



INSIDE

Authority transfers to 25th ID



'Ayo Gurkhalii'

"The Gurkhas are here," says the Indian translation referring to Yudh Abhyas.

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POW / MIA

A POW/MIA Recognition Day ceremony will be held at the Hickam AFB Missing Man Formation, this morning at 9:30. Call 448-1938 for more details.



9-11 tributes

Fort Shafter & Schofield joined the nation in remembering victims of the 2001 terror attacks

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'And the winner is...'

Staff Sgt. Angelo Johnson wins Military Idol

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SPC. MICHAEL PFAFF
133rd Mobile Public Affairs Detachment

TIKRIT, Iraq — The 25th Infantry Division uncased its colors, accepting responsibility for operations in Multi-National Division North Iraq from the 101st Airborne Division during a mission assumption day ceremony here Wednesday.



Mixon

The 25th Infantry Division and Task Force Lightning, which includes elements from the 82nd Airborne Division, 4th Infantry Division and 2nd Infantry Division, will continue the mission of transitioning areas of operation to the Iraqi Army, Iraqi Police and other Iraqi Security Forces in the region.

"Our mission here is clear," said Maj. Gen. Benjamin R. Mixon, commander of the 25th Infantry Division and Task Force Lightning during the ceremony, "to provide our Iraqi friends and counterparts the assistance they need to take over their own security and create a safe and secure environment so the Iraqi people can live a free, prosperous and terror-free life."

Mixon then deviated from his prepared speech to speak "from the heart" to attending Iraqi dignitaries and Iraqi Security Forces officers. He focused on maintaining the relationship between coalition forces and continuing efforts to secure the region and its people.

Also attending the event were Gen. George Casey, commanding general of Multi-National Forces in Iraq; Lt. Gen. Peter Chiarelli, commanding general of Multi-

SEE TOA, A-3



Spc. Mike Alberts | 3rd Infantry Brigade Combat Team

Soldiers of the 3rd Infantry Brigade Combat Team disembark a C-130 aircraft moments after arriving at Forward Operating Base Warrior, Kirkuk, Iraq, their new home.



Maj. Gen. Benjamin R. Mixon (left), commanding general of the 25th Infantry Division (ID) and Task Force Lightning, and Command Sgt. Maj. Jerry Taylor, division command sergeant major, uncased the colors of the 25th ID at the Mission Assumption Day Ceremony on Contingency Operating Base Speicher near Tikrit, Iraq, Wednesday.

The 25th will continue the efforts of the redeploying 101st Airborne Division, returning to Fort Campbell, Ky.

Spc. Michael Pfaff | 133rd Mobile Public Affairs Detachment

Suicide awareness may save a tragedy

CHRISTA B. THOMAS
Pau Hana Editor

As autumn approaches, thoughts of football games, Halloween, carnivals and holidays are on the thoughts of many. The foods, the fun, and spending time with family and friends make for pleasant memories.

Unfortunately for some people, changes in the seasons can create feelings of loneliness, bad memories and melancholy. Left unchecked, those feelings may turn to an overwhelming sense of depression, an inescapable dilemma that seemingly has no end.

Sadly, 30,000 people each year end their pain by killing themselves.

Saturday marks the end of National Suicide Prevention week. The purpose of this observation is to help prevent suicide through educating the public about the warning signs of suicide.

The National Institute for Mental Health (NIMH) reports suicide as the 11th leading

cause of death in the United States and in the top five for unnatural deaths.

NIMH reports that there are no documented statistics on attempted suicide, but it is estimated that for every eight suicide attempts, there is one death.

Suicidal behavior is difficult to predict, but having awareness of the risk factors can aid in preventing such tragedy.

"There is not really a checklist. Giving away possessions, withdrawing from family and friends, loss in interest in activities that used to provide satisfaction are signs to watch for," said Chaplain (Maj.) Scott Kennedy, an Applied Suicide Intervention Skills (A.S.I.S.T.) trainer. "Any one of these things could be an indicator for one person, but another person could have several indicators and not be impacted.

They might be feeling desperation, worthlessness, hopeless, helpless and overwhelmed,"

SEE SUICIDE, A-10

A task force of clinical researchers who work with the American Association of Suicidology (suicidology.org) created a mnemonic to remember warning signs:

Is path warm?

- i — ideology
- s — substance abuse
- p — purposelessness
- a — anxiety
- t — trapped
- h — hopelessness
- w — withdrawal
- a — anger
- r — restlessness
- m — mood change

Farley showered with aloha at Fort Shafter Flying V

Story and Photos by
CHRISTA B. THOMAS
Pau Hana Editor

FORT SHAFTER — For Hawaiians, light rainfall is welcomed at momentous events and considered a blessing from the gods.

Fittingly, Soldiers, civilians and leaders of U. S. Army, Pacific, (USARPAC) gathered amid sporadic rains to shower well wishes on Command Sgt. Maj. Mark L. Farley and his wife Kim at his Flying V ceremony, Sept. 6.

As senior enlisted advisor, Farley has been a critical component in the USARPAC machine and will soon depart for Stuttgart, Germany, to serve in the same capacity at U.S. European Command (USEUCOM).

Command Sgt. Maj. Joseph Zettlemoyer, currently attached to the U.S. Army Armor School at Fort Knox, Ky., will fill Farley's role some time in October.

Lt. Gen. John M. Brown III, USARPAC commander, presided over the event. Brown said the Farleys are two great Americans whose selfless, noble and honorable service was peerless.

"Their service and sacrifice represents and glorifies what is best about the warrior spirit," Brown stated. "Mark Farley represented the office of the CSM with dignity, honor, and professionalism."

Brown then narrated what he dubbed "Voices of the Pacific," an anthology of accolades for Farley from Army generals, other com-



Command Sgt. Maj. Farley summarizes his 40 months of service at USARPAC through laughter and tears at his Flying V ceremony.

Schofield Soldier is KIA in Iraq

U.S. ARMY GARRISON,
HAWAII, PUBLIC AFFAIRS
News Release

The Department of Defense announced Sept. 7 the death of a 25th Infantry Division Soldier who



Shank

was supporting Operation Iraqi Freedom.

Pfc. Jeremy R. Shank, 18, of Jackson, Mo., died Sept. 6 in Balad, Iraq, of injuries suffered in Hawijah, Iraq, when he

encountered enemy forces using small arms fire during a dismounted security patrol.

Shank, an infantryman, was a member of Company A, 2nd Battalion, 27th Infantry Regiment. He entered the Army in May 2005 and was assigned to Schofield Barracks in October 2005.

311th Signal now 'voice' of theater

311TH SIGNAL COMMAND
News Release

FORT SHAFTER — A combined active and Army Reserve-component Signal command moves to Hawaii and takes responsibility for strategic Army communications in the Pacific theater at a re-stationing ceremony here at 9 a.m.

The 311th Signal Command (Theater) is transforming from a strategic Army Reserve unit at Fort Meade, Md., to a multi-component operational Signal command headquartered at Fort Shafter. The transformation begins steps toward full responsibility for the Pacific LandWarNet, the strategic and tactical network for all installations and forward-deployed forces.

The 311th will serve as the U.S. Army Pacific Command's (USARPAC) Theater Army Signal Command. It will exercise command and control for all operational-level Army signal forces in the theater.

Maj. Gen. William H. Brandenburg, USARPAC deputy commander and host of the ceremony, and Maj. Gen. Donna L. Dacier, commander of the 311th, will give remarks.

Soldiers from 311th units will present a colorful ceremony rich with pageantry and tradition.

mand sergeants major, Soldiers and friends.

"A caring professional who is smart as a whip."

"I've always counted on his wise and seasoned counsel."

"He is a smart leader who understands the big picture of where the Army is going."

"Farley is a man with a serious face, but with a kind heart."

"He is never shy about challenging...officers on issues regarding Soldier welfare and quality of life. His questions and comments are always incisive."

Brown then shared what he would recommend to Gen. William E. "Kip" Ward, deputy command-

SEE FARLEY, A-8

Provost Marshal Corner

A master sergeant among recent DUIs

(Editor's Note: Information in this column is general in nature and a roll up of incidents as they are reported to the Military Police during the time frames stated.

This will be the last PMO Corner article for the Hawaii Army Weekly.)

COL. JACQUELINE CUMBO
Provost Marshal, 25th Infantry Division

Crime data provided is to make Soldiers and family members aware of trends that may be developing in or around their community. The Provost Marshal Office (PMO) uses this data to direct patrol activities designed to apprehend offenders and eliminate these occurrences.

In our joint fight against crime, PMO asks that you use this information and take proactive measures to avoid being a victim. Report suspicious activity to the Military Police at Fort Shafter, 438-7114; at Schofield Barracks, 655-7114, or dial 911 for emergencies.

Crime statistics, Aug 16 – Sept. 1

•**At Fort Shafter and south areas**
The Fort Shafter PMO reported a total of



Aiko Brum | U.S. Army Garrison, Public Affairs

Col. Jacqueline Cumbo, salutes and then relinquishes command of the inactivated MP Brigade-Hawaii at Monday's transitioning ceremony at Sills Field, Schofield Barracks.

12 cases during this period. They included two assault cases that took place at Fort DeRussy. One of the assaults resulted in the apprehension of a U.S. Army sergeant after he slapped his civilian girlfriend on the face while they were in their hotel room. The other

assault occurred in the Hale Koa Hotel parking garage and involved a civilian male and female. The male subject was taken into custody.

One report of a domestic assault also occurred in a hotel room at the Hale Koa Ho-

tel when a retired U.S. Army sergeant first class assaulted his wife. No medical attention was required in either of these cases, and it is unknown if alcohol was involved.

A report of shoplifting occurred at the Aliamanu Military Reservation (AMR) Shopette involving two unidentified juvenile males who stole two bottles of an alcoholic beverage by taking the items off the shelf (one bottle each) and placing them under their shirts and walking out the front door. Witnesses saw one individual get into a blue in color Dodge PT Cruiser (unknown license plate), as a passenger, and the other individual fled on foot. The two individuals were recorded on closed-circuit television taking the two bottles. Investigation continues by MPs.

Larceny cases were reported at the Fort Shafter service station after an unidentified male wearing an army combat uniform (ACU), driving a silver in color Dodge Stratus, drove off without paying for 16 gallons of gasoline, worth \$51.98, which he had pumped into the vehicle.

SEE PMO CORNER, A-4

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with captions and bylines.

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Commander, U.S. Army Garrison
Col. Howard J. Killian

Public Affairs Officer
Troy Griffin

Command Information Officer
Ed Aber-Song

edward.abersong@schofield.army.mil

Managing Editor
Aiko Rose Brum
editor@hawaiiarmyweekly.com

Assistant Editor
Jeremy S. Buddemeier
news@hawaiiarmyweekly.com

Pau Hana Editor
Christa B. Thomas

community@hawaiiarmyweekly.com
christa@hawaiiarmyweekly.com

Staff Writer
Landy Stewart Miyake

Layout
Leah Mayo
Sueann Carter

Advertising: 525-7654

Editorial Office: 655-4816/8728

Fax: 655-9290

Address:
Public Affairs Office

Bldg. 580, Stop 215

Schofield Barracks, HI 96857

Web site:

http://www.25idil.army.mil/haw.asp



Aiko Brum | U.S. Army Garrison, Public Affairs

Col. Scott Jones assumes command of the 8th MP Brigade, which supports garrison policing and forward operations.

MP Bde. transforms

COL. JACQUELINE CUMBO
Provost Marshal, 25th Infantry Division

As with everything in the Army, the Military Police (MP) are experiencing the effects of reorganization, and with reorganization comes change.

For our installations, change means a new and dynamic approach to how we provide law enforcement support to you. For me it means a reassignment.

Beginning this month, the MP/law enforcement mission will be divided into thirds. First, MP Brigade-Hawaii (my command) will be inactivated and replaced by the 8th Military Police Brigade. Its mission will be to support forward operations and augment the garrison policing missions. Yes, our fine MP support to the community will continue.

Second, the garrison law enforcement mission will be en-

hanced with the development of the Directorate of Emergency Services, or DES, which will consist of Department of the Army police, federal fire departments and safety personnel. They will be assigned to the garrison commander to safeguard our installations.

The third segment will be the Provost Marshal, U.S. Army, Pacific/Director of the Protection Directorate serving the Army Service Component Command (ASCC). This, incidentally, will be my new assignment.

While I look forward to the challenges of this office, I must say on behalf of the MP Brigade-Hawaii that it has been a pleasure and a privilege to protect and serve each of you and our communities. I am confident that our law enforcement services will only continue to improve as a result of this reorganization.



33 days since last fatal accident

Soldiers, as your daily reminder to be safe, place a "red dot" on your wristwatch.

Remember, a division training holiday will be awarded for the first 100 consecutive days with no accidental fatalities.

As of 9/06/06

LIGHTNING SPIRIT

Did you forget something or are you otherwise too preoccupied?

CHAPLAIN (CAPT.) ANDREW RIGGS
Deputy Community Chaplain, Schofield Barracks

This morning as I was leaving the house, I had a revelation. I had forgotten something I needed to have with me.

Since time was of the essence, I could not turn the car around and go back and retrieve the item. I simply had to do without the item until I returned home to prepare for going to the office.

This was not the first time that I had found myself driving to a destination and suddenly realizing that I had forgotten something, either forgot to turn something off at the house or forgot to bring something I needed with me. I have, at times, turned my car around and went back to my house for whatever it was that I suddenly remembered.

The times when I could not easily return, I had to trust that the object I thought I needed might not be needed, or the thing I could not remember turning off, or not, would be all right until I was able to go home again.

I have noticed that in recent years I seem to forget lots of things, from small objects to directions, to locations I have been at before to people's names.

Some people who know about my forgetfulness joke that maybe it is because I have grown older. But I cannot place the blame on age. I myself make the excuse that it is because of my time in Iraq and the locations my unit and I were in.

Maybe this is an excuse and something else is going on inside myself that I cannot explain. Maybe I am so forgetful because I am so focused on other things that I am not really paying attention to the

task at hand, or to whomever I am trying to have a conversation with.

Maybe I am letting too many outside factors interfere with what is going on at the time.

Most people have those periods of time when they do forget something: where they placed their car keys or some important document; how to get some where, how to make something such as that special meal or desert you love so much; or another person's name.

It is not because we don't want to remember — well maybe sometimes. It may simply be our preoccupation with other matters.

Unfortunately, we allow too many things to interfere with our relationship to God. We are so focused on the things of this world that we ignore God and need to be reminded that God is always with us and wanting our attention. We become so wrapped up in our own fears, wants and desires, burdens and loneliness, that we cannot hear or feel God with us.

Only when we have hit the wall do our memories come back and we turn to God for help. We are reminded of God's presence in our lives when we give God the control. We see things beginning to turn around towards the positive. It is then we say that we will not forget God ever again, and yet we always do.

It is very easy in this modern world to become so focused on the things around us that we do forget something. It happens to many of us. The hard part is to remember who can and does help us through our hard times.

Remember God as God remembers us.



2nd Louie

By Bob Rosenburgh

Voices of Lightning: "What impact do you hope to make on the world?"



"I want to be there when people really need it."

Cpl. LaBarron Roberts
HHC, 1-14th Inf. Regt. Communications Specialist



"Through my kids. I hope to raise them well."

Jamie Gilman
Family Member



"By being in the military, because it's [for] my country."

Sgt. Penny Martin
1101st GSU (Garrison Support Unit) Admin. NCO



"By doing something that's best for others, standing up for what's right."

Sgt. 1st Class Carol Wright
45th STB Brigade Logistics



"To make a difference for God, country and especially in the lives of Soldiers and family members."

Maj. Mark Knox
2nd Brigade Chaplain

Mail is ultimate morale booster for deployed troops

Our 25th Infantry Soldiers depend on mail from home

Story and Photos by
SPC. MIKE ALBERTS
3rd Brigade Public Affairs

KIRKUK, Iraq — They're more than just papers in an envelope or stuff in a box to Soldiers at war. For Soldiers thousands of miles away from their loved ones, mail is their "little piece of home" in a challenging environment.

Soldiers of the 3rd Infantry Brigade Combat Team are settling into their homes away from home and now have the official "go" to begin receiving encouraging words and care packages here at Forward Operating Base (FOB) Warrior, Kirkuk, Iraq.

Priority mail arrives from the United States within seven to 10 days, and mail sent by ground takes approximately two weeks to reach its intended recipient.

Soldiers sending mail can expect priority mail to reach the United States within 10 to 14 days and three weeks if sent by regular ground service, according to 1st Lt. Christina Altamirano, postal officer, 3rd Battalion, 394th Adjutant General Company. Altamirano is a reserve officer who brought 18 Soldiers with her to Kirkuk in October 2005 to handle the postal needs in the surrounding area of operation.

"We receive mail here at FOB Warrior regularly, about four times a week at different times during the day," said Altamirano. She explained that her unit provides all the postal services and support not only at FOB Warrior, but also at outlying camps and other FOBs north of Baghdad.

"Our most important function is to get mail to the Soldier," she said. "Mail is a sensitive thing. It's difficult to express its



Pfc. Joshua Bailey, 394th A.G. Co., operates a forklift to pick up pallets of mail as Sgt. Jose Angulo, 394th A.G. Co., assists loading boxes at the post office on Forward Operating Base Warrior, Kirkuk, Iraq.

importance.

"To receive a package from home, even if it only contains a snack that you can't get here, or that piece of mail that says 'hey, we miss you,' it's like receiving a little piece of home," she emphasized.

"Out here there's not a whole lot to look forward to," said Staff Sgt. Tim Reynolds, non-commissioned officer in charge, 877th A.G. Company. "Some of the outlying FOBs don't have nearly the same

recreational services that we do here at FOB Warrior, so what you get from home, whether its food or entertainment, is very meaningful," said Reynolds.

In order to ensure that a Soldier actually gets the morale boost needed, Reynolds shared some tips for family members sending mail.

"If you send liquids, be sure that they are well packaged. If they break in route, liquids ruin not only what's in your Sol-

dier's box but also those [packages] around it. Also, use sturdy and fully packed boxes to avoid things getting crushed," Reynolds continued. "Using the correct address is important as well."

Each Battalion must have a designated mail clerk properly credentialed to pick up mail from the post office. In fact, each mail clerk must take the course here at FOB Warrior to pick mail up here. One of those clerks is Spc. John Souza.

Need your Soldier's mailing address? Contact your family readiness group (FRG) for a complete unit address.

Sample:
Full name
Complete unit name
Specific operating base
APO, AE 09XXX

Souza has been the Headquarters and Headquarters Company, 31BCT mail clerk for three years. As a Soldier who has served in both Kosovo and Afghanistan prior to deploying here to Iraq, he truly appreciates the significance of his responsibility.

"Soldiers deserve to get mail. The families many times can't get a hold of their Soldiers directly by phone or computer. Getting mail is the only way they can send us messages and other things we need," he said.

Sgt. Peter Green, FIRES noncommissioned officer in charge, HHC, 31BCT, is one of hundreds of Soldiers who has received that unexpected morale boost when he needed it most.

"When we were in Afghanistan, we lived on a really small FOB with a [tiny] Post Exchange," said Green. "I went months wearing the same [rotation] of socks and T-shirts. That stuff wears out."

"My wife got wind that things were pretty rough, and I remember getting a box unexpectedly. Inside, it was full of socks and T-shirts that she sent. Even the most basic things that may not seem like a big deal back in garrison mean the world [to Soldiers at war]."

TOA: Tropic Lightning patches replace redeploying 101st Airborne

CONTINUED FROM A-1

National Corps in Iraq; and Dr. Zalmay Khalilzad, the U.S. Ambassador to Iraq.

During their yearlong tour in Iraq, the 101st Airborne Division and the Task Force Band of Brothers assisted two Iraqi Army Divisions in assuming responsibility for security in their provinces.

The other two Iraqi Army Divisions in the region are projected to assume responsibility for security in their provinces during the next three months with assistance from coalition forces.

The 25th Infantry Division will also focus on continuing the efforts of the 101st Airborne Division to help rebuild Iraq's infrastructure and further the democratic process.

The 101st Airborne Division will return to Fort Campbell, Ky., in order to prepare for their next "rendezvous with destiny."



Above — Maj. Gen. Benjamin R. Mixon, commander, 25th ID, greets the Iraqi Army Division commanders for the first time as he takes charge of Multi-National Division North at Contingency Operating Base (COB) Speicher, Iraq.

Right — Dr. Zalmay Khalilzad, U.S. Ambassador to Iraq, and Gen. George Casey, commander, Multi-National Forces-Iraq attend the Mission Assumption Day Ceremony.



Photos by Spc. Michael Pfaff | 133rd Mobile Public Affairs Detachment

Engineers pull graveyard shifts to avoid desert sun

Pros and cons challenge 84th Engineers who work in darkness to dodge intense Iraqi daytime heat

Story and Photo by
2ND LT. MIKE BENNON
Earth Moving Platoon Leader,
84th Engineer Combat Battalion (Heavy)

Balad, IRAQ — The sun was hot, and the decision was made. With the desert temperature increasing to more than 120 degrees, B Company, 84th Engineer Combat Battalion (Heavy), made the call to move to the “night schedule” for all engineering operations.

The company was engaged in numerous construction operations, and with manpower tight, Soldiers worked long hours on construction sites, six to seven days a week.

Company commander, Capt. Andrew Marshall’s intent was clear: to keep Soldiers from laboring in the grueling noon-time sun. The company would work almost exclusively at night and be back in bed before the thermometers topped out in the early afternoon.

“It will take some getting used to, but it will be best for us in the long run,” said Marshall.

“Besides,” added Spc. Aaron Licklider, a heavy equipment operator, the day before night operations began, “we have several big light sets, and all of the equipment has headlights.”

Plenty of technical dilemmas are asso-



Spc. James Justice of Co. B, 84th Engineers, operates a bulldozer in the early morning sunrise. The first light of the day lets workers see for the first time just how much work they have done the previous night.

ciated with performing construction almost exclusively at night. Productivity decreases, of course, but just how much is another matter.

“We make passes with the grader, wait for the sun to come up, then look around and realize that we messed it up, and then we fix it,” said Staff Sgt. Kenneth Lewis, noncommissioned officer in charge of the site preparation mission.

Fixing a previous night’s work during

morning light happened on a couple occasions. Night string lines were replaced by day string lines, but night compaction always seemed too soft when the sun came up.

Perhaps the worst productivity losses came from a different source — the natural, biological urge in all people to sleep when it is dark out. No matter how used to the night schedule Soldier’s would get, they would always be fighting to stay

awake. Their leaders fought to keep them awake.

B Company also began to experience the personal quirks of the “graveyard shift.” Lunch was really breakfast and dinner was really lunch. Breakfast was a concoction of leftovers that the local dining facility called midnight chow.

On off days, many forgot to sleep completely, and they paid dearly for it the following work night. Further, while B

Co. may have changed over to the night shift, that certainly did not mean other units and facilities in the area accommodated their schedule.

Sgt. 1st Class Revay, B Co. operations NCO, perhaps got to experience this aspect of their situation best.

“Battalion kicks off around 0900 [9 a.m.], and this place turns into a zoo around 1030 [10:30 a.m.].” Needless to say, many Bulldogs ended up working late hours to coordinate all preparations for the following work night, or react to that morning’s ‘hey you’ tasking,” he said. “Caffeine slowly began working its way into dietary routines. Coffee was commonplace at midnight, but sunken, pale faces would always surface in the noon-time sun.”

As the company adapted to its new, nocturnal schedule, it got comfortable with the fact that three quarters of the day’s work came during the half day of morning sunlight. Soldiers became accustomed to eating breakfast food two times a day, and leaders became used to a “power hour” of tasks and requests for information that would come down just before their workday ended.

Though no one is completely used to sleeping during the daytime, the company, as a whole, has made the changeover well, pale skin and all.

(Editor’s Note: 2nd Lt. Michael Bennon is currently holding his first assignment as an officer. He has a degree in civil engineering from the U.S. Military Academy.)

PMO Corner: ‘Eyes and ears’ of community aid successful law enforcement

CONTINUED FROM A-2

A second larceny occurred at Fort DeRussy when an unknown individual operating a 1992 grey in color Acura, with Hawaii license plate NYX-582, tailgated another vehicle through the exit gate at the Saratoga parking lot, without paying the parking fee. This incident is still under investigation.

At AMR, unknown person(s), by unknown means, entered a vacant quarters and damaged the stairwell and upstairs bedrooms by knocking holes into the walls ranging from 6 to 18 inches.

Finally, five Soldiers were apprehended in Honolulu for driving under the influence (DUI) of alcohol. They included one master sergeant, one sergeant and three specialists.

• At Schofield Barracks

The Schofield Barracks (SB) PMO reported a total of 22 cases during this period, including two cases of assault that occurred in Schofield Barracks housing. Both cases involved mutual assault and resulted in the apprehensions of three Sol-

diers and one family member spouse. Alcohol was not involved, and no medical attention was required.

Five cases of domestic assault were reported. Four occurred in Schofield housing, while the fourth occurred in Helemano Military Reservation (HMR). Four Soldiers and two family members were taken into custody. Only one of these cases was alcohol related, and no one required medical attention.

A case of attempted homicide was reported after a civilian suspected of possible drug possession attempted to strike an MP with his vehicle, when attempting to escape apprehension. The subject was apprehended, and no injuries were reported.

Three cases of shoplifting were reported. In one, an Army and Air Force Exchange Service (AAFES) employee was apprehended after she attempted to take a purse and perfume from the exchange without rendering payment.

In another case, two unknown subjects removed two X-Box games. The subjects were detained and escorted to the AFEES security office, but fled the scene before



Aiko Brum | U.S. Army Garrison, Public Affairs

Mrs. Rhonda Nixon, wife of the 25th ID commanding general, extends well wishes to Col. Jacqueline Cumbo, outgoing commander, MP Brigade-Hawaii.

arrival of MPs. The image of these subjects was recorded on surveillance video, and an investigation continues.

In the third case, two juveniles were apprehended after they attempted to take two packs of batteries from the exchange without rendering payment.

A case of housebreaking was reported in Schofield housing after person(s) unknown

removed a Nikon CoolPix 4800 digital camera from the victim’s quarters while it was secure and unattended.

Fourteen cases of larceny of personal property were reported on Schofield; six occurred in housing, four in common areas, two in barracks areas, and two in privately owned vehicles (POVs). The items taken included car stereos, other electronic stereo equipment, CDs, a purse, ladies’ cologne, two cell phones, one military ID, an Oregon driver’s license, cash, a credit card, a wallet, a checkbook, a debit card, and two skateboards.

Six bicycles were also taken. Two juvenile males were apprehended in relation to one of these thefts and two skateboards were recovered. The rest of the cases are still under investigation.

Finally, one case of DUI was reported resulting from a traffic stop in the vicinity of Mendonca Park. A civilian driver was apprehended.

Traffic Safety. Traffic safety is a constant concern for everyone. Please be aware that what we do while operating a motor vehicle can result in dire consequences for ourselves and others. Hence,

PMO conducts seat belt, safety inspection, registration and vehicle insurance checks.

Make sure that yours are all current. Help PMO to increase traffic safety by obeying the law.

Traffic statistics, Aug. 16 – Sept. 1

Speeding, 66
DUI-alcohol, 1
Stop sign violation, 9
Seat belt violation, 1
Expired vehicle registration, 47
Expired safety registration, 54
Driving without a driver’s license, 7
Driving without insurance, 10
Parking, 44

Final thoughts. During this last year, it has been my focus in these articles to educate everyone that it is “you” who makes the difference in making our communities safe. We (the MPs) respond to what you see and report. You are the eyes and ears to a successful law enforcement program, and it is you that has made the difference.

It’s been my pleasure to serve you, and I wish you a fond aloha and best wishes.



Sgt. 1st Class Valentin Fletes | 2nd Brigade Public Affairs

Sgt. Thomas Fields of 1-21st Infantry showcases the XM-107 to Naib Subedar Amit Chhetri.



Sgt. 1st Class Valentin Fletes | 2nd Brigade Public Affairs

Soldiers who participated in "Operation Yudh Abhas" salute as the Indian national anthem is played.

'Ayo Gurkhali!' ('The Gurkhas are here!')

Bilateral Yudh Abhyas now underway

SGT. MICHAEL J. MOODY

1st Battalion, 14th Infantry Regiment, 2nd Brigade

About 140 members of the Indian Army and Air Force came to Schofield Barracks, Sept. 6, for the largest Yudh Abhyas to date.

Established in January of 2001, Yudh Abhyas means "training for war" in Hindi. The bilateral training is intended to further Indo-U.S. Army interoperability and capabilities.

"The Gurkhas are world-renowned for their amazing skill in the jungles, fighting guerrillas, terrorists and foreign armies," said Col. Stefan J. Banach, commander, 2nd Stryker Brigade Combat Team in his Yudh Abhyas 2006 commencement address.

Earlier this year, members of the 25th Infantry Divisions' 3rd Brigade Combat Team deployed to India to train on counterinsurgency in the Himalayan foothills. The focus of Bravo Company's, 52nd Anti-Tank hosting 3rd Battalion, 9th Gurkha Rifle Regiment, is counterinsurgency and urban operations.

"The U.S.-Indian exercise program, and others like them, further demonstrates the commitment of our two countries to work together, as equals," explained Banach, "to make the world more peaceful, more prosperous and more free."

Col. Dinesh Singh, commander of India's 3-9th Battalion, added, "As the Yudh Abhyas suggests, we are preparing for war. However, our main reason for training with the U.S. Army is to build a good relationship with American Soldiers."



Sgt. 1st Class Valentin Fletes | 2nd Brigade Public Affairs

Flight Lieutenant Jagvindra Singh of Garuda (IAF) studies Pvt.2 James Teepe's equipment.

"We also want to learn what we can about tactics used by the U.S. Army, as well as share what we can as far as our experience is concerned."

The 9th Gurkha Rifle Regiment, like its host unit – the Gimlets, has a history that dates back to the 19th century, one steeped in conflict and honors.

The 9th Gurkhas were raised during the Third Mahratta War as part of an infantry levy at Fatehgarh, a city located in Northern India. By 1901, the regiment was officially designated the 9th Gurkha Rifles.

The Gurkhas fought in both World Wars. During the World War II, the 9th was active in African, European and Pacific campaigns. Since that time, it has defended India's borders and fought to defeat terrorists.

During the course of its history, five soldiers of the 9th Gurkha Rifles have been awarded the Maha Vir Chakras, India's second highest military decoration for gallantry in the presence of an enemy.

"The Indian Army comes to us a very capable force, with experience in counterinsurgency operations, allowing us to learn from their experiences and methods," said Lt. Col. Matthew S. Kelly, commander, 1st Battalion, 21st Infantry Regiment.

Many of the Gurkha junior leaders speak English, which allows for a more open flow of information and gives the Indian and American Soldiers the opportunity to learn directly from one another.

Both units – the 1-21st Battalion and the 3rd Battalion of the 9th Gurkha Rifles – manifest abundant esprit de corps. Singh said their ability to work from that common foundation will prove valuable.

"My hope," said Singh, "is that our boys and the boys from 1-21st will develop respect for, and a good relationship with, each other."

New APCSS class gives muscle to 'stability ops'

LT. COL. EUGENE BOSE, USMC
Asia-Pacific Center for Security Studies

HONOLULU – Preparing security practitioners to deal with contemporary stability challenges is the focus of a new course at the Asia-Pacific Center for Security Studies (APCSS).

The first Stability, Security, Transition and Reconstruction (SSTR) course kicked off at APCSS last week with 26 fellows, representing military, constabulary, diplomatic, academic and humanitarian professionals, spanning 17 Asia-Pacific countries.

The three-week course is aimed at preparing security practitioners to plan, evaluate and execute proactively, to avert or mitigate brewing conflicts and complex emergencies.

Last November, the Secretary of Defense directed U.S. military stability operations (defined as "military and civilian activities conducted across the spectrum, from peace to conflict, to establish or maintain order in states and regions") should have the same priority as combat operations.

The course extends well beyond crisis response. For instance, according to Maj. Mike Weisz, deputy course coordinator, "Reconstruction activities, although considered to be a part of stability operations, are nonetheless longer term. [They are] focused on the post-conflict/post-destructive phase, are generally civilian led, and are broader in scope. [They] consider such diverse areas as security, governance, justice and economic and infrastructure development," Weisz explained.

In addition to reconstruction activities, stability operations "include preventive diplomacy, developmental aid to nation-states, peace operations, humanitarian assistance/disaster relief, and combating terrorism, to name but a few."

Fully supportive of Department of State and DoD initiatives, the SSTR course grew out of a simultaneous appreciation for the changing strategic environment.

Since the end of the Cold War, the world has witnessed an increase in intrastate conflict (such



SEE APCSS, A-6

Warrior Brigade roughs water survival at Waimea Bay

Story and Photo by
SPC. WILLIAM MORDEN
Headquarters and Headquarters Company, 2nd Brigade

WAIMEA BAY – For noncommissioned officers (NCOs) of Headquarters and Headquarters Company, 2nd Brigade, recent water survival training at Waimea Bay was a time to gauge capabilities.

“I feel water survival training should be conducted monthly, whether in the pool or the ocean,” said Sgt. 1st Class Eric Powell.

“It’s important for Soldiers to be able to adapt and survive no matter what the environment,” said Staff Sgt. Adrian Gonzalez. “By conducting water survival, the individual develops the skills necessary to survive if ever he or she is put into that situation.”

The training began with a routine warm-up familiar to all physical training sessions such as a “run in place,” group stretching, and individual stretching. Tough, team-focused training immediately followed the warm-up.

The Warrior Brigade is focused on training to fight, and the water survival session would soon be



Sgt. 1st Class Eric Powell (right) uses the pants of his battle dress uniform (BDU) as a flotation device.

proof enough of that.

Teams executed litter carries then tackled carry relays. Though they had time to breathe between these exercises, the drills themselves were tough to complete in battle dress uniform (BDU) on the sands of Waimea Bay.

Still, teams showed their competitive streak.

When they entered the water, keeping safety in mind, they split into ability groups. The weakest swimmers staged closest to shore and the best swimmers in water shallow enough to stand with their heads above the water’s surface.

Soldiers used their trousers as flotation devices while trying to remain in a close group. Quickly, the training showed the state of their current physical capabilities.

All-in-all, not only did the water survival training test the mettle of the NCOs, but it also raised their morale and improved unit cohesiveness between leaders in the company. At day’s end, the training was best summed up by Sgt. LaShauna Thomas who said, “Though it hurt, the Warrior within me kept me from giving up.”

APCSS: Security practitioners hope ‘to avert or mitigate brewing conflicts’

CONTINUED FROM A-5

as civil war and ethnic conflict. At the same time, nations are painfully aware that natural disasters are proving more destructive than ever due to the compounding effect of insufficient emergency response structures, pre-existing environmental damage, and population stress.

Effective stability security and reconstruction activities are a way to either prevent or mitigate the effects of those conflicts, crises and emergencies.

The course addresses basic definitions and types of stability operations, coalition building and interagency coordination, interventions and occupations, transition planning and strategic communications, information management and complex problem solving, among other topics.

Participants learn through activity-based seminars and role-playing exercises. The curriculum is designed to impart vital knowledge as well as to develop leaders’ skills and frameworks in order to improve the effectiveness of SSTR practitioners.

The APCSS supports the U.S. Pacific Command’s objective of developing professional and personal ties among national security establishments throughout 45 Asia-Pacific nations. Its most beneficial result is building relationships of trust and confidence among future leaders and decision-makers within the region.



An SSTR fellow (right) discusses options with APCSS professor Dr. Alexandre Mansourov during an exercise on building a peace accord in Sri Lanka.



Photos by Stephanie Hika | Asia-Pacific Center for Security Studies Public Affairs

Twenty-six fellows representing 17 Asia-Pacific countries participate in the first SSTR Course offered by APCSS. They learn through activity-based seminars and role-playing exercises such as this exercise (above) on developing a peace accord for Sri Lanka.

Farley: Senior NCO stands out from the crowd

CONTINUED FROM A-1

er, USEUCOM. He said it would be to “pay attention to what your new command sergeant major has to say.”

Brown continued, “I am absolutely honored to be here with all of you, to pay our respects, cherish the accomplishments, and send our aloha with Mark and Kim Farley. You being selected as command sergeant major of USEUCOM is something we can all be proud of.”

As guest speaker, U.S. Marine Sgt. Maj. William T. Kinney, senior enlisted advisor, U.S. Pacific Command, offered brief, but poignant comments about Farley. Most notably, Kinney said Farley is “an individual who stands out from the crowd of many great individuals.”

Taking the podium, Farley first invited the color bearers and members of the Commander, U.S. Pacific Fleet band, who had been standing rigidly at attention, to “shake it off.”

“I’ve been out there, I know what it’s like, and you look great,” Farley proclaimed. “I don’t usually get to see [the formation] from this angle.”

Farley acknowledged guests in the audi-

ence, and then began his stirring, heartfelt address.

“How do I sum up forty months of duty?” he asked, rhetorically. “I can tell you what I see.

“I see new flags of the 94th Army Air and Missile Defense Command, the 8th Theater Sustainment Command, the 311th Theater Signal Command, a new [Military Police] brigade, an engineer battalion and aviation units that we moved from Korea,” he said.

“I see 7,000 active duty and reserve Soldiers who put boots on the ground and their lives on the line in honor and defense of this great nation,” he continued, adding, “with more than 15,000 still serving or on their way there now.

“I see the 74 Soldiers who didn’t make it home and paid the ultimate sacrifice for our country.

“I see the lighted U.S. flag that Lt. Gen. [James] Campbell [former USARPAC commander] and I lit three years ago and vowed to keep...lit until the last USARPAC Soldier came home.

“I see the progress this team has made in the enlisted professional development of foreign

armies from nations around the Pacific, including Japan, Philippines, Taiwan and Mongolia, to name a few.

“I see a lot of progress, but I see a lot more to do in the future, and I think we’ve just scratched the surface,” he said, conceding.

Farley will take with him to USEUCOM the experience of a caring, knowledgeable Soldier who has meant a great deal to those who have served with him. He will take with him the message that he is leaving with many in USARPAC.

“Whether you wear shiny bars or shiny stars, you have been blessed and allowed to lead Soldiers – America’s sons and daughters – who have volunteered to be part of this great Army. Be proud of who you are and what you represent,” he said.

As his voice cracked with emotion that was felt by many in the audience, Farley took one step back, rendered a salute and said, “USARPAC six, this is USARPAC seven, requesting to leave the net.”

Command Sgt. Maj. Farley, described as “an NCO’s NCO, and his wife, Kim, greet a guest at his Flying V ceremony at Fort Shafter.



News Briefs

Send calendar announcements to community@hawaiiarmyweekly.com.

September

15 / Today

POW/MIA Recognition Ceremony — The Joint Prisoner of War / Missing in Action Accounting Command will commemorate National POW/MIA Recognition Day at the Hickam Air Force Base Missing Man Formation, behind the Officers Club, at 9:30 a.m.

Brig. Gen. Michael Flowers, commanding general of the Joint Pacific Command, will officiate. The keynote speaker will be U.S. Navy Capt. (Ret) James Hickerson, a former Vietnam POW. For more information, call 448-1938.

19 / Tuesday

Special Education Workshop — The Army Community Service (ACS) Exceptional Family Member Program is hosting a free workshop series on special education and state and federal law requirements. Workshops are designed to empower families that have children with special needs.

Workshops will be held in the ACS classrooms, Sept. 19, 21, 26, and 28, from 9 a.m. to 3:30 p.m. 2091. Registration is required. For more information, call 655-4777.

20 / Wednesday

Tactical Ops Demonstration — The 94th Army Air & Missile Defense Command will conduct a demonstration of its tactical operations center.

The demo is from 9 a.m. to 3 p.m. on Fort Shafter, adjacent building (718).

23 / Saturday

Road Closure — Lyman Road, from Carpenter to Maili Street will be closed Sept. 23, from 8 a.m. to 5 p.m. to connect a new sewer line to an existing line.

For more information, contact Mr. Lindy Kunishima at 624-1124.

24 / Sunday

World War II Veterans Memorial Service — A joint memorial service, among Japanese-American World War II veterans of the 100th Infantry Battalion, the 442nd Regimental Combat Team, the 1399th Engineer Construction Battalion, and the Military Intelligence Service will be held beginning at 9 a.m. at the National Memorial Cemetery of the Pacific at Punchbowl.

The service is being held by the surviving World War II veter-

ans in honor of their deceased brothers-in-arms.

28 / Thursday

Photo Lab Relocation — The Fort Shafter DA Photo Lab will move to building 220, across from the military police station, effective Sept. 28.

On Oct. 2, the new telephone number for appointments will change to 438-7532. For more information, call 295-0205.

October

9 / Monday

Military Personnel Survey — The 2006 Sample Survey of Military Personnel (SSMP) will be distributed to all 25th ID units Oct. 9 through 13. Army policymakers use the survey results to assess Soldier and family well-being and to develop plans, assess policies, and evaluate program operations and outcomes.

The SSMP includes sections on quality of life, satisfaction, morale, unit climate, retention; it also includes impacts of deployments, deployment lengths and rotation, stress, Army Continuing Education System (ACES), distance learning, and Army life (commitment).

Completed survey booklets must be received by the DA Boards in the Soldier Support Center, building 750, room 130 no later than Nov. 10.

For more information, contact Laura Liebold at 655-4511.

17 / Tuesday

Schofield Town Hall — The next Oahu North Town hall meeting is scheduled for Tuesday, Oct. 17 at 6:30 p.m. in Sgt. Smith Theater, Schofield Barracks.

23 / Monday

Ammunition Supply Closed — The Wheeler Army Air Field Ammunition Supply Point will be closed Oct. 23-27 for Division Ready Force reconfiguration. Operations will resume Oct. 30.

Emergency requests will be processed if approved by G-3 Training. For more information, call Staff Sgt. Littlejohn at 655-8993 or John Madarang at 656-1649.

Suicide: Family, friends oft left with a lifetime of unanswered questions

CONTINUED FROM A-1

he continued, adding, "but the underlying theme is loss and grief."

Other signs to watch

- Rage
- Acting reckless or engaging in risky activities
- Increased alcohol or drug use
- Withdrawing from friends, family and society
- Anxiety
- Overeating or loss of appetite
- Altered sleep patterns
- Dramatic mood changes

Difficult life events combined with depression also may lead to thoughts of suicide. Suicidal people may give some indication of their intentions by things they say or do, like giving away possessions that have meaning to them.

"It takes courage to ask someone if they are trying to kill themselves, but you have to enter a dialogue with them," Kennedy said. "If they begin that 'stinkin' thinkin', then get involved."

"Sometimes that person may be just blowing off steam. Just talking about suicide doesn't mean they will actually do it," he said.

More than 90 percent of those who commit suicide simply have a treatable mental or substance abuse disorder. The tragedy of suicide is not just about the individual and broken and confused family and friends left behind; it's the readily-available help that was not employed that may have prevented the senseless act.

"There is a lot of help available for people in need, said Staff Sgt. Crystal Mitchell, of the Soldier and Family Assistance Center (SAFAC). "We have someone on call 24 hours a day. Also, the chaplains are the best trained resources as our suicide prevention coordinators."

"A myth among Soldiers is that a visit to a mental health professional will adversely affect their careers. There are times when the diagnosis may indicate this person is not compatible with military service," said Kennedy. "But we would like to encourage folks to overcome that stigma of mental health and seek help. Ninety-nine percent of the time, there is no negative impact on the careers."

There are many local sources available to aid



those who may be struggling with suicidal thoughts. A few local sources include SAFAC, 655-6600 is available around the clock; the chaplain's duty phone, 927-3825; and Army One Source, 808-464-8107. In the event of emergencies, call 911.

Concerned by rising stressors in the military, the Defense Department started an anonymous, online self-screening program that is always available. The program assesses answers to questions about recent behavior and mood swings. If the responses indicate possible trouble, it suggests options for seeking help: <https://www.militarymental-health.org/welcome.asp>.

More help can be found at the National Suicide Prevention Lifeline, 1-800-273-TALK (8255), or the National Suicide Prevention hotline, 1-800-SUICIDE (784-2433).

Suicide has an enormous social impact, and each person is responsible for taking care of him or herself and morally responsible for assisting others. There is help for those who are suffering.

"The Army has mandatory annual and sometimes biannual suicide prevention awareness training, which everyone attends," Kennedy said. "Awareness is okay, but intervention is better."

Kerri tells story of redemption, relief

CHRISTA B. THOMAS

Pau Hana Editor

(Editor's Note: Names and potentially identifying information have been changed in this factual account.)

In May, just days before Master Sgt. Arthur James was to witness Staff Sgt. Kerri Asuncion's graduation from a professional military course, he instead stood vigil in Queen's emergency room as Asuncion had dozens of sleeping pills pumped from her stomach.

Seventy-two hours prior, Asuncion, a star student taking three college courses, received word that she would be getting a "C" in one of her classes.

Forty-eight hours before the scene at the emergency room, Asuncion found out that she had failed a test in her military course.

Twenty-four hours later, she took a handful of tablets and washed them down with alcohol. She had, had enough.

"Enough of the military, enough of school, enough of my family," Asuncion said. "I just didn't want to be alive anymore."

"When I woke up the next morning, when

I wasn't supposed to, I took more tablets. It was two days later that I woke up in intensive care at Tripler," she said.

Her father wanted to know why she did it. Her mother wanted to know how this attempt would affect her career. They readily admit their emotions turned from fear, to relief, to anger, then to support.

"It was after that when I found out how many people cared about me and how many people would have been hurt, angry and confused," Asuncion conceded.

"Last year, I gave her a referral to the assistance center where she received counseling, but she stopped going about two months before this incident, James said. Hindsight is '20-20.' Many things that she did and said, I later considered as potential signs."

With stipulations in place, Asuncion is back at work. She sees a therapist twice a week and checks in regularly with James.

"After so many years in the military, I know we are better informed," James said. "I suggest that everybody take suicide prevention briefings seriously, because you can potentially save someone's life."

COMMENTARY



PAU HANA



www.25id.army.mil/haw.asp

"When work is finished."

FRIDAY, SEPTEMBER 15, 2006

Pentagon legacies live on

ANDRICKA HAMMONDS
Army News Service

WASHINGTON — Five years have passed since the nightmarish morning when terrorists shook Americans' faith in the country's security. As the nation responded by supporting the Defense Department's war on terror, families of Sept. 11, 2001, victims rallied to create a Pentagon memorial.

"It's my mission that the crew members, passengers and Pentagon employees who died in the September 11 attack are remembered," said Tom Heidenberger, director of the Pentagon Memorial Fund whose wife, Michelle, a flight attendant aboard American Airlines' Flight 77, died in the attack.

The Pentagon Memorial Project commemorates the 184 people who died in the attack on the Pentagon and will include 184 benches, each illuminated by a small, lighted pool.

A plaque with a victim's name will be placed at each bench, and the benches will be arranged according to victims' ages, ranging from Dana Falkenberg, 3, to John D. Yamnicky, 71.

"This memorial will be open to the public as a beautiful place for



For more on the Pentagon Memorial Fund, visit www.pentagonmemorial.net.

collective contemplation," said Jim Lachak, Pentagon Memorial Fund president who wears a silver bracelet bearing the name "David," for the brother he lost that day.

The U.S. Army Corps of Engineers took on the planning, site selection and design of the memorial. A jury — made up of design pros, family members and Washington dignitaries, including two former defense secretaries — reviewed 1,126 entries, and Kase-man Beckman Amsterdam Studio of New York won.

Groundbreaking took place June 15, and the \$28 million memorial is expected to be completed in 2008.

The fund is part of the Combined Federal Campaign, which enables DoD members to donate money to nonprofits worldwide.



Soldiers from the 8th Theater Sustainment Command (from left to right, Sgt. Hillary Robertson, Spc. Keshon Smith, Spc. Ebony Jolly, and Spc. Jennelle Roberts) say silent prayers during a moment of silence at the Chapel's 9-11 remembrance ceremony.

Schofield recalls 9-11

Story and Photo by
AIKO BRUM
Managing Editor

In the middle of the Pacific, far removed from the fifth anniversary events of 9-11, the war waged on terror could seem remote if so many of our 25th Infantry Division Soldiers were not deployed to Operation Iraqi Freedom and Operation Enduring Freedom — or could it?

Some here didn't suffer a personal loss. They weren't impacted by the bloodshed of that day. Yet, on the other hand, quite the contrary, everyone was indeed impacted by the sheer evil that tore a rip in the fabric of our nation.

This past weekend, newscasts and newspapers joined a plethora of cable documentaries that replayed the breaking events as they unfolded in New York, Washington and Pennsylvania in 2001. Reporters and analysts dissected and opined every world and national event that served as a precursor, but for the average Joe, what of it all?

Some can say "I remember where I was at when" about a couple more events in the 21st century. Yet, used to be, the "greatest generation" recalled the JFK assassination, baby boomers the Challenger explosion. Now Generations X, Y and Z join them in remembering "Ground Zero," among a host of other horrific events that define our nation the last half century like the slayings

of MLK Jr. and Senator Robert Kennedy, the Beirut bombing, and even Princess Di and "John-John" tragedies.

"I am sure most of us can remember exactly what we were doing on that particular day," said Kristen Flynn, an Army spouse who spoke at Schofield's "9-11: A Time of Remembrance" ceremony. "I remember it as if it were yesterday," she said, recounting the "Today" show coverage she watched at home in Lawton, Okla.

Chaplain (1st Lt.) Derek Pottinger recalled the day too, stating, "I remember I was at a local pastorate before I came into the Army. I remember watching on TV and thinking that what happened would change events in the nation," he said, thinking back while embracing daughter Jennifer, 19 months, as Melissa, 3 years, gazed up at him nearby.

Indeed, the average Joe and Jane, with no family ties to 9-11 is forever connected to the events of that day. When he travels the skies, he complies with the Transportation Security Administration — Homeland Defense requirements. When she handles business at government agencies, she does so after passing a barrage of barricades or metal detectors designed to protect those within — the obvious impacts.

Perhaps the average Joe and Jane also give pause when Islamic fundamentalists rant of Holy Wars and "Jihad for the sake of Allah." They may feel slight or occasional apprehension when terror-

ism alerts are high.

Many, though, have come away from 9-11 tragedies with renewed vigor and resolve in the face of terror, just like those who were personally touched across America.

"I, like so many others, was in complete shock," Flynn said during the remembrance ceremony. "Never...not even for a single moment, did I even remotely comprehend how this event would affect the rest of my life. Without a doubt, it altered my future, redefined my faith, and fortified my pride in our great county."

Flynn, whose husband and brother both deployed multiple times, received a fateful call. Younger brother Mark who had looked up to her husband and admired his military dedication, "found himself caught up in stop loss," she explained — less than a year after he had returned from his first deployment to Iraq.

He was killed by a sniper, Dec. 7, 2004 in Sadr City, Iraq (just outside Baghdad) — the anniversary of another fateful day and his sister Kristen's birthday.

"Courtesy of caller ID," she said of the call, "I saw that it was my mother. I assumed she wanted to wish me a happy birthday. I was in no way prepared for her actual message."

The moment is etched in Flynn's memory; she describes it as "frozen in time."

SEE 9-11, B-4

9/11 has changed the Army

J.D. LEIPOLD
Army News Service

WASHINGTON — As the 1941 "day of infamy" sneak attack on Pearl Harbor launched America into a world war against nations, so the horrific attacks on the World Trade Center and Pentagon launched a war against nationless terrorists.

This war required the Army to take a different approach to organizing, training and fighting.

According to Command Sgt. Maj. William J. Gainey, enlisted advisor to the chairman of the Joint Chiefs of Staff, the events of 9/11 transformed the Army and its sister services.

"It made us more ready than ever before," he said. "Our young men and women of all the services are better trained and have more combat experience than anyone in the last two generations."

Today's Soldiers don't train for possible deployment to an unknown destination; they train for the realities of imminent combat in Iraq or Afghanistan.

"They train on such battlefield operations as counterinsurgency tactics at full-spectrum training facilities like the National Training Center at Fort Irwin, California, and the Joint Multinational Training Center in Grafenwoehr, Germany."

New recruits have also gone from three to 21 days of field training, and they begin weapons immersion on day three of basic training. They're taught improvised explosive device (IED) detection skills, participate in convoy live-fire exercises and have the most up-to-date equipment.

Gen. William Wallace, commander of the U.S. Army Training and Doctrine Command, pointed out, "We now recognize that with the pace the operational Army is going today, we need to produce new Soldiers who, on arrival at their first units, are capable of making immediate contributions."

Structurally, the Army has reset 37 brigade combat teams to the modular configuration, and Army Force Generation is being implemented across the active and reserve Army — to give Soldiers and their families a timetable for when they can expect to deploy.

Active Army units will deploy every three years.

"In the AR we're developing a five-year cycle, which tells Soldiers that they can expect and predict to have four years inactive service before being deployed for up to a year, then come back for another four years of reset and training," said the Army Reserve chief, Lt. Gen. Jack C. Stultz.

Meanwhile the reserve component continues changing from a strategic to an operational force.

The Army has invested heavily to provide Soldiers the best equipment available. It's gone from 350 to 13,000 Level 1 Up-Armored HMMWVs, and from 0 to 919,425 sets of Interceptor Body Armor.

Just last month, the Army completed review of its principal modernization effort, the Future Combat Systems program. New vehicles like the Stryker give Soldiers firepower, battlefield mobility and versatility, while other systems such as Unmanned Aerial Vehicles help protect Soldiers' lives.

The Army recognizes its most valuable asset is Soldiers. Prominent programs like pre- and post-deployment health screening, U.S. Central Command's rest and recuperation leave program, deployment cycle support, and the Army Wounded Warrior Program (assists severely wounded Soldiers transitioning back to military and civilian communities) aid troop assets.

Fort Shafter commemorates lives lost in terror attack

Story and Photos by
MAJ. RICHARD A. STEBBINS
94th Army Air and Missile Defense Command Public Affairs

FORT SHAFTER — A solemn ceremony commemorating the vicious Sept. 11 attacks five years ago was held Monday at the gazebo near Fort Shafter's Palm Circle.

As evidenced by the number of programs and events held nationwide, the nation is still undergoing its healing process. This gathering was one of many that served to help people to reflect on what happened that day and cope with the feelings associated with it.

Grief, anger and fear was the result of the attacks on the World Trade Center towers, the Pentagon, and the downing of United Flight 93 in the Pennsylvania countryside.

Maj. Kevin P. Stroop, installation chaplain, presided over the small, informal event which included scripture reading, prayer, and a moment of silence.

"Today is a day of remembrance. It is a day of prayer for all those lives that were taken ... and all those affected thereafter," Stroop said.

The centerpiece of the ceremony was a meditation by Chaplain (Lt. Col.) Donald Eubank, Fort Shafter community chaplain. His message started on the impact these at-



tacks had on our lives — the nearly 3,000 casualties, the billions of dollars in monetary cost, and the devastation of tens of thousands of families — but ended with how our faith is helping us recover.

"What our enemy did not realize was this attack against the United States would



Above — Praying Soldiers held hands as a show of unity while paying respects to the victims of Sept. 11 and fallen service members of the global war on terror.

Left — Soldiers and civilians stood together to commemorate the attacks of 9-11.

draw our nation together in strength," Eubank said. "Our unity is the kinship not of only grief but of steadfast resolve to prevail against our enemies."

A moving trumpet rendition of "Taps" was played by Musician 3rd Class Ivan

Boskovic of the Commander, Pacific Fleet Band.

The ceremony concluded with all the guests, military and civilian, holding hands and praying, embodying strength in numbers and the unity of the American people.



15 / Today

Scrapbook Workshop — Do you love scrapbooking or are you interested in learning? Come to the Scrapbook Workshop at the Schofield Arts and Crafts Center, today and Sept. 20, from 6 to 8 p.m. Tools will be available to use, and supplies will be available for purchase, but don't forget to bring your photos. Both beginner and advanced scrapbookers are welcome. Cost to register is \$5. For more information, call 655-4202.

Right Arm Night — Come and celebrate the recent opening of the KoleKole Bar & Grill to the Schofield Nehelani during "Right Arm Night," today, beginning at 4 p.m. Enjoy samplings from KoleKole Bar & Grill, entertainment and a dart tournament.

Door prizes include tickets to the Pearl Jam and U2 concert at Aloha Stadium, scheduled for Dec. 9. Tickets can be purchased at the Nehelani and are \$5 in advance and \$7 the day of the event. For more information, call 655-4466.

Sweeney Todd — Get your tickets today for the Army Community Theater musical thriller "Sweeney Todd." Performances will be held at Richardson Theatre, Fort Shafter, today, Sept. 16, 22 and 23.

Tickets are available at the theater, Monday through Friday, 10 a.m. to 2 p.m., or online at www.squareone.org/ACT/tickets.html. This adult-themed performance is not recommended for children. For more information, call 438-4480.

16 / Saturday

Kids' Day — Kids are invited to Aliamanu Community Center and Bennett Youth Center from 1 to 4 p.m., tomorrow, for the Boys & Girls Club Kids' Day. Enjoy games, bounces, face painting, tattoos, Iron Chef, giant checkers, baby crawling contest, dance revolution and more.

Prizes and free refreshments will be available. For more information, call 655-1230.

19 / Tuesday

Special Education Workshop — The Army Community Service (ACS) Exceptional Family Member Program is hosting a free workshop series on special education and state and federal law requirements. Workshops are designed to empower families that have children with special needs. Workshops will be held Sept. 19, 21, 26 and 28. Registration is required. For more information, call 655-4777.

20 / Wednesday

Taste of MWR Expo — Come and enjoy a "Taste of MWR" at the Schofield Nehelani, Sept. 20, from 3 to 7 p.m. Enjoy free food, entertainment, activities and live demonstrations at the expo, and build your own



Staff Sgt. Angelo Johnson channels his inner "Whitney" which vaults him into the winner circle as Army Hawaii's newest Military Idol.

Idol worship

Returning contestants compete for top spot

Story and Photos by **LANDY STEWART MIYAKE**
Staff Writer

Excitement and anticipation could be felt in the hearts of Military Idol fans as they gathered for the final competition Wednesday at Tropics on Schofield Barracks.

Whitney Houston's "I Will Always Love You" sung by Staff Sgt. Angelo Johnson won him the title of Military Idol for U.S. Army, Hawaii.

Second place honors went to returning idol contestant Sgt. Catrina Dorsey and third place to Spc. Jeff Harshey, a first-time idol contestant.

upside-down sundae while finding out what MWR has to offer here in Hawaii.

The grand prize includes a trip for four to Kilauea Military Camp on the Big Island. For more details, call 438-2911 or 438-2192.

22 / Friday

Seafood Bucket for Two — It's back! Seafood lovers can dig into a variety of seafood, including shrimp, crab, clams and mussels at KoleKole Bar & Grill, from 5 to 8 p.m.

Cost is \$24.95 for two and includes the seafood bucket and a pitcher of your favorite beverage. For reservations or more information, call 655-0664.

Teen Social — Join friends for an evening of fun at the Schofield Barracks Teen Center for the Viva Las Vegas Social, 7 to 9:30 p.m.

Admission is \$3 for members and \$4 for nonmembers, and an ID card is required. For

Military Idol is much like the television show, "American Idol." Contestants audition for the show, and each week one person is eliminated based on numbers of votes from judges and the audience. Eligibility is open to all active duty amateur Soldiers who are in good standing with the military.

When asked about his toughest competitor, Johnson, a cadre with the Non-commissioned Officers Academy said, "Both she [Catrina] and I were in the competition last year, but this year she really brought it. She really showcased from the beginning to the end."

Dorsey, of Headquarters and Headquarters Company, 225 Base Support Battalion, felt the heat of competition as well.

SEE IDOL, B-6

more information, call 655-0451.

23 / Saturday

Parents Night Out — Leave your kids with Child and Youth Services at the Peterson Center on Parents Night Out, and then enjoy a nice night out on the town.

Children enrolled in Parents Night Out must be registered with the CYS Registration Office no later than noon Sept. 22. Reservations are first-come, first-served. For more details, call 655-8313.

25 / Monday

Hale Ikena Birthday — Join with the Walter J. Nagorski Golf Course, Mulligan's and Hale Ikena as they celebrate their 7th birthday. Weeklong festivities will include a special \$5 lunch buffet, Sept. 25-28; a Luau Lunch Buffet, Sept. 29; and a free birthday celebration, Sept. 28.

The birthday celebration will begin at 4:30 p.m. with heavy pupus, action

stations and live entertainment. For tickets or more information, call 438-1974.

28 / Thursday

Library Fall Fair — Celebrate the beginning of autumn at the Aliamanu Military Reservation (AMR) Library's first Fall Fair, Sept. 28 from 3 to 5 p.m. Enjoy games, prizes, crafts and more. For more details, call 833-4851.

Ante Up! — Put on your best poker face and participate in a free Texas Hold'em tournament at Tropics, Sept. 28 at 6 p.m. All ID card holders are welcome to play, but get there early because there's only room for 120 people to play. For more details call 655-5697.

29 / Friday

Hawaiian Luau Lunch Buffet — Enjoy the ono taste of a traditional Hawaiian style feast, 11 a.m. to 1 p.m. at the Hale Ikena on Fort Shafter, or 11 a.m. to 2 p.m. at the Schofield Nehelani.

Cost is \$9.95 per person. Call the Hale Ikena at 438-1974 or the Nehelani at 655-4466 for lunch buffet reservations or more information.

Steak Night — Enjoy a sizzling steak cooked on the grill with garlic mashed potatoes, rolls and vegetables at the Schofield Kolekole Bar & Grill. Dinner will be served from 5 to 8 p.m.

Cost is only \$11.95 for top sirloin steak, and children's pricing is available. For more information, call 655-4466.

30 / Saturday

Living History Day — Come to the Tropic Lightning Museum, 9 a.m. to 3 p.m., for Living History Day. See restored Army vehicles, try on Soldier's gear and camouflage face paint, and talk with re-enactors and current Soldiers.

Guest speakers will add flavor to this event, along with food and great prizes. For more information, call 655-0438.

Halloween Rubber Stamping — Make "spook-tacular" Halloween cards and goodie bags using rubber stamp techniques at Schofield's Sgt. Yano Library, 2 to 3:30 p.m.

This activity is free for adults and all supplies will be provided. Registration is limited. For more details or to register, call 655-8002.

Fall Teen Camp — Registration is going on now for fall teen camp at Schofield Barracks. Camp will be held Monday through Friday, Oct. 2 - 10, from 10 a.m. to 5 p.m.

This year's theme will be Brains vs. Buff, and a waiver form is required to participate. For more information, call 655-0451.

Ongoing

"Fan-tastic" Football — Come to the Tropics on Schofield Barracks for Fantastic Football on Sundays, Mondays and game-day Thursdays.

Show your team spirit while you cheer on your favorite NFL team. Enjoy some "fan-tastic" specials and perhaps win some prizes. For more information, call 655-5697.

HACN TV2 Schedule

5:00	Safety Message-CG Brown
5:07	Call to Duty-Boots on the Ground
5:11	Army Emergency Relief
5:12	What's Down the Drain
5:20	Hurricane Safety Storm Alert
5:40	Coqui Frog Invasion in Hawaii
6:00	Sign On
6:25	Army Emergency Relief
6:26	Bulletin Board
6:56	After the Storm
7:18	Safety Message-CG Brown
7:25	What's Down the Drain
7:33	Deployment Message- CG Mixon
7:37	Hurricane Safety Storm Alert
8:00	Hawaii Army Report
8:24	Safety Message-CG Brown
8:31	Call to Duty-Boots on the Ground
8:36	Hurricane Awareness
8:44	Bulletin Board
9:56	Call to Duty-Boots on the Ground
10:00	Safety Message-CG Brown
10:07	Army Emergency Relief
10:08	Hurricane Safety Storm Alert
10:28	Call to Duty-Boots on the Ground
10:32	Hurricane Awareness
11:00	Call to Duty-Boots on the Ground
11:04	Safety Message-CG Brown
11:11	Deployment Message- CG Mixon
11:16	Hawaii Hidden Beauty & Danger
11:35	Call to Duty-Boots on the Ground
11:39	Hurricane Awareness
11:55	Safety Message-CG Brown
12:02	Call to Duty-Boots on the Ground
12:06	Hawaii Army Report
12:33	Hurricane Awareness
12:38	Army Emergency Relief
12:39	Bulletin Board
1:09	Deployment Message- CG Mixon
1:14	After the Storm
1:36	Coqui Frog Invasion in Hawaii
1:58	Safety Message-CG Brown
2:04	Deployment Message- CG Mixon
2:09	What's Down the Drain
2:16	Call to Duty-Boots on the Ground
2:21	Hurricane Awareness
3:00	Safety Message-CG Brown
3:08	Call to Duty-Boots on the Ground
3:12	What's Down the Drain
3:20	Maui the Magic Isles
3:41	Deployment Message- CG Mixon
3:46	Hurricane Awareness
3:50	Call to Duty Boots on the Ground
4:59	Safety Message-CG Brown
5:06	Army Emergency Relief
5:08	Call to Duty Boots on the Ground
5:12	Hurricane Awareness
5:18	Pentagon Channel
5:55	Safety Message-CG Brown
6:02	Hawaii Army Report
6:29	Hurricane Awareness
6:33	Call to Duty Boots on the Ground
6:37	After the Storm
6:59	Deployment Message-CG Mixon
7:04	Bulletin Board
7:35	Army Emergency Relief
7:36	Coqui Frog Invasion in Hawaii
7:55	Safety Message-CG Brown
8:03	Call to Duty Boots on the Ground
8:07	Hurricane Safety Storm Alert
8:27	What's Down the Drain
8:35	White Face
8:49	Safety Message-CG Brown
8:57	Bulletin Board
9:26	Call to Duty Boots on the Ground
9:30	Army Emergency Relief
9:31	Safety Message-CG Brown
9:38	Deployment Message-CG Mixon
9:43	After the Storm
10:06	Hurricane Awareness
10:10	Call to Duty Boots on the Ground
10:14	Bulletin Board
10:45	Coqui Frog Invasion in Hawaii
11:04	Safety Message-CG Brown
11:11	Call to Duty Boots on the Ground
11:15	Hurricane Safety Storm Alert
11:34	Safety Message-CG Brown
11:41	Call to Duty Boots on the Ground
11:59	Safety Message-CG Brown

1:00	Safety Message-CG Brown
2:00	Safety Message-CG Brown
3:00	Safety Message-CG Brown
4:00	Safety Message-CG Brown
4:30	Safety Message-CG Brown
4:36	Hurricane Awareness

Overnight
Pentagon Channel
Because of hardware failure Tv2 Programming maybe interrupted during daily scheduled programming. HACN/Tv2 your Command Channel

community calendar

Send calendar announcements to community@hawaiiarmyweekly.com.

September

15 / Today

Hawaii Woodshow — The 14th Annual Statewide juried furniture and wood-working show of the Hawaii Forest Industry Association displays wood pieces from the finest woodworkers around the state. This event is designed to impart public appreciation for participating artists and materials they use and to promote the positive role of forests in our economy and ecology.

Catch the woodworking shows Monday through Saturday, 12 to 9 p.m., or Sunday, 12 to 5 p.m., at the second floor Mauka Lanai of Aloha Tower Marketplace, from Sept. 15-24.

Running Start Scholarship — Juniors and seniors in Hawaii public high schools have today through Oct. 30 to apply for the Running Start Scholarship for the Spring 2007 semester. This program allows students to attend college classes while earning both high school and college credits.

Each year GEAR UP funds \$75,000 in Running Start Scholarships to low-income students statewide. The scholarship can be used to waive tuition and fees for three or four credits and a one-time bookstore allowance of \$100.

To apply for the scholarship, visit www.hawaii.edu/runningstart.

Catholic Women's Retreat — Enhance your faith as you receive more knowledge

on the blessings of the rosary at the Catholic Women's retreat to the Benedictine Monastery in Waiialua. This retreat is Oct. 14 from 9:30 a.m. to 2:30 p.m.

Lunch and child care will be provided. Pick up registration forms at the Schofield Main Post Chapel and Aliamanu Military Reservation (AMR) chapel.

Last day to register is Oct 2. For more information, call 839-4319 or e-mail MC-CWHawaii@yahoo.com.

Joint Spouses' Conference — Limited registration is currently underway for the 12th Annual Joint Spouses' Conference to be held Oct. 20 and 21 at the Officer's Club on Marine Corps Base Hawaii. The conference is a forum to empower, enlighten, motivate and educate military spouses.

Registration will run today through Oct. 6 and is open to spouses of active duty, reserve and retired military members of all ranks, from all military branches.

During the two-day conference, attendees may select five, one-hour workshops, choosing from more than 50 workshops on such topics as Hawaiian culture and history, health and wellness, communication and parenting skills, and entertaining tips. Register online or download a registration form at: www.JSCHAWAII.com.

The cost is \$35 for both days or \$20 for one day. The fee includes workshops, a continental breakfast and lunch, and a conference tote bag filled with donations from local businesses.

Child care is not available for this event, and children will not be allowed to attend. Log on to the Web site or call Katie Lynch, Marine Corps liaison, at 489-7886, for more information.

Hale Kula Fall Festival — The Hale Kula Parent-Teacher Association has applications available for crafters, family readiness groups and organizations that are interested in setting up at this year's Fall Festival, Oct. 14.

The price for setting up a booth is \$15 for

PTA members and \$20 for non-members.

Applications can be picked up from any committee member or electronically by emailing your request to halekulapt@yahoo.com. Any questions, contact LeAnn Harris at 664-4825.

16 / Saturday

Boys & Girls Club Day — Everyone is invited for food, fun and games when Child & Youth Services, in partnership with the Boys & Girls Clubs of America, hosts its annual Boys & Girls Club Day for Kids, Sept. 16, from 1 to 4 p.m., which highlights the importance of meaningful time and relationships between caring adults and young people.

This free event takes place at two locations: the Bennett Youth Center of Schofield Barracks and the Aliamanu Community Center.

Chapel Extravaganza — Reconnect with your favorite service and ministry at Chapel Extravaganza. This "free food and fun" fest is the fall Sunday School and Catholic Community Development (CCD) kick-off event and will feature entertainment, activities and prizes. Try your skills on the rock climbing wall, or enjoy the moon bounce, cotton candy, or a slushy.

Join the fun from 10 a.m. to 2 p.m. at the Main Post Chapel, Building 790. For more information, call 655-9307.

Get the Drift — The East Oahu Lifeguard Association is hosting a beach clean up at Waimanalo Beach Park from 3 to 5 p.m. as part of this year's international coastal cleanup campaign, "Get the Drift & Bag It."

Community groups, families and individuals are invited to participate in clearing marine debris from the beach. Bags, gloves and water will be provided, and prize drawings will take place following the clean up.

This worldwide annual event, that takes place on the third Saturday of September, involves millions of volunteers collecting

and recording the types of marine debris found.

To register for the Waimanalo Beach clean up, call 393-2168 or 554-2902 or e-mail lifeguard_assoc@yahoo.com.

For more details, visit the East Oahu Lifeguard Association Web site, www.eastohalifeguard.org.

17 / Sunday

Develop Your Heart of Worship — Scott Russ Cooper of the ACTS (Acclaiming Christ through Service) Foundation brings his contemporary, theology of worship to the main Post chapel, Sept. 17, beginning at 9 a.m.

Scott's method of practice and presentation conveys understanding worship of the Lord like none other. For more information, call 655-9307, or visit the ACTS Foundation on the Web at www.actsfoundation.org.

Ukulele Contest — Aloha Tower Marketplace will host its first Ukulele Contest on the Center Atrium Stage from 10 a.m. to 2:30 p.m. The event will feature amateur ukulele players (defined as those who do not play the ukulele for a living) vying for thousands of dollars in prizes and the chance to be a representative of the 2007 Aloha Festivals.

Prizes, activities, ukulele lessons and live entertainment for the whole family will dominate, and best of all, admission is free.

The contest will open with an appearance by the Aloha Festivals Royal Court and will include a performance by Manoa DNA, Hookena and more. Participating restaurants will also feature ukulele-themed music and menu specials.

24 / Sunday

Keiki Pageant — Cheer on your favorite contestant in the Hawaii Miss Pageant (for children) from 3 to 5 p.m. at the Center Atrium Stage of Aloha Tower Marketplace. This contest is open to young ladies of all ages. Call 566-2337 or visit www.alohatower.com for more details.

This Week at the MOVIES Sgt. Smith Theater



The Ant Bully

(PG)
Friday, 7 p.m.
Sunday, 2 p.m.
Thursday, 7 p.m.



Miami Vice

(R)
Saturday, 7 p.m.
Wednesday, 7 p.m.

'Taste of MWR' kicks off Wednesday

ARMY-HAWAII MORALE, WELFARE AND RECREATION
News Release

The Army's Morale, Welfare and Recreation (MWR) directorate is holding its "Taste of MWR Expo" at the Nehelani, Schofield Barracks, Sept. 20 from 3 p.m. to 7 p.m.

On The **WEB** Call 438-2911 or 438-2192 for more details or visit www.mwrarmyhawaii.com.

The expo will represent all Army MWR facilities, programs and activities that are offered in Hawaii. Free food, games, entertainment and activities for family members and Soldiers of all ages will be available. Additionally, sponsors will give away prizes, including the grand prize of a trip for four to Kilauea Military Camp in Volcanoes National Park on the Big Island.

At the expo, patrons can get a taste of the newest MWR eatery with free samplings from the KoleKole Bar & Grill, which include ribs and build-your-own upside-down ice cream sundae. Patrons can receive a different sundae topping at each booth they visit and then top their sundae off with a free scoop of ice cream.

Onstage demonstrations will include hula and belly dancing classes from the Health and Fitness Center, cooking how-tos from the KoleKole Bar & Grill, Daddy Boot Camp, storytelling, sign language for children, and a performance by the winner of the Hawaii Military Idol competition.

The expo will feature a special VIP room designated for all Blue Star Card holders. Spouses of deployed Soldiers who do not have a Blue Star Card will get the opportunity to sign up for the program.

Participating MWR Activities

- Army Community Service
- Family Child Care
- Child Development Centers
- School-Age Services
- Middle School and Teens Youth Sports
- Youth Education Services
- SKIES
- USDA
- Outreach Services
- Army Golf
- Bowling Centers
- KoleKole Bar & Grill
- Tropics
- Community Activities Center
- Leisure Activities
- Physical Fitness Centers
- Health and Fitness Center
- Aquatics
- Library Services
- Army Hawaii Museums
- Outdoor Recreation
- Arts and Crafts Centers
- Automotive Skills
- ITR
- Army Community Theatre
- NAF Jobs
- Interactive Customer Evaluation.

Come & Enjoy A Free

TASTE OF MWR

MWR EXPO

September 20, at the Nehelani

3 - 7 p.m., September 20 & experience a Taste of MWR.

Don't Miss Our BBQ Special!

• FREE FOOD, • FREE GAMES, • FREE ENTERTAINMENT, and
• FREE ACTIVITIES for family members and Soldiers of all ages.
Create your own upside down Sundae!

Get a taste for everything MWR has to offer here in Hawaii and find out what activities, facilities, and services we can provide for you!

Enjoy live demonstrations from MWR Facilities and program, and don't miss the performance from this year's Hawaii Military Idol Winner.

PLUS- Come for a chance to win great PRIZES - including the grand prize -
A trip to the
Big Island, Kilauea Military Camp in Volcanoes National Park

For more information, call 438-2911 or 438-2192.

TAMC eases parking woes

TRIPLER ARMY MEDICAL CENTER

News Release

HONOLULU – The parking dilemma that has been a source of frustration to visitors, patients, staff and officials here at Tripler Army Medical Center (TAMC) has finally taken a turn for the better, according to Donald Devaney, provost marshal at the medical center.

In 2005, Tripler and U.S. Army Garrison, Hawaii, upgraded and improved barrier protection. The end results freed-up space for new parking stalls that were much needed.

Additionally, Dan Perron, resident engineer with the Department of Logistics, became the project officer responsible for adding 300 new parking stalls in every nook and cranny of the facility. His crew made many exterior improvements to both parking lots and force protection barriers at Tripler, so much of the pressure on parking availability has been eliminated.

Another parking innovation, Tripler now has two state-of-the-art gate checkpoints that provide better security and safety for officers on duty. Complemented by a world-class electronic marquee, these changes are readily recognizable as soon as patrons drive up Jarrett White Road to the gate.

The Tripler Trolley service is also easing parking woes. A bus or van stops every 10 minutes, at various locations, making

rounds throughout the campus to shuttle passengers to their locations.

As well, the numbers of handicap spaces are on track. The entire Ward Road has been designated handicapped parking. Overall, Tripler has six times the American Disabilities Act (ADA) guidelines for parking spaces. TAMC has 20 stalls per 1,000 parking stalls, plus one for each stall over 100. So, with approximately 3,000 parking stalls on the campus at Tripler, TAMC boasts 30 handicapped parking stalls.

Many patients have said they have noticed these improvements.

Still, PMO is remaining vigilant and enforcing parking regulations. Though issuing tickets and occasionally impounding or towing vehicles in violation of parking procedures may inconvenience patrons, these methods deter parking violations.

Collectively, Tripler and PMO said they are listening to customers when they ask questions about policy and procedures. They are constantly reviewing internal procedures to ensure what's being done adds value towards providing better customer service.

Proof positive of steady improvement, Tripler is receiving positive comment cards, a testimony in themselves of the tremendous strides being made at the biggest medical center on the island.

Tripler Trolley rolling again

TRIPLER ARMY MEDICAL CENTER

News Release

HONOLULU – Years ago, when Tripler had its own officers' club, a van would take employees back and forth to the club during lunch hours. That van had the nickname "Tripler Trolley" and, like the Hale Koa Hotel's trolley, was quite popular.

During a recent strategic planning seminar at the Hale Koa, planners decided to expand the Tripler Provost Marshal Office (PMO) Shuttle service. In keeping with modern-day conveniences, staff and patients at Tripler Army Medical Center (TAMC) can now shuttle back and forth from parking lots to the main entrances around the hospital.

Buying a bus, van or trolley, however, is not the easiest thing to accomplish

overnight, but the Matsunaga Veterans Affairs (VA) Office came to the rescue and offered the use of one of its existing busses. Staff and patients of both the VA and Tripler can move more comfortably from remote parking lots to their place of duty, thanks to the local VA.

The Tripler Trolley service has established a full-time driver, but is seeking Red Cross volunteer drivers to add vehicles to existing routes and maintain back-up drivers.

The trolley, according to PMO, has a dual purpose: it's a security patrol to pre-

SEE TROLLEY, B-5

9-11: Schofield remembers

CONTINUED FROM B-1

"I feel numb, even now, just thinking about it," she said, and then explained her brother was an uncle, a godfather to her son. He was a husband and father to three children, the youngest a baby girl he would never see in this life.

He was a casualty of 9-11.

"If you've ever deployed, shed a tear, PCSd [made a permanent change of station move], prayed at night for a Soldier, sailor, airman or Marine, you've been affected [by the global war on terrorism], said division rear detachment commander, Col. Tim Ryan. "Our uniformed services are carrying a greater burden than the greatest generation."

Recalling his emotions, years before, Ryan said he was horrified by "how an evil enemy could be so ruthless." Later, he explained, his emotions became "caught up in pride at the heroism of firefighters and police."

Still, though, he wonders if some have grown complacent. He says he doesn't have an answer now. But he wonders.

"I'm convinced that God has a divine plan and will continue to use this nation," Ryan emphasized.

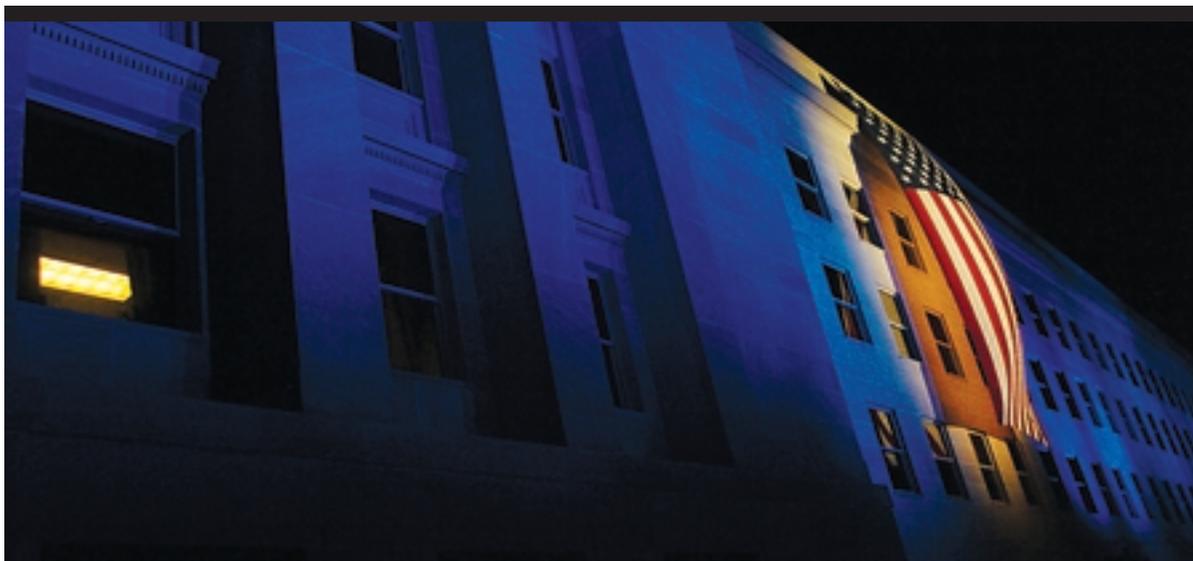
Chaplain (Maj.) Mark Knox gave words of meditation at the 9-11 ceremony. He spoke from Psalm 27.

"Part of what made the events of that day so horrible," he said, "aside from the massive loss of life, was the fact that innocent people who were in seemingly safe places had that security suddenly ripped out from under them.

"My encouragement to you this morning will be quite simple. When the bottom drops out, look up," he stressed. Like King David, he continued, "We must choose between fear and faith."

Flynn has chosen faith. She said she has matured since 2001.

"September 11th has taught me to be more thankful that I am an American living in a country where I can enjoy peace and celebrate freedom. And I know not to take any of it for granted," she emphasized, just what the average Joe and Jane should concede and acknowledge.



Petty Officer 1st Class Chad J. McNeeley | Department of Defense Photo

In memorium

The National Ensign hangs as a memorial during the 2nd annual Freedom Walk at the Pentagon, Sunday. The flag and lights illuminate the spot where American Airlines Flight 77 crashed into the Pentagon Sept. 11, 2001. The Freedom Walk started at the National Mall in Washington, D.C., and ended at the Pentagon.



Courtesy Photo

The Royal Court is presented near the Iolani Palace during this year's Aloha Festivals.

Oahu celebrates Aloha Festivals

CHARLIAN WRIGHT
Executive Director, Aloha Festivals

The 60 year-old Aloha Festivals is bringing to life what makes Hawaii truly distinct during September and October throughout six islands.

This year's Aloha Festivals theme, "Na Paniolo Nui O Hawai'i: The Great Cowboys of Hawaii," is a tribute to the life, music, spirit and family of the Hawaiian cowboy, or paniolo.

Upcoming events

•Paniolo Exhibit
Through Sunday, the Bishop Museum will host a Paniolo Exhibit showcasing the life of the Hawaiian cowboy. Visitors with festival ribbons will receive discounted admission.

•Aloha Friday Downtown Mele
Today, Bishop Street will close at 6:30 p.m. for this free pau hana celebration as residents dance in the streets to the tunes of contemporary Hawaiian entertainment.

Activities and events will be held throughout Bishop Street, the Aloha Tower Marketplace and Hawaii Maritime Museum.

•Floral Parade
Saturday, 9 a.m., Ala Moana Park – Hawaii's most famous parade will include pau riders, floral floats, hula halau and marching bands.

The parade will begin at 9 a.m. at Ala Moana Park and end at Kapahulu Avenue. Paniolo and Hawaiian arts and crafts start at noon at the Waikiki Shell.

•Celebration and Concert
Saturday, 6 p.m., Waikiki Shell – The concert begins at 6 p.m. General admission is \$20 per person or \$10 with a festival ribbon. Children under 12 are free with a festival ribbon. Tickets are available through Ticketmaster.

•Ukulele Contest
Sunday, 10 a.m., Aloha Tower Marketplace (free) – Watch as the best amateur ukulele players in Hawaii vie for valuable prizes.

Trolley: Shuttle bus lessens long hikes from parking areas to hospital entrances

CONTINUED FROM B-3

vent crime and a shuttle to assist patrons. Tripler said the aim is to provide patrons and beneficiaries at TAMC with quality customer service.

The routes

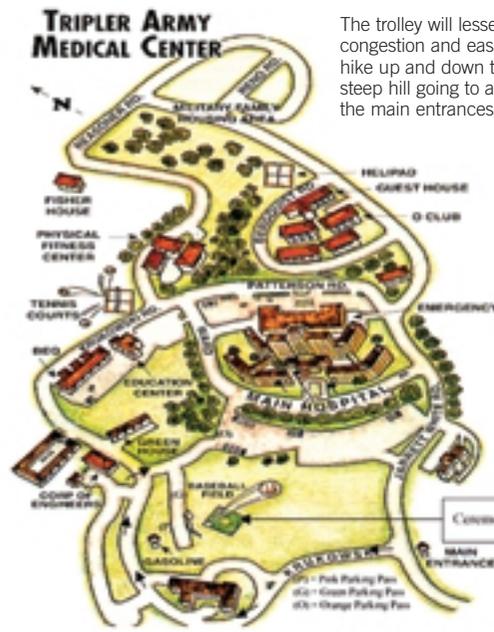
In the past, Derrick Bournes, PMO Shuttle van driver, was limited in the time he could actually devote to moving passengers about, and some of his passengers experienced difficulty climbing in and out of vans. Keeping all these factors in mind, Tripler first test-drove the VA bus trolley for two months. When the results came in, they were fantastic.

Previously, a daily average of 65 passengers were moved to and fro. With the use of the bus trolley, that number increased to 190 passengers per day.

Most days, the bus and a van are both in service during morning hours. They are clearly marked with "Tripler Trolley" signs.

Currently, Tripler has developed two standard routes and established trolley stops. During early morning peak hours, the trolley picks up riders at their vehicle.

Routes are designated as "red" and "green," and typical wait time at designated spots is not more than 10 minutes – quicker during early morning hours. Generally, the trolley stops



The trolley will lessen road congestion and ease the hike up and down the steep hill going to and from the main entrances.

in the lower lots, at ocean and mountainside main entrances, in the parking garage, and at other locations when flagged.

Drivers deliver riders to the entrances of their choice, and on-call service is available for the VA Center for Aging, Fisher House and the Guest House too.

While there is no free lunch, the shuttle service is free to passengers. The joint venture between Tripler and the VA allows the hospital to provide drivers and the VA busses.

Tripler Trolley runs Monday through Friday from 6 a.m. to 4 p.m., and Honolulu's TheBus continues to provide service to Tripler too.

DeCA urges patrons to celebrate 'Family Day'

BONNIE POWELL
Defense Commissary Agency

FORT LEE, Va. — Summer ends in September and signals the start of school. Days get more hectic and family time is often hard to come by.

The Defense Commissary Agency is partnering with family support groups, DoD schools and others to celebrate "Family Day – A Day to Eat Dinner with Your Children," Monday, Sept. 25.

Family Day is the fourth Monday of September each year, and is the invention of The National Center on Addiction and Substance Abuse at Columbia University.

According to CASA research, when children eat dinner with their families, they are more likely to get better grades, and less likely to smoke, drink or use drugs.

Last year, 1.3 million Americans made a pledge to have a family dinner.

"We'd like to see military active duty, retirees and Guard and Re-

serve families double that amount," said Patrick Nixon, director of DeCA.

The Schofield commissary will give away prizes galore during its Sept. 25 Family Day event.

Drawing boxes will be located in the store. Some prizes include gift certificates and gift baskets of food and produce.

To add excitement to the day, an apple-eating contest and a diaper derby is scheduled to begin around 11 a.m.

"These events are a great way to thank our customers for patronizing the commissary," said Alfredo Mendoza, Schofield commissary grocery manager.

To sweeten the pot, the military sales division of The Coca-Cola Company is offering a chance for a military family to win a trip to New York for a "healthy" dinner prepared by renowned Food Channel chef Sandra Lee.

The contest will be conducted online today through Sept. 30

and can be accessed through the commissary Web site, www.commissaries.com.

On The **WEB**
Go to www.commissaries.com
for more details.

Commissaries worldwide are also holding another back-to-school event in September: case lot sales. Case lot sales offer authorized shoppers the chance to stock up at savings that exceed the average commissary savings.

Schofield's semi-annual case lot sale will be held Sept. 29 and 30. "AAFES is partnering with us to make this case lot sale even bigger," Mendoza said.

TRICARE is also participating in the effort to get the word out on Family Day.

(Editor's Note: Bonnie Powell works for DeCA corporate communications.)



A beaming Staff Sgt. Johnson accepts his big award for \$500, as contestant Spc. Jeff Hartness looks on. Johnson's rendition of Whitney Houston's "I Will Always Love You" launched him above his competition.

Idol: Winner will compete in Va. finals

CONTINUED FROM B-2

"Angelo. It's been Angelo from the beginning," was all she said.

Johnson will go on to represent U.S. Army, Hawaii, at Fort Belvoir, Va., Oct. 23 – Nov. 6.

"I am just delighted that this year I get the chance to represent the 25th down at the finals.

"My true goal is to press on to American Idol and stand before Simon, Paula, and Randy, and show them that this young man has what

it takes to be an American Idol."

Prize money was awarded to first, second and third place winners. The amount awarded will also be placed in the Soldiers' respective unit funds.

First place winner Johnson took home \$500; second place Dorsey, \$250; and third place Hartness walked away with \$100.

Military Idol is an annual competition sponsored by Army Morale, Welfare and Recreation and the Armed Forces Vacation Club.



17 / Sunday

Bowling Tournament — A “5 Game, No Tap” tournament will be held at the Schofield Bowling Center, Sept. 3. Check-in is at 1 p.m., and the cost is \$20. Call 655-0573 for more information.

23 / Saturday

Hawaii Championship Wrestling — Come watch Hawaii Championship Wrestling at the Schofield Tropics, Sept. 23. Doors will open at 6 p.m. and matches will start at 7 p.m.

The cost is \$5 for guests age 12 and up, \$3 for ages 11 and under, and free for children age 5 and under. Call 655-5697 for more information.

26 / Tuesday

Mini Sports Basketball — Registration begins Sept. 26 for the Youth Sports Mini Basketball program. This parent-participation program will allow children ages 4 and 5 to gain the basic skills of basketball.

Cost is \$10 and includes a T-shirt. For more details, call 836-1923 (Aliamanu), 438-9336 (Fort Shafter), 655-0883 (Wheeler and Helemano) or 655-6464 (Schofield).

30 / Saturday

Punt, Pass, and Kick Competition — Youth ages 8 to 15 are invited to participate in the Pepsi NFL Punt, Pass, and Kick Competition, Sept. 30, from 10 a.m. to 12 p.m. at the Aliamanu Sports Complex. This competition is free and sign-ups will be on-site. Proof of age is required, and parents must sign a waiver for their child to participate. For more details, call 438-1159.

BMX Racing — Come to the BMX track at Wheeler Army Air Field, Sept. 30, for BMX racing. Participation ribbons will be awarded as well as first, second

Boys and Girls Club Day for Kids

Join Us For...
The Biggest and Best Celebration for Kids

Date: 16 September 06
Time: 1300-1600

Locations:
North – Bennett Youth Center
South – AMR Gym

There will be Games and Activities such as bouncers, face painting, tattoos, Iron chef with Twinkies, giant checkers, baby crawling contest and dance revolution. Games and activities are for children and youth ages 1 and above.

There will be prizes given away every half hour with a grand prize at the end of the day.

Free refreshments will be available.

Share a Moment, Create a Memory, and Make a Kid's Day!

Photo Courtesy MWR

Let the games begin

Mothers have a day, fathers have a day, even groundhogs have a day. Sept. 16 is a day just for kids! Food, fun and games are the order of business at this nationally recognized event that celebrates and honors American children through the gift of shared time.

and third place ribbons.

Registration (from 4 to 5 p.m.) is \$4 per rider, and the race will take place from 5 to 6 p.m. Refreshments will be provided.

In the future, races will be held every second and fourth Saturday. Volunteers are needed. For more details, visit www.mwrarmy-hawaii.com, www.armybm.org or call 656-1601.

Ongoing

Cardio Kickboxing — Cardio kickboxing can help develop cardio-vascular fitness, improve balance, and may enhance self-confidence. Classes are offered at the Fort Shafter Physical Fitness Center, Tuesdays and Thursdays, from

4:30 to 5:30 p.m. For more information, call instructor DarylLynn Gandaoli at 779-4495.

SKIES Martial Arts — Come and learn Hawaii Okinawa Kenpo Karate-Do Shudokan (HOKK), a martial arts program taught by master instructors, at the Schools of Knowledge, Inspiration, Exploration & Skills (SKIES).

HOKK teaches self-discipline and dedication to overcoming obstacles. Classes are \$35 per month or \$105 per semester. Family discounts are available.

Classes are also offered for students in grades first through tenth, and parents are welcome to take classes also. New students start at the beginning of each month. For more details, call 655-5525.



Send community announcements to community@hawaiiarmyweekly.com.

September

15 / Today

GiRLFeST Surfing — Girls of all ages are invited to join the fun at the GiRLFeST surfing workshops, today and Saturday, Sept. 16, at White Plains Beach, near Barbers Point.

Surfing is a great way for

young ladies to gain confidence and independence, and these workshops will teach the ins and outs of surfing, etiquette, ocean safety and proper technique.

Register by visiting www.girl-swhosurf.com/register/girlfest. Cost is \$30 for participants ages 17 and under, and \$40 for ages 18 and over. For more information, call 221-7316.

Hunter Education Courses

The Hawaii Department of Land & Natural Resources is offering Hunter Education classes. Subjects to be covered include wildlife identification and conservation, firearms and archery safety, survival, game care and more.

The free classes are today, from

5:45 to 10 p.m., and Saturday, 7:45 a.m. to 4 p.m. Classes are family-friendly and open to anyone age 10 years and older.

Upcoming class dates are Sept. 29 and 30. Register by calling 587-0200.

17 / Sunday

Streetball Classic — Hot Sauce, the world-recognized number one streetballer, brings “The Killer Crossover Tour Streetball Classic” to Hawaii. You’ll see broken ankles and monster dunks as Hot Sauce and his team take on the Hawaii Streetballer Allstars.

Games will be held Sunday, Sept. 17, 5 to 8 p.m., at the Blaisdell Arena on Ward Avenue. Ticket prices start at \$17.50 and can be purchased at the Blaisdell box office or any Ticketmaster location.

Go Play Outside — Commune with Mother Nature on the Makiki Tantalizer hike, Sunday, beginning at 8 a.m. This intermediate six-mile hike is a clockwise route from the Nature Center wandering up the valley and stepping briefly on several of the trailssd in the network.

Enjoy the exhilaration of the descent into the root-laden trail back to the starting point.

Meet the Hawaiian Trail & Mountain Club at 8 a.m. at the Iolani Palace. Hikers must arrange transportation to the trailhead.

A \$2 donation is requested from non-members, age 18 and older.

For a complete hike schedule, call 674-1459 or visit www.htm-club.org

19 / Tuesday

Junior Golf Program — Get your child into the swing of things with the Schofield Barracks Junior Golf program. Children ages 7 to 18 are invited to participate in this free program that teaches the game of golf, techniques and etiquette.

Registration is free and will be held from 4 to 5 p.m. at the Soldiers Chapel. All required equipment is provided.

The fall program starts Tuesday, Sept. 26, at the old golf course near the Post Cemetery. For more information, call 478-3466 or e-mail kwz711@hawaii.rt.com.