

# HAWAII ARMY WEEKLY

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### Female first

A series of chances enables the Army's only female Stryker Armored Vehicle driver to succeed.

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### CALL for info

The Centers for Army Lessons Learned (CALL) has training programs and warrior-focused products for all warriors. Soldiers can go to the CALL center or visit call.army.mil.

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### Native American celebration

A Native American Indian Heritage Month celebration will be at Nov. 14, 10-11:15 a.m., at the 9th Mission Support Command complex, Fort Shafter Flats.

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### Soldiers swab the deck

The 205th Military Intelligence Battalion helps keep the "Mighty Mo" ship shape.

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Molly Hayden | Honolulu Advertiser

### Daddy's girl

SCHOFIELD BARRACKS — Maj. Don Ollar, 84th Engineer Battalion, dances with his 5-year-old daughter, Shelby, at the second annual Armed Services YMCA Father-Daughter Ball, Saturday. More than 250 family members danced the night away at the Nehelani Ballroom, creating memories for Soldiers and their daughters.

## Watchdogs prepare for deployment

Story and Photos by  
SGT. JESSICA MALOTT  
8th Military Police Brigade Public Affairs

SCHOFIELD BARRACKS — As tears rolled down the faces of family members, they were reminded of the sacrifices that they, too, were about to make during their Soldier's absence this year.

Soldiers and families of the 8th Military Police (MP) "Watchdog" Brigade prepared to embark on a historic journey during a deployment ceremony at Hamilton Field, Oct. 31.

The unit, established to provide security for the entire Korean theater, will now embark upon its first mission in support of Operation Iraqi Freedom (OIF).

The brigade's leaders emphasized the importance of this mission.

"Today we will begin a new and prestigious chapter in the history of the 8th MP Brigade, unlike anything in our past," said Col. Byron Freeman, the brigade's commander. "The 8th Military Police Brigade has never deployed ... until now. This is the first and you are a part of it."

Their destination, although new and unfamiliar to some Soldiers, is a return visit for many seasoned veterans.

"Even though this will be the first deployment for some, we know each young Soldier here today will contribute to our successes in ways much like we rely on the leadership (and) ... experience from the battle-hardened, noncommissioned officers and officers," said Freeman.

The "Watchdog" Soldiers will assist and advise the Iraqi Police to further develop its capabilities, as well as its presence throughout the country.

"Once on the ground in Iraq, the Soldiers of this brigade (headquarters) will provide command and control for more than 5,000 Soldiers in four battalions dispersed throughout Iraq," said Freeman.

Maj. Gen. Raymond Mason, commanding general, 8th Theater Sustainment Command, drew from U.S. history to set the scene for the brigade's historic deployment.

SEE DEPLOY, A-9



Maj. Gen. Raymond Mason, commanding general, 8th Theater Sustainment Command, and Col. Byron Freeman, commander, 8th Military Police (MP) Brigade, salute during the national anthem at the 8th MP Bde. deployment ceremony, Oct. 31.

## Mason inducted into DSCP hall of fame



Ed Maldonado | Defense Supply Center Philadelphia

Maj. Gen. Raymond Mason, commanding general, 8th Theater Sustainment Command, former commander of DSCP, and 2008 Hall of Fame inductee, dons a Philadelphia Phillies cap in honor of the World Series champions as he delivers his remarks.

### Defense Supply Center Philadelphia honors former commander for contributions

DENA SELKOW

Defense Supply Center Philadelphia Public Affairs

PHILADELPHIA — Brig. Gen. Gustave Perna, commander, Defense Supply Center-Philadelphia (DSCP), inducted Maj. Gen. Raymond Mason, a former DSCP commander and current commanding general, 8th Theater Sustainment Command, into the DSCP Hall of Fame, Oct. 30.

"I first met Gen. Mason in Iraq and the attitude he brought there helped me incredibly. Never once did I hear the words 'no' or 'it can't be done' from him," Perna said. "For that, I am forever indebted to him."

Perna told the crowd of nearly 100 that the

results of the hall of fame voting were a landslide this year, and took a moment to recognize all of the family members, friends, former hall-of-famers and DSCP employees at the ceremony.

"This hall of fame honors the men and women who have made significant contributions to the mission of DSCP — have spent their lives—25, 30, 40 years in supporting the warfighter," he said.

"If your actions inspire others to dream more ... learn more ... do more and make more happen, then you are a leader," Perna said, quoting John Quincy Adams, the sixth president of the United States.

Perna concluded by reminding those in attendance that the skill, leadership and passion of all hall of famers ensures that

SEE MASON, A-9

## Assistant Secretary shares sustainability vision

KYLE FORD  
News Editor

The Deputy Assistant Secretary of the Army Office for Environment, Safety and Occupational Health visited Hawaii, Oct. 26-31.

Tad Davis, a man passionate about the Army, its people and the environment, spent the week meeting with military and community leaders to share and continue the efforts underway in Hawaii to keep people safe.

"There are a lot of legacy clean up issues," explained Davis, Oct. 29. "With the goal ultimately of providing a healthy environment

for our Soldiers, families and civilians to live, and at the same time, to make sure that we're taking good care of the environment, as well."

One of his biggest concerns is unexploded ordnance (UXO). During World War II areas on nearly every island were used for live-fire exercises. Small arms, artillery, mortars, or aerial delivered bombs were all used in training. According to Davis, with



Davis

the current pace of development and repurposing of land that was once unused, there is a growing risk that people may come in contact with UXO.

So there is a major effort through the "Formerly Used Defense Site Program," to go back to these areas to do a more detailed and thorough search for UXO and clean it up, said Davis.

### Going green

The Army is balancing the legacy cleanup

SEE DAVIS, A-9

## 2SBCT sets record for enlistments

MAJ. AL HING

2nd Stryker Brigade Combat Team Public Affairs

CAMP TAJI, Iraq — Soldiers from Multinational Division — Baghdad's 2nd Stryker Brigade Combat Team "Warrior," have re-enlisted to "stay Army" at record rates during fiscal year 2008.

In fact, so many Warriors committed to remaining with the team, they broke the U.S. Army's re-enlistment record for Soldiers in a deployed brigade.

The brigade's Soldiers kicked off the deployment strong as Soldiers began lining up to re-enlist when they arrived in Kuwait in December. By the end of the fiscal year, 1,263 warriors had re-enlisted to remain part of the Army's Team. The previous record had been 1,253 re-enlisting Soldiers from the 3rd Brigade Combat Team, 2nd Infantry Division, based out of Fort Lewis, Wash.

The Warrior Brigade's retention sergeants knew just making the mission was going to be a tough task, let alone setting a new standard for others to follow.

"Before we left Hawaii, the (U.S. Army-Pacific) re-enlistment

SEE STRONG, A-8

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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# Nov. 11 celebrates service, sacrifices of past 90 years

**DENNIS C. DRAKE**

Director, U.S. Army Garrison-Hawaii Public Affairs

Ninety years ago next Tuesday – Nov. 11, 1918, at 11 a.m. on the 11th day of the 11th month – the guns fell silent over the bloody battlefields of Europe after four years of slaughter, ending World War I.

On that day an armistice was signed between the United States, the Allied powers, including Great Britain, France, Italy and others, and the defeated Central powers of Germany, Austria-Hungary, Bulgaria and Turkey.

November 11 became known as Armistice Day, designated as a holiday in the U.S. signifying the end of the “War to End All Wars” – the greatest armed conflict the world had known. More than 18.5 million military and civilians, including 117,000 Americans, lost their lives during the bloodshed. Four and a half million Americans served in its armed forces as the U.S. became a world power.

World War I ushered in the modern era of warfare – machine guns, tanks, airplanes, long-range artillery, submarines, chemical warfare and other deadly weapons. Many U.S. units trace their lineage to the battlefields of France – the infantry patches of the Big Red One, the 2nd Infantry Division (ID), 3rd ID, 4th ID, I Corps, III Corps, 1st Army, 3rd Army and many others. In the 90 years since World War I, many of the Army’s installations, organizations and infrastructure that we still use originated in the 1917-1918 era.

In 1921, Arlington National Cemetery became the focal point of reverence for America’s veterans when an unknown World War I American Soldier was buried there.

As terrible as World War I was, however, the “War to End All Wars” was only a dream. Just a scant 20 years later a rearmaged Germany, now aligned with Italy and Japan, invaded Poland, Sept. 1, 1939, plunging the world again into global war.

After six horrific years, World War II ended, but not before over 72 million had per-



Drake



Courtesy of the U.S. Army Center of Military History

Christmas mail arrives for U.S. Soldiers in Bruvans, France, during World War I, circa 1917.

ished, including 5.7 million men, women and children systematically killed in the Nazi gas chambers. This time, the U.S. mobilized more than 16 million in the armed forces, 418,000 of them dying in service.

Armistice Day continued to be celebrated on Nov. 11, but the Second World War’s VE Day, Victory in Europe, and VJ Day, Victory in Japan, overshadowed it. In 1954, Congress passed a bill proclaiming Nov. 11 as Veterans Day honoring all of America’s veterans from all conflicts.

When World War II ended in 1945, peace was again short lived. The United States was thrust into a 40-year Cold War with the Soviet Union, erupting into very hot and prolonged conflicts in Korea in 1950 and Vietnam in 1961.

In 1958, two more unidentified American war dead were brought from overseas and interred in Arlington beside the unknown

Soldier of World War I. One was killed in World War II, the other in the Korean War.

In 1984, an unknown serviceman from the Vietnam War was placed alongside the others, though later identified and exhumed for burial. To honor these men, symbolic of all Americans who gave their lives in all wars, an Army honor guard, the 3rd U.S. Infantry (The Old Guard), keeps day and night vigil at the Tomb of the Unknowns.

When the Soviet empire collapsed in 1991 and democracy spread throughout eastern Europe, it seemed for a short while that the dream of peace would finally ensue as after World War I. But armed warfare continued to involve the U.S. Army throughout the 1990s in Somalia, Haiti, Bosnia and elsewhere. Then, Sept. 11, 2001, changed everything for America. The global war on terror has now lasted for the past

seven years.

Though World War I ended 90 years ago this Tuesday, the past 90 years have been a continuum of war – intricately linking today’s Army with the units, traditions, insignia, tactics, weapons and uniforms that have evolved over this past century.

Think of the contrast between warfare over this period and the type of warfare fought 90 years prior to World War I. The modern era makes warfare from the War of 1812 to World War I seem like ancient history.

This Tuesday, let us remember all our veterans of the past 90 years and before. Their service and sacrifice have given us the enduring freedoms of today. Most World War I Soldiers have now passed into history, and World War II veterans are quickly leaving our ranks. Take a moment to thank a veteran – it’s a small gesture, but well worth the effort.

## Video competition encourages peers to share safety tips

**TERRI HELUS**

U.S. Army Combat Readiness/Safety Center

FORT RUCKER, Ala. – With the launch of the Peer-to-Peer Video Competition, the U.S. Army Combat Readiness/Safety Center (USACRC) hopes to harness the power of peer influence to help prevent accidents and save lives.

The competition tagline, “Make a movie – save a life,” challenges Soldiers to personalize safety messaging by creating short videos that promote off-duty safety awareness. The goal is to have Soldiers create safety messages that speak directly to their peers.

Entrants post their video on any social networking site and send a link to USACRC to submit their video for consideration. Videos should effectively convey ways to safely conduct off-duty activities and a humorous slant is encouraged.

“So much of what we accomplish in safety is considered boring by most,” said USACRC Command Sgt. Maj. Tod Glidewell. “Today’s Soldier is tech savvy and digital communication literate. Peer-to-peer allows Soldiers to use their creativity to communicate safety information they way they want to hear it.”

Peer-to-peer puts safety into the hands of Soldiers and provides a venue to share tips, lessons learned and best practices. Most Soldiers have a favorite “There I was” story and the video medium will allow them to share the benefit of their experience with an Armywide audience.

“The battle buddy mindset has kept many a Soldier from harm,” said Dr. Patricia Le Duc, director, Human Factors Task Force. “This competition capitalizes on the power of peer influence, and extends its reach exponentially through the Web.”

The contest runs through March 31, 2009, and is open to all military identification cardholders including Army Reserve and National Guard Soldiers. Visit the Peer-to-Peer Video Competition Web page for promotional materials, official rules and a sample peer safety video.

## Soldiers, leaders responsible for safety

**BRIG. GEN. WILLIAM H. FORRESTER**

Director of Army Safety and Commanding General of U.S. Army Combat Readiness and Safety Center

FORT RUCKER, Ala. – Safety is an intangible. We can’t count it to determine how much we have or how much we need. We can’t issue it to Soldiers to keep them safe. Yet every leader in our Army is responsible for protecting Soldiers, as well as instilling in them a sense of personal responsibility for their safety. What a daunting task.

For the last two years, it has been my distinct honor and privilege to serve as the director of Army safety and commanding general of the U.S. Army Combat Readiness/Safety Center. In my time here, I have had the opportunity to see, and participate in, the ongoing transformation of Army safety from a reactive culture to a proactive and predictive culture.

Leaders and Soldiers have changed the Army’s safety culture. The greatest paradigm shift occurred due to a change in thinking – not in what Soldiers think, but in how they think. You have taken the way we think about safety to the next level. So what have we, as an Army, accomplished to promote safety?

We have made great strides in reaching Soldiers by targeting influencers and making them part of the safety solution. We also targeted safety messages to specific demographic groups and developed user-friendly delivery methods for ease of use. Soldiers are Soldiers 24/7, and, beyond deployments, the bulk of their time is spent outside the oversight of leaders. Keeping Soldiers safe while off duty is a challenge that requires out-of-the-box thinking and new approaches.

Understanding the influence of spouses and family members, we expanded our safety team to include those who support the Soldier 24/7. No one knows the habits, thought processes and reactions of a Soldier better than his or her family. With the Post-Deployment Family Engagement and BOSS Safety Factor kits, the Army enlisted the support of Soldiers’ loved ones. Both kits educate Soldiers and families, make them aware of potential hazards and empower them to act as a positive safety influence in their Soldier’s life.

Peer influence is another powerful tool. On a one-to-one basis, the “looking out” for a battle buddy has kept many a Soldier from harm, both on and off duty.

Multiply this effort throughout the Army and you form a force truly comparable to a “Band of Brothers.”

Young Soldiers might have difficulty recognizing risky behavior among their peers until they see the negative results firsthand. The injury or death of a brother in arms is not the way we want Soldiers to learn how to conduct themselves safely.

Army safety entered a new phase by harnessing the combined wisdom from every echelon across the Army and getting that knowledge from those who have it to those who need it. The Army Safety Net for them is one that will grow and prosper through your efforts. The sharing of best practices and lessons learned provides a repository of current, relevant safety information for its members to draw upon.

Although I am leaving the Safety Center, I look forward to seeing the continued progress and evolution of Army safety. Credit for safety successes does not go to me or the people in this building. Although we strive to provide the best information and tools, the bottom line is that Soldiers keep Soldiers safe.

I wish all of you the best and Army Safe is Army Strong!

## Reservists qualify for Hawaii vehicle tax waiver

**HAWAII STATE HOUSE OF REPRESENTATIVES**

News Release

HONOLULU – The Hawaii State House of Representatives signed a military appreciation package that included tax breaks for Hawaiian residents this month.

“From now on, all service members who claim Hawaii as their state of residency can obtain an exemption from the motor vehicle weight taxes for both

the State of Hawaii and counties,” said Rep. K. Mark Takai, coordinator of the Hawaii State Legislature’s Military Appreciation Package.

The new City and County of Honolulu’s CS-L-50A form, motor vehicle weight tax exemption for National Guard and Reservists, is being distributed by the Hawaii State Department of Defense through the various military branches.

(Reservists and active duty personnel

living on Kauai, the Big Island or in the County of Maui should check with their respective car registration offices for the weight tax exemption forms. The CS-L-50A form is for Oahu residents only.)

All military personnel qualify for this exemption regardless of whether their car registrations expired Sept. 30. Those who already paid their vehicle registration will receive a prorated refund of weight taxes.

# Voices of Ohana

How will you honor Veterans Day?



“We’re going to Punchbowl Cemetery to place flags on the graves.”

**Tammy Bruce**  
Arts and Crafts Center  
Arts and Crafts Specialist



“I’m taking my niece and nephew to the 25th Infantry Division Memorial.”

**Spc. Stephen Dejong**  
65th Eng. Bn.  
Combat Engineer



“I will go out with my family to the park or Punchbowl Cemetery.”

**Evelyn Gabino**  
Family Member



“I’m going to spend time with my son and husband.”

**Staff Sgt. Casey Royal**  
311th Signal Cmd.  
Human Resources Sergeant



“Every Veterans Day my family and I honor the veterans we lost in Iraq.”

**Sgt. 1st Class Thomas**  
A Co., 45th STB  
Senior Movements NCO

# First woman Stryker driver lives for challenge

**OIF**

Story and Photo by  
**SGT. 1ST CLASS CHRISTINA BHATTI**  
2nd Stryker Brigade Combat Team Public Affairs

CAMP TAJI, Iraq – At Schofield Barracks, a string of chances enabled a Soldier to become the Army's first – and only – woman Stryker Armored Vehicle driver, an experience she says changed the course of her Army career.

"It all happened by chance," said Spc. Tiffany Knotts, a signal support systems specialist. "I showed up at the unit at the right time, and I was sent to the training."

Assigned to the 556th Signal Company, 2nd Stryker Brigade Combat Team, Knotts considers herself a jack of all trades. Not only is she the commander's Stryker driver, she also works in the administrative shop, handling a variety of personnel issues from promotions to pay. Though it's not the job she joined the Army for, Knotts, who was initially upset, quickly gained a new perspective.

"It's really great to be able to take care of the Soldiers in the company," she said as she performed her daily checks of the company's Morale, Welfare and Recreation room. "I learned what it takes to ensure Soldiers get what they need to be successful. It is hard work."

Her hard work does not go unnoticed. "She works really hard and has learned a lot in a short period of time," said Sgt. James Canedy, Stryker team chief, 556th

Sig. Co. "She loves to goof off and laugh, but when it is time to work, she puts the game face on."

Like so many in the military, Knotts was shaped by a legacy of service. Her grandfather and father served in the Air Force and Army, respectively, and instilled in her a desire to serve. The desire to serve hit her so badly, in fact, that she gave up one love to pursue another and even switched schools.

The high school in Knott's hometown of Riverside, Calif., didn't have a Junior Reserve Officer Training Corps, so she switched schools.

"I loved the Air Force JROTC program. Every minute of it was awesome," she said.

The program took up so much of her time that she was forced to give up playing the clarinet.

"I loved it, but the band's stance was 'band or nothing else,'" she said. "I wanted JROTC and sports more, so that is what I concentrated on."

Knotts enjoyed a good amount of success in high school; she was Cadet of the Year and a member of the several different color guards.

Four and half years after she joined the Army, she has an even more prestigious position, one she proudly holds alone.

"It was pretty intimidating at first, but this is the coolest thing I have ever accomplished. It is such an honor and flat-



Spc. Tiffany Knotts, Stryker driver assigned to the 556th Signal Company, 2nd Stryker Brigade Combat Team "Warrior," peers out from the driver's hatch while performing her weekly preventative maintenance check and services on her Stryker vehicle. Knotts is the first and only woman Stryker driver in the Army.

tering to hold this position," she said, humbly.

The vehicle more than dwarfs her short frame, but she makes climbing to the top look easy.

## 30th Anniversary Celebration of Women in the Army

The Army will be celebrating the 30th anniversary of the full integration of women into the regular Army through mid-November. The Army Deputy Chief of Staff for Personnel, G-1, is looking for former members of the Womens Army Corps (WAC) who might like to share their stories and memories with their local media. If you would consider sharing your military memories as a WAC, or know someone who might, e-mail [g1pao.hqda@us.army.mil](mailto:g1pao.hqda@us.army.mil).

"It's like I am at Discovery Zone," she said, while checking the maintenance systems and spouting off parts of her Stryker like a folk singer crooning a melody.

Knotts attributes her proficiency with vehicles to her father, a former mechanic. She laughed as she recounted stories of Soldiers who struggle with something as simple as checking the oil on their vehicles, but added that she is always willing to give them a helping hand and teach proper procedures.

"Young Soldiers are so reliant on technology," she said. "They're not used to getting their hands dirty. But on the flip-

side, it helps when driving one of these."

Being only 24 years old herself, it may seem ironic to hear her talk about "young Soldiers," but she considers herself an "old soul" and much more mature than most of her peers.

"It was weird sometimes when I was growing up," she said. "All my friends were talking about clothes and what boys they wanted to date, and I was concentrated on my future and worried about school."

Even now, Knotts has her mind firmly planted in her future. She is undecided whether she wants to stay in her current position or obtain a commission. However, she said she does know the military will continue to be a part of her life.

"She could be a sergeant major," Canedy said. "She constantly amazes me with her knowledge, drive and determination. She knows more than I do."

That drive and determination will make her a sergeant soon, and Knotts is looking forward to being a leader. But judging from her actions, she is already there.

"I take all of this very seriously," she said. "I take the lives of everyone in my Stryker seriously, and I take the responsibility of having a Stryker that is mine seriously. I take taking care of Soldiers seriously. This is an awesome responsibility and one that I hope I can learn from and pass on that knowledge to others."

# US, Hawaiian flags make epic journey across 'Warrior' area

**MAJ. AL HING**

2nd Stryker Brigade Combat Team Public Affairs

CAMP TAJI, Iraq – It was a reminder of the best of times as the U.S. flag stood beside the Hawaii state flag in a place far, far away from the Hawaiian Isles.

The image the flags generated of swaying palms, crystal turquoise water and white beaches was replaced with date palms and muddy banks of the Tigris' dark green waters.

Waving in the breeze, these flags sparked a longing for playful days in the surf and teased like a mirage, contrasting sharply with the reality of digitized camouflage, body armor and long walks along the hot streets of Iraq.

The searing heat and backdrop of sand dunes brought stark contrast to the vivid red, white and blue of the flags, which started their journeys in distant places so far from each other.

The Hawaii state flag had previously flown above the Capitol in Honolulu, July 25, 2007. Gov. Linda Lingle ensured this flag was honored duly for the warriors of 2nd Stryker Brigade Combat Team before making its journey to Iraq.

She said the flag was flown as a sign of encouragement, support and recognition for 2nd SBCT Soldiers, who departed 10 months ago with the flag.

The U.S. flag started its journey Aug. 18, 2007, when Lt. Col David Davidson, deputy

commander, 2nd SBCT, took the flag to the Grand Canal Bridge, northwest of Baghdad.

"This is not just taking the (American) flag across the warrior (2nd SBCT) area," he said. "This represents the collective hard work and dedication of the Soldiers and sends a little of that back to Hawaii to our friends and family."

The Hawaii state flag soon joined the U.S. flag to share the journey across the warrior operational area. Both flags took turns with the brigade's battalions as Soldiers from the Wolfhounds, Golden Dragons, Strykehorse, Gimlets, Mongoose and On Time regiments dedicated time to bring the flags out to their sectors. The flags flew above areas of Abu Ghuraib, Sab al

Bour, Adhamiya, Rowad, Istaqlal Qada and Camp Taji, spanning the warrior area of more than 1,300 square miles.

The last leg for the flags ended with Col. Todd McCaffrey, commander, 2nd SBCT, on a combat patrol. The flags traveled across the dark green waters of the Tigris River to the Istaqlal Qada, where they were unfurled one more time, Sept. 12.

"These two flags represent the state from where we hail and the nation we serve," said McCaffrey. "It's fitting that the Hawaii state flag, sent from the islands with aloha, will remain proudly posted in our headquarters, while our nation's colors, having patrolled here in Iraq, will return to

Hawaii and the state capital to remind all of our Soldiers and their families (of their) continuing service and sacrifice for freedom."

The U.S. and Hawaiian flags both started their journeys in two very different ways and joined for their epic journey across the warrior area before being separated.

The American flag, whose broad stripes and bright stars have been dutifully folded and packaged, is enroute to Hawaii to be handed to Gov. Lingle. The Hawaii state flag will be displayed in the warrior operations center until it returns with the brigade to Hawaii and finds a permanent home at Schofield Barracks.

# 'War Eagles' keep National Training Center pilots fired up

Story and Photo by

**STAFF SGT. TYRONE C. MARSHALL JR.**

25th Combat Aviation Brigade Public Affairs

FORT IRWIN, Calif. — The 25th Combat Aviation Brigade (CAB) recently completed multiple rotations to the National Training Center (NTC) at Fort Irwin, Calif.

The 2nd Battalion, 25th Aviation Regiment; 3rd Battalion, 25th Avn. Regt.; and 2nd Squadron, 6th Cavalry Regt., served as task force headquarters augmented by Soldiers from the 209th Aviation Support Battalion (ASB). Hidden among the battalions, though, stood the lone Headquarters and Headquarters Company (HHC), known as the "War Eagles."

Although they are the "Wings of Lightning" Brigade's smallest element, they contributed significantly to the brigade's efforts at NTC.

Even with a just a fraction of the unit involved, the War Eagles provided meaningful resources to task forces working in the fires cell.

"Our main responsibilities for the fires cell and HHC was to brief pilots on indirect fires capabilities of friendly forces, keep track of what the planned fires were, and keep all our friendly assets available to the pilots so they knew where our guns were when they flew," said Sgt. Patrick Dombroski, a forward observer.



Sgt. Jessie Hildreth and Sgt. Patrick Dombroski, forward observers, Headquarters and Headquarters Company, 25th Combat Aviation Brigade (CAB), "War Eagles," wait patiently to turn in their vehicle as they wind down 30 days of training at the National Training Center (NTC). Both Soldiers served in Task Force "Hammerhead's" fires cell during 25th CAB's final rotation to NTC.

Dombroski, along with Sgt. Jessie Hildreth, Pfc. Jordan Metcalf and Pvt. Jimmy Dean, brought fire support to the task force headquarters. The noncommissioned officers (NCO) marveled at the realism of the training and used the rotation as an

opportunity to get their junior Soldiers some field experience as they prepare for their own NTC rotation and deployment.

"It's been a good experience all around," said Hildreth. "It's been good training and has a very real feeling. ... It's

been like being deployed for 30 days."

Dombroski agreed.

"It's the most realistic training they could possibly give us," he said. "It's a chance for a lot of the junior Soldiers to learn what a deployment is like — pack-

ing all your bags, the plane ride over here and in-processing and actually going out. It's good training."

Although the training was challenging, the War Eagles faced very few difficulties due to preparation and technical expertise they received as they interacted with units external to the 25th CAB and the 25th Infantry Division. They even experienced another NTC ritual as they waited in seemingly endless lines to turn in vehicles and equipment.

"It's just like anything, once you do it twice, it gets easier the second time," said Hildreth. "Even though I've already deployed, I've never been here before. So now I know the scoop, I know how things go."

With their NTC experience behind them and the advantage of realistic training for their Soldiers, the team of forward observers will ensure the War Eagles' contribution in the 25th CAB's efforts to train the 1st Heavy Brigade Combat Team, 1st Cavalry Division for its deployment.

"I think any Soldier can take away from this a great experience, a great time in the field and, overall, there's nothing better than going to prepare for an Iraq or Afghanistan rotation than NTC," concluded Dombroski.

# Munga Di competition challenges 1-1st ADA lieutenants

Competition's name linked to a time when warriors battled for rank order

Story and Photo by

**CAPT. STEVE HERSHFELDT**

94th Army Air and Missile Defense Command

OKINAWA, Japan — There was blood, sweat and a few tears for 20 air defense officers who vied for the title of best lieutenant, Oct. 22-24.

The competition, called the Munga Di, was a grueling 36-hour competition featuring 11 events designed to test 1st Battalion, 1st Air Defense Artillery Regiment (ADA) lieutenants on physical, technical, tactical and leadership skills.

The name Munga Di traces its roots back to ancient times when Asian warriors battled one another to determine their rank order, according to Lt. Col. Edward O'Neill, battalion commander, 1-1st ADA. "Competitions such as this are relatively rare in today's Army," said Brig. Gen. Roger Mathews, commanding general, 94th Army Air and Missile Defense Command (AAMDC). "In 31 years of service, I can only recall two other similar competitions for lieutenants."

Lieutenants performed the standard Army physical fitness test but added pull-ups and dips, an 8-mile road march, a 4-mile run, selected warrior tasks, a preventative maintenance checks and services evaluation, specific air defense-related tasks, patrolling and night orienteering. The competition concluded with a mystery



Lt. Col. Edward O'Neill, battalion commander, 1st Battalion, 1st Air Defense Artillery Regiment, right, congratulates lieutenants following the final Munga Di event, Oct. 24.

event. Most of the lieutenants had several months to prepare for the competition, while a few newly assigned lieutenants were eager to showcase their skills against their peers.

"I was told about the competition right when I got on ground, but really didn't know what it involved," said 2nd Lt. Oniel Francis, platoon leader, E Company. "When I finally got computer access a few days before the start, I looked at the

schedule and couldn't believe it."

Normally, as lieutenants are assigned to the battalion, O'Neill assigns them to complete a Junior Leader's Development Program in their first 90 days. This program is designed to ensure all lieutenants know basic Soldier and leader skills to include maintenance and air and missile defense tasks. The Munga Di competition tested these basic skills under stressful conditions.

Adding to the pressure of the 36-hour competition were time constraints to complete tasks and the weather, which featured 80-degree temperatures and 85-percent humidity. The weather conditions remained unseasonably uncomfortable throughout much of the competition, which kept the Headquarters and Headquarters Battery medics alert

at all times. Of the 20 contestants who started the competition, 19 finished all 11 events.

The lieutenants' intensity throughout the event was exceptional. While time felt as though it crept slowly, the lieutenants pushed through all events with enthusiasm and camaraderie.

"The competition allowed us to work with our peers in a way that we've never been able to before," said 2nd Lt. Ronald Wills, B Battery platoon leader. "It was a great way to build relationships and it taught us a lot about ourselves and each other."

Wills bested all other lieutenants and was crowned the Munga Di champion. For his performance, he was awarded the Army Commendation Medal and commander's coins from Mathews, O'Neill and the 94th AAMDC's Command Sgt. Maj. Philip Rowland.

O'Neill said he was extremely pleased with the results of the competition and believes it served many purposes.

"It provides young officers the opportunity to reflect on how well trained and proficient they are in their warrior tasks and drills to ensure they are able to evaluate their Soldiers," said O'Neill.

"It creates a healthy competitive spirit that should carry over into their daily duties. Finally, it develops and tests their leadership skills, instilling confidence and enhancing their skill sets as leaders."

# Strong: Leadership influences jump in deployed re-enlistments

CONTINUED FROM A-1

mission was at 1,140 (Soldiers), and that's a jump from the previous deployed brigade requirement of 1,113," said Master Sgt. Sean Milhauser, brigade senior retention sergeant. "That's a big jump of a requirement — and the highest mission I've seen as a retention sergeant."

The re-enlistment mission was aggressively attacked with re-enlistments happening just as the Warrior Brigade arrived in theater.

"The successes started in Kuwait with the "Sappers" of the 66th Engineer Company knocking in the door to re-up," said Sgt. 1st Class Louis Montanez, brigade retention sergeant. "The leadership in the Sapper command was key, getting the Soldiers to feel secure in their decisions."

The leaders of the 66th Eng. Co. aggressively pursued encouraging their Soldiers to remain with the team and to re-enlist while the unit was in Camp Buehring and preparing for its onward movement to Iraq, said Maj. Anthony Barbina, brigade engineer and former Sapper commander.

The leaders and re-enlistment sergeants used a variety of methods to inform their



Master Sgt. Sean Milhauser | 2nd Stryker Brigade Combat Team

Sgt. 1st Class Erasmo Flores III, left, takes the oath of re-enlistment from Capt. Colby Krug, former platoon leader, in front of the 66th Engineer Company "Sappers," 2nd Stryker Brigade Combat Team. Flores, an engineer assigned to the 66th Eng. Co., was one of more than 80 Soldiers from the Warrior brigade who re-enlisted.

Soldiers on available options, using venues such as command announcements, a solid company re-enlistment campaign, retention sergeant briefings, and direct involvement by the leadership. Another benefactor in the campaign was a newly announced critical skills bonus.

Milhauser said active involvement by the brigade's leaders is vital in ensuring

units meet their re-enlistment mission because it shows Soldiers their leaders are committed to them and their mission.

"Bottom line, it is all about leadership," said Maj. Gen. Robert Caslen Jr., commanding general, 25th Infantry Division. "Soldiers stay because they have trust and confidence in their leadership, and the leaders have earned that trust

through competent, caring and transparent leadership."

Leaders taking such an active interest and sharing their views and experiences with their subordinate Soldiers are the keys to success.

Another key element in being informed on available re-enlistment options, which provides Soldiers the opportunity to make sound decisions for both themselves and their families.

"It's all about esprit de corps and knowing your options before Soldiers re-enlist," Montanez said. "The Soldiers re-up knowing they're securing a place for their families and their future. The school credits, education opportunities, health, dental and other benefits are just great. Everything they get contributes to a sound choice to re-enlist."

Of course, a key factor to remaining with the team, said Milhauser and Montanez, is exactly that — remaining with the team. It is that teamwork and sense of belonging to something that is much greater than an individual, that truly motivates Soldiers who wholeheartedly believe in their organization.

"There's a love to being a Soldier, and they know it," Milhauser said. "They understand that they're part of

something bigger than themselves."

This is even more significant, added Montanez, given the environment the Soldiers are re-enlisting in, given that most are very aware of the fact that they will inevitably deploy again some time in the future.

"The Army is a great place to serve," said Col. Todd McCaffrey, 2nd SBCT commander. "The Army is an organization is over 500,000 strong and incredibly diverse. There is something for everyone in an organization as large and distributed as the Army."

The bottom line is that the Army needs committed men and women to remain with the team and keep the Army strong.

"Our (re-enlistment) mission affects Americans directly, and when a Soldier and family make the decision to stay with the team, we all benefit — the U.S. Army, the Soldier and the family," said McCaffrey. "The re-enlistment is a two-way contract. The Soldier commits to service; we commit to the Soldier and their family. It's that mutual commitment that makes this organization and lifestyle so compelling and so satisfying."

## News Briefs

Send news announcements for Soldiers and civilian employees to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

### 7/Today

**Road Closure** — Hewitt Street, between Menoher and Kanell roads, was sched-

uled to reopen Sunday, but will now re-open Dec. 1 due to construction.

Call Michael Andres at 275-3118.

**Centers for Army Lessons Learned (CALL)** — CALL has a wealth of current information to include Tactical Training Plans, publications and warrior-focused products. Soldiers can go to the multiuse learning center, on the second floor of the Sgt. Yano Library, Schofield Barracks, to receive CALL publications. Contact Chrissy Morris, multiuse learning center director, at 655-4444; or Brian Espen-

shade at 655-4621, [brian.espenshade@us.army.mil](mailto:brian.espenshade@us.army.mil), or visit the CALL Web site at [call.army.mil](http://call.army.mil).

**Customer Assessment Survey** — Customers who live, work, train or play on U.S. Army Garrison-Hawaii (USAG-HI) will have an opportunity to provide detailed feedback about garrison services in IMCOM's Customer Assessment Survey.

The survey, available through today, will be used to evaluate and improve the delivery of garrison services and programs

to our Soldiers and families. To complete the survey, visit [www.myarmyvoice.org/Community2008](http://www.myarmyvoice.org/Community2008).

For more information about the survey, contact the Customer Management Services office at [usaghi.cms@us.army.mil](mailto:usaghi.cms@us.army.mil) or call 655-9033.

**Recovered Personal Property** — The Provost Marshal Office has recovered several personal property items recently lost at Schofield Barracks and Fort Shafter. For more information or to claim lost items, call 655-8255.

**Athletic Field Closure** — The following athletic fields will be closed due to an irrigation system being installed:

- Patriot Park, Nov. 10-23;
- Watts Field, Nov. 24-Dec. 14;
- Wheeler Army Airfield's baseball fields, Dec. 15-31.

Call 655-9915/9654.

**Office Closure** — The Vehicle Registration Offices at Fort Shafter Flats and Schofield Barracks will be closed, Nov. 7, to facilitate vehicle registration training and software upgrades. Call 655-0894.

# Deploy: MPs to reinforce OIF

CONTINUED FROM A-1

“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better,” he said, quoting from Theodore Roosevelt’s speech ‘The Man in the Arena.’ “The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly;” Mason said.

After the ceremony, Soldiers and their families gathered on the parade field. Spc. Justin Lee Diaz expressed excitement surrounding his family’s first deployment.

“I am trying not to think of what will be difficult for me, as well as my family, but I am sending my family back to Guam to be around our extended family,” he said.

Many Soldiers have devised ways to keep in touch with their families using the current technology. Maj. Joseph DeCosta and his wife, Dina, have installed Web cameras at their home so he can communicate with his four children during his fifth deployment.

“The kids are okay with the deploy-



Col. Byron Freeman, commander of the 8th Military Police (MP) Brigade, and 8th MP Bde. Command Sgt. Maj. Norwood Patterson case the brigade colors as the unit prepares to deploy in support of Operation Iraqi Freedom.

ment because we have been talking with them about it,” said Dina. “We will keep ourselves busy while he is

away; the kids are in football, flag football, and soccer, and basketball season will be starting soon.”

# Mason: Leader shares honor with workers

CONTINUED FROM A-1

Philadelphia troop support continually carries out its mission.

“You led from the front – led change, broke down barriers, championed the way ahead, and most importantly, transformed challenges into opportunities,” he said.

Mason, whose command provides logistical support to the entire Pacific theater, greeted the audience with a big aloha and expressed how honored he was to be standing there. He said the employees should all fill in their names on his citation because “as a leader, all I really did was cut through the red tape and gave people a chance to do what they do really well.”

Mason continued by talking about the final stanza in the national anthem, written by Francis Scott Key when

the nation was only 30 years old. He challenged the audience to question why Key ends “Land of the free and home of the brave ...” with a question mark.

“Francis Scott Key was a visionary,” Mason said. “He was asking if the people of the future would stand the test of time. You all answer that every day. I would wake up in Kuwait every morning thinking how I would survive another day and thought about all of the young Soldiers strapping on their gear and not knowing what would happen that day.

“You made their lives better. I saw it with my own eyes. You all answered the question at the end of the stanza,” he said.

Mason concluded by reiterating how proud he is to have been a part of DSCP and how thrilled he is to be in-

ducted into the hall of fame.

“It is marvelous to be here again. I consider this place my home because of you – the skilled, talented and passionate people that you are. Thank you,” Mason said.

Perna thanked everyone for attending and participating in the ceremony and sharing the special day with Mason.

“It is the people that are the foundation of any organization, and as I have worked in different leadership roles, it’s been proven to me time and time again that it is the people who make the difference,” Perna said.

The DSCP Hall of Fame was created 15 years ago to recognize former DSCP employees for their exceptional leadership, dedication and contributions to the agency.

# Davis: Environmental head says going green and safety start at the individual level

CONTINUED FROM A-1

issues of yesterday, while maintaining and improving current environmental standards and looking toward the future of a sustainable Army.

Sustainability in short, is looking to the future and determining what action to take today in order to preserve precious resources in terms of natural resources, air, water and land.

“In many cases, what that translates into is an effort on our part to build green, buy green and go green as an Army,” Davis said.

Building green takes into account the green building effort that began last year and will continue for many years to come. Every building in the Army is going to be a green building, one that’s more energy efficient, uses less water, is made of more durable products.

Buying green is purchasing materials that can be reused, recycled, and generate a smaller footprint of waste when it comes time to dispose of it at the end of the day.

The Army is looking at ways it can maximize the benefits of renewable energy sources, Davis explained. It is looking at solar power, wind power and hybrid technology.

“And it comes home in a very powerful way here in Hawaii, where we have over 8,000 homes here at Schofield Barracks that will be outfitted with photovoltaic arrays on their roofs, which will provide about 30 percent of the energy needed to operate those homes on an annual basis,” Davis said. “When you consider the high cost of energy here on island, 30 percent is going to make a major difference.”

The effort to be green doesn’t just fall on things the Army can do collectively on a large scale to reduce energy consumption, water and buying less – it also falls on individuals.

Because of the large number of Soldiers, families, Army civilians and contract workers, we need to look at the individual footprint of each of those people, Davis said.

“A lot of it boils down to things we can do as individuals,” added Davis. “We can look

at ways individually that we reduce consumption of energy and ask ourselves ‘What can we do to conserve better than we are right now.’”

“As we become more sustainable each week, month, year that goes by I think that all those will come together in a very powerful way that in terms of Hawaii will send a very powerful signal to the local community,” Davis said.

That signal is the Army really understands the importance of taking care of the environment and the impact that it will have on future generations.

“In many cases we’re leading by example all over the country, so it’s something to be proud of,” Davis said.

## Safety

Putting on his safety hat, Davis congratulated Soldiers and Army leaders for a successful year from the safety perspective.

In 2008, the Army reduced accidental fatalities by 16 percent and aviation accidents were reduced by more than 65 percent.

He attributed the reductions to an engaged leadership and the understanding that Soldiers, civilians and family members are all equal players in the safety arena.

There are still some challenges facing the Army in terms of safety, the primary challenge is vehicle safety.

“Last year we had 51 motorcycle fatalities alone,” Davis said, adding that a major cause was inexperienced riders.

Injuries from vehicular accidents in cars, SUVs and trucks are attributed to speed and those people who still do not wear a seat belt, according to Davis. “It’s little things like (wearing a seat belt), that can really go a long way toward helping to preserve lives and maintain the readiness of our units,” Davis added.

He stressed motorcycle training courses for riders and added that many installations, including those on Hawaii, are getting a whole new family of driving simulators.

“I think that will help reinforce good motorcycle riding procedures,” he said. “But again, a lot of it boils down to leadership and then individual awareness on the part of our riders themselves.”



# PAU HANA



More than 20 men and women dance their way to fitness every Tuesday and Wednesday during the Zumba class at Schofield's Health & Fitness Center.

Stefanie Gardin | U.S. Army Garrison-Hawaii Public Affairs



Dance your way to health with

# ZUMBA

**MOLLY HAYDEN**  
Staff Writer

**SCHOFIELD BARRACKS** – More than 20 women shook their hips and showed off their dance moves at the weekly Zumba exercise class at the Health & Fitness Center here, Wednesday.

An intricate array of music rang out as instructor Madalene Aponte led the group through a variety of global dances.

Zumba is a fusion of Latin dance and music and interval-training workouts disguised as a dance routine. Dance moves from samba, tango, merengue, salsa and flamenco, to belly dancing and hip-hop keep the rhythm moving and energy high. Music selections include both fast and slow rhythms to help tone and sculpt the body while burning fat.

Zumba has the benefits of an intense cardio workout combined with fun atmosphere of a dance party, according to Aponte.

"This kind of workout appeals to everyone," said Aponte. "It's empowering for women and a great cardio workout for men."

Although only a small handful of men attend the classes, Aponte encourages more male participation.

"The class is success driven," said Aponte. "It's designed for every type of person and the health benefits go well beyond burning calories."

Aponte explained Zumba could lower stress and build and tone muscle.

"It's the type of exercise you



Molly Hayden | Honolulu Advertiser

Women line up at Schofield Barracks Health and Fitness Center as they attempt a variety of global dances during the Zumba fitness class.

Zumba is offered Tuesdays and Wednesdays, 6 p.m., at Schofield's Health & Fitness Center. Call 655-8007.

want to do," said family member Lani Pineda. "It's a fun and challenging class."

The challenge could be seen around the room as many tried to keep up with each dance move through the nonstop, hourlong routine. Every few minutes the rhythm of the music changed, indicating a

new dance move.

"She doesn't stop," said family member Tanja Gutierrez of Aponte. "She works us and it feels great."

Zumba began in Colombia by fitness trainer and choreographer Alberto "Beto" Perez in the mid-1990s. In 1999, he and two U.S. businessmen, Alberto Perlman and Alberto Aghion, launched the Miami-based Zumba Fitness. It has continued to expand in popularity across the country.

Instructors and participants pump up the volume to experience the ex-

hilarating hour of caloric-burning, body-energizing and heart-racing movements.

"You will shake your butt like you've never shook before," said Pineda.

Working out can be healthy, rewarding and beneficial in so many ways, but that doesn't mean people flock to gyms everywhere to reap the benefits. Zumba, however, is an exercise program that brings enthusiasts back for more.

"People can't help but smile in

Molly Hayden | Honolulu Advertiser

Above — Zumba instructor Madalene Aponte keeps the class moving during the high energy hourlong class. The fusion of Latin dance and music and interval-training workout disguised as a dance routine keeps everyone interested in the fun and intense workout.

this class," said Aponte. "I mean, they're just dancing."

Zumba is just one of the many fitness classes now offered for free at the Health & Fitness Center courtesy of the Army Family Covenant.

## Commissaries open 2009 scholarship program for military children

**CAROLINE WILLIAMS**  
Defense Commissary Agency

**FORT LEE, Va.** – November is a great time of year for many reasons – cool, crisp weather, tailgating at football games, Thanksgiving and fall colors, to name just a few. If you're a high school or college student and the child of a military family, you might want to add free college money to your list of favorite things because the 2009 Scholarships for Military Children Program opened Monday.

The program kicks off each year in November and coincides with National Military Family Month. The scholarships are a great way for commissaries to get involved with the community and

demonstrate support for the contributions of military families.

According to Defense Commissary Agency (DeCA) Director and Chief Executive Officer Philip Sakowitz Jr., the program has awarded more than \$6.4 million in scholarships to more than 4,000 of the best and brightest children of military families since the program began in 2001.

"We know that education is the key to a better future," Sakowitz explained, "and we're thrilled to be a part of something that makes it a little more affordable for military families."

Commissaries are known for the savings they provide authorized customers who shop regularly – savings averaging 30 percent or more. In fact, commis-

saries have always sold groceries at cost, allowing them to pass a substantial savings on to their customers.

The scholarship program is emblematic of DeCA's commitment to improving the quality of life of America's service members and their families by making military paychecks go further in today's uncertain economy. The program awards \$1,500 scholarships to well-rounded, accomplished children of military families, meaning these families don't have to dig as deep into their pockets to pay for tuition.

Only dependent, unmarried children (under the age 23) of active duty personnel, Reserve/Guard and retired military members, survivors of service

members who died while on active duty or survivors of individuals who died while receiving retired pay from the military may apply for a scholarship.

Eligibility is determined using the Defense Enrollment Eligibility Reporting System (DEERS) database. Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current ID card.

The applicant must be planning to attend, or already attending, an accredited college or university full time in the fall of 2009, or be enrolled in a program of studies designed to transfer directly into a four-year program.

Applicants should prepare to submit an essay answering "What would you place

inside a time capsule to help people in the next century understand military life today?"

Applications must be turned in to a commissary by close of business Feb. 18, 2009. At least one scholarship will be awarded at every commissary location with qualified applicants.

Every dollar donated to the program by manufacturers, brokers and suppliers that sell groceries in commissaries, and the public at large goes directly to funding the scholarships. The Fisher House Foundation underwrites the cost of administering the program, which is handled by Scholarship Managers, a national, non-profit, scholarship management services organization.



**7/Today**

**Potty Training Your Toddler** – Learn all you can about potty training a toddler, today, 9-11 a.m., at Aliamanu Military Reservation's Community Chapel; or Nov. 21, 1-3 p.m., at Army Community Service, Schofield Barracks.

Class will cover the signs children exhibit when they're ready to be potty trained and how to start the process. Call 655-4779 to register.

**9/Sunday**

**Beach Bus** – Outdoor Recreation will offer a beach bus shuttle service to area beaches around Oahu, Sundays. The bus will depart the Outdoor Recreation Center, Schofield Barracks, at 10 a.m.

The bus will also pick up patrons at Fort Shafter's Richardson Theatre at 11 a.m.

Cost is \$3 per person, and all ages are welcome. Children under 18 must be accompanied by a parent or guardian, and parents must provide their own car seat for children as required. Seats are limited to 15 per shuttle trip. Call 655-0143.

**11/Tuesday**

**Big R: The Price is Right** – Register by Nov. 11 for the next Big R: Price is Right party, scheduled for Nov. 14, 6-8 p.m.

Reserve your spot and sign up for child care by calling 656-3325 or e-mailing Darlene.J.Marshall@us.army.mil.

**13/Thursday**

**Sushi, Musubi** – Learn the Japanese art of sushi making, Nov. 13, 5-7 p.m., at Schofield's Sgt. Yano Library. Watch demonstrations and try out new techniques. Call 655-8002.

**Information Session** – The Exceptional Family Member Program (EFMP) will host an information forum to discuss the EFMP Respite Care program, Nov. 13, 10 a.m.-noon and 6-8 p.m., at Army Community Service, Schofield Barracks. All families currently receiving or interested in receiving respite are encouraged to participate. Call 655-1551.

**Anger Awareness** – Are you angry? Do you feel like you are out of control? This workshop provides information about the basic mechanisms of anger and provides the tools to resolve anger in a healthy way, Nov. 13, 3-4:30 p.m., at Army Community Service, Schofield Barracks. Call 655-4227.

**14/Friday**

**Family Fun Fridays** – Don't miss the kick-off party for Family Fun Fridays at the



Courtesy Photo

**South American roots**

SCHOFIELD BARRACKS — Ronald Hurtado De Mendoza Munoz and his daughter, Bolivia Hurtado De Mendoza Ochoa perform the Caporal, an Afro Aymara Bolivian-Indian dance at U.S. Army Garrison-Hawaii's Hispanic Heritage Month celebration, Oct. 14, at the Sgt. Smith Theater. Other members of the Hurtado De Mendoza family performed at the celebration too. See next week's *Hawaii Army Weekly* for coverage of Native American Indian Heritage Month Celebration.

Tropics, Nov. 14, 6 p.m. This is a new program that will be available on the first and third Fridays of each month providing fun and games for families and kids of all ages.

At the kick-off party enjoy door prizes, video games, family table games, volleyball, pizza specials and the chance to make your own sundaes. Call 655-5697.

**Baby Massage** – Babies are intuitive, and their sense of touch highly developed. Therefore, in addition to many health benefits, time spent massaging your baby greatly increases your communication and helps you understand your baby's moods, needs, desires and expressions. Call 655-4227 to register. (This is a four-part consecutive series limited to 10 parents with their babies. Babies should be between 4 and 8 months old.)

The class meets Nov. 14, at Aliamanu Military Reservation's Community Chapel; and Nov. 19, 9-11 a.m., at Army Community Service, Schofield Barracks. Call 655-4227.

**Holiday Craft Sale** – The annual Holiday Craft Sale at Fort Shafter's Arts & Crafts will take place Nov. 14, 11 a.m.-6

p.m., and Nov. 15, 9 a.m.-4 p.m.

Take advantage of quality craftsmanship at affordable prices on a wide variety of merchandise including stained glass, Hawaiian quilts, ceramic and pottery pieces, jewelry, koa boxes, framed artwork, hand-thrown raku vases and much more. Call 438-1315.

**Waikiki Party Bus** – Party in Waikiki and let FMWR be the designated driver, Nov. 14. Pick-up time at Schofield Barracks' Information, Ticketing and Registration (ITR) is 9 p.m. Pick-up at Fort Shafter Richardson Theatre is at 9:30 p.m. Drop-off is approximately 9:45/10 p.m. at the Waikiki Royal Hawaiian Shopping Center.

Return pick-up time is 3 a.m. at the Hale Koa. Drop-off at Fort Shafter is at 3:30 a.m. and 4 p.m. at Schofield Barracks' ITR. The Party Bus operates twice a month. Check out [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com) for dates, prices and reservations. Call 655-9971 or 438-1985.

**15/Saturday**

**Daddy Boot Camp** – The Family Advocacy Prevention team offers a Daddy

Boot Camp class, Nov. 15, 9 a.m.-noon, at Army Community Service, Schofield Barracks. This class offers hands on training so new dads can be confident and effective parents. Call 655-0596 to register.

**17/Monday**

**Blue Star Card Preview Night: High School Musical** – Sign up by Nov. 17 for free tickets to High School Musical, scheduled for Nov. 19, 7:30 p.m., at Fort Shafter's Richardson Theatre. Transportation is provided and free pupus will be available before the show. Spaces are limited. Call 655-0111/2.

**Active Parenting Class** – Army Community Service, New Parent Support Program will offer a one day parenting class for parents of children ages 1-4 years old, Nov. 17, 9-11 a.m., at ACS, Schofield Barracks; and Nov. 24, 9-11 a.m., at Aliamanu Military Reservation's Community Chapel. Class will teach parenting skills to enrich the parenting experience; teaching parents how to recognize developmental milestones, and responding to difficult behavior in children. Call 655-4227 to register.

**Ages and Stages of Infant and Child Development** – Understanding the ages and stages of normal child development will help you understand how to care for and encourage your child. Class meets Nov. 17, 2-4 p.m., at Army Community Service, Schofield Barracks; and Nov. 25, 9-11 a.m., at Aliamanu Military Reservation's Community Center. Call 655-4ACS (4227).

**19/Wednesday**

**Children's Councils** – Be an active community voice on behalf of special needs children with specialized educational plans and behavioral support services, Nov. 19, 6:30-8 p.m., at Leilehua Golf Course; and Nov. 25, 6-7:30 p.m., at Moanalua High School.

**20/Thursday**

**Couples Communication** – The Family Advocacy Prevention team will offer a Couples Communication class, Nov. 20, 3-4:30 p.m., at Army Community Service, Schofield Barracks. The class will focus on building effective communication skills, which can help improve relationships and break down barriers. Call 655-0596.

**High School Musical** – For a limited time only, come see High School Musical and get two-for-one tickets for active duty Soldiers on opening night, Nov. 20 and Nov. 21, 7:30 p.m., at Fort Shafter's Richardson Theatre. Don't miss this chance to watch the hit Disney musical live and up close. Call 438-4480.

**Exceptional Bowling** – Families with special needs individuals are invited to enjoy bowling at the Joint Forces Bowling Bash, Nov. 20, 6-8 p.m., at Schofield's Bowling Center. Reservations are required. Call 655-1551.

both visitors and residents, the ceremony will feature guest speakers, James Hornfisher, author of two works of World War II naval history books and Cmdr. Michael Lewis of the USS Houston. Call 539-3482.

**12/Wednesday**

**"Home of the Brave" Quilt Project** – The public is invited to the Pacific Aviation Museum, Pearl Harbor, Nov. 12, 10 a.m.-2 p.m., to sign names and write messages of hope on "Home of the Brave" quilts, sewn by volunteers and provided to families of fallen service members.

No reservations are needed. Admission is \$14 for adults and \$7 for children. Kamaaina and military discounts are available. Call the museum at 441-1000 or visit [www.PacificAviationMuseum.org](http://www.PacificAviationMuseum.org).

**14/Friday**

**Native American Indian Heritage Month** – U.S. Army Garrison-Hawaii and Team Equal Opportunity, Hawaii, will observe Native American Indian Heritage Month, Nov. 14, 10-11:15 a.m. at the 9th Mission Support Command complex, Fort Shafter Flats. Admission is free. Call 438-5111.

**Employment Workshop** – Army Community Service (ACS) will host "Ten Steps to Federal Employment," a workshop open to military family members, military personnel and Department of Defense employees, Nov. 14, 9-11 a.m., at ACS, Schofield Barracks. Call 655-4227 or register online at [www.acsclasses.com](http://www.acsclasses.com).

**15/Saturday**

**Operation Property Identification** – The Directorate of Emergency Services will hold "Operation Property Identification," Nov. 15, 11 a.m.-3 p.m., at the Schofield Post Exchange entrance.

Community members can take advantage of the on-site bicycle registration, property ID engraving and ownership documentation. Engraving bikes, scooters, skateboards and high-value items or easily pilfered property will aid in identifying, recovering and returning your property if it is stolen. Call 655-5170.

**Season of Brokenness** – The Schofield Barracks Women of Rare Devotion (W.O.R.D.) Ministry and Trinity Missionary Baptist Church will host a women's conference, Nov. 15, 9 a.m.-2 p.m., at Schofield Barracks' Main Post Chapel.

Sometimes things in our lives get broken: finances, relationships, health, spirit, dreams ... be encouraged, comforted and rejuvenated as you learn about God's plan for you in your "Season of Brokenness." Light lunch will be provided.

Call Joanna Cannon, 779-0461, or Janice Crawley, 375-4051.

**Car Wash** – Wheeler Middle School's Student Activities office will hold a car wash, Nov. 15, 9 a.m.-noon, in the school's parking lot. All proceeds from the community service project will be donated to local veterans' groups. Call 622-6525.

**Friends & Film On the Fantail** – The Battleship Missouri Memorial will host a "Friends and Film on the Fantail" event, Nov. 15, 5-9 p.m., on the historic battleship's fantail. The event, which is open to visitors and kamaaina, will screen "The World's Fastest Indian." Call 539-3482.

**18/Tuesday**

**Free Online Job Training Classes** – Attend job search training from your home or office. All you need is a phone and a computer. Join Army Community Service, Nov. 18, 10-11 a.m. for a class on Strategies for Private Sector Resume Writing. Register at [www.acshiemployment.com](http://www.acshiemployment.com) and click on the TeleSeminar link under the Virtual Classes header. Call 655-4227.

**19/Wednesday**

**Math & Science Fun Night** – Wheeler Middle School will host a Math & Science Fun Night, Nov. 19, 5-7:30 p.m. This educational and entertaining night will allow parents and students to participate in activities that relate to the standards being taught. Call 622-6525.

**21/Friday**

**Employment Orientation** – Prepare for the job you want.

Attend an Army Community Service (ACS) Employment Orientation and get employment information on federal, state, private sector and staffing agencies. Reference materials, job listings, computers, Web tour and more will be available for use.

Orientations will be held at Schofield Barracks, ACS, Nov. 21 and 28, 9-11 a.m. Call 655-4227 or register online at [www.acsclasses.com](http://www.acsclasses.com).

**23/Sunday**

**Piano Concert** – The Honolulu Piano Teachers Association and the University of Hawaii Music Department will host the All-Star Benefit Concert for Music Scholarships, Nov. 23, 4 p.m., at the University of Hawaii-Manoa Orvis Auditorium. Admission is \$20.

The concert will feature Jonathan Korth, Byron Yasui, Satomi Yarimizo, Gilbert Batangan, Lyuba McSwain, Cindy Wu, Masami Campbell, Hiroko Esaki, Marina Mitsuta, and Kolomona Wilson-Ku. For ticket information, contact Michelle at 864-5229.

**Ongoing**

**Art and Essay Contest** – The Army Services YMCA is now accepting entries for its annual Art & Essay Contest.

Children of active duty, Reservist or Guard Soldiers are encouraged to write an essay about their military hero or illustrate their military family in a drawing.

Illustrated entries will be accepted through Feb. 20, 2009 and essays will be accepted through March 20, 2009.

Winning entries may be used for promotional materials. Savings bonds are awarded for top entries. Visit [www.asymca.org](http://www.asymca.org).

**Magic Lessons** – The Hawaii Magicians Society holds free beginners magic lessons at Kalihi-Palama Public Library, Community Room, 1325 Kalihi St., every fourth Thursday of the month, 6-7 p.m.

Topics include card magic, rope magic, how to make our own production boxes, magic tables and more.

Visit [www.hawaiimagiciansclub.com](http://www.hawaiimagiciansclub.com) or call 234-5262.



**Aliamanu (AMR) Chapel 836-4599**

- Catholic Sunday, 8:30 a.m. – Mass Sunday, 9:45 a.m. – Religious Edu.
- Gospel Sunday, 11 a.m. – Sunday School (Sept.-June only) Sunday, 12:30 p.m. – Worship service
- Protestant Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

**Fort DeRussy Chapel 836-4599**

- Catholic Saturday, 5 p.m. – Mass in Chapel (May-Aug.) Saturday, 6 p.m. – Mass on Beach
- Protestant Sunday, 9 a.m. – Worship Service
- Buddhist 1st Sunday, 1 p.m.

**Fort Shafter Chapel 836-4599**

- Contemporary Protestant Sunday, 9 a.m. – "The Wave" Worship

**Helemano (HMR) Chapel 653-0703**

- Contemporary Protestant Sunday, 9 a.m. – Bible Study Sunday, 10 a.m. – Worship Service & Children's Church

**Main Post Chapel 655-9307**

- Catholic Sunday, 8 a.m. – CCD & RCIA Sunday, 10:30 a.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 10:30 a.m. – Sunday School
- Gospel Sunday, 10:30 a.m. – Sunday School Sunday, noon – Worship Service

**MPC Annex, Building 791**

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

**Soldiers Chapel**

- Catholic Friday-Saturday, noon – Adoration
- Liturgical Sunday, 9:30 a.m. – Worship

**Tripler AMC Chapel 433-5727**

- Catholic Sunday, 11 a.m. – Mass Monday-Friday, 12 p.m. – Mass Saturday, 5 p.m. – Mass
- Protestant Sunday, 9 a.m. – Worship Service

**Wheeler Chapel 656-4481**

- Catholic Saturday, 5 p.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 9 a.m. – Sunday School



Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under realtime movie listing.



**Burn After Reading**

(R)  
Friday, 7 p.m.  
Wednesday, 7 p.m.

**Babylon A.D.**

(PG-13)  
Saturday, 4 p.m.



**My Best Friend's Girl**

(R)  
Saturday, 7 p.m.

**Horton Hears A Who?**

(G)  
Sunday, 2 p.m.

**Miracle At St. Anna**

(R)  
Thursday, 7 p.m.

No shows on Mondays or Tuesdays.

**Community Calendar**

Send announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**7/Today**

**Sexual Assault Prevention** – The Army has launched a new and improved Sexual Assault Prevention program Web site as part of its new I.A.M. Strong sexual assault prevention campaign.

Visit [www.preventsexualassault.army.mil](http://www.preventsexualassault.army.mil).

**Hawaii Music Teachers Association** – A clarinet and piano recital will open the Hawaii Music Teachers Association's 41st Annual Convention, today, 7:30 p.m., at the University of Hawaii-Manoa's Orvis Auditorium. Admission is \$20.

The State Honors Recital will be held Nov. 10, 7:30 p.m., at Orvis Auditorium. The recital will feature the world premiere of "Canticum," a commissioned composition by Jon Magnussen to be performed by the Hawaii Youth Opera Chorus.

All events are open to the public. Call He-len at 398-0565.

**8/Saturday**

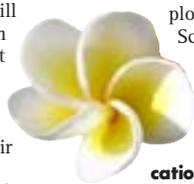
**Veterans Appreciation Day** – The Oahu Veterans Council will hold a Veterans Appreciation Day, Nov. 8, noon-4 p.m., at the Oahu Veterans Center, 1298 Kukila St.

This event recognizes and honors all veterans for their service to our country.

Tickets for the event are \$20 for adults and \$5 for children under 12. Admission includes lunch and an afternoon full of entertainment. Tickets are available online at [www.oahuveteranscenter.com](http://www.oahuveteranscenter.com) or call 422-4000.

**11/Tuesday**

**Veterans Day Sunset Ceremony** – The Battleship Missouri Memorial will hold its annual Veterans Day Sunset Ceremony, Nov. 11, 4:45-5:45 p.m. Free and open to



# AHFH offers more amenities for on-post residents



## ARMY HAWAII FAMILY HOUSING

News Release

SCHOFIELD BARRACKS — New home construction and renovation are not the only activities taking place in Army Hawaii Family Housing (AHFH) communities.

Last week, AHFH opened its fourth of nine new community centers in its Fort Shafter community and began construction of a new skateboard and BMX bike facility and spray park at its Porter Community.

“We know it takes more than just a nice

Left — A lap pool and children’s sand pool are two of the new features found at AHFH community centers. Other amenities include a spray park, 24-hour fitness center with state-of-the-art equipment, and a large multipurpose room with a complete kitchen. The newest center is in the Fort Shafter community, located at 225 Austin Rd., Building 1064.

home to build a community,” said Claire Johnston, AHFH project director. “By creating community centers, parks and other amenities within our neighborhoods, we hope to encourage families to interact with one another, build new friendships and expand their support base in the islands.”

New community facilities, Johnston added, also provide the Army’s Soldier and family outreach services with more venues conveniently located to the nearly 6,000 families who reside in AHFH communities.

Among the exciting features residents will enjoy at the Fort Shafter Community Center is a 1,200-square foot aquatic center that includes a 25-meter lap pool, children’s sand pool and spray park. It’s the first of two AHFH community centers that will have a pool. The second location is the Wheeler Community Center, which will be completed in 2009.

## Education Front

# Educators learn about trauma and loss

## SCHOOL LIAISON OFFICE

News Release

SCHOFIELD BARRACKS — The Military Child Education Coalition (MCEC) hosted Living in the New Normal training session at the Nehealani here, Oct. 29-30.

Attendees at the training included employees from the Hawaii Department of Education, various private schools, youth programs from all branches of service, and other on-post and off-post organizations that service children who may be experiencing trauma and loss.

MCEC adopted the term “Living in the New Normal” to describe the changed physical, psychological and emotional environment that we live in since the terrorist attacks of Sept. 11, 2001. For military-connected communities, the “New Normal” has been intensified by multiple deployments. In addition, the term can also describe the changed life a child experiences after the death or injury of a loved one that leads to a life that is

For more on the Military Child Education Coalition, visit [www.militarychild.org](http://www.militarychild.org).

Those interested in attending the Living in the New Normal training in March 2009 should contact the Hawaii Operation: Military Kids program at [ctahr.hawaii.edu/4h/OMK](http://ctahr.hawaii.edu/4h/OMK).

not the same as prior to the traumatic event.

Patty Shinseki, wife of retired Army Chief of Staff Gen. Eric Shinseki, and Sally Patterson, a prior Army School Liaison Officer, facilitated the two-day training. Guiding principals of their training included:

1. Recognizing the courage of children;
2. Acknowledging the positive attributes of military children;
3. Promoting resilience;
4. Acknowledging that children have the ability to grieve, despite their young age; and

5. Respecting the cultural traditions, belief systems and privacy of each child.

Attendees experienced two emotional days of discussions on multiple books and articles, group presentations, best practices and personal experiences. The discussions enabled participants to learn about grief.

As Joanne Steen, a military widow, explained, “There is no short, orderly or pain-free way through grief.”

The MCEC defines grief as a “heartfelt longing for what we had before and is no longer.”

Overall, the training highlighted the guiding principal of promoting strength in children by helping them attain the seven C’s of resiliency (competence, confidence, connection, character, coping, control and contribution).

The MCEC strongly believes in the importance of building resilient children who can grow in the face of adversity and challenges as they adjust to living in the new normal of the military lifestyle.

## Going for the gold

SCHOFIELD BARRACKS — Popeye’s store manager Roxanne Hutchinson, left, and employee Rhonda Marshall slice cake at an awards celebration, Tuesday. Col.

Matthew Margotta, commander, U.S. Army Garrison-Hawaii, joined Popeye’s employees to recognize the Schofield Barracks’ branch’s recent award of a Gold Plate in honor of winning the International Sales Award for exceeding \$2 million in sales.



Stephanie Rush | U.S. Army Garrison-Hawaii Public Affairs

# 205th MI gives 'Mighty Mo' a good Army cleaning

Story and Photos by  
**SGT. 1ST CLASS SHERYL L. LAWRY**  
 500th Military Intelligence Brigade Public Affairs

FORD ISLAND — Famed for its honorable and decorated service in three wars — World War II, the Korean War and the Gulf War, earning 11 battle stars and the nickname “Mighty Mo,” the USS Missouri now welcomes visitors from around the world to learn about its historic accomplishments.

To ensure the Mighty Mo is in pristine condition when visitors arrive, a volunteer work force takes seriously the duty of dusting, cleaning, painting and swabbing the deck on a daily basis.

Soldiers of A Company, 205th Military Intelligence Battalion, 500th MI Brigade, took the opportunity to improve the ship's appearance during their unit's volunteer day, Oct. 24.

Upon arrival, the company was broken into three groups. Group one was charged with swabbing the deck; group two was in charge of painting; and group three took command of shovels, clippers, rakes and trash bags for cleaning up the shoreline gardens and parking lot.

“This was a rare opportunity that not many people get a chance to do,” said Pfc. Brynn Everett. “I felt honored to be allowed to participate.”

Sgt. 1st Class Brandon Moore agreed. “It was an honor and privilege to be helping to preserve a piece of world and American history,” said Moore.

Moore also said he said he felt the company's efforts honored sailors who served on the ship.



Pvt. Jenny Carlo of A. Co., 205th Military Intelligence Battalion, sands an old shell before painting it.

While swabbing, clipping and painting, Soldiers got a taste of what it meant to be a sailor rather than a Soldier.

“Swabbing the deck for a day gave me the chance to personally feel what it is like to be in another branch of the military,” said Pfc. Gerardo Zapata. “There is always a slight rivalry amongst branches of our armed forces, but in the big picture, we are all the same.”

“I feel that being able to get ‘hands on’ on the USS Missouri brought everyone a little closer (together) in A Company, and has given us more respect for our other



A. Co., 205th Military Intelligence Battalion Soldiers swab the deck of the USS Missouri, Oct. 24, during their unit's volunteer day.

branches of the military. I felt very proud to be able to stand atop the ship, even if it was only to clean the deck.”

Soldiers also honored the ship's history and past sailors who served on her by learning about why the Mighty Mo is so significant in world and American history.

“I did not realize that the Japanese surrendered on the deck of the USS Missouri,” said Spc. Sharale Lovett. “I was shocked to find out that I was standing in the same place of such a historic event. It was cool to learn about the history of the ship, and assist in preserving a piece of our American history.”

During A Co.'s clean-up it was business as usual for the ship's tour guides

and visitors. As Soldiers swabbed the deck and painted various areas, visitors from around the world walked among them. One tourist even asked to swab the deck with the Soldiers while her family took a photo.

“It shows tourists and Americans alike that we are more than warfighters — we are charitable individuals,” said Staff Sgt. Shawn Settles. “It helps build the Army's reputation.”

When their time at the USS Missouri came to an end, A Co. Soldiers did not leave empty handed. They now have once-in-a-lifetime memories of a day they spent with the Mighty Mo, and their unit's hard work is another piece of the ship's great history.



Contributions from the “Friends of the Mighty Mo” help support the preservation, education, outreach and legacy-building activities of the ship.

One of the Mighty Mo's ongoing programs, Wounded Warrior Volunteers, helps provide veterans essential rehabilitation support as they transition back into society. Visit [ussmissouri.org](http://ussmissouri.org) to learn more.



### 7 / Today

**Turkey Trot** – Trot on a treadmill, through Nov. 20, at the Helemano Military Reservation Physical Fitness Center to win great prizes. Reach a distance of 5K and you could be eligible to win prizes to be awarded Nov. 21. Call 653-0719.

### 8 / Saturday

**Stand-Up Paddling** – Outdoor Recreation will offer stand-up paddling lessons Nov. 8, 9 a.m.-1 p.m. Stand-up paddling is brand new trend taking surf-crazy Hawaii by storm and anyone can do it. Cost is \$45. Call 655-0143.

### 12 / Wednesday

**Workout Without Walls** – Trying to get in shape but the same old routine has you unmotivated?

Outdoor Recreation gives you the chance to try a different workout in a new location every week.

The next class is Nov. 19, 8:30-11 a.m. Classes will be held every Wednesday. Each session costs \$10. Call 655-0143.

### 15 / Saturday

**Pro Bowl Tickets** – Tickets for this season's Pro Bowl go on sale at Schofield Barracks Information, Ticketing and Registration (ITR) Nov. 15, 10 a.m.-4 p.m.



Sgt. Angela Gilmore | U.S. Army-Pacific Public Affairs

## Running strong

FORT SHAFTER — Members of the U.S. Army-Hawaii Ten Miler team present Lt. Gen. Benjamin Mixon, commander, U.S. Army-Pacific (USARPAC), with their 1st place trophy, Oct. 31. The team placed 1st in the Active Duty Mixed Team division at the Army Ten Miler, Oct. 5, in Washington, D.C. Pictured from left to right are Staff Sgt. Daniel Lopez-Bonaglia, 1st Lt. Kelly Calway, Mixon, Capt. Shawn Dodge and USARPAC Command Sgt. Maj. Joseph Zettlemoyer.

Seats are available throughout the stadium, but there is a four-ticket limit per person. Don't miss this once-in-a-lifetime benefit of living in Hawaii.

Call 655-9971.

### 16 / Sunday

#### Blue Star Card Tour de North Shore

– Enjoy a 5-mile round trip bike tour of the North Shore, Nov. 16, 7 a.m.-1 p.m. Stops will include various beaches and Ted's Bakery. Transportation is free but

bike rentals are \$5. Call 655-0111/2 for reservations.

### 19 / Wednesday

**Blue Star Series: Powder Puff Playoffs** – Registration is due Nov. 19 for the Blue Star Card Powder Puff Playoffs, beginning Nov. 22, at Martinez Gym.

Teams must have 6 players. Individuals and groups with less than 6 players can be combined.

E-mail [Aubrey.Kiemnec@us.army.mil](mailto:Aubrey.Kiemnec@us.army.mil)

or call 655-0111/2 for full rules or to register.

## Ongoing

**Golf 'Til You Drop** – Catch this all-you-can-golf special every Thursday at Walter J. Nagorski Golf Course, Fort Shafter. Pay one fee and play as many holes as you want.

Call 438-9587.



Send sports announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

### 7 / Today

**Youth Boys' Soccer** – Crush Soccer Academy (West) is looking for boys born between Aug. 1, 2001-July 31, 2002 to form an 8-years-and-under competitive soccer team that will compete in the Hawaii Youth Soccer Association Winter League (January-March 2009). Practice begins in November. Some playing experience is required.

Contact Coach Katie Knight at 778-1266.

### 8 / Saturday

**Hike Oahu** – Join the Hawaiian Trail & Mountain Club on a hike through the Waialae Ridge.

This short but steep hike takes you to the Koolau Summit, overlooking Waimanalo and portions of the windward coast. Sections of the trail are eroded and may be slippery.

This intermediate hike is 4 miles. Call Wil Kawano at 373-1492.

Save the date for these upcoming hikes, too:

•Nov. 16, an 11-mile advanced hike through Moanalua Ridge.

•Nov. 22, a 6-mile advanced hike through Nanakuli Ridge.

Hikes begin at 8 a.m., and a \$2 donation is requested of nonmembers. An adult must accompany children under 18. Hikers meet at Iolani Palace, mountainside.

Bring lunch and water on all hikes; wear sturdy shoes, as extra caution may be required on some trails.

Hikers must keep all trails and lunch sites clear of clutter, as well as treat trees and plants with care and respect. Visit [www.htmclub.org](http://www.htmclub.org).

### 9 / Sunday

**Volksmarch** – Join the Menehune Marchers Volkspport Club on a 5 or 10K volksmarch (walk), Nov. 9, at the Foster Botanical Garden at 180 North Vineyard Blvd., in Nuuanu.

Walkers can begin anytime between 8-11 a.m. Call Maria at 261-3583 or visit

[www.ava.org/clubs/menehunemarchers](http://www.ava.org/clubs/menehunemarchers).

Call Bob at 941-0218 or visit [www.ava.org/clubs/menehunemarchers](http://www.ava.org/clubs/menehunemarchers).

### 15 / Friday

**Hawaii Streetball Association** – The final Hawaii Streetball 3-on-3x3 Tournament will be held Nov. 15, 10 a.m., at Washington Middle School, Honolulu.

The Hawaii Streetball Association is looking for teams to join and represent all communities on Oahu, including all branches of the military.

Youths, ages 6-15, are also invited to participate in the "Off the Bench" youth basketball clinic, hosted by University of Hawaii and professional basketball player Test Whitlock, at 9 a.m.

Call 218-4060 or register online at [www.hiteamsports.com](http://www.hiteamsports.com).

**Youth Dive Team Lessons** – Spring board and platform youth diving lessons are available Monday-Thursday, 4-6 p.m., at Richardson Pool, Schofield Barracks. Cost is \$63 per month.

Call 864-0037 for more information.

**Gym Hours** – New hours of operation are in place at the gyms since Sept. 1:

•Schofield Barracks' Martinez Physical Fitness Center, Monday-Friday, 5 a.m.-9 p.m.; Saturday, 7 a.m.-5 p.m.; and Sunday and holidays, 8 a.m.-4 p.m. The Friday Late Nights at Martinez program is no longer running.

•Schofield Barracks' Health and Fitness Center, Monday-Friday, 6 a.m.-7:30p.m.; Saturday, 7 a.m.-noon; and closed Sunday and holidays.

•Fort Shafter's Physical Fitness Center, Monday-Friday, 5 a.m.-9 p.m., Saturday, 7 a.m.-5 p.m.; and Sunday and holidays, 8a.m.-4 p.m. Also, Fort Shafter's Physical Fitness Center is open 9-10:30 a.m. for females only for a 90-day trial period.

Call 655-8007/0900 (Schofield Barracks) or 438-1152 (Fort Shafter).

**Student Bowling Special** – The Bowling Center, Schofield Barracks, invites all students ages 18 and younger to take part in their After-School Special. Games are \$1.75 with free shoe rental, Mondays-Fridays, 2-5 p.m.

Students earn a free game for every "A" on their original report card. Call 655-0573.

**Belly Dance** – Learn the art of belly dancing at the Health and Fitness Center, Schofield Barracks, Tuesdays, 4-5 p.m. Call 655-8007.

**Skimboarding Contest** – The Hawaii Amateur Skimboard League will host a skimboarding contest, Nov. 15, 7 a.m., at Sandy Beach.

Entry fees start at \$35 and include a T-shirt.

Visit [hawaiiaskimboardleague.com](http://hawaiiaskimboardleague.com).

## December

### 11 / Thursday

**Golf Tournament** – Registrations will be accepted through Dec. 11 for the Waianae military Civilian Advisory Council Golf Tournament, scheduled for Dec. 19, noon, at Leilehua Golf Course.

Registration fees start at \$70 and include green fees, cart and banquet. Call Les Akeo at 696-6026 for a registration form.