

New PAO digs

The U.S. Army Garrison, Hawaii, Public Affairs Office has moved from Schofield Barracks to Wheeler Army Air Field, so the PAO address and telephone numbers have changed:

-Acting director, Public Affairs, 656-3160

-Chief, Command Information, 656-3155

-Chief, Community Relations, 656-3158

-Acting Chief, Media Relations, 656-3159

-Editor, Hawaii Army Weekly, 656-3156

-PAO fax, 656-3162

-New Address:
442 Santos Dumont Ave.,
WAAF; Bldg. 108, Rm. 304 (Public Affairs);
Schofield Barracks, HI 96857-5000.

DoD extends R&R for some

ARMY NEWS SERVICE
News Release

WASHINGTON – The Department of Defense (DoD) approved a policy change to the U.S. Central Command Rest and Recuperation (R&R) Leave Program last week, increasing the R&R time for service members currently serving 15-month deployments in support of operations Iraqi Freedom and Enduring Freedom.

"The increase of 18 days of chargeable R&R leave for service members on 15-month deployments is tremendous news," said Lt. Col. Frazier Pope, chief, R&R leave branch. "It clearly demonstrates DoD's recognition of the increased sacrifice tens of thousands of service members and their families make each day as we continue to fight this war on terrorism."

The amended policy is a result of DoD's change to the rotation and mobilization policy increasing some theater deployments to 15-month tours. Any service member currently deployed on a 15-month tour is eligible; however, only the Army has 15-month deployments.

The amended policy, which became effective July 13, 2007, applies to military personnel only and is not retroactive. Only service members who took leave on or after July 13 may take 18-days of leave.

"Service members who departed for R&R leave prior to July 13 of this year are not eligible for additional chargeable R&R leave days. Regrettably, a line must be drawn at some point," said Pope. "To make the policy retroactive would cause turbulence in field units and undermine the mission-oriented posture."

Service members will not be charged for their travel days. The R&R leave begins when the service member arrives at the commercial airport nearest to his or her leave destination.

"It says 'thank you' to service members and their families in a very concrete way," Pope said, "and it further validates the concept that time away from the combat zone on R&R not only benefits the service members and loved ones, but improves operation readiness by refreshing the force."

Service members serving one-year tours will continue to receive 15-days of chargeable R&R leave. The policy is applicable to active-duty Soldiers and mobilized reservists who deploy for 15-months. However, current Reserve mobilizations are for less than 15-month deployments with options for extensions.

Less rain brings on drought

Residents and workers are asked to conserve

JOE FEIND
Directorate of Public Works

What a difference a year makes. Parts of Hawaii have gone from last year's 40 days of rain to 40 percent of normal rainfall for the winter months, according to the National Weather Service. Other areas have received 60 percent of normal rainfall.

Residents and commuters may have noticed the marquee signs placed at the main gates of Schofield Barracks, Wheeler Army Air Field and Fort Shafter reminding all to conserve water due to the current drought conditions. These signs are in place for three weeks to help spread the water conservation message.

The low rainfall amounts across the state are starting to have other impacts. According to the July 31 issue of Pacific Business News, U.S. Secretary of Agriculture Mike Johanns has designated all four operating counties of Hawaii disaster areas as a result of the ongoing drought on many agricultural lands.

Around the islands, residents are feeling the impact of reduced rainfall, and the Army is no exception. Residents can help during these dry times by reporting leaks and conserving water, both at work and in the home.

At work, use water wisely by being aware of the following:

- In restrooms – Is there a leaking faucet or toilet?
- In kitchens – Is there a leaking faucet?
- Outside your building – Have you noticed a broken irrigation head or water spraying on sidewalks, streets or building?
- Is irrigation only done before 9 a.m. and after 5 p.m.? This schedule reduces evaporation during the heat of the day.
- Is irrigation running longer than 15 minutes per area?

If you notice any of the above, inform your Building Energy Monitor (BEM) or submit a service order to get it fixed.

Contact the service order desk at 656-1275, or visit the Web site, <http://schou01c2dpwhi:1000/ifsworkorder/>.

In addition to conserving at work, the Board of Water Supply recommends the following ways to conserve water at home:

In the kitchen

- Scrape, don't rinse, your dishes before loading them into the dishwasher.
- Wait until you have a full load before using your automatic dishwasher.
- Check faucets and pipes for leaks, including automatic icemakers and dishwasher hoses.
- Use your garbage disposal sparingly and start composting your kitchen waste.
- Thaw frozen food in the refrigerator or microwave, not under running water.
- Don't overuse garbage disposals. Use the disposal only at the end of cooking or cleanup periods, or when the disposal is full.

In the laundry

- For washers with variable settings for water volume, select the minimum amount required per load.
- If load size cannot be set, operate the washer with full loads only.
- Use the shortest wash cycle for lightly soiled loads as normal and permanent press wash cycles use more water.
- Pre-treat stains to avoid rewashing laundry.
- Check hoses regularly for leaks.

For more information, contact Joe Feind at Joe.Feind@us.army.mil, or 656-1410 ext. 1123.

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Feeding the flock

Through "Worshipalooza" and a spiritual run, 3IBCT Soldiers focus on nurturing their spiritual sides in Kirkuk, Iraq

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Campers' delight

Punahou JROTC cadets spend their last few days of summer caked in mud, loving every minute

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24th ID honors fallen warriors

SARA FISHBURN AND KEVIN DOWNEY
U.S. Army Pacific, Public Affairs

HONOLULU – Paying tribute to the heroics of fallen comrades whose motto was "First to Fight," 24th Infantry Division (ID) Association veterans held a memorial dedication ceremony at the National Memorial Cemetery of the Pacific here, Honolulu, July 25.

Dozens of veterans, including two former Prisoners of War, Task Force Smith survivors and their families, stood proud during the formal ceremony as a color guard comprised of U.S. Army, Pacific Soldiers rendered honors to salute the storied unit.

The 24th ID monument stands as a symbol of the legendary unit's prominent achievements in battle campaigns throughout U.S. history, according to association president Gene Spicer, a retired brigadier general who organized the unit's reunion and memorial ceremony.

"This is a tribute to the dauntless Soldiers of the Victory Division, and the principle by which they lived – 'First to Fight,'" said Spicer, who served in the division as a private first class from 1951-52 during the Korean War. "We should never forget the contributions of this unit to the American way of life, for these Soldiers knew all too clearly that freedom isn't free."

Soldiers assigned to the 94th Army Air Missile Defense Command and 30th Signal Battalion provided the color guard and rifle salute. Chaplain Richard Savage, 8th Theater Sustainment Command, gave the memorial prayer while Army and Marine buglers played echo taps.

The 24th ID, also known as the Hawaiian Division, or Pineapple Division, was established at Schofield Barracks March 1, 1921, to provide land defense of the

SEE 24TH ID, A-4



Kevin Downey | U.S. Army, Pacific, Public Affairs

Retired Brig. Gen. Gene Spicer, 24th Infantry Division Association president, pays tribute to his fallen comrades, July 25, at the new memorial in the National Memorial Cemetery of the Pacific in Honolulu.

CID provides tips to prevent sexual assault

Official recommends locking doors and remaining alert

CRIMINAL INVESTIGATIVE COMMAND
PUBLIC AFFAIRS
News Release

FORT BELVOIR, Va. – Although Sexual Assault Prevention month has passed, the U.S. Army Criminal Investigation Command (CID) wants to keep sexual assault prevention in the forefront.

According to CID Special Agent Stephanie James, sexual assault is a crime that occurs between two or more people, and there are numerous ways individuals, particularly fe-

males, can minimize the chance of becoming a victim. James said people should always be alert and learn to trust their instincts in all situations.

"If a place or person makes you feel unsafe, it probably is," said James, who has investigated hundreds of cases throughout her career.

According to the Rape, Abuse and Incest National Network and the Army's Sexual Assault Prevention Program's Web site, about two-thirds of sexual assault victims in the U.S. knew their assailants. "Acquaintance rape," which includes date rape, refers to those rapes that occur between people who know one another. "Date rape" refers to situations in which one person has con-

sented to go on a date with another person and that person then rapes him or her.

Another statistic backed by numerous studies indicates that about half of all U.S. sexual assaults involve the use of alcohol by the offender, the victim or both.

According to a CID spokesman, the Army community in which Soldiers and their families live and work is safer when compared to civilian communities and national crime statistics. The majority of sexual assaults or rapes investigated within the Army community are not the type of crimes that include a stranger breaking into a victim's house or hiding in their car. Although this

SEE ASSAULT, A-2

AHFH wins 2007 Private Sector Catalyst Award

ARMY HAWAII FAMILY HOUSING
News Release

The Association of Defense Communities (ADC) has selected Army Hawaii Family Housing (AHFH) as the recipient of its 2007 Private Sector Catalyst Award.

This award recognizes a specific community initiative focused on environmental remediation that has involved significant private sector involvement. The project represents a significant innovation or a new direction for the private sector in the environmental remediation arena and serves as a model for all. Congratulations to the project team for garnering national recognition for AHFH.

Project Director Jeff Cangemi accepted the award on behalf of AHFH at the ADC's 2007 Annual Conference held July 28-31 in Miami.

Hawaii Barracks' Newest Recruit

The Sun Log on to the National Geographic link below to view a video clip from an upcoming Wild Chronicles TV series. Army Hawaii is a feature this segment that covers sustainability in Hawaii. Information on the TV broadcast will be forthcoming.

Visit National Geographic's Web site at <http://news.nationalgeographic.com/news/2007/07/070720-hawaii-video.html>.



We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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262 days since last fatal accident

Soldiers, as your daily reminder to be safe, place a "red dot" on your wristwatch.

A division training holiday will be awarded for the next 100 consecutive days with no accidental fatalities. Current as of 8/1/07.

'Warrior in Transition' makes debut

Secretary of the Army Pete Geren has released an official mission statement, entitled "Warrior in Transition," which codifies the U.S. Army's stance on wounded warriors.

The mission statement reads, "I am a Warrior in Transition. My job is to heal as I transition back to duty or continue serving the nation as a Veteran in my community. This is not a status, but a mission. I will succeed in this mission because I AM A WARRIOR AND I AM ARMY STRONG."

Additionally, the Army has established a hot line to aid Soldiers and veterans seeking or needing 24/7 support for post-traumatic stress disorder or other ailments.

The Wounded Soldier and Family Hot line can be reached at 1-800-984-8523. Its purpose is twofold: 1) to offer wounded, injured or ill Soldiers and their family members a way to share concerns on the quality of patient care, and 2) to provide senior Army leaders with visibility on medically related issues, so they can properly allocate resources to better serve Soldiers and their families.

According to the Army, the Wounded Soldier and Family Hot line is an avenue to gather information about medical care as well as suggest ways to improve medical support systems. The hot line has not been established to circumvent the chain of com-

mand, but rather to give Soldiers and their family members an additional means to resolve medical-related issues.

Any type of retribution directed toward those who use the hot line will not be tolerated, according to the U.S. Army.

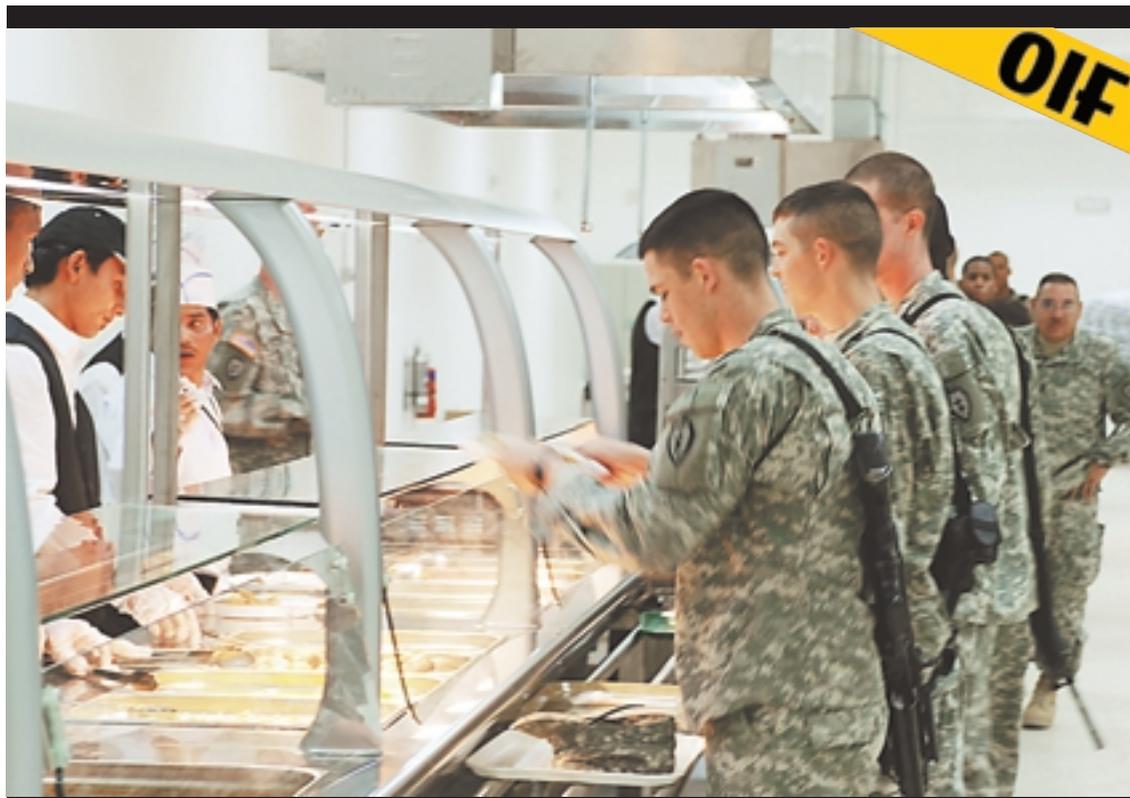
(Editor's Note: Compiled from U.S. Army newsletters.)

Wounded Soldier & Family Hot line

1-800-984-8523

DSN 328-0002

E-mail: wsfsupport@conus.army.mil



Spc. Juan Jimenez | 3rd Infantry Brigade Combat Team Public Affairs

A cut above the rest

KIRKUK, Iraq — Spc. Wesley Lake, (right) military intelligence specialist, Headquarters and Headquarters Company, 3rd Infantry Brigade Combat Team, receives the first meal to be served at "The Cutting Edge," a new dining facility for Soldiers, airmen and civilians at Forward Operating Base Warrior, here, July 30.

LIGHTNING SPIRIT

Old Testament leader sets an example today

Just like Nehemiah, who remained close to God, Soldiers should pray for strength to do mighty things

CHAPLAIN (CAPT.) PATRICK DEAN IRELAND

205th Military Intelligence Battalion

Nehemiah was a mighty Old Testament leader who built a team of leaders and workers to repair the walls of Jerusalem. He relied upon God and his power to rebuild the walls of Jerusalem. Let's take a look at the story.

So it was that when I heard these words (the walls of Jerusalem are broken down and its gates are burned), that I sat down and wept, and mourned for many days. I was fasting and praying before the God of heaven. And I said, "I pray, Lord God of heaven, O great and awesome God, you who keep your covenant and mercy with those who love you and observe your commandments, please let your ears be attentive and your eyes open, that you may hear the prayer of your servant, which I pray before you now, day and night, for the children of Israel your servants, and confess the sins of the children of Israel which we have sinned against you. Both my father's house and I have sinned" (Nehemiah 1:4-6).

Nehemiah probably maintained his poise until he was in a place of solitude and then, 'wept, and mourned for many days.' He opens his prayer by noting that God is awesome, 'O great and awesome God.'

He tells God that he keeps his covenant and

promises with those who love him and keep his commandments. Nehemiah asks that God's ear be attentive to his requests. Nehemiah also confessed his sins and the sins of those before him.

We will make mistakes. We will sin. We must confess our sins and God will forgive us.

Leaders before Nehemiah had sinned by putting God off; they placed him at a distance.

It is vital for us to not place God at a distance from us. We must welcome him into our lives and activities — asking for his forgiveness when we have done wrong, and asking for wisdom and guidance in our lives.

He desires to guide us and lead us in doing what's right. He desires to come alongside us and help.

Facing problems alone is a difficult, if not impossible road. Nehemiah knew he needed God because he needed people to help with the great task. He approached key influencers. In this case, it was the Persian king Artaxerxes. From the king, he received not only the OK to go ahead with rebuilding the walls, but also the resources and support (Nehemiah 2).

Nehemiah chapter three tells us that the high priest Eliashib and his brothers rebuilt the Sheep Gate. Next to him were the men of Jericho working on their section. Next to them was Zaccur. The sons of Hassenaah re-

built the Fish Gate. Next to him, Meremoth and all the others repaired their part of the walls and gates. It took a team of leaders and the workers to accomplish the task.

God helped Nehemiah navigate the course and get other leaders to buy in to the idea of rebuilding the walls. God then helped Nehemiah develop the leaders, set-up his priorities right, outlast the critics and use momentum. Nehemiah had a compelling purpose, clear perspective, and employed continual prayer and a courageous persistence. In short, it took him 52 days to rebuild the walls of Jerusalem with his team.

How did he accomplish this feat? It was through Nehemiah's prayers and follow through, and by employing God's wisdom to motivate others to join in the huge task.

Nehemiah's dependence upon God sets a great example for us. Problems are 'everywhere' and we have our share of them. God's strength is available to us through prayer. Even though we cannot see the power in electrical wires with electricity in them, we know that our fans cool us when we turn on a switch. In a similar way, we must turn on a switch through praying to God. God's power will charge us with his strength to do mighty things.

I encourage you to continue praying that God will build a strong Army team, equipped for the tasks at hand. Pray that we will find our strength in God, our strong tower, the one who will never let us down.

Pray, pray and pray some more. And, may our awesome God bless you again this day!



Ireland



"Okinawa, Japan. It's the most relaxed city with the most courteous people in the world."

Sgt. Francisco Ayala
Air Defense
Artillery, Japan
Mechanic



"Lakeland, Florida. I grew up there."

Pvt.2 John Branch
2-6th Cav.
Helo Mechanic



"Austin, Texas. It has a really good vibe; you can't help but be happy there."

Sgt. Juan Gill
Air Defense
Artillery, Japan
Fueller



"Green Bay, Wisconsin. The Packers."

Spc. Jason Murphy
8th TSC
Administrator



"Leavenworth, Kansas. Good times there - high school days."

Pvt.2 Russell Welch
2-6th Cav.
Helo Mechanic

Assault: Alcohol can be a factor for incidents

CONTINUED FROM A-1

situation can and does happen, incidents in Army communities are more likely between persons who know each other or share some familiarity.

"We find that many allegations of sexual assault occur on weekends when a Soldier consumes alcohol in excess and returns to their quarters afterward," said James. "When a Soldier is unconscious from too much alcohol, they are unable to give consent. In this situation, if an individual proceeds to have sex with an unconscious person or a person who is unable to consent, they are committing a crime."

James stressed two points she feels are very important in reducing the possibility of becoming the victim of an assault in "acquaintance-type crimes."

"Bottom line, women need to lock their doors wherever they reside; especially in a barracks," she said. "Regardless of how safe or trusting a person might feel living in their barracks or residence, they should always be mindful of security and lock their doors when they enter."

The second point is using the buddy system. James said that women should always use the buddy system when going out, especially if they are going to drink alcohol.

"Use the buddy system, and if a female needs help getting back to her barracks or residence, ask a female friend to accompany them."

The Department of the Army released a proclamation last April during Sexual Assault Awareness Month stating that sexual assault is a crime and contrary to Army values and mission readiness. Leaders and Soldiers have the responsibility to prevent and reduce the associated risks of sexual assaults from occurring in their units and work environment.

When reporting sexual assault, the Army has restricted and unrestricted reporting for active duty Soldiers, according to James. This gives a victim the choice for making a complaint without going directly to law enforcement officials. However, it is important whom the victim talks to regarding a sexual assault incident.

"The victim can make a restricted report to medical authorities, the chaplain, unit victim advocate and the sexual assault response coordinator," James said. "However, if the victim reports an incident to their commander, the commander is then obligated to notify CID. If the victim tells their best friend, and the friend notifies law enforcement, an investigation will be initiated."

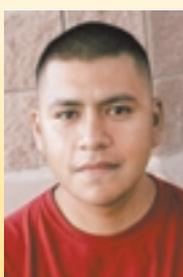
Victims should report incidents to law enforcement as soon as possible after the assault. Victims can notify military police, civilian police, their chain of command or CID directly. The victim should remember to preserve as much evidence as possible.

CID officials recognize how traumatic and difficult a sexual assault can be for victims, but at the same time stress how vital evidence can be.

"It is very important for us to obtain as much information and evidence as possible and as soon as possible," said James. "The victim should not shower, or brush their teeth or touch or disturb anything at the crime scene. If possible, it's important a victim writes down every detail they can remember right away."

"Bottom line, we want to do everything possible to ensure we bring to justice anyone who has committed a sexual assault and, more importantly, we want to help prevent it from happening in the first place."

Voices of Lightning: What is your favorite city and why?



"Okinawa, Japan. It's the most relaxed city with the most courteous people in the world."

Sgt. Francisco Ayala
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Helo Mechanic

Chaplains use alternative events to reach Soldiers **OIF**

Story and Photos by

SPC. MIKE ALBERTS

3rd Infantry Brigade Combat Team Public Affairs

KIRKUK, Iraq – For Sgt. Chadwick Potts, deployment hasn't sidetracked his spiritual growth. The Wausau, Wis., native and his wife have completed a series of spiritual devotionals since he deployed. They also discuss Bible readings daily by e-mail and telephone.

"For us, deployment has enhanced our spiritual relationship," said Potts, a chaplain's assistant with the 25th Infantry Division's 3rd Brigade Special Troops Battalion. "At home, we're occupied with our four boys," he continued. "Deployment has allowed me to grow [spiritually] more than I ever imagined."

Not all Soldiers, however, are as disciplined as Potts. They also may only have intermittent access to phones and computers. For many, the rigors of the job and the unpredictability of schedules make finding time for spiritual maintenance difficult. That's a challenge for 3rd Brigade's chaplains – a challenge they addressed recently with a day of nontraditional spiritual events.

Brigade chaplains coordinated and participated in an early morning spiritual run and a late afternoon musical concert for Soldiers, airmen and civilians at Forward Operating Base Warrior here, July 13.

Chaplain (Capt.) Martin Cho spearheaded the spiritual run while chaplains (Capt.) Scott Smith and (Maj.) Scott Sterling coordinated and performed at

the outdoor concert.

Cho's five kilometer pre-dawn spiritual run consisted of a pre-run prayer, a thorough stretch, an animated jog and a closing prayer as Soldiers rehydrated against the backdrop of a remarkable Iraq sunrise. For Cho, a native of Korea serving his second combat deployment, the run was his unique way to provide Soldiers with a different spiritual outlet.

"The run is important," explained Cho, battalion chaplain, 325th Brigade Support Battalion, 3rd Infantry Brigade Combat Team (3IBCT). "[It] provides those who can't get to services with another type of spiritual outlet. My hope is that every Soldier who participates, at least for a moment, that each of them is open to God and grows spiritually. To me, spiritual strength is the most important aspect not only of every person, but of every Soldier."

Cho's colleagues agreed, and their collective desire to provide a unique spiritual event in an alternative setting spawned "Worshipalooza," an outdoor concert that kicked-off about 12 hours after Cho's Soldiers finished the spiritual run.

"Our vision with Worshipalooza was to gather the various worship groups from the different congregations and to do something musically in a larger forum," said Chaplain (Capt.) Scott Smith, battalion chaplain, 3rd Battalion, 7th Field Artillery (FA) Regiment, 3IBCT. Smith, a native of St. Louis, Mo., is immersed in his first year of active duty service as 3-7 FA's chaplain. He played keyboard, guitar and sang at the concert.

"For me, music is therapeutic and a gift to be shared," said Smith. "It really is a language of its own that transcends all differences and allows people to gather for the simple goodness of worship and fellowship," he continued. "This event was an opportunity for all of us to get together, do something fun and



Performers gather for a final curtain call at "Worshipalooza," an outdoor music concert for Soldiers, airmen and civilians at Forward Operating Base Warrior, Kirkuk, Iraq, July 13.

listen to the unique timbre of different types of music."

The two-hour concert featured worship songs performed by the Gospel Service Choir, the Ohana Chapel Praise Team and Command Sgt. Maj. Keith Castaneda, plans sergeant major, Headquarters and Headquarters Company, 3IBCT.

"The vision of Worshipalooza was not for it to be a worship service necessarily," said Sterling, brigade chaplain, 3IBCT. "We wanted it to be an event that would attract people here on the FOB that might enjoy a different style of music." Sterling

performed with the Ohana Chapel Praise Team.

"But if the music could transport people away," he continued, "if it could get people thinking about something other than being on another mission, and if it could do it in a way that they were considering some eternal questions – thinking about God and being with others on the same journey – then the concert was a huge success.

"Afterward, I actually did have a Soldier tell me, 'I forgot where I was for a little while,'" Sterling said. "Really, that's exactly what we wanted."



Soldiers of the Gospel Service Choir gather for a prayer before performing at "Worshipalooza," July 13. In addition to the outdoor concert, 3IBCT chaplains organized a spiritual run.

News Briefs

Send calendar announcements to community@hawaiiarmyweekly.com.

6 / Monday

Advisory Meeting – The Schofield Barracks Post Exchange/Commissary/Nehelani Advisory Council will meet Aug. 6 in the Post Conference Room, Schofield Barracks, from 10:15–11:15 a.m.

The bimonthly forum provides an opportunity for patrons to share their ideas with representatives from these facilities. Call Melvin Wright, 655-0497, for more details.

SIMS – The next Spousal Information Meeting (SIMS) is scheduled Aug. 6, 9–10 a.m., at the Post Conference Room.

7 / Tuesday

Troops to Teachers – Soldiers seeking careers in public education may attend a Troops to Teachers briefing, held the first Tuesday of every month at the Education Center, Building 560, Room 221, from 11:30 a.m.–1 p.m.

Mark your calendar for the following dates, too: Sept. 4, Oct. 2 and Nov. 6.

Commissary Nursery – The Schofield Barracks Commissary has a new nursery room for nursing mothers and parents with small children to use while they shop for groceries. The nursery is located behind

Register 1. Call Susan Sturgeon-Campbell, 655-6886, for more information.

11 / Saturday

Financial Planning Courses – You are not alone when it comes to traversing the financial planning mystery. Join a one-hour class now to learn more about managing debt, investing wisely, maintaining a good credit rating, and planning for retirement.

An expert in military financial affairs will be on-site to give you important direction, answer questions, and leave you feeling very well informed about your future financial planning options.

Courses run Aug. 11 & 18 at 9 a.m. at Fort Shafter Flats' 9th Regional Readiness Command, Building 1557, Room 112. Also, mark your calendars for additional classes Sept. 8 & 15. Contact Angela Brown at 438-2243 or e-mail angela.brown@9rrc.army.mil to reserve a seat.

13 / Monday

CIF Closure – The Schofield Barracks Central Issue Facility (CIF) will be closed Aug. 13–24 for a physical inventory. Contact your supply sergeant for turn-ins during this time period, or schedule a turn-in appointment with CIF prior to the scheduled inventory dates. Prior to and after the scheduled inventory dates, make appointments by calling 655-9876. Normal operations will resume Aug. 27.

For emergency services during this period, call Kealii Kahanu, 284-1457, or Robert Cummings at 497-6574.

15 / Wednesday

Family Deployment Night – Enjoy fellowship and fun at Family Deployment Night, Aug. 15 (held the third Wednesday of every month) at 5:30 p.m., Building 791, the Main Post Chapel Annex, Room 212, Schofield Barracks. The topic is “Safe Talk.”

Also at the Main Post Chapel, the Spouse Support Group will begin its weekly meetings starting July 18, also at 5:30 p.m. Call Chaplain (Maj.) Scott Kennedy, 656-1384.

18 / Saturday

New Resident Orientation – Service members who have moved into an Army Hawaii Family Housing (AHFH) community must attend an orientation within 30 days of accepting their home in order to obtain self-help privileges or use community center amenities.

Residents will receive safety information from AHFH and the federal fire department, and be briefed on community center usage and key points from the resident guide.

The next New Resident Orientation will be held at Schofield's Kalakaua Community Center, Aug. 18 at 10:30 a.m.

24 / Friday

Women's Equality Day – The 25th Infantry Division and 500th Military Intelligence Brigade will host the 13th Annual Women's Equality Day Celebration, Aug. 24, 11 a.m., at the Nehelani, Schofield Barracks. The community is invited to help celebrate the theme “Women's Right to Vote.” Call 438-6891 or 655-8384.

24th ID: ‘Victory Division’ monument recognizes valor

CONTINUED FROM A-1

Territory of Hawaii.

The unit earned the nickname “Victory Division” in World War II for their sterling combat record without defeat. The division fought in five campaigns in the Pacific – the most engaged in by any U.S. division in the Pacific during World War II.

It was among the first units to take up arms against Imperial Japanese forces Dec. 7, 1941, and the first to engage the North Korean aggressor nine years later. As part of the Army's reduction to a 10-division force, the 24th ID memorial is situated next to the 5th Regimental Combat Team's monument along the Memorial Walk. The tree-lined pathway overlooking the Pacific Ocean is lined with a variety of memorials that honor America's veterans from various organizations. There are more than 65 such memorials throughout the national shrine, most commemorating Soldiers of 20th-century wars, including those killed at Pearl Harbor.

The 24th ID monument consists of a glass replica of the unit insignia –

a green taro leaf highlighted in yellow on top of a red circle – displayed on a flowing iron ribbon. The plaque is anchored by a block of marble donated to the association by the Rock of Ages stone quarry in Vermont.

According to 24th ID veteran Daniel J. Rickert, three hibiscus flowers on the plaque represent the three major wars in which the unit fought – World War II, the Korean War and Vietnam. The Hawaii state flowers also represent where the division was founded. Acorns and an oak leaf depicted on the bottom of the plaque represent strength and renewal, he said.

During the ceremony, Rickert asked audience members and fellow veterans to pray for their brothers-in-arms, many of whom he said were too frail or ill to travel to Hawaii for the reunion to witness the dedication ceremony.

“Our comrades fought and died for our country,” Rickert said. “They deserve your prayers. May God bless our past Soldiers and our current Soldiers who are on duty around the world today.”

PAU HANA

Story and Photos by
JEREMY S. BUDDEMEIER
Editor

EAST RANGE — Three days before the school year started, Monica Harvey wasn't obsessing about what she would wear the first day. Instead, the St. Francis School junior was rappelling down steep embankments, slithering through knee-deep muddy ditches, and lurching on the Army's most delectable Meals Ready to Eat (MREs). As the last remnants of their summer waned, Harvey and 46 other students battled obstacles instead of lethargy and worked on teamwork instead of their tans, as part of the Punahou School Junior Reserve Officer Training Corp (JROTC) program's Summer Camp here, July 23-26.

Cadet Pvt. Jerry Mancao of Kapolei High School slithers under a barbed wire obstacle at Schofield Barracks' East Range air assault course, July 25.



Cadet Scott Peters (center) of Punahou School leads his team step-by-step through an obstacle at Schofield Barracks' East Range Air Assault Course, July 25. Peters and 46 other cadets participated in Punahou School's Junior Reserve Officer Training Corp Summer Camp, July 23-26.

CADETS CONQUER SCHOFIELD'S EAST RANGE



Mud-soaked cadets stand at attention before reporting the readiness status of their squads during Punahou School's JROTC Summer Camp, July 25.

So why would a high school student choose a week of simulated military life over lounging, and gravitate toward the military in a time of war?

"For the fun," said Earl Dayton, who is entering his fourth year in the program. "You're applying what you learn in the books out in the field."

Others admitted to being "nudged" by their parents.

"Initially, it wasn't really my decision," said Harvey, "but I liked it, so I stayed."

Of the students surveyed, approximately half had either a military connection through a family member or expressed interest in joining the military after high school.

Retired Lt. Col. Robert Takao, Punahou's JROTC senior Army instructor for the past six years, feels the program's and the camp's lure is the camaraderie students develop — even between students from different schools.

Punahou's "magnet" JROTC program allows students from any Oahu high school without a JROTC program to enroll free of charge; the deciding factor for parents many times, though, can be the commute.

Out of a total of 131 students enrolled in the program last year, about 60 percent came from seven magnet schools, including Damien and Kamehameha high schools, Sacred Hearts Academy and St. Francis.

This year, Takao expects a similar number of

cadets, including one cadet from Mililani High School.

Magnet students enrolled in the program attend a three-hour, after-school class once each week. They earn one-half a general elective credit from their respective school.

In addition to developing hands-on leadership and time management skills, students support numerous nonprofit organizations through community service projects.

Volunteers make it happen

Takao said the program's ability to accept magnet students comes down to instructors working extra hours and receiving support and resources from the school. For the summer camp, Takao looked to the Army for additional support.

"We have to ultimately rely on volunteers," Takao said. "Without them, we're toast."

Fortunately for Takao and the students, more than 20 Soldiers volunteered throughout the week to assist with the camp.

Sgt. Richard Diegel, 408th Military Intelligence (MI) Company, said volunteering gave him a chance to impart wisdom on future Soldiers. The Soldiers' presence "gives 'em an opportunity to see what the real Army is [like]," he explained.

For the 732nd MI Co., the camp wasn't its first time volunteering this summer. Two weeks ago,



Cadets wind their way over and under the beams on one of the obstacles at Schofield Barracks' East Range Air Assault Course, July 25.

SEE JROTC, B-3

Speed limits enforced in school zones

Hawaii's public schools have reopened for the 2007-2008 season, so 15-25 mph speed limits apply in school zones. Commuters must be watchful for children darting across streets and school buses stopping frequently along their routes.

On Army installations, the Military Police (MP) are continually patrolling streets and neighborhoods, to enforce traffic laws and assist pedestrians, when necessary. Now, particularly with the start of the new school year, said Miles Sharrock, deputy provost marshal, Schofield Barracks, patrols are paying extra attention to areas around community schools where children tend to congregate.

"Patrols will focus their speed and traffic law enforcement efforts on the streets and roadways congested with vehicle and pedestrian traffic during the peak hours when schoolchildren are most prevalent," said Sharrock.

"We would like to remind Soldiers going to and re-

turning from PT [physical training] to be cognizant of children crossing the streets and waiting for the school bus at designated stops," he added, "and for all personnel driving on the installation to abide by the posted speed limit and traffic control devices throughout the community."

Sharrock encourages the community to help its MPs by reporting unsafe acts and areas of concern to the MP desk sergeant. The Military Police station can be contacted at 655-7114; however, for emergencies, residents and workers should dial 911.

Parents are reminded to not leave their children unattended at bus stops, unless they are at least 10 years of age and display appropriate maturity needed to await their school bus. Additionally, parents should remind their children to always cross the road at proper crosswalks and to obey the crossing guard if one is present at a location.

The U.S. Army, Pacific, Safety Office reminds mo-

torists to follow common-sense precautions to ensure the safety of both pedestrians and motorists:

- Avoid rushing. Allow extra time for morning commutes to deal with the added traffic congestion, school bus stops and safety vigilance.
- When backing out of a driveway or leaving a garage, watch out for children walking or bicycling to school.
- Slow down. Watch for children walking in the street and gathering near bus stops.
- Be alert. Children arriving late for the bus may dart into the street without looking for traffic.
- Learn and obey school bus laws such as the "flashing signal light system" that school bus drivers use to alert motorists of pending actions.

(Editor's Note: Information compiled from Military Police and Safety Office.)





3/Today

Fort Shafter Thrift Shop – The Thrift Shop will host a \$5 Bag Sale from 9 a.m.–1 p.m., and you are invited to check out the great bargains and selections. Soldiers ranks E-4 & below will receive one bag free.

The Thrift Shop is open Tuesday and Friday, 9 a.m.–1 p.m.; consignment hours are 9–10:30 a.m.

Donations are always welcomed at Building 342 Pierce St., Fort Shafter. Call 842-1074.

"Hearts Toward Home" – This upcoming deployment reintegration workshop will help prepare families for impending homecomings and provide an interactive approach specifically designed to assist with understanding the anatomy of trauma, stress and other challenges facing healthy reintegration with spouses and fathers.

Topics will address the following issues: How will it be different? What can I do to prepare? How do I identify the signs and symptoms of post-traumatic stress disorder (PTSD)? How do I prepare my children? What are some techniques for self-care?

Workshop dates are Aug. 3, 10, 11, 17, 24, 25 and 31 from 9 a.m.–12 p.m. and 1–4 p.m. Call Army Community Service (ACS) at 655-4227 for more details.

7/Tuesday

Family Fun Night at the Library – Have fun and a chance to win great prizes playing Bingo Tuesday, Aug. 7, at the Fort Shafter Library and Wednesday, Aug. 8, at Sgt. Yano Library, both dates from 5–6:30 p.m.

The grand prize will be a free Sunday Brunch for four (2 adults/2 children). Call 438-9521 (Fort Shafter) or 655-8002 (Sgt. Yano Library).

Preschool Story Times – The Fort Shafter Library will host Story time at 10 a.m. Tuesday, Aug. 7; the Sgt. Yano Library presents Story time every Wednesday. Call 438-9521 (Fort Shafter) or 655-8002 (Sgt. Yano Library).

17/Friday

Hot Country Nights – Join DJ Charlie Garrett, the Ghost Rider and Kathleen, and Rodeo Radio Girl at the Tropics, 8 p.m.–midnight, for great music, contests,



Jeremy S. Buddemeier | U.S. Army Garrison, Hawaii, Public Affairs

'Unwavering service'

SCHOFIELD BARRACKS — Volunteers of the quarter pose for a picture outside the Command Conference Room following a recognition ceremony, Friday. Col. Timothy Ryan, rear detachment commander, 25th Infantry Division, compared the volunteers' service to deployed Soldiers' work to establish a democracy in Iraq.

"Our volunteers vote every day by choosing what type of community they'll live in and by getting up and doing something," he said. "It's a democracy through action."

From left to right, front row, are Amy Peterson, Melissa Atkins, Erin Joslyn, Yuko O'Reilly and Tina Aker; back row, Sarah Elix, Sgt. Shirley Perry, Lisa Clark, Linda Martin, Karen Weber, Mindi Church and Lori Lawson. Marnie Flowers was not pictured.

giveaways and much more.

Patrons must be 18 or older, and admission is free. Call 655-5697.

ChiliFest Vendor Opportunities – Reserve a space by Aug. 17, if you want to sell your product to a large Army community base at Army Morale, Welfare and Recreation's (MWR) inaugural ChiliFest, Aug. 25.

Spaces are limited and vendors will be accepted on a first-come, first-served basis. Call 656-0135 or send an e-mail to Darlene.j.marshall@us.army.mil.

25/Saturday

Inaugural ChiliFest – Got Chili? Come out to MWR's hottest event of the summer and support family readiness groups as they compete to win cash and prizes in the first-ever Chili Cook-off at Schofield Barracks. You'll enjoy plenty of food, fun and music, 3–7:30 p.m. at Sills and Desiderio Fields, adjacent to Fernandez Hall, Building 580, Schofield Barracks. Who knows, you just might be able to get your Christmas shopping done early at the Craft

& New Products Bazaar.

Entertainment will include singer/songwriter Scotty Bryan, a karaoke contest, line dancing and a puppet show for keiki, courtesy of the ACS Family Advocacy Program.

Bikers, enter your "steel horse" in the free motorcycle show. The first 50 bikers to enter will get a free ChiliFest T-shirt. (Visit <http://mwrarmyhawaii.com/leisureactivities/laevents.asp> to register.)

Spouses and family members, come out and record a video message for your deployed Soldier. Video will stream live around the world via the World Wide Web, so invite family and friends afar to watch this event in real-time.

Admission to ChiliFest is free and open to the public. Call 655-0111 for more details.

Ongoing

Little Ninja Classes – Parents or guardians, bring your 3–5-year-olds to Child and Youth Services (CYS) so they can learn basic Tae Kwon Do skills. At these

classes, children will improve their motor and communication skills, learn to focus, and build confidence and socialization skills.

Children must be enrolled in Schools of Knowledge, Inspiration, Exploration and Skills (SKIES) or be a current member of CYS. Register at the CYS Office, 556 Heard St. Call SKIES at 655-9818 or CYS at 655-380.

Gymboree – SKIESUnlimited, in partnership with Army Hawaii Family Housing, is offering Gymboree to children 6 months–5 years old. These classes will help children build strong motor skills, social skills and self-esteem – all the ingredients they need to grow into confident, happy, successful people.

Classes are held the first four Wednesdays of each month. Call CYS at 655-9818.

Auto Detailing – The Schofield Barracks Auto Skills Center is offering a new

SEE MWR BRIEFS, B-4

ties, exhibits and presentations for kids and adults will focus on safety in AHFH communities.

Admission is free. Call 275-3178/3179 or log onto www.ArmyHawaiiFamilyHousing.com and click the Community Calendar for more details.

8/Wednesday

Picking Stocks – The University of Oklahoma's Dr. James Horrell will be giving a free lunchtime lecture entitled "Personal Investing and Guidelines for Picking Stocks," Aug. 8 from 11:30 a.m.–12:30 p.m. in the Hickam Education Center, Hangar 2, Rm. 126.

Attendees must RSVP, as seating is limited, and bring their own brown bag lunch. Call Victoria Cameron-Lewis at 449-6364 for more details.

10/Friday

Job Fair – Army Community Service (ACS) will sponsor its first set of Mini Job Fairs. Two are scheduled: One will take place Aug. 10, 9 a.m.–noon at ACS Schofield Barracks; the other will be Aug. 24, 9 a.m.–noon at the Aliamanu Military Reservation (AMR) Chapel.

Whether you are a first-time job seeker or not, job fairs should not be missed when job searching. They open the door to a variety of employment opportunities as attendees have the chance to apply for positions with multiple employers and meet representatives from companies.

Admission is free, and bring your resume. Call 655-4227 for more information.

13/Monday

Employment Orientation – Looking for a job in Hawaii? Attend an ACS employment orientation and get employment information on federal, state, private sector and staffing agencies. Reference materials, job listings, computers and more will be available for use.

Several workshops are upcoming:
 • Aug. 13, 1–2:30 p.m., Fort Shafter Outreach Center;
 • Aug. 17 & Aug. 31, 9–10:30 a.m., ACS Schofield Barracks; and
 • Aug. 27, 10 a.m.–1:30 p.m., at AMR Chapel.

Call ACS Schofield at 655-4227 and the Fort Shafter Outreach Center at 438-9285. Register online at

www.mwrarmyhawaii.com, or call 438-9285.

Free child care vouchers are available; however, children must be registered and space reserved by parents. Call 655-5314 (Schofield) or 833-5393 (AMR).

14/Tuesday

Tips for a Successful Interview – A key component to any job search is the ability to sell oneself to a potential employer. This workshop will prepare you for the interview process. You will learn steps about interview preparation, different types of interviews, formulate responses to common interview questions, plus much more.

Attend Aug. 14, 9:30–11:30 a.m., at ACS Schofield Barracks. Register online at www.mwrarmyhawaii.com or call 655-4227.

16/Saturday

Careers on the Go – Get a career that enables you to relocate yet continue to earn a living no matter where you live. A Portable Career workshop will be held Aug. 16, 9:30–11:30 a.m., at the Fort Shafter Outreach Center. Register online at www.mwrarmyhawaii.com or call 438-9285.

Ongoing

Young Actors' Ensemble – The Hawaii Theatre is now accepting applications for the Hawaii Young Actors' Ensemble, a group of teens 13–18 years old who meet twice a week to train, rehearse and perform classical theater. The Ensemble will perform Shakespeare's "The Tempest" at the Hawaii Theatre, May 29 & 30, 2008.

Class times are Mondays and Thursdays, 4:30–6:30 p.m., Sept. 6, 2007 to May 30, 2008. Cost is \$350 with scholarships available. Registration deadline is Sept. 1. Call 732-0358 for an application.

Car-buying Classes – Learn how to get the most vehicle for your money. Car buying classes are held on the third Wednesday of every month at the Schofield Barracks Army Community Service, Building 2091, from 9–10:30 a.m. Contact Geor-

gianna McAnany at 655-4227.

Commissary Nursery – The Schofield Barracks Commissary has a new nursery room for nursing mothers and parents with small children to use while they shop for groceries. The nursery is located behind Register 1. Call Susan Sturgeon-Campbell at 655-6886 for more information.

Food For Families – The Armed Services YMCA accepts donations of nonperishable items to replenish its food pantry. Its emergency food locker is available to families experiencing financial difficulty that could use extra assistance. Supplies of canned goods, frozen food, dry goods and personal care items are accepted and usually available. Call 624-5645.

Volunteer Opportunities – Give back to the community by volunteering; it is a great way to meet new people, receive valuable job experience, and support the Army Hawaii family.

Opportunities are available on and off post. Free child care at an hourly rate is provided for up to 20 hours per week for those who volunteer with ACS. Visit www.mwrarmyhawaii.com or call 655-4227.

Torch Lighting and Hula Show – Enjoy free nightly performances (weather permitting), 6:30–7:30 p.m. at the Kuhio Beach Hula Mound, near the Duke Kahanamoku statue in Waikiki.

This show features a torch lighting and conch shell ceremony, authentic local music and dancing by some of the island's finest hula (hula troupes). Call 843-8002.

Oklahoma Degrees – The University of Oklahoma (OU) is accepting applications and registration for its summer term. OU is proud to offer a Master of Arts in Managerial Economics on Hickam Air Force Base. Its non-thesis program can be completed in about 18 months. Contact OU at 449-6364, at aplick-am@ou.edu, or visit www.gouou.edu.

Making a Difference – You can stand up against sexual assault and make a difference. If you or anyone that you know has been sexually assaulted, contact the 24/7 victim advocate hot line at 624-SAFE (624-7233). Call the Sexual Assault Response coordinator at 655-1718.



Aliamanu (AMR) Chapel, 836-4599

- Catholic Sunday, 8:30 a.m. – Mass Sunday, 9:45 a.m. – Religious Education (Sept.–May only)
- Gospel Sunday, 11 a.m. – Sunday School (Sept.–June only)
- Protestant Sunday, 12:30 p.m. – Worship service
- Protestant Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

Fort DeRussy Chapel, 836-4599

- Catholic Saturday, 5 p.m. – Mass in Chapel (May–Aug.) Saturday, 6 p.m. – Mass on Beach
- Protestant Sunday, 9 a.m. – Worship Service

Fort Shafter Chapel, 836-4599

- Contemporary Protestant Sunday, 9 a.m. – "The Wave" Worship

Helemano (HMR) Chapel

- Contemporary Protestant Sunday, 10 a.m. – Worship Service & Children's Church

***Main Post Chapel, 655-9307**

(Note: During renovation, services normally held in the sanctuary will take place at the Wheeler Chapel.)

- Catholic Sunday, 9 a.m. – CCD & RCIA Collective Protestant Sunday, 10:30 a.m. – Sunday School
- Gospel Sunday, 10:30 a.m. – Sunday School

MPC Annex, Building 791

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

Soldiers Chapel

- Catholic Friday–Saturday, 12 p.m. – Adoration (24 hours)
- Protestant Sunday, 9:30 a.m. – Worship Service

Tripler AMC Chapel, 433-5727

- Catholic Sunday, 11 a.m. – Mass Monday – Friday, 12 p.m. – Mass Saturday, 5 p.m. – Mass
- Protestant Sunday, 9 a.m. – Worship Service

Wheeler Chapel

- Catholic Saturday, 5 p.m. – Mass Sunday, 10:30 a.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Service
- Gospel Sunday, 12 p.m. – Worship Service



Send calendar announcements to community@hawaiiarmyweekly.com.

3/Today

Honolulu Symphony – The Honolulu Symphony now offers single concert tickets for its 2007-2008 season at the Symphony Box Office. The 2007-2008 season features a wealth of artistry at vibrant locations including the Hawaii Theatre, the Mamiya Theatre and the Neil S. Blaisdell Concert Hall.

Halekulani MasterWorks single tickets are priced from \$21–\$74, and Honolulu Pops from \$14–\$79. The symphony offers a 20 percent discount to military with ID, seniors and students. Call 792-2000, Monday–Friday, 9 a.m.–5 p.m. After 5 p.m., call 524-0815, extension 245, or visit www.honolulusymphony.com.

4/Saturday

Sunshine Generation Hawaii – Register your child for the next class of singing, dancing, showmanship and confidence offered by Sunshine Generation Hawaii, Aug. 4. Bonus workshops are also available for hula, acting, music theory and more.

Two locations provide activities:
 • Catlin Community Center at 3144 Nimitz Rd., Tuesdays from 6–7 p.m. or Saturdays from 9–10 a.m.

• Mililani Waena Elementary School Cafeteria at 95-502 Kipapa Dr., Mondays from 6–7 p.m. or Saturdays from 11 a.m.–noon. Sunshine Generation is open to all boys and girls, ages 3–16. The program costs \$35 per month. Call 489-1998 or visit www.SunshineHawaii.net for more details.

5/Sunday

Aloha Tower – The marketplace showcases diverse talent throughout August. Check out these upcoming events: Aug. 5, Oahu Line Dancers, 2–4 p.m.; and Aug. 12, Paniolo Dancing Queens, noon–1 p.m. Call 566-2306 for more details.

7/Tuesday

National Night Out – Army Hawaii Family Housing (AHFH) residents are invited to celebrate National Night Out at the Schofield Barracks Kalakaua Community Center from 3:30–7:30 p.m. Activi-



Fantastic Four: Rise of the Silver Surfer
 (PG)
 Friday, 7 p.m.
 Saturday, 4 p.m.
 Wednesday, 7 p.m.



Nancy Drew
 (PG)
 Saturday, 7 p.m.
 Sunday, 2 p.m.



Pirates of the Caribbean: At World's End
 (PG-13)
 Thursday, 7 p.m.

No shows on Mondays or Tuesdays.

JROTC: Cadets forge bonds before classes start

CONTINUED FROM A-1

the unit took 24 home-schooled students of deployed service members through the Schofield Barracks Leadership Reaction Course.

"We enjoyed it and saw what a lift it was for the kids, so we decided to volunteer again," said 1st Lt. David Price, the unit's executive officer.

Staff Sgt. Millard Bowen was one of those 732nd MI Co. Soldiers who seemed to enjoy the interaction as much as the students.

Bowen spoke candidly with a small group of mud-soaked cadets as they dined on MREs and aired their soggy boots and socks. The cadets had just finished running through the obstacles on the air assault course and were preparing to run the course again after lunch. The second run would be timed.

"That's two-thousand calories of heaven," Bowen said, referring to the MREs. Between pointed, insightful questions

about the Army, cadets exchanged pieces of MREs like grade schoolers.

"Anybody want skittles?" one cadet asked aloud.

"I have wheat bread and white bread," said Danielle Bibbs, a senior at St. Francis School who picked the veggie burger MRE — a relatively recent option on the MRE menu list — for lunch.

"I never challenged myself like this before," she said, referring to the obstacle course. "My blisters split open."

However, Bibbs insisted, blisters or not, she would still run the course a second time.

Bibbs is applying to numerous colleges on the mainland and aspires to become a public affairs officer, possibly with the Army.

For many cadets, their reasons for joining the program were split between fun and practicality.

Sacred Hearts Academy senior Sarah Martin, who is vying for a spot in the Air Force Academy's freshman class next year, feels

the JROTC program balances the skills she's learning in the Civil Air Patrol.

"It looks good on the resume, too," she said.

"We're here for the 'camaraderie,'" Harvey said with a sarcastic slant before answering honestly. "No, it's really fun, and you do get a promotion."

"Yeah, I'm gonna be a staff sergeant," a grinning Shawn Bittner of Damien High School chimed in. "I can't wait to get my little bar."

For details about Punahou School's JROTC program, contact Lt. Col. Robert Takao at 944-5723 or e-mail rtakao@punahou.edu.




'I can see my house from here' — Cadets Robin Cone-Murakami, left, and Rawlin Sasumura attack the Jacob's ladder obstacle, part of the Air Assault Course at Schofield Barracks' East Range, July 25.



Sgt. Nathan Purdy, left, 408th Military Intelligence Company, gives cadets pointers before they begin the land navigation exercise during Punahou School's JROTC summer camp, July 24.

"I hope there are uphill sections..." one cadet said before the squad wandered off into thick vegetation at the East Range. Cadets were given three hours to find various markers using a map and a compass.



3/Today

Army Mini Sports Flag Football – Youth Sports and Fitness at Child and Youth Services presents an opportunity for children born between 2002–2003 to gain basic skills and understanding of flag football. Cost is \$10 and includes a child T-shirt. The program runs through Sept. 14. Parents are encouraged to participate.

Call the Bennett Youth Center Field, Schofield Barracks, at 655-0883, or Aliamanu Military Reservation (AMR) football field, 836-1923.

4/Saturday

Free Ladies Golf Clinic – Ladies, are you looking to improve your golf game? Come to a free ladies golf clinic the first Saturday of any month at 2:20 p.m. at the Leilehua Golf Course driving range, Building 6505, Leilehua Rd.

The clinic is taught by Lou Merkle, a member of the Professional Golfers' Association. Call 655-4643 to sign up.

6/Monday

Tripler Swimming Pool – The Tripler pool will be closed to install a vinyl liner from Aug. 6–Sept. 29. During this period, operational hours for Aliamanu Military Reservation (AMR) swimming pools will be revised to incorporate adult lap swim and Soldier physical training, Monday–Thursday, 6–8 a.m. and open swim hours Mondays, 10 a.m.–2 p.m.

Call the Tripler pool at 433-5257, the AMR pool at 833-0255.

11/Saturday

Championship Wrestling – Come join the fun at the Tropics for a great night of wrestling 7–10 p.m. Doors will open at 6 p.m.; the event starts at 7 p.m.

Cost is \$5 for 12 years old and over, \$3 for 6–11, and free for 5 and under. Call 655-5697.

13/Monday

Invitational Volleyball Tournament – The 2007 volleyball tournament will be held Aug. 24 and 25 at the Martinez Physical Fitness Center, Schofield Barracks. All active duty Soldiers, reservists, National Guard, retirees, military members of other active services working on Army installations in Hawaii, family members, and Department of Defense civilians on Army installations may enter a team.

Entries must be submitted to the U.S. Army Garrison, Hawaii (USAG-HI), Sports

Office, Kaala Community Activities Center, Building 556, Room 100, Schofield Barracks, by close of business Aug. 13. Call 655-0856 or 655-0101.

24/Friday

Company-Level Flag Football – The application deadline for company-level flag football is Aug. 24. All entries must be submitted to the USAG-HI Sports Office. Call 655-0856/0101.

31/Friday

Women's Ultimate Frisbee – The application deadline for battalion-level women's ultimate frisbee is Aug. 31. All entries must be submitted to USAG-HI Sports Office.

Ongoing

Teen Fit – Certified personal trainer Kristy Osborn teaches Teen Fit classes once a week for teens 12–17 years old. These small group classes teach the basics of proper strength training, cardio and stretching in a fun setting. Cost is \$35 per teen. Contact Osborn at 381-5944, or sign up at the Health and Fitness Center.

Well-Being T-Shirts – Earn a Lifetime Sports & Recreation (LS&R) "Targeting Your Well-Being" T-shirt and hat, when you earn LS&R points by participating in award-

winning activities and special events. Pick up an LS&R brochure at any Community Recreation Division (CRD) facility and start earning 1–5 points per activity.

Your first 20 points earns you a limited edition long-sleeve or standard T-shirt, and your second 20 points an LS&R cap.

Completed cards can be turned in at the Schofield Barracks or Fort Shafter Health & Fitness Centers. Call 655-0110. Quantities are limited.

Brazilian Capoeira – Develop the mind, body and spirit to include physical fitness, self-defense and self-discipline through Brazilian Capoeira. Classes are held Tuesdays from 5:30–7 p.m. at the Fort Shafter Physical Fitness Center. Call Mestre Kinha at 247-7890.

Leilehua Golf Course Driving Range

– The golf driving range at the Leilehua Golf Course is open weekdays until 9:30 p.m. Call 655-4653.

Water Aerobics – Come join this exciting workout at Richardson Pool. Classes are held Mondays, Wednesdays and Fridays from 11:30 a.m.–12:30 p.m., and Tuesdays and Thursdays from 5 p.m.–6 p.m.

Classes are \$2 each, or a punch card is available for \$15.

Water aerobics provides a safe and effective exercise alternative that improves fitness levels with little stress on the joints. Call 655-1128.

MWR Briefs

From B-2

auto detailing service for a limited time. To make an appointment or to find out more information, call 655-9368.

Hawaiian Luau Lunch Buffet

– Enjoy the "ono" taste of a traditional Hawaiian-style feast, 11 a.m.–1 p.m. at the Hale Ikena, Fort Shafter, or 11 a.m.–2 p.m. at the Schofield Barracks Nehelani. Cost is \$9.95 per person. Call the Hale Ikena (438-1974) or the Nehelani (655-4466) for lunch buffet reservations or more information.

New MWR Calendar Features

– Visit the Morale, Welfare and Recreation (MWR) Web site, www.mwrarmyhawaii.com, and check out the new calendar feature, which allows users to view the calendar by day, week or month, in a list or tabular format.

Other features allow users to search for events, receive event reminders or notifications of event changes by e-mail or text message, as well as download event info, e-mail event information to friends, and import events to a calendar.

community Sports

Send community announcements to community@hawaiiarmyweekly.com.

August

4 / Saturday

Youth Soccer – AYSO Region 188 at Hickam Air Force Base & Pearl Harbor will be holding final registration for the fall 2007 season of Youth Soccer at the Hickam BX-tra, tomorrow from 10 a.m.–2 p.m. New players will need to show proof of age, 4–18, born between July 31, 1988 and Aug. 1, 2002.

The season runs August–November, and the registration fee is \$55 per player. Pre-register at www.eayso.org (specify Region 188), visit the Web site www.aysoregion188.org, or e-mail the registrar at reg@aysoregion188.org.

5 / Sunday

Hike Oahu – Come join the Hawaiian Trail & Mountain Club on its next hiking adventure, beginning at 8 a.m.

–Sunday, Aug. 5, 9-miler at Schofield Trail, advanced hikers. Lots of ups and downs through beautiful native forest to a lunch spot with breathtaking views of Kahana Valley and the famed Waikane Trail await the adventurous. Coordinator is Doug Klein, 263-8330.

–Saturday, Aug. 11, 3-miler at Kawae-wae, intermediate hikers. The route starts in pleasant Friendship Gardens in residential Kaneohe, but quickly moves beyond the novice category. The views will be great on this hike. Call coordinators Dayle & Jacque Turner to register, 384-4821.

A \$2 donation is requested of non-members 18 and older. Children under 18 must be accompanied by a responsible adult.

Hikers meet at the Iolani Palace, unless otherwise noted. Bring lunch and water on all hikes; wear sturdy shoes and clothing as extra caution may be required on some trails.

Hikers must keep all trails and lunch sites clear of clutter, and treat trees and plants with care and respect. Firearms, pets, radios and other audio devices are prohibited on all hikes. Visit [\[club.org\]\(http://club.org\) for more details.](http://htm-</p>
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13 / Monday

Basketball Clinic – The Child and Youth Services' (CYS) Youth Sports & Fitness program invites military youth to participate in the University of Hawaii (UH) Basketball Clinic, Aug. 13–16 at the Martinez Physical Fitness Center, Schofield Barracks.

The clinic will be conducted by Coach Bob Nash and the UH Men's Basketball Team. Clinic sessions, which will cover passing, dribbling, shooting and defensive skills, will run as follows:

Aug. 13–14, ages 11–17, 4–5:15 p.m., and ages 8–10, 5:30–6:45 p.m.

Aug. 15–16, ages 5–7, 4–5:15 p.m., and ages 18 & up, 5:30–6:45 p.m.

Register at your nearest CYS location, or call the Central Registration Office (655-3314 or 833-5393), the Youth Center, (833-4932, 438-6470 or 655-6461) or the Youth Sports Office (836-1923 or 655-0883).

18 / Saturday

Keiki Rodeo – The Hawaii Women's Rodeo Association (HWRA) will host a Jackpot Rodeo, Aug. 18, at the Diamond J Ranch Arena in Waianae, Aug. 18.

Rodeo action begins at 10 a.m. with open, 3D and keiki barrel racing followed by pole-bending. Admission and parking are free.

Call HWRA President Lu Faborito at 668-9006. Visit HWRA online at www.rodeoohu.com.

24 / Friday

Equality Day Run – Lace up your sneakers for the Women's Equality Day Run, Aug. 24, at Schofield Barracks' Stoneman Field, beginning at 7 a.m. Call Sgt. 1st Class Michael Alicea, 655-0053, for details.

September

8 / Saturday

All-Girls Rodeo – Don't miss the 15th annual Zip Memorial All-Girls Rodeo, Sept. 8, at Kualoa Ranch. This popular and fast-paced rodeo commemorates one of Hawaii's great quarter horse stallions, "AKA Diamond Jim (Zip)," who died unexpectedly earlier this year.

Rodeo action begins at 9 a.m. and will include breakaway and team roping, goat-tying, barrel racing, pole-bending, steer undecorating, and a special exhibition event of "mixed barrels" that will have the



Molly Hayden | Pacific Media Publishing

One paddle, two paddle ...

PEARL HARBOR — Honolulu Pearl Canoe Club members paddle into the sunset during practice, here. The team trains throughout the year for regatta and long distance races. See next week's Hawaii Army Weekly for more coverage of the canoe club and its progress this season.

state's top men and women barrel racers competing against each other in teams.

Tickets are \$7 in advance, \$9 at the gate. Call Lu Faborito at 668-9006 or visit www.rodeoohu.com for details.

Ongoing

Bike Hawaii – Join Bike Hawaii's professional nature guides and explore Oahu from the rainforest to the reef. Packages can include downhill biking, waterfall hiking, and sailing off Waikiki with exclusive access to a remote Hawaiian rainforest.

Meals are included. To schedule your adventure, call 734-4214, 877-682-7433, or go online at www.bikehawaii.com.

Hawaiian Waters Adventure – Hawaiian Waters Adventure Park will keep its guests cool this summer with the addition of two new features: a Giant Tiki and Tipping Tiki Cones. The Giant Tiki dumps more than 500 liters of water onto guests below, while Tipping Tiki Cones splash water onto keiki for cool and exciting fun.

Hawaiian Waters Adventure Park features a variety of unique water rides and attractions for all ages, along with multiple dining options. Weekday admission is \$35.99 for adults and \$25.99 for children, with discounts available for military, kamaaina, groups and seniors.

Annual passes are available. Visit www.hawaiianwaters.com or call 674-9283.

Golfers Wanted – Are you looking for a golf group? Military or civilian golfers interested in playing golf Sunday mornings at Leilehua Golf Course should call 347-8038 or 375-3322. Tee time is usually before 8 a.m.

Masters Swim Program – Team Move hosts a master's swimming program Wednesdays from 7:30–8:30 a.m., and Saturdays from 7–8:15 a.m. in the Pearl City district park swimming pool.

These innovative group workouts are designed for beginning and advanced swimmers. Expert coaching is provided to improve upon form and technique. All ages are welcome. Cost is \$15 per month for Team Move members and \$25 per

month for nonmembers. The pool is located at 785 Hoomaemae St., Pearl City.

Fleet Feet – Faerber's Flyers women's running club invites women of all ages and skill levels to join them at the University of Hawaii track at Cooke Field. The club meets Wednesdays from 5:15–7 p.m. Cost is \$50 per year. Call 277-3609.

Island Adventure Golf – This Hawaiian Waters Adventure Park high-end miniature golf course features 18 holes of fun in the sun, nine 100-percent ADA-accessible holes, and a putting green, all for the entire family to enjoy.

A full round of 18 holes costs \$6.50 for military, youth 12 and under, and senior citizens. General admission is \$7.50. Special group rates are available at \$5.50 per person for groups of 12 or more.

For details, call 674-9283 or visit www.hawaiianwaters.com.

Take Off Pounds Sensibly – The T.O.P.S support group meets every Thursday evening at the Armed Services YMCA. Join others to share weight loss tips, discuss concerns and provide encouragement to each other. Call 696-4423.