

## INSIDE



### Army boats

The 605th Transportation Detachment saves taxpayers' dollars by moving military equipment between islands at cost

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### Town hall

The Oahu North Town Hall meeting will be held Tuesday, 6:30 p.m., at Sgt. Smith Theater, Schofield Barracks.

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### Camp Warrior

The 2nd Stryker Brigade Combat Team will host a Camp Warrior event for children of deployed Soldiers beginning at 8:15 a.m., April 26, on Schofield Barracks.

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### Cultural ADventures

The military ohana learns what the island has to offer through Outdoor Recreation's Adventure Quest program

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**Pounds all around.** Sgt. 1st Class Craig McNeal pounds fists with an Iraqi boy while on patrol in Sadr City, a district of Baghdad, April 1. McNeal is a platoon sergeant with the 2nd Stryker Cavalry Regiment, attached to the 3rd Brigade Combat Team, 4th Infantry Division.

## Gimlets flush terror from Sadr City

Story and Photo by  
**SGT. 1ST CLASS CHRISTINA BHATTI**  
2nd Stryker Brigade Combat Team Public Affairs

BAGHDAD — Days after intense fighting and the call to peace from Shiite cleric Muqtada al-Sadr March 30, Multinational Division-Baghdad (MND-B) Soldiers patrol the outskirts of Baghdad's Sadr City, ensuring the safety of the city's residents.

The poorest of Bagdad's districts, Sadr City has historically been a safe haven for terrorists and the backdrop of many conflicts for coalition forces since the beginning of Operation Iraqi Freedom in 2003.

A company and a platoon of Soldiers from the 2nd Stryker Cavalry Regiment, attached to 3rd Brigade Combat Team, 4th Infantry Division, MND-B are tired, dirty, and work 24 hours a day with only cat naps to sustain them, but they relentlessly take to the filth-rid-

den streets in their mission to drive terrorists out of the area.

What began as a 96-hour tasking on March 26, turned into an open-ended mission and for now, the Gimlets' focus is to support the Iraqi security forces and rid the area of terrorists.

Capt. Scott Bailey, a company commander, said the mission in support of combat operations was a success.

"We had some significant contact when we first arrived," Bailey said, "but we planned good company attacks and now it is pretty quiet here."

Bailey attributes the quiet to a show of force from the Gimlets and other coalition forces and said he is confident that the Gimlets have helped the residents of Sadr City.

Soldiers like Staff Sgt. James Dean, a platoon sergeant, are not so sure.

"We definitely helped stop the shooting,

but only time will tell if we help the people improve their future," Dean said.

When fighting broke out in Sadr City, the Iraqi army checkpoints were targeted by the terrorists. They were consistently mortared and the Iraqi soldiers eventually left the checkpoint.

To help restore their confidence, the Gimlets provided a constant presence and supplies, such as water, to the Iraqi soldiers.

"It is important that we help them get on their feet," Bailey said. "We need to support them and put them out front, so the Iraqi people can gain confidence in their army."

Bailey said he doesn't know when his Soldiers will leave Joint Security Station Ur and head back to their area of operations, but added his Soldiers are working hard to accomplish the mission around Sadr City.

## 8th TSC Soldiers earn top awards

84th Eng. Bn. Soldiers move on to U.S. Army Pacific competition

Story and Photos by  
**SGT. MATTHEW C. MOELLER**  
8th Theater Sustainment Public Affairs

FORT SHAFTER — Relief. That's the general feeling for two 84th Engineer Battalion Soldiers after they were named the 8th Theater Sustainment Command's Soldier and Noncommissioned Officer of the Year, March 28.



Toun



Sullivan

Sgt. Derrick Sullivan, a combat engineer assigned as a driver with Headquarters and Headquarters Company, 84th Eng. Bn., was named NCO of Year, less than one month after being promoted.

"It's a great feeling once they call your name," said Sullivan, smiling. "You feel like you really accomplished something ... it was

SEE AWARD, A-8



Members of the Schofield Barracks Post Exchange, Commissary and Nehelani Advisory Council discuss customer issues during a meeting, Monday.

## Council listens to community

Story and Photo by  
**KAYLA OVERTON**  
Staff Writer

SCHOFIELD BARRACKS — Voices of the community are heard at the bimonthly Post Exchange (PX)/Commissary/Nehelani Advisory Council meetings here.

Garrison leaders and community members met Monday to address and discuss current issues while representatives from the PX, Commissary, Nehelani and Army and Air Force Exchange Service (AAFES)

answered questions and responded to concerns.

"We sit around with the people who matter," said Lt. Col. Mark Boussy, commander, U.S. Army Garrison, Oahu. "Community members' voices are being heard as we give back to the members who use these services."

Participants discussed ongoing safety concerns at the two PX parking lots and the need for an additional stop sign near

SEE COUNCIL, A-8

## DoD phases out SSN on IDs

**GERRY GILMORE**  
American Forces Press Service

WASHINGTON — As a means of combating identity theft, the Defense Department will issue identification cards without full Social Security numbers printed onto them, a senior official said April 3.

The Defense Department cares about protecting personal information as well as increasing database security, Mary Dixon, director of the Defense Manpower Data Center based in Arlington, Va., told Pentagon Channel and American Forces Press Service reporters.

"Identity theft is a very real problem today," Dixon explained. "Criminals who pilfer SSN-bearing identity cards can virtually assume someone's identity through a few computer keystrokes and clicks of a mouse."

Tricare, the military services' health maintenance organization, already has removed Social Security numbers from its members' identification cards, Dixon said.

Plans are to remove the Social Security numbers from identification cards issued to military family members by the end of

this year, Dixon said, noting that those cards still would display the sponsors' SSN, for now. Between 2009 and 2010, all department-issued identification cards will feature only the last four digits of a holder's Social Security number.

About 3.4 million people now have department-issued common access cards (CAC), Dixon said. Around two-thirds of those card holders are military members, and some civilians who deploy overseas, who have full Social Security numbers printed onto the back of their CACs.

"You might lose that card," Dixon pointed out, noting that family members, including children, could misplace their identification cards, too.

Modern information technology precludes the need to have full Social Security numbers printed onto employee and family member ID cards, Dixon said.

"Today, all of our (computer) systems can 'talk' to each other, so we don't necessarily need to know all of that information printed on your card," she said.

New identification cards will be issued as they reach their expiration dates, Dixon said.

## Army to destroy recovered WWI, WWII chemical munitions

**U.S. ARMY GARRISON, HAWAII, PUBLIC AFFAIRS**  
News Release

SCHOFIELD BARRACKS — U.S. Army experts plan to safely destroy 71 legacy chemical munitions here, beginning April 15, using a state-of-the-art contained detonation system called the Transportable Detonation Chamber (TDC).

The TDC is a total containment chamber, so neither the health nor the safety of the Schofield Barracks or neighboring communities are at risk.

The TDC uses a combination of explosives to destroy

a munition and its chemical agent fill and a pollution abatement system to process any off-gases from the destruction process. The TDC's operations are continuously monitored to ensure the complete destruction of the munition's fill.

"As with anything we do, the cornerstone of our efforts is and will continue to be safety," said Col. Matthew Margotta, commander, U.S. Army Garrison, Hawaii (USAG-HI). "The Army's procedures for handling, storing and disposing of recovered chemical munitions begin and end with safety."

The TDC system provides total containment of the process, including containment of any vapors generated when a munition is destroyed within the TDC. However, as added protection, the system is located inside an enclosure (the system enclosure) that would contain any vapors released, should the TDC system have a release. This enclosure, which is completely monitored by both video cameras and air monitors, provides an additional safeguard to the TDC, which is also continuously

SEE MUNITIONS, A-8

## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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Nondelivery or distribution problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3156

## 21 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 4/11/08.

## Commander's Corner

# Misconduct can affect sponsor, entire family

LT. COL. MARK BOUSSY

Commander, U.S. Army Garrison, Oahu

Recently there has been an up-tick in incidents of burglary and defacement of government property on our Army installations on Oahu. While this trend is cause for concern, what is particularly disturbing is that these senseless acts are more often than not committed by fellow service members or their dependents living on post, rather than by local criminals, as many residents often comment at town halls.

As U.S. Army Garrison (USAG)-Oahu commander, I am committed to providing a safe and secure environment in which all Army families can thrive – in truth however, all of us play a part in achieving this goal. This article highlights some of the procedures aimed at maintaining good order and discipline.

### Careers can be jeopardized by a family member's actions

When crimes involve service members, they are typically subject to a number of consequences ranging from a letter from the garrison commander, punishment under the Uniform Code of Military Justice (UCMJ), as well as potential state or federal charges. The results are often devastating and career ending. However, when these crimes are committed by a service member's dependent, the consequences for the service member, their dependent, and their entire family can be equally devastating. It is important

to remember that regardless of the age of the dependent, the sponsor is ultimately accountable for their actions.

Notable recent misconduct includes underage drinking, destruction of government property, graffiti, home break-ins, assaults, school-bus misconduct, as well as teenage dependents who continue to try their hand at shoplifting despite the many cameras and presence of plain clothes security at Army and Air Force Exchange Service (AAFES) facilities. To thwart such mischievous activity, children or dependents under 16 years of age will not go to or remain on any Army installation street, highway, or place, between the hours of 10 p.m. to 4 a.m., unless accompanied by a parent.

### Ramifications of delinquent actions

In the event that a juvenile dependent (under 18 years of age) is charged with committing a crime, a thorough review is conducted by the USAG-Oahu Command Team to determine the nature of the crime and whether it warrants the offender's and their sponsor's appearance before the Juvenile Offender's Board (JOB).

Results of the JOB may include Saturday morning community service, and if appro-



Courtesy Photo

When family members commit a crime on post, such as vandalism at the Schofield Barracks skate park, it impacts the sponsor's career and the entire family.

appropriate, restriction from the post exchange. Additionally, a Letter of Warning (LOW) or a Final Letter of Warning (FLOW) will be sent to the first 0-5 (lieutenant colonel) commander in the sponsor's chain of command informing the service member their dependent may be barred from entering post if their actions continue.

The same type of warning letter is administered when a dependent over the age of 18 commits a crime, shoplifts at AAFES, or is arrested on post. Records of this criminal activity are maintained in a Department of Army database and is easily accessible when a criminal background check is required for employment at any post you or the dependent move to in the future.

If this isn't a deterrent and misconduct continues, the ramifications could be dire for the entire family. This may include barring

the dependent from entering post, essentially requiring the family to find an alternative place for their son or daughter to live, executing an early return of dependents action, or requiring the entire family to move off post if the spouse is the habitual offender and is barred. These are harsh consequences to be sure, but as the garrison commander, I have an obligation to provide a safe and secure living environment for those abiding by the rules and I will not let those few violators ruin such a great assignment for the rest of us.

For assistance with substance abuse counseling as a result of your adolescent family member's misconduct, call Sara Hill at the Adolescent Substance Abuse Counseling Service at 655-9944, or the medical professionals at the Tripler or Schofield Barracks health clinics.

## Celebrate Earth Day with AHFH

ANN WHARTON

Army Hawaii Family Housing

SCHOFIELD BARRACKS – A celebration of the great things Mother Earth has to offer will be held at the Earth Day Festival, April 20, from noon to 4 p.m. at Schofield's Kalakaua Community Center.

Interactive exhibits from more than a dozen community organizations will teach kids and adults about the fascinating environment in which everyone lives.

"AHFH will show families that learning about our environment and finding out how to conserve our natural resources can be fun," said AHFH Project Director Claire Ridding-Johnston. "Whether it's planting a native plant, recycling drink containers or turning off the lights when no one is at home, we can all play a part in sustaining our communities."

Get up-close and personal with a live Hawaiian sea turtle while learning about its habitat and the efforts to protect it. Create colorful tropical fish found in Hawaiian waters while learning about the island's coral reefs and the ocean creatures that call them home. Landlubbers can learn about rare native plants and animals, as well as non-native species that may have hitchhiked to the islands aboard ancient Polynesian voyaging canoes, ocean liners, airplanes or even on people.

Mark the calendar and make plans to bring the whole family for a day filled with exciting, hands-on activities and live entertainment. For more information, log on to [www.Army-HawaiiFamilyHousing.com](http://www.Army-HawaiiFamilyHousing.com) or call the local community center.



Spc. Kyndal Hernandez | 8th Theater Sustainment Command Public Affairs

## Adding a new star

WAIKIKI — Lt. Gen. Benjamin R. Mixon, commander, U.S. Army, Pacific, and Patty Mason place stars on the uniform of Maj. Gen. Raymond V. Mason, commander of the 8th Theater Sustainment Command, as part of Mason's a promotion ceremony during the 8th TSC's Spring Ball at the Hilton Hawaiian Hotel, Friday.

## Soldiers convicted under UCMJ

To deter misconduct and to inform the division's Soldiers and civilians of military justice trends, the Office of the Staff Judge Advocate publishes the results of the following recent courts-martial:

Over the past month, two Soldiers were tried, found guilty, and sentenced for various offenses occurring on and off Schofield Barracks.

A specialist from Forward Support Company, 84th Engineer Battalion, 8th Military Police (MP) Brigade, 8th Theater Sustainment Command (TSC), was sentenced at a general court-martial to forfeiture of \$755 pay per month for two months, to be reduced to the grade of private E-2, to be restricted for two months to the limits of the installation (Schofield Barracks), to perform hard labor without confinement for three months, and to be confined for 103 days, for two counts of disobeying a lawful order and assault consummated by battery.

A private first class from 523rd Engineer Company, 84th Eng. Bn., 8th MP Bde., 8th TSC, was sentenced at a special court-martial to be reduced to the grade of private E-1, to

be confined for four months and to be discharged from the service with a bad-conduct discharge, for absence without leave.

In addition to forfeiture of pay (either adjudged or by operation of law), confinement, and a punitive discharge, each Soldier will also have a federal conviction that he or she must report when filling out a job application. This federal conviction may strip the Soldier of some civil rights, such as the right to purchase and maintain firearms and the right to vote.

**Q:** Why does the Hawaii Army Weekly publish court-martial findings?

**A:** The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.

## LIGHTNING SPIRIT

# Danger and opportunity rest in crisis

CHAPLAIN (MAJ.) JON HOLLENBECK

516th Signal Brigade

The word "crisis" comes from a Greek word, which means to decide or separate.

Webster's New Universal Dictionary defines crisis as, "a serious or decisive state of things" or "the turning point when an affair must soon terminate or suffer a material change."

There are two characters in the Chinese written language that express the meaning of our English word "crisis." Roughly translated, they approximate our words for "danger" and "opportunity." In a crisis, there is inherent danger that things are going to unravel. However, there lies also the opportunity to choose correctly and grow as a human being.

Sometimes critical moments are thrust upon us, like a sudden illness or injury. Even happy events like a promotion or the birth of a child can create a crisis of change.

King Solomon in the holy scriptures of Judaism and in the Christian Old Testament is described to us as a man of great wisdom and the builder of the great temple. Yet, when he first started his job as king, he felt overwhelmed by what lay before him.

He was young, inexperienced, newly married, and was fiercely opposed by his brother, who was trying to kill him. In other words, King Solomon's life was in crisis. Grave danger was imminent, but an opportunity for a long and fruitful reign was there as well.

Solomon's response is to "take it to the Lord in prayer," and this prayer has three parts to it.

First, he thanks God for the mercies he has already received. Second, he acknowledges his own insufficiency to be able to handle it alone. Finally, he asks the Almighty for something, and it is not riches or power or the lives of those who threaten him. Rather, Solomon asks that God give him a discerning heart.

In other words, he asks for the wisdom to see God's will for his life. The result is the young king is changed. His character is altered and he is given, "a heart wise and shrewd as none before and none after."

You and I can't do any better.

## Getting it Straight:

The April 4 edition incorrectly listed the USS Bowfin's deck gun as a 16-inch gun. The weapon is a 4-inch gun. Additionally, in the Feb. 8 edition, page A-1, "Good Samaritans save man's life at Tripler bus stop" Sheila Robinson-Byrd's name was misspelled.

# Voices of Lightning: What steps are you taking to become more energy efficient?



"Small things, like using energy-efficient light-bulbs."

Sgt. 1st Class  
Rosa Fale  
9th RRC  
Senior Human Resources



"Walk and bike more places instead of driving."

Sgt. Jeffrey  
Jenkins  
94th AAMDC  
Assistant Secretary  
General Staff



"Carpool."

Sgt. Michael  
Martin  
TAMC  
Medical  
Maintenance NCO



"Recycle - reuse what we already have."

Capt. Ferlito  
Peroy  
1101st GSU  
Fort Shafter Facility  
OIC



"Conserve water and electricity. Turn it off when you're not using it."

Spc. Jung  
Yoon  
TAMC  
Biomed Technician

# NYC firefighter fights terrorism fire in Iraq

STAFF SGT. J.B. JASO III

1st Battalion, 27th Infantry Regiment Public Affairs

CAMP TAJI, Iraq — On September 11, 2001, Pfc. Nicholas Pata, then a volunteer firefighter in Rockland County, N.Y., assisted rescue efforts after terrorists attacked the World Trade Center in Manhattan.

Twenty-five year-old Pata isn't currently fighting fires — he now fights terrorism as a radio-telephone operator (RTO) assigned to Headquarters and Headquarters Company, 1st Battalion, 27th Infantry Regiment "Wolfhounds," 2nd Stryker Brigade Combat Team.

"After 9-11, seeing and losing (many) friends that were firefighters, I felt I owed it to them to jump into the fight," Pata said. "The time I spent at Ground Zero made up my mind [to join]."

Pata joined the Army in January 2007, where he completed Basic Combat Training at Fort Benning, Ga., and then was assigned to Schofield Barracks, and joined the Wolfhounds in June.

Less than two months later, Pata departed Hawaii with his unit to conduct training at the National Training Center in Fort Irwin, Calif. There, he used his medical skills gained as a fireman and emergency medical technician to save the life of a fellow Soldier who was suffering from a severe heat injury. As a result of his actions and performance during the training rotation, he was awarded the Army Achievement Medal.

After completing training in California, Pata took predeployment leave to relax before a 15-month deployment to Iraq. His leave was not all relaxation, though. He suited up and went back to work as a firefighter. Pata answered the last alarm minutes before he had to return from leave.

"Nick told [his fellow firefighters] before he left for Iraq to keep his 'bunk warm,' and [not to] 'mess with my gear; leave it right where it is,'" said Greg Tobin, a fellow Rockland County volunteer firefighter. "Ever since, he has been gone his gear is exactly like he left it. No one dared to touch it — not out of fear, rather out of respect for the man who wore it."

When Pata left in October, he not only had to say goodbye to his biological family, but he had to say goodbye to his other family, his fellow firefighters, said Tobin.

"His passion as a firefighter to help his community is what Nick lives for. He is a unique person that has risen to the position of captain in the fire department," Tobin added. "He feared no fire; he was always the first into a fire and the last one out, and always making sure he watched over the men he led. He is a brave man, very respected, and very missed by us at home. The community will be safer again when he comes home."



Staff Sgt. Christian Foster | 2nd Stryker Brigade Combat Team Public Affairs

Pfc. Nicholas Pata, a New York City native, who serves as a radio-telephone operator for Headquarters and Headquarters Company, 1st Battalion, 27th Infantry Regiment, 2nd Stryker Brigade Combat Team is presented a Commander's Coin for Excellence by Gen. David Petraeus the commander of Multinational Forces – Iraq, March 12 .

While in Iraq, Pata assists his unit and the Iraqi security forces keep the Taji Qada, safe.

It is his experience under fire that has helped him be a calm presence here.

"Pata always maintains his composure under pressure regardless of the situation," said Maj. Patrick Aspland, executive officer for the 1-27th Inf. Regt. "His maturity and experience gives him this mannerism that he has things under control."

Pata was recognized during a recent visit by Gen. David Petraeus, the commander of Multinational Forces – Iraq, for his exemplary performance in Iraq.

"Your great work is bringing new hope for the Iraqi people," Petraeus said during the award ceremony. "Keep up the terrific work!"

According to Master Sgt. Timothy Jackson, operations sergeant major for the 1-27th Inf. Regt., Pata has been doing terrific work. "He is one of the best RTOs I've seen in my career," said Jackson. "He is able to handle multiple tasks simultaneously. Pata is a great asset to the [battalion]."

Pata has approximately one year left in Iraq before going back to fight a different kind of fire. Pata said he looks forward to going back to Hawaii and eventually returning to New York to continue to serve the people there.



Photo Courtesy of the Pata family

Nicholas Pata works as a volunteer firefighter in the Rockland County Fire Department prior to joining the Army. Pata assisted in the rescuing efforts after the attacks on Sept. 11, 2001.

## Sons of Iraq discover large cache of weapons

MULTINATIONAL DIVISION – BAGHDAD

PUBLIC AFFAIRS

News Release

TARMIYA, Iraq — In cooperation with the local sheik, Sons of Iraq members notified Multinational Division – Baghdad of a substantial munitions cache northwest of Baghdad, April 1.

The Soldiers from 1st Battalion, 14th Infantry Regiment, 2nd Stryker Brigade Combat Team, searched the area and found a cache of more than 100 68 mm rockets, rocket fuses, helicopter rockets, 82 mm mortars and mortar fuses.

"The [Sons of Iraq] are the heroes of the day. They found this very large cache and took it out of the hands of the terrorists," said Maj. Al Hing, 2nd Stryker Brigade Combat Team spokesperson. "Looking at the sheer amount of munitions that will not be used against Iraqi security forces, coalition forces and the people of Iraq, terrorists are going to have a harder time doing their ugly business. The partnership that worked together to remove this cache makes for a safer and more stable Iraq."

Also, the cache contained more than 500 artillery fuses, empty rocket bodies and 155 mm artillery shells; 75 boxes containing 14.5 mm heavy machine gun ammunition; and nine large boxes containing loose 14.5 mm heavy machine gun ammunition.

An explosive ordnance disposal team evaluated the find and assumed control of the munitions cache.

# 'Wolfhounds' improve lives of villagers in Abu Assif

Story and Photo by

**SGT. JEROME BISHOP**

2nd Stryker Brigade Combat Team Public Affairs

ABU ASSIF, Iraq – Multi-National Division – Baghdad Soldiers took to the streets to conduct Operation Gunslinger New York Island – a village assessment of Abu Assif, northwest of Baghdad, recently.

Soldiers from A Company, 1st Battalion, 27th Infantry Regiment, 2nd Stryker Brigade Combat Team, "Warrior," walked and talked with the villagers to get a better idea of their day-to-day lives.

"Our major focus is to secure and protect the population. To effectively do that we need to see who's around," said Lt. Col. Richard "Flip" Wilson, battalion commander of the 1st Bn. 27th Inf. Regt. "The men from Company A continue clearance operations north and west (of Baghdad) and take a look at villages in our area that we haven't been able to touch before," he said.

While the Sons of Iraq (Abna al Iraq) checkpoints were both the first and last stops made by the foot patrol through the muddy streets of the village, the operation as a whole held a much larger purpose.

When entering a new village in an unit's area of responsibility, getting eyes



First Lt. Devon McRainey, platoon leader with Company A, 1st Battalion, 27th Infantry Regiment, 2nd Stryker Brigade Combat Team, 'Warrior', snaps a picture of the village of Abu Assif from the top of a Sons of Iraq (Abna al Iraq) check point during a recent village assessment mission.

on the conditions of essential services, security issues and the maintenance of facilities is an important step in making contact with the locals, said 1st. Lt. Devon McRainey, platoon leader with A Co., 1st Bn. 27th Inf. Regt.

"Next time a unit comes up there they'll know exactly where things are," he added.

The Soldiers of A Co. wasted no time in getting to work on assessing and gathering the information needed, which is always made easier with the help of the residents.

"My main focus is the school," said McRainey "because it's (the assessment) the easiest to do and it'll see the most

benefit for the children."

Assessing the village in terms of gathering information required to provide better assistance for the locals was successful, however, the condition of the village itself left much room for improvement, giving the Soldiers of the 1st Bn., 27th Inf. Regt. future missions to ac-

**Send a DVD message to your deployed Soldier for free**

Family members can record a 30-second video message on DVD to send to their deployed Soldier. The free service is offered every Saturday from 10 a.m.-2 p.m. at Schofield Barracks' TV2 station. To reserve a spot, contact Larry Thomas at 295-0205 or e-mail [Larry.Thomas9@us.army.mil](mailto:Larry.Thomas9@us.army.mil).

complish to help their neighbors.

"This area is very challenged with water," said Wilson. "The biggest challenge for them right now is to get good water for them to grow crops and drink."

With the government of Iraq expanding its sphere of influence among its citizens, getting representatives to assist in the improvement of Abu Assif is also a future goal to benefit the village, he added.

Not long after the meet and greet with the locals started, the Soldiers of A Co. loaded up in the vehicles with a better understanding of the condition of the village, as well as numerous ideas and plans to improve the standard of life of the villagers.

**OIF**

# Specialist pushes personal boundaries

Story and Photo by  
**PFC. JAZZ BURNEY**

3rd Infantry Brigade Combat Team Public Affairs

SCHOFIELD BARRACKS – Resilience, perseverance and endurance; these concepts are the life source of an infantryman. For one Soldier in particular, pushing personal limits has forged him into a leader.

Spc. Daniel Gonzalez, an infantryman with Headquarters and Headquarters Company, scouts, 2nd Battalion, 27th Infantry Regiment, strives to be the best as he completes the infantry's requirements of the expert infantry badge (EIB).

"I always challenge myself so that I can know my limits, to see how far I can push those limits all the while increasing the endurance of my indomitable spirit," he said. "Wanting to do things that would challenge my very life, as in doing things that others were unwilling to do, has always motivated me."

Gonzalez, 21, a native of California, said his father instilled resilience and perseverance in him from an early age. Later at Paris High School, Gonzalez used those traits to become an integral player on his soccer team.

"I played the midfield position and was always the player running to control the flow of the game. I had that natural competitiveness that demanded the top spot for the team," he said.

Gonzalez humbly admitted he always looked up to his elder brother's achievements as motivation for his own success.

"In tenth grade the idea of joining the military began to take flight as I would see the success of my brother who was already ... in the Army as a field medic. He was the actual person that persuaded me to go Army because I was contemplating joining the Marine Corps," he said, laughing.

When asked the question "Why infantry?" Gonzalez said it made sense to him after living and learning the life of an infantryman.

"The infantry has a vital role in the structure and continuation of the Army. An infantryman experiences the battlefield to its highest extent, and we are the ones that receive the worse and best of what the Army and a Soldier experiences. With that, this is one of the most demanding jobs of the Army and it fit exactly the very qualities of challenge I was looking for," he said.

"The training of the infantry is a gateway to be successful in majority of the prominent schools that the Army offers: Ranger, Airborne, and Air-Assault. These are the schools that I will complete because of the efficiency



Spc. Daniel V. Gonzalez, an infantryman, Headquarters and Headquarters Company, scouts, 2nd Battalion, 27th Infantry Regiment, strives to be the best as he completes the infantry's requirements of the Expert Infantry Badge (EIB).

**"If you can dream it, you can conceive it. If you can conceive it, you can achieve it."**

*Sgt. Edgar Salas  
2-27th Infantry Regiment*

of the EIB training. The EIB training itself indicates that an infantryman is able to 100-percent perform their job to the Army's standards," he said.

Several Soldiers who have led Gonzalez commented on his drive.

"If you can dream it, you can conceive it. If you can conceive it, you can achieve it. This is a mentality that I have tried to instill into the lives of my Soldiers," said Sgt. Edgar Salas, Gonzalez former squad leader, C Company, 2-27th Inf. Regt. "Gonzalez has always been motivated to succeed and excel. He started off as a semiautomatic-weapon gunner, and then after we got back from Iraq, he started picking up the .240 caliber weapon to learn more about it. Once he achieved that goal, he drove on in the efforts to become a

ranger. He is never happy with the level that he is at and never settles for his current position. That's what makes him a great Soldier."

"Gonzalez, even while deployed, proved to me how serious he was about progressing in his career," said Sgt. Christopher L. Fairburn, scout's squad leader, 2-27th Inf. Regt. "While a lot of Soldiers talked about continuing to go to school when they returned to garrison and do what was necessary to succeed, Gonzalez was the only one who stood out and let his actions speak louder than his words, and that's the resilience that will take him to the next step," he said.

Gonzalez said his future in the Army is looking up.

"The EIB gives testimony to the recipient's competence of the warrior tasks and drills needed for others to depend and trust upon that individual when the circumstance calls for it," he said. "With that in mind, if I continue to push my limits and strive for the things that challenge me, those who look up to me can have that assurance in the leader that I am becoming based upon my experience and training."

## Certification proves easy task for MP team

The 13th MP Det's Special Reaction Team learns latest tactics for high-risk situations

**CAPT. MARTIN SCHMIDT AND  
SGT. 1ST CLASS DAVID JOHNSON**  
8th Military Police Detachment

The Special Reaction Team, 8th Military Police "Watchdog" Brigade, is a full-time specialized law enforcement section.

Recently, the SRT underwent their annual certification exercise. The certification is a week-long process. The team was evaluated on their alert and assembly procedures, mission planning, reconnaissance, and mission execution operations.

The certification standards consist of scenarios ranging from barricaded subjects with hostages, drug raids and vehicle assaults.

The team successfully achieved its certification by training aggressively for four months. Training took place in all conditions; rain, day and night.

Role players made the training more realistic, which enabled team members to remain physically and mentally ready when called upon.

The team consists of 16 Soldiers, each with specific duties; however, each Soldier has been



Sgt. 1st Class David Johnson | 13th Military Police Detachment

Special Reaction Team members practice shooting techniques and stances. Shooting drills are a vital training tool used to ensure that the team members aim is accurate.

cross-trained in all positions on the team. Each is fully-trained and equipped to encounter any threat or situation that the Army community may be faced with.

Potential threats range from hostage situations, suicide attempts, barricaded subjects, narcotic raids and high-risk warrant arrests.

The primary mission of any SRT is to save lives and neutralize the threat using the mini-

mum force necessary. The team is constantly training on the latest tactics, techniques and procedures in order to improve their skills.

With the recent certification complete, the SRT will now align its sights on an upcoming antiterrorism exercise where it will again be tested and validated. This large scale exercise is designed to test multiple agencies, both military and civilian, during times of crisis.

# 45th Sus. Bde.'s boat detachment saves taxpayers millions

Story and Photos by

**SGT. MATTHEW MOELLER**

8th Theater Sustainment Command Public Affairs

HICKAM AIR FORCE BASE – With the U.S. economy possibly entering a recession and increasing inflation making basic necessities more and more expensive, everyone is watching their spending more carefully – including the military.

Soldiers from the 45th Sustainment Brigade's 605th Transportation Detachment, aboard the U.S. Army Vessel Chief Warrant Officer 3 Harold C. Clinger Logistic Support Vessel 2, save taxpayers millions of dollars each year by providing low-cost transportation of military equipment and cargo for training missions at Pohakuloa Training Area (PTA) on the Big Island.

"If you were to contract just one of these movements to the Big Island [to a civilian company], it would come out to almost \$100,000; we do it for a lot less," said Sgt. 1st Class Francis Silva, 605th Trans. Det. sergeant.

Army equipment is transported for free, said Chief Warrant Officer 3 Christopher K. Montroy, detachment commander; other military services are charged for the basic cost of transportation, approximately \$26,000, saving more than \$70,000.

Factor in that the 605th transports cargo and equipment to the Big Island three to four times a week and those savings add up.

"You can lay it all out and do the math," Silva said, "but no matter how you slice it, we're going to save the [U.S. taxpayers] quite a bit of money."

According to Montroy, the unit is able to save so much because it doesn't seek to make a profit. The 605th is careful to only charge expendable items being used while at sea.

"We burn fuel obviously, that and [expendable items], toilet paper for instance, that's where our money is going," Montroy said.

Recently, the unit transported equipment in support of a Marine Corps training mission to PTA. During the seven-



A Soldier serving aboard the U.S. Army Vessel Chief Warrant Officer 3 Harold C. Clinger Logistic Support Vessel 2 guides a humvee onto the ship.

day mission the detachment made three trips between Oahu and the Big Island. By using Army vessels to transport equipment instead of contracting commercial businesses, the Marine Corps saved taxpayers' money.

The USAV Chief Warrant Officer 3 Harold C. Clinger (LSV-2) is one of two ac-

tive duty Logistical Support Vessels stationed in Hawaii at Hickam Air Force Base. Its sister ship, the USAV Maj. Gen. Charles P. Gross (LSV-5), supports a similar mission.

Both vessels are part of the 545th Transportation Company, 45th Sustainment Brigade.



A 605th Transportation Detachment Soldier and a 45th Special Troops Battalion Soldier secure a Light Medium Tactical Vehicle (LMTV) to the U.S. Army Vessel Chief Warrant Officer 3 Harold C. Clinger Logistic Support Vessel.

# MWR phishing e-mail was Army exercise

**WILLIAM BRADNER**

Family and Morale, Welfare and Recreation Command

More than 10,000 Soldiers, civilians and family members with military e-mail addresses received an e-mail, March 30, promising free tickets to area theme parks, with a link to a Web site that appeared to belong to the Family and Morale, Welfare and Recreation Command (FMWRC).

These e-mails were sent without the knowledge or consent of the FMWRC or installation MWR offices. These e-mails were "phishing" e-mails developed by the Army Computer Emergency Response Team (ACERT) in a Global Computer Network Defense exercise, Bulwark Defender '08 to test the defensive posture of the Army LandWarNet.

FMWRC officials were not alerted to the exercise in advance because the unit "limits the number of trusted agents" in phishing exercises of this type, according to ACERT officials.

FMWRC reacted decisively by informing their patrons that the offer was not legitimate, distributing a press release to media outlets worldwide to warn as many customers as possible, and coordinating through Army legal and information technology offices to have the bogus Web site shut down.

When ACERT officials finally confirmed later the following day that the e-mail and Web site were part of their exercise, FMWRC began coordinating with ACERT to prepare

messages and media responses addressing the phishing scam, and more importantly, the breach of trust it represents to MWR customers.

"From the outside, looking in, the customer has no way of knowing FMWRC was not involved in this exercise," said Laurie Pugh, Public Affairs Officer for FMWRC.

FMWRC routinely sends e-mail messages to its customers and press releases to installation newspapers, inviting patrons to visit the official Web site to learn about new offers and promotions.

"The Family and MWR Command has spent decades and millions of dollars establishing our brand as one that can be recognized and trusted by Soldiers and families," Pugh said. "We have yet to determine how much of that trust has been undermined by this exercise."

The e-mail and Web site created by ACERT were convincing enough to entice more than 3,000 people to click through, in part because of the use of the MWR Web graphics and logo, and in part because patrons are used to receiving similar messages.

"It's important to be alert to potential phishing attempts," Pugh said.

All legitimate e-mails from FMWRC will come from a .mil address, and links will direct patrons to www.armymwr.com. When in doubt, do not click through the e-mail. Type www.ArmyMWR.com directly into a

Web browser and see if the offer is advertised on FMWRC's official Web site.

ACERT officials sent a follow-up email to the original 10,000 recipients of the "phishing" e-mail describing the exercise and asserting the e-mail was non-malicious.

Their second e-mail reads, in part: "For those individuals responding to the ACERT phishing attempts regardless of what you submitted, no personal data was collected or transmitted."

This exercise illustrates how hackers can turn the popularity of a trusted resource such as the MWR Web site against unwitting personnel by using real information and activities openly available on the Internet.

We apologize for any inconvenience or false hope these e-mails may have caused. As users of Army network and information systems, you play an integral role in the information assurance and network security posture for the Army. As you know, phishing e-mails are a common method used by hackers to infiltrate Army networks and systems.

We appreciate your participation in this exercise. It is important for everyone to know the MWR brand can be trusted, so please forward this e-mail to anyone you may have shared the original "phishing" e-mail with."

For more information, contact the ACERT at (703) 706-1113.



Sgt. Gilbert Villalobos | 3rd Squadron, 4th Cavalry Regiment

## Pick of the litter

SCHOFIELD BARRACKS — Soldiers of Desperado Troop, 3rd Squadron, 4th Cavalry Regiment negotiate the litter carry portion of the squadron's physical fitness competition, recently.

# News Briefs

Send news announcements for Soldiers and civilian employees to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

### 12 / Saturday

#### Extended Tax Center Hours of Operation

- In anticipation of the tax deadline rush, the Schofield Barracks Tax Center will be open on Saturday, April 12, 9:30 a.m.-3 p.m.

The Tax Center is located next to the Sgt. Smith Theater, Building 648. For more information, call 655-1040.

### 14 / Monday

#### 2008 Army Family Action Plan

- The 2008 Army Family Action Plan conference, "Building the Future of Hawaii," April 14-16, will kick off with an ice breaker at 6:30 p.m., April 16, at the Nehealani, Schofield Barracks.

The purpose of the conference is to fix the quality of life issues submitted by the local military community. For more information, contact Tracey Clark at 656-1703.

### 15 / Tuesday

#### Town Hall

- The next Oahu North Town Hall meeting, for residents of Schofield Barracks, Wheeler Army Air Field and Helemano Military Reservation, will be April 15.

Meetings begin at 6:30 p.m. at the Sgt. Smith Theater, Schofield Barracks. Dates are subject to change. Call 655-0497 for more information.

### 16 / Tuesday

#### SAMC Inductions

- The Sergeant Audie Murphy Club and Dr. Mary E. Walker Award Induction ceremony will be held at the Schofield Nehalani Wednesday, April 16 at 3 p.m.

Stop by to congratulate the new inductees. For more information, contact Sgt. Avery Hills at 655-9248.

### 17 / Thursday

#### Retirement Ceremony

- The next 25th Infantry Division retirement ceremony will be at the Post Conference Room, Schofield Barracks, April 17, 2 p.m.

### 21 / Monday

#### Antiterrorism Exercise

- The U.S. Army Garrison, Hawaii (USAG-HI) will conduct its annual antiterrorism exercise April 21-24.

The annual requirement validates force protection plans and trains officials to better protect the community and installation assets.

Several mock terrorist attacks will be taking place, which may affect your areas of work, travel and parking.

Throughout the week, USAG-HI will use its Giant Voice System to announce the evacuation of various buildings within the exercise areas.

If your building is designated for evacuation, you will be notified in advance.

For more information, call 656-5397.

# Award: 84th Eng. Soldiers rise to top

CONTINUED FROM A-1

a great experience.”

The two Soldiers battled through military-related questions presented to them by a board of senior-ranking NCOs from the 8th TSC.

While both Soldiers’ boards were similar, they left with very different experiences.

Toun may have displayed cool confidence to his graders, but inside he was battling withering nerves and second guesses.

“Before I walked in [into the board] I was scared,” said Toun, laughing. “It takes along time for me to get my mind set when [I’ve] got all these questions scrambled in [my] head, and [I] don’t know what they’re going to ask.

“I just walked around for about 30 minutes. I did not want to go into that board, but in the end it was all worth it,” he added.

For Sullivan, the board offered new challenges. Having been promoted at the beginning of March, he had never attended a board as an NCO.

“It’s a big jump from the Soldier of the Quarter board to the NCO of the Year board,” he said. “The caliber of questions they ask you [as an NCO] are at a completely different level, more in depth. You just have to be prepared.”

Sullivan credits his past boards in helping him be ready.

“Over the period of the time that I was working my way up from the Soldier of the Month board to the [NCO] of the Year board, it got comfortable for me,” he said. “After my first two or three boards I became really confident with it.”

Toun and Sullivan both realize the hard road they took to get where they are now.

“My wife thinks I’m crazy,” Toun said. “She thinks I need to calm down. But she knows I love the military, and she helped me study... She helped me out a lot; everyone did.”

“It takes up a lot of time, I had to make a lot of sacrifices so I could study,” said Sullivan. “Just glory to God, he got me where I am today.”

Both Soldiers will go on to represent the 8th TSC in the U.S. Army Pacific’s Soldier and NCO of the Year competition in June. The grueling six-day event will test Soldiers in real-world combat scenarios, such as reacting to an improvised explosive device, land navigation and weapons qualifications.

The winners will be announced on the final day of the event at the USARPAC Ball, and will represent the command in the 2008 Soldier and NCO of the Army competition later this year.

# Council: Consumer advisory council responds to community

CONTINUED FROM A-1

the First Hawaiian Bank.

In addition, AAFES is overseeing the renovation of the coin-operated car wash located at Duck road near the Lyman gate, that is estimated to be completed by April 19. AAFES also is looking at the potential of self-checkouts at the PX.

“This is a great idea, and we’re taking a look at the possibility,” Mike Polczynski, general manager, AAFES Hawaii Exchange.

Community members expressed concerns about unauthorized people using the facilities at the AAFES gas station, PX and commissary. The commissary has started conducting card checks once a month for two hours in the morning and another two hours in the afternoon.

The Nehelani received compliments on improvements at the club as additional staff members were hired, including a chef.

Community members with issues or questions are welcome to attend the advisory council

meetings or fill out an issue paper and their question will be addressed at the next meeting.

“Members of the community are encouraged to participate as we reach out for these issues and reach out to the community,” said Cathy Bailie, Oahu north community director, U.S. Army Garrison.

“Members of the community are encouraged to participate as we reach out for these issues and reach out to the community.”

*Cathy Bailie*

*Oahu North Community Director*

The next meeting will be June 2, at 10:15 a.m. in the Small Post Conference Room.

For more information, contact the U.S. Army Garrison, Oahu, Oahu North Community Director’s Office, at 655-0497.

# Munitions: Ordnance to be disposed of safely

CONTINUED FROM A-1

monitored.

In terms of safety, the TDC and the system enclosure were designed to provide redundant containment capabilities.

“The Army’s use of total containment technology, within a system enclosure, to destroy these recovered chemical munitions ensures the protection of our workers, the public and the environment,” said David Hoffman, TDC program manager, Office of the Project Manager for Nonstockpile Chemical Materiel, U.S. Army Chemical Materials Agency (CMA).

The Army is using the TDC to destroy one munition that has a chloropicrin fill. Chloropicrin causes tearing, vomiting and choking. It is also used in insecticides and fumigants. The remaining 70 munitions are filled with phosgene. Phosgene causes choking and was used extensively during World War I. Phosgene is also used commercially to make plastics and pesticides.

“The Army has been in Hawaii and has trained on some of these ranges, longer than I, or most other people, have been alive,” Margotta said. “The chemical munitions we recovered are historical munitions, dating back to World War I and World War II. These munitions are no longer used.”

As a signatory to the Chemical Weapons Convention, the U.S. is prohibited from developing, producing, stockpiling or using chemical weapons.

“When the U.S. finds and identifies a munition as a chemical munition, the U.S. is required to declare it to the Organization for the Prohibition of Chemical Weapons, and destroy it,” said Hoffman.

Accordingly, USAG-HI officials immediately initiated actions to safeguard and declare these recovered chemical munitions that were found and identified between 2005 and 2007 during range clearance operations here.

Army officials have extensively coordinated this effort with local, state and federal agencies, including the Centers for Disease Control, the Department of Health and Human Services, the Hawaii State Department of Health, and the City and County of Honolulu. This deliberative and collaborative effort ensures that safeguards are in place to protect the health of the community and the environment.

Currently, the 71 recovered chemical munitions are in a safe, secure storage on Schofield Barracks. The munitions are packaged in Department of Transportation-approved containers that are designed to contain a potential leak.

Hoffman expects all 71 munitions to be destroyed in 15 days, provided the weather cooperates. The crew and TDC will be here for roughly one month.

**STEPPING BACK IN TIME***Military ohana embraces unique Hawaiian traditions*

Story and Photos by  
**MOLLY HAYDEN**  
Staff Writer

SCHOFIELD BARRACKS — Shelly Leslie, outdoor recreation branch chief, Directorate of Family and Morale, Welfare, and Recreation (DFMWR,) sat behind the wheel of a white van as 13 members of the military ohana piled in for an aquaculture adventure. The half-circle island tour of northern Oahu began here, Saturday, to educate and entertain Soldiers and their families on Hawaii's unique culture and environment.

"We're going to be together all day," said Leslie. "Let's get to know each other."

Introductions passed effortlessly among passengers as everyone geared up for the driving tour and educational island experience.

Driving in the saddle of the Koolau and Waianae mountain ranges on H2, Leslie pointed out an African tulip tree and Golden Shower trees that lined the sides of the road, and gave a brief history of how the island has changed in recent years. Passengers sat tall in their seats to catch a glimpse of Ford Island and Pearl Harbor in the distance. Exotic foliage created a vibrant backdrop and kept the group intrigued throughout their journey.

As the drive continued up H3, Leslie schooled the group on Hawaiian language and traditions and answered questions from inquisitive passengers.

Leslie, born and raised on Oahu, provided a wealth of information regarding the island, helping passengers understand the region that many were experiencing for the first time.

The Hice family arrived to the island less than three months ago and joined the tour to learn more about their new home.

"We love the outdoors," said Sgt. Frank Hice, 325th Brigade Support Battalion. "And this tour is not just about what we are experiencing, it's about the whole island."

"It's fun to explore and this tour is educational for both us and our son," added wife, Cornelia.

Outdoor Recreation Hawaii recently started the Adventure Quest program, "See ... Land ... Live ... The Hawaiian Adventure" to encourage Soldiers and family members to experience Oahu's unique environment.

"We have summer weather here 365 days out of the year," said Leslie. "We want to have programs that utilize these conditions."

The programs are geared toward redeploying Soldiers, newcomers to the island and family members as a way to have fun while learning what the island has to offer.

Activities range from simple hikes the whole family can enjoy, to sky diving and paintball adventures for the more daring military members.

The aquaculture adventure group eventually arrived at its destination, the Kualoa Ranch, to learn how ancient Hawaiians fished and lived. Participants listened attentively as education coordinator Barbara Santos gave a briefing on the ranch and explained safety precautions.

Nestled in the northeastern side of Oahu in the Hawaiian countryside, the family-owned and operated ranch has been a role model as a steward of the land of Hawaii, providing tours and educational outreach. The 4,000-acre working cattle ranch, spread from the steep mountain cliffs to the sparkling sea, functioned as an outdoor classroom for Hawaii's unique environment and culture.

The group walked down a narrow path to a shrimp pond in the Hakipuu valley, where each person had a chance to participate in an authentic Hawaiian throw-net experience.

Participants launched nets into the water, pulling them in slowly in anticipation of a catch. Emptying the nets on the grass, shrimp and gambusia mosquito fish bounced around as children giggled and family members scrambled to pick them up.

"This is a great way to explore the island and learn something new," said Lt. Col. Glenn Waters, 3rd Battalion, 7th Field Artillery Regiment. "It's not only for Soldiers, but families and couples. It gives us things to do."

Tired, muddy and doused in pond water, the group piled back into the van to continue its adventure around the north-east side of the island.

Passing Sunset Beach, passengers caught a glimpse of a surf competition and observed turtles lounging on the beach at Turtle Bay.

The group arrived back at Schofield in the early evening.

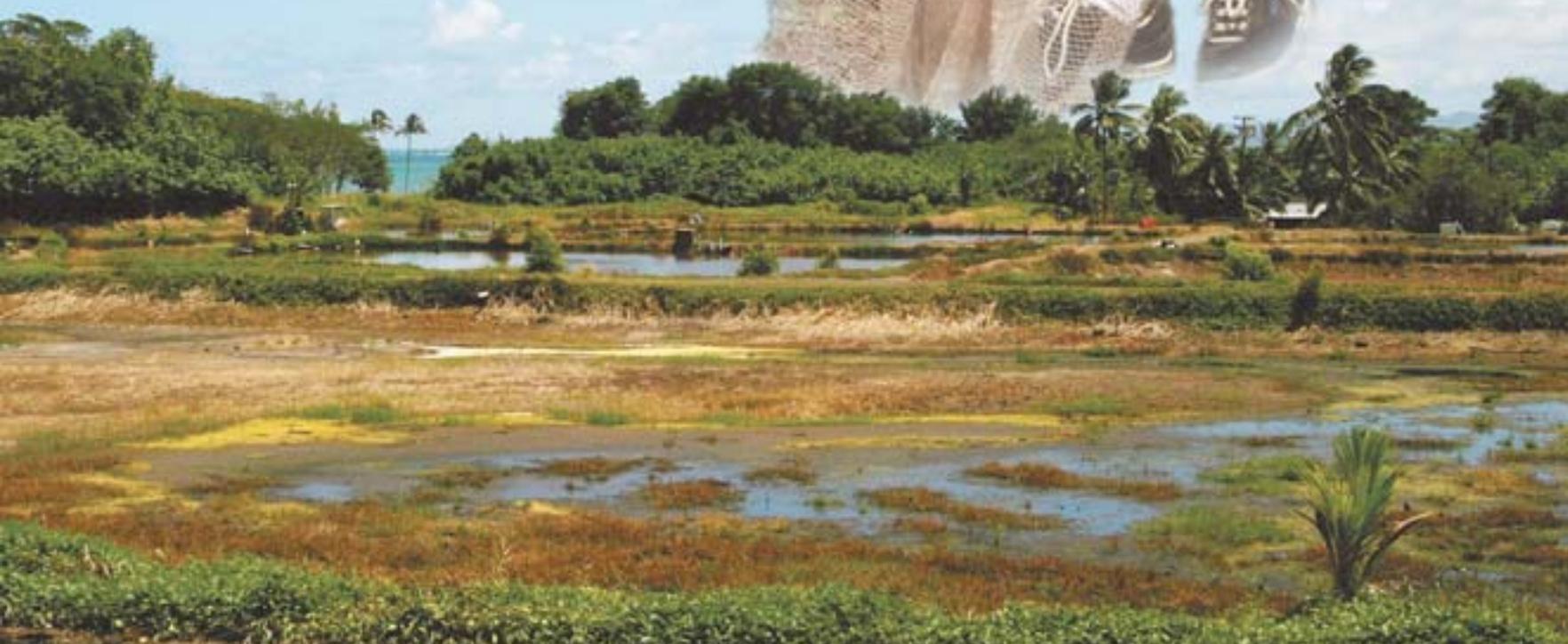
"This program is new and still growing," said Leslie. "We have such a wide variety of people in the military and we want to provide a wide range of programs to suit everyone."

For more information on the Adventure Quest programs, e-mail Shelly Leslie at [shelly.leslie@us.army.mil](mailto:shelly.leslie@us.army.mil) or call 655-0143.

Sgt. Frank Hice, 325th Brigade Support Battalion, assists son Michael as he casts his net into the shrimp pond. The aquaculture adventure gave Soldiers and family members a chance to learn how the ancient Hawaiians fished and lived.



Sgt. Frank Hice, 325th Brigade Support Battalion, inspects a prawn during an educational briefing on ancient Hawaiian fishing at Kualoa Ranch, Saturday.



Kualoa Ranch is one of the most historically significant destinations on Oahu, and in ancient times, one of the most sacred places on the island. The military ohana gathered Saturday to learn about the area's history.



**11 / Today**

**Leilehua Grill Music Event** - This event will feature entertainment by Jon Basebase & Co. with smooth, contemporary island music, featuring the original hit song "Suddenly." There will be no cover charge and no drink minimum. A pupus menu will be available along with an open cash bar. Head to the Leilehua Grill, located at the Leilehua Golf Course, Building 6505, today, 2-6 p.m. Call 655-4653.

**12 / Saturday**

**Digital Camera Class** - Learn the fine art of digital photography and how to get your money's worth out of that expensive new digital camera, April 12, at Schofield Barracks Arts & Crafts, 1:30-3:30 p.m. The program also repeats on April 19 and 29. Call 655-4202 for more information or to register.

**Deep-Sea Fishing** - Join Outdoor Recreation, April 12, 11:30 a.m., for deep-sea fishing. Transportation and a cooler with ice for the fish are provided. The cost is \$62.50 per person and there is a limit of six participants per session. Call Outdoor Recreation at 655-0143.

**15 / Tuesday**

**Library FunFest** - Help celebrate National Library Week by joining in the FunFest at all Hawaii Army libraries. There will be balloon animals, face painting, games and crafts available for children of all ages. These events will be held 3-4:30 p.m. at the Fort Shafter Library, April 15, the Sgt. Yano Library, April 16, and the Aliamanu Library, April 17. Call Fort Shafter at 438-9521, the Sgt. Yano Library at 655-8002 or the Aliamanu Library at 833-4851 for more information.

**17 / Thursday**

**Mom and Tot Crafts** - This is a great new way to keep your tots entertained and expand their world of learning. A new, free Mom and Toddler studio is now available every Thursday at Schofield Barracks Arts & Crafts, 10-11 a.m. Call 655-4202 for more information.

**Texas Hold 'Em Poker** - Test your skills against the best of the best in this free tournament, April 17, 6:30-9:30 p.m. All ID card holders 18 and older are welcome, but only the first 120 will be able to play. Call 655-0002.

**19 / Saturday**

**Read to the Dogs** - Children who are able to read on their own can sign up for a



Jeremy S. Buddemeier | U.S. Army Garrison, Hawaii, Public Affairs

**Calling all chaplains**

SCHOFIELD BARRACKS — Chaplain (Col.) John Powers, 311th Signal Command, addresses fellow chaplains during the Chaplains Annual Sustainment Training for Unit Ministry Teams at the Main Post Chapel, Tuesday. This year's weeklong training, which was themed "Spiritual Leadership in Persistent Conflict," drew more than 70 chaplains from active, reserve and National Guard units throughout the Pacific.

15 minute session to read to a dog at Sgt. Yano Library, Schofield Barracks, April 19, 11 a.m.-noon. All reservations are on a first-come, first-served basis. Call 655-8002 for more information.

**Wellness Seminar** - A personal trainer will present information on healthy eating and exercise habits at the Aliamanu Military Reservation Library, April 19, 12:30 p.m. Call 833-4851 for reservations.

**20 / Sunday**

**BOSS Surf Trip** - Better Opportunities for Single Soldiers will be offering Barber's Point Surf Lessons, April 20, 10 a.m.-5 p.m. This is a chance to ensure you didn't come all the way to Hawaii without learning how to surf. Lessons cost \$20 per person and includes board rental and lunch.

Contact your BOSS representative or call the BOSS Office at 655-1130 for more information.

**22 / Tuesday**

**Blood Drive at the Tropics** - Did you know that each pint of blood you donate can save up to seven lives? Don't miss your chance to donate blood to help our fellow Soldiers and Army families on April 22, 10 a.m.-2 p.m. at the Tropics, Schofield Barracks. Call 655-0002 for more information.

**Job Fair** - Army Community Service is sponsoring two upcoming job fairs, April 11 and 25, 9 a.m.-noon. at ACS, Building 2091, Schofield Barracks.

Whether you're a first-time job seeker or not, job fairs open the door to a variety of employment opportunities. Attendees have the chance to apply for positions and meet representatives from companies such as Enterprise Car Rental, Nurse Finders, NAF jobs, AAFES, Coastal International Security and many more. Admission for job seekers is free. And don't forget to bring your resume! Call 655-4227 for more information.

**12 / Saturday**

**Extended Tax Center Hours of Operation** - In anticipation of the tax deadline rush, the Schofield Barracks Tax Center will be open Saturday, April 12, 9:30 a.m. - 3 p.m. The Tax Center is located next to the Sgt. Smith Theater, Building 648. For more information, call 655-1040.

**Mauka to Makai Environmental Expo** - The city and county of Honolulu, Department of Environmental Services Storm Water Quality Branch, State of Hawaii Department of Health's Clean Water Branch and the Waikiki Aquarium will hold an environmental expo at the Waikiki Aquarium. Admission to the aquarium is free to the public, April 12, 9 a.m. - 4:30 p.m. The expo will showcase the efforts of government agencies to preserve and protect Hawaii's environment with an emphasis on the island's unique water resources from mauka to makai. For more information, visit www.cleanwaterhonolulu.com.

**Year of the Reef Beach Clean Up** - Come celebrate International Year of the Reef with the U.S. Army Corps of Engineers, Honolulu District in a Beach and Berm Clean Up. Volunteers will meet at the Pacific Regional Visitor's Center, Fort DeRussy, Waikiki, 9 a.m. - 12 noon. Bring bottled water, sunscreen, a hat and casual clothes. Trash bags, gloves and a Mauka to Makai t-shirt will be provided. Sign up by calling Garland Ireland at 438-2815 or by emailing garland.lireland@usace.army.mil.

**24 / Thursday**

**Earth Day Celebration** - Join the Aliamanu Military Reservation Library for an Earth Day celebration. Sign an Earth Day pledge to help protect the environment and design and color a flowerpot on April 24, 3:30 p.m. Call 833-4851 for more information.

**25 / Friday**

**Kualoa Ranch & Island Tour Adventure** - Join Outdoor Recreation for a special North Shore Tour, Kualoa Ranch Jeep or Movie Set Tour, a visit to Secret Island and a turtle-watching sail to Chinaman's Hat, April 25, 8 a.m.-1:30 p.m. Cost is \$45 per person, and lunch and transportation will be provided. Call 655-0143 for reservations.

**No Limit Texas Hold 'Em Tournament** - Don't miss your chance to qualify to participate in an Armywide national tournament on April 25, noon-5 p.m. at the Tropics, Schofield Barracks. First place is a \$500 AAFES gift card. Call 655-0002 for more information.

**Ongoing**

**Blue Star Card Program** - Spouses of deployed Soldiers, make sure you sign up for

your Blue Star Card. The Blue Star Card is an MWR discount card for spouses of deployed Soldiers. The card offers everyday discounts at MWR facilities, free child care options and special events and activities.

Blue Star Cards are valid through the entire deployment. If you are eligible for a Blue Star Card, bring a copy of your spouse's orders, along with your military ID to Army Community Service. You can fill out an application www.bluestarcards.hawaii.com and then visit ACS to pick up your card. Submit your email address when signing up for a Blue Star Card to receive e-mails with the latest discounts, events and activities for card holders. Call 438-0376/2911.

**Information, Ticketing and Registration** - Looking for tickets to area attractions? Visit Information Ticketing and Registration (ITR) at Schofield Barracks or Fort Shafter for your tickets to paradise.

A variety of tickets to luaus, cruises, whale watching adventures, Hawaiian Waters Adventure Park, Sea Life Park and much more are available for service members, Department of Defense (DoD) civilians and family members.

Call the Schofield Barracks ITR office (655-9971), Fort Shafter (438-1985), or visit www.mwrrarmyhawaii.com. Click "ITR Ticketing and Registration" for a full list of discounts at various attractions.

**14 / Monday**  
**Blowhole Lot Temporary Closed** - The city will temporarily close the parking lot and viewing area at Halona Blow Hole, April 14, to complete renovations to the area. The construction is scheduled to be completed by September before the whale-watching season begins.

**15 / Tuesday**

**North Town Hall** - The next Oahu North Town Hall meeting, for the next of Schofield Barracks, Wheeler Army Air Field and Helemano Military Reservation is April 15. Mark your calendars for these upcoming dates, too: July 15 & Oct. 21.

Meetings begin at 6:30 p.m. at Sgt. Smith Theater, Schofield Barracks. Call 438-6996.

**Free Online Job Training Classes** - Attend job search training from your home or office. All you need is a phone and a computer. Join us, April 15, 10-11 a.m. for a class on negotiating your salary. Not sure how much your job skills are worth? This online class will give you pointers for negotiating a salary right for you. Register at www.acshemployment.com and click on the Tele-Seminar link under the Virtual Classes header.

**18 / Friday**

**Poster and Essay Contest** - The deadline is April 18 for the Hawaiian Humane Society "Be Kind to Animals" competition. Students can express their love for animals through art and essays that offer cash prizes. The society welcomes K-6th grade students in the poster contest and 7th-12th-grade students in the essay contest.

Both contests will be judged by grade category, and each category will have three winners: first, \$75; second, \$50; and third, \$25. Visit www.hawaiianhumane.org or call 356-2206 for more details.

**26 / Saturday**

**Camp Warrior for Children of Deployed Soldiers** - The 2nd Stryker Brigade Combat Team will host an all-day Camp Warrior Saturday, April 26, 8:15 a.m., at Area X-Ray, Schofield Barracks. Camp Warrior is for children of deployed

Soldiers, ages 2-16. Activities for the day include camouflage face painting, miniature PT tests, beanbag toss, gym obstacle course, jungle gym, sand castle building contest, water balloon toss and crafts. A free lunch is provided but children are free to bring additional snacks with them.

This is not a drop-off event and a parent or guardian must accompany children at all times during Camp Warrior. Children can register starting at 7:30 a.m. but pre-registration guarantees a Camp Warrior t-shirt for each participant.

To sign your child up or to find out more information, call Leticia Rivera at 655-8132.

**Ongoing**

**Shaken Baby Syndrome Resource** - Shaken Baby Syndrome (SBS) is preventable! Frequently a child is shaken when a caregiver becomes frustrated with a crying baby. A new public service announcement will run on the Army cable channel TV2 entitled "Step Back" which encourages caregivers to call Military One Source at 1-800-342-9647. The phones are manned 24 hours a day, seven days a week, by master's level consultants with counseling backgrounds who are trained to provide for the customers' needs. Military One Source can give clients information over the phone or mail handouts and CDs. Military members and their families can request free non-medical short-term counseling off base through the program as well. For questions on SBS, call 877-6-END-SBS (363-727).

**Volunteer Opportunities** - Give back to the community by volunteering; it's a great way to meet new people, gain valuable job experience and support your community. Opportunities are available on and off post. Free child care is provided for up to 20 hours per week for those who volunteer with Army Community Service. Visit the Web site www.mwrrarmyhawaii.com.

**Wahiawa Toastmasters** - The Pineapple Wahiawa Toastmasters Club meets the first and third Thursday of each month at the Sgt. Yano Library, Schofield Barracks, from 6:30-7:30 p.m. Call 622-0169.



**Aliamanu (AMR) Chapel**  
836-4599

- Catholic Sunday, 8:30 a.m. - Mass Sunday, 9:45 a.m. - Religious Edu.
- Gospel Sunday, 11 a.m. - Sunday School (Sept.-June only) Sunday, 12:30 p.m. - Worship service
- Protestant Sundays, 9:45 a.m. - Worship Service Sunday, 11 a.m. - Sunday School (Sept. - June only)

**Fort DeRussy Chapel**  
836-4599

- Catholic Saturday, 5 p.m. - Mass in Chapel (May-Aug.) Saturday, 6 p.m. - Mass on Beach
- Protestant Sunday, 9 a.m. - Worship Service

**Fort Shafter Chapel**  
836-4599

- Contemporary Protestant Sunday, 9 a.m. - "The Wave" Worship

**Helemano (HMR) Chapel**  
653-0703

- Contemporary Protestant Sunday, 9 a.m. - Bible Study Sunday, 10 a.m. - Worship Service & Children's Church

**Main Post Chapel**  
655-9307

- Catholic Sunday, 9 a.m. - CCD & RCIA Sunday, 10:30 a.m. - Mass
- Collective Protestant Sunday, 9 a.m. - Worship Sunday, 10:30 a.m. - Sunday School
- Gospel Sunday, 10:30 a.m. - Sunday School Sunday, noon - Worship Service

**MPC Annex, Building 791**

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

**Soldiers Chapel**

- Catholic Friday-Saturday, noon - Adoration
- Liturgical Sunday, 10:30 a.m. - Worship

**Tripler AMC Chapel**  
433-5727

- Catholic Sunday, 11 a.m. - Mass Monday-Friday, 12 p.m. - Mass Saturday, 5 p.m. - Mass
- Protestant Sunday, 9 a.m. - Worship Service

**Wheeler Chapel**  
656-4481

- Catholic Saturday, 5 p.m. - Mass
- Collective Protestant Sunday, 9 a.m. - Worship Sunday, 9 a.m. - Sunday School



**The Spiderwick Chronicles**

(PG)  
Friday, 7 p.m.  
Saturday, 2 p.m.

**Vantage Point**

(PG-13)  
Saturday, 7 p.m.  
Thursday, 7 p.m.



**Juno**

(PG-13)  
Sunday, 2 p.m.

**Witless Protection**

(PG-13)  
Thursday, 7 p.m.

No shows on Mondays or Tuesdays.



Send announcements to community@hawaiiarmyweekly.com.

**11 / Today**

**Child Abuse Prevention Month** - April is Child Abuse Prevention Month and the New Parent Support Program (NPSPP) will sponsor several programs to highlight this issue.

- April 11-Working with the National Shaken Baby Alliance, the Shaken Baby Syndrome (SBS) Memorial Quilts will be displayed at Tripler Army Medical Center in the mountainside lobby, located between the Pediatric and obstetric clinics. One quilt will highlight survivors of SBS and the other will highlight children who have died from SBS. Informational handouts and DVDs will be available for parents. For questions on SBS, call 877-6-END-SBS (363-727).

- April 14-The SBS Memorial Quilts will be shown at Army Community Service (ACS), Building 2091, Schofield Barracks, 9 a.m. - 2 p.m. Breast-feeding Basics will be held at the Sgt. Yano Library, Building 560, Schofield Barracks, 9-11 a.m. An NPSPP Resource Workshop will be held at the Army Community Service (ACS) Outreach Center, Building S330, Room 111, Fort Shafter, 9:15-11 a.m.

- April 15-Army Services' YMCA (ASYMCA) will hold a food drive at the Schofield Barracks Commissary, 10 a.m. - 2 p.m., for Sexual Assault and Child Abuse Awareness Month.

- April 16-ASYMCA will hold a food drive at the Fort Shafter Post Exchange, 10 a.m. - 2 p.m., for Sexual Assault and Child Abuse Awareness Month.

- April 17- Ages & Stages of Child Development will be held at the Army Hawaii Family Housing Theater, Aliamanu Military Reservation, 9-11 a.m. An NPSPP Resource Workshop will be held at ACS, Building 2091, Schofield Barracks, 9:15-11 a.m.

# Caffeine stimulating but look out for the side effects

**TRIWEST HEALTH CARE ALLIANCE**  
News Release

FALLS CHURCH, Va. – Tricare wants beneficiaries to know that caffeine dependency or abuse can have an effect on their health.

Many people enjoy a daily cup of coffee or perhaps a creamy chocolate bar or a soothing cup of tea. More than 90 percent of Americans eat or drink caffeine daily and more than half of all American adults take in more than 300 milligrams (mg) of caffeine every day. But did you know three out of four caffeine consumers are addicted to caffeine? Surprisingly, most caffeine addicts have no clue that they are addicted. The need for caffeine to get the day started or to be in a good mood may be a sign of addiction.

Although it's one of the world's most widely used and popular drugs, many people are unaware that caffeine is a mood-altering substance. Caffeine is a stimulant; it speeds up the brain and central nervous system, improves alertness and can fend off restlessness and sleep. Caffeine also increases the heart rate, constricts blood vessels, relaxes air passages to improve breathing and allows some muscles to con-

tract more easily. Many people enjoy a shot of energy from caffeine to help with long days or fatigue, but it is important to consume it in moderation.

**For more information or help with cutting back on caffeine intake, check out these Web sites:**

- [www.americanheart.org/presenter.jhtml?identifier=4445](http://www.americanheart.org/presenter.jhtml?identifier=4445)
- [www.ific.org/publications/brochures/caffeinebroch.cfm](http://www.ific.org/publications/brochures/caffeinebroch.cfm)
- [www.nlm.nih.gov/medlineplus/caffeine.html](http://www.nlm.nih.gov/medlineplus/caffeine.html)

Caffeine sensitivity varies from person to person. Some can drink several cups of coffee, tea or cola and not feel any effects, while others feel the influence after only one serving. It doesn't take a lot of caffeine to negatively affect the body. For some, as little as 100 mg of caffeine or about one cup of coffee can trigger addictive symptoms such as insomnia, irritability, excitement and tension. Negative mood effects including increased anxiety, nervousness, jitteriness and upset stomach can be produced by 200 mg or more.

Other health issues may be associated with caffeine consumption. Caffeine can increase the amount of

calcium lost in urine and can gradually increase dehydration through increased urination. Research indicates the amount of calcium in approximately one teaspoon of milk is lost for every cup of regular coffee consumed. A new study recently published in the American Journal of Obstetrics and Gynecology showed that high doses of caffeine daily during pregnancy increases the risk of miscarriage.

Any amount of caffeine a day can cause addiction. As with any drug, when deciding to stop using caffeine there will be withdrawal symptoms. Symptoms like fatigue, mood changes and headaches can occur in people who suddenly quit or don't "get a fix."

- Here are a few tips to help kick a caffeine habit:
- Gradually reduce your daily caffeine consumption. One less cup of coffee or soda a day can help the



body get used to lower amounts of caffeine and lessen the effects of withdrawal.

- Watch out for soft drinks and energy drinks which can contain added caffeine.
- Drink water or noncaffeinated drinks when you're thirsty.
- Brew tea for a shorter time. The less time you brew it, the less caffeine it will contain. Also try teas that don't contain caffeine.

# DoD antitobacco ad campaign invades military markets

Campaign aims to keep service members "fit to fight" by kicking the habit

**TRIWEST HEALTH CARE ALLIANCE**  
News Release

FALLS CHURCH, Va. – The Department of Defense (DoD) isn't just blowing smoke about its tobacco cessation campaign.

"Quit Tobacco. Make Everyone Proud" is making its presence felt with enthusiastic marketing initiatives in 13 U.S. metropolitan markets containing 28 major military installations. "Quit Tobacco" focuses on the interactive Web site, [www.ucanquit2.org](http://www.ucanquit2.org).

Ucanquit2.org provides help to service members wanting to quit tobacco use and those helping others quit. The campaign posi-

tions military members as role models, particularly to children, as a motivation to quit using tobacco. On the site, users can get information, develop a personalized plan for quitting, play games, listen to podcasts, connect to federal, military, state, local and online cessation programs and communicate privately with a trained cessation counselor daily from 8:30 p.m.–2:30 a.m. (EST).

"Kicking the habit can be tougher than a lot of people think," said Assistant Secretary of Defense (Health Affairs) S. Ward Casscells, MD, in a recent blog on [www.health.mil](http://www.health.mil). "Aside from the obvious nicotine dependency, psychological barriers may be just as difficult to overcome. The 'Quit Tobacco. Make Everyone Proud' campaign is designed to help service members



quit by reminding them to do it for themselves and the people they love."

The social marketing initiative for the tobacco cessation campaign targets 702,000 active duty

personnel, junior enlisted E-1 through E-4s. Marketing and advertising placements include major Web presence on [www.military.com](http://www.military.com), mobile and stationary billboards, direct mailings to 160,000 service members, radio public service announcements, and paid ads in *Military Times* and *Stars & Stripes*. There are also placements in commercial theaters, on pizza delivery boxes, and gas pump toppers at commercial locations within five miles of targeted military installations.

According to a DoD survey of health-related behaviors among junior enlisted active duty military personnel, the prevalence of smoking among 18–25-year-olds was significantly higher than for their civilian counterparts, as well as for older, higher-ranking

service members. Tobacco use costs DoD an estimated \$1.6 billion a year in additional medical care through increased hospitalization, missed work days, and decreased night vision among others. Ultimately, tobacco use affects military readiness. Eliminating harmful tobacco products keeps service members at their best and "fit to fight."

"Every year tobacco use leads to unnecessary compromises in the readiness of our troops and costs the Department of Defense millions of dollars in preventable health care costs," said Casscells on his blog. "I am personally encouraging all service members who use tobacco to visit [ucanquit2.org](http://ucanquit2.org) and open an account. Develop your own quit plan."



Molly Hayden | Pacific Media Publishing

## Striking a pose

SCHOFIELD BARRACKS — Spc. Maurice Cheeks, 84th Engineer Battalion, practices his form at the bowling center here, during the All Military Bowling Championship, April 2. The best bowlers of each military branch, including Army, Navy, Air Force, Marines and military retirees, brought their A games for the four-day championship.

Although Cheeks bowled the best game of the series with a score of 290, the Army placed fourth overall in the competition. In addition, Cheeks and Tripler Army Medical Center's Staff Sgt. Rockne Mawae placed first in the doubles event.



### 12 / Saturday

**Hawaii Championship Wrestling** - The best action in local wrestling is back at the Tropics, Schofield Barracks, April 12, 6-9 p.m. Call 655-0002.

### 15 / Tuesday

**All Army Sports Deadlines** - Sign up by April 15 to compete in the All Army Women's Soccer and Men's and Women's Triathlon competitions. Soldiers must submit applications through the All Army Sports Web site at <https://armysports.cpsc.army.mil>, using their AKO account information. All active duty Army, National Guardsmen, and Army Reservists are eligible to compete. Contact the Sports, Fitness and Aquatics Office at 655-9914 for more information.

### 16 / Wednesday

**2008 Sprinter's Challenge Deadline** - Sign up today to complete in the 40-yard and 100-meter dash competitions. The races will take place at Stoneman Stadium, Schofield Barracks, April 26. First call is at 7:45 a.m. All active duty Army, National Guardsmen, and Army Reservists stationed in Hawaii are eligible to compete. Send all entries to the USAG-

HI Sports, Fitness and Aquatics Office, Stop 112, Building 556, Kaala Community Activity Center, no later than 4 p.m., April 16. Call 655-0856/0101.

### 22 / Tuesday

**2008 Intramural Softball Season** - Sign up by April 22 to participate in this great men's and women's program. The season runs May 5-August 29. Entry deadline is 4 p.m.

Send entries to the Sports, Fitness and Aquatics Office, Stop 112, Building 556, Room 100, Kaala Community Activity Center, Schofield Barracks, or fax to 655-8012.

Active duty Army, National Guard and Army reserve units within the geographical limits of Hawaii may enter one team.

## Ongoing

**Late Night Programs at Martinez** - Martinez Physical Fitness Center, Schofield Barracks, is the place to be on Friday nights. The center is now staying open late, from 9-11:30 p.m. Join Martinez for volleyball, Make It Take It Basketball and the Racquetball Challenge Ladder.

Call 655-4804 for more information.

**Mom and Baby Yoga** - Get fit with your baby at Mom and Baby Yoga, Wednesdays, 9:45 a.m., at the Health and Fitness Center, Schofield Barracks. Mats are provided, but moms should bring a small towel or blanket for their babies to lay on.

Call 655-8007 to register.



Send sports announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

### 12 / Saturday

**Hike Oahu** - Spend your morning doing a good deed with the Hawaiian Trail & Mountain Club (HTMC) for an Earth Day service project. HTMC volunteers will be joining other volunteer groups to assist with the Manoa-Palolo Canal's "Adopt-a-Stream" cleanup project.

This service project is for all ages and hiking abilities. Volunteers should meet at

Kaimuki High School by the Date Street Canal Bridge.

Litter will be removed and streambed vegetation will be cut back. Supplies and light tools will be provided.

As an added incentive, volunteers can jump on a free trolley ride to the Waikiki Aquarium, where admission is free from 9 a.m. - 2 p.m.

Call coordinator Mike Algiers at 422-1048 for more information.

Save the date for these upcoming hikes, too:

- April 13, a nine-mile intermediate hike at Mokuleia, and
- April 19, a three-mile novice hike at Aiea Ridge.

All hikes begin at 8 a.m., and a \$2 donation is requested of non-members. Children under 18 must be accompanied by an adult.

Hikers meet at Iolani Palace, mountainside.

Bring lunch and water on all hikes; wear sturdy shoes, as extra caution may be required on some trails.

Hikers must keep all trails and lunch sites clear of clutter, as well as treat trees and plants with care and respect. Visit [www.htmclub.org](http://www.htmclub.org).

**Volksmarch** - Join the Menenhone Marchers Volkspport Club on a 5K or 10K volksmarch, or walk, April 12 in West Loch. The starting point will be at Asing Community Park, 91-1450 Renton Road, Ewa.

Participants can start anytime between 8 & 10 a.m.

Call Carol at 626-3575 for more details or visit [www.ava.org](http://www.ava.org). Award and IVV credit are available for \$5.

## Ongoing

### Competitive Girls' Basketball Tryouts

- The Hawaii Strikers Club team is comprised of skilled players who have a passion for basketball and can perform as a member of a cohesive team. The selection process is very competitive, and requires each player to be a well-rounded individual who performs at a high academic level, exhibits superior sportsmanship qualities, and displays a positive attitude and a respectful and coachable demeanor at all times.

The Strikers are currently participating in weekly National Junior Basketball League of Honolulu games. Practices are conducted three days a week at various locations in the Central Oahu area.

Contact Coach Thompson at 381-7722 or [hawaiiistrikers@yahoo.com](mailto:hawaiiistrikers@yahoo.com) or visit [www.hawaiiistrikersbasketball.com](http://www.hawaiiistrikersbasketball.com) for more information.

**Bike Hawaii** - Join Bike Hawaii's professional nature guides and explore Oahu from the rainforest to the reef. Packages include downhill biking, sailing off Waikiki and more. Meals are included.

To schedule adventures, call 734-4214, or toll free 1-877-682-7433. Visit [www.bikehawaii.com](http://www.bikehawaii.com).

### Military Bass Angler Tournament

Entries are now being accepted for the 18th Annual Military Bass Team Bass Tournament, being held May 5-9 at Dake Hollow Lake, Byrdstown, Tenn. To apply or find out more information, visit [www.militarybassanglers.com](http://www.militarybassanglers.com).

# Two of Schofield's own help lead team

Story and Photo by

**TIM HIPPS**

Family, Morale, Welfare and Recreation Command Public Affairs

FORT INDIANTOWN GAP, Pa. — Sgt. Ron Bartley had 40 points and eight rebounds to lead the All-Army men's team to a 95-93 overtime victory over All-Air Force in the 2008 Armed Forces Men's Basketball Championships.

Bartley shot 12-of-23 from the field, including 8-of-16 on three-pointers, and had four assists and three steals in the Soldiers' best performance of the double-round-robin tournament played March 21-27 at Blue Mountain Sports Arena.

Second Lt. Matt Bell scored 21 points and Spc. Brett Thomas of Fort Huachuca, Ariz., added 10 points for All-Army. Warrant Officer Aaron Stuart of Schofield Barracks, Hawaii, had eight points and a team-high 14 rebounds.

Bell, 23, a four-year starter for the U.S. Military Academy at West Point, N.Y., was named to the Armed Forces All-Tournament team after averaging 23.8 points, 4.3 rebounds and 2.6 assists for All-Army (2-4), which finished fourth in the tournament against squads from the Air Force (5-1), Navy (3-3) and Marine Corps (2-4).

Bartley's hot hand kept the Soldiers in the first half of their second meeting with Air Force.

"That's the man, right there," Bartley said of Bell. "Last game he had about 40, so I knew they were going to key on him. Coach let us have a spread offense and let the guards do their thing. I got a little hot and caught on fire and rolled with that."

Bartley's three-pointer from the corner, his fifth of the first half, gave Army a 36-29 lead and the Soldiers led 40-31 at halftime.

"In the first half, I was missing everything," Bell said. "Ron just got hot. He had his breakout game. We rode him the entire first half and a lot of the second half, too. He was hitting unbelievable shots."

"I just tried to keep my head in it and when I got an open shot, I was going to try to knock it down, but he controlled the tempo of the game and put us on a huge run to get the lead in the first half."

Bartley made another three-pointer to open the second half. His eighth and final three-pointer gave Army a 58-46 lead with 13:43 remaining.

"When I got tired, Matt picked it up, and that was it," said Bartley, 31, of Fort Carson, Colo.

From there, Bell made three 3-pointers and three free throws as Army tried to thwart Air Force's final run. But the Airmen would not go away and the Soldiers missed 10 free throws in the final two minutes.

After Staff Sgt. Bernard James of Beale Air Force Base, Calif., made a layup that knotted the score at

87 with 10 seconds left, Bell missed a three-point attempt as the horn sounded, ending regulation.

Thomas scored three points in overtime and 2nd Lt. Marshall Jackson of Fort Benning, Ga., made a free throw with 17 seconds left that sealed the victory.

"Yeah, we almost lost it there at the end of regulation, but that says a lot about our team," Bell said. "We missed a ton of free throws and they tied the game up and forced it into overtime. We could have just folded, especially against Air Force, who had a better record. But our guys picked it up in overtime and we were able to pull it out."

Bell, Bartley and 2nd Lt. Robert Moore of Schofield Barracks, Hawaii, were named to the 2008 All-Armed Forces Team that will compete in the 2008 Conseil International du Sport Militaire World Championship Tournament April 14-22 at Lackland Air Force Base, Texas.

Moore, who did not play in Army's overtime victory over Air Force, averaged 12.6 points and 6.4 rebounds during the Armed Forces tournament.

Spc. Brett Thomas of Fort Huachuca, Ariz., drives for two of his 10 points during All-Army's 95-93 overtime victory over All-Air Force in the 2008 Armed Forces Basketball Championships in Fort Indiantown Gap, Pa., March 26.



# After many stops, Bartley discovers his rhythm on All-Army team

Story and Photo by

**TIM HIPPS**

Family, Morale, Welfare and Recreation Command Public Affairs

FORT INDIANTOWN GAP, Pa. — Sgt. Ron Bartley is a born-again basketball star, thanks in part to the Army Family and Morale, Welfare and Recreation Command.

A native of Norfolk, Va., Bartley, 31, played for Shaw University in the NCAA Division II Central Collegiate Athletic Association from 1997-99. He then played two seasons professionally in Lisbon, Portugal, before being released by the team.

"I had to make money — I've got a little, five-year-old son," Bartley said. "My dad was in the Navy for 20 years, so I was a military brat. So I said to myself: 'I might as well join the military.' It was a good living for him — us."

Bartley joined the Army in 2003 and got another call to play basketball.

"My senior drill sergeant saw me play three-on-three and he told me I could really hoop," Bartley recalled of that day on Fort Gordon, Ga. "He was like: 'You should try out for All-Army when you

get to your duty station.' I thought it was a joke because I had given up basketball.

"Oh, yeah, I just came to make a living," said Bartley, a signal support systems specialist. "That was it. I was just going to go ahead and support the family and basketball was done."

While stationed in Yongsan, Korea, Bartley not only kept in playing shape but decided to follow his drill sergeant's instructions. He applied for a tryout with the All-Army basketball team.

Active duty Soldiers, Army Reservists, Army National Guardsmen and Active Guard Reservists are eligible to apply for sports online at [www.armymwr.com](http://www.armymwr.com). The All-Army Sports program includes basketball, boxing, bowling, cross country, golf, marathon, soccer, softball, racquetball, rugby, taekwondo, track and field, volleyball and wrestling.

After playing two seasons for the All-Army basketball team, Bartley was deployed to Iraq, where he again thought his playing days were numbered. He was pleasantly surprised to find an Army MWR



Sgt. Ron Bartley sizes up the All-Air Force defense en route to scoring 40 points to lead All-Army to a 95-93 overtime victory in the 2008 Armed Forces Men's Basketball Championship Tournament at the Blue Mountain Sports Arena in Fort Indiantown Gap, Pa., March 26.

gymnasium at Camp Liberty, Iraq.

"We had tournaments almost every weekend," said Bartley, who was stationed

in Iraq from September 2006 through December 2007.

Bartley was both a weeknight warrior for the Army and a weekend warrior on the court.

"The MWR people did a great job," he said. "It was open every night, but it was just weekends for me because of my schedule. I worked nights."

"They do good things to keep the guys' morale up. Without MWR over there, oh man, it would be hurting. Your laptop and DVDs only go so far. It was always open — 24 hours — so there was never a time when I couldn't use the phones to call home or use the computers. It was amazing. It was on, it really was. Being my first time, I was spoiled over there after hearing the horror stories."

After returning from Iraq to Fort Carson, Colo., Bartley returned to All-Army Basketball Camp in March at Fort Belvoir, Va., where he made his third All-Army basketball team. After two weeks of training at Belvoir and another week at Fort Hamilton, N.Y., he was named to the 2008

All-Armed Forces Team after averaging 16.3 points, 3.3 assists and 2.2 rebounds at the 2008 Armed Forces Basketball Championships, March 21-27, in Fort Indiantown Gap, Pa.

As a member of the All-Armed Forces Team, Bartley will represent the U.S. in the 2008 Conseil International du Sport Militaire World Championship Tournament, April 14-22, at Lackland Air Force Base, Texas.

"It was wonderful," Bartley said of the whole experience. "When I was deployed, there were a lot of things going on — people dying, divorces and things like that. I love the game so much that for me to come back here after missing the past three years is a breath of fresh air."

"It's good to get away. You're not in formation. You're not in uniform. There's no rank on the team. You've got to become a family," said Bartley, who met his wife while playing ball at Shaw. "You keep your military bearing, but other than that, we became a family."