

INSIDE



Round of mahalos

The 25th ID gives back to heroes in the community — its volunteers.

A-4

NSPS made easy

The first in three-part series, U.S. Army, Pacific, answers employees' questions about the new personnel system

A-3

Chicken skin tales

The Honolulu Theatre for Youth will stage Obake, a chilling collection of spooky ghost tales from Japan and Hawaii. It plays Saturdays, Nov. 3, 10 & 17, at 1:30 and 4:30 p.m.

See Community Calendar, B-2



Paint protection

For Make a Difference Day, the 71st Chemical Company protects Fort DeRussy from its most potent enemy — the weather.

B-7

This issue

Lightning Spirit A-2
Garrison A-3
News Briefs A-9
MWR B-2
Sports & Fitness B-4



Spc. Daniel Bearl | 25th Infantry Division Public Affairs

Soldiers from 2nd Stryker Brigade Combat Team present the brigade and subordinate battalion colors during a deployment ceremony at Schofield Barracks Sills Field, Tuesday.

2SBCT bids aloha to families

25TH INFANTRY DIVISION PUBLIC AFFAIRS
News Release

SCHOFIELD BARRACKS — Soldiers from 2nd Stryker Brigade Combat Team (SBCT), 25th Infantry Division (ID), said the official farewell to community members, Soldiers and families at a deployment ceremony on Schofield Barrack's Sills Field, Tuesday.

The ceremony formally starts the 15 month-long mission for the Soldiers and leaders of the 2nd SBCT, marking first time the unit will enter combat with the highly touted Stryker vehicle.

"We've just completed the Army's finest training with the Army's best equipment," said Col. Todd McCaffrey, brigade commander, 2nd SBCT, 25th ID. "The nearly

4,000 Soldiers, leaders, and families of this brigade are prepared to answer this unit's second call to duty in the last three years and they will, once again, represent Hawaii, the Army, and our nation with pride, honor, and determination."

Maj. Gen. William Brandenburg, deputy commanding general for U.S. Army Pacific, and James R. Aiona, Jr., lieutenant governor of Hawaii, also spoke at the ceremony.

Brandenburg talked about the pride he felt in having watched the 2nd SBCT Soldiers work and train for the upcoming deployment as they transformed from a light infantry brigade to a Stryker brigade.

"There are not enough superlatives in our language to describe this team that stands before us today," Brandenburg said.

"This team is ready for what lies ahead." Aiona thanked the Soldiers on behalf of the state of Hawaii for their service to the state.

"You are well trained," Aiona said. "You are ready and you will complete this mission."

Aiona also stressed that though the Soldiers would be leaving families behind in Hawaii, they would find support from the islands' people.

"We are committed to taking care of your loved ones," Aiona said. "In this great state of ours, you are part of our ohana. When you leave, you leave with us. "The State of Hawaii is yours. You are part of us and we wish you only the best," Aiona added.

25th ID commander returns

25TH INFANTRY DIVISION PUBLIC AFFAIRS
News Release

WHEELER ARMY AIR FIELD — Concluding a 15-month deployment in support of Operation Iraqi Freedom 06-08, friends, family and honorary guests attended a welcoming home ceremony for the 25th Infantry Division (ID) command group here, Tuesday.

As 25th ID Soldiers unloaded buses in preparation to greet their loved ones, a roaring crowd of friends and family bubbled with excitement for the much-anticipated reunion.

"All of us who have watched, who have listened and who have prayed for this day to come stand in reverence to what you and your comrades have accomplished," said Lt. Gen. John Brown III, commanding general, U.S. Army, Pacific.

"We will forever honor your service, we will forever stand in awe and national appreciation for so many of your comrades who bled and gave their lives in support for our nation. Never before have so few done so much for the many of our great land and

our republic," said Brown.

Soldiers from the 25th ID, in addition to subordinate units who comprised Task Force Lightning, performed valiantly and with great success throughout the more than 47,000 square mile region for which Multinational Division-North (MND-N) was responsible in Iraq.

During its 15-month deployment, Task Force Lightning members transferred all four northern Iraqi Army Divisions to Iraqi Ground Forces Command, trained nearly 20,000 Iraqi police and more than 27,000 Iraqi army soldiers, established 52 police stations, and fielded over 900 armored humvee vehicles and 130 Iraqi light armored vehicles.

In addition, the task force completed more than 1,892 reconstruction projects totaling \$155.5 million, to include 171 school projects, 117 medical/health care projects, 106 water treatment projects, 31 sewage projects, and 16 oil/pipeline capacity improvements. It established three major crimes courts and helped institute 156 business micro-grants totaling \$358,362.



Mixon

"The mission of course was very difficult, but our Soldiers performed magnificently. We made great progress in the area of governance and security. The situation in Iraq right now is better than what it was when we arrived," said Maj. Gen. Benjamin R. Mixon, commanding general, 25th ID.

"During our tour in Iraq, in Multinational Division-North, we had the good fortune to command multiple brigades throughout the Army. Brigades from Fort Bragg, Fort Lewis, Fort Bliss, Fort Hood and National Guard brigades from various

SEE MIXON, A-3

Army-wide family covenant ceremonies stress commitment

SCHOFIELD BARRACKS — Like ceremonies held elsewhere in the nation, yesterday's Army Family Covenant signing ceremony here emphasized the Army's commitment from top officials to the full spectrum of family support. Caring for families is paramount to ensuring a combat-ready force that allows Soldiers to focus on their mission when they're deployed, officials said. The covenant signing was a statement of commitment.

"The families support the Soldier, who supports the Army, who supports the nation," Army Chief of Staff Gen. George W. Casey Jr. said before an enthusiastic audience at the covenant signing ceremony in U.S. Army, Europe, at Heidelberg, Germany. He said similar signings would occur at each Army installation to recognize that,

while Soldiers may be the strength of the nation, the Soldier's strength is in his or her family.

Casey took note in the weeks after he assumed his position that longer, multiple deployments of Soldiers to Afghanistan and Iraq were leaving Army families stressed — some children traumatized.

The Covenant. The Army Family Covenant expands opportunities for families in five areas: programs and services, health care, housing, youth needs, and spouse education and employment. It reads, in part, "We are committed to improving family readiness by: standardizing and funding existing family programs and services; increasing accessibility and quality of health care; improving Soldier and family housing; ensuring excellence in schools, youth serv-

CHECK IT OUT

• See next week's paper for full coverage of Thursday's covenant ceremony at Schofield.

ices, and child care; [and] expanding education and employment opportunities for family members."

Other Programs. Casey has announced the development of the Army Integrated Family Support Network, which will allow families to easily find a vast array of military and civilian services available in their neighborhoods.

The Army is well underway with its Residential Community Initiative (RCI), too, an effort Casey said has already privatized nearly 80,000 units under military and commercial contracts.

To help connect spouses to employers,

Site speeds promotions for sergeants

U.S. ARMY HUMAN RESOURCES COMMAND
News Release

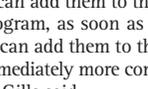
WASHINGTON — The Army recently announced the first dramatic change to the enlisted promotions system for active duty Soldiers since the Vietnam era.

The Army sees this Web-based program, titled the "Soldier Self-Service DA Form 3355," as a bridge to the Defense Integrated Military Human Resource System (DIMHRS) and a way to empower Soldiers to directly impact the management of their careers.

"Trust and verify are key components of the system," said Sgt. Maj. Tom Gills, chief of Enlisted Promotions at Human Resources Command. "This new program has numerous advantages over the current system, and the majority of those benefits stem from three key features," he added.

"First, this system eliminates the need for Soldiers to accumulate 20 or more points before adding them to their file," Gills said.

The Army uses an 800-point system that allows Soldiers to distinguish themselves from their peers by accumulating points among performance categories such as physical fitness, weapons firing, civilian education, military education and awards.



Access HRC Enlisted Promotions at <https://www.hrc.army.mil/site/active/select/promo.htm>.

"Under the current system, Soldiers must accumulate 20 points in one or more areas before they can add them to their files. With this new program, as soon as Soldiers earn points, they can add them to their file, making them immediately more competitive with their peers," Gills said.

The accumulation rule, a personnel workload management-based requirement for more than 34 years, has long irritated Soldiers and their families. The long-needed improvement translates into faster promotions.

The second key improvement is also related to speed. Currently, when Soldiers update their files with new points, or are newly recommended for promotion, they must wait until the first day of the second month before those points become effective in the system, approximately two months.

With the self-service application, Soldiers recommended for promotion, or those adding points, will have those points in the system the first day of the following month, provided they add them in by the eighth day of the month.

"We have to take a snapshot of the current points across the Army, while allowing time to forecast accurately how many Soldiers we need in a given [military occupational specialty]. According to the experts who developed the program, the eighth is that pivotal day," Gills said.

Finally, because of the self-input capability provided to Soldiers for some of their administrative points, time-consuming re-computation evaluations conducted across the Army at Human Resource Offices every month will immediately become a thing of the past. With the elimination of personnel service battalions across the Army in support of transformation, this workload reduction will

SEE PROMOTIONS, A-8

the Army Spouse Employment Program is receiving greater emphasis, as well. The program is designed to make it easier for spouses to get jobs as their Soldiers are reassigned to various posts. And a family readiness support assistant, a paid position, now supports units at the battalion level.

The Army has also spent \$50 million to hire new health care providers for Soldiers and their families. It has recently invested \$50 million in boosting mental health services and constructed 30 child care facilities.

All in all, the Army has increased funding for housing, health care and child care programs from \$100 million in fiscal year (FY) 2007 to \$1.4 billion FY 2008.

(Editor's Note: Compiled from Army News Service and U.S. Army Garrison, Hawaii, releases prior to the Hawaii covenant signing.)

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the responsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The Hawaii Army Weekly is printed by The Honolulu Advertiser, a private firm in no way connected with the U.S. Government, under exclusive written agreement with the U.S. Army, Hawaii.

The Hawaii Army Weekly is published weekly using the offset method of reproduction and has a printed circulation of 15,300.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army, or The Honolulu Advertiser, of the firms, products or services advertised.

HAWAII ARMY WEEKLY

Commander, U.S. Army Garrison

Col. Matthew Margotta

Director, Public Affairs

Dennis C. Drake

Chief, Command Information

Aiko Rose Brum, 656-3155

editor@hawaiiarmyweekly.com

Editor

Jeremy S. Buddemeier, 656-3156

news@hawaiiarmyweekly.com

Layout

Leah Mayo

Staff Writers

Christina Douglas

Kyle Ford

Molly Hayden

Nondelivery or distribution

problems in Army Hawaii

Family Housing areas? If so, call

656-3155 or 656-3156

Advertising: 525-7654

Classifieds: 521-9111

Editorial Office: 656-3155/3156

Fax: 656-3162

Address:

Public Affairs Office

442 Santos Dumont Ave., WAAF

Building 108, Rm. 304

Schofield Barracks, HI 96857-5000

Web site:

www.25idl.army.mil/haw.asp

402 days since last fatal accident

Soldiers, as your daily reminder to be safe, place a "red dot" on your wristwatch.

A division training holiday will be awarded for the next 100 consecutive days with no accidental fatalities. Current as of 10/31/07.

USAG-HI welcomes new public affairs director

AIKO BRUM
Chief, Command Information

WHEELER ARMY AIR FIELD – The director's chair is no longer empty at the U.S. Army Garrison, Hawaii (USAG-HI), Public Affairs Office (PAO). Ending nearly a six-month gap in leadership, Dennis C. Drake, a Utah native, has filled the hole created when the former director accepted a position at U.S. Army, Pacific (USARPAC).

Drake, a retired Army colonel, brings more than 35 years experience to the role of chief spokesperson at the garrison headquarters. Most recently he served as director of communications, U.S. General Services Administration, National Capital Region, Washington, D.C., where he was responsible for all GSA public affairs, congressional liaison, Web communications and special events in the nation's capital.

He previously served as command affairs director for the U.S. Army's Military Surface Deployment and Distribution Command, Washington, D.C., responsible for the command's worldwide public affairs missions.

During his active duty military career, Drake served in diverse roles, most recently as commander of U.S. Army Reserve's 652nd Area Support Group, Helena, Mont., comprised of four battalion headquarters,

two hospitals and 17 other units in a four-state region.

"The Army Hawaii public affairs director must demonstrate many core competencies and critical skill sets," said Troy Griffin, deputy director, USARPAC Public Affairs. "The nation's tight job market impacts recruiting top-notch talent to senior management positions here in Hawaii, too, but we needed to get this one right."

"The PAO advises the commander of USAG-HI on vital issues that impact support to Army Hawaii personnel," Griffin explained. "The role here is challenging and complex, requiring the leader to respond to numerous command, community and media communications issues."

Indeed, even before he arrived, Drake's inbox was overflowing with dynamic issues facing the installation, prime among them the Stryker Environmental Impact Statement, Makua live-fire training and the depleted uranium issue.

The director's responsibilities include conducting internal information programs; pub-

lishing the Hawaii Army Weekly newspaper; enhancing positive relations between the Army and the local community; preparing and disseminating information to various audiences; responding to inquiries from the media; and providing 24-hour support to the Information Operations Battle Staff.

"We are absolutely thrilled to have someone of Dennis's skills and expertise join us as a member of the USAG-HI team. He will only enhance our ability to support the community," said Col. Matthew Margotta, commander, USAG-HI.

"The Garrison provides the underpinnings of support for the U.S. Army in Hawaii," said Drake about his new position. "We have a tremendous opportunity to continue telling the Army story here – our ongoing upgrades of housing and facilities – our community outreach efforts – and the high quality support programs for Soldiers and their families."

Drake holds a master's degree in media communications and is pursuing a Ph.D. in the field. Most recently, he held community leadership roles in Kiwanis, the YMCA, the Combined Federal Campaign, and as a three-term Federal Executive Board president.

"I've inherited a world championship

team of public affairs professionals," Drake said. "We're committed to supporting the Army's family in Hawaii with comprehensive coverage of Army events, programs and activities."

About U.S. Army Garrison, Hawaii

USAG-HI, provides installation management, training and base operations support to a population in excess of 88,000 Army and civilian personnel. Headquartered at Schofield Barracks, approximately 25 miles from the state capital of Honolulu, USAG-HI's area of responsibility encompasses 22 separate sub-installations, including Fort Shafter, Wheeler Army Air Field and the Pohakuloa Training Area, Hawaii.

In addition to serving as home for the 25th Infantry Division, USAG-HI supports numerous additional tenant activities including Headquarters, U.S. Army, Pacific; 8th Theater Sustainment Command; 311th Theater Network Command; Installation Management Command, Pacific Area Region Office; Pacific Ocean Division, Honolulu Engineer District; 9th Regional Readiness Command; Tripler Army Medical Center; and 94th Army Air and Missile Defense Command.

LIGHTNING SPIRIT

Gossip sinks ship, disrupts unit cohesion

CHAPLAIN (MAJ.) JON N. HOLLENBECK
516th Signal Brigade

FORT SHAFTER – It seems that several ministers from a small town were out fishing in a boat. As the fish weren't biting, the ministers fell to talking.

Since each had counseled his parishioners for many years that confession is good for the soul, they decided they would practice what they had been preaching. Each decided to confess his secret sin to the others.

The first said his great fault was language. He still had trouble holding back improper words.

The second minister admitted his weakness was materialism. He was too fond of money – and it was his first and primary consideration for seeking out a new pastorate.

The third preacher broke the news of an addiction to petty gambling on anything from golf to football.



Hollenbeck

The last minister, who was the helmsman on the small craft, turned the boat to shore and stepped on the gas.

One of the confessors said, "What's the hurry? Besides you haven't made your confession."

The minister replied, "My sin is gossip, and I can't wait to get home!"

Every community and organization struggles with this all-too-human failing. Everyone has revealed in the fact that we know something private about someone else, and we can't wait to spread it around.

Usually, in the beginning, the information may closely approximate the truth of the matter. But after several iterations and multiple additions to make the story

better and the storyteller more important, all sense of proportion is lost.

Besides, no matter how truthful the matter, confidence is violated in the telling, and trust is breached.

Likewise in military organizations, there is no quicker way to destroy unit cohesion than rampant gossip and not holding matters in confidence.

The opposite of gossip, I like to call "Godtalk." I'm not talking about the religious one-liners you hear all the time that are akin to someone saying "Have a nice day." I'm talking about speech that edifies and builds a person up. It's called realistic praise.

My best model is my wife, Cindy. Whether it is with our granddaughter Faith or our dog, Sam, when she talks they feel loved. Words of encouragement are there to be sure, but words holding a person accountable – expressed with love and concern – are there as well.

Private first class receives bad conduct discharge

Recent Courts-Martial Results

During the past month, one Soldier was tried, found guilty and sentenced for various offenses occurring on and off Schofield Barracks.

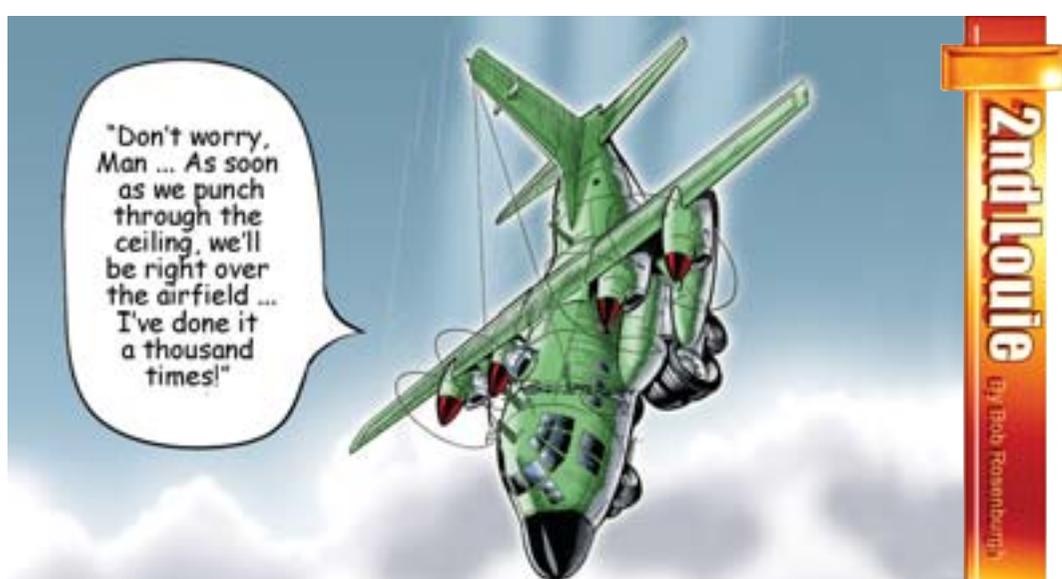
A private first class from A Troop, 2nd Squadron, 14th Calvary Regiment, 2nd Brigade, was sentenced at a general courts-martial to be reduced to the grade of private (E-1), to be confined for two years, and to be discharged with a bad-conduct

discharge, for indecent acts or liberties with a child.

In addition to forfeiture of pay (either adjudged or by operation of law), confinement, and a punitive discharge, the Soldier will also have a federal conviction that he or she must report when filling out a job application. This federal conviction may strip the Soldier of some civil rights, such as the right to purchase and maintain firearms and the right to vote.

Q: Why does the Hawaii Army Weekly publish court-martial findings?

A: The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.



Voices of Lightning: What is the most important training you've received?



"National Training Center because they teach you what you have to know to survive in Iraq."

Spc. Robert Eaton
2-11th FA
Cannon Crew



"Force Protection, getting that training was essential to protecting ourselves and our Soldiers."

Staff Sgt. Angela Koch
57th MP Co.
HQ Platoon Sergeant



"A year in Iraq training for penetrating trauma injuries. I'll never get an experience like that again."

Capt. Derek Liston
45th Sus. Bde.
Surgeon



"Learning military haircuts for men."

Thi Osterhoudt Barber



"All of it."

Sgt. Roger Uganiza
Army National Guard
Infantryman

JPAC hopes to collect MIA info via calls

New toll-free number opens avenues for discovering lost troops

JOINT POW/MIA ACCOUNTING COMMAND News Release

HICKAM AIR FORCE BASE — The Joint POW/MIA Accounting Command unveiled another method to connect with those around the world who may have information about missing service members: an international toll-free telephone number.

This new number, 1-866-913-1286, allows those with telephone access to call JPAC, free of charge, and talk to historians and military intelligence analysts about possible leads pertaining to MIA's. The new method provides another option along with JPAC's online site reporting form and e-mail accessible through the JPAC Website.

All calls will initially be routed to JPAC Public Affairs. This office will then forward calls and messages to the appropriate section of JPAC's Intelligence Directorate (World War II, Korean War, or Vietnam War).

Information gathered from private citizens is used by the command to hopefully generate new case leads.

JPAC has linguists on staff for most countries where MIAs are believed to be located who are available to interpret for callers who do not speak English.

JPAC's mission is to achieve the fullest possible accounting of missing service members from past U.S. conflicts. There are approximately 88,000 unaccounted-for going back to World War II.

Mixon: Last 25th ID troops return from Iraq



Spc. Durwood Blackmon | 25th Infantry Division Public Affairs

Lt. Gen. John M. Brown III, commanding general, U.S. Army, Pacific, greets Maj. Gen. Benjamin R. Mixon, commanding general, 25th Infantry Division, as Soldiers from the 25th ID command group return from a 15-month deployment to Iraq.

CONTINUED FROM A-1

states ... Air Force personnel, Navy personnel, Marines.

"At the height of our command we had over 23,500 Soldiers, Airmen, Sailors and Marines under our command. Over 40,000 Iraqi Army and some 60,000 Iraqi police just to name a few," said Mixon.

Although various units throughout the Army contributed greatly, the 25th ID's very own 3rd Infantry Brigade Combat Team (3IBCT) and 25th Combat Aviation Brigade (CAB) also made great strides in assisting the efforts.

The 3IBCT helped build five public health clinics and accomplished more than 20 hospital renovations. It also built eight new schools and assisted in the construction of a new water distribution system to provide an additional 14 million gallons of water per day to the city of Kirkuk.

Soldiers from the 25th CAB excelled while deployed, transporting more than 148,000 passengers, 5,555 tons of cargo, flying 206,000 combined hours and conducting

more than 30,000 missions.

As Soldiers waited in formation, Mixon quickly but sincerely addressed the successes of the 25th ID Soldiers and members of Task Force Lightning before an eager group of onlookers and loved ones.

"When I say thanks to our Soldiers, our nation owes a huge debt of gratitude to the Soldiers, Sailors, Airmen and Marines of the United States of America. They are serving the nation probably in one of the most important times in our history, and they are serving as volunteers. We owe a great deal of gratitude to those Soldiers," Mixon said.

As the ceremony closed, Soldiers were released from formation to open arms, tears of joy and smiles. Families laughed and cried together as they were reunited after 15 months of hard work, dedication and service to each other and their nation.

"Our return today closes out the mission for the 25th Infantry Division being in charge of Multinational Division-North. This very important day brings us back to the great islands of Hawaii and gets us prepared to move out for the next mission," said Mixon.

USARPAC responds to frequently asked NSPS questions

The first in a three-part series addressing employees' questions about the new personnel system

In August and September, U.S. Army, Pacific (USARPAC) conducted focus groups across the command to discuss changes brought about by the conversion to the National Security Personnel System (NSPS). This article is the first in a series of three addressing some of the questions and concerns raised by employees about NSPS implementation and the command's responses.

Q: The Performance Appraisal Application (PAA) was very difficult to use. How can I learn to use the system?

A: The Department of Defense (DoD) acknowledged that the PAA was not very user-friendly. In August, DoD released a revised version two of the PAA, which is much easier to use. To learn more about the PAA, visit the following Web sites:

- Online aids for PAA: www.cpol.army.mil/library/general/nsps/about-pm.html#link
- Video on creating a performance plan:

www.chra.army.mil/create.exe

- Video on submitting recommended ratings: www.chra.army.mil/submit.exe

Q: The pay-setting rules of NSPS do not provide the kinds of flexibilities we thought it would. For example, if I were a GS-9 employee under the old system and received a promotion to the GS-11, my pay would be set somewhere between 6-19 percent. Under NSPS, that action would be considered a reassignment, and I could only get a maximum of a five percent pay increase. Isn't this a disadvantage to me?

A: This issue has been elevated to the Department of Army (DA) for a second review. The DA agrees that it needs another review and has elevated it to the Department of Defense (DoD) for a decision. To date, no change has been made to this policy.

While there may be a possibility of a future review on reassignment flexibilities, we must remember that NSPS and the GS system are two different systems

with different pay-setting policies.

Q: The information on NSPS is not filtering down to the lowest level. Is there anything that can be done so that we get the information?

A: The commanding general of USARPAC has emphasized to his commanders that communication is important. You will begin to see more use of pop-up messages when you start your computers in the morning. E-mail communication will be leveraged, as will use of the local installation newspaper. Your supervisors and managers should also provide you with information and answers to your questions. You can also keep well informed by going to the various Web sites:

- DoD: www.cpms.osd.mil/nsps/index.html
- DA: www.cpol.army.mil/library/general/nsps

Q: Pay pool panel members do not un-

derstand what I do at my job, so how can they judge my assessment?

A: The pay pool panel has access to subject matter experts who they can call to get more information on issues they do not fully understand. The pay pool panel uses standardized benchmarks for evaluating performance. The panel can also contact the supervisor or higher-level reviewer to request more information or clarification on the assessments. During the mock pay pool deliberations, contact was frequently made.

You can also help the process by identifying actions, results and impact on the mission in your assessments. It is also helpful to spell out acronyms and provide a short explanation of their meaning since there is so much special terminology in our jobs.

(Editor's Note: Part II of the NSPS series will address issues such as raising awareness, NSPS for military supervisors and writing effective job objectives.)

Volunteers' 'love and action' make post a better place

Rear detachment honors local volunteers for their service to the community

Story and Photos by
CHRISTINA DOUGLAS
Staff Writer

SCHOFIELD BARRACKS — Family members and Soldiers were honored in a 25th Infantry Division (ID) Quarterly Volunteer Award Ceremony at the Post Conference Room here, Friday.

Volunteers received awards for their contributions to organizations and programs including various family readiness groups (FRG), the Dental Training Assistance Program and Schofield's Thrift Shop.

April Stroup and Lacey Graves, FRG leaders for B Troop, 2nd Squadron, 6th Cavalry Regiment, were among those recognized.

"These ladies are the epitome of not only the military spouse, but of a devoted friend and patriot," said Karen Barker, 2-6th Cav. Regt. "This is exemplified through their constant commitment to our Soldiers and those family members within their care."

Each awardee received a 25th ID pin and a certificate of appreciation signed by Maj. Gen. Benjamin Mixon, commanding general, 25th ID.

"This is a small representation of the enormous contributions you have made," said Col. Timothy Ryan, 25th ID rear detachment commander.



Col. Timothy Ryan, 25th Infantry Division rear detachment commander, presents Jeanet Pascua with a certificate of appreciation at the ceremony, Friday.

Jennifer James, Hui O'Na Wahine scholarship chair, felt proud to be part of the ceremony.

"It was an honor to be recognized and now that all of the Soldiers are back,



Above — Volunteers of the quarter stand proud at the 25th Infantry Division Quarterly Volunteer Awards Ceremony at the Schofield Barracks Post Conference Room, Friday.

From left to right: (back row) Miche Goolsby, Susan McIntosh, Ralph McIntosh, Laura Wise, Grace Silva, Vickie Gonzales, Jill Bruce, Amy Henderson, and April Stroup. (front row) Sherri DeSilva, Amanda Guerrero, Stella Schabbahar, Michelle Pena, Toni Ruiz, Jennifer James, Abby Fitts, Heather Goodier and Jeanet Pascua.

my husband was able to be here, which made this even more special," said James.

Like many of her fellow awardees, James volunteers to make a difference and help others, but realized she gets even more out of volunteering than she originally thought.

"Every time I volunteer, I learn something new about myself. Volunteering within the Army, I get to work with all

kind of organizations and meet so many new people," said James.

Following the award presentations, Ryan expressed his heartfelt appreciation.

"It has been said that volunteering is love and action. Thank you for all you've done and the difference you've made for the military community," Ryan said. "What you've heard today were literally

thousands of hours that have helped to make Schofield Barracks a better place. All of this is the direct result of the people we are honoring today."

The next quarterly volunteer award ceremony is slated for January 2008. To nominate someone for an award, contact the Schofield Barracks Army Community Service in Building 2091, Schofield Barracks, or call 655-4227.

Soldiers honored for service at retirement ceremony

Eighteen Soldiers share their experiences from a lifetime of Army service

Story and Photo by
KYLE FORD
Staff Writer

SCHOFIELD BARRACKS – Several Soldiers were honored at a retirement ceremony, Oct. 25, at the Nehelani. Family, friends and co-workers celebrated the Soldiers' life of dedication to country and their transition into the civilian world.

Chaplain (Maj.) Richard H. Savage, 8th Theater Sustainment Command, opened the ceremony with the invocation to the standing room only crowd.

"Today the Army is saying well done to Soldiers and family," he said. "Bless them for their true sacrifice. ... And may we all bloom wherever we are planted."

Savage closed the invocation with the "Blessing of St. Patrick."

After the invocation, one by one, each of the retirees and their families approached the stage and received their awards and certificates. Col. Clay Hatcher, 45th Sustainment Brigade, presented each retiree with a retirement certificate, pin and U.S. flag. Each spouse received a certificate as well. Every retiree spoke to the assembly af-



Col. Clay Hatcher, 45th Sustainment Brigade, speaks at the retirement ceremony, Oct. 25, at Schofield Barracks Nehelani Club. The Army honored 18 Soldiers.

ter receiving his award. All thanked God, their family and fellow Soldiers. Some offered insight on their own unique journey.

"I'd like to thank my family for their un-

- Retirees**
- Command Sgt. Maj. Brian Briggs, HHT, 3-4 Cav. Regt.
 - Sgt. 1st Class Juan Conteras, 2-11th FA
 - Master Sgt. John Delmonico, 728 MP Bn.
 - 1st Sgt. Ismael Diaz, HHC, 2-27th Inf. Regt.
 - 1st Sgt. David Eisley, HHC, 3IBCT
 - Staff Sgt. Eric Fisher, 39th MP Det.
 - Sgt. 1st Class Joseph Ford, 545th Trans. Det.
 - Sgt. 1st Class Larry Hahn, HHC, Div.
 - Sgt. 1st Class Marc Hansen, 39th MP Det.
 - Sgt. 1st Class Calvin Harris Jr., HSB, 2-11th FA
 - Chief Warrant Officer 4 Neil Hermoso, 3-25th Avn. Regt.
 - Sgt. 1st Class Nathan Hollis, 2-25th Avn. Regt.
 - 1st Sgt. Darryl Hunter, 2-35th Inf. Regt.
 - Master Sgt. Mark Johnson, HHC, Div.
 - Chief Warrant Officer 4 James Kennedy, 209th ASB
 - Chief Warrant Officer 3 Larry Kraus, 545th Trans. Det.
 - Master Sgt. Ronald Laboch, 3IBCT
 - Sgt. 1st Class Anthony Martinez, 94th AAMDC
 - Master Sgt. Keith McDonald, ITC
 - Master Sgt. Thomas Meyers, 8th MP Bde.
 - Sgt. 1st Class John Mims, 407 MI Co.
 - Master Sgt. Carey Peterson, 13th MP Det.
 - 1st Sgt. Andrew Tait, 2-35th Inf. Regt.
 - 1st Sgt. Frank Wallace HHC, 209th ASB
 - Staff Sgt. Kennedy Welch, 2-11th FA

"I am humbled by the group of people I helped retire today."

*Col. Clay Hatcher
45th Sustainment Brigade*

derstanding of what it means to be in my chosen profession," said Command Sgt. Maj. Brian Briggs, Headquarters and Headquarters Troop, 3rd Squadron, 4th Cavalry Regiment. "It has been an honor to serve but more of a privilege to lead."

Some reflected on why they served for so long.

"It certainly wasn't the job" said Sgt. 1st Class John Mims, 407th Military Intelli-

gence Company, 732nd Military Intelligence Battalion. "It was the Soldiers. I've been and seen things some people only see on TV, and that made it all worthwhile."

"In the end, it's all about family," said Master Sgt. Tomas Meyers, 8th Military Police Brigade. "Raising kids is a lot harder than raising a Soldier."

Meyers also promised the audience that his children would know who the real heroes are.

"They are going to know you won't find heroes on MTV. Real heroes are in this hall, on posts throughout the world and on the battlefield."

Others remembered their fallen comrades.

"I will never forget them," said Sgt. 1st Class Anthony Martinez, Headquarters

and Headquarters Brigade, 94th Army Air and Missile Defense Command. "I will always be grateful for their sacrifice. I fought a good fight and now my fight is over."

The combined experience of the Soldiers who walked across the stage is more than 600 years of service to the nation.

"I am humbled by the group of people I help retire today," said Hatcher in his closing statements.

"These ceremonies are important because we owe it to these leaders who sacrificed their time and lives in service to their country," said Command Sgt. Maj. David Clark, 3rd Brigade Special Troop Battalion. "This is just one way to say 'thank you' for their service, not just to the Army, but the country."

Tripler staff teams up to fight breast cancer

Doctors say a simple 15-minute procedure can save many lives

MOLLY HAYDEN
Staff Writer

TRIPLER ARMY MEDICAL CENTER — Family member Vickie Kummerfeldt's story is similar to that of hundreds of thousands of women diagnosed with cancer each year; however, her positive outlook has made her story different.

Kummerfeldt was diagnosed with breast cancer last March at the age of 42. She has been through chemotherapy and hormone treatment, and she is scheduled for another mammogram in January to determine her prognosis.

The diagnosis affected more than just me, said Kummerfeldt. "My family and co-workers took it harder than I did, but I am OK."

Kummerfeldt credits the staff at Tripler Army Medical Center (TAMC) for success with treatment.

"They work closely as a team," said Kummerfeldt. "They really care about the lives of their patients; they were all so wonderful."

October marked National Breast Cancer Awareness Month — an educational campaign devoted to build-

ing awareness and finding a cure, while sharing stories and information about breast cancer. However, awareness is unending.

"Breast cancer is a malignant tumor that starts from cells of the breast," said Dr. (Col.) Jeffrey Berenberg, chief, hematology and oncology service, TAMC. "It is a disease that can strike anyone at any time. Although it is more prevalent in women, men can be victims of breast cancer as well."

According to Berenberg, some factors such as genetic makeup, certain medications, diet, exercise and the age of first menstruation, have a direct effect on a person's breast health. He suggested women age 40 and older have a screening mammogram every year and continue to do so for as long as they are in good health.

Although early detection and treatment have increased the survival rate, fewer women in Hawaii are getting annual mammograms for breast cancer screenings, according to the American Cancer Society Hawaii Pacific.

"Many women are fearful of having a mammogram," said Heather Davis, clinical oncology pharmacist, TAMC. "It is a simple fifteen minute procedure that could save your life."

Berenberg explained that communication be-

tween patients and doctors is key in successful treatment, and that patients should ask as many questions as possible to fully understand what their body is going through.

"We want everyone who faces the risk of breast cancer to understand they are not alone, and they have many options," said Berenberg. "We are here to guide them and help them along the way, but in the end, the treatment is fully up to the patient."

"We want everyone who faces the risk of breast cancer to understand they are not alone."

Dr. (Col.) Jeffrey Berenberg Chief, Hematology/Oncology Service



He explained the regimen for breast cancer patients is based on a "team approach" between doctors, nurses, pharmacists, radiation doctors and psychologists.

"We all contribute in the diagnosis and the counseling of the patients," said Berenberg. "Depending on the nature of the cancer, we can make general predictions in the likelihood of the cancer coming back and what kind of treatments would best suit each patient."

Among women, breast cancer is the most common cancer and second leading cause of cancer death. Breast cancer affects one of every eight women. One woman out of 33 with breast cancer will die this year, according to the National Cancer Institute.

"Breast cancer is not as hush hush as it once was," said Kummerfeldt. "It is important to be open with it, talk about it — no one is alone."

Kummerfeldt said that finding that silver lining in life can help cancer patients maintain good mental health, which is necessary for living with breast cancer and undergoing treatments involved in stabilizing the disease.

Kummerfeldt believes she found her silver lining in the staff at TAMC.

Rules apply when using Tricare with other health insurance benefits

BRIAN SMITH
TriWest Healthcare Alliance

For family members covered by both a Tricare plan and other health insurance (OHI), knowing how to use the two together will help ensure that claims are processed quickly and correctly.

In most cases, Tricare will pay second to the OHI. However, Tricare is the primary payer for beneficiaries entitled to a public program like Medicaid, the Indian Health Service or those with Tricare supplementary coverage.

Tricare beneficiaries with OHI who are unsure of how the two plans relate should visit the Tricare Web site (www.tricare.mil/OHI) or contact TriWest Healthcare Alliance, Tricare's West Region contractor, at 1-888-TRIWEST (874-9378).

Don't forget the form

Beneficiaries with OHI must complete the Tricare Other Health Insurance Form and submit it to TriWest. This form can be found online ("Find a Form" at www.triwest.com) or requested at 1-888-TRIWEST. The OHI form can also be used to note any changes, additions or cancellations to existing OHI coverage. If the beneficiary's OHI information is not up-to-date, Tricare may delay or deny claims.

Users registered at www.triwest.com can log in to monitor and update OHI information. Visitors can register by clicking the "Register As A New User" button on the left side of the page. Registered beneficiaries logged into the secure Beneficiary portal will find a link to their OHI information under the "Update" heading.

Other Resources

- Tricare supplemental insurance and OHI information: www.Tricare.mil/OHI
- U.S. Dept. of Health and Human Services Medicaid: www.cms.hhs.gov/home/medicaid.asp
- U.S. Dept. of Health and Human Services Indian Health Services: www.ihs.gov/ or (301) 443-1083

When Tricare is the secondary payer, medical bills for all health care services — except for services provided by a military treatment facility — must be submitted



For help coordinating OHI and Tricare, visit TriWest at www.triwest.com or call 1-888-TRIWEST (874-9378).

to the OHI company, first. Once the OHI pays the claim, the beneficiary or the provider must submit a Tricare claim to TriWest with the explanation of benefits from the OHI showing what that company paid.

Tricare does not guarantee payment of the entire remaining bill and will not pay more than the Tricare allowable charge. Tricare may cover services when they are not covered by OHI, provided the beneficiary follows all of Tricare's rules, in-

cluding getting the necessary pre-authorizations and referrals.

Know the rules

Tricare may not cover claims denied by the OHI when the beneficiary does not follow the OHI company's rules. If the entire bill is not paid by OHI, the beneficiary or provider may submit a claim with a copy of the OHI's Explanation of Benefits to WPS, West Region Claims, P.O. Box 77028, Madison, WI 53707-1028.

If Tricare determines a payment was made to a beneficiary for an incorrectly submitted OHI claim, Tricare will seek to recover the payment from the beneficiary.

Following the rules for both the OHI coverage and Tricare coverage will help avoid difficulties when submitting claims.

Top 10 FAQs clarify common issues

BRIAN P. SMITH
TriWest Healthcare Alliance

With all its terms and conditions, the health care system can sometimes be confusing. Beneficiaries frequently ask questions such as what's the difference between Tricare Prime and Standard coverage? What is the status of my authorization or referral? Has my claim been processed? How do I change primary care managers?

Now beneficiaries can find these answers anytime and anywhere because the top ten most frequently asked questions (FAQs) are available on the Beneficiary Services section of www.triwest.com. This option is one more helpful resource for beneficiaries seeking information about their Tricare benefits.

TriWest Healthcare Alliance will continue to update the "Top 10 Beneficiary FAQs" based



on the most common questions asked of for Tricare Service Center and Customer Service representatives.

The new Top 10 list is just one of many convenient online features available to Tricare West Region beneficiaries. Visitors may also download forms, find a provider or search for benefit and healthy living information. Registration on www.triwest.com offers a secured log-in for users to track their personal Tricare information, including claims and referral status.

Registration is quick and easy. Beneficiaries can select the "Log In" button from [\[west.com\]\(http://www.triwest.com\) and follow the directions to register as a new user. An interactive demo is available to walk users through the simple registration process.](http://www.tri-</p>
</div>
<div data-bbox=)

Other features for registered users include the ability to make automatic payments, track authorizations and referrals, check claim status, and update other health insurance information.

After logging in, users can print out an explanation of benefits statements. TriWest also offers a secured e-mail system for specific claims or benefit questions.

As the needs and concerns of Tricare beneficiaries change, so will the FAQ list. For those who prefer speaking directly with TriWest's friendly customer service representatives, they stand ready to serve at 1-888-TRIWEST (874-9378) or at the beneficiary's local Tricare Service Center.



Mail order pharmacy offers cost-savings

Families can save up to 66 percent on prescription meds

CICI MOORE

TriWest Healthcare Alliance

Did you know you can refill long-term prescription medications from home, get them delivered to your front door, and save up to 66 percent in the process? Tricare's Mail Order Pharmacy (TMOP) makes it all possible.

For every prescription filled at a retail pharmacy, beneficiaries pay a \$3 co-payment for generic medications and \$9 for brand name medications each month. Through TMOP, you will receive a 90-day supply for the same price as a 30-day supply at the retail pharmacy. Plus, your medications are delivered to your front door, saving you the time and hassle of waiting in line at the retail pharmacy.

TMOP is especially useful for beneficiaries filling medications regularly for conditions such as high blood pressure, diabetes or heart disease.

Tricare West Region beneficiaries can now switch to the Mail Order Pharmacy quicker and easier than ever before thanks to the new Member Choice Center (MCC). Make the switch instantly using one of two options:

1) Call the Member Choice Center at 1-877-363-1433 and a specially trained MCC patient care advocate will walk you through the process, pull up records, verify information, process your enrollment and convert your medications to home delivery.

2) Visit www.express-scripts.com/tricare and switch your medications to the mail order option with a few clicks of your mouse.

TriWest does not administer Tricare's Mail Order Pharmacy program. For more information, contact the plan administrator Express Scripts, Inc. at www.express-scripts.com.

Although the Mail Order Pharmacy is a cost savings over retail, filling prescriptions at your local military treatment facility pharmacy remains the least expensive option.

Promotions: Soldiers manage their own careers

CONTINUED FROM A-1

be a welcome relief.

"This is just one more example of how the Army is transforming into a more agile force, and improving processes using existing technology," Gills said.

While the Army continues to drive hard toward the DIMHRS solution, this program provides some of the DIMHRS-type improvements now, and will help Soldiers by ensuring their records are accurate when the Army makes the DIMHRS transition in October 2008.

Concerns about the new self-service system have been brought up, and largely relate to Soldiers inputting false data.

"That concern is valid to a point, but appears somewhat overstated," Gills said.

A few Soldiers have, for the past 20 years, tested the system. Some will likely try to go around this new system. The numbers are small. This is the trust and verify part of the system.

We trust our Soldiers. They live by the Warrior Ethos. We trust them with expensive equipment. We trust them with enormous responsibilities. We trust them with the lives of their fellow Soldiers. Certainly, we can trust them with keeping accurate records.

"We actually have a fairly robust verification process built into the system," Gills said. "When a commander recommends a Soldier for promotion, he is doing so based on the chain of command's recommendation, as well as his

own observation of the Soldier's character and performance over time.

"A command sergeant major and panel of senior NCOs then certify that Soldier in a formal board process. Once those two actions have occurred, a Human Resources specialist adds the points into the system, and the Soldier is, at that point, allowed to add points to roughly half of the measured areas of performance."

Items such as certificates of achievement, certificates of military education, completion of a college course (after certification by the education center or S-1/MPD for that university enrollment) are examples of point areas a Soldier may modify.

Higher awards (Army Achievement Medal and above), Army Physical Fitness Test and weapons qualification are examples of areas that will remain the unit's responsibility for input onto the Soldier's record. The system will automatically tally all points.

Additionally, each month the commander will receive a report that shows all promotable Soldiers within the unit, their previous month points total compared to their current points, and the amount of points added, if any.

First sergeants know their Soldiers, and unusual or suspicious activity will be readily apparent.

All Soldiers must electronically sign a statement that attests to the validity of the points they have added. Those who do attempt to cheat will have to face their leadership, ad-

ministrative and other actions as appropriate.

Finally, Human Resources Command will randomly audit a percentage of promotable Soldiers across the force. Human Resources specialists will review reports monthly indicating those selected for audit, and those Soldiers will be required to produce all supporting documentation.

"As I travelled the Army testing the system and talking to Soldiers, there were typically one or two dissenters in each audience who were concerned about cheating. I reminded them that we have an opportunity to do something really good for Soldiers and their families.

"Do we want to focus on the opportunity or the small percentage that might want to test the system by cheating?" continued Gills. "I believe we need to move forward and recognize the Soldiers who perform their duty selflessly and with integrity each day."

He added, "When we move to DIMHRS, our Soldiers will be ready for it, and their records will more accurately reflect their performance as a result of this effort."

Nonpromotable specialists and sergeants may access the program for viewing and update, but will not be able to affect point changes to the Army database until they have been recommended by their commander and have appeared before a promotion board.

Promotable specialists and sergeants have been able to access and update their file since Oct. 11, to affect points beginning Dec. 1.

News Briefs

Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

4 / Sunday

Soldier Appreciation Breakfast – The Knights of Columbus Council 6302 and the Schofield-Wheeler Catholic parishes are sponsoring a free breakfast Nov. 4 in appreciation of Soldiers who recently redeployed and Soldiers preparing to deploy in support of Operation Iraqi Freedom, and their families. Everyone is welcome.

The breakfast will follow 11:30 a.m. Mass and will be held in the Main Post Chapel Annex, Room 212. For more information, call Matt Momiyama at 626-7870.

6 / Tuesday

Troops to Teachers – Soldiers seeking careers in public education may attend a

Troops to Teachers briefing Nov. 6 at the Schofield Barracks Education Center, Building 560, Room 221, 11:30 a.m.–1 p.m. E-mail Bryan Miller at Hawaiiitt@notes.k12.hi.us or call 586-4054.

Contracting Officer's Representative Courses – Contracting Officer's Representative courses (COR) are scheduled as follows: Nov. 6-9, at the Battle Command Training Center (BCTC), Schofield Barracks; and Nov. 13-16, SPELL OUT (CPAC) Training Facility, Fort Shafter. To register, fax an approved DD Form 1556 to the course manager at 438-2378.

8 / Thursday

Managing Emotions Under Pressure – A Managing Emotions Under Pressure course is scheduled for Nov. 8 at the CPAC Training Facility, Fort Shafter. To register, fax an approved DD Form 1556 to the registrar, Greg Marquardt, at (913) 967-8580.

Hire Vets Job Fair – In honor of Veterans' Day, the U.S. Department of Labor will host a job fair Thursday, Nov. 8, from 10 a.m.–2 p.m., at the Disabled American

Veterans Hall, 2685 North Nimitz Hwy., Keehi Lagoon Memorial. Admission and parking are free. Contact Roger Gayman at (415) 625-2631 for details.

17 / Saturday

Veterans' Appreciation Day BBQ Fundraiser – The Oahu Veterans Council is holding its first annual Veterans' Appreciation Day Barbecue Fundraiser, Nov. 17, at the Oahu Veterans Center, 1298 Kukila St., Honolulu. This event will recognize and honor all veterans for their service to our country with emphasis on those who have recently returned from combat areas.

Entertainment will include Melveen Leed, Roy Sakuma Ukulele Super Keiki, Kanoe Cazimero and others. There will be a silent auction, crafters and orchid plant sale, lots of food and door prizes.

Tickets are \$20 for adults and \$5 for children 12 and under. For more information, call 422-4000 or e-mail sballard@oahuveteranscenter.com.

Ongoing

Vehicle Registration Office – The

Schofield Barracks and Fort Shafter Vehicle Registration and Installation Access Pass Offices will be closed Nov. 22-23 for the Thanksgiving holiday. The office will reopen for normal operations Monday, Nov. 26. Call Lorraine Labasan at 655-0894.

Schofield Barracks Community Gift-Wrapping Fundraiser – The annual community Gift-Wrapping Fundraiser at Schofield Barracks AAFES will be held Nov. 23–Dec. 24. The purpose of this event is to allow interested family readiness groups and authorized private organizations in the Schofield Barracks installation footprint (Wheeler Army Air Field, Helemano Military Reservation and Schofield Barracks) to conduct gift-wrapping fundraisers at the PX.

Legal Assistance – The Office of the Staff Judge Advocate has opened a Legal Assistance Office at Fort Shafter, which provides a wide range of free legal services to eligible clients, including estate planning, powers of attorney, family law, real or personal property law issues, consumer protection law, military law and tax issues.

Claims service is available every Thursday for active duty, military retirees, National Guard or Reservists (on active duty orders more than 29 days), and family members. Call 438-6725 to schedule an appointment.

Legal Assistance is located on Carter Drive, Building 718, and is open Monday–Friday, 9 a.m.–4 p.m., excluding holidays. Legal services are also available at Schofield Barracks, Building 2037, Humphries Road, 655-8607.

Law School for Officers – The Office of the Judge Advocate General is accepting applications for the Army's Funded Legal Education Program. Under this program, the Army projects sending up to 25 active duty commissioned officers (second lieutenant through captain) to law school at government expense, if funding permits.

Selected officers will attend law school beginning the fall of 2008 and will remain on active duty while attending law school. Interested officers should review Chapter 14, AR 27-1 (Judge Advocate General's Funded Legal Education Program) to determine eligibility, and contact their local Staff Judge Advocate for further information.

PAU HANA



From left to right, Deida Bourne, Margaret Tacub and Mutsuyo Royster display their current works at the Fort Shafter Arts and Crafts Center, Friday.

Creative hands in motion

Local artists receive top awards

Story and Photos by
CHRISTINA DOUGLAS
Staff Writer

Do you remember the last time you saw a piece of glass? Do you remember its color or shape? Did you even imagine it could fit with other intricate pieces to form a work of art? Chances are, probably not.

For most, glass is seen as just another inanimate object, but for some, materials are judged on how they can be transformed with a bit of passion and creativity.

Three local artists were honored for their passion put to action in the 2007 Army MWR Arts and Crafts Contest, recently.

This annual event, which was judged by a panel of civilian art professionals, had separate categories for novice and accomplished artists. Artwork and crafts, submitted by Army MWR Arts and Crafts Centers worldwide, were judged in categories for ceramics; drawings; fibers and textiles; glass; metals and jewelry; oil-based painting; water-based painting; wood and mixed media.

Deida Bourne, Margaret Tacub and Mutsuyo Royster, all from the Schofield Barracks and Fort Shafter Arts and Crafts centers, received top awards for their submissions.

Bourne, who took first place in the accom-

plished artist category for her elaborate ceramic piece, "The Wave," and also received two honorable mentions for her other ceramics submissions, felt overwhelmed with a sense of accomplishment.

"These awards to me, they're like validation with a capital 'v'. Having someone appreciate your work and say it's good, well, it's a wonderful validation," said Bourne.

Royster, who placed first in the novice, glass category for "Flora: Bird of Paradise," described her passion for glass. "I've always loved stainless glass, but I never could afford it," said Royster. "I took a class years ago and I was hooked."

When asked where she finds ideas for her work, Royster explained, "It's so interesting, and it requires so much creativity. I'm just trying to copy nature."

"It's just amazing how you can take an inanimate object, like clay, which is just dirt and water, and basically bring it to life," added Bourne.

Placing third in the ceramics, accomplished category, was Tacub



Margaret Tacub demonstrates centering techniques at the Fort Shafter Arts and Crafts Center, Friday.

for her piece, "Samurai." Tacub, who has enjoyed working with ceramics for more than 20 years, wants to share that same passion for art with others.

"I wish more people would find out about what we have to offer here [at the Arts and Crafts Center]. Even the youngsters can participate," she said.

Since the Hawaii Army Arts and Crafts centers began participating in this event in 2004 entrants from both installations have either won or placed every year.

"We have amazing talent participating in our Army Arts and Crafts program and it's such an exciting opportunity for them to receive worldwide recognition as an artist in the Army community," said Donna Van Winkle, director, Hawaii Army Arts and Crafts Centers.

Contact the Arts and Crafts centers at 655-4202 (Schofield Barracks) or 438-1071/1315 (Fort Shafter).

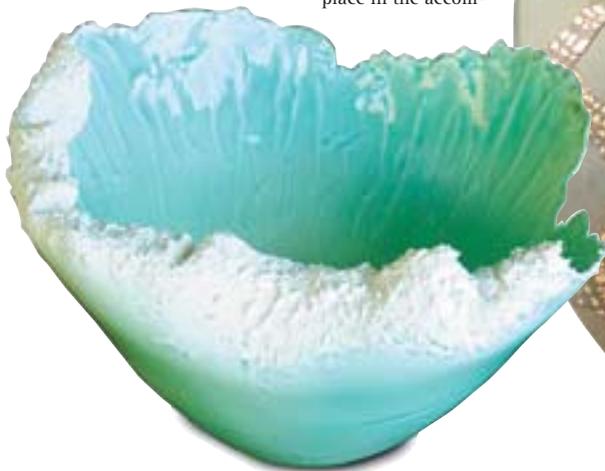


Photo Courtesy of Hawaii Army Arts and Crafts Centers

"The Wave" by Deida Bourne, placed first in the ceramics, accomplished artist category.



Photo Courtesy of Hawaii Army Arts and Crafts Centers

"Samurai" by Margaret Tacub, placed third in the ceramics, accomplished artist category.

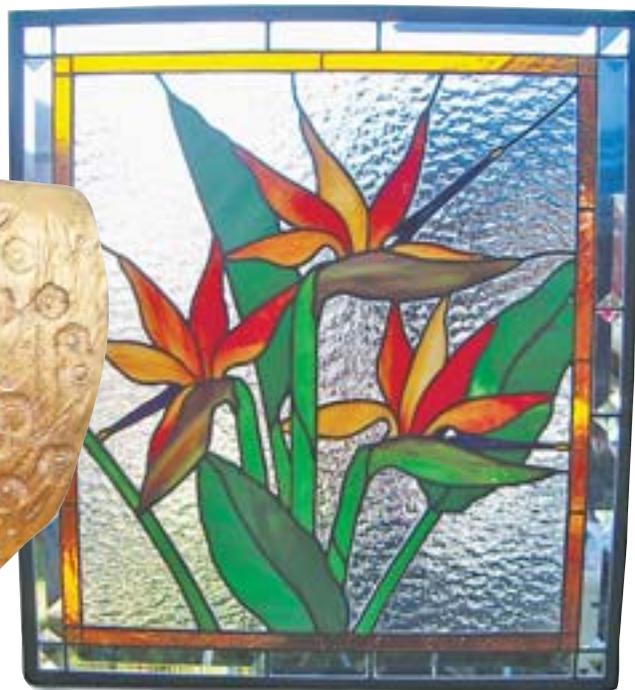


Photo Courtesy of Hawaii Army Arts and Crafts Centers

"Flora: Bird of Paradise" by Mutsuyo Royster, placed first in the glass, novice artist category.



2/Today

Na Koa Aina Holiday Ornament Drive — Help support Soldiers and their families who need an extra helping hand this holiday season. Purchase a Na Koa Aina holiday ornament at any MWR facility for a minimum of \$5. All proceeds will go to support the MWR Holiday Dinner Voucher Program. Eligible Soldiers will receive a food voucher to purchase their holiday meal. Visit any MWR facility or call 655-4227.

Army Digital Photography Contest — Interested in competing against the best photographers in the Army? Categories include people, place, object and military life. Entry deadline is Nov. 30. Enter online with an AKO account at arts.crafts.fmwrc.army.mil. Call 655-4202.

3/Saturday

AFE Concert — Armed Forces Entertainment (AFE) presents country music singer Laura Sullivan at the Tropics, Nov. 3, 7 p.m. Sullivan was one of the top 15 on Nashville Star, a USA Network reality/talent show. Since then she has been performing with big name acts like Keith Urban, Reba McEntire and Gretchen Wilson. Admission is free. Call 655-0002/5697.

7/Wednesday

Native American Dance — Hawaii's American Indian community will share its traditional stories, songs and dances for the whole family at Sgt. Yano Library Nov. 7 at 6 p.m. Families are invited to dance in a friendship or circle dance. Call 655-8002.

14/Wednesday

AFE Concert — Armed Forces Entertainment (AFE) presents the lead singer of "Five for Fighting", John Ondrasik, at the Tropics Nov. 14, 7 p.m. John is best known for hit ballads like 100 Years and Superman (It's Not Easy). He's been all over the country and now he's here to entertain you for free. You won't want to miss this special event. Call 655-0111/2.

Fiddler On The Roof — Army Community Theater presents Fiddler on the Roof, starring Shari Lynn and Shawna Masuds, at Richardson Theater, Fort Shafter, Nov. 15, 16, 17, 23, 24, 30 and Dec. 1, at 7:30 p.m. Ticket prices are; \$20 for adults,



Photo Courtesy of Army Hawaii Family Housing LLC

Heyday in a pumpkin patch

FORT SHAFTER — Children frolic in the hay after picking pumpkins from the patch as part of the 2nd Annual Pumpkin Patch Festival held here, Oct. 27.

\$15 for children (under 12). Tickets are available on-line at www.squareone.org/ACT/tickets.html or at the box office. Call 438-4480.

Blue Star Card holders are invited to the preview of Fiddler On The Roof, on Nov. 14. Free childcare and transportation will be provided. The event begins at 7 p.m. and the show begins at 7:30 p.m. Registration deadline is Nov. 9 at the Recreation Activities office. Call 655-0112/0111 or e-mail elizabeth.thunstedt@us.army.mil.

The fee is \$295 and must be paid at the time of registration. Call 655-9818.

"Paint It & Take It" — Ceramic parties offer a unique way to celebrate get-togethers, coffees, children's birthday parties, showers or any occasion. Your arts and crafts center provides a varied selection of ceramic bisqueware to paint and take home.

Call 655-6330 at Schofield Barracks or 438-1315 at Fort Shafter.

Salvage Yard Auto Sales — Fort Shafter and Schofield Barracks salvage yards will be sponsoring sealed bid auto sales twice a month. Bidding will end on the first and third Saturdays of each month, and the highest bidder will be notified the following day.

A minimum bid will be marked on each auto that is for sale. Call 655-9368 at Schofield Barracks or 438-9402 at Fort Shafter.

Tropic Lightning — Enjoy a fast and hot lunch buffet, Monday-Friday from 11 a.m.-2 p.m. at Kolekole Bar & Grill, Schofield Barracks. Cost is \$8.95 per person. Call 655-4466.

Family Child Care — Individuals interested in caring for children in their home should inquire with the CYS Family Child Care (FCC) Program. Benefits include free training, additional income and flexible hours.

Call the Aliamanu Military Reservation

(AMR) Family Child Care (FCC) office at 837-0236, or the Schofield Barracks FCC at 655-8373.

Information, Ticketing and Registration — Looking for tickets to area attractions? ITR has your tickets to paradise when you visit offices located on Schofield Barracks and Fort Shafter. A variety of tickets to luaus, cruises, whale watching adventures, Hawaiian Waters Adventure Park, Sea Life Park, movie tickets, interisland packages and much more is available. Call the Schofield Barracks ITR (655-9971), the Fort Shafter ITR (438-1985), or log onto www.mwrmilitaryhawaii.com. Click "ITR Ticketing and Registration" for a full list of discounts at various attractions.

Auto Resale Lot — The Auto Resale Lot has been re-located right next to the Schofield Barracks Commissary. When standing in front of the Commissary Building, the resale Lot is on the left-hand side. The Lot is now operated by MWR, Schofield Barracks Automotive Crafts Center. You can place your vehicle in our Resale Lot for as little as \$7 for seven days. Items required to place vehicles in the Resale Lot are: Valid Government I.D. Card, Valid State Registration and License Plate Sticker, Valid State Safety Inspection Papers and Stickers, Valid Proof of Insurance Hawaii "No Fault" Insurance Card, Valid Base Decal Number and Power of attorney, if you are not the registered owner. Call 655-9368.

Ongoing

Paperback Book Kits — Sgt. Yano Library, at Schofield Barracks, will issue paperback book kits to deploying units. Call Chris Kobayashi at 655-9143.

Returning Library Materials — Deploying soon? Help the library staff by returning all borrowed materials before your departure. It will save the staff time and make those materials available to others. Call Sgt. Yano Library, Schofield Barracks (655-8002), Fort Shafter Library (438-9521) and Aliamanu Military Reservation Library (833-4851).

SKIES Driver Education — Learn to drive with SKIES at Valentine's Driving School, Schofield Barracks. This session is taught by qualified instructors and includes 32 hours of classroom instruction and six hours of behind-the-wheel instruction.

CLEP & DANTES Exams — Hawaii Pacific University, in partnership with military education centers on Oahu, offers military students the opportunity to earn college credit through electronic computer-based testing. E-based exams are free to all active duty service members, reservists and National Guard members. Active duty family members, military retirees and Defense civilians are also eligible to take the exams for a nominal charge of \$80.

A total of 37 exams are free to anyone who is funded for CLEP exams, \$90 for active duty family members, retirees and Defense civilians. Testing locations and times subject to change: Schofield Barracks, Tuesday & Friday; Tripler Education Center, Friday.

To schedule an exam, e-mail the date, time and exam you want to take to hpu_clep@hpu.edu. Call or e-mail Dave Terry, 422-0204, dterry@hpu.edu.

Lyon Arboretum — The Lyon Arboretum, a 193-acre rainforest botanical garden, is offering free, guided tours, weekdays from 10-11:30 a.m. This tour is limited to the first 12 participants. For reservations, call 988-0461.

The Arboretum is open Monday-Friday, 8 a.m.-4 p.m., and is closed on state and federal holidays.

Hawaii Theater — Docent-led tours of the renovated historic Hawaii Theatre are provided Tuesdays at 11 a.m. Cost is \$5. Call 791-1305.

Community Calendar Briefs — Do you have announcements of upcoming events, sports or activities that you would like to post in the Hawaii Army Weekly? If so, e-mail your information to community@hawaiiarmyweekly.com at least two weeks in advance of your event or activity.

Conducting Business on Army Installations — Individuals wishing to conduct a home-based business on post, such as Avon, Tupperware, Longaberger, Creative Memories or any other type of sales activity, must register with the Garrison, Oahu, Commercial Solicitation Control Office, which is open 7 a.m.-3:30 p.m. No person may enter an Army installation and transact commercial business without a permit. All door-to-door sales are

interviews, formulate responses to common interview questions, plus much more. This workshop will be held at the following locations: Fort Shafter Outreach Center, Nov. 15, 9:30-11:30 a.m.; and Schofield Barracks Army Community Service, Nov. 20, 9:30-11:30 a.m. Register online at www.acsclasses.com or call 655-4227.

17/Saturday

Pearlridge Express — All aboard the Pearlridge Express! Hawaii's only scale-model, fully functioning train will be pulling into the station at the Upstown Center Court Nov. 17 at 10 a.m. Up to 15 keiki can ride at one time on the custom-built locomotive and enjoy the journey. Running daily through Jan. 1, the Pearlridge Express will be a sure memory-maker for the whole family.

26/Monday

North Holiday Card Lane — Units, tenants and private organizations in Oahu North areas may participate in the life-sized holiday greeting card display along Kolekole Avenue, Nov. 26-Jan. 4.

Ongoing

House Hunting Help — Representatives from the Honolulu Board of Realtors will be available from 8 a.m.-noon and 1-5 p.m. weekdays at the Fort Shafter Housing Services Office (HSO), Building 344, located on Montgomery Drive.

At the Volunteer Realtor Program, realtors review the purchasing process and how to access listings. They explain different financing options and loan types.

This service is free, and attendees will not incur follow-up requirements or obligations to realtors. Call Pam Hirota, Directorate of Public Works, Housing Services Office, at 438-1518.

Hula & Ukelele Lessons — Aloha Tower Marketplace is now offering free beginner's hula lessons every Thursday from 12:30-1 p.m. in the Center Atrium with Kahea Young. No reservation is necessary. In addition, the Marketplace will continue to offer free ukelele lessons every Tuesday from 2:30-3:30 p.m. with Calvin Nelson of the Hawaiian Ukelele Company, also in the Center Atrium. All skill levels are welcome. Validated parking is available with a purchase from any Aloha Tower Marketplace store or restaurant.



Aliamanu (AMR) Chapel, 836-4599

- Catholic Sunday, 8:30 a.m. — Mass Sunday, 9:45 a.m. — Religious Education (Sept.-May only)
- Gospel Sunday, 11 a.m. — Sunday School (Sept.-June only) Sunday, 12:30 p.m. — Worship service
- Protestant Sundays, 9:45 a.m. — Worship Service Sunday, 11 a.m. — Sunday School (Sept. — June only)

Fort DeRussy Chapel, 836-4599

- Catholic Saturday, 5 p.m. — Mass in Chapel (May-Aug.) Saturday, 6 p.m. — Mass on Beach
- Protestant Sunday, 9 a.m. — Worship Service

Fort Shafter Chapel, 836-4599

- Contemporary Protestant Sunday, 9 a.m. — "The Wave" Worship

Helemano (HMR) Chapel

- Contemporary Protestant Sunday, 10 a.m. — Worship Service & Children's Church

Main Post Chapel, 655-9307

- Catholic Sunday, 9 a.m. — CCD & RCIA Collective Protestant Sunday, 10:30 a.m. — Sunday School
- Gospel Sunday, 10:30 a.m. — Sunday School

MPC Annex, Building 791

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

Soldiers Chapel

- Catholic Friday-Saturday, 12 p.m. — Adoration (24 hours)
- Protestant Sunday, 9:30 a.m. — Worship Service

Tripler AMC Chapel, 433-5727

- Catholic Sunday, 11 a.m. — Mass Monday — Friday, 12 p.m. — Mass Saturday, 5 p.m. — Mass
- Protestant Sunday, 9 a.m. — Worship Service
- Gospel Sunday, 12 p.m. — Worship Service

Wheeler Chapel

- Catholic Saturday, 5 p.m. — Mass Sunday, 10:30 a.m. — Mass
- Collective Protestant Sunday, 9 a.m. — Worship Service
- Gospel Sunday, 12 p.m. — Worship Service



Send calendar announcements to community@hawaiiarmyweekly.com.

2/Today

Employment Orientation — Prepare for the job you want, attend an Army Community Service (ACS) Employment Orientation and get employment information on federal, state, private sector and staffing agencies. Reference materials, job listings, computers, web tour and more will be available for use. Orientations will be held at the following locations: Fort Shafter Outreach Center, Nov. 5, 1-2:30 p.m.; Schofield Barracks ACS, Nov. 2, 9, 16, 23, & 30, 9-10:30 a.m.; AMR Chapel, Nov. 26, 10-11:30 a.m. Call ACS Schofield at 655-4227 or Fort Shafter 438-9285. Register online at www.acsclasses.com. Free child care vouchers are available. Children must be registered and space must be reserved by parent. Call (Schofield) 655-5314, or (AMR) 833-5393.

3/Saturday

Theatre for Youth — Chicken skin alert, the Honolulu Theatre for Youth (HTY) will stage Obake, a ghosting collection of spooky chilling tales from Japan and Hawaii by David Furumoto. It plays Saturdays, Nov. 3, 10 and 17, at 1:30 and 4:30 p.m.

Tickets are \$16 for adults, \$8 for youth (18 & under). The play is recommended for ages 7 and up (not for very young children). Call HTY at 839-9885 or visit www.htyweb.org.

14/Wednesday

South Holiday Card Lane — It's almost the yuletide season when life-sized holiday greeting cards are displayed on the Fort Shafter Chapel field. Units, tenants and private organizations may participate from Nov. 14-Jan. 3. Judges will give awards for first through third place, Nov. 27.

15/Thursday

Interview Skills Workshop — A key component to any job search is the ability to sell yourself to a potential employer. This workshop is to prepare you for the interview process. You will learn steps to interview preparation, different types of in-

terviews. For more information call, Patricia Mowat at 655-6115 (Monday-Friday, Building 690, Schofield Barracks) or 438-4232 (Thursday-Friday, Building 344, Fort Shafter).

Video Messenger — Reading stories to children is important; therefore, Sgt. Yano Library, Schofield Barracks, provides a video messenger service so that Soldiers scheduled for deployment can tape DVD or VHS video recordings for their children before their unit deploys. Interested in this service? Call 655-8002 for more details.

2007 Tax Returns — Dedicated civilian volunteers are needed to help Soldiers complete their tax returns. Volunteer tax preparers can call 655-1040 and leave a message, or stop by the Tax Center, Building 648, across from Schofield's Sgt. Smith Theater. Extensive training for volunteers begins Nov. 5 and ends Jan. 18. Call Sgt. 1st Class Brenda Jones, 655-1040, for more details.

Coffee Social — Spouses, a piping hot, rich brew of java is waiting for you at the Fort Shafter Army Community Service (ACS) Outreach Center, located in Building S330, Room 111. If you are tired of sitting at home with nothing to do, new to the community, or just need a break, join your neighbors for free coffee and fun conversation.

This coffee social takes place every first and third Wednesday; child care is provided at the Child Development Center, if your child is registered with Child and Youth Services. Call 438-9285 for more details.

Community Spotlight — Community Spotlight programming is airing on the post TV-2 channel every evening at 7 p.m. Residents are encouraged to tune in to learn about community issues and get informed from spotlight briefers.

This month, speakers include a representative from the School Liaison Office, information on the new Parent to Parent School Program, Army Community Service's Family Advocacy Program, hurricane awareness preparations, the pit bull policy, and micro-chipping procedures for pets.

Soon, the Directorate of Morale, Welfare and Recreation (MWR) will add details of MWR programs happening in the community.



Mr. Woodcock

(PG-13)
Friday, 6 p.m.
Sunday, 2 p.m.
Thursday, 7 p.m.



Halloween

(R)
Friday, 9 p.m.
Wednesday, 7 p.m.



Mr. Bean's Holiday

(G)
Saturday, 2 p.m.

Resident Evil: Extinction

(R)
Saturday, 7 p.m.

No shows on Mondays or Tuesdays.

Students restore Big Island habitat

High school students earn credits by taking care of environment

Story and Photo by

DAVE FAUCETTE

Integrated Training Area Management

POHAKULA TRAINING AREA, Hawaii — Students from the Waiakea High School Agriculture Program returned here, recently, to resume planting along unpaved sections of the new Saddle Road.

Seven students, agriculture teacher Tenence Moniz, and chaperones Alana Grace and Andrew Wong, made the trip to PTA as part of the installation's land rehabilitation program.

Companies and organizations that impact land on or near PTA, such as Verizon or the Department of Federal Highways, are asked to provide funding for students who, in turn, plant native species and receive school credits.

The long weekend meant fewer students were available for the project; however, the brave few who did attend managed to plant a total of 235 plants, including *Dodonaea viscosa*, *Chenopodium oahuense*, *Dubautia ciliolata* and *Osteomeles anthyllidifolia*, within Training Area 11 near Puu Maau — despite breaking another auger bit.

With the program now in its third year, many previous "hic-

cups" have been addressed to ensure a higher percentage of plants survive and become reproducing adults.

The program changed for the better when students brought hundreds of plants they had grown in the Waiakea nursery to PTA, months in advance of planting. This practice allowed the plants to harden and adapt to the different growing conditions at PTA.

Integrated Training Area Management staff at PTA then put the plants on an infrequent water regimen and exposed them to full sunlight. These methods prepared the plants for conditions they would encounter when in the ground.

In addition to planting native species, Waiakea students reported plants for next spring and re-filled dibble tubes so more grass could be planted in the PTA greenhouse. They also washed several hundred pots that had piled up since past planting trips.

Beginning next month, the students will plant *Eragrostis spp.*, along with *Dodonaea viscosa*, and *Chenopodium oahuense*, at Pu'u Pohakuloa.

(Editor's Note: Dave Faucette is the Land Rehabilitation and Management Coordinator for the Integrated Training Area Management.)



Dave Faucette | Integrated Training Area Management

Students from the Waiakea High School Agriculture Program plant along unpaved sections of the new Saddle Road at Pohakuloa Training Area, Island of Hawaii.





Send community announcements to community@hawaiiarmyweekly.com.

2 / Today

Hunter Education Courses – The Hawaii Department of Land & Natural Resources offers monthly Hunter Education classes. Subjects covered include wildlife identification and conservation, firearms and archery safety, survival and first aid, game care, and more.

The free, two-day classes are held Fridays and Saturdays, and classes run from 5:45–10 p.m., Friday, and from 7:45 a.m.–4 p.m., Saturday. Classes are family-friendly and open to anyone ages 10 years and older. All students are required to provide a picture ID.

Upcoming classes are Nov. 2–3, Nov. 16–17, Dec. 7–8, and Dec. 14–15 at the Nimitz Center, 1130 N. Nimitz Highway, Room A-212. Call 587-0200 or visit www.state.hi.us/dlnr/ldxHunting.htm for more details.

3 / Saturday

Hike Oahu – Join the Hawaiian Trail & Mountain Club on its next hiking adventure at Hawaii Kai's Kaluanui Ridge, Nov. 3, beginning at 8 a.m. This three-mile

hike requires a bit of huffing and puffing on the hills, but the views of Waimanalo and Olomana in the distance are well worth it. Register with Thea Ferentinos at 375-0384.

A \$2 donation is requested of nonmembers 18 and older. Children under 18 must be accompanied by a responsible adult.

Hikers meet at the Iolani Palace, unless otherwise noted. Bring lunch and water on all hikes; wear sturdy shoes as extra caution may be required on some trails.

Hikers must keep all trails and lunch sites clear of clutter, and treat trees and plants with care and respect. Firearms, pets, radios and other audio devices are prohibited on all hikes. Visit <http://htmcbl.org> for more details.

8 / Thursday

UH Military Weekend – In honor of Veteran's Day, the University of Hawaii-Manoa will host "Military Weekend" for all active, reserve and retired members of the military. Service members will receive two tickets for the price of one (up to a maximum of six) to UH Women's Volleyball matches against San Jose State, Thursday, Nov. 8, 7 p.m., and Utah State, Sunday, Nov. 11, at 8 p.m.

A valid military ID card is required when purchasing advance tickets at the Stan Sheriff Center Box Office (Monday–Friday, 8 a.m.–4 p.m.), or on the night of the matches. Ticket holders will be seated in special sections, and sup-

plies are limited. Other restrictions may apply.

15 / Thursday

EFMP Bowling Event – The Exceptional Family Member Program (EFMP) will host the following bowling events: Nov. 15, 3–5 p.m., at the Schofield Barracks Bowling Center; and Nov. 29, 6–8 p.m., at the Tripler Bowling Center. Families with special needs individuals are invited to enjoy free bowling. One family member must be enrolled in EFMP, and sign up is required. Call 655-4777.

Ongoing

Bike Hawaii – Join Bike Hawaii's professional nature guides and explore Oahu from the rainforest to the reef. Packages can include downhill biking, waterfall hiking, and sailing off Waikiki with exclusive access to a remote Hawaiian rainforest.

Meals are included. To schedule your adventure, call 734-4214, 877-682-7433, or go online at www.bikehawaii.com.

Hawaiian Waters Adventure – Hawaiian Waters Adventure Park is keeping its guests cool at the Giant Tiki and Tipping Tiki Cones. The Giant Tiki dumps more than 500 liters of water onto guests below, while Tipping Tiki Cones splash water onto keiki for cool and exciting fun.

Hawaiian Waters Adventure Park features a variety of unique water rides and attractions for all ages, along with multiple dining options. Weekday admission is \$35.99 for adults and \$25.99 for children, with discounts available for military, kamaaina, groups and seniors.

Annual passes are available. Visit www.hawaiianwaters.com or call 674-9283.

Masters Swim Program – Team Move hosts a master's swimming program Wednesdays from 7:30–8:30 a.m., and Saturdays from 7–8:15 a.m., in the Pearl City district park swimming pool.

These innovative group workouts are designed for beginning and advanced swimmers. Expert coaching is provided to improve upon form and technique. All ages are welcome. Cost is \$15 per month for Team Move members and \$25 per month for nonmembers. The pool is located at 785 Hoomaemae St., Pearl City.

Island Adventure Golf – This Hawaiian Waters Adventure Park high-end miniature golf course features 18 holes of fun in the sun, nine 100-percent ADA-accessible holes, and a putting green, all for the entire family to enjoy.

A full round of 18 holes costs \$6.50 for military, youth 12 and under, and senior citizens. General admission is \$7.50.

For details, call 674-9283 or visit www.hawaiianwaters.com.



10 / Saturday

Hawaii Championship Wrestling – Come join us for a great night of wrestling, Nov. 10, 7–10 p.m. at the Tropics, Schofield Barracks. Doors open at 6 p.m. Admission is \$5 for ages 12 and up, \$3 for 11 and under, and free for 5 and under. Call 655-5699.

Pro Bowl Tickets – Pro Bowl tickets go on sale Nov. 17, 7:30 a.m. at the Schofield Barracks Information, Ticketing and Registration (ITR) office. Come join us for our kick-off event and enjoy food, fun and entertainment, 7:30 a.m.–4 p.m. The Pro Bowl is Feb. 10 at Aloha Stadium. Call 655-9971.

Ongoing

Health Center Age Policy – Effective Oct. 1, the Schofield Barracks Health & Fitness Center will adhere to the age policy cited in Army Regulation (AR) 215-1, like all other Army physical fitness centers. Unless otherwise authorized, youth under the age of 16 will not be permitted in any part of the fitness center, to include in the waiting area.

To assist Soldiers and family members with their physical fitness program, CYS has established a Short-Term Alternative Care Center (STACC) site at Kaala Community Activities Center, Building 556. The STACC site will be available Monday–Friday, 8–11 a.m., for children between the ages of 13 months (able to walk) and 10 years old.

The CYS service is free for Blue Star Card holders or just \$3.75 per hour, per child, for all others.

Space is limited and CYS registration is required, so reserve your slot by calling 655-5314 or 655-8628 today.

Cosmic Bowling – Schofield Bowling Center offers Cosmic Bowling, Friday & Saturday, 10 p.m.–1 a.m. and Sunday, 6–10 p.m. Plan a birthday party or enjoy bowling specials.

Birthday packages cost \$5 per child for two hours of unlimited bowling; and add a food package for \$8 per child. Also, Monday–Friday enjoy lunch specials and discounted bowling rates. Call 655-0573.

Health & Fitness Center – A membership fee is no longer incurred to use the Schofield Barracks Health & Fitness Center, Building 582, which offers cardio and weight machines, speed bags, stability balls, a tread wall, and stretch stations.

For more information, call 655-8007.

Area teens remove rubbish, renew Nuuanu Streambed



Cameron Lebato, left, joined area teens during Make a Difference Day, Oct. 20. Teens and volunteers picked up trash and undesired debris along Nuuanu Stream near Chinatown.

Story and Photos by
MOLLY HAYDEN
Staff Writer

HONOLULU — As most children sat comfortably on their couches and watched Saturday morning cartoons, more than 60 teens and middle school children picked up trash along the Nuuanu Stream, here, Oct. 20, for Make a Difference Day (MADD). Participants got a one-week jump on the national MADD, which happened Saturday.

"I'm so proud that this many local kids are up early on a Saturday and volunteering to do good within the neighborhood," said Angie Herring, program assistant, Aliamanu Military Reservation (AMR) Teen Center. "Our kids represent the military well and really do make a difference."

Located inside the Liliuokalani Botanical Gardens, the Nuuanu Stream was in desperate need of care and

conservation. Teens, middle school children and volunteers dedicated to the conservation of the land donated their time and energy to the beautification of the gardens.

Armed with gloves and a trash bag, 15-year-old Brandon Butler balanced himself on a rock as he picked up undesired debris around the stream.

"There are so many people that don't seem to care what happens to our land," said Butler as he picked up an empty soda can. "We need to step up and work together to create a better environment."

"The more people the better," added 12-year-old Cameron Lebato.

"This land belongs to them," said Brian Koren, recreation specialist, City and County of Honolulu, Hawaii Parks and Recreation. "This is the largest group I've ever had out here, and these

SEE TEENS, B-5

Engineers revitalize Helemano Plantation

Story and Photos by
SPC. KYNDAL HERNANDEZ

8th Theater Sustainment Command Public Affairs

WAHIAWA — More than 40 Soldiers with the 65th Engineer Battalion and 70th Headquarters Support Company caught the “Make a Difference Day” spirit as they volunteered their time and energy to support the Helemano Plantation, Saturday.

Make a Difference Day is an annual celebration of neighbors helping neighbors. It draws millions of volunteers each year, including military organizations throughout Oahu. Hundreds of troops, federal employees and family members joined hands to make a difference in their local communities by cleaning, painting, landscaping, building, and performing other acts of kindness around the island.

“We have been doing this every year since I have been here in 2002,” said 1st Sgt. Juan Azucena, Headquarters and Headquarters Command, 65th Eng. Bn. “The 65th has a history of helping the Helemano Plantation, and every year we come out here to continue that tradition.”

Operated by Opportunities for the Retarded, Incorporated (ORI), the Helemano Plantation is a 10-acre community complex. The nonprofit organization offers job opportunities and training to individuals with special-needs.

“The majority of the time we help them out with the labor-intensive tasks,” Azucena said. “Because this is a nonprofit organization, everything they do, they have to pay out of pocket. And they really can’t afford to do a lot when it comes to that expense.”

Over the years, Soldiers have cleaned gutters, spray washed rooftops, and painted the parking lot and every building within the complex.



Above — Capt. Anthony Barbina, left, 66th Engineer Company commander, and Lt. Col. Scott Petersen, 65th Engineer Battalion commander, pile items on a wagon before hauling the refuse to a dumpster.

Left — Summer Barbina carries unwanted wooden pallets to the dumpsters. More than 40 Soldiers and family members participated in Make a Difference Day at Helemano Plantation.

This year, Helemano accumulated many unusable donations, and employees were unable to dispose of the items or take time to organize them. Soldiers, therefore, helped organize the donations, clean up trash, trim banana trees and just make everything look better, Azucena said.

“We know that being in the military, you guys are busy with your own work and your own deployments

and things like that,” said Yvonne Deluna, program director at the Helemano Plantation. “So just the small amount of time you do give to us, especially today, means a lot, and we are very grateful.”

Azucena said volunteering is not only fun, but also makes an impact on someone else’s life, regardless of how big or small the task.

“It is very important to us to volunteer and help the local community because it also helps others to understand that ... we [Soldiers] do care about everybody and ... will come out and support the community to build the bond that we have with them right now,” Azucena said.



Members of the AMR Teen Center represented the military ohana during Make a Difference Day, Oct. 20. Participants volunteered their time and energy to help beautify the Nuuanu Stream near Chinatown.

Teens: MADD participants rid stream of debris

CONTINUED FROM B-5

kids are working hard.”

Make a Difference Day is the largest national day of helping others — a celebration of neighbors helping neighbors. The event takes place in October each year and was created by *USA Weekend Magazine*.

“This provides the teens the opportunity to feel good about themselves because they are helping to clean up the stream and surrounding environment,” said Nelson Acosta, AMR Teen Center director.

Young and old participate each year to make a difference in their communities. In 2005, three million people cared enough about their communities to volunteer, accomplishing thousands of projects in hundreds of towns. U.S. military personnel stationed overseas are regular Make A Difference Day volunteers as well, according to *USA Weekend Magazine*.

“This seems like the right thing to do,” said Butler, “making a difference.”

The Nuuanu Stream cleanup was sponsored by the City and County of Honolulu, Department Parks and Recreation Division of Urban Forestry and Honolulu Botanical Gardens.

71st Chemical Company makes Fort DeRussy shine

Mammoth project is no match for more than 70 Soldiers & family members

Story and Photos by
JEREMY S. BUDDEMEIER
Editor

WAIKIKI — First Sgt. Warren Harris had Saturday all planned out: He was going to wash his cars, mow the lawn and paint two birchwood chairs he recently built. Instead, as part of Make A Difference Day (MADD), Harris, along with more than 70 Soldiers from the 71st Chemical Company, took the day “off” to give the makai side of the U.S. Army Museum of Hawaii, at Fort DeRussy, a much-needed facelift.

Created by *USA Weekend Magazine*, Make a Difference Day is an annual event when individuals help others in their communities through service projects from clean ups to caring for the elderly.

At 9 a.m., the company gathered to finalize its game plan.

“From what I’ve been told, this is the third time this fort has been painted,” Harris said.

“We’re part of history,” a Soldier in the crowd said.

“So preppers, I wanna see you move. Move. Alright?” Harris stressed. “Behind that, I should see paint slappin’ on walls. Are we trackin’?”

A resounding “Hooah” erupted from the company.

Immediately, Soldiers split into groups to tackle the 12-by-270 foot surface.

Some covered nearby bougainvillea shrubs with plastic, while a large group armed with wire brushes and scrapers fanned out and chipped loose paint. Those with paintbrushes and rollers followed the scrapers.

“I’m just trying not to get paint on my face,” Pvt. David Trites said as he stretched to reach the top of a wall with a paint roller. “I don’t mind getting it on my jeans or shirt, but it almost takes gasoline to get it off [the face].”

Capt. Terrence Soule, the company’s commander, chipped and painted right alongside his Soldiers. He explained why his company chose Fort DeRussy from the list of projects around the island.

“We have a part in keeping Army his-



Above — Pfc. Alexis Garcia and Sgt. Kealii Sequeira touch up a portion of the wall at Fort DeRussy during the 71st Chemical Company’s Make A Difference Day event, Saturday. More than 70 Soldiers chipped paint and repainted the fort’s mammoth walls.

Right — (Foreground to background) Pfc. Jeremy Griffith, Pvt.2 Michael Winkelspecht, Pfc. Matt Lowe and Pvt. David Trites paint the top edge of Fort DeRussy’s east wall.

tory alive,” Soule said. “Also, [the event] is a good tool for the Army to get to know the community.”

The company also planned a barbecue after the project. Different groups of Soldiers and family members brought the standard cookout fare — burgers, potato chips and condiments.

“It’s not just about work,” said Sgt. 1st Class Devlin Baker, operations sergeant.

“We’re trying to make it as enjoyable as we can.”

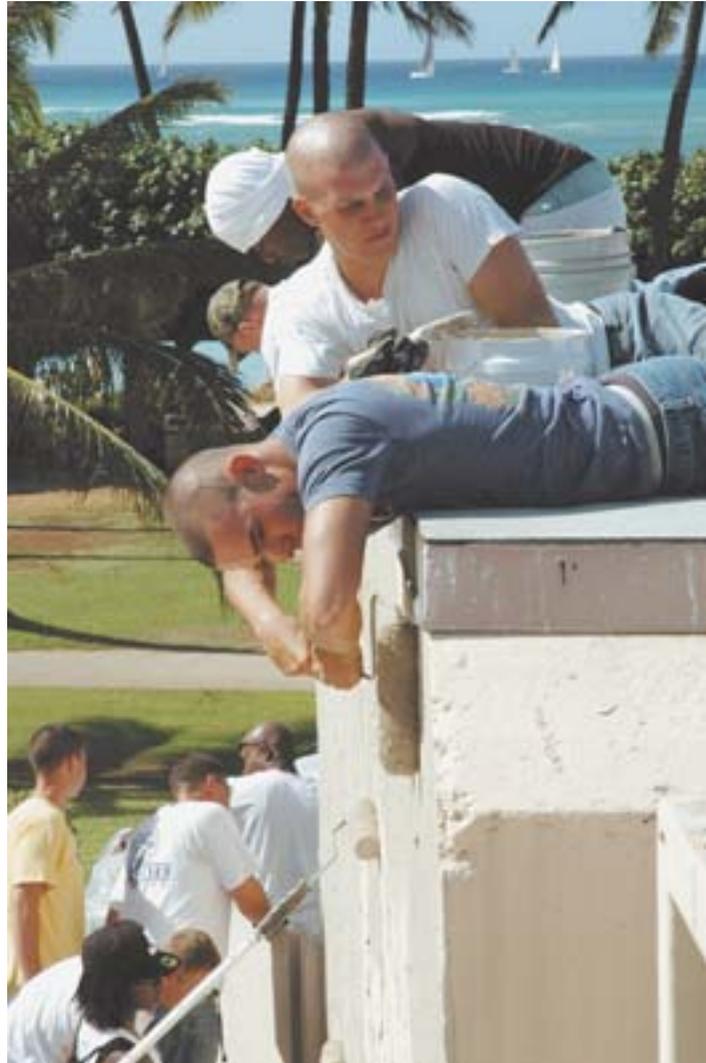
As sailboats tacked east toward Diamond Head and tourists tanned on the beach 50 yards away, Soldiers seemed to be enjoying themselves as well.

“Hey, Queeman, you look like a gardener,” a Soldier yelled from the fort’s roof to Pfc. Maurice Queeman, below, who wore headphones, a backpack and visor.

Queeman kept smiling as he painted large swaths on the wall with a 10-foot roller.

“They’re so enthusiastic and happy to be down here,” said Judith Bowman, the museum’s curator, referring to the Soldiers. “We are so desperate for help here that I wish Make a Difference Day was every day.”

Bowman is one of three full-time Army employees at the museum, which hosts



more than 100,000 visitors each year.

In addition to the surge of volunteers for special projects like MADD throughout the year, Bowman said she relies on 17 regular, elderly volunteers to man the front desk and welcome visitors.

“Volunteers are the backbone of our staff,” she said.

As Soldiers added the finishing touches and cleaned up, Bowman stood back to

admire their work.

“Oh my God, what a facelift,” she said.

After the company posed for a few group photos, several Soldiers swarmed Harris and Soule, carried them to the beach, and tossed them into the water.

It wasn’t exactly how Harris originally intended to spend his Saturday, but at least he got to paint.