

INSIDE

Garrison shines at awards luncheon

USAG-HI, DPW employees among this year's best

Story and Photos by
JEREMY S. BUDDEMEIER
Managing Editor

SCHOFIELD BARRACKS — Just before lunch, Monday, Catherine Ballie joked with her staff at U.S. Army Garrison-Oahu North about being "short." Although she does stand under five feet, she was using short in reference to the fact that she'll retire next week.

And though she's been mentally preparing for this week for the past 32

years, there was one event she hadn't planned for.

Ballie, along with several individuals from U.S. Army Garrison-Hawaii and Installation Management Command-Pacific, was honored for her exceptional service at the Honolulu-Pacific Federal Executive Board Awards Luncheon at the Sheraton Waikiki, Tuesday.

Nearly 1,000 federal workers and family members filled the Sheraton's spacious ballroom and cheered as co-workers received awards in categories such as Outstanding Leader, Supervisor of the Year, and Employer of Choice.

With so many covered in lei and posing

for pictures with framed certificates, the event almost seemed like a graduation.

"I'm sitting on top of the world right now," Ballie said.

As community director for USAG-Oahu North, Ballie works with communities outside Schofield's gates and functions as "their voice back to the garrison." In addition, she provides support to nonmilitary organizations on post such as the post exchange and commissary.



Ballie

Back at Schofield, Monday, a stone's throw from the Inn at Schofield Barracks, Ralph Kaleiohi was making preparations for the post's Fourth of July Spectacular celebration.

Kaleiohi, who works on exterior electrical systems for the Directorate of Public Works (DPW) Maintenance and Repair Branch, received the FEB award for Employee of the Year, Trades and Crafts.

Kaleiohi maintains electrical systems such as lighting for streets, sports fields and Wheeler's runway, and emergency

SEE AWARDS, A-8



Line of fire

In Part One of a two-part series, 25th CAB commanders provide perspective on their deployment training

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Just say, 'No'

Residents and workers on all military installations are reminded that fireworks are prohibited on post, so let the pros do their thing.

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Much afoot

Military Day at Honolulu Zoo, comedian Sinbad at Schofield Barracks, Tropic Lightning Challenge Week and Fourth of July celebrations are among events happening this weekend and next. Get full details!

B-2 thru B-3



Guard responds to 'quake' in Reno



Spc. Joanna Amberger | 117th Mobile Public Affairs Detachment

Staff Sgt. Jim Evangelista, right, accompanies Capt. Aaron Blanchard, role-playing a victim packaged for extraction, during a high-angle rescue exercise at the Carson City Fire Department training site during Vigilant Guard, June 13-19. Evangelista is assigned to 230th Engineering Company, Detachment 1, HIARNG, as a CERF team squad leader; Blanchard is the CERF operations officer.

Vigilant Guard exercise rallies disaster support from CERF

Spc. JOANNA AMBERGER

117th Mobile Public Affairs Detachment, Hawaii Army National Guard

RENO, Nev. — The Hawaii National Guard deployed 65 Soldiers and airmen here in response to an emergency request for assistance from the Governor of Nevada in a large-scale disaster response exercise called "Vigilant Guard," June 13-19.

In the scenario, a 7.1-magnitude earthquake rocked Reno and the surrounding area early in the morning. Buildings collapsed, killing many and trapping many more inside the wreckage.

Damaged roadways and utility outages plagued the region. A local dam was weakened by the tremors and threatened to send floodwaters into nearby communities.

Within hours, Nevada civil authorities and more than 2,300 Soldiers and airmen of National Guard units from Hawaii, California, Nevada, Utah and Arizona converged on the scene. Each unit carried specialized equipment, and team members were uniquely trained to tackle distinct elements of the common crisis.

Hawaii's rapid response team, the CERF — Chemical, Biological, Radiological/Nuclear and Explosive Enhanced Response Force — rallied at the site of a collapsed school. Each of the team's four elements immediately began operations.

One of only 17 such units in the U.S., CERF is a new disaster response element of the Hawaii Army National Guard (HIARNG), according to Sgt. 1st Class Timothy Borton, CERF logistics noncommissioned officer. CERF is comprised of Soldiers and airmen from a variety of units who are specially trained and equipped to support civil authorities during a disaster.

Each CERF team is designed to be fully deployable within six hours, with four functional elements: command and control, search and extraction, decontamination, and medical.

"Our mission was to conduct collapsed structure search and recovery and to support civil authorities with medical triage. We also had a command and control unit monitoring the situation and a communications package as well," said Capt. Aaron Blanchard, CERF operations officer.

SEE VIGILANT, A-6

Soldier found dead in barracks

25TH INFANTRY DIVISION
PUBLIC AFFAIRS
News Release

SCHOFIELD BARRACKS — Spc. Kenneth R. Jacobs, 22, of the 2nd Battalion, 27th Infantry Regiment, 3rd Infantry Brigade Combat Team, was found dead at Schofield Barracks, Monday.

City and County paramedics arrived at the scene and pronounced Jacobs dead after unsuccessfully attempting to revive him. The incident is currently under investigation.

Jacobs, who is from Holley Springs, N.C., arrived here in September 2006. Jacobs deployed in support of Operation Iraqi Freedom and returned in October 2007.

A memorial service will be held today, at 2 p.m., at Schofield's Main Post Chapel.

Fort Shafter fitness center closes June 28

The Fort Shafter Physical Fitness Center will close June 28 for renovations. The fitness center will reopen on July 14.

Aliamano Military Reservation's fitness center will operate under temporary extended hours during the closure: weekdays, 5:30 a.m.-9 p.m.; weekends, 6 a.m.-6 p.m.; and July 4, 10 a.m.-5 p.m.

Tripler Army Medical Center's fitness center will operate under normal business hours. Call 655-9654.



Wiercinski departs USARPAC for Japan

STAFF SGT. CRISTA M. YAZZIE
U.S. Army-Pacific Public Affairs

FORT SHAFTER — Brig. Gen. Francis Wiercinski, deputy commanding general, U.S. Army-Pacific (USARPAC), and wife Janine were honored in a Flying V ceremony at Fort Shafter's historic Palm Circle, June 19, prior to departing to take command of U.S. Army-Japan.

"Thank you for spending this small amount of time with us as we leave this great command," Wiercinski said. "Janine and I are honored and humbled to represent the U.S. Army-Pacific in Japan. It's an adventure we look forward to, and we are proud to remain a part of this command."

As USARPAC's deputy com-

manding general since Dec. 18, 2007, Wiercinski is no newcomer to Hawaii. From July 2005 to June 2006, he was deputy commanding general for the 25th Infantry Division (ID), and deployed with the 25th ID in support of Operation Iraqi Freedom as the deputy commanding general for Multinational Division North, from July 2006 to December 2007.

Lt. Gen. Benjamin Mixon, commander, USARPAC, who hosted the farewell ceremony, said Wiercinski's commitment to excellence, outstanding leadership and mission accomplishment were instrumental to the success of the commands with which he served.

"He has truly influenced this

command, impacting USARPAC in the last several months, as well as the 25th Infantry Division in the last several years," Mixon said. "Janine has likewise contributed and continued with this great mentorship. Thank you for all you have done."

Wiercinski, a native of Dickson City, Penn., who was commissioned as an infantry officer after graduating from the U.S. Military Academy in 1979, thanked many, including USARPAC Command Sgt. Major Joseph P. Zettlemoyer, who led a color guard representing each facet of command in USARPAC.

"Without our NCOs, we cannot be successful," Wiercinski said.

"Thank you Sergeant Major for representing this great command."



Spc. Corey Idleburg | U.S. Army-Pacific Public Affairs

Brig. Gen. Francis J. Wiercinski, deputy commanding general, U.S. Army-Pacific, and Lt. Gen. Benjamin R. Mixon, commander, USARPAC, salute the flag during a departure ceremony at Fort Shafter's historic Palm Circle, June 19. Wiercinski is leaving USARPAC to command U.S. Army, Japan.

Upon arrival in Japan, Wiercinski will replace Maj. Gen. Elbert N. Perkins.

"There is not a better Soldier or warrior to take command there," said Mixon.

Keys, please

Family members volunteer to raise puppies that will eventually lend support to persons with disabilities

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We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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Nondelivery or distribution problems in Army Hawaii
Family Housing areas? If so, call 656-3155 or 656-3156.

20 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 6/26/08.

Others' bad decisions provide free education

LT. COL. MARK BOUSSY
Commander, U.S. Army Garrison-Oahu

As we continue with the "101 Critical Days of Summer" safety campaign and head into the Fourth of July long weekend, I am here to tell you, very bluntly, we are not being as "Army Strong" and as safety conscious as we would all hope.

Instead of writing the proverbial "be safe, don't drink and drive, it will cost you," and then you turning to page 3, maybe I can keep you reading with some of the news I've had the unfortunate opportunity to read about Soldiers, both here and off island.

My hope is that someone else's bad decision will keep you on your toes, make you think before you leap, and keep you and your family safe for the remainder of the Army summer safety campaign.

Motorcycles accidents

We are only half way through the month of June, and we, the Army family, have lost seven Soldiers – killed riding motorcycles. As a motorcycle owner and rider myself, I know all too well the attention, and caution, we all need to take riding in a place like Hawaii.

With wonderful weather all year-round, lots of traffic, the surprising rain shower, and with gas prices skyrocketing, motorcycles are indeed the mode of transportation for many of us. However, what follows are sad, but true stories.

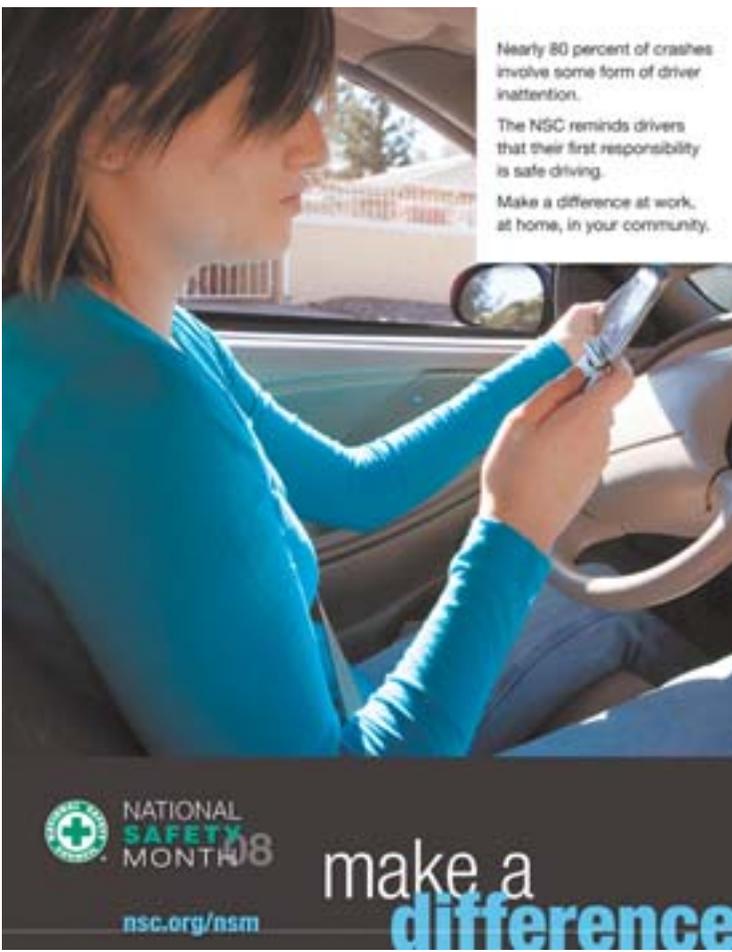
•A Schofield Barracks Soldier was killed in a motorcycle crash in Ewa Beach. The 27-year-old staff sergeant was riding a 2006 Yamaha motorcycle at a high rate of speed when he failed to yield at an intersection, and a car pulled out in front of him.

The Soldier was pronounced dead at the scene. The staff sergeant was not wearing a helmet, not licensed and had not completed the Army-approved Motorcycle Safety Foundation (MSF) Course.

•While riding his 2000 Harley Davidson motorcycle, a 55-year-old first sergeant was negotiating a curve at a high rate of speed when he struck a curb and was ejected off his bike into a utility pole and was killed instantly.

•A 20-year-old private who was riding a 2001 Yamaha motorcycle at a high rate of speed, passing vehicles, standing on the seat on one leg, lost control and crashed into a guardrail. The Soldier was pronounced dead at the scene.

The chain of command had previously identified the Soldier as high-risk and had



counseled him. His license had expired, and he was ordered by his unit leadership not to ride.

•A Command and General Staff College major was killed in a motorcycle crash. The 36-year-old was riding a motorcycle at a high rate of speed when he ran a stop sign and broadsided a Ford Ranger pickup truck. The truck rolled two and a half times, landing on its roof.

The major was pronounced dead at the scene. He was wearing a helmet but was not licensed. He had not attended the Army-approved MSF Course.

Unfortunately, these stories are too often the same when the accident report is completed: driving too fast, no personal protective equipment, no motorcycle license

which he struck the rear of a Honolulu Police Department patrol vehicle.

The Soldier submitted to a breath test, which resulted in a 0.136 percent blood alcohol level.

•A 32-year-old sergeant first class and a fellow Soldier were riding all-terrain vehicles (ATVs) along trails when the sergeant first class fell from his ATV. Helmets were available, but he had chosen not to wear one. He sustained a severe head injury.



Boussy

The sergeant first class was taken to a local medical facility where he later died. The Soldiers had been drinking alcohol earlier in the day prior to the ride.

•A local Soldier was involved in a verbal altercation with his spouse, so the Military Police were called. The Soldier went to his privately owned vehicle to get his military ID, but rather than returning to the residence, he proceeded to drive off the installation.

Later that evening, the Soldier returned through the Main Gate, was administered a breathalyzer and arrested for driving under the influence.

•In another incident, a Schofield Barracks Soldier who was boogie boarding at Sandy Beach on Oahu was taken to the local hospital by ambulance with a broken neck.

The consequences

One's actions often involve lifelong serious financial or medical issues for the service member, their spouses and their children. In some cases, truth be told, when the incident involves the death of a Soldier, it leaves others behind wondering "Why?"

There were 44 off-duty fatalities during the "101 Critical Days of Summer" campaign in 2007, Army-wide. Just 16 days into this year's campaign, 13 Soldiers have been killed.

My hope is this article not only makes everyone think twice about their own safety and the ramifications it has on your family members, but also make every first-line leader think about the Soldiers they are leading everyday, 24/7. First-line leaders must know their Soldier better than anyone else.

Enjoy your summer and all it has to offer here in the land of paradise.

On The WEB

For other safety messages or safety training, check out the U.S. Army Combat Readiness Safety Center at <https://cra.army.mil>.

and no Army-approved MSF Course completed.

Other accidents

Many other accidents involve Soldiers, and in some cases, they involve the tragic loss of a Soldier's life.

•A Schofield Barracks Soldier was arrested and transported to the Pearl Harbor police station after a traffic accident in

Lean Six Sigma project shortens DD214 processing time at DHR

EILEEN GODINEZ

Chief, Plans, Analysis and Integration Office

Because the garrison knows a Soldier's time is valuable, the staff at the Directorate of Human Resources (DHR) took on a Lean Six project to reduce the wait time for DD 214 – a report of military separation – processing and achieved better than anticipated results.

As the Army looks to improve efficiency while minimizing costs, the management tool known as Lean Six Sigma was implemented across Army Installations in 2006 to help Garrison personnel find ways to provide faster service, at a cheaper rate, to a higher standard or quality level.

What is Lean Six Sigma?

Lean focuses on speed and Six Sigma focuses on quality. A target of Six Sigma is to reduce defects.

According to the Six Sigma standard, the highest sigma level is 6.0, which equates to (3.4) defects per million opportunities. Is it possible? Yes, we expect our doctors and pilots to be perfect all the time, so why shouldn't we?

How can we achieve near perfect performance? By using the problem-solving methodology that is best described as Define, Measure, Analyze, Improve, and Control, or DMAIC.

What is DMAIC?

Imagine it as a doctor's process. When we go to the doctor's office, he or she asks us to explain our problems (define). After the symptoms are defined, the doctor checks our blood and vital signs by taking samples (measure). Then, he analyzes these samples and gives us prescriptions to cure (improve) our ailment. She then monitors our recovery and en-

If you know of a process that needs improving, contact the Plans, Analysis and Integration Office at 655-6131. The Garrison team is committed to providing quality service commensurate to the sacrifice our Soldiers and families make each and everyday to ensure the stability and peace of our nation.

sures we are cured (control).

This same methodology is used by all Installation Management Command (IMCOM) LSS Green Belt candidates; they must follow the methodology to be certified as a Green Belt.

DHR's Lean Six

Jae Sun Wilson, a management analyst with the Garrison-Hawaii, Plans, Analysis and Integration Office and an LSS Green Belt candidate, worked with the staff at DHR in the Transition Service Center (TSC) to speed up the processing of DD 214s and, subsequently, decrease wait time for Soldiers.

The TSC provides services to all active, National Guard, and Reserve Soldiers for the Pacific Rim. DD214 processing at the TSC prior to the LSS project was not standardized and took approximately one and one-half days to complete.

It was found that 56 percent of Soldiers came to the TSC with missing or incomplete packages. These Soldiers would have to leave and bring back the missing documents, creating an increase in processing time and unnecessary stress for the Soldier.

In addition, during the quality reviewing process, reviewers found a 50 percent error rate in the first draft of the DD 214. Counselors had to rework these

SEE SIGMA, A-7

LIGHTNING SPIRIT

God is love and hates hate

CHAPLAIN (MAJ.) SCOTT A. STERLING
U.S. Army-Pacific Chaplain's Office



Sterling

I hate to say this, but I hate hate. I know that sounds like a contradiction, but I really do. I hate what hate does to people – both the people who hate, as well as those who are hated. Hate changes people, mutilates relationships, imprisons, destroys, murders. That's why I hate hate so much.

Last month, a small group of people from a tiny Midwestern church came to the island to express their hate (I suspected they wanted a "working vacation" so they could get the tax benefits). These haters stood in front of churches with signs that read "God hates fags," "God loves dead Soldiers," and "God hates Hawaii." Their message of condemnation seemed to be that Hawaii is too loving, too accepting of people, especially "sinners," and therefore was

SEE SPIRIT, A-7

Voices of Lightning: What two issues will make/break your choice in the Presidential election?



"A plan for success in Iraq and defining what success means and education of our youth."

Capt. Jeremy Pflug
USARPAC



"When can we hand back Iraq to the Iraqis and what are they doing about the gas."

CW02 James Simmons
8th TSC



"Lower gas prices and lesser tours in Iraq."

Sala Peau
Fort Shafter PX



"Drilling for oil and extending tax cuts."

Sgt. Jorge Castillo
526th Maint. Co.



"Timeline for us getting out of the war and the economy. How quickly we can get out of recession."

Spc. Chris Wajda
100th Bn., 442 Inf.

Gimlets train Iraqi police in first aid

CPL. DUSTIN WEIDMAN
1st Battalion, 21st Infantry Regiment

BAGHDAD — It's a phrase that has been ingrained into all Soldiers: "We train the way we fight." The Soldiers of the Mortar Platoon, 1st Battalion, 21st Infantry Regiment "Gimlets," 2nd Stryker Brigade Combat Team, are instilling that philosophy into the Iraqi policemen (IP), whom they train. Soldiers of the platoon have dedicated time to ensure the Iraqi police are well-trained and able to ensure safety in their own communities.

In June, the training focused on first aid. Pvt. Aaron Dixon took the lead by devising and implementing a self-sustaining training program.

"I trained the Soldiers [in first aid], and now the Soldiers are training the Iraqi police. Soon, the IP will be training the IP," said Dixon, who oversees the training sessions to ensure all standards are met.

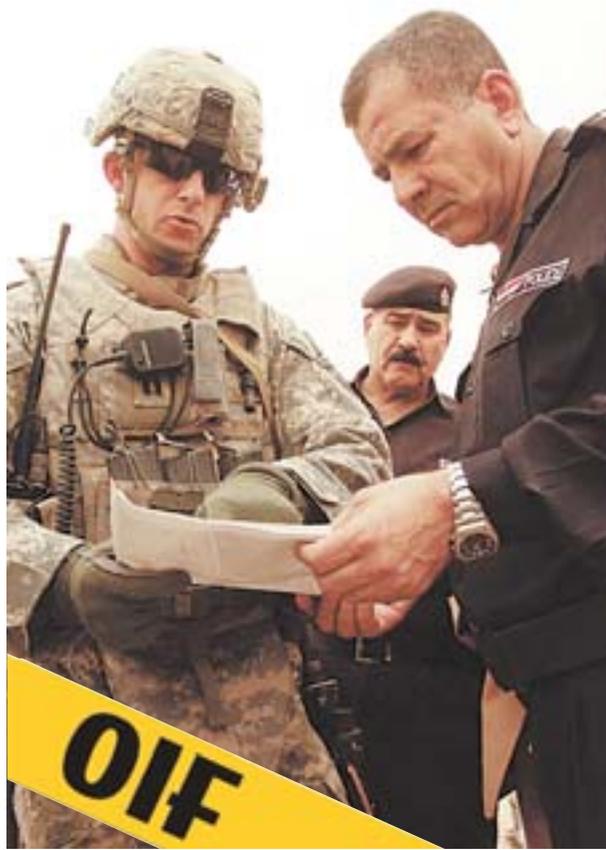
Dixon's enthusiasm for teaching has not been lost on the IP training officers.

"I love to train my men," said Sgt. Raad Gazy. "It is my job now."

Gazy is the training officer for the Nassir Wa Salem Iraqi Police Station, which is northwest of Baghdad.

The goal of the training sessions is to empower the IP training officer to teach and train the other IPs with little help from Multinational Division-Baghdad Soldiers.

Since the training's inception, IP training officers have begun to "step up" and train their fellow policemen, Dixon said.



Staff Sgt. J.B. Jaso III | 1st Battalion, 27th Infantry Regiment

2nd SBCT oversees micro grants to help businesses

2ND STRYKER BRIGADE COMBAT TEAM
PUBLIC AFFAIRS
News Release

CAMP TAJI, Iraq — Starting a business in Iraq is a complicated and complex process. It takes more than just a dream, which is where the micro-grant program comes in to play, to help the Iraqi people achieve their dreams.

The soldiers of the 24th Brigade, 6th Iraqi Army Division, patrolled through the Abu Ghuraib market, northwest of Baghdad, June 18, to talk to business owners about the program and to encourage them to apply for a grant. The visit also provided them an opportunity to check on those who already received funds.

Meeting with the people on the streets was also the first opportunity for the Soldiers to directly talk to the local residents about the benefits of the program and observe how effective it has been to date.

"It is nice to see the results of our work and how we can help rebuild our own nation," commented the senior Iraqi officer on the mission, who

Left — Capt. Lucas Yoho discusses plans for a possible location of a police station with Iraqi police officials in an attempt to bring more police to the Taji Qada, northwest of Baghdad, June 16.

serves with the 24th Bde., 6th IAD.

The micro grants are financial grants provided by the Government of Iraq to perspective business owners for the initial costs of starting up a business or to help existing businesses improve.

Initially, the micro-grants were under the control of Multi-National Division-Baghdad Soldiers, who would conduct applicant interviews, transfer funds and perform follow-up visits to ensure the money was being used properly.

Now, under the supervision of 1st Battalion, 21st Infantry Regiment "Gimlets," 2nd Stryker Brigade Combat Team "Warrior," 25th Infantry Division, Multi-National -Baghdad, the soldiers of 24th Bde. are learning how to manage the micro grant program, and they are putting their newfound knowledge to work.

While on its mission, the patrol stopped at a chicken restaurant where in the past week, the owner completed repairs to his building and ordered his new freezer unit, all as a direct result of receiving the micro grant and putting the funds to their proper use.

"With the new freezer on its way," said the local business owner, "I will be able to serve more people and not have to buy chickens every day."

Stories of success, such as this one, are what will help the nation, and the people, of Iraq rebuild itself.

Sergeants major converge to talk about trends, Soldiers

SGT. SHANA HENLINE

Multinational Division-Baghdad Public Affairs

BAGHDAD — Command Sgt. Maj. Jon Gioia, the senior enlisted leader for Multi-National Division-Baghdad, hosted the brigade command sergeants major from throughout the division at Freedom Rest in the International Zone, June 14.

During the MND-B Command Sergeants Major Conference, the brigade senior enlisted leaders met with their counterparts from throughout the division's operational environment to share information about their respective areas of responsibility.

Gioia opened the meeting with introductions and the goals of the conference.

"Information sharing is the intent here today, relevant materials that you can share

about what's going on in your brigade areas so that your fellow brigade leaders have situational awareness," he said.

"Sergeants major have a different focus than the commanders do," he said. "Commanders develop the plan and shape the operation, while the sergeants major focus on the plan's execution.

"Who is better to speak about trends, issues and concerns dealing with the Soldier? By assembling the senior enlisted advisors from the brigade combat teams, we are able to address these concerns," Gioia explained.

The brigade command sergeants major were seated around a conference table and freely shared information about their operational environments, trends, concerns and

the general welfare of their Soldiers.

The topics of conversation ranged from entry control points, retention, explosively formed penetrators and improvised-rocket assisted mortars, to the improvements being made in helping establish the Iraqi Security Force's Noncommissioned Officer Corps.

Of particular interest for those gathered was a new initiative by Command Sgt. Maj. Michael Bobb, who serves as the senior enlisted leader of the 1st Brigade Combat Team, 4th Inf. Div., who said he makes it his mission to check on the Iraqi Security Forces checkpoints and to provide guidance and mentorship.

"We cover everything from tactical discipline, uniform discipline and the welfare of the Soldiers," he explained.

Also attending the meeting was Command Sgt. Maj. Joseph Allen, the senior enlisted leader for Multi-National Corps-Iraq. Allen commented on the significance of the missions being performed every day by the BCTs throughout Iraq.

"Right now, we have brigade combat teams doing what divisions used to do five years ago," said Allen. "We have to be vigilant and pay attention to our Soldiers and ask them how they are doing. We are going so fast as an Army that we sometimes outrun common sense, so listen to your Soldiers and take care of them. Keep them informed."

The meeting is held on a recurring basis and marked the fourth assembly of the MND-B sergeants major since its initiation six months ago.

25th CAB completes PTA rotation, looks ahead to NTC

In Part One of the two-part series, 25th CAB commanders discuss tactics at PTA

STAFF SGT. TYRONE C. MARSHALL JR.
25th Combat Aviation Brigade Public Affairs

WHEELER ARMY AIR FIELD — The nature of the deployment cycle is that of never-ending preparation, designed to train Soldiers and units at all echelons into relevant and capable forces on today's modern, ever-changing battlefield.

The Soldiers of the 25th Combat Aviation Brigade (CAB) recently completed a critical step in their deployment cycle during a rotation to the Pohakuloa Training Area (PTA) on the Big Island of Hawaii.

The 25th CAB's lethal and agile use of attack assets, assault helicopters and medevac support, integrated with ground maneuver units, is crucial to any task force it supports in today's modular Army.

The 25th CAB consists of four battalions: 3rd Battalion, 25th Aviation Regiment "Hammerhead"; 2nd Battalion, 25th Aviation Regiment "Diamondhead"; 2nd Squadron, 6th Cavalry Regiment "Lightning Horse"; and 209th Aviation Support Battalion "Lobos."

During training at PTA, each battalion deployed multiple companies. By the end of the rotation, nearly all were trained on all required mission-essential tasks, as well as many of the core warrior tasks vital to sustaining individual Soldiers' combat lethality.

A unique and rewarding opportunity also presented itself as the brigade, working in concert with 3rd Infantry Brigade Combat Team, 25th Infantry Division, strengthened local community relations through multiple events, such as Armed Forces Day, a retirement home visit, and a PTA overnight campout for local keiki, which allowed Soldiers to interact with the local community.

Under the watchful of Col. Mike Lundy, commander, 25th CAB, each battalion executed full spectrum aviation training, much of which could not be conducted at Schofield Barracks due to the unique range capabilities at PTA.

Lessons learned at PTA were applied during the brigade's National Training Center (NTC) preparation to further increase the unit's efficiency and lethality.

One of the 25th CAB's critical tasks was helicopter gunnery, which requires individual qualifi-

cation on aircraft weapons systems and progressions through crew qualifications to unit collective training. Weapon systems vary with each unit's aircraft, ranging from machine gun and 2.75 rocket firing to Hellfire missiles. OH-58D Kiowa Warrior pilots also fired M4 assault rifles from their cockpits.

Gunnery tables guided the training. The tables provide framework for the level of proficiency required to qualify aircraft crew members. The tables were broken down into basic, intermediate and advanced.

The three line battalions in the brigade were required to meet the helicopter gunnery table standards, to demonstrate their ability to complete mission-essential tasks.

For the fourth, an aviation support battalion, a key task was to provide logistical support at the Forward Arming Refuel Point (FARP), which provided refuel and re-arm capability for each helicopter in a safe, organized and efficient manner.

Additionally, all the battalions conducted convoy live-fire operations to prepare the brigade's support Soldiers for Combat Logistics Patrols (CLPs) and downed aircraft recovery operations.

The 3-25th Avn. Regt., led by Lt. Col. Gregory Baker, provided continuous support with its C Co. "Dustoff" medevac helicopters, while conducting training scenarios with units rotating through PTA. Additionally, F Co. "Vipers," Air Traffic Services Company, controlled more than 5,100 individual aircraft movements in PTA's airspace.

"That's what we do, provide the best aviation support possible to whomever needs it."

*Lt. Col. Gregory Baker
Commander, 3-25th Avn. Regt.*

During the first two weeks of May, "Hammerhead" conducted table gunnery exercises for their CH-47D Chinook and UH-60L Black Hawk helicopter crews, qualifying more than 90 door gunners from basic to advanced tables.

The "Hammerhead" Battalion also conducted ground reflexive fire and close quarters marksmanship live-fire ranges to ensure aircrews and support Soldiers were able to fight in the ground environment. The ranges provided realistic, scenario-based training for 164 crew members, giving them the necessary reflex-



Sgt. Bryanna Poulin | 25th Combat Aviation Brigade Public Affairs

Soldiers with 3-25th Avn. Regt., 25th CAB, simulate shooting targets during a training exercise. The Soldiers were part of the 25th CAB's largest training exercise since redeployment at PTA.

ive fire skills to defend themselves in today's contemporary environment.

The battalion closed the rotation by providing Medium Lift CH-47 and Utility UH-60 passen-

ger and cargo operations, flying missions from Oahu to PTA every other day. All in all, the unit's

UH-60s and CH-47s carried more than 700 passengers and hauled 36.5 tons of cargo.

"That's what we do, provide the best aviation support possible to whomever needs it," said Baker, of his general support aviation battalion.

The 2-6th Cavalry Regiment also rotated to PTA with the primary focus of aerial gunnery.

"Our primary mission is reconnaissance and security operations, as well as light attack operations," said Lt. Col. Kenneth Hawley, squadron commander, 2-6th Cav. Regt.

"We've geared the gunnery [exercises] towards what was experienced in Iraq with the targets and target handovers," he said.

"This training at PTA gives the infantry Soldiers, we typically support, the opportunity to refine their call-for-fire skills."

PTA makes 3IBCT Night Raiders more well-rounded

To prepare for deployment, Soldiers train outside their MOS, learn communication

Story and Photo by
SPC. JAZZ BURNEY
3rd Infantry Brigade Combat Team Public Affairs

POHAKULOA TRAINING AREA, Hawaii — The focus of a support element in a military combat environment is to provide the necessary means for the mission at hand. However, to be a truly effective support element during war, Soldiers must understand and train using infantry methods.

Though the 3rd Squadron, 4th Cavalry Regiment's Delta Forward Support Troop (FST) is comprised of cooks, maintenance, and logistical support personnel, these Soldiers recently focused on the complete Soldier concept.

"The most important aspect that 3-4 Cavalry Regiment has emphasized is getting our support elements to train and learn all the combat tactics and procedures, because they are the ones who are out in the fray more than the actual combat men supporting us," said Sgt.

1st Class Clint D. MacMiller, operations sergeant major, Headquarters and Headquarters Troop, 3-4th Cav. Regt.

With the upcoming deployment for the 3rd Infantry Brigade Combat Team drawing closer, the experience of 3-4th Cav.'s veteran leaders has become a valuable resource for Soldiers training throughout the squadron.

First Lt. Reginald Cotton, executive officer, Delta FST, 3-4th Cav., said he agrees with the cliché that a Soldier's primary military occupational specialty (MOS) is to be an infantryman, and his or her actual job is secondary.

"When we are in the combat environment ... and an improvised explosive device hits, we [support elements] are not focused on the fueling operations or the maintenance aspect of our job, per se," Cotton explained. "We have to snap into the zone of securing the objective, calling for medical support [9-line medical evacuations] and doing the necessities that any other Soldier would do, all the while supporting from the rear, if need be."

During the PTA deployment, the 3-4th Cav. Regt. provided its Soldiers with



Staff Sgt. Travis Dukes (in rear), squadron motor sergeant, D Troop, 3rd Squadron, 4th Cavalry Regiment, coaches Spc. Kevin Stanger, a senior welder, as he pulls rounds out to load a mounted .50 caliber machine gun.

full days of training, which included weapon systems familiarization and gun crew training (convoy procedures) called

gunnery tables. "The gunnery tables were designed to take the crew [the driver, truck com-

mander and gunner] and teach ... these elements to become accustomed to communicating as a team," said Sgt. 1st Class Neil Craig, first sergeant, D Troop, 3-4th Cav.

"Since the tables progressed in difficulty throughout the training," he explained, "it gave our Soldiers the exposure and foundation needed to properly secure their convoys when we deploy."

"History has dictated from previous deployments that our personnel [trucks] are bigger targets that are prone for more attacks. ...The training," Craig said, "has given the Soldiers the confidence ... to react to contact and neutralize targets to drive on."

Soldiers' morale was extremely high. "It's good to know all the areas of combat in case I have to go out and support or participate in a recovery aspect while I'm downrange," said Pvt. Ryan Fling, metal worker, D Troop. "It was enjoyable experiencing the scenarios that the cavalry regiment scouts do. It gave me a better understanding of what they go through and how to be effective on both ends as a Soldier," he said.



Staff Sgt. Tyrone C. Marshall Jr. | 25th Combat Aviation Brigade Public Affairs

Tough customers

Sita Seery, food program manager, Installation Management Command (IMCOM), talks to Soldiers from Headquarters and Headquarters Troop, 2nd Squadron, 6th Cavalry Regiment, 25th Combat Aviation Brigade, at the brigade's dining facility (DFAC) during an evaluation for the IMCOM-Pacific Region Phillip A. Connelly Award competition, Monday.

From left, Pvt.2 Elin Garcia, Pvt.2 Charlie Secara and Sgt. 1st Class Santo Nieto provided customer feedback as part of the evaluation process.

Other competing DFACs include 45th Sustainment Brigade, Fort Shafter, and U.S. Army Garrison-Japan. Winners will be announced upon completion of all evaluations.

Garrison Shuttle
Monday - Friday
11:15am - 1:15pm
See route at "Traffic Advisories"
www.garrison.hawaii.army.mil/sites/local

WAAF - 5B
LUNCHTIME
SHUTTLE
1115-1315

Vigilant: Guard prepares for crises

CONTINUED FROM A-1

Soldiers with HIARNG's 230th Engineer Company and the 297th Firefighting Detachment crawled through the tight spaces of the demolished building looking for victims trapped inside. They were outfitted in gear designed to protect them from the toxic gases and falling debris within the pile.

If no passage to those trapped inside could be found, the Soldiers created passages by breaking through the tangled concrete. Once a victim was located, rescuers carefully extracted the victim from the debris using ropes, pulley systems and sheer willpower.

"We're trying to get ready just in case something happens back home. When that really does happen, we know we are ready for it," said Spc. Troy Torres, CERF search and extraction team member, 230th Eng. Co., Det. 1. "We know how it feels to work for 12 to 18 hour shifts."

Once wounded were pulled from the wreckage, airmen from the Hawaii Air National Guard, 154th Medical Group, provided triage and emergency medical treatment. Once stabilized, airmen prepared victims for evacuation to nearby hospitals.

Soldiers from 103rd Troop Command commanded CERF op-

of Staff Information Management, supplied on-site satellite and radio communications support.

Following the joint field exercise, the CERF team conducted individual skills training. The medical element implemented intensive classroom training, and the search and extraction element used the Carson City Fire Department training site to further refine mission critical skills.

The search and extraction team and medical team concluded with a joint training exercise. Soldiers from the team demonstrated high-angle rescue techniques, taught rope classes and operated a rappel tower.

Medics participated in a rescue exercise, practiced tying knots and rigging, and ended training by rappelling down a six-story building.

"What was important about the work we did here was the way we executed the mission," Blanchard said. "We received the request for help, and hit the ground running without any break in between. That's exactly how we are going to do it in a real-world emergency."



Spc. Joanna Amberger | 117th Mobile Public Affairs Detachment

Pvt. James Lavatai pulls against the weight of a rescuer and victim on the other end of the rope as fellow CERF team members begin to pull the victim through the window of a third story room during a high angle rescue exercise at the Carson City Fire Department training site during the Vigilant Guard. Lavatai is assigned to the 230th Engineering Company, Detachment 1, HIARNG, as a CERF search and extraction team member.



Sgt. Jamieson Pond | 117th Mobile Public Affairs Detachment

Spc. John Kumalae accompanies Lt. Col. Stanley Sato role-playing a victim packaged for extraction during the high-angle rescue demonstration for the medics of the Hawaii Air National Guard's 154th Medical Group.

erations at the site and ensured search, extraction and medical efforts were properly coordinated with other units operating at the site.

The National Guard Communications Element, comprised of airmen from the 293rd Combat Communications Squadron and Soldiers from the Deputy Chief

Spirit: Hatred distorts truth about loving God

CONTINUED FROM A-2

deserving of God's hate.

Confession, when we saw these "haters-in-the-name-of-God" with their repulsive message of condemnation, we were tempted to, yes, hate them right back (and maybe even hurt them). That's what hate does. It breeds more hate, and along with it, maybe some violence.

In fact, Jesus taught his followers that hatred is but a small step away from murder. But perhaps the worst thing hate does is distort the truth about God.

One of the hardest barriers for people to climb over on their journey toward God is the wall labeled, "Terrible things done in the name of God or religion."

You've heard the claim, and maybe you've made the claim: "More people have been killed in the name of religion than for any other purpose."

I won't even argue the hyperbole in the statement, because the reality is unfortunately too true. People have used religion as an excuse to hate and kill other people since religion began.

Hate is bad enough, but hate in the name of God is infinitely worse.

Well, I've got news for the people who are stuck in this rut of equating God with hate; it's just not true. And because most of the venom is directed at, or allegedly from, the God of the Judeo-Christian tradition, it's that much easier to refute. And so, cliché as it may be, I want to declare the truth that God is not hate, but rather, God is love.

To be sure, there are actions and behaviors that God is unhappy with — okay, that God hates. But these actions or behaviors are usually those that hurt people, destroy relationships or disrupt communities.

In the Judeo-Christian tradition (and others as well), for example, God hates injustice, especially to the poor and disadvantaged. God hates the harming of children and disrespect to elders, God hates hostility between neighbors, and God hates hypocrisy and greed, especially among the "religious" folk. The hateful group from Kansas

(and others) seems to have narrowed down what God hates to a few (mostly sexual) sins, and then crossed the line to declare that God pretty much hates all the people who don't agree with their definition of sin, and they can all pretty much just go to hell for all they care!

But I want to say something different. I want to say that God is love — not that God hates. I want to say this because I know that our Holy Scriptures teach this about God.

We all just know this intuitively: we just know that God is love and that God loves his creation — all of it — including the crown of his creation, human beings.

Here's my favorite definition of God's love, taken from Philip Yancey's book, *What's So Amazing About Grace?*

"There is nothing we can do to make God love us more;

There is nothing we can do to make God love us less."

That's a pretty cool, all-encompassing love, isn't it? And this love that God has for us — once we get a handle on it — sort of motivates us to want to share that love with others.

What do we do, how do we act when we know God loves us in this way? Simple, we just love:

- Our families (easy);
- Our neighbors, co-workers, strangers in the commissary or on the freeway;
- God's creation, both living and inert;
- Those who don't particularly love us (much harder, I admit); and
- God.

According to the Scriptures, "The Lord, the Lord, the compassionate and gracious God, [is] slow to anger, abounding in love and faithfulness, maintaining love to thousands and forgiving wickedness, rebellion and sin" (Deuteronomy 34:6-7).

You should "love the Lord your God will all your heart and with all your soul and with all your strength." As well, you should "love your neighbor as yourself" (Deuteronomy 6:5, Leviticus 19:18 and Matthew 22:37-39).

Remember, "God is love" (1 John 4:16).



Curtis Shinsato | Directorate of Plans, Training and Mobilization

Alohas all around

PEARL CITY — (Left to right) Raven Demmert, 8, follows his father Spc. Christopher Demmert's footsteps, and Jesse James Purcell, 5, welcomes his aunt Pfc. April Purcell back from deployment, June 14. Demmert and Purcell both serve with the 12th Personnel Support Detachment. Families and friends welcomed home more than 30 reservists from the 12th PSD and 428th Combat Support Platoon.

Sigma: Satisfaction up with less wait time

CONTINUED FROM A-2

forms, resulting in wasted time and supplies.

In the early stage of the project, the LSS team measured the baseline and brainstormed causes and effects by indentifying the whys and causes. Why did Soldiers come to the TSC with incomplete packages? Why did the quality assurance/quality reviewer find so many errors from the first draft DD 214s?

The team then drew a process flow chart, measured process cycle times, and had a few

"Ah ha!" moments. A solution was identified, tested and re-measured to ensure defects were eliminated from the process.

In conclusion, the team successfully reached the goal of increased customer satisfaction by reducing wait time to complete the DD 214 process.

Currently, Soldiers do not have to revisit the TSC the following day to pick up completed DD 214s. The forms are now processed in approximately three hours, freeing up valuable Soldier time.

Using Lean Six Sigma practices, the DHR team reduced the number of steps in the DD 214 process from seven to three and improve the accuracy of the first pass DD 214 to 99 percent (5.3 Sigma level).

In short, Soldiers spend less time at DHR and receive a better quality product, thanks to the LSS project team of Carissa Gardner, Donald Carter, Richard Haglund, Demetrius Morgan, Matthew Geismar, Sugie Cho, Winona Ohelo, Carol Kihara and Jae Sun Wilson.

Awards: Employees make excellence the standard

CONTINUED FROM A-1

generators on Schofield, Wheeler and Helemano Military Reservation.

"People don't need an electrician when the lights are on," he said, smiling, "only when they're off."

In addition to routine maintenance, Kaleiohi and his crew are the first to respond when storms, such as the one on Dec. 7, 2007, knock down trees and power lines, and leave residents without electricity.

Kaleiohi commented on how supportive the military community has been during crises, bringing his workers drinks and cake, and encouraging them to be safe.

He also recalled one Thanksgiving Day three years ago when a power outage left one side of the street without power. Instead of cursing the loss of power, the community shared the working ovens from the other side of the street and turned the day into a potluck.

"Ralph always has a positive attitude



Anderson



Hanohano



Jhung



Kaleiohi



Killian



Loo



Margotta

no matter what the challenge is," said Norma Sales, Kaleiohi's former supervisor.

A few tables over from Kaleiohi at the luncheon, Kent Anderson, chief, DPW's Budget and Programming Branch, chatted with co-workers. Anderson received an Outstanding Mentor award for training and mentoring three individuals in DPW's Utilities Division.

"He's just really patient," said Karl Santa, a mechanical engineer and one of Anderson's mentees. "He'd go out of his way to explain stuff to me, even though it took a lot of his day."

Colin Watanabe, Anderson's former supervisor, said Anderson continued to mentor Santa and the other two trainees for months after he left the division.

"He really showed he cared," Watanabe said. "He wanted to bring these guys up right. It's in him to do things right."

On the other side of the ballroom, Terry Hanohano, a management technician at U.S. Army Garrison-Pohakuloa, clapped as awardees crossed the stage. Hanohano received an award herself for Employee of the Year, Clerical and Assistant, which was no surprise to her boss, Lt. Col. Warline Richardson, com-

mander, USAG-PTA.

"She's my right hand, my left hand, my counselor, and sometimes my mom," Richardson said. "Her concern is genuine and she puts her heart into what she does. She takes care of all of PTA."

"I'd like to think that I make some sort of difference in sending our warfighters off fully trained," Hanohano said.

After having worked at USAG-PTA for the past 20 years, Hanohano didn't hesitate in revealing the best part of her job.

"People," she said. "It's definitely the people."

- **Employer of Choice:** USAG-HI (Col. Matthew Margotta and Bryson Jhung)
- **Team Excellence:** The Nehelani Community Club Management Team
- **Supervisor/Manager of the Year:** Peter Loo, DFMWR
- **Employee of the Year** (Clerical and Assistant): Terry Hanohano, USAG-PTA
- **Employee of the Year** (Trades and Crafts): Ralph Kaleiohi, DPW
- **Exceptional Community Service:** Catherine Ballie, USAG-Oahu
- **Outstanding Leader:** Col. Howard Killian, IMCOM-Pacific
- **Outstanding Mentor:** Kent Anderson, DPW

As the luncheon ended and employees flowed out of the ballroom, Cathy Ballie was one day closer to retirement. Though she hadn't planned on the luncheon, she did have a plan for her first day off, next Monday.

"I'm going to wake up late and read the morning paper," she said.

News Briefs

Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

27 / Today

Road Closure – Hewitt Street, between Menoher and Kanell roads, Schofield Barracks, will be closed until Nov. 1 for construction. A map of the affected area can be found on the Garrison's Web site, www.garrison.hawaii.army.mil, under the "Traffic/Post Updates" link on the left.

Call 656-2473 for more details.

Signal Corps Regimental Ball

– Tickets can be purchased now for the Hawaii Signal Corps Regimental Ball (scheduled for Sept. 12) at the Hilton Tapa Ballroom, Honolulu.

The ball includes a keynote speech, entertainment, music and dancing. Tickets cost \$65 and are open to the public. Dress is formal.

Contact Capt. Josh Hamilton, 438-2305, joshua.dale.hamilton@us.army.mil for tickets.

30 / Monday

Tropic Lightning Challenge Week

– The 25th Infantry Division's Tropic Lightning Challenge Week will kick off June 30 with a division run at 6:30 a.m. Hence, Kolekole Avenue, between the exit of the Schofield Inn and the entrance into the housing area, will be closed to vehicular traffic during the run.

Drivers will experience significant traffic delays on all other roads affected by the run and are urged to use alternate routes between 5-8 a.m. A copy of the run route can be found on the Garrison's Web site at www.garrison.hawaii.army.mil, under the "Traffic/Post Updates" link on the left.

Other events during TLCW include ultimate football, soccer, basketball, volleyball, weapons assembly, tug-of-war, softball, a litter relay and golf scramble.

The awards ceremony is July 2. Call 655-6341 for more details.

July

1 / Tuesday

Change in Hours – The Veterinary Treatment Facility (VTF), Schofield Barracks, will limit service to pets needing health certificates, July 1.

Owners must take pets that are sick or need vaccines to a local civilian veterinarian, July 1.

Normal duty hours will resume July 2. Call 433-8531 to schedule an appointment.

3 / Thursday

Reduced Hours – The Tripler Army Medical Center Pediatric Clinic will host a School/Sports Physical Day, July 3, 8 a.m.-4 p.m. for patients, 4-11 years old, who are enrolled at the clinic.

Urgent care will continue to be available during the day.

The Adolescent Clinic will be open 8 a.m.-4 p.m., July 3, for urgent care and appointments only.

Call 433-6228.

PAU HANA

Fourth of July Spectacular returns

STEPHANIE RUSH

U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS – This year marks the Army's 37th annual "Fourth of July Spectacular" celebration in Hawaii. Brought to you by Family and Morale, Welfare and Recreation (FMWR), the Independence Day celebration will feature a full day of free, fun activities for military and civilian families on Oahu.

A wealth of games, rides, entertainment, demonstrations and a crafts bazaar will cover more than 15 acres on Schofield Barracks. The public is invited to the free event, which includes a concert by country singer Billy Ray Cyrus, followed by a community covenant signing and fireworks finale.

Family members of deployed service members who are Blue Star Card (BSC) holders are invited to visit the BSC tent and enjoy special crafts for kids, a shaded area to relax, and free game and ride tickets. Free tickets are limited to 20 per BSC family member.

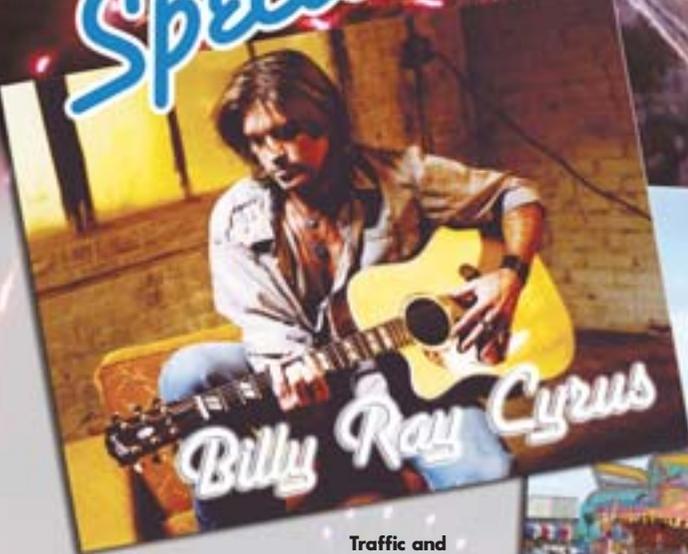
Fireworks

Fireworks are not allowed on any Army installation. Off post, fireworks are not allowed without a permit from a Satellite City Hall.

The fireworks demonstration during the Schofield spectacular will be set off by trained professionals in the parking lot by the commissary. The lot will be closed to all members of the public, and parents are asked to watch their children around this area. See page B-2 for more details.

Prohibited items

Fireworks, sparklers, glass containers and firearms are not permitted at the Spectacular. Anyone



found in position of these items will be escorted off the installation.

Pets are not allowed on the festival grounds. Cannon fire and fireworks noise frighten animals.

All backpacks, coolers and vehicles are subject to inspection.

For more information on the Fourth of July Spectacular, call 655-0110, 655-0111 or 655-0112 or visit www.mwrrarmyhawaii.com.

On-post residents

If you live near Cadet Sheridan Road, be aware that cannons will be used for a rehearsal July 3, 6-10 p.m., and for the event July 4, 7:15-8 p.m.

Carpooling or walking to the event is encouraged. Remember to bring a flashlight, as it will be dark when you head home.

For those planning parties at home, remember that tents, tarps, screens and covers are not permitted on your home exterior without written permission from your community center.

Traffic and parking

Due to security requirements, random identification card and vehicle checks will be in progress.

Visitors without a military sticker entering McNair, Macomb or Foote gates will be asked to park in the Stoneman and Gimlet Field area. Signs will direct these drivers to Stoneman and Gimlet Field.

Those entering Lyman gate will be directed to several lots on Lyman Road. A shuttle bus will operate from Stoneman and Gimlet Field to the event field from 10 a.m.-6 p.m. Cars with official handicap stickers may park in front of Fernandez Hall, off Kolekole Avenue.

Leaving post after the fireworks is always a challenge. Cars departing through McNair or Macomb Gate will be allowed to turn left or right on Wilikina Drive.

Cars exiting Foote Gate will only be allowed to turn left on Kunia Road, and then must turn right on Wilikina Drive.



Cars exiting in the left lane at Lyman Gate will be directed straight through Wheeler Army Air Field and must turn left on Kamehameha Highway as they exit Kawamura Gate (for those traveling to Waikiki, Mililani and Pearl City).

Cars exiting the right lane at Lyman Gate will be directed to turn right (toward Ewa Beach, Kapolei and Hanalei).

Grills and canopies

Canopies are permitted on the field until 4:30 p.m. Open flame or charcoal cooking is not permitted. Grills, canopies and charcoal cooking are allowed in picnic areas.

Other points of information

The Information Booth is your one-stop-shop for questions. Lo-

cated inside the sponsor tent, by the flagpole, patrons can retrieve lost and found items.

Lost children, however, can be found at the Drug Abuse Resistance Education (D.A.R.E.) tent on Desiderio Field.

When the evening entertainment begins, remember to lower umbrellas and high-backed chairs so others behind you can see the stage and enjoy the performances.

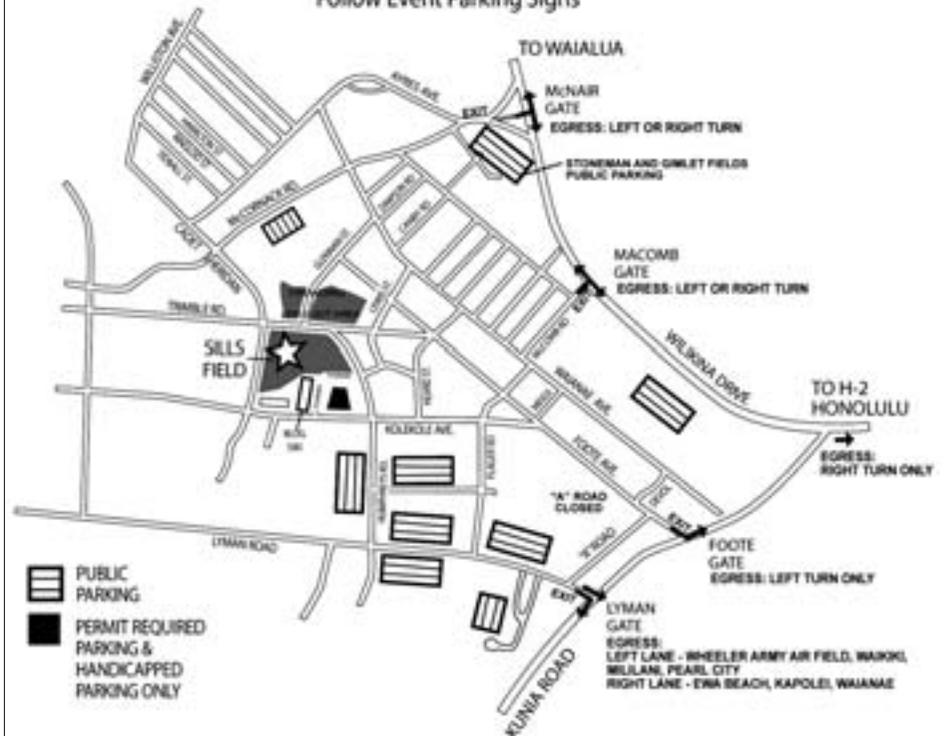
Closures and modified hours

The Commissary, Class IV and Furniture Store will be closed on July 4 for the holiday. The Post Exchange will close early at 6 p.m. Normal business hours will resume July 5.

The Sunset, Kolekole and Paradise Shoppettes will remain open.

Map to Parking Areas on Schofield Barracks

Follow Event Parking Signs



Schedule of Events

- 8 a.m. Late Registration for 5K Fun Run / Packet Pick-up
- 9 a.m. 5K Fun Run & Registration for Children's 1-Mile Fun Run
- 10 a.m. Children's 1-Mile Fun Run
- 10 a.m. Native American Tribal Powwow
- 10 a.m. Games and Ride Midway, pony rides, greased pole contest open
- 10 a.m. Crafts and New Products Bazaar open
- 10 a.m. Food booths open
- 10 a.m. Visible Vault open (Free chance to win \$5,000)
- 10:15 a.m. Native American Tribal Powwow-Grand Opening Ceremony
- 11 a.m. Scavenger Hunt Begins
- 11:15 a.m. Working Dog demonstration
- 11:45 a.m. Puppet Show courtesy of the Sgt. Yano Library
- 12:30 p.m. Eating Contest
- 1 p.m. Karaoke Winners (BOSS/Blue Star Card/CW Radio station)
- 2 p.m. Native American Tribal Powwow-Presentation of Culture
- 2:30 p.m. Alice in Wonderland play, presented by SKIES Unlimited
- 3:30 p.m. EMKE, a youth rock band performance
- 3:45 p.m. Native American Tribal Powwow-Final Ceremony
- 4 p.m. Scavenger Hunt Ends
- 4:45 p.m. Scavenger Hunt winners announced
- 5 p.m. Flag Retreat at Main Stage
- 5:05 p.m. Concert by country singer Billy Ray Cyrus
- 7 p.m. Prize Drawing by Tony Group Autoplex for a Hyundai Accent
- 7:05 p.m. Army Community Covenant signing
- 7:40 p.m. Tropic Lightning Band & "1812 Overture"
- 8 p.m. "The Flags We Follow," narrated by Jo Pruden & Jayme Alexander
- 8:30 p.m. Tropic Lightning Band Mini Concert
- 9 p.m. Fireworks



27 / Today

Halo 3 Game Night – A Halo 3 tournament will be held at the Sgt. Yano Library, Schofield Barracks, June 27, at 5:30 p.m. The tournament is open to active duty Soldiers only. Prizes will be awarded.

Pre-register by calling 655-8002 or on-site at the library before the tournament begins.

28 / Saturday

Chat 'n Charm Evening –The Blue Star Card program will host a fun night of jewelry making and socializing at the Schofield Barracks Arts & Crafts Center, June 28, 6-8 p.m.

Admission is \$14 and includes patriotic-themed materials to craft a charm bracelet. Call 655-4202 for reservations.

USO Zoo Day – This year's annual bus trip to the zoo is Saturday, June 28, 8:30 a.m.-3 p.m. Service members and their families can enjoy free admission with food, beverages and entertainment.

For reservations call the Tropics, Schofield Barracks, at 655-5697.

Aquaculture – Here's your chance to learn how the ancient Hawaiians fished and lived, June 28, 11:30 a.m.-5 p.m. You'll have a unique chance to participate in an authentic Hawaiian throw net experience.

Transportation and snacks will be provided. Cost is \$20 per person and space is limited. Call Outdoor Recreation, 655-0143.

July

1 / Tuesday

Recreation Storage – Beginning July 1, a new recreation vehicle (RV) and boat storage area will be available for use at Fort Shafter's Auto Skills. Boats, jet skis and other RVs can be stored for \$30 a month.

The Schofield Barracks Auto Skills Center also offers long-term storage options for vehicles and other personal items.

Call 438-9402 (Fort Shafter) or 655-9368 (Schofield Barracks).

3 / Thursday

Credit Management – Learn how to use your credit wisely and how to improve your credit score. Credit management workshops will be held July 3, 1-2:30 p.m. at the Fort Shafter Outreach Aloha Center (438-9285) and July 9, 9-10:30 a.m. at Army Community Service,



Jeremy S. Buddemeier | U.S. Army Garrison-Hawaii Public Affairs

On a roll

SCHOFIELD BARRACKS — Aung Htoo of Advanced Fresh Concepts, Corp., prepares avocado rolls at the commissary here, Monday.

Schofield Barracks (655-4227).

4 / Friday

Blue Star Card Holders' Fourth of July Spectacular – Visit the Blue Star Card (BSC) Fourth of July Spectacular tent, July 4, 10 a.m.-5 p.m., at Sills Field, Schofield Barracks, and enjoy special crafts for kids, a shaded area to relax, baggage check, and free game and ride tickets.

Tickets are limited to 20 per BSC family member. Call 438-0376/2911.

11 / Friday

Halo 3 Tournament – Unleash your "Master Chief" at the 2008 Better Opportunities for Single Soldiers (BOSS) Halo 3 tournament, July 11, 10 a.m., at the Tropics, Schofield Barracks. The tournament

begins at 10 a.m. and will continue until a winner is determined. An Xbox 360 Elite, gift cards and other prizes will be awarded.

Registration is required and forms are available through the BOSS office at the Tropics. Call 655-1130.

Picnic & Play – July 11 is the deadline to register for the Blue Star Card program's Picnic & Play, scheduled for July 16, 9 a.m.-3 p.m., at Piliilau Army Recreation Center (PARC).

Just 18 miles from Schofield Barracks, PARC is Family and Morale, Welfare and Recreation's (FMWR) best-kept secret on the Leeward Coast, with gentle waves and white sand beaches to delight swimmers, snorkelers and scuba enthusiasts.

Transportation is provided and the bus will depart from the Bowling Center, Schofield Barracks. For reservations, call 438-2911 or e-mail Sarah.R.Horrigan@u.s.army.mil.

Ongoing

Flat Stanley Project – Pick up your "Flat Stanley," a flattened paper cutout of the title character from Jeff Brown's Flat Stanley books, at any Army library. Take him on an adventure and bring him back to the library by Aug. 11.

Be creative, dress him up and take a photo of his travels. Prizes will be awarded for the furthest traveled and other creative entries. Grand prize for most creative photo is a digital camera. Visit your local Army library for more information.

All-American Girls – Visit Army FMWR libraries in May and June to learn how you can win a "Kit Kittredge, an American Girl" prize, as well as an all-expense-paid shopping spree to an American Girl store.

You can log on to www.ArmyMWR.com for details and enter to win. One entry will be provided to children ages 6-16 each time they visit the library and check a book out. Call 655-8002.

Fort Shafter Thrift Shop – Browse the Thrift Shop for all your décor. Normal business hours are Tuesday and Friday, 9 a.m.-1 p.m., and consignment hours are 9-10:30 a.m.

Donations and volunteers are always welcome as the Thrift Shop is the main fundraising venue for the Fort Shafter Hui O Wahine Spouses club.

All profits are donated to charities and scholarships in the military and local community. Call 842-1074 or visit Building 342, Pierce St.

Auto Services – Get your oil changed, transmission services performed, tires rotated and other auto services performed at the Auto Skills Center while you're at work. Call 438-9402 (Fort Shafter) or 655-9368 (Schofield Barracks).

Salvage Yard Auto Sales – Fort Shafter and Schofield Barracks salvage yards will be sponsoring sealed bid auto sales twice a month. Bidding will end on the first and third Saturdays of each month, and the highest bidder will be notified the following day.

A minimum bid will be marked on each auto for sale. Call 655-9368 (Schofield Barracks) or 438-9402 (Fort Shafter).

Arts & Crafts Classes – Fort Shafter Arts and Crafts programs include basic ceramics, wheel throwing, hand building and open studio ceramics. Classes are scheduled every week during May.

If clay isn't appealing, the center also hosts stained glass and mosaic classes, keiki art classes, and quilting classes, scheduled weekly. Call 438-1315.



Aliamanu (AMR) Chapel 836-4599

- Catholic Sunday, 8:30 a.m. – Mass Sunday, 9:45 a.m. – Religious Edu.
- Gospel Sunday, 11 a.m. – Sunday School (Sept.-June only) Sunday, 12:30 p.m. – Worship service
- Protestant Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

Fort DeRussy Chapel 836-4599

- Catholic Saturday, 5 p.m. – Mass in Chapel (May-Aug.) Saturday, 6 p.m. – Mass on Beach
- Protestant Sunday, 9 a.m. – Worship Service
- Buddhist 1st Sunday, 1 p.m.

Fort Shafter Chapel 836-4599

- Contemporary Protestant Sunday, 9 a.m. – "The Wave" Worship

Helemano (HMR) Chapel 653-0703

- Contemporary Protestant Sunday, 9 a.m. – Bible Study Sunday, 10 a.m. – Worship Service & Children's Church

Main Post Chapel 655-9307

- Catholic Sunday, 9 a.m. – CCD & RCIA Sunday, 10:30 a.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 10:30 a.m. – Sunday School
- Gospel Sunday, 10:30 a.m. – Sunday School Sunday, noon – Worship Service

MPC Annex, Building 791

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

Soldiers Chapel

- Catholic Friday-Saturday, noon – Adoration
- Liturgical Sunday, 9:30 a.m. – Worship

Tripler AMC Chapel 433-5727

- Catholic Sunday, 11 a.m. – Mass Monday-Friday, 12 p.m. – Mass Saturday, 5 p.m. – Mass
- Protestant Sunday, 9 a.m. – Worship Service

Wheeler Chapel 656-4481

- Catholic Saturday, 5 p.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 9 a.m. – Sunday School



Iron Man

(PG-13)
Friday, 7 p.m.
Thursday, 7 p.m.

Speed Racer

(PG)
Saturday, 4 p.m.
Wednesday, 4 p.m.



What Happens in Vegas

(PG-13)
Saturday, 7 p.m.
Wednesday, 7 p.m.

No shows on Mondays or Tuesdays.

Community Calendar

Send announcements to community@hawaiiarmyweekly.com.

27 / Today

Flavors of Honolulu – Based on last year's success, the premiere food, wine and family event, Flavors of Honolulu, is back and will take place June 27-29 at the Frank Fasi Civic Grounds next to Honolulu Hale. All proceeds from the event will support Abilities Unlimited, which supports individuals with disabilities.

Participating restaurants include Bali by the Sea, Cream Pot, Da Spot, Ichiriki Japanese Nabe Restaurant, India Café, Koi, Laverne's Catering Restaurant, Le Crepe Café, Mangeal, Mark's Specialties, Planet Hollywood, Senior Frog's, and Village Steak & Seafood. Each has a specially-priced menu for the weekend.

Live entertainment, celebrity cook-offs, wine sampling, KeikiLand with inflatables, a rock 'n' roll club, eating contests and other events will be featured.

General admission is \$5, senior citizens/military is \$2.50, and children 12 and under are free. Military get in free, Sunday the 29th, the Military Appreciation Day.

Call 532-2100 or visit www.FlavorsOfHonolulu.org for more details and hours.

Child Care "Amnesty" Month – The Schofield Barracks and Aliamanu Military Reservation (AMR) Child Care Offices will hold an "amnesty" month throughout June. Families who are currently providing unauthorized care in military leased housing can register and take the training to become certified to legally provide child care.

Call the Child Care Office at 655-8373 (Schofield Barracks) or 837-0236 (AMR).

Employment Orientation – Prepare for

Keep your family safe around fireworks, on and off post

• On Post

Fireworks are not allowed on any Army post or installation. However, Army Regulation 385-64 allows commercial fireworks for holiday celebrations on Army installations as long as they're produced by professional contractors.

Even though trained professionals will be setting off the fireworks at the Fourth of July Spectacular, bystanders must be aware of safety precautions they should take.

According to Henry Sonoda, safety specialist, U.S. Army Garrison-Hawaii Installation Safety Office, celebrators must be aware that even professional displays can be dangerous. A malfunction can occur, so everyone must stay away from the firing point.

Fireworks will be set up at the commissary and Flagview Mall parking lots on Schofield Barracks.

"The parking lots will be closed and cordoned off for your protection and safety," said Sonoda.

"Obey security officers as they direct you safely around the firing point," he

explained. "Remember the further you distance yourself, the more risk is reduced."

Sonoda added, "National Data shows that bystanders are more often injured by fireworks than professional operators."

• Off Post

Off post, fireworks are not allowed without a permit from Satellite City Halls. Sonoda recommends people protect their family and friends by not using fireworks, rather attend authorized public fireworks displays conducted by licensed operators.

If celebrators decide to use fireworks at their residence or attend gatherings where fireworks are being set off, Sonoda said they should not drink alcoholic beverages and handle fireworks.

"Stay sober, especially if you have children that will be around burning fireworks," Sonoda said.

He went onto explain how injuries from fireworks demonstrations at homes normally happen to children, typically due to a lack of parental or adult supervision.

When deciding on a location

p.m. Admission is \$35.99 for adults and \$25.99 for children. Kamaaina and military discounts are available. Call 674-9283.

28 / Saturday

Military Day at the Honolulu Zoo – USO, Hawaii, in partnership with Mayor Mufi Hannemann, the City and County of Honolulu, and the Honolulu Zoo will host a Military Day at the Honolulu Zoo, June 28, 9:30 a.m.-3 p.m.

Service members and their families can enjoy free admission with food, beverages and entertainment.

Free bus service will be provided from Schofield Barracks, Pearl Harbor, Hickam Air Force Base, and Marine Corps Base Hawaii. See MWR briefs above for local bus transportation options.

Parking and bus service will also be provided from the parking lot at Kapiolani

for setting off fireworks, any proposed areas should be safe and clear of any combustibles, glass or small rocks. These items could be propelled and strike someone.

Fireworks can explode in the hand, throw sparks into the face, cast hot fragments onto limbs and ignite clothing. Sparklers, commonly seen in backyard Independence Day parties can burn up to 1800 degrees Fahrenheit.

"Sparklers are the leading cause of fireworks-related injuries, especially in young children," Sonoda said. "Have a water bucket close by so they can be extinguished in it. All cotton or fire retardant clothing, including shoes, should be worn."

However you decide to celebrate Independence Day, ensure you and your friends and family knows how to behave around fireworks demonstrations, professional and at home.

"Be safe," Sonoda said. "Take the family to Schofield Barracks for the Fourth of July event and fireworks."

Community College.

29 / Sunday

An Evening with Sinbad – Comedian Sinbad will perform June 29, 7 p.m., at the Sgt. Smith Theater, Schofield Barracks. Doors open at 6 p.m.

Tickets are \$35 for upper seating and \$40 for lower seating. Tickets are available at Postell's Unlimited at the Schofield Barracks Post Exchange or at Bloch Arena, Naval Station Pearl Harbor.

Sinbad will be available for a "meet and greet" at 2:30 p.m. in front of Postell's Unlimited. Call 631-9438 (Postell's) or 473-0792 (Bloch Arena).

30 / Monday

Art Contest for Children – Children ages 9-12 are invited to send their original

SEE COMMUNITY CALENDAR, B-4

Fourth of July celebrations explode around the island

Venues across Oahu have you covered whether you're outdoorsy and like sleeping under the stars, or if you'd rather spend the holiday weekend at the mall, looking for a good deal.

Celebrate our nation's birthday throughout the island all weekend long.

Hickam's All-American Beach Blast

Celebrate the Fourth at Hickam Air Force Base's 50th Annual All-American Beach Blast at Hickam Harbor, July 3-4.

Overnight camping specials are available for \$30 per campsite, and participants can enjoy the Movie Under the Stars double feature: "Pirates of the Caribbean" 1 and 2.

The fun will continue July 4 with food booths, entertainment, a kiddieland, bouncy houses, pony rides, a petting zoo, and games going on all day. In the evening, local band Natural Vibrations, the Pacific Air Force Hana Hou Band, and fire knife dancers will perform before the fireworks finale at 8:30 p.m.

Call 449-5215 or visit www.hickamserVICES.com for more details.

Pearl Harbor's Block Party

Laugh, dance and celebrate at the biggest and best patriotic party of the year at Pearl Harbor. The day begins at 2 p.m. at Naval Station Pearl Harbor, near Merry Point.

Come and enjoy first-rate entertainment, food and exciting activities with your friends and family throughout the day. Admission is free and so are many of the scheduled activities.

Entertainment and events include tram-



Courtesy of Jayson Tanega

Ukulele star Jake Shimabukuro will headline the Pier 9 stage, July 3, 8:20 p.m. at the Aloha Tower Marketplace's annual Pre-Independence Day celebration.

poline lessons and demonstrations; Hawaii Championship Wrestling; a car show; trip and prize giveaways; comedians Russell Peters, Bert Kreischer and



Courtesy Photo

Naval Station Pearl Harbor's annual Block Party at Merry Point is fun for the entire family with live entertainment, inflatables, demonstrations and fireworks. The celebration is open to military, government civilians, family members and authorized guests.

Tom Segura; a choir performance; the fireworks spectacular; and more.

This event is free and open to active duty, reserve, retired and Department of Defense, family members and sponsored guests.

For safety reasons, barbecues, coolers, animals, tents and outside food and beverages are not permitted. Call 473-0606 or visit www.greatlifeHawaii.com.

Ala Moana Center's Fourth

There's no place like Ala Moana Center for celebrating the Fourth of July. For the 17th consecutive year, the celebration includes a full weekend of special events,

live music and a 20-percent savings pass at more than 60 stores from July 3-6 (one item per store). The pass can be printed from Ala Moana's Web site: www.alamoanacenter.com.

Free concerts featuring local artists and prize giveaways are scheduled throughout July 4; catch the pre-fireworks concert at 5 p.m., and the fireworks show at 8:30 p.m.

The fun continues on Saturday and Sunday, with live entertainment and prize giveaways. Call 955-9517 for more details.

Aloha Tower Marketplace

Come to the Aloha Tower Marketplace

for its third annual pre-Independence Day celebration, July 3 at 5 p.m. The night will end with a stunning fireworks display over Honolulu Harbor at 9 p.m.

Enjoy live entertainment on multiple stages, a fashion show, a performance by the Pacific Fleet Band, strolling entertainers, face and hair painting, and more. Admission is free.

Read about the Fourth of July Spectacular on historic Schofield Barracks on page B-1.

Restaurants Don Ho's and Gordon Biersch will offer entertainment and food and drink specials. Hooters will sponsor a wing eating contest. Call 566-2337 or visit www.alohatower.com.

Star of Honolulu Cruise Specials

Celebrate Independence Day in a special and memorable way this year, onboard one of the Star of Honolulu's cruises.

The Star of Honolulu's Fireworks Cruise, July 3, 8:30-10 p.m., includes a champagne toast, live entertainment and the best ocean view of the fireworks show at Aloha Tower Marketplace along the Waikiki coastline.

The Fourth of July Cocktail, Hawaiian Music and Fireworks Cruise, July 4, 7:45-9:15 p.m., includes a champagne toast, dancing to live Hawaiian music and the best ocean views of the fireworks.

Rates start at \$31.85 for military and kamaaina. For tickets, call 983-7827 or visit www.starofhonolulu.com.

Everclear, 3 Doors Down among headliners at K-Bay's BayFest 2008

Marine Corps Base Hawaii (MCBH) is one of the best places to be this weekend for a festival of fun and entertainment for the whole family.

In its 19th year, BayFest is MCBH Kaneohe Bay's largest community relations event, with three days of outdoor concerts, contests, carnival rides, water sports, static military displays, and other attractions, scheduled for July 4-6.

• **Music.** July 4, 7 p.m., country band Little Big Town is scheduled to perform. Rodney Atkins takes the stage at 8:45 p.m.

July 5, 9 p.m., rock band 3 Doors Down will perform.

Closing out the weekend, July 6, 7 p.m., Everclear will rock the audience, with Live performing at 8:30 p.m.

Popular Hawaiian entertainers, like Kawao and Willie K, are also slated to perform during the weekend.

• **Attractions.** A variety of attractions for the entire family, including an Island Lifestyle expo, carnival rides and games for kids big and little will be available. As well, enjoy water sports at Kaneohe Bay, static military displays like tanks and helicopters, and a retail tent where you can buy limited edition



Courtesy of Portraits of Hawaii

Two teams battle it out in the water during the Bathtub Regatta at Marine Corps Base Hawaii's (MCBH) BayFest 2006. With three days of outdoor concerts, contests and carnival rides, this year's festival has something for everyone.

BayFest logo wear and artist memorabilia.

BayFest will end each night with the bang of fireworks.

• **Competitions.** July 4, 2 p.m., amateur Betty Crocker's are invited to enter BayFest's Pie-Baking Contest. Pies must be homemade (no pre-mixes, canned fill-

ings, puddings and the like), and winners are required to submit their recipes.

Pies will be on display starting at 12:30 p.m. in the Fest Tent. Judging begins at 2 p.m. and prizes will be awarded on overall appearance, crust, filling and originality. Obtain an entry form at www.BayFestHawaii.com.

July 4, 7 a.m., bring out your competitive side and compete in the 5-kilometer Runway Run. The race starts and finishes at Hangar 104 and takes runners along the flight line, passing historical Pyramid Rock.

On The WEB Visit www.bayfesthawaii.com for a complete schedule.

Awards will be presented to the top three finishers in various age groups, as well as the overall male and female finishers. All participants will receive a signature BayFest 5K T-shirt for entering. Register online.

July 5, 1 p.m., show off your foodie side at the BayFest Eating Contest. The five-minute, all-you-can-eat buffet includes hot dogs, watermelon and pizza. Sign up at the Fest Tent before the event or call 254-7591.

Are you a master of the ocean? July 6, 1 p.m., test your skills in the Bathtub Regatta, which is open to all military, civilian and corporate teams. Regattas are homemade boats, self-propelled by four-person teams, created originally for the race. Prizes will be awarded for first

place, funniest design, best craft and others. Call 254-7597.

July 6, 3 p.m., show off your physique at the GNC BodySearch Fitness Competition. All participants must be at least 18 years old. The competition includes modeling fitness and one or two-piece, full-cut swimsuit attire. Contestants are judged on personality, physique and interviewing skills. First through third place male and female winners will receive cash and prizes. Call 254-7597 to register.

• **Tickets.** Two types of tickets are available for purchase, a BayFest ticket, which allows one-day access to the carnival fairgrounds, and an all-inclusive ticket, which includes the BayFest ticket as well as admission to the nightly concert.

Service members, Department of Defense civilians and other authorized patrons may purchase tickets through their local Information, Tickets and Tours, or their Information, Ticketing and Registration offices.

The general public can purchase tickets online at www.ticketmaster.com, at all Ticketmaster outlets, or by phone at 877-750-4400.

SOCPAC puts family first at its debut Org Day

Story and Photos by
SGT. MATTHEW C. MOELLER
8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS — Special Operations Command-Pacific (SOCPAC) service members and their families enjoyed a sun-scorching day at the park as part of the Family Organizational Day hosted by the SOCPAC Commander, June 20.

The family day, the first in the command's 25-year history, gave the young and young at heart a chance to "let their hair down" while partaking in a variety of sports and family activities.

Adults battled each other on the playing field by competing in events such as softball, volleyball and Frisbee football, while children submerged their parents' bosses in the dunk tank or launched foam darts at each other while "playing Soldier."

Family Organizational Day, however, was meant to be more than just a fun way to skip work. Since SOCPAC personnel are spread throughout the island of Oahu, members rarely see each other socially. The "fun day" was important because it allowed members of the command to meet each other in a casual setting, said Gayla Hammerstrom, SOCPAC family readiness group (FRG) leader and one of the FRG coordinators for the event.

"There's no family housing for SOCPAC members on Camp Smith," said Maj. Jeff Winston, Headquarters and Headquarters Company commander, "so it's important to come out to events like this to meet families and interact outside of a work environment."

The sentiment was proven true by Sgt. 1st Class David Pennington and his 6-year-old son. Pennington's son had just arrived on the island a week prior, and the Family Organizational Day helped make his transition easier.

"He hasn't met any other kids, yet," said Pennington, a finance specialist within the command. "It's been really good to see him get out and run around and meet the others his age."

Family Organizational Day ended with a pie in the face — literally. SOCPAC service members made monetary donations and voted for various SOCPAC leaders to take a pie in the face. The SOCPAC public affairs officer, Maj. Stacy Bathrick, was the top earner, raising more than \$150, dou-



Air Force Col. Louis A. Caporicci, Special Operations Command-Pacific deputy commander, gets "pied" by Petty Officer 1st Class Jackie Murphy during SOCPAC's Family Organizational Day, June 20.



A little girl takes aim at Army Master Sgt. Kurt Schnupp and his 3-year-old daughter Hannah as they "play Soldier." Schnupp is a Special Forces medic serving as the senior enlisted medical advisor for Special Operations Command-Pacific.

ble the amount of any other contestant. FRG. The funds collected will go toward various After organizers had cleaned up the pie-projects in support of SOCPAC and its covered stage, Maj. Gen. Salvatore 'Sal'

Cambria, SOCPAC commander, presented FRG leaders with certificates of appreciation for their continued hard work to SOCPAC's mission.

"In thirty-one years [of military service]," he said, "I've seen a lot of FRGs, but I've never seen one as proactive as this one."

Cambria went on to state that today's military is facing an increasingly high operational tempo, that's why, in keeping with the Army Family Covenant, commands are ensuring their service members and families are getting proper care and attention.

Cambria compared today's military to a three-legged stool. The members and the families act as legs, he said. "Take one of the legs away and the stool will fall."

The Army Family Covenant recognizes the commitment and sacrifices families make to keep their Soldiers "Army Strong." The covenant aims to improve family readiness and quality of life with programs, services and events, like Family Organizational Day, to support the total Army family.

Community Calendar

From B-2

network highlighting something special about the national parks on the Big Island for the Hawaii Island New Junior Ranger Book art contest by the June 30 deadline.

The top winner's artwork will grace the book's cover and be made into a patch. The other 19 winners will receive a cash award of \$100 for themselves, \$100 for their school's art program, and publication of their artwork in the book.

For official rules, call 985-6019.

July

1 / Tuesday

Change in Hours — The Veterinary Treatment Facility, Schofield Barracks, will only see pets needing health certificates, July 1. Pet owners who have pets that are sick or need vaccines are encouraged to see their local civilian veterinarian that day. Normal duty hours will resume at the vet clinic, July 2. Call 433-8531 to schedule an appointment.

Ongoing

Volunteers Needed — Bring separated foster siblings together by becoming a Project Visitation volunteer, six to eight hours a month.

Volunteers receive training and must have no criminal convictions, a clean drivers' record and be at least 18 years of age.

Contact Project Visitation at 521-9531, ext. 228, or E-mail vabramo@ffphawaii.org.

Free DVD Messages — Family members can record a 30-second video message on DVD to send to their deployed Soldier.

The free service is offered every Saturday, 10 a.m.-2 p.m., TV2 station, Schofield Barracks.

To reserve your spot, contact Larry Thomas at 295-0205 or e-mail Larry.Thomas9@us.army.mil.

Military ohana open hearts, homes to raise service dogs

MOLLY HAYDEN
Staff Writer

WAIHAWA — It has happened to all of us. You're running late for work, scampering around the house grabbing everything you need for the day, and you can't find your keys.

After experiencing this situation one morning, military family member Lauren Novotny put her recent puppy training skills to the test.

"Bring me my keys, Val," Novotny said to a special 2-year-old labradoodle.

A few moments later, Val appeared at Novotny's feet, dropped the keys and waited patiently.

Puppies are trained to do a variety of tasks at Hawaii Fi-Do Service Dogs, the only certified training center on the island of Oahu.

The dedicated mission of the nonprofit corporation is to train assistance dogs to provide physical, psychological and therapeutic support for people who face the daily challenges of life with a disability other than blindness.

Having in-home puppy raising care provided by the community enables the organization to have more dogs in the program. Puppies are placed in volunteer homes for an average of three to four months of training.

"Val is still young," said Novotny. "I'm teaching her very basic skills, but she is responding."

Novotny felt a calling to volunteer for Hawaii Fi-Do, stemming from her love of animals and a desire to reach out to the community.

"This is the most rewarding program I've ever done," she said. "I see the help the dogs are providing when placed with owners, and I helped raise them."

Hawaii Fi-Do interviews each family or individual interested in becoming a puppy raiser, sharing the good and the bad of the program.

Susan Luehrs, director, Hawaii Fi-do, said raising a puppy is a lot of work, time, training and meetings, but the rewards are priceless.

The responsibility of a puppy raiser is to teach the puppies basic obedience as well as expose the future guide dogs to everyday situations.

Hawaii Fi-Do is extremely flexible in the involvement of the trainers.

"Some families can only help out on weekends, and many help out only for a



Molly Hayden | Pacific Media Publishing

Volunteer puppy raiser Lauren Novotny motions Val, a puppy in training, to lay down. Novotny opened her home to assist Hawaii Fi-Do in training future service dogs.

short time," said Luehrs. "We need the help, so we tend to make it fit."

Each puppy is trained over a two-year period. Each dog in training must pass high standards of health, behavior, obedience and skill training in order to become a certified service dog.

Service dogs are then individually trained to do work or perform tasks for the benefit of an individual with a disability. They can provide physical assis-

tance, companionship, psychological and social benefits. They learn specific tasks along with basic obedience and social skills.

A service dog can open and close doors, retrieve, pull a manual wheelchair, find the phone, turn on and off switches, and much more.

Hearing dogs respond to different sounds including knocking, the doorbell, a timer, alarm clock, smoke alarm,



Courtesy Photo

Donated and specially-bred service dogs of Hawaii Fi-Do actually pause for a photograph during a training session. The specially-trained dogs provide physical, psychological and therapeutic support for people who face the daily challenges of life with a disability other than blindness.



Molly Hayden | Pacific Media Publishing

Val, a puppy in training, opens a refrigerator door during a training session. Army family members and members of the community can become a puppy raiser to aid in basic training of future service dogs.

For more information on Hawaii Fi-Do or to become a puppy raiser, call 638-0200 or visit www.hawaiiifido.org.

telephone, baby crying and the person's name.

"Hawaii Fi-Do is working hard to educate the public on what these dogs can do," said Army family member and volunteer Kristen Rothwell. "This organization allows deserving people the access to

dogs that can provide a great service."

Puppy trainers and volunteers are always in high demand at the facility. Puppy raising is a great way to attain the benefits of having a pet while living the ambulatory military lifestyle.

"Families have the memorable experience of raising a special dog that someday will help a person with disabilities lead a more independent life," said Luehrs. "They are proud to see the progress (of the dogs) and know that they had a part in it."



29 / Sunday

Deep Sea Fishing – Don't miss your chance to catch the big one, June 29. Outdoor Recreation will provide transportation, a cooler with ice, snacks and drinks. Space is available for groups up to six. Cost is \$130 for a half-day. Call 655-0143.

July

2 / Wednesday

Workout Without Walls – Trying to get in shape but the same old routine has you unmotivated? Outdoor Recreation will offer a brand new program, giving you the chance to try a different workout in a new location every week.

The next class is July 2, 9-11 a.m.; classes will be held every Wednesday. Each session costs \$10. Call 655-0143.

5 / Saturday

3-Point Shoot Out Contest – The deadline to register for the 3-Point Shoot Out Contest, to be held July 19, 11 a.m., at Aliamanu Military Reservation's (AMR)

Physical Fitness Center, is July 5.

All active duty, adult family members, Department of Defense civilians, National Guardsmen, Army Reservists and retirees are welcome to participate.

Cost is \$5 per person. The top three ballers will receive awards. An organizational meeting will be held July 12, 1 p.m. at AMR fitness center. Call 836-0338 or visit www.mwrarmyhawaii.com to register.

August

10 / Sunday

Military Long Drive Championship

– The Army Leilehua Golf Course will host the Morale, Welfare and Recreation (MWR) Long Drive Championship, Aug. 10, 8 a.m.

This event is an official Long Drivers of America (LDA) qualifier. Visit www.mwrarmyhawaii.com for official rules and registration forms or call 655-4653.

Active duty service members from any branch of service, Reserve and National Guard, and retirees and family members ages 18 years and above with valid military ID cards are eligible to compete.

Locally, prizes will include gift certificates to the pro shop. The top long drive competitor at each of the five geographical zones will win an all-expense paid trip to compete in the military division at the Long Drive Championship in Mesquite, Nev.

The participant who hits the longest



Photo Courtesy of Hawaiian Waters Adventure Park

Catching waves

KAPOLEI — Delori Manus catches a wave on Hawaiian Waters Adventure Park's Da' FlowRider, a simulated wave ride. Read about the park's summer specials, including extended hours and military discounts on page B-2.

qualified drive during the World Long Drive Championship will win \$10,000.

Ongoing

Pool Seasonal Hours – Effective immediately, the AMR and Helemano Military Reservation (HMR) swimming pools

will be operating as seasonal pools.

Both pools will be open for business from Memorial Day through Discoverer's Day (Oct. 13), each year, and will be closed for the remainder of the year.

Richardson Pool on Schofield Barracks and the Tripler Pool will maintain their current hours of operation throughout the year. Call 655-9654 or visit



Send sports announcements to community@hawaiiarmyweekly.com.

28 / Saturday

Hike Oahu – Join the Hawaiian Trail & Mountain Club on a hike through the Paumalu Ridge.

Join us on this leisurely contour trail that starts on Drum Road near the Boy Scout camp in Pupukea. Listen to your coordinator's instructions to avoid missing the trail.

This intermediate hike is 6 miles. Call coordinator Steve Poor at 638-8378.

Save the date for this upcoming hike, too:

- July 6, a 5-mile intermediate hike at Pacific Palisades Valley Ridge.

All hikes begin at 8 a.m., and a \$2 donation is requested of nonmembers. An adult must accompany children under 18. Hikers meet at Iolani Palace, mountainside.

Bring lunch and water on all hikes; wear sturdy shoes, as extra caution may be required on some trails.

Hikers must keep all trails and lunch sites clear of clutter, as well as treat trees and plants with care and respect. Visit www.htmlclub.org.

North Shore Swim Series – The 20th Annual Surf 'n Sea North Shore Swim Series kicks off with the Raging Isle Spring, a 1-mile swim from Sunset Beach to Ehukai Beach Park, June 28, 9 a.m.

The swim is truly a "sprint" as times range from just under 20 minutes for elite swimmers to 45 minutes for the last swimmers to finish.

Save the dates for these upcoming swims, too:

- July 12: Cholo's Waimea Bay Swim
- July 26: Chun's to Waimea Bay Swim
- Aug. 9: Challenge Swim

Each event will be patrolled by life-guards. Swims are electronically timed. Individual event times are combined and series awards are presented to top swimmers in each age category.

Visit www.hawaiiswim.com to download an application.

29 / Sunday

Sprint Triathlon – Pacific Sport Event and Timing will hold its annual Fire Cracker Sprint Triathlon, June 29, 6 a.m., at Nimitz Beach, Kalaeloa in Barbers Point.

The triathlon will include a 500-meter swim, 13-mile bike and 5-kilometer run.

Entry fee is \$70 for individuals, \$105 for teams. Entry forms are available at

www.pacificsportevents.com.

Ongoing

Bike Hawaii – Join Bike Hawaii's professional nature guides and explore Oahu from the rainforest to the reef. Packages include downhill biking, sailing off Waikiki and more. Meals are included.

To schedule adventures, call 734-4214, or toll free 1-877-682-7433. Visit www.bikehawaii.com.

Football League – The Hawaii Athletic League of Scholars (HALOS) is signing up youth players for its upcoming spring football season. HALOS, a no-weight limit tackle football league for ages 9-14, is a nonprofit group that aspires to provide a high-quality experience for kids.

Visit www.myhalos.com, or call 620-8523.

Wrestlers Wanted – Hawaiian Cham-

www.mwrarmyhawaii.com for the full schedule.

Karate Classes – Children ages 5 and older can learn Do Shudokan karate at these physical fitness centers: Aliamanu, Fort Shafter, Helemano or Schofield's Bennett Youth Center.

All youth students must be registered at CYS; cost is \$35 per month. A discount is offered for two or more family members.

Also, adults 18 and older can learn Do Shudokan karate at the Aliamanu Physical Fitness Center, Mondays and Wednesdays, 7-8:30 p.m. Cost is \$40 per month. Call instructor Joseph Bunch at 488-6372 or 265-5476.

Volunteer Coaches – Interested in volunteering to be a Youth Sports coach? Contact your youth sports director today.

Call 836-1923 for AMR, 438-9336 for Fort Shafter/Tripler, 655-6465 for Schofield, or 655-0883 for HMR.

Golf 'Til You Drop – Catch this, all you can golf special, every Thursday at Walter J. Nagorski Golf Course, Fort Shafter. Pay one fee and play as many holes as you want. Call 438-9587.

Discounted Bowling – Beat the heat and your fellow peers. Children 18 and under can bowl for \$1.75 per game until Aug. 28, 2-5 p.m., Monday-Friday. Shoes are included in price. Call 655-0573.

Wrestling seeks new members. Persons should be at least 6-feet tall, weigh 250 pounds or have an above-average muscular build.

Sports background is preferred. Call 676-8107 for more information.

Golfers Wanted – Are you looking for a golf group? Military or civilian golfers interested in playing golf on Sunday mornings at Leilehua Golf Course should call 347-8038 or 375-3322.

Tee time is usually before 8 a.m.

Jazzercise – Combine elements of dance, resistance training, Pilates, yoga, kickboxing and more in exciting programs for all fitness levels at Jazzercise Waikele.

Classes are held Mondays and Wednesdays, 6:30-7:30 p.m., at the Waikele Elementary School cafeteria. Call 674-1083.

SEE COMMUNITY SPORTS, B-7

Garrison sponsors Team Hawaii in Ten-Miler

Six-person team will travel to Washington, D.C., this fall for Army Ten-Miler

Story and Photos by
STEPHANIE RUSH

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIR FIELD – For the upcoming Army Ten-Miler, Oct. 5 in Washington, D.C., Team Army Hawaii has been chosen based on results from the 10-Mile Race Around Wheeler, held here, June 14.

The Army Ten-Miler, the annual race held in the nation's capital attracts more than 26,000 runners and spectators. The celebrated event, produced by the U.S. Army Military District of Washington and the Association of the United States Army (AUSA), starts and ends at the Pentagon, passing national landmarks including the Lincoln Memorial, Washington Monument and the Capitol, is the largest 10-mile race in the United States.

"It's a prestigious event; bragging rights [are up for grabs] between major commands," said Peter Burke, sports specialist and local race coordinator, Family and Morale, Welfare and Recreation (FMWR).

Leading up to the Army Ten-Miler, installations hold qualifiers to create teams. FMWR administered the race here, with help from the Sports Office, Better Opportunities for Single Soldiers, Tropics Recreation Center and Leisure activities staff. The race, the qualifying event for active duty Soldiers wishing to represent Team Army Hawaii, the only team the garrison sponsors and funds.

In previous years, the 25th Infantry Division (ID) conducted the qualifying event and sent a coed team of 28-32 runners. Due to frequent deployments and the separation of the U.S. Army Garrison-Hawaii and 25th ID, FMWR's Sports Office was tasked to conduct the race.

The 10-Mile Race Around Wheeler is the first race FMWR has held. It has since been added to the intramural sport program for 2009, according to Burke.

More than 80 runners showed up for the 10-Mile Race Around Wheeler, circling the race route twice. The race was open to active duty, retired, Reservists and National Guard Soldiers, as well as their adult family members and Department of Defense and Army and Air Force Exchange Service civilians



With a final run time of 1 hour, 18 minutes, 33 seconds, 1st Lt. Kristen Campbell, 3-4th Cavalry Regiment, secured a spot on Team Army Hawaii. The six-person team will travel to Washington, D.C., for the annual Army Ten-Miler, Oct. 5.



Runners gather to see their race results after the 10-Mile Race Around Wheeler, held here, June 14. Top runners were chosen for Team Army Hawaii and will compete in Washington, D.C., Oct. 5.

working on an Army installation.

Only active duty Soldiers were eligible to make Team Army Hawaii. Members were chosen by their finishing time.

Team Army Hawaii

- 1st Lt. Kelly Calway, 500th MI Brigade
- 1st Lt. Kristen Campbell, 3-4th Cavalry Regiment
- Capt. Shawn Dodge, 311th Signal Command (Theater)
- 1st Lt. Jeffrey Glick, 84th Engineer Battalion - Construction Effects
- Staff Sgt. Daniel Lopez-Bonaglia, Tripler Army Medical Center
- 2nd Lt. Daniel O'Connor, 325th Brigade Support Battalion

(Editor's Note: 2nd Lt. Raymond Kuderka, 2-27th Infantry Regiment, originally made the team but will be attending Ranger School during the race. O'Connor is taking his place.)

Capt. Shawn Dodge, 311th Signal Command (Theater), is the team captain. This is the third Army Ten-Miler for Dodge, who also coached the Fort Lewis team in 2006 and 2007.

"The job entails training the team, preparing the team for travel, ensuring that everyone is improving, modifying workouts for different abilities, and main-

taining a positive presence within the Army's running community," Dodge said.

Training for the race will begin in July with four weekly workouts, including a speed workout, a hill or endurance workout, an 8-10 mile run and a longer, 12-plus mile run, according to Dodge.

"The goal is to peak for the event in October at the right time and not over train too early," said Dodge.

Dodge is excited for the race and the chance to represent Hawaii. He believes the Army Ten-Miler is a great event that showcases the end result of months of training.

"Fitness is imperative in life...and in this case, the team is being rewarded with a trip to D.C.," Dodge said.

Even though running is not a team sport in the general sense, Dodge believes it's imperative to train as a team.

"The extra motivation and camaraderie associated with training with others can not be matched training alone," explained Dodge. "When one runner is down or not feeling strong, the rest of the team can pick him/her up and get them through the workout."

"The only way to get faster is to train and run with faster runners; there is no substitute."

Community Sports

From B-6

Waikale Wrestlers – The Waikale Athletic Club holds wrestling classes for children and adults. Cost is \$45 per student. Call 671-7169.

TOPS – The Take Off Pounds Sensibly (TOPS) support group meets every Thursday evening at the Armed Services YMCA. Join others to share weight loss tips, discuss concerns and provide encouragement to each other.

Call Cheryl at 696-4423 for more information.

Escrima Classes – Pedoy's School of Escrima, the Filipino art of self-defense, holds classes every Tuesday, Thursday and Sunday at its training center in Waipio.

Sessions cover hand-to-hand fighting, weapons, grappling, boxing and kicking. Call 678-2438 or 216-3211.

Eskrima classes for men, women and children of all ages are also held at Mililani Elementary School.

Develop character and self-confidence during a Wednesday class, 6:30-7:30 p.m., or Saturday class, 9:30-10:30 a.m. Call 398-0119.

Girls' Basketball – The Hawaii Strikers Club team is comprised of skilled players who have a passion for basketball and can perform as a member of a cohesive team.

The selection process is very competitive and requires each player to be a well-rounded individual who performs at a high academic level, exhibits superior sportsmanship qualities, and displays a positive attitude and a respectful and coachable demeanor at all times.

The Strikers are currently participating in weekly National Junior Basketball League of Honolulu games. Practices are conducted three days a week at various locations in the Central Oahu area.

Contact Coach Thompson at 381-7722 or hawaiiastrikers@yahoo.com or visit www.hawaiiastrikersbasketball.com for more information.