Who is an addict?

Most of us do not have to think twice about this question. *We know!* Our whole life and thinking was centered in drugs in one form or another – the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

What is the Narcotics Anonymous program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Why are we here?

Before coming to the Fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs. We place their use ahead of the welfare of our families, our wives, husbands, and our children. We had to have drugs at all costs. We did many people great harm but most of all we harmed ourselves. Through our inability to accept personal responsibilities, we were actually creating our own problems. We seemed to be incapable of facing life on its own terms.

Most of us realized that in our addiction, we were slowly committing suicide but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail or sought help through medicine, religion, and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until, in desperation, we sought help from each other in Narcotics Anonymous.

After coming to NA, we realized we were sick people. We suffered from a disease from which there is no known cure. It can, however, be arrested at some point and recovery is then possible.

SCHEDULE LEGEND

BTD: Basic Text Discussion
D: Discussion
GLBT: Gay/Lesbian/Bisexual/Transgender
IPD: Informational Pamphlet Discussion
IWH&W: "It Works: How & Why" Text Discussion
JFT: "Just for Today" Text Discussion
LS: Literature Study
NS: Non-Smoking Meeting
S: Smoking Allowed
SD: Speaker Discussion
SS: Step Study
SWGD: Step Working Guide Discussion
TD: Topic Discussion
TSD: Topic/Speaker Discussion
Note 1: If rain, meet at snack bar.
Note 2: Birthday Night, Last Meeting of Month

Narcotics Anonymous

Meeting Schedule for the Island of Oahu

May 2012
(H&I Edition)

Oahu Helpline
(808) 734-4357

Big Island	(808) 969-6644
Maui	(808) 242-6404
Kauai	(808) 828-1674

Visit our website!
www.na-hawaii.org
Get meeting schedules for all islands, info on conventions, gatherings and more!!!

SUNDAY

♦**Mixed Plate**.....8:00-9:00AM
Waimanalo Beach Park (picnic tables on hill) ~ JFT

♦**Beachcombers Spiritual Progress Group**.....9:30-10:30AM
Kailua Beach Park, behind pavilion, under the ironwood ~ JFT

♦**FriendsEnjoyingActiveRecovery**.....4:00-5:00PM
Neal S. Blaisdell Park, Pearl City

♦**E Pili Mai**.....5:00-6:15PM
Hope Treatment Suite 202, 94-416 Ukee St, Waipio
(Secretary's Choice)

♦**Kamaile NA**.....7:00-8:30PM
Maluhia Lutheran Church, 85-256 Farrington Hwy., Waianae ~ SD

♦**NAtural High**.....7:00-8:30PM
1805 California Ave. Wahiawa Community Church ~JFT

♦**The End of the Rainbow** (Gay and Lesbian).....7:30-8:30PM
First Baptist Church of Honolulu, 1313 Pensacola at Kinau
LS, LGBT, NS

♦**Sunday Ohana**.....7:30-9:00PM
Sacred Hearts Church, 1701 Wilder Ave.,
Across Punahou School ~ SD, See Note 2

MONDAY

♦**Shine@Nine**.....9:00-10:00AM
Cottege #1 behind the Waialua Community Assocation ~ SD

♦**Downtown Ohana**.....4:00-4:50PM
River of Life Mission, 101 N. Pauahi St., Downtown ~ JFT

♦**Hanapa`a NA**.....4:30-5:45PM
91-821 Lapine Pl., Ewa Beach ~ SD

♦**Ice Breakers NA**.....5:00-6:00PM
Ball park on Belleau Wood Rd., near Vet Center
Barbers Point ~ JFT

♦**Revelations**.....7:00-8:00PM
Immaculate Conception Church, 91-1298 Renton Rd., Ewa
JFT SD

♦**Enuf Already**.....7:00-8:00PM
"12 Coconuts", across from zoo, Waikiki Beach
JFT, see note 1

♦**Monday Meditation**.....7:00-8:00PM
Waiau District Park, Kaahumanu St., Past Fire Station
Pearl City, Please bring chair or mat to sit on ~ JFT

♦**Hana Hou**.....7:00-8:15PM
Hina Mauka, 45-845 Pookela St., Kaneohe ~ SD NS

♦**Aloha Ke Akua**.....7:30-8:30PM
Kahuku Methodist Church, 56-449 Kam Hwy, Kahuku ~ SD

♦**One Promise**.....7:30-8:45PM
Ka Hale Hoano e Ke Akua Church, 1760 Nalani St.
Kalihi, SD JFT

♦**Monday Literature Study**.....8:00-9:00PM
Emmanuel Episcopal Church, 780 Keolu Drive, Kailua
LS NS SD D

TUESDAY

♦**War on Drugs**.....11:30AM-12:30PM
Matsunaga V.A. Medical Center, at Tripler Army Hospital,
459 Patterson Road, Moanalua ~ SD

♦**Downtown Ohana**.....4:00-4:50PM
River of Life Mission, 101 N Pauahi St., Downtown ~ JFT

♦**Hanapa`a NA**.....4:30-5:45PM
91-821 Lapine Pl., Ewa Beach ~ SD

♦**We All Belong at 12 Coconuts**.....7:00-8:00PM
"12 Coconuts", across from the zoo, Waikiki Beach
JFT, see note 1

♦**Pu'uhonua Hemolele**.....7:00-8:00PM
Ohana of the Living God, 54-058 Hauula Hmstd Rd., Hauula
TD

♦**Clean Cats** (Women's Meeting).....7:00-8:30PM
Good Samaritan Episcopal Church, 1801 10th Ave.
Palolo Valley ~ JFT NS See Note 2

♦**Nothing To Fear**.....7:00-8:30PM
Church at 1159 Gulick Ave. @ Beckley St, Kalihi
Speaker/Q&A Discussion, childcare provided

♦**Tuesday Nite Men's NA Meeting**.....7:00-8:00PM
Moililili Community Center, 2535 S. King St. ~ JFT

♦**Just for Today**.....7:30-9:00PM
Kahi Mohala, 91-2301 Old Ft. Weaver Road, Ewa
JFT, NS

♦**NA Kane** (Men's Meeting).....7:30-9:00PM
St. Matthew's Church, 41-054 Ehukai St., Waimanalo ~ JFT

WEDNESDAY

♦**Downtown Ohana**.....4:00-4:50PM
River of Life Mission, 101 N Pauahi St., Downtown
IWH&W NS

♦**Hanapa`a NA**.....4:30-5:45PM
91-821 Lapine Pl., Ewa Beach ~ SD

♦**Pu'uhonua Hemolele**.....7:00-8:00PM
Ohana of the Living God, 54-058 Hauula Hmstd Rd. ~ TD

♦**Ho'oponopono**.....7:30-8:30PM
Good Samaritan Episcopal Church, 1801 10th Ave.,
Palolo Valley ~ LS NS

♦**It Works How & Why for Women**.....7:00-8:30PM
Windward YMCA, 1200 Kailua Road, Kailua ~ NS

♦**Wednesday Nite Lite**.....7:30-8:45PM
St. John's Church, 95-370 Kuahelani Ave., by Mililani McDonald's
(Topic is Secretary's choice) ~ D NS

♦**Keawe O Kekai**.....8:00-9:15PM
St. Matthew's Church, 41-054 Ehukai St., Waimanalo
TD JFT SD NS See Note 2

THURSDAY

♦**War On Drugs**.....11:30AM-12:30PM
Matsunaga V.A. Medical Center, at Tripler Army Hospital,
459 Patterson Road, Moanalua ~ SD

♦**Downtown Ohana**.....4:00-4:50PM
River of Life Mission, 101 N Pauahi Street Downtown
SWGD (Step Working Guide Discussion) NS

♦**Hanapa`a NA**.....4:30-5:45PM
91-821 Lapine Pl., Ewa Beach ~ SD

♦**Point of Recovery**.....6:30-8:00PM
Barber's Point, under the tent at bldg. #1772, for directions
call 723-1978 ~ IPD SD NS

♦**NA Wahine's Night Out** (Women's Meeting).....7:00-8:00PM
St. Matthew's Church, 41-054 Ehukai St., Waimanalo ~ JFT

♦**Pu'uhonua Hemolele**.....7:00-8:00PM
Ohana of the Living God, 54-058 Hauula Hmstd Rd. ~TD

♦**We're In There Like Swimwear**.....7:00-8:00PM
Church of the Crossroads, 1212 University Ave., Moililili
JFT NS

♦**Kaneohe Thursday Night NA**.....7:00-8:15PM
Hina Mauka, 45-845 Pookela St., Kaneohe
SD NS

♦**Sugar Mill Recovery Waipahu**.....7:00-8:15PM
Hans L'Orange Park, near restroom, corner of Waipahu & Paiwa
Streets ~ TD (Topic is Secretary's choice)

♦**It's a Blessing**.....7:00-8:30PM
St. Philomena Church, 3300 Ala Laulani St.,
Behind Salt Lake Shopping Center ~ JFT NS

♦**One Love**.....7:00-8:30PM
Wahiawa Community Church, 1805 California Ave.
D (Topic is Secretary's choice)

♦**Sunnyside Up**.....7:30-8:30PM
United Church of Christ in Waialua, 67-174 Farrington Hwy. just past
Waialua High & Int. School ~ LS NS

♦**Kaimi Na'auao**.....8:00-9:30PM
Pokai Bay Beach Park, Waianae ~ SD

FRIDAY

♦**Downtown Ohana**.....4:00-4:50PM
River of Life Mission, 101 N. Pauahi St., Downtown
IP Discussion NS

♦**Hanapa`a NA**.....4:30-5:45PM
91-821 Lapine Pl., Ewa Beach ~ SD

♦**Ice Breakers NA**.....5:00-6:00PM
Ball park on Belleau Wood Rd., near Vet Center
Barbers Point ~ JFT

♦**Kohupono**.....5:00-6:30PM
310 N. Cane St. at the Pavilion, Wahaiawa ~ (Secretary's Choice)

♦**Onipa`a**.....6:30-7:30PM
Christ Church United, 1300 Kailua Rd, near Castle Hospital ~ SD

♦**Keep Coming Back**.....7:00-8:00PM
Kam IV Road, Kalihi Valley District Park, under the lanai next to the
jungle gym, "**children friendly**", if it rains - inside the gym
JFT NS

♦**Wave of Recovery**.....7:00-8:30PM
Mililani Presbyterian Church, 95-410 Kuahelani Ave.
D NS

♦**Pu'uhonua Hemolele**.....7:30-8:30PM
North Windward Baptist Church, 53-075 Halai St., Hauula
TD

♦**Na Pono**.....8:00-9:00PM
Pokai Bay, Waianae ~ Stick Meeting

♦**Start To Live**.....8:00-9:30PM
Church of the Crossroads, 1212 University Ave., Moililili
BTS IWH&W NS

♦**Friday Night By The Castle**.....8:00-9:15PM
Christ Church United, 1300 Kailua Rd., near Castle Hospital
IWH&W

SATURDAY

♦**Mixed Plate**.....8:00-9:00AM
Waimanalo Beach Park (picnic tables on hill) ~ JFT

♦**Saturday Manoa Group**.....9:00-10:00AM
Makiki District Park, corner of Keeaumoku & Wilder
Mauka side near the swings ~ JFT D S

♦**Vision of Hope**.....10:00-11:00AM
Geiger Park, corner of Geiger Rd. and Kapolei Parkway,
Under the trees, Ewa Beach ~ JFT D

♦**Pu'uhonua Hemolele**.....7:00-8:00PM
Ohana of the Living God, 54-058 Hauula Hmstd Rd.
TD

♦**A'ole Hilahila (No Shame)**.....7:30-9:00PM
St. Stephen's Episcopal Church, 1679 California Ave.,
Wahiawa ~ SD/Stick Meeting/Child Friendly

♦**Saturday Night Live**.....8:00-9:15PM
Christ Church United, 1300 Kailua Rd., by Castle Hospital ~ SD

♦**Saturday Night Honolulu**.....8:00-9:30PM
St. Andrew's Church, corner of Beretania and Alakea St.~ SD NS
See Note 2

♦**NA Last Call**.....10:00-11:30PM
Joy of Christ Lutheran Church, 784 Kamehameha Hwy, Pearl City
SD