedule a briefing for your DRT or deployment resources and activity books for children, contact the school liaison officer.

Parent-to-Parent

In an effort to assist parents in keeping their children’s academic development on track and supporting their social and emotional needs, the Department of Defense has initiated the Military Child Education Coalition, a network of professionals, to develop the Parent-to-Parent program operating under the umbrella of the Child, Youth and Teens (CYT) Services.

The program is made up of a group of committed individuals who offer free in-service training and workshops designed to create and enhance parental awareness of important school transition issues. Parent-to-Parent offers relevant information about assisting in parents to become their children’s best educational advocates. This short training is a wonderful concept for any family readiness group (FRG) or social agency. For information regarding the Parent-to-Parent program, contact Catherine Solomon at (808) 535-4806. Students who are participating in this resource are encouraged to participate in a PATHWAYS mentorship program.

The State Department of Education has a special request to see how you would like us to serve you. Please fill out the survey online and let us know how we can better serve you.

U.S. Army units and personnel advertised.

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Fort Hood, Texas; Fort Jackson, S.C.; Camp Pendleton, Calif., Alexandria, Va., Europe and Hawaii.

The Office of the Staff Judge Advocate, U.S. Army Garrison-Oahu, states the conditions and rates are also available. Students who bus ride to school should be responsible for the safety of their area and purchase museum admissions and the right to vote.

In deference and to in- vestigate military justic...
Sgt. Michael Moody
1st Battalion, 14th Infantry Regiment
CAMP TAJI, Iraq — A Soldier of passing importance once remarked that “an army marches on its stomach.” While the priority of the gastronomical can be debated, the underlying idea, that it takes more than bullet-slingers to fight a war, is unsailable.

This necessity for logistics and support has not gone unnoticed by senior Army coalition forces and Iraqi officials. The Iraqi Army (IA) continues to develop its ability to become self-reliant. The soldiers, or Jundis as they’re called, of the 3rd Battalion, 37th Brigade, 9th Iraqi Army Division, recently worked toward that self-reliance by participating in medical training.

“The emphasis needs to be on the Iraqi Army, on what they do,” said Capt. Dustin Cathcart, commander, Military Transition Team (MiTT), 1st Battalion, 14th Infantry Regiment “Golden Dragons,” 2nd Stryker Brigade Combat Team.

The MiTT Soldiers of 1-14th Inf. Regt. ensure the focus is on IA soldiers.

Sgt. 1st Class Shawn Pierce, assigned to the MiTT Soldiers of 1-14th Inf. Regt., assists and mentors medics assigned to the IA’s 3-37th Bde. to ensure they learn proper techniques.

A 14-year medic who has already deployed once in support of Operation Iraqi Freedom, Pierce has a great deal of experience to offer IA medics. He and Sgt. Hussain Musa Altwan, senior medic with the 3-37th Bde., continually ensure IA soldiers are trained on proper medical procedures. The team teaches classes on how to apply trauma dressings and splint fractures.

The medics of the 3-37th Bde. continue to show both initiative and growing independence by passing on their medical knowledge to the other soldiers of their battalion, Pierce said. He also said he was impressed with their performance and initiative in cutting for fellow soldiers.

“They coordinated with a (out-going) convoy and brought the immunizations. That’s pretty impressive,” said Pierce.

In addition, 3-37th Bde. medics traveled to a Joint Security Station in the Taji Qada, northwest of Baghdad, to immunize soldiers, instead of waiting for them to return to battalion headquarters. This kind of work and initiative will ensure the IA medics are able to properly care for their fellow soldiers, and ensure a healthy fighting force for the future.

Sgt. 1st Class Kenneth Palumbo, platoon sergeant assigned to C Co., 1st Battalion, 27th Infantry Regiment “Wolfhounds,” raises his right hand and recites the oath of re-enlistment at Camp Taji, northwest of Baghdad, recently, with fellow Soldier Sgt. 1st Class Hugh Jones.

“Taj was ready to get over here,” he said. “I was finally getting my chance to do my part.”

Sgt. Brad Willeford
1st Battalion, 27th Infantry Regiment
CAMP TAJI, Iraq — Sgt. 1st Class Kenneth Palumbo wanted to do something exciting, serve his country and not walk too much. These requirements are what the San Diego native told his recruiter before joining the Army. That conversation led him to enlist as an armor Soldier.

Today, Palumbo serves as a mobile gun system platoon sergeant assigned to C Company, 1st Battalion, 27th Infantry Regiment “Wolfhounds,” 2nd Stryker Brigade Combat Team.

His enlistment began another generation of military service for his family. The seeds of service were planted by his grandfather, who served in the Navy during World War II, and his stepfather, who served in Vietnam.

“My stepfather has shrapnel in his legs from grenades and land mines,” said Palumbo. “He’s one of the toughest guys I know.”

With these influences, Palumbo began his Army career as an armor Soldier, and is now responsible for 30 armor and infantry Soldiers in his unit.

Before deploying, Palumbo was a recruiter, where he inspired more than 60 civilians to become Soldiers. He then did his part to prepare other units to deploy in support of Operations Iraqi Freedom and Enduring Freedom as a training noncommissioned officer at the National Training Center, Fort Irwin, Calif. After those missions, it was finally time for him to deploy.

“I was ready to get over here,” he said. “I was finally getting my chance to do my part.”

HAWAII ARMY WEEKLY AUGUST 8, 2008 | A-3

DEPLOYED FORCES

LOGISTICS AND SUPPORT BENEFIT US, IRAQI ARMY

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SEE LEGACY, A-4
Warrior musicians entertain, maintain music skills in Iraq

CONTINUED FROM A-3

Palmbo and his team now conduct regular patrols, search for enemy caches, conduct village assessments, and engage with residents of the area. Palmbo’s commander, Capt. David Uhlanski, praised Palmbo’s leadership.

“Capt. Cleo Palmbo always puts the needs of his Soldiers above his own,” Uhlanski said. “He is a humble and approachable leader who has demonstrated on numerous occasions that he is willing to expend significant personal effort to address his Soldiers’ concerns.”

In March, Palmbo committed to his last re-enlistment, confirming he is a career Soldier and will remain in the Army for the next eight years. Palmbo said he hopes those eight years will allow him to reach his goals and continue to be an inspiration to his Soldiers.

Legacy: Soldier inspires others to reach goals


DEPLOYED FORCES

“Dead Reckoning’ rocks deployment crowd

DEPLOYS AND PAVENS

PFC. LYNSEY DRANSFIELD

Story and Photo by

AUGUST 8, 2008

HAWAII ARMY WEEKLY

A-4

CONTINUED FROM A-3


Gimlets mentor Iraqi police

CPL. JUSTIN WINDHAM

1st Battalion, 27th Infantry Regiment

BAGHDAD — The room was dark and quiet as the insurgents, surrounded by weapons and explosives, planned their next attack. Suddenly, members of the Iraqi police (IP) flooded into the room, kicked down the door and shouted, “Get down on the ground!” The insurgents were caught red-handed.

This scenario was the final exam for members of IP attack force in the Iraqi Police Master Trainer Program, recently. The “insurgents” were played by their instructors from the mortar platoon, 1st Battalion, 27th Infantry Regiment, “Gimlets.”

“We designed the Iraqi Police Master Trainer Program to try to get the biggest impact from a small element of U.S. Soldiers,” said Capt. Adam Eaton, mortar platoon leader. “The program has changed a great deal from its initial stage through input from everyone in the platoon. We hand-picked Iraqi police who displayed leadership potential at their stations and brought them for live training.”

The program lasted five weeks and was taught at Joint Security Station Livadi Was Salam. Students learned patrol tactics, first aid, room clearing and searching rooms for weapons and explosives.

“These guys have come a long way since the beginning, and they are using what we have taught them,” said Staff Sgt. Gary Strickland, course instructor. “At the beginning they would run disorganized into a room to clear it. Now (the last day of training), they are going into the room in a stack. Each student was awarded a green tab to be worn when they return to their stations, and is now qualified to train other police officers at their station.

“Overall this group of Iraqi police has made a dramatic improvement in their capabilities since the first day we picked them up,” said Eaton. “The program will be successful if they are able to pass that proficiency on to the rest of their force.”

Gun show

CAMP TAJI, Iraq — Staff Sgt. Rudy Meloув varies his muscles for an Iraqi child while flying a joint Qadd Qad rag, northwest of Baghdad, July 27. Meloув is a squad leader for E Company, 1st Battalion, 27th Infantry Regiment “Wolfhounds,” 2nd Stryker Brigade Combat Team “Warrior.”
FORT SHAFTER — For most Soldiers and Department of the Army civilians, eating lunch at Fort Shafter’s only dining facility was a tedious affair. It wasn’t because the food was bad or the service was terrible. The hard part was trying to find a seat. The grand opening of the Paradise Haven Dining Facility Lanai should put an end to the wait, according to Sgt. 1st Class Adriana Ybarra, dining facility manager.

Lt. Col. Erik Nordberg, commander of the U.S. Army-Pacific Special Troops Battalion officially opened a new lanai with additional seating in a ribbon cutting ceremony at the dining facility, July 25.

“We’ve had so many people that wanted to come here, so lunches were very tight,” he said. “With everyone’s help, a lanai was built very quickly, which will now provide 45 additional seats. With the 88 seats in here plus those outside, troops will not have to stand around and wait for a space.”

According to Nordberg, approval for the funding of the new lanai took almost two years. Cutting the ribbon was Nordberg’s last official function before he stepped down from command, July 29.

“I want to say thank you to our team, thanks to the garrison and the (Department of Public Works) team as well,” he added. “Everyone who has made this happen. Since I arrived here two years ago, I’ve understood that the dining facility was one of the priorities that needed to be fixed.”

He also said that the dining facility was losing more than $1,000 every month, but with changes in management and quality of food, the dining facility is almost breaking even.

Ybarra said she and her crew have instituted several new ideas to drum up more business, including a sandwich bar and a more exciting menu.

“My goal is to have all Soldiers come here for lunch, instead of fast food,” she said. “I never understood why a Soldier would want to pay $7 at (a sandwich shop) when he or she could come here and get the same thing for $3.75, which includes dessert.

“If you think about it, you could save almost $60 every month just by eating at the dining facility. Now, with the extra seating, there’s not an excuse to go off post and eat.”

Nordberg said that it was always his goal to make the dining facility one that Fort Shafter and USARPAC could be proud of.

“This is an Army in transformation and Fort Shafter is big in transformation,” he said. “We recognize that as we have more and more Soldiers assigned here, the dining facility is a place where people will come together to eat and talk to their fellow Soldiers. It is very important that Paradise Haven is a top-notch facility.”
JLOTS strengthens Army-Navy interoperability

Story and Photo by
SGT. STEPHEN PROCTOR
8th Theater Sustainment Command Public Affairs

Gen. Dwight D. Eisenhower once said, “Battles, campaigns and even wars have been won or lost primarily because of logistics.”

Many factors contribute to winning wars, or in the modern-day military, efficiently providing international humanitarian assistance at a moment’s notice. Moving the Army’s vast supply of vehicles and other equipment can be a daunting task in itself.

However, to add an extra element of difficulty, a group of Soldiers and Sailors moved more than 1,500 rolling vehicles and shipping containers from ships anchored off the coast of Camp Pendleton, Calif., to the shore without the benefit of a fixed port during the Joint Logistics Over The Shore exercise Pacific Strike (JLOTS) June 1-Aug. 1.

JLOTS is a joint exercise between the U.S. Army and the Navy meant to strengthen their interoperability so they can quickly build an improvised port when one has been destroyed or is nonexistent, and get equipment from sea to shore to support wartime or humanitarian missions.

“(JLOTS is) meant to enable (the military) to move a heavy force ashore when we don’t have a modern port, or we don’t have a large enough port,” said Navy Capt. Thomas Wetherald, commander, JLOTS ’08.

The mission began when the USNS Pililaau docked in Hawaii to pick up equipment from the 45th Sustainment Brigade, 8th Theater Sustainment Command (TSC) and the 3rd Infantry Brigade Combat Team (IBCT), 25th Infantry Division (ID). The Pililaau transported the equipment to Camp Pendleton, where it was driven to Fort Irwin, Calif., for a mission rehearsal exercise at the National Training Center in preparation for deployments to Iraq and Afghanistan.

Training to ship equipment efficiently is beneficial to Soldiers and Sailors because most support equipment for battles and wars will have to be shipped.

“No matter how much airlift we might have, in the end the tyranny of weight is that 95 percent of stuff that comes to back up the initial force and to do the long-term logistics is going to come by sea,” said Wetherald.

Meanwhile, Navy Seabees with Amphibious Construction Battalion 1, Naval Beach Group 1, built a life support area consisting of tents for sleeping, working, eating and bathing for the nearly 3,000 Soldiers, Sailors and civilians who would be working on JLOTS at its peak. They also worked on the beach to erect the Navy Elevated Causeway System (ELCAS), a mobile pier system that can be assembled in a matter of days. The ELCAS is equipped with cranes that lift shipping containers from pieces of the Improved Navy Lighterage System, a series of floating causeways, for transfer to the shore. The rolling stock was driven off the Pililaau onto pieces of lighterage called causeway ferries. Sailors with Beach Master Unit 1 guided the ferries to shore where they stabbed directly into the beach and the vehicles were driven off and handed over to the Army.

“The Soldiers from the 45th Sus. Bde. set up a reception, staging and onward (RSO) movement area where they loaded the vehicles onto trucks for transportation to Fort Irwin,” said Col. Clay Hatcher, Task Force RSO commander. “We’ve already got everything up the hill, and we’re ahead of schedule.”

When the equipment is ashore, another critical issue is fueling the vehicles. The SS Chesapeake is a specially modified tanker designed to solve that problem. The Chesapeake, part of the Offshore Petroleum Discharge System/Inland Petroleum Discharge System, pumps fuel through tubes submerged in the ocean.

The multifaceted system that moves the equipment from ship to shore requires a great deal of complex integration between the Army and the Navy.

“It was a very successful integration and that’s because every single Soldier (and) every single Sailor was fully engaged, committed to making this exercise a success, and it will be an enduring legacy for the United States armed forces,” said Brig. Gen. Mark MacCar- ley, deputy commander of Joint Task Force Eight.

Soldiers with the 331st Transportation Company from Fort Eustis, Va., “stab” into the beach with the Army Trident Pier during Joint Logistics Over the Shore 2008, recently.
**Town hall: SMEs explain programs, services**

CONTINUED FROM A-1

Troy and Academy Award Winning play “Oettle.” “Coming up this year from Army Community Theatre, watch for "High School Musical," and another Troy and Academy Award Winner: "Chicago," Wiers said.

Other fall events include the 2008 Military Long Driv- e Championships, Aug. 30 at 8 a.m.; and Oktoberfest, Oct. 3, at Schofield Barracks. Tickets will be available for presale Sept. 2 and end Sept. 26. Also, the Fall Festival at Wheeler Stables is scheduled for Oct. 18.

Sarah Horrigan, DFMWR, highlighted the Army Fam- ily Covenant, and its commitment to providing pro- grams to Soldiers and their families. Through the Army Family Covenant, DFMWR offers increased hours of operation to gyms, new gym towels, free pet care to Blue Card Holders, and much more.

Horrigan encouraged attendees to submit feedback on programs offered.

"We like feedback, so we can meet your needs and de- velop new programs."

Debra Blanchard, Child Youth Services (CYS), high- lighted that through the Army Family Covenant have saved Soldiers and their families an estimated $351,790 from October 2007 to May 2008.

Rick Furr of the Army and Air Force Exchange Service (AAFES) introduced an enhanced link on the AAFES Web site, which gives Soldiers and their families infor- mation regarding their permanent change of station (PCS) move. The link includes insight on PCSing, welcome to the neighborhood cognos, information from the mili- tary moving center, and also features a military home- front link that includes maps, services and contact num- bers.

Following the presentations, the floor was open to audience questions and concerns. Residents discussed the new force protection measures, Army housing plans, dumpster placement in communities, yard sale notification, storage spaces, pool hours, and student classroom sizes.

Family member Penny Armstrong said she noticed an increase in patrols with the new force protection meas- ures and came to the meeting to say “Thank you.”

**资源：Blackboard hosts online training**

CONTINUED FROM A-2

Course and bring the certificate to T1 training on their scheduled training date. For a list of training dates by region, visit www.army- dimhars.army.mil.

• Human Resources Specialist Training is now delivered online through the Blackboard. The training is developed as eight individual modules (up to 128 hours). Training support packages will be available for commanders who wish to deliver training in a classroom setting. Completion of the Foundation Course must be accomplished by Feb. 28, 2009.

Visit www.armydimhars.army.mil for more information about DIMHRS training.

• Manager Training is also being delivered online through the Blackboard. The training includes approximately 20 hours of select materials that requires manager, supervisor or commander ap- proval.

• The Self-Service Course will be delivered online through Army Knowledge Online, Business Transformation Agency, Human Resources Command, and Soldier Support Institute Web sites. The DIMHRS’ help menu has embed- ded “just-in-time” functionality—tutorials available as needed for self-service applications.

• All members of the Army commu- nity, including Soldiers, civilians, and contractors must complete their respective course(s) by Feb. 28, 2009. Users who are not designated as a DIMHRS Administrator can Train-the- Trainer on the DIMHRS Web site. View www.armydimhars.army.mil for more information about DIMHRS training.

**Compassion: Gospel shows God moved to help humanity**

CONTINUED FROM A-2

their condition, what they’re up to. We’re not given details, their condition, what they’re doing, and how long they’re going to be out of the water. Instead we are left wondering: What is happening? What kinds of images is he encountering? We need to know more.

Now, take special note, something pro- vokes Christ. Matthew 14:14 says, “When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick.” What is it that creates in him such em- pathy so as to be moved to meet the needs of humanity? The Greek renders the word pathy so as to be moved to meet the needs of humanity.

We also see God’s compassion in the Old Testament. In the Old Testament, God meets the needs of humanity and makes it all quite clear. This Hebrew word is sometimes used in the Old Testament to emphasize the relational intima- tory of possibilities. This Hebrew word is sometimes used in the Old Testament to emphasize the relational intima- tory and relational knowledge lovingly shared between a husband and a wife.

Yes, God knows all about our lives and hardships in the most personal way. God’s compassion for us is vast and deep; yet the result of simple reason. God doesn’t just simply understand. He is not mere- ly aware in the most personal, intimate, or rela-

tional way to avoid us. Instead, he joins us. God walks with us, cares for us, and loves us with grace and compas- sion. Just like in the narrative of the feed- ing of the 5,000 people, God doesn’t decide to sail away from us, ignore us, or go an- other way to avoid us. Instead, he joins us and cares for us.

With God there are no false illusions, mirages, distorted images, or puzzling ma-
sures to figure out here. Christ, Emmanuel, God with us, joins us in the crowd of hu-

manity and makes it all quite clear. God speaks clearly and tells us directly, “I love you and care for you” (John 1:16-17). God’s compassion for us is vast and deep.

Friend, accept his gracious invitation to it. Encourage you to seek out a chap-

tlain or chapels services to find out more about God’s compassion for you.
Emergency items included in DeCA summer club pack

Before the next disaster occurs, DeCA recommends customers check their emergency preparedness and survival kits for the following:

- Water – at least 1 gallon daily per person for three to seven days
- Nonperishable foods – canned meats, fruits, vegetables, foods for infants and the elderly, dried fruits, nuts, raisins, granola and peanut butter, crackers, cookies and energy bars
- Paper goods – paper plates, paper towels, toilet paper
- Cooking items – pots and pans, charcoal, manual can opener and utensils
- First aid kit – including medicines, bandages and individual prescription drugs
- Cleaning materials – liquid bleach, hand soap and sanitizing spray
- Special diet foods
- Toiletries – personal hygiene items and moisture wipes
- Pet care items – food, water, medications, ID and immunization tags
- List of model and serial numbers for medical devices such as pacemakers
- Eyeglasses and first-aid supplies.

Supplies to include in the kits are nonperishable foods, flashlights with extra batteries, a battery-powered radio, extra eyeglasses and first-aid supplies.

Disaster recommendations include:

- Copies of each family member's Tricare and military ID cards, medical records or other health insurance cards
- A list of doctors names and contact information
- A list of emergency contacts and phone numbers
- A list of family members' all
c- A 30-day supply of any prescription medications or over-the-counter medications such as antipain, antacids, etc.
- A 30-day supply of insulin, if applicable
- A model of serial numbers for medical devices such as pacemakers
- All paper items should be kept in plastic bags and placed inside waterproof backpacks or duffle bags placed in easy-to-find locations so they can be grabbed quickly. Prescriptions should be stored in proper containers.

Know Your Insurance

Your benefits will travel with you if you are displaced or evacuated outside of TriWest's 21-state region during a disaster. If you need medical care:

- Contact your primary care provider at TriWest at 1-888-TRIWEST (874-9318) to verify it is still open.

Contact TriWest immediately at 1-888-TRIWEST (874-9318) if you are displaced or evacuated to a state outside of TriWest's 21-state region to ensure coverage at the new location. Beneficiaries enrolled in Tricare Standard, a fee-for-service option, may seek care from any Tricare-authorized provider.

In case of an emergency, call 911 or seek treatment at the nearest emergency room for treatment. For TriCare Prime/Prime Remote enrollees, emergency care does not require a referral orauthorization; however, beneficiaries or a family member should notify TriWest at 1-888-TRIWEST (874-9318) within 24 hours or as soon as possible after receiving emergency care.

If a disaster hits your area, you can manage your health care 24/7 from any location with an Internet connection by visiting www.tricare.mil. You may also find general updates and disaster-related resources at TriWest's newly-launched "Crises Connections" site at www.tri

Hawaii Army Weekly August 8, 2008 | A-9

Newspapers

News Briefs

Soldiers and civilian employees to com

Sponsored information booths will include the Woman, Infants and Children program (WIC), Hawaii Women's Business Center, Red Cross, Army Public Health Nurse and Voter Registration Assistance.

Call Sgt. 1st Class Jerrod Hughes at 635-4561.

Commissaries help customers prepare for unexpected disasters

Commissary Agency (DeCA) has promoted disaster preparedness through its "What's In Your Closet" campaign. That effort continues as commissaries stock large amounts of nonperishable foods, water, batteries and more to encourage customers to collect the necessities they may need in the event of an emergency.

"Although hurricane season started June 1, a natural or man-made disaster can occur anytime and without warning," said DeCA Director and Chief Executive Officer Philip Sakowitz Jr. "We encourage customers to collect the necessities they may need in the event of an emergency.

"Our suppliers have always worked with us to keep our stores stocked with the items that our customers need in the aftermath of a disaster," said Charlie Dowlen, promotions manager for DeCA’s Diamond Head Club. "Over the years, our suppliers have prepositioned pallets of emergency-related items at major distribution points, especially in the South, to move to needed locations rapidly."

To learn more about how to prepare your family for disasters, visit www.tricare.mil/mybenefit/ProfileFilter.do?puri=%2Fhome%2Fdisaster-preparedness.html or call 1-888-TRIWEST (874-9318) to verify that it is still open.

DeCA's disaster preparedness page.

Customers can find out more about what should be in their emergency preparedness and survival kits for the following:

- Flashlight and batteries – including candles and matches
- List of family members' allergies
- List of emergency contacts and phone numbers
- A 30-day supply of any prescription medications or over-the-counter medications such as antipain, antacids, etc.
- A 30-day supply of insulin, if applicable
- A model of serial numbers for medical devices such as pacemakers
- Eyeglasses and first-aid supplies.

For more information on disaster preparedness, visit these sites:


The Defense Commissary Agency (DeCA) has gone a step further and added disaster preparedness items to its "summer club pack" product assortment. Club packs are oversized or multiple club packs of such items sold at commercial warehouse club outlets. DeCA offers seasonal club packs that often cater to holidays and certain events such as "Back to School" or in this case, disaster preparedness.

The latest summer club pack includes several types of emergency lights and flashlights, batteries, a household fire suppression device and a first aid kit. The pack already included nonperishable foods such as canned ground beef, peas, fruit cocktail, cases of water, juices and sports drinks, energy bars, crackers and cookies, Vienna sausages, cereals, pop tarts, nuts, pet food, toilet tissue, paper towels, disinfectant wipes, diapers, trash bags and plastic flatware.

"Our suppliers have always worked with us to keep our stores stocked with the items that our customers need in the aftermath of a disaster," said Charlie Dowlen, promotions manager for DeCA’s Diamond Head Club. "Over the years, our suppliers have prepositioned pallets of emergency-related items at major distribution points, especially in the South, to move to needed locations rapidly."

For more information, contact the Director, Commissary Agency (DeCA) at 1-888-TRIWEST (874-9318) or call 1-888-TRIWEST (874-9318) within 24 hours or as soon as possible after receiving emergency care.

If a disaster hits your area, you can manage your health care 24/7 from any location with an Internet connection by visiting www.tricare.mil. You may also find general updates and disaster-related resources at TriWest's newly-launched "Crises Connections" site at www.triwest.com/crisecomm.
**Chaplains: History guides chaplain corps**

**CONTINUED FROM A-1**

Opening headquarters. Second, with the Pacific integration, Korea now falls under USAARPAC. Finally, the chief of chaplains has decided that chaplain training will be worldwide.

Fowler encouraged his troops to read up on the history of the chaplains because "the more you know about the past, the more you will know about the future."

"You here today are writing the future history of chaplains," Fowler continued. "You are directing the chaplaincy and the direction it will go in the future."

Inghilterra expanded on Fowler's words.

"God is on a roll," Inghilterra said. "We are coming into a time where we need to be 'instruments of peace.'

In the end, when push comes to shove, we are here to do God's work," Inghilterra concluded.

The ability to help others, not just the call to serve their country with the motto Pro Deo Et Patria, was also an opportunity for the caregivers to practice what they preach.

"It's also a day we can relax from a mission that happens 24 hours a day seven days a week," said Chaplain (Lt. Col.) Jim Carpenito, deputy installation chaplain, Schofield Barracks. "You'll break if you don't take the time to chill out a little."

Having the Hawaii corps together in honoring, Swirnok said, normally a chaplain consists of a chaplain and his assistant — two people for a regiment.

"Today brings us together all at once team," Swirnok said. "We are the second oldest corps next to the infantry and the smallest corps, so it's good to see us all in force. We all work as a team but there is also power in numbers and this event shows how strong we really are — the power of ministry by presence."

Chaplains answer to more than just the call to serve their country with the motto Pro Deo Et Patria, "For God and country."

"I love what I do," Swirnok said. "The ability to help others, not just Soldiers, but people and families, is a calling in itself."

**Gate opens to alleviate congestion**

**CONTINUED FROM A-1**

Transition Unit and making a "one stop shop" for returning wounded warriors. The garrison and Directorate of Public Works (DPW) work side-by-side in base beautification, repainting road signs and stripes.

The bottom line for quality of life, according to Margotta, is continuous improvement and serving the Soldiers and families of Hawaii.

As the 25th Infantry Division prepares to return to Iraq, Margotta said the garrison's focus will shift to training Soldiers and sustaining their families while they are away.

This means ensuring training areas are usable for Soldiers, and also means maintaining and expanding family programs the garrison has worked hard to establish.

In addition to Soldiers and families, Margotta also stressed taking care of the chaplains.

"We need to hire and take care of civilian experts in religious dealings? Who better than the chaplains to help win these wars?" Inghilterra asked. "Who better than the chaplains to become 'instruments of peace'?"

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Another topic, NSPS, raised many eyebrows. Margotta said the garrison learned many lessons from the first year of NSPS and will implement those lessons in the upcoming ramping period. One of the primary lessons he shared was the idea that what employers do each year builds on itself, so it's not necessary to re-invent priorities and tasks every year.

Margotta also stressed that employers take an interest in their own professional development.

"You are the only person who can affect your performance," Margotta said. "You are the person who has the most to gain by guiding your own career." At the same time, he also appealed to supervisors to help employees move forward in their careers.

Workforce and community town halls are an important tool the garrison uses to gain insight into the communities and set direction for our future.

"As tough as some town halls can be, we get a lot of good ideas from them," said Margotta.

Following his presentation, Margotta welcomed questions from the audience.

Several centered on the NSPS system, while others dealt with traffic congestion on post.

Margotta said he didn't expect any major changes to the NSPS system. He also said the garrison is looking at a traffic control master plan and is working towards improving traffic at all Army installations on Hawaii.

The challenge, he said, was the roads weren't built to handle the amount of people currently working in and around the installations.

In closing, Margotta thanked the audience for their hard work and dedication to the garrison.

"We have accomplished a lot this year and that's due to the quality of our organization and the quality of our people," said Margotta. "We've got the best people in the Army working in this garrison. Thank you for what you do."
This is a great event,” said Spc. Martin King, 226th Brigade Support Battalion. “My family is getting all of the information they need before I deploy. This is important to all of us.”

Entertainment, including storytime for children, a Hullabaloo and numerous educational fairs, is helping to keep the morale of the event running high.

For more information on the numerous programs offered through FMWR, call 434-2031 or visit www.mwrarmyhawaii.com.

THE FMWR expos are a fantastic way to allow Soldiers and families the opportunity to discover everything that FMWR has to offer here in Hawaii,” said Sarah Horrigan, Staff Writer. “It’s a great way to see everyone coming out to gain information, and for everyone to learn something new.”

The expo also gave many service members an opportunity to gain information about programs offered through FMWR.

“More than vendors, including Outdoor Recreation, Family Advocacy Program, Army Community Service and Military and Family Life Consultants, showcased new and revamped programs, reinforcing the Army Family Covenant’s goal of providing Soldiers and families a quality of life that is commensurate with their service.”

A lot of families are staying on the island during vacation time,” said Donna Van Wilkin director, Army Arts and Crafts Centers. “We have many classes available for all members of the family, and we try to encourage families of deployed Soldiers to use our facility for scrap booking and other projects to sew momentos while their parents are away.”

Amanda Polingo, administrative assistant for the Teen Center, explained new programs offered for teens, including photography and art classes, as well as a few field trips.

“We want to offer the kids something to do and give them the tools to do it,” said Polingo. “This keeps them busy and allows them to explore the island.”

Sandy Salabury, School of Knowledge, Inspiration, Exploration and Skills (SKIES) administrator, Child and Youth Instructional Programs, Child and Youth Services (CYS), excitedly shared new programs with family members including the upcoming “Rock School,” which allows children to learn their inner rock star and participate in a band by playing their choice of numerous instruments, including guitar, drums and keyboards.

“There are so many services offered and it’s great to see everyone coming out to gain information,” said Reference Librarian, Library.

ON THE BIG ISLAND. Families serving under Temporary Change of Station, Permanent Change of Station, or Schofield Barracks CYS Central Office. For more information on all child care benefits, call or visit the AMR or Schofield Barracks CYS Central Registration offices.

• Schofield Barracks Area CYS Building 555, Huna Road 655-5314/810 Hours: Monday-Friday, 8 a.m.–noon; 1–4 p.m. (appointments).

• AMR and Fort Shafter Area CYS Building 1762, AMR, 813-5393 Hours: Monday-Friday, 8 a.m.–noon (walk-in); 1–4 p.m. (appointments).

For more on youth sports, visit http://www.mwrarmyhawaii.com/cys/documents/CYS_Calendar_08.pdf.

elimination of CYS registration fees for all Army Families. Soldiers, Family服务区, CYS Outreach director, has noted a significant increase in family enrollment, and participation since the Army Family Covenant benefits increased.

“As more and more people realized we are not charging $18 registration fees, we have seen a significant jump in registration and participation in Parents’ Night Out,” she said. “Prior to the registration fees being in effect, we saw an average of 80 to 90 children at one Parents’ Night Out. Now we see 150 children in a typical night.”

Another new benefit from the Army Family Covenant is that family readiness groups can receive free child care for their meetings through Short Term Alternative Care Services (STAC). To qualify for the care, the FMWR meeting needs to fall within the category of one of the "3Cs" – care, communication or counsel.

“Care” meetings include activities that assist families downrange or volunteers of the Care Teams doing their job when the unit suffers a casualty.

“Communication” meetings include activities that promote communication of soldiers and their families.

Lastly, “Concern” meetings include activities that promote mutual support through the FRG members (not more than three per month). Free child care is not authorized for any fundraising activities.
Ongoing

**Cooking Class**—Students, ages 4-14, are invited to participate in a Cooking Class, Aug. 20, 6-8 p.m., at the Tripler Post Exchange. For more information, call Skiles Unlimited at 655-5818.

**Flat Stanley Project**—Pick up your Flat Stanley, a flattened paper cutout of the title character from Jeff Brown's Flat Stanley books, at any Army library. Take him on an adventure and bring him back to the library. 

**Rock School**—Kids age 7-18 are welcome to come, August 11-15 at the Schofield Barracks, 1st Street and Consideration. Visit your local Army library for more information. Call 655-9918.

**Book Sale**—Kuloa Kula, Schofield Barracks, will feature a 50% off sale of all books and a chance to gain fresh thinking from different points of view for one day per week. From now on, Bring a book and we will bring a book for you. 

**Baking**—A nutritious snack is offered each day, Monday-Friday, 4:30-5:30 p.m. Call 655-9918.

**Photo Booth**—Sponsored information booths will Inaugurate at Schofield Barracks, 1st Street and Consideration. Visit your local Army library for more information. Call 655-9918.

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SCHOFIELD BARRACKS — As children played tag at free child care site less than a mile away, spouses of deployed Soldiers enjoyed an adult version of game night at the Nehelani here, July 30.

Board games, including Scattergories and the nerve-shattering game, Jenga, adorned tables. Pupus filled plates as ladies enjoyed a stress-free night of old fashioned fun. Conversations passed between old friends and new acquaintances as each shared stories about deployment.

“This is a chance to drop off the kids and become kids ourselves,” said family member Kristin Walters. “We can take a break and have our own girls’ night out.”

The Big R: Countdown to Redeployment party is a free, monthly event hosted by Family and Morale, Welfare and Recreation (FMWR) to celebrate the passing of another month of deployment. Each month FMWR provides free pupus, free child care and a different fun activity for spouses to pass the time.

Past celebrations have included Pinata, makeover nights, karaoke and bingo. Back at the Nehelani, laughter and chatter filled the room as women scrambled to get the most points at each game for a chance to win a mp3 player, double to get the most points at each game, double to get the most points at each game.

“It’s our turn to have little fun,” joked family member Lyndsay Tullius.

Army Family Covenant program coordinator, FMWR. Spouses also snapped pictures holding signs stating the number of months they “have made it” to send to their children in Hillsborough, Calif., where he grows his own vegetables and herbs in his backyard.

“Sometimes we all need to slow down and laugh a little.”

Born in Guangzhou, China, to a restaurateur father and a mother who operated a grocery store, Yan developed a passion for cooking at an early age. His formal induction into the culinary world began at 13 with an apprenticeship at a popular Hong Kong restaurant. He refined his natural talent at the Overseas Institute of Cookery in Hong Kong and then opened a slew of Yan Can restaurants around the U.S.

Yan currently resides with his wife and children downrange. They “have made it” to send to their children overseas.

“(The) military is no different, they are ordinary people … (although) the sacrifices they make are anything but ordinary.”

Master Chef Martin Yan

PEARL HARBOR — More than 100 aspiring chefs crowded around a long table filled with delicacies at the Navy Exchange Hawaii (NEX) here, Sunday, to learn from a master. Certified Master Chef Martin Yan provided an educational and jocular demonstration, cooking with his ever-popular ingredient — wit.

Yan joked with the crowd as he prepared fried rice, grilled beef and spicy chicken. Participants laughed, took notes and watched as an amazing feast was prepared before their eyes.

The celebrated host of the award-winning national cooking show “Yan Can Cook” is also known as a highly respected food consultant, a cooking instructor, and a prolific author of more than 20 cookbooks. Yan also founded the Yan Can International Cooking School in the San Francisco Bay Area, and has opened a slew of Yan Can restaurants around the U.S.

“I grew up watching (Yan’s) cooking show with my mother,” said Spc. John Perez, 205th Military Intelligence Battalion. “Being here is just like watching him on TV. He has an entertaining humor about him.

Yan currently resides with his wife and children in Hillsborough, Calif., where he grows his own vegetables and herbs in his backyard.

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Master Chef Martin Yan
Aviation Brigade welcomes local community leaders, ohana with “open” arms

The 25th Combat Aviation Brigade (CAB) gave local community leaders and key organizations a brief glimpse into the lives and work of its Soldiers during an open house here, July 31.

The open house highlighted the 25th CAB’s efforts to educate the local community and its leadership on the brigade’s daily operations, aircraft and missions while continuing to reinforce its dedication to the ohana spirit of Hawaii.

“The local community is very important to us and it is a source of strength for all that we’re able to do out there,” said Col. Michael Lundy, commander, 25th CAB.

“We don’t take that relationship for granted and it certainly can’t be over-stated how important it is.”

The 25th CAB welcomed key individuals such as Hawaii State Representative Ryan Yamane, members of the Mililani Town Board and Lion’s Club, and administrators from local schools. Patrons were treated to a warm reception at the 25th CAB’s flight line and experienced multiple displays of the brigade’s aircraft and gear that pilots, air crews and ground troops wear.

Accompanied by the smooth sounds of the 25th Infantry Division’s Tropic Lightning Band Jazz Ensemble, visitors climbed aboard aircraft and tactical vehicles, enjoyed refreshments, and watched a short video on the history of the AAF in the Oahu community. Shortly afterward, the “Wings of Lightning” brigade commander presented awards to recognize the efforts of some of the leadership. “We do have a bond and a responsibility to one another here and we must make sure we strive to achieve balance and minimize the impact of our operations.”

Mr. Alfred Remigeo, an Aiea VFW representative, also agreed.
Deep Sea Fishing — Don’t miss your chance to catch the big one. Aug. 5. Outdoor Recreation will provide transportation, a cooler with ice, snacks and drinks. Space is available for groups up to six. Cost is $10 for a half-day session. Call 655-4043.

10 / Sunday
Adventure Tour — Want to inject a little adrenaline into your life? Visit or call Outdoor Recreation and ask them about their new Adventure Tour program. Programs include tubing, hiking, kayaking and more. Each session is designed to provide a challenging yet fun experience everyone is sure to enjoy. The first session is August 11. Call 655-4043 for more information.

Military Long Drive Championship — The Army Lei‘alehua Golf Course will host the Family and Morale, Welfare and Recreation (FMWR) Long Drive Championship, Aug. 10, 8 a.m.

This event is an official Long Drivers of America qualifier. For official rules and information, visit www.mwrarmyhawaii.com.

North Shore Swim Series — The 20th Annual Staff & Sailor North Shore Swim Challenge, a 2.3-mile swim from the Pipeline to Waimea Bay, Aug. 9, 9 a.m. Lifeguards will patrol each event. Visit www.speeders.org to register.

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OMAHA, Neb. — Ty Homan, 10, accepts a first place ribbon for a 4.19-meter long jump in the boys division at the USA Track and Field Junior Olympics, July 22-28, in Mesquite, Nev. Homan was featured the August 31, 2007 edition of the Hawaii Army Weekly after qualifying to compete in the National Junior Olympics in Walnut, Calif.

SLOPE — Wheeler Bowling Center, Fort Shafter, is the place to be on Friday, Sept. 5. The 20th Anniversary of the Staff & Sailor Bowling Challenge Ladder will be held in the Center’s eight lanes. For more information, call 655-4804.

Late Night at Martinez Gym — Mar- tinez Physical Fitness Center, Schofield Barracks, is the place to be on Friday, Sept. 5. The center is now open late, from 9–11:30 p.m. Join Martinez for volleyball, Make It Take It Basketball, and the Racquetball Challenge Ladder. Call 655-4804.

Overnight Bike Ride — Aloha Singles Speeders will hold the 7th Annual 24 Hours of Hell in Paradise bike ride, Sept. 12-13, at Ka’auku Ranch. Cost is $55 and bicyclists can enter on- line at www.active.com/page/event_details.html?event_id=1568142.