

INSIDE

Chairman, JCS, addresses spouses

Highest-ranking U.S. military leader tells why he made decision to extend troops

AIKO BRUM
Chief, Command Information

For more than an hour, the Chairman of the Joint Chiefs of Staff, Marine Gen. Peter Pace, responded to questions fielded from an audience of about 200 Army spouses here, Tuesday at the Sgt. Smith Theater.

Pace explained that he stopped in Hawaii to personally thank the 25th Infantry Division (ID) spouses for the way they serve their country and to give them face-to-face reasons why he extended deployments in Iraq.

The four-star general said the commanders on the ground were well on their way to training 328,000 Iraqi Army and police, back in January/February 2006, which would have allowed reduction in the number of deployed brigades. However, by June 2006, Gen. George W. Casey Jr., then commander, Multi-National Force-Iraq (now Chief of Staff of the Army), said reduction was not possible based on increased violence following the Samarra Mosque bombing.

In fact, Casey requested an increased troop strength in Iraq. To sustain current deployment requirements around the world, both the

Marine Corps and Army are now increasing their numbers. Currently, the Army is adding 65,000 Soldiers, about 7,000 per year.

Yet, desired end strength takes years to achieve, Pace explained. It's on the horizon, not the near term. Therefore, though troops were previously deployed "one year over and one year back," the "plus-up" plan required extending tours to 15 months over and 12 months back to "make the math [the number of brigades] work," he said.

Four Soldiers seated in the front row of the theater — Pfc. Daniel Tierney, Cpl. Corey O'Connor, Spc. Bronson Higashi and Spc. Gerardo Rivera — are intimately aware of the conditions in Iraq. They are back home, at least on American soil, due to wounds suffered in Operation Iraqi Freedom.

Pace moved directly in front of them and said, "We owe you a great deal."

He continued, "Some folks talk about you like you're somehow victims." Pausing, and then looking the Soldiers intently in the eyes, Pace said, "You're heroes."

The audience affirmed by extending rolling applause.

"The fact of the matter is," Pace went on, addressing all Soldiers in the audience, "especially those of you here on your first enlistment, you knew that your nation was at war, and you volunteered to serve. Those of you who are on your subsequent enlistments have done so in-

side an environment of an ongoing conflict."

He commended the wounded Soldiers and the active duty, Guard and Reserve service members who willingly stand up, serve and sacrifice for the nation.

Pace then invited the spouses to ask questions without fear of whether their concerns would embarrass him or hurt his feelings.

Spouses pose questions

Among concerns, Julie Pendolino wanted to know more about deployment cycles.

Pace said, "We go at the best cycle for active duty interests." He said one year over and two back is what he'd like to set, but breaking down "the math," the number of available air and ground brigades in Iraq, Afghanistan, Kosovo and Korea that are needed to sustain operational tempo provides a challenge.

He acknowledged, "We know that we need to find a way to ... reduce our worldwide commitments."

"We have been here three-and-a-half years, and my husband has been deployed twice," said Tina Hammel. She wanted to understand why some Soldiers



Pfc. Jason Lang | 1-14th Infantry Regiment

The Chairman of the Joint Chiefs of Staff, Marine Gen. Peter Pace, addresses an audience of mostly spouses at a Schofield Barracks town hall meeting, Tuesday.

SEE JCS, A-4



Vibrant heritage

From forward operating bases to Fort Shafter, Soldiers celebrate Asian-Pacific Heritage Month

A-3

Back in time

Soldiers and family members are invited to submit letters to future generations via a time capsule that will be sealed during Fort Shafter's 100th anniversary celebration, June 22. See News Briefs, page A-5.

It's a zoo

The United Service Organizations & the City and County of Honolulu conclude Military Appreciation Month with a free day at the zoo

B-1



Flag Day facts

Think you've got a handle on history? Take the Hawaii Army Weekly's Flag Day quiz and see if you're a buff or just need to buff up

B-3

This issue

- Lightning Spirit **A-2**
- Deployed Forces **A-3**
- News Briefs **A-5**
- MWR **B-2**
- Sports & Fitness **B-7**

Big Island's Saddle Road section opens

Story and Photos by
JOHN REESE

U.S. Army Garrison, Hawaii, Public Affairs

POHAKULOA TRAINING AREA, Hawaii — Blessed by a tree planting ceremony and a garland ribbon gently unwrapped under a blue sky by Hawaii's senior senator, about 300 invitees attended the dedication of a 6.5-mile segment of the Big Island's Ala Mauna Saddle Road here, May 29.

"This project will provide a better road structure for vehicles to come up, military as well as civilian vehicles, as we share the road," said Lt. Col. Kimberly Rapacz, commander, Pohakuloa Training Area (PTA).

Sen. Daniel Inouye and Hawaiian cultural and historical guru Danny Kaniela Akaka, Jr., son of the state's junior senator, spoke before joining together to plant indigenous trees and make an offering of water to the Hawaiian gods.

"The Army naturally played a major role in the development of the Saddle Road, because an important element in the justification of this highway to use federal funds was the location of Pohakuloa," said Inouye. The Army contributed \$60 million to the Saddle Road project.

Inouye, who is the third-longest serving member of the U.S. Senate, received the



Lending a hand, Sen. Daniel Inouye, right, assists as the garland ribbon is unwound by Danny Akaka, Jr., left, to officially open the 6.5-mile segment of Saddle Road, at Pohakuloa Training Area on the Big Island, May 29.

Medal of Honor for his actions as an Army second lieutenant leading his platoon in Italy during World War II.

"Pohakuloa is a major training site for the troops in the island chain," he said. The dedicated section is part of a much

larger project begun in the early 1990s to make the road up-to-date by modern standards. Construction on the new segment, which is close to the garrison at

SEE SADDLE ROAD, A-7

Post changes child policy

Parents may be committing child neglect with inadequate supervision of kids under 10

FLOYD DAVISON

Army Community Service Family Advocacy Program

The Army community in Hawaii has experienced several problems involving the care of children. One high-risk example involved a case where children were left alone for weeks and even months without adult supervision. Both parents were absent and a teen-aged child was left to care for younger siblings.

In response to these and other issues, the guidelines for child supervision on post have changed.

The child supervision policy was simplified into a two-page document that could easily be understood by families and police officers called upon to interpret the conditions they find when visiting family quarters, playgrounds, bus stops and places children are found.

SEE CHILD CARE, A-6

Corps of Engineers and DPW net honors, proclamation

DINO BUCHANAN

U.S. Army Corps of Engineers, Honolulu, Public Affairs

HONOLULU — Five Pacific Ocean Division and Honolulu District employees and the Statewide Dam Visual Conditions Survey team received awards recognizing their exemplary work and leadership during the annual Honolulu-Pacific Federal Executive Board (FEB) Excellence in Federal Government Awards Luncheon at the Sheraton Waikiki, May 31.

The evening marked the largest gathering of federal employees — almost 1,300 — since the event's inception 51 years ago.

"[The employees] represent excellence in work ethic and leadership within our division," said Honolulu District Commander Lt. Col. Charles H. Klinge. "They are leading our work force to excellence in every facet of our work."

With 28 federal executive boards in the U.S., the Honolulu-Pacific FEB represents 96 federal agencies, totaling 70,000 civilian and military personnel in the Pacific region. The annual awards ceremony honors employees and organizations whose achievements are documented as "best practices" within their commands. Award winners are presented plaques and announced in seven individual and one team category.

During the ceremony, City and County of Honolulu Mayor Mufi Hannemann presented a city proclamation announcing May 31 as Federal Executive Board Day. Keynote speaker Edward Kubo, chair, FEB Policy Committee and U.S. Attorney, District of Hawaii, told the

U.S. Army Corps of Engineers 2007 Honolulu-Pacific FEB Award Winners

- Team Excellence: Statewide Dam Visual Conditions Survey, Honolulu District
- Federal Supervisor/Manager of the Year: Andrew Kohashi, Honolulu District
- Federal Employee of the Year-Professional, Administrative, Technical: David Wong, Honolulu District
- Federal Employee of the Year-Clerical and Assistant: Myran Higa, Honolulu District
- Federal Employee of the Year-Trades and Crafts: Kenneth Santiago, Honolulu District
- Leader, Mentor, and Coach of the Year: Frank Oliva, Pacific Ocean Division

gathering that the outstanding work federal employees do every day makes a difference in the way the government makes decisions.

In her remarks FEB Executive Director Gail Uyehara stated the importance of visibility of the federal workers to the public.

"We need to have more visibility with the public and the media to show the great work you all do," Uyehara said. "The future of the government starts with you — the best leaders and mentors the federal service has to offer. Your knowledge, vision and mentorship will pave the way for the next generation of federal workers."

DPW dominates 2007 awards with wins in 7 of 8 categories

DEBORAH WYLLIE

U.S. Army Garrison, Hawaii, Directorate of Public Works

HONOLULU — Installation Management Command (IMCOM)-Pacific, U.S. Army Garrison, Hawaii, Directorate of Public Works (DPW) took home an overwhelming seven out of eight categories at the 2007 Excellence in Federal Government Awards Luncheon, May 31, at the Sheraton Waikiki. City and County of Honolulu Mayor Mufi Hanneman offered his congratulations to the 168 award recipients.

DPW was recognized as Federal Employer of Choice for implementing an Employee and Team of the Quarter and Year Program, Annual Take Your Child to Work Program, Leadership Development Program, and open communication within its workforce. DPW was also recognized for installing a Work/Life Program focused on physical exercise, employee health, and activities such as jogging, volleyball, hula and ukulele.

The Work/Life Program seeks to develop and maintain optimal employee effectiveness and job performance through increased fitness and health; reduce lost work time from illness, disability, or job dissatisfaction; increase the ability to absorb emotional and physical stress, increase mental alertness and reduce tension; and promote moral and personal well-being by supporting the health and fitness of individuals.

The awards luncheon marked the 51st gathering of federal employees to recognize agencies' best practices and excellence in leadership.

IMCOM-Pacific Agency Winners

- Federal Employer of Choice: Directorate of Public Works (DPW), U.S. Army Garrison, Hawaii (USAG-HI)
- Team Excellence: Utilities Shop, USAG-HI DPW

IMCOM-Pacific Federal Employee of the Year Winners

- Federal Supervisor/Manager of the Year: William "Bill" Pugh, USAG-Alaska
- Professional, Administrative, and Technical: David McBride, USAG-HI, DPW
- Clerical and Assistant: Mavis Takai, USAG-HI, DPW
- Trades and Crafts: Mauro Manzano, USAG-HI, DPW
- Outstanding Leader, Mentor and Coach of the Year: Rhonda Suzuki, USAG-HI, DPW
- Exceptional Community Service: David Lee, USAG-HI, DPW



Upcoming changes in command

The 25th Infantry Division and U.S. Army Garrison, Hawaii, community is invited to attend several changes of command ceremonies taking place in June and July.

The change of command ceremony is a time-honored tradition that formally symbolizes the continuity of authority when a command is passed from one commander to another.

Local ceremonies will be preceded by an awards ceremony, 30 minutes prior to the change of command ceremony. Point of contact for more details is Sgt. Maj. Robert Pittman, 655-0283 (unless otherwise noted).

The following ceremonies will be held at Sills Field, Schofield Barracks, unless otherwise noted.

- Today, 2 p.m., 30th Signal Battalion. Lt. Col. Darryl Shaw will pass command to Lt. Col. Joseph Dworaczek. (RSVP at 655-9321/8057.)

- June 13, 10 a.m., 728th Military Police Battalion. Lt. Col. Douglas Ingros will pass command to Lt. Col. Brian Bisacre.

- June 15, 2 p.m., Special Troops Battalion. Lt. Gen. John M. Brown III will host the activation ceremony at Palm Circle, Fort Shafter.

- June 19, 11 a.m., Flying V ceremony for the incoming Installation Management Command-Pacific director, Ms. Debra Zedalis, at Palm Circle, Fort Shafter.

- June 20, 11 a.m., 84th Engineer Company. Lt. Col. R. Mark Toy passes command to Lt. Col. Nicholas W. Katers. (POC is Master Sgt. Daniel Harr, 655-9537.)

- June 23, 2 p.m., 29th Infantry Brigade Combat Team. Brig. Gen. Joseph J. Chaves passes command to Col. Bruce E. Oliveira.

- June 27, 10 a.m., U.S. Army Garrison, Hawaii. Col. Howard J. Killian passes command to Col. Matthew Margotta. (POC is Ms. Bev Shintaku, 655-4356.)

General works to dispel Iraq myths

SGT. SARA WOOD
Army News Service

WASHINGTON — A U.S. general serving with Multinational Force Iraq recently took time out of his mid-deployment leave to let the American public know that the situation in Iraq is different from what they might think.

Brig. Gen. Steven Anderson, deputy chief of staff for resources and sustainment, spoke May 30 with representatives of veterans service organizations, outlining a speech he gave earlier at James Madison University about what he believes are 10 myths about the conflict in Iraq.

"There are some signs that our new strategy is working," Anderson said in a teleconference from Baghdad. "It's going to be a long, hot summer, and it won't be really until the end of it that we'll be able to evaluate it. There is plenty of opportunity, and plenty of reason to be cautiously optimistic about what's going on over there."

The 10 myths

- 1- The war in Iraq is about oil.
- 2- The U.S. is fighting alone in Iraq.
- 3- Iraq is engulfed in a full-scale civil war.
- 4- The Iraqis were better off under Saddam Hussein than under the new government.
- 5- The Iraqi government is ineffective.
- 6- Economic development is non-existent in Iraq.
- 7- Contractors cost the U.S. government too much money.
- 8- U.S. troops aren't properly equipped.
- 9- Morale is low among U.S. troops.
- 10- The U.S. has lost in Iraq.

None of these myths are true, Anderson said, and the situation in Iraq is much better than is often reported here.

The war in Iraq is essentially a fight against religious extremists, and while oil is an important element in the situation, it is not the key element.

"It is essentially about freedom and peace and democracy, in my opinion," he said.

The U.S. is not alone in the fight, Anderson said. About 32 countries are contributing troops, and about 40 countries are providing contractors and logistics support.

"It's truly a coalition of many nations, and all of them are committed equally to helping the Iraqis build their security forces ... and empower the Iraqis to eventually take control and secure their nation," he said.

While violence levels in Iraq still are unacceptable, the situation is not a full-scale civil war, Anderson said. The fight involves religious extremists on the fringe and does not involve large-scale force-on-force combat.

The existence in Iraq of free speech, a free press and a democratically elected government are all signs that the Iraqi people are better off now than they were under Saddam, he continued.

In addition, major improvements in the



Spc. Brian T. Bucy | Task Force Lightning Public Affairs

Valor on display

CAMP VICTORY, Iraq — Commander, Multinational Division-North and the 25th Infantry Division, Maj. Gen. Benjamin R. Mixon, awarded the Army Commendation Medal with Valor to (left to right) Spc. Tryrail Fackrell, Spc. Michael Rowlette, Chief Warrant Officer 2 Leo Basile and Chief Warrant Officer 3 Christopher Madden, all of the 25th Combat Aviation Brigade, for their acts of bravery while rescuing comrades from a downed aircraft, May 28.

country's infrastructure have improved the people's quality of life, he said. Sewer, water, trash and electricity services all are improving, and the coalition has built almost 1,000 schools, renovated 97 railway stations, built 51 primary health-care centers and renovated 32 hospitals.

The Iraqi government does have room for improvement, but it is still a young democracy, and it has made significant progress since its inception, Anderson said. Four of Iraq's 18 provinces are now completely under provincial-government control for security, and their ability to provide services to the people is improving.

The signs of economic progress in Iraq are very encouraging, Anderson said. The Iraqi economy has cut inflation in half; the gross domestic product increased 40 percent in 2006 and is projected to grow more in 2007; the per capita income has doubled; and the economy is getting foreign investments.

General says there are reasons to be cautiously optimistic about progress in Iraq

"One need only to go to a place like Irbil, up north in Kurdistan, to see [what's] possible — an Iraqi city that is vibrant, has high employment and a flourishing economy," Anderson said. "It's almost like walking down the streets of a typical European city, with restaurants and shops and car dealerships. It's a thriving place, and I believe that is a demonstration of what is possible hopefully in the very, very near term."

Contractors are valuable contributors to the coalition mission in Iraq and have actually increased their services while reducing costs over the years, Anderson said. In addition, contractors, many of whom are from countries

besides the U.S., risk their lives every day alongside coalition troops, he said.

Although the enemy is adaptive and constantly changes tactics to defeat U.S. defenses, U.S. troops are extremely well outfitted and receive the latest technologies to protect them, Anderson said. Body armor is provided to every troop who deploys, and vehicle armor is constantly upgraded as technologies become available, he said.

Retention rates among deployed troops prove that morale is high. The troops know that many Americans don't support the war, but they continue to see the outpouring of support for those who fight, he said.

"This new generation of kids is unbelievable, and I think they are representing Americans extremely well," he said. "They're disciplined and compassionate; they don't pull the trigger indiscriminately; and they go ... overboard to protect citizens and respect Islamic culture."

The new operational strategy for Iraq is still in the initial stages, but there are encouraging signs already, Anderson said. Coalition and Iraqi forces will, for the first time, have enough troops to secure areas of Baghdad after clearing them of insurgents.

More Soldiers in an area does mean more opportunities for conflict with the enemy, so leaders expect the situation will get worse before it gets better, but they believe the new strategy can work, he said.

"We understand that the military cannot win the war [on its own], but we're certainly not losing it," he said. "We can only help set the conditions for a political solution."

"We understand that this is the defining international event of our time. ... We must win this struggle and that we must prevail, and I'm optimistic that the opportunity still exists in order to do that."

(Editor's Note: Sgt. Sara Wood writes for the American Forces Press Service.)

LIGHTNING SPIRIT

Moral courage, people of conviction still needed today

CHAPLAIN (LT. COL.) MARSHALL H. PETERSON
8th Military Police Brigade

Webster's Dictionary defines courage as the willingness to face danger, difficulty or pain. Courage is fearlessness or bravery.

Socrates called courage the endurance of the soul. Yet, courage is no common quality today.

Andrew Jackson said, "One man with courage makes a majority."

We live in a day of moral compromise and conformity to society's shifting values — an age lacking moral courage. But history records ordinary people who have made an extraordinary difference because they possessed moral courage.

In William Wilberforce's day (1759-1833), the British Empire possessed great power and wealth built upon her industry, worldwide trade, and the slave trade.

Wilberforce stood 5-feet tall; he was quite homely in appearance. Wealthy and educated, he enjoyed all the advantages of his status.

Winning a seat in Parliament at 21, he possessed great oratory and political savvy. His future seemed assured, but Wilberforce chose another path.

In 1785, John Wesley, the founder of Methodism, convinced Wilberforce of the truth of the Gospel (God clothed himself in human flesh dying for our sin on the cross). The Gospel changed Wilberforce's life. It demanded that he confront the slave trade. He could not stand by, compromise, or remain indifferent to Britain's slave trade.

In 1787, supported by a few friends, Wilberforce launched his attack against the slave trade and the political and economic power protecting it. In Parliament, year after year,

he attacked the moral corruption, degradation and wickedness of the slave trade.

He said, "Never, never will we desist till we ... extinguish every trace of this bloody traffic ... that has been suffered to exist so long as a disgrace and dishonor to this country."

Amid the battle, Wesley wrote him.

"Unless God has raised you up for this very thing, you will be worn out by the opposition of men and devils. But if God be for you, who can be against you?" Wesley wrote. "O be not weary in well doing! Go on, in the Name of God, and in the power of His might, till even American slavery (the vilest that ever saw the sun) shall vanish away before it."

Wilberforce courageously opposed those whose power and influence was built on the blood of slaves. He endured character-vicious opposition, defamation and setback after setback.

He fought on for more than two decades with the heart of a lion, until at last, his health broke.

Finally, a world empire — its wealthy, powerful politicians — bowed before Wilberforce. In 1807, Britain ended the slave trade, but slaves were still owned.

Trade continued abroad. Wilberforce now fought to free those still enslaved. He established an organization promoting emancipation. His friends fought with him.

July 29, 1833, Wilberforce died in London, one month before Britain's Emancipation Bill passed. Wilberforce's life crusade had been accomplished.

Our nation needs Wilberforces today — those willing to

stand against moral indifference, against compromise with injustice, and against evil in a world which no longer chooses to see right and wrong.

The prophet Isaiah said, "Loose the bonds of wickedness ... let the oppressed go free ... divide your bread with the hungry, bring the homeless poor into the house; when you see the naked, cover him ... Then your light will break out like the dawn ... and your righteousness will go before you."

Who will speak up today? We need to be people whose moral courage earns an enduring name. Today, we need people of conviction, who stand for the dignity of life, respect for others, and the rights of the defenseless: the unborn, the Downs Syndrome child, the elderly, the Alzheimer's patient, the poor, the orphaned, the stranger, the mosquito-winged private, or the lieutenant enduring daily, verbal harassment.

The nation heaven blesses is a people whose God is the Lord, a nation that stands up for the bullied, the defenseless, the downtrodden, the abused and the dispossessed.

The Old Testament prophet Micah speaks to our generation saying, "What does the Lord require of you, O man, but to do what is just and right, to love mercy and to walk humbly with your God." This is genuine righteousness.

Be a person of courage and integrity. Our nation desperately needs you now. One person of courage can make a difference when the world around us tells us to go along with indifferent or corrupt attitudes towards the powerless, those without a voice.

*"One person with courage makes a majority."
(Editor's Note: The recently released film "Amazing Grace" is about Wilberforce's life.)*



Peterson

205 days since last fatal accident

Soldiers, remember to think safety in everything you do.

The two division training holidays will be awarded today and June 22 for 200 consecutive days with no accidental fatalities. Current as of 6/6/07.

Voices of Lightning: How do you define patriotism?"



"Supporting each other and our country in times of need."

Spc. Roshia Everett
94th AAMDC
Supply Specialist



"Doing what is right to keep up the values of your country."

Spc. Justin Hayes
205th MI Bn
Command Driver



"Fighting for your country."

Brittany Lee
Family Member



"Serving your country."

Pfc. Alondo Sowell
70th Eng. Bn
Reproduction Analyst



"Serving and being loyal to your country."

Sgt. Aundre Thomas
70th Eng. Bn
Nuclear, Biological, Chemical NCO

25th CAB experiences island culture while deployed in Iraq

OIF

Story and Photo by
SPC. BRYANNA POULIN
25th Combat Aviation Brigade Public Affairs

TIKRIT, Iraq — As the sun set in the Iraqi sky and the island version of “Over the Rainbow” played in the background, Soldiers at Contingency Operating Base Speicher gathered for a small taste of what the Pacific Islands have to offer.

Although Iraq’s only resemblance to an island is its massive amount of sand, that did not stop a group of Asian-Pacific Islanders from celebrating their culture with Soldiers here, May 20.

“The monthly celebration is important to Asian and Pacific Islanders because it’s our connection home ... so we don’t forget who we are,” said Maj. Makalena Shibata, deputy, human resources, 25th Infantry Division (ID), and a Hawaii resident who danced and played the ukulele for the event. “Remembering who we are is important, especially in a deployed environment.”

On October 5, 1978, President Jimmy Carter signed a Joint Resolution designating the annual celebration of Asian-Pacific Heritage week. The tradition was expanded in May 1990, when President George H. W. Bush designated May as Asian-Pacific American Heritage Month, to commemorate the arrival of the first Japanese immigrants to the United States.

The festivities at COB Speicher, sponsored by 25th ID Equal Opportunity and 25th Combat Aviation Brigade, kicked off with Soldiers performing traditional Hawaiian dances, in a luau-type atmosphere, complete with palm trees, lei and tables donned with coconut-style glasses.

“A luau is a party within a party,” said Master Sgt. James S. Young, 25th ID equal opportunity advisor. “People tell their story through a dance and act them out on stage.”

Yet, a luau would not be complete without the abundance of island cuisine, which was provided by the 25th’s dining facility (DFAC) and included items such as egg rolls and shish kebobs.

“Food is a tradition for any island luau,” Young said. “We had the DFAC prepare 250 servings of ethnic foods ... and people devoured it within 20 minutes.”

While not all performers were Asian or Pacific Islanders, Shibata, who is of Hawaiian and Asian descent, believes that it’s essential to share her culture with others and involve everyone from different races and ethnicities.

“Making flower lei, dancing and eating together are some of the ways we celebrate our heritage and like to share it with other groups,” she said. “People might not realize that we have a lot of culture and history.”

EO regularly holds events to celebrate diverse cultures — the sacrifice, commitments and contributions that other civilizations have brought to America, said Young.

With a lei dangling around her neck and a ukulele in her hand, Shibata said, “The willingness ... Soldiers have in sharing their culture with others is really the most significant factor tonight.”

Topping the luau off under the moonlight, 25th CAB’s island dancers pulled audience members on stage and they all participated in one final dance, proving that even in a deployed environment 25th CAB can relish some island lifestyle.



Pfc. Joseph Faamausili, a Soldier with Headquarters and Headquarters Company, 169th Fires Brigade, performs a “haka,” which is a war dance performed by Maori men of New Zealand. Faamausili taught other Soldiers this dance during the 25th Infantry Division Equal Opportunity and 25th Combat Aviation Brigade luau.



Brig. Gen. John E. Seward (right) breaks a board held by Staff Sgt. John O. Triplin with a front punch. Grand Master Jhoon Rhee presented Seward with a certificate recognizing him as a second degree black belt.

Fort Shafter celebrates Asian-Pacific Month

Story and Photo by
MAJ. RICHARD A. STEBBINS
94th Army Air and Missile Defense Command Public Affairs

FORT SHAFTER — A ceremony commemorating Asian-Pacific American Heritage Month was held at the 9th Regional Readiness Command, May 24, to honor the many nations within the Pacific region.

The celebration, sponsored by the U.S. Army Pacific Equal Opportunity Team, featured food, music and dance performances representing several different cultures.

The guest speaker, Grand Master Jhoon Rhee, who is best known as the father of American Tae Kwon Do, asked the crowd to take part in a traditional welcome ceremony, which included a display of Maori culture by the group Te Wananga.

Following the performance and blessing of the feast set before them, all were invited to sample many different types of foods representing various cultures, while listening to soft sounds from some Koto musicians.

Other cultural performances included Chinese Lion dancing. Te Wananga showcased many different Polynesian dances, and the Funtastics from Lina-puni Elementary School dazzled the crowd with their exceptional singing and dancing ability.

“The Funtastics were so cute; they did an amazing job. I was very impressed by them,” said spectator Debra Stebbins.

Rhee shared his philosophy about gaining wisdom, yet staying young at

heart. Set a life goal of 100 years of wisdom in a body of a 21-year-old, he said; never stop learning and never let yourself get old.

Rhee ended the ceremony with a unique demonstration of speed and skill. He broke two boards (held by an audience member) with his bare hands.

“There are three basic human qualities: knowledge in the mind, honesty in the heart, and strength in the body. When you have all three, you can overcome any obstacle,” said Rhee, a 75-year-old native of South Korea who holds a 10th degree black belt, according to his biography.

As one of the world’s leading experts on martial arts he introduced the sport of Tae Kwon Do to America in 1956. Bruce Lee and Muhammad Ali were two of his students.

The day prior to the Asian-Pacific American Heritage celebration two members of the 94th Army Air and Missile Defense Command were recognized for their martial arts skill by the grand master. Brig. Gen. John E. Seward, commanding general, and Capt. Jasmin Cho, secretary of the general staff, received certificates of achievement decreeing each with black belt status by Rhee.

As a demonstration of their skills, both broke boards. Seward is officially a second-degree black belt, and Cho a first-degree black belt.

“I am very proud to have achieved this, and it makes it extra special that Grand Master Rhee was here for it,” said Cho.

JCS: 25th ID spouses get answers directly from general

CONTINUED FROM A-1

who perform the same job as her husband have never been deployed.

Pace explained, "Unfortunately, we don't have the systems that precisely track ... how many times Pfc. Pace has been deployed versus Pfc. Smith. ...That's not an excuse, that's just a statement of fact," he said. The services, however, are aptly able to track when units have successively deployed, and the Army is working to correct the Soldier-specific problem.

"Lessons learned" from the Guard and Reserve, he cautioned, prove that teamwork, camaraderie, effectiveness and security in battle are impacted when individual Soldiers are deployed, rather than training and deploying entire units as a whole.

Susan Meyerowich, family readiness group leader for 2-27th Infantry Regiment, 3rd Infantry Brigade Combat Team, was concerned about the U.S. political climate.

"How is that going to effect equipment and the safety of our guys over there?" she asked.

Pace said, emphatically, "I will never ever let any unit deploy that is not fully manned, trained, and equipped and certified by the [commanders] responsible for certifying them. That's one of the reasons why we went to 15-month deployments," he said.

Congressional members with whom Pace has talked, regardless of their beliefs on a near-term troop pullout, he said, have stated they will provide funding for deployed forces – though their funding may not be on the military timeline, Pace explained.

"I will tell you, Congress knows, almost to the day, when the money runs out."

Other spouses were concerned about deployment-related issues: Pam Tomson about programs that sustain families through a deployment, Lisa Carpenter and Kim Landrum about Soldier rest and recuperation (R&R).

Holly Bednarek, spouse of the (deployed) deputy commanding general, operations, 25th ID, responded. She explained the wealth of programs – some underused – available for families.

Pace said legislation governs some R&R leave, but he will take a look at new concepts.

"Why is the Army the only service that



Pfc. Jason Lang | 1-14th Infantry Regiment

Above, at left, Jeremiah Daul, 13, asks Marine Gen. Peter Pace, chairman, Joint Chiefs of Staff, "Are you able to tell us a maximum amount of time that they're [Soldiers] going to be over there?" during the town hall meeting held at Sgt. Smith Theater, Schofield Barracks, Tuesday.



Pfc. Jason Lang | 1-14th Infantry Regiment

At right, Kim Landrum, asks the general for more creative solutions for Soldier rest and recuperation, "R&R."



needs to use stop loss?" asked Sgt. Anthony Aikman of 3-7th Field Artillery Regiment.

Pace answered, about 12,000 Soldiers are indeed impacted; however, the Secretary of Defense has told the Army to curtail the need for stop loss as quickly as possible.

In response to a question about exten-

sions from Sarah Alexander, the general emphasized, "I cannot ... I would not stand in front of you as chairman of the Joint Chiefs of Staff and guarantee you that 90 days is 90 days. If something were to pop in the Pacific tomorrow, that 90 days would no longer be 90 days."

With tenderness, he continued, "I can't promise you things of which I have no control. But I understand you asking that question."

Siblings Jeremiah, 13, and Katherina Daul, 8, did not pass up the opportunity to question the U.S. military's top leader. To thunderous applause, Jeremiah suggested R&R for Soldiers and families at a Germany resort, and Pace said he liked the idea.

Jeremiah then asked, "Are you able to



Aiko Brum | U.S. Army Garrison, Hawaii, Public Affairs

Col. Timothy Ryan, left, 25th Infantry Division rear detachment commander, introduces the four Soldiers who were wounded in Operation Iraqi Freedom to the Chairman of the Joint Chiefs of Staff, Marine Col. Peter Pace, at Tuesday's town hall meeting.

tell us a maximum amount of time that they're going to be over there?" Similarly, his sister asked, "Why do Soldiers have to deploy so long?"

Acknowledging that his dad would be proud of his candor, Pace answered Jeremiah: "I cannot guarantee you anything," he repeated. "I could tell you something you would want to hear, but that would not be true."

He said to Katherina, "As much as your daddy would prefer to be here, right now, hugging you, he wants to make sure that you get to grow up in the same United

States that he got to grow up in. But there are bad people out there that want to change that," he said.

In addition to answering questions during the town hall, Gen. Pace wrapped up his visit with an unexpected treat. Positioned at the rear of the theater, he personally greeted a single file line of spouses, Soldiers and civilians.

He shook their hands, extended personal thanks as they filed by, posed for numerous photographs, and provided each a keepsake: a Chairman of the Joint Chiefs of Staff collectible coin.

News Briefs

Send calendar announcements to community@hawaiiarmyweekly.com.

9 / Saturday

Army Ball — Celebrate the Army's 232nd birthday, Saturday, June 9, at the Hilton Hawaiian Village Hotel from 6 p.m. to midnight. Attire is formal and tickets costs \$55 per person. Contact your command sergeant, unit representative or Marjorie Barrell at 438-9761 for details.

12 / Tuesday

Health Care Consumer — This quarter's Health Care Consumer Meeting will be held June 12 from 10:30 a.m.- noon in Tripler's Kyser Auditorium. Participants will discuss Tricare online improvements and changes to third party insurance collection processes, in addition to other topics. Call Rachel Seybold at 433-8504.

13 / Wednesday

Family Night Dinner — The K-Quad Dining Facility is having a Family Night Dinner, to show support and appreciation to family members of the 8th Theater Sustainment Command, June 13 from 4:30-6:30 p.m. For more details, contact Sgt. 1st Class Kal Shibata, 655-6194 or 655- 6950.

15 / Friday

USARPAC's Time Capsule Submissions — If you could leave a message about today's Army for Soldiers 100 years from now, what would you say? Soldiers and family members are invited to submit letters to be included in a time capsule that will be sealed during Fort Shafter's 100th anniversary celebration, June 22.

Soldiers and family members are invited to e-mail or fax their letters to U.S. Army, Pacific (USARPAC) historian David Hilkert (david.hilkert@us.army.mil, fax 438-6354), no later than Friday, June 15. Letters should not exceed 500 words, and should include the submitter's full name, unit of assignment, rank or grade, duty station, organizational unit, telephone number and e-mail address.

Family members should include their sponsor's information as well.

17 / Sunday

Best Rangers on Military Channel — Tune in as the Military Channel takes viewers behind the scenes of one of the world's most grueling physical competitions — the U.S. Army's Best Ranger Competition.

Root for homegrown 25th Infantry Division Soldiers Capt. Andrew Farina and David Uthlaut as they compete head-to-head against elite real-life warriors and world-class athletes.

The Military Channel premieres the one-hour special "Best Ranger 2007," Sunday, June 17, at 10 p.m., Eastern Standard Time.

19 / Tuesday

Oahu North Town Hall — Let your voice be heard at the bi-monthly Oahu North Town Hall meeting Tuesday, June 19, at 6:30 p.m. at Schofield Barracks' Sgt. Smith Theater.

22 / Friday

USARPAC Centennial Dedication Ceremony — The premier event commemorating Fort Shafter's centennial will be held June 22 from 5 a.m.-5 p.m. The day's events will begin with the Perry and Price Morning Radio show broadcasting from the Hale Ikena that morning. Food booths, static displays, reenactors, keiki activities, and other activities will begin at 9 a.m. on the Palm Circle Parade Field. A dedication ceremony designating Fort Shafter as a National Historic site will be conducted from

Army introduces brand new enlistment bonus

Recruits can receive up to \$50,000 for a two-year re-enlistment

U.S. ARMY RECRUITING COMMAND *Army News Service*

FORT KNOX, Ky. — The U.S. Army Recruiting Command introduced two new enlistment incentives May 30.

A bonus of up to \$51,864 is available to recruits signing up for a two-year enlistment in more than 45 active-Army military occupational specialties.

A maximum combined bonus for a three-year enlistment was also raised to \$25,000 for military occupational specialties (MOSs). The previous maximum amount for a three-year enlistment was \$10,000, or \$20,000 for a limited number of pri-

ority MOSs.

Qualified recruits who enlist for two years plus training are eligible for an enlistment bonus of up to \$15,000, which can be combined with the Montgomery GI Bill and Army College Fund of \$36,864.

These incentives are available to qualified recruits who enlist in one of more than 45 job specialties, including fire support specialist (13F), signal support systems specialist (25U), petroleum supply specialist (92F), pharmacy specialist (68Q) and health-care specialist (68W).

Payment of these bonuses for begins after completion of basic combat and advanced individual training.



IMCOM mentee deadline nears

Program seeks to develop high-potential employees by matching them with mentors

MARY TANZER *Army News Service*

ARLINGTON, Va. — The U.S. Army Installation Management Command is accepting applications through June 11 for the fiscal 2008 Centralized Mentoring Program.

Employees who are GS-11 through GS-13, or equivalents, and are covered by the National Security Personnel System, may apply to be matched with senior leaders for a one-year mentoring partnership.

Mentees complete a one-week shadow assignment, stretch assignments, eLearning courses and regular meetings with their mentors.

The Mentoring Program is designed to develop high-potential employees into well-rounded managers at the middle or senior level by preparing them to assume higher levels of responsi-

bility. Headquarters IMCOM centrally funds the program.

Senior leader volunteer mentors also are being solicited, and will be matched with selected mentees.

Applications require supervisors' approval, and garrison applicants require endorsement from the garrison commander or manager or the deputy garrison commander. Region applicants require endorsement from region director or designee. Applicants at Headquarters IMCOM must obtain their supervisors' and division chiefs' approval.

Announcements and application forms are available at www.imcom.army.mil/site/hr/wfd-hcmp.asp.

Send applications by mail or e-mail to the IMCOM mentoring program manager, Mary Tanzer. Call Ms. Tanzer at (703) 602-5487 or DSN 332-5487, or e-mail Mary.Tanzer@hqda.army.mil for more details.

Applicants selected for the program will attend a two-day orientation in October.

(Editor's Note: Mary Tanzer is the program manager for the Installation Management Command's Mentorship Program.)



Child Care: New policy establishes age requirements for baby sitters

CONTINUED FROM A-1

Among other standards, the policy establishes a mandatory baby sitter's course, requires baby sitters to be 14 years old to supervise nonsiblings, and restricts unsupervised play by children under the age of 10.

Q: What does the new Child Supervision Policy mean to me?

A: This policy establishes guidelines and limits for the amount of time any unmarried child below age 18 can be left alone, and a curfew for when those children can be outside unsupervised. This policy is established for the safety of children and our community.

Without a systemic policy in place, military police and the Family Advocacy Program (FAP) could not intervene for the safety of children in the past. This policy implements guidelines for the safety of children in the Hawaii Army community.

Q: Was background research and history used for the development of this policy?

A: The prevention of child abuse and neglect has been a primary mission of the FAP since the inception of the Department of Defense Family Advocacy Program in 1992 (DOD 6400.1 "Family Advocacy Program"). This policy was developed and researched across the Army garrisons. The best model seemed to be the one used in Europe, and it

was used as a template upon which to construct the Hawaii policy.

After child deaths related to child neglect and inadequate supervision, the U.S. Army Garrison, Hawaii, Family Review recommended drafting and implementing a child supervision policy in Hawaii in March 2006.

Another recent change holds child caregivers accountable for abuse, neglect and sexual abuse of children under their care. This is the core process that has produced the current policy used for Hawaii. We must protect the children both in care and those providing care.

Q: Where does the 14 year-old child care for non-siblings policy come from?

A: In trying to be fair and reasonable to the families and the persons who provide baby-sitting services, the policy must be research based. Dr. Clayton Gable, manager of the Family Advocacy System of Records (FASOR), reviewed the Army Central Registry database and calculated the child abuse and neglect rates for children. Based upon that data, the safest statistical age for child caregivers, according to the

data points from 2001-2006 (Armywide and in the Pacific), was 14 years-old.

Q: Why is there a difference made between a 12 year-old and a 14 year-old?

A: Recognizing that there were child caregivers at age 12, the policy also allowed those 12 year-olds to baby-sit siblings. The data from FASOR showed that children less than 2 years old have the highest level of risk for abuse and neglect. Therefore, new policy restricts the care of children less than 2 years old to children over 14 years old.

There is extensive data for this decision, but FAP numbers and data are not in the public domain and cannot be discussed in this media. Family Advocacy Committee members who reviewed this document were very concerned that 12-year-olds could get overwhelmed caring for more than four children; however, the policy does not place any limitations on the number of siblings who can be cared for in the home.

Q: Why is there now a requirement to attend a baby sitters course?

A: Some 12 year-olds are not appropriate as caregivers. To resolve this issue, all child caregivers must now be certified to provide child care. The School of Knowledge, Inspiration Exploration and Skills (SKIIES) agreed to open its baby-sitting classes to older 11- year-old children to

The new child supervision policy is available online at www.mwrarmyhawaii.com. Click on "Home and Family Life."

prepare them for child care responsibilities at age 12. Again, it is all about the safety of our children. The FAP wanted to ensure a certified program trains the child caregivers, and certifies they are safe to provide child care and prevent or reduce child abuse and neglect.

Although very little literature exists on the topic of

Table 1: USAG-HAWAII Child-Supervision Guidelines

Age or Grade of Child	May Be Left Alone at Home	May Be Left Alone Overnight	May Be Left Outside Unattended (Including Playing)	May Be Left Unattended in a Car	May Baby-sit Siblings	May Baby-sit Others (Besides Siblings)
Newborn to age 6	No.	No.	No.	No.	No.	No.
6-9 year-old	No. Children less than 10 years old will not be left unsupervised at bus stops, public facilities, residences, in vehicles or recreational areas and cannot walk to school unsupervised	No.	Yes, if in a playground or yard with immediate access (sight and hearing distance) to adult supervision (Notes 1 and 5).	No.	No.	No.
10-11 year-old	Yes, not more than four hours in a 24-hour period (Not overnight) with ready access to adult supervision (Note 1, 2, 3, 5 and 6).	No.	Yes in a playground within 10 minutes walking distance from the residence. Parent must physically see child every hour.	Yes, up to 30 minutes.	No.	No.
12-13 year-old	Yes, for up to six hours in a 24-hour period (but not overnight) with ready access to adult supervision (Notes 1, 3 and 5).	No.	Yes, for up to 6 hours with ready access to an adult (Note 1).	Yes.	Yes, for up to 4 hours with ready access to an adult (Notes 2, 3, 4, 5 and 6). Siblings must be over 2 years old.	No.
14-15 year-old	Yes, up to eight hours, but not overnight.	No.	Yes.	Yes.	Yes, for up to six hours (but not overnight) with ready access to an adult (Notes 2, 3, 4, 5 and 6).	Yes, for up to six hours (but not overnight) with ready access to an adult (Notes 2, 3, 4, 5 and 6).
16-18 year-old	Yes.	Yes, for up to 48 hours. Minors will have telephone access to an adult in case of emergency.	Yes.	Yes.	Yes (Note 4).	Yes (Note 4).

Notes:
 1. Adult supervision is defined as "someone who has or assumes responsibility for the child" (for example, a parent, guardian, care provider, friend).
 2. Home-alone training by Army Community Service, Child and Youth Services or other source is required.
 3. Ready access is defined as "at a minimum, telephone access and telephone number of each person designated an adult supervision" (Person must be readily available physically if needed to respond).
 4. Red Cross baby-sitting training is required to baby-sit. The SKIIES Program has the class available for free.
 5. Parents are responsible for assessing the capabilities of their child. The ages apply with children without behavior or developmental issues. Special needs issues will move ages higher.
 6. Children less than 16 years old cannot provide care in an overnight situation (from 1-5 a.m.) An older child or adult must be in the home to provide care from 1-5 a.m.

baby-sitting, research indicates the age for babysitting and child care was safest between 13-15 years of age. When a child has had two years of experience baby-sitting siblings, he or she is allowed to baby-sit children outside the family at age 14. This is the model chosen and suggested by the implementation of the USAG-HI child supervision policy.

Q: Where does the 10 year-old limit for children left alone come from?

A: Based upon child abuse and neglect reports, comments and reviews from parents and the military police, it was decided children could not be left alone until they reach 10 years of age. Close calls between young children and cars, along with reports of very young children being left home alone and in cars, prompted the 10 year-old age limit.

Research indicates ages 10-12 as the appropriate age range. If a child walks to school and they

are less than 10, a parent or an appropriate caregiver must accompany them. This could be an older sibling, another adult or the parent. If a child under 10 lives off post and walks on post for school, the child must be escorted when he or she enters the Army installation.

Q: What does it all mean to me in this Army community?

A: There is now a policy to establish guidelines for child supervision. It is a matter of child safety. The policy is designed to help protect our children and reduce the risk and incidence of abuse and neglect. It is not about convenience, it is about the safety of our children. We need your help and support to make it work. There are very few second chances.

Awarding Army 'Ecomagination'



Photo by Tina Lau

HONOLULU — Commander, U.S. Army Garrison, Hawaii, Col. Howard J. Killian, said, "We're committed to doing the right thing for the right reason," during an Ecomagination Award ceremony, Tuesday. "Everything has value, even wastewater; it's just a matter of figuring out how to use that value. ... We need to anticipate and constantly re-evaluate our actions with sustainability as our end goal," he said.

After receiving the Ecomagination Award, Killian (second from left) joined Anthony Santopalo (second from left), the General Electric (GE) Water & Process Technologies, Western Region sales leader; Eassie Miller (second from right), president and chief executive officer, Aqua Engineers; and Paul Schular, the GE Water & Process Technologies, regional manager, to pose with their Ecomagination awards. The award is given to organizations that demonstrate significant environmental and operational improvements, particularly in the areas of energy and water reductions.

News Briefs

From A-5

11-11:45 a.m.

For more information, contact Marjorie Barrell at 438-9761.

TSP and Preretirement Classes — The Civilian Personnel Accounting Center Training Office will offer free Thrift Savings Plan and preretirement classes for employees on the following dates:

- Civil Service Retirement System (CSRS), July 26, 8 a.m.-4:30 p.m. Deadline: June 26
- Federal Employees Retirement System (FERS), July 31, 8 a.m.-4:30 p.m. Deadline: June 29
- TSP July 27, 8:30 a.m.-12:30 p.m. Deadline: June 27
- TSP July 30, 8:30 a.m.-12:30 p.m. Deadline: June 29

Register online at <https://www.atrrs.army.mil/channels/chrtas/default.asp> no later than the deadline or e-mail Laurie Dieckhoner, laurie.dieckhoner@us.army.mil for more information.

24 / Sunday

Dental Program Brief — Rick Melrose of United Concordia, a contractor for the Tricare Dental Program, will be on island June 24-30, and will be available to brief the program. To schedule a brief, contact Rick Melrose at Rick.Melrose@uccu.com.

Ongoing

Recovered Personal Property — The Provost Marshal's Office has recovered several personal property items recently lost on Schofield Barracks and Fort Shafter. Call 655-8255 for more information.

Traditional Healer Support Group — Leimomi Stender-Jenkins, a Native Hawaiian Haku Hoo-ponopono, (traditional healer) and military parent, hosts a free support group for members of the armed services who have deployed to Iraq or Afghanistan and wish to share experiences and talk story.

The group meets at Leeward Community College Language Arts Building, Room 229 each Monday evening from 6 to 8 p.m.
E-mail Stender-Jenkins at

lstenderjenkins@yahoo.com for more information.

Pre-Separation Audits — The 125th Finance Battalion has created a new section, the Pre-Separations Audits section to closely monitor and resolve any deficiencies of pay accounts for Soldiers who are separating and are between 30 and 120 calendar days of their End Term of Service (ETS) dates.

Soldiers who are in their window should visit the Soldier Support Center, Building 750, Room 126, to fill out and re-certify a DA form 5960 (BAH form). In addition any deficiencies of pay accounts should be submitted in the form of a pay inquiry to include any supporting documents. Contact Sgt. Terry Bibey, 655-9094, or Spc. Arsalan Khan, 655-9376.

Tripler Wants You — Tripler Army Medical Center is seeking new patients ages 65 and over with Medicare Part A & Part B to enroll in the Adult Medicine Clinic Tricare-Plus program.

Patients with chronic medical problems (defined as high blood pressure, diabetes, stroke, cardiac problems, kidney problems, cholesterol problems, thyroid problems, liver problems, or cancer) are desired.

For an application, go to the Tricare Service Center at Schofield Barracks Health Clinic or Tripler. Call 433-3422.

ACAP Briefings — Soldiers who are separating from the Army must attend a mandatory Army Career Alumni Program pre-separation briefing at the ACAP Center, Building 690, Room 3H. Soldiers may walk in Mondays-Fridays from 8 a.m.-4 p.m. Call 655-1028 to schedule an appointment.

Wives of Warriors — The Military Council of Catholic Women (MCCW) at Aliamanu Military Reservation (AMR) Chapel meets each Thursday at 9:15 a.m. in the chapel for its fall Bible study, "Wives of the Warriors." The focus of this Bible study is learning to live confidently in Christ as a military spouse.

On-site child care will be provided for STACC-registered children at least 9 months old. Nursing babies are welcome; however, RSVP for child care. Call 836-4599.

Saddle Road: Construction project to ensure safer passage across island

CONTINUED FROM A-1

PTA, began in 2004.

The construction project for the Federal Highway Administration (FHA) with the Army was mutually beneficial, said Eric Zeller, project engineer for the FHA.

"We were able to utilize the Army's quarry, making the rock available; that's a big, big contribution," said Zeller. "I think everything was done according to the Army's criteria without delaying the contractor, which was very important to us. By and large, any conflicts we had were settled, and we got the job done on schedule."

The road reconstruction upgrading is an ambitious project to improve one of the most dangerous roads in the state. The original footpath gradually evolved into a crude gravel road built in 1943 to provide access to the interior of the island in the event the Japanese made a landing.

The road was paved in 1949, but the original narrow path winding through sharp drops, twisty curves and lava fields took a high annual toll in lives. The construction of the new segment occurred without a single accident and the will likely save millions of tax dollars.

"This new road is going to save lives," said Steve Trout, operations officer, PTA. "This first section is the most dangerous part of the old road; it's what they call 'dead man's curve,' and I believe there's been five or six fatalities here. Firefighters and ambulances from here have always been first responders for this section of the road."

The ambitious project was undertaken with the highest standards to care for the environment and cultural sensitivity.

"Federal highways always put the environment first," said Trout. "They had cultural monitors with them, and as a backup they would use our environmental folks."

Island politicians in attendance praised the cooperative effort between the local, state and federal agencies, looking ahead to the benefits.

"It's the first phase of what I hope is a tremendous improvement to the island," said Pete Hoffman, Hawaii County councilman and chairman. Hoffman frequently drives the Saddle Road from Waimea to the council in Hilo.

"We definitely need road improvements like this on the entire stretch of Saddle Road," he said.

Big Islanders will be able to transit the completed road in the near future.



Above — **Kanu papahu naio ame mamane (to plant the naio and mamane firmly)**. Government officials and local dignitaries join forces to dig before planting a native tree at the side of the road.

Below — Exercising the rights protected by those who serve, protesters were allowed their say within sight and sound of the dedication ceremony.



"It's going to take a little while, but it will be finished," Inouye said.

"Optimistically, I would hope this we'd see [the completion] in six to eight years," Zeller added.

A small, noisy group of protesters were on hand to express their opinions on a variety of topics, including the road. Akaka prayed for the protesters during the pule offering.

Not just another day at the zoo

Honolulu's wildest residents welcome military ohana

Story and Photos by
MOLLY HAYDEN
Staff Writer

WAIKIKI — The happy screeches of running children drowned out the roar of the lions at the Honolulu Zoo, Saturday, for the 2nd annual Military Appreciation Day.

United Service Organizations (USO) of Hawaii President Herman "Butch" Finley said the tribute is a fitting conclusion to the state's monthlong military appreciation observance.

"This day is dedicated to military families," Finley said. "Separated from their loved ones who deploy for six months to a year or more, the families are under tremendous stress. We want to say 'thank you' for their service and sacrifice."

More than 7,000 military personnel and families crowded the Main Stage lawn — a number nearly four times the attendance for an average Saturday — for entertainment and a celebration of being a part of the military ohana.

City and County of Honolulu Mayor Mufi Hannemann and other dignitaries announced their appreciation for the military ohana and their presence on the island, as well as those currently serving in Iraq.

"To all of our families overseas, we want you to know you are a part of the community. Your presence is here," said Hannemann. "You stand by your country, and we stand by you."

Cassandra Isidro, executive director, USO of Hawaii, was overwhelmed with the support the organization received putting on the event.

"All of our sponsors have been so generous," said Isidro. "The representation of so many military forces ... makes this event possible. We want to show our appreciation and are happy that so many people are [receptive] of it."

As the festivities continued, music and entertainment — including the Air Force Pacific Band — lined the stage as families strolled around the zoo grounds and enjoyed the newly expanded keiki zoo.

Parents lounged on the grass listening to music as children participated in the plethora of games, including animal mask coloring, temporary tattoos and hands-on skull bio-fact lessons. The Bishop Museum and Hawaii Coral Reef initiative provided culturally oriented children's activities, including ancient Hawaiian games and hands-on educational displays with artifact and ocean-themed exhibits.



More than 7,000 military personnel and family members crowded the lawn to enjoy the annual Military Appreciation Day at the Honolulu Zoo. Families enjoyed a picnic on the grass and free entertainment. The event was sponsored by the USO, the City and County of Honolulu, Honolulu Zoo Society and Chamber of Commerce of Hawaii.

In order to connect with deployed service members, USO volunteers recorded video messages from family members onto DVDs, which family members could send to Iraq.

Army family member Clarissa Ackley expressed her gratitude for events that bring people from different military branches together.

"It gives families a change to meet and share experience," said Ackley. "It helps to get to know people before a deployment ... so you have that support when needed. This is a great way to meet other people that are going through the same thing you are."

Silke Shephard attended the event with her children. Her husband, Command Sgt. Maj. Nathaniel Shephard, 556th Personnel Support Battalion, is currently serving in Iraq.

"It's good for my children to meet other kids from the military," said Shephard. "It shows them they are not alone, that other kids their age are also dealing with a deployment. Everyone is here for a common purpose."

As 2 p.m. neared, children wore animal masks for their journey home and buses lined up to take families back to bases and posts around the island.

The Honolulu Zoo was filled with the aloha spirit as the military ohana were rewarded with the appreciation they deserved — a stress-free day of family fun.

The USO of Hawaii — in cooperation with the City and County of Honolulu, Honolulu Zoo Society and Chamber of Commerce of Hawaii sponsored the day at the zoo. All valid military ID card holders received free admittance and a picnic lunch.



Right — Family members color animal masks to wear around the Honolulu Zoo. Face painting booths, tattoos and games were also available for everyone to enjoy.



Family member Seth Arnold bends down to get a closer look of the goat at the keiki petting zoo. For Military Appreciation Day all military families were granted free admission to wander around the Honolulu Zoo.



Above, Candace Bagay tries her hand at the bean bag toss with help from mom and a USO volunteer.



8/Today

Picnic Sites — Picnic sites for the "Fourth of July Spectacular" can be reserved now for \$60 at the Leisure Activities office, Kaala Community Activities Center. The 20-by-25 foot sites will be located on the perimeter of Sills Field. These areas are the only areas authorized for cooking on grills. Call 655-0111 or 655-0112.

Laugh it Up — Register now at any post library for this year's Summer Reading Program, which runs June 12–July 12. Children must read at least one book per week to receive a prize. For more information and event schedules, call 655-8002 (Sgt. Yano Library), 438-9521 (Fort Shafter Library) or 833-4851 (Aliamanu Library).

9/Saturday

Soldiers' Artwork — View digital reproductions of Army Soldiers' drawings and paintings in the exhibit "Global War on Terror: Soldiers' Artwork" display at Fort DeRussy's U.S. Army Museum of Hawaii's "Changing Gallery," located next to the Hale Koa Hotel.

Artwork depicts scenery and people Soldiers met while deployed in Afghanistan and Iraq. The exhibit will be open Tuesdays–Sundays, 10 a.m.–4:15 p.m. (except June 8). Call 438-2821.

Cooking with Titus Chan — Learn top-of-the-line Chinese cooking techniques with Master Chef Titus Chan, well-known for his cooking shows on PBS and Warner Brothers. Three sessions will be held June 9, 16 & 23, where participants will get a first-rate cooking demonstration, a full-course gourmet meal, and recipes to take home.

Chan is also offering the military community a 50-percent discount. Total cost for all materials is \$216 (\$72 each session). Register with the Leisure Activities Office, 655-0112/0110.

Parents Night Out — Parents are invited to enjoy a night out June 9 at the Fort Shafter Child Development Center (CDC) and June 23 at the Peterson CDC. Reservations will be accepted on a first-come, first-served basis at the Central Enrollment Registration Office.

Children enrolled in Parents Night Out must be registered no later than Thursday at noon, prior to the event of that month.



John Reese | U.S. Army Garrison, Hawaii, Public Affairs

From target to sanctuary

MIDWAY ATOLL — With a stiff breeze and the colors at her back and an audience of about 1,300 before her, Governor Linda Lingle speaks about the courage and sacrifice of American service members at the 65th anniversary of the Battle of Midway. The isolated atoll was the target of the Imperial Japanese Navy's elite carrier force June 4, 1942, using the same ships and air crews that had attacked Pearl Harbor. The atoll is now home to more than two million birds. See next week's *Hawaii Army Weekly* for full coverage of the Battle of Midway anniversary.

Call Child and Youth Services (CYS) at 655-8313 for more details.

15/Friday

Hot Country Nights — Join DJ Charlie Garrett, the Ghost Rider & Kathleen, and Rodeo Radio Girl, June 15, 8 p.m.–midnight for some great music, contests, giveaways and much more.

Patrons must be 18 or older, and admission is free. Call 655-5697.

17/Sunday

Father's Day Brunch — Keiki and moms can treat dads to a scrumptious Father's Day brunch at the Nehelani, Schofield Barracks, or at the Hale Ikena, Fort Shafter, from 9 a.m.–2 p.m. Reservations are recommended. Call the Nehelani at 655-4466 and the Hale Ikena at 438-1974.

18/Monday

Little Ninja Classes — Parents or guardians, bring your 3–5-year-olds to Child and Youth Services (CYS) so they can learn basic Tae Kwon Do skills. Children will improve their motor and communication skills, learn to focus, and boost confidence and socialization skills.

Enrollment begins June 18, and children must be enrolled in Schools of Knowledge, Inspiration, Exploration and Skills (SKIES) or be a current member of CYS. Register at the CYS Office, 556 Heard St., or call SKIES at 655-9818 or CYS at 655-380.

Jammin' to a different beat — Armed Forces Entertainment Reggae Band "Anthem" is performing free at the Tropics from 8–10 p.m. A truly original sound that is creating a big wave throughout the U.S., Anthem provides musical diversity for all reggae fans from roots to dancehall.

22/Friday

Fort Shafter Centennial — The Perry & Price KSSK morning radio show will tape from 5–10 a.m. at the Hale Ikena, June 22, in celebration of Fort Shafter's 100th anniversary.

Breakfast will be served from 6:30–9:30 a.m. Tickets are \$12.50. Tables seat 8–10 guests, and reservations for groups are available. Call the Hale Ikena at 438-1974 or 438-6712.

Auto Detailing — The Schofield Barracks Auto Skills Center is offering a new auto detailing service for a limited time. To make an appointment or to find out more information, call 655-9368.

Hawaiian Luau Lunch Buffet — Enjoy the "ono" taste of a traditional Hawaiian-style feast, 11 a.m.–1 p.m. at the Hale Ikena, Fort Shafter, or 11 a.m.–2 p.m. at the Schofield Nehelani.

Cost is \$9.95 per person. Call the Hale Ikena (438-1974) or the Nehelani (655-4466) for lunch buffet reservations or more information.

New MWR Calendar Feature — Visit Morale, Welfare and Recreation's (MWR) Web site, www.mwrarmyhawaii.com, and check out the new calendar feature, which allows users to view the calendar by day, week, or month, in a list or tabular format.

Other features allow users to search for events, receive event reminders or notifications of event changes by e-mail or text message, as well as download event info, e-mail event information to friends, and import events to a calendar.

"Paint It & Take It" — Ceramic parties offer a unique way to celebrate at birthday parties and more. Call Arts and Crafts Center, 655-6330 at Schofield Barracks or 438-1315 at Fort Shafter, to attend this class.

Ongoing

Gymboree — SKIESUnlimited, in partnership with Army Hawaii Family Housing, is offering Gymboree to children 6 months–5 years old. These classes will help children build strong motor skills, social skills and self-esteem — all the ingredients they need to grow into confident, happy, successful people.

Classes are held the first four Wednesdays of each month. Call CYS at 655-9818.

tails, visit www.salsathon.com.

16/Saturday

Coalition for Dads — The Hawaii Coalition for Dads and its partners will host the 9th annual Celebrate Fathers Day event from 11 a.m.–3 p.m., June 16 at the Windward Mall in Kaneohe. Festivities include a Father-Child Look-Alike contest, balloon artists, great giveaways, face painting, and live entertainment by local bands. Also, stop by informational booths including the Keiki ID by Missing Child Center.

To register for the Look-Alike contest, call 841-2245. TV personalities Ron Mizutani (KHON-2) and Justin Fujioka (KITV-4) are among the judges. The grand prize winner will receive a flat screen TV.

20/Wednesday

Kids in the Kitchen — Preschoolers and their parents are invited to join the staff of Armed Services YMCA as they make peanut butter pizza sandwiches with "PB-n-J" shakes June 20, 10:30 a.m., and July 25, 10:30 a.m., when they make decorated pretzels with triple berry parfaits.

Cost is \$3 per child. Call 624-5645 to pre-register.

21/Thursday

Small Business Seminar — Have you ever thought about or desired to start your own small business? Do you know what would be required or about financing? Then attend the Starting a Small Business Workshop, June 21 from 9:30–11:30 a.m. at the Fort Shafter Outreach Center.

You will learn about loan programs and financing, resource materials, building structures, and location of business information centers. This workshop is sponsored by the ACS Employment Readiness Program, in partnership with the Hawaii Business Action Center. Register online at www.mwrarmyhawaii.com, or call 655-4227.

29/Friday

BayFest — Now in its 18th year, BayFest returns to Marine Corps Base Hawaii (MCBH), Kaneohe Bay, June 29–July 1 with headline Canadian rockers Three Days Grace, country starlet Gretchen Wilson, and legendary soloist Alan Jackson. Mega family activities are scheduled, including Fernandez carnival rides, games,

military displays, contests, a nightly fireworks show, and much more. Also, if you're interested in competition and contests, sign up for the BodySearch and/or Bathtub Regatta.

Anyone with a DoD ID card can purchase tickets through the Information, Tickets & Tours offices at MCBH K-Bay, Camp Smith, MWR Navy Region Hawaii, or MWR Army Hawaii. Two types of presale tickets will be sold at these locations: the \$20 concert/carnival ticket and a \$5 ticket, which does not include concert admission.

Tickets purchased are good for any day's admission, but for one-time admission. Re-entry is not permitted, and concert admission tickets are \$25 at the gate.

Get the full lineup of weekend events and other contests online at www.bayfesthawaii.com.

Flavors of Honolulu — Catch this multicultural festival featuring the finest of Honolulu's restaurants, entertainers, fine wines and beers, crafts, and other attractions for the entire family. Don't miss out on this chance to taste all the "Flavors of Honolulu" at the Frank F. Fasi Civic Center Grounds, June 29, 5–10 p.m.; June 30, noon–10 p.m.; and July 1, noon–6 p.m.

Cost is \$6 for adults, free for seniors and children under 12. One hundred percent of funds raised by "Flavors of Honolulu" will remain in Hawaii to benefit individuals with disabilities.

Ongoing

Playmoring — Parents and caregivers looking for some fun, social interaction for their children should join Playmoring. This family interactive playgroup, hosted by the Armed Services YMCA, is designed for children up to age 5 and their parents or caregivers.

Playmoring features a variety of age-appropriate activities, crafts, stories, songs and more from 9–10:30 a.m. No preregistration is required. (Playmoring will not meet July 2–13, due to staff training.)

- Mondays at Wheeler ASYMCA
 - Tuesdays at Helemano Community Center & Iroquois Elementary School
 - Wednesdays at Wheeler & Iroquois
 - Thursdays at Helemano & Iroquois
- Call Armed Services YMCA at 624-5645.



Aliamanu (AMR) Chapel, 836-4599

- Catholic Sunday, 8:30 a.m. — Mass Sunday, 9:45 a.m. — Religious Education (Sept.–May only)
- Gospel Sunday, 11 a.m. — Sunday School (Sept.–June only)
- Sunday, 12:30 p.m. — Worship service
- Protestant Sundays, 9:45 a.m. — Worship Service Sunday, 11 a.m. — Sunday School (Sept. — June only)

Fort DeRussy Chapel, 836-4599

- Catholic Saturday, 5 p.m. — Mass in Chapel (May–Aug.) Saturday, 6 p.m. — Mass on Beach
- Protestant Sunday, 9 a.m. — Worship Service

Fort Shafter Chapel, 836-4599

- Contemporary Protestant Sunday, 9 a.m. — "The Wave" Worship

Helemano (HMR) Chapel

- Contemporary Protestant Sunday, 10 a.m. — Worship Service & Children's Church

***Main Post Chapel, 655-9307**

(Note: During renovation, services normally held in the sanctuary will take place at the Wheeler Chapel.)

- Catholic Sunday, 9 a.m. — CCD & RCIA Collective Protestant Sunday, 10:30 a.m. — Sunday School
- Gospel Sunday, 10:30 a.m. — Sunday School

MPC Annex, Building 791

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

Soldiers Chapel

- Catholic Friday–Saturday, 12 p.m. — Adoration (24 hours)
- Protestant Sunday, 9:30 a.m. — Worship Service

Tripler AMC Chapel, 433-5727

- Catholic Sunday, 11 a.m. — Mass Monday — Friday, 12 p.m. — Mass Saturday, 5 p.m. — Mass
- Protestant Sunday, 9 a.m. — Worship Service
- Gospel Sunday, 12 p.m. — Worship Service

Wheeler Chapel

- Catholic Saturday, 5 p.m. — Mass Sunday, 10:30 a.m. — Mass
- Collective Protestant Sunday, 9 a.m. — Worship Service
- Gospel Sunday, 12 p.m. — Worship Service



Send calendar announcements to community@hawaiiarmyweekly.com.

8/Today

Battleship Missouri Amateur Radio Club — Visitors to the Battleship Missouri Memorial will get the chance to listen in or communicate with museum ships from all around the world when the Battleship Missouri Amateur Radio Club (BMARC) takes part in the annual worldwide Museum Ships Weekend amateur radio ("ham") marathon.

The annual event starts today, beginning at 2 p.m., and ends on Sunday at 2 p.m. (Hawaii Standard Time). Museum Ships Weekend will bring together museum ships that have active ham radio operations.

The Battleship Missouri Memorial is open daily from 9 a.m. to 5 p.m. General admission is \$16 per adult and \$8 per child 4–12. Military and kamaaina (local resident) rates are \$10 per adult and \$5 per child.

For more details or to reserve a tour, call toll-free 1-877-MIGHTYMO (1-877-644-4896) or visit www.usmissouri.org.

World Ocean Day — Participate in World Ocean Day during the beach cleanup at Kawaiki Beach Park from 3–5 p.m. today. Volunteers will remove invasive algae and litter from the shoreline. Register by calling Suzanne or Dean at 393-2168 or visit www.b-e-a-c-h.org.

Bottled water will be provided, and all volunteers will have the opportunity to win prizes from Ben & Jerry's, Kale's Natural Foods and GreenSaks. Participants should wear sturdy shoes (taxis, reef walkers and tennis shoes) and bring a rake, bucket, sunscreen and hat.

Kawaiki Beach is located in Aina Haina on Kalaniana'ole Highway at Puu Ikena.

Laugh Factory — Catch Charlie Murphy at the Hawaii Theatre, 8 p.m. Tickets are \$35–45 at the Box Office, 1130 Bethel Street. Call 528-0506 or visit www.hawaiitheatre.com.

This performance contains language and subject matter not suitable for children. Youth 17 and under must be accompanied by an adult.

Ala Moana Centerstage — The Ala Moana Center kicks off summer with an assortment of dance and musical performances representing a variety of backgrounds and cultures to entertain shoppers in June:

- June 8–10, Pan-Pacific Festival, 11 a.m.–3 p.m.
- June 9, Pan-Pacific Hula Festival, noon–3:30 p.m.
- June 9, Omatsuri Hiroba modern and traditional performing arts, 4:30–9 p.m.
- June 10, Pan-Pacific Festival, noon–3:30 p.m.
- June 12, Iwao Sugimoto Ukulele Orchestra, noon–12:30 p.m.

9/Saturday

Aloha Pumehana — Families are invited to attend the next Aloha Pumehana, June 9 from 3–5 p.m. at the Helemano Community Center. Enjoy free food, prizes and an opportunity to meet new people. Plus, learn about home-based businesses from several consultants or see what's available.

Register to attend at the Army Hawaii Family Housing (AHFH) Web site: www.armyhawaiifamilyhousing.com. Follow the calendar link (located in the lower left hand corner of the main page) or the event date to register. Call 275-3179 or 275-3178 for more details.

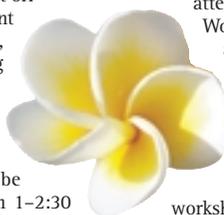
11/Monday

Employment Orientation — Looking for a job in Hawaii? Attend an Army Community Service employment orientation and get employment information on federal, state, private sector and staffing agencies.

Reference materials, job listings, computers and more will be available for use. Two workshops will be held: June 11 and 25 from 1–2:30 p.m. at the Fort Shafter Outreach Center. Register on line at www.mwrarmyhawaii.com, or call 438-9285.

15/Friday

Salsathon — Catch the 7th Annual Puerto Rican Salsa Festival's Salsathon 2007, June 15 (4–9 p.m.), 16 (11 a.m.–9 p.m.) & 17 (11 a.m.–7 p.m.) at McCoy Pavilion, Ala Moana Beach Park. Enjoy a salsa dance competition, beginners' workshops, DJs and more. Donations requested range from \$8–\$10; military with ID enter for \$8. Children under 12 are free. For more de-



Flag Day's rich history stirs feelings of patriotism

Story and Photos by
JEREMY S. BUDDEMEIER
Editor

Nestled quietly between Memorial Day and the Fourth of July, June 14, or Flag Day, is a less well-known, yet vital pillar of our nation's history. Most students tread the smooth path of the flag's past, only learning the symbolism behind the three colors and the reasons for having 50 stars and 13 stripes.

However, the facts behind the history point to a much more rugged, circuitous road to the flag's current appearance.

The Marine Committee of the Second Continental Congress in Philadelphia passed a resolution establishing the flag June 14, 1777.

The resolution read: "Resolved, that the flag of the United States be thirteen stripes, alternate red and white; that the union be thirteen stars, white in a blue field representing a new constellation."

Although the resolution established a national flag, its lack of specificity allowed many flag makers to interpret the resolution in different ways; some used eight-point stars, others six, and some arranged the stars in circles rather than rows.

As a result, the nation embraced several versions of the flag until President James Monroe officially authorized the current standard of 13 stripes and one star for each state in 1818.

A Brief History of Flag Day

Most sources agree that B.J. Cigrand, a school teacher in Fredonia, Wis., observed the first "Flag Birthday" June 14, 1885.

Various states including Pennsylvania and New York passed resolutions to establish observances before the turn of the 20th century. Through the Flag Resolution of 1777, May 30, 1916, President Woodrow Wilson established Flag Day. However, the designation finally became official when President Harry Truman signed an Act of Congress, which recognized June 14 as National Flag Day. (Proving the old adage that even something as simple as establishing a day to recognize a part of our



1 **Retreat** — Following "Retreat," the flag detail lowers the flag and prepares to fold.



2 **Prepare to fold** — The detail comes back together and folds the flag in half twice.

Flag detail members include Staff Sgt. Gordon Molina, NCO, Spcs. Autumn Boehm, Larry Carter, John Ingoglia, Kimberly Quinene, David Rund, and Raul Velasquez. Spcs. Shawn Ivey and Nathan Drews, cannoneers, are not pictured. All Soldiers are from Headquarters Support Co., 84th Eng. Bn.

To the colors the basics of flag folding by the 84th Engineer Battalion



3 **Detail, step** — Firmly grabbing the edges of the flag, the detail steps away from each other and pulls the flag taut.



4 **Finishing touches** — The flag detail noncommissioned officer (NCO) begins folding the flag into a tight triangular shape toward the stars.

history can require an act of Congress to complete.)

Test your patriotic noodle with a Flag Day quiz

Now that you've reviewed the basics, take this short quiz to gauge your knowledge of flag-related trivia:

1. What color is the top stripe on

the flag?

2. True or False: The flag is raised and lowered at the same time each day.

3. Which day of the week is different from the other days with respect to the time the flag is lowered from the flagpole and why?

4. True or False: On certain occasions the flag may be allowed to touch the ground.

5. True or False: Old or tattered

flags should be burned.

6. When a president or former president of the United States dies the flag is flown at half-staff for 30 days, but only 15 days for the death of a vice president.

7. True or False: The flag is flown at half-staff throughout the day on Memorial Day.

8. True or False: A battle during the Revolutionary War inspired Francis Scott Key to pen the words

to "America, the Beautiful."

9. True or False: The flag that flew over Pearl Harbor the morning of Dec. 7, 1941, also was flown aboard the USS Missouri when Japan surrendered from World War II, Sept. 2, 1945.

10. True or False: There is a time when the American flag is flown below another flag.

Extra Credit: How many stripes did the flag have in the year the

Daily dose

A computerized timer in the Schofield Barracks' Headquarters Building regulates the playing of several bugle calls, some of which signal flag-related actions. For Monday–Wednesday and Friday, the calls include the following:

First Call — 6:15 a.m.

Reveille — 6:30 a.m.

Assembly — 9 a.m.

Dinner Call — 11:30 a.m.

Recall — 4:30 p.m.

Assembly — 4:55 p.m.

Retreat — 5 p.m.

Tattoo — 10 p.m.

Taps — 11 p.m.

Note: Thursdays, Recall, Assembly and Retreat each occur two hours earlier because of sergeant's time. Holidays and weekends only include Reveille, Retreat, Tattoo and Taps.

"Star-Spangled Banner" was written?

Extra Extra Credit: Which two states, when admitted to the union, pushed the number of stars and stripes from 13 to 15?

How many did you answer correctly?

The answers to the Flag Day quiz can be found on page B-6, but don't peek before you finish the quiz. Use the scale below to determine your grade:

7-10: Uncle Sam would be proud.

5-7: George Washington would be on the fence about whether to allow you into the Continental Army.

4 or less: Betsy Ross would be personally affronted.

(Editor's Note: The Web sites www.flagkeepers.org and www.us-flag.org were sources for this article.)

DoD readies guide on pandemic flu for U.S. workforce

GERRY J. GILMORE
Army News Service

WASHINGTON – The Defense Department is preparing a pandemic flu guide for civilian employees, a senior official said.

The Defense Department released its Pandemic Influenza Implementation Plan in April, Patricia S. Bradshaw, deputy undersecretary of defense for civilian personnel policy, said May 25 in an interview with the Pentagon Channel and American Forces Press Service.

The department's plan is part of the president's initiative to prepare the nation for a potential mass outbreak of deadly flu virus.

"And now, we're going to top that off with a DoD civilian human resources guide with a target audience of managers and employees," Bradshaw said.

She said the guide will outline specific things that managers, supervisors and employees need to do to prepare themselves for a possible flu pandemic or any other type of crisis. It's to be issued within the next four to six weeks, she said, and will be available on the Defense Department's pandemic flu Web site: fhp.osd.mil/aiWatchboard.

Pandemic flu is a fast-spreading human flu that causes a global outbreak, or pandemic, of serious illness that could sicken or kill hundreds of thousands, perhaps millions, of people, according to the U.S. government's pandemic flu Web site. For example, the 1918 flu epidemic killed more than half a million Americans.

Any challenges inherent in preparing the department's roughly 600,000 civilian employees for a possible flu epidemic or other crisis aren't dissimilar to those faced by the private-sector work force, Bradshaw noted.

"I think the challenges are not unlike any [other] work force," she said. "If we have a crisis such as a pandemic, the real challenge here is maximizing social distancing as the preferred technique to employ, because it's a contagious disease."

Increased shift work, phone usage, teleconferencing and working from home are among the options DoD could employ to continue operations in the event a flu pandemic reaches the United States, Bradshaw said.

"You're trying to figure out how to keep people safe and well and, at the same time continue the operations of the department," she said. "And so, we'll really be looking at ways to do that."

Federal government guidance to state and local authorities has recommended the launch of pandemic flu preparedness exercises, she added.

"You can test to see where your gaps are and [where] your potential problems would be," Bradshaw explained, noting the federal government and the military already have conducted some exercises with civilian authorities.

The Defense Department plans to continue to provide work and pay to its civilian employees during a potential pandemic flu crisis, Bradshaw said. Again, the focus will be on employing social distancing to minimize potential devastating effects during a pandemic, she said.

"We're going to tell you, 'Please, don't come to work,'" Bradshaw said. Such a practice, she said, minimizes the spread of disease during a pandemic.

Additionally, Defense Department civilian managers need to determine how they'll continue performing their organization's core functions during a pandemic, Bradshaw said.

"What are the mission-essential functions that absolutely need to be done?" Bradshaw asked, especially tasks that can be accomplished online from home.

"The managers really need to think through what kind of work can be done away from the work site," she said. "Our goal is to ensure that our employees, to the maximum extent possible, can continue to work during such a pandemic."

(Editor's Note: Gerry J. Gilmore writes for American Forces Press Service.)

Men rarely seek help for their depression

JULIE BEVIRT
TriWest Healthcare Alliance

The National Institutes of Health estimates that at least 6 million men in the United States suffer from some form of depression every year.

Research and clinical evidence reveal that while women and men can develop symptoms of depression, they often experience depression and cope with symptoms differently.

Men may be more willing to acknowledge fatigue, irritability, sleep disturbances and loss of interest in work or hobbies rather than acknowledge feelings of sadness, worthlessness or excessive guilt. However, some researchers question whether the standard definition of depression and the associated diagnostic tests adequately capture the condition as it occurs in men.

Depression does not always show up as an inability to take action. Instead of acknowledging their feelings, asking for help, or seeking appropriate treatment, men may turn to alcohol or drugs; become frustrated or discouraged or get angry, irritable, violent or abusive.

Some may throw themselves compulsively into their work, attempting to hide their depression from themselves, family and friends, or even engage in reckless or risky behavior.

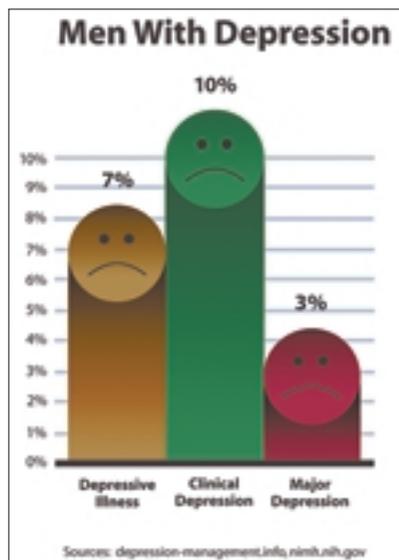
Sometimes depression can cause people to feel like putting themselves in harm's way, or killing themselves. Although the majority of people with depression do not die by suicide, having depression does increase suicide risk.

If you have suicide thoughts...

- Call your doctor's office or 911 for emergency services, or go to the emergency room of the nearest hospital.

- Ask a family member or friend to take you to the hospital or call your doctor.

- Call the toll free, 24-hour hot line of the Na-



tional Suicide Prevention Lifeline, 1-800-273-TALK (1-800-273-8255) for a counselor.

- Call TriWest Crisis Line at 1-866-284-3743.

Men are more likely than women to report alcohol and drug abuse or dependence in their lifetime; however, there is debate among researchers as to whether substance use is a "symptom" of underlying depression in men, or a co-occurring condition that more commonly develops in men. Nevertheless, substance use can mask depression, making it harder to recognize.

The first step in receiving the appropriate treatment for depression is obtaining a physical examination by a doctor. It is essential to be honest with your physician about the use of alcohol and prescription or recreational drugs. Certain

TriWest initiative lends deployment support via DVD

TRIWEST HEALTHCARE ALLIANCE
News Release

PHOENIX – TriWest Healthcare Alliance has launched "Help From Home," a multimedia initiative to help service members and their families in the Tricare West Region get through deployment-related challenges.



One of the many available resources is an updated and expanded "Help From Home" video designed and produced by TriWest, which is available to view as streaming video and to order as a two-disc DVD set at www.triwest.com. From the homepage at www.triwest.com, click on "Behavioral Health" and select the "Help From Home Video" graphic.

The video features a highly successful program of reintegration designed by Chaplain (Maj.) John J. Morris of the Minnesota Army Reserve and National Guard.

"Reintegration is not a federal program, it's a community process," said Morris. "A Soldier, sailor, airman or Marine will become a constructive citizen if they return to a community that welcomes them home. If we have clergy and social service

providers and mental health providers that understand the strains that families go through... then we'll be able to re-integrate."

An Electronic Press Kit is available for all news media. The press kit features audio, video and transcribed interviews, a video news release, downloadable graphics, and a fact sheet with links to the latest behavioral health news and information.

The "Help From Home" video series includes two separate productions:

- "Getting Home...All the Way Home," for the post-deployment combat veteran. This presentation shares information about common symptoms of combat stress and resources for available care.

- "On the Homefront," for the military family remaining at home during times of deployment. This video features personal stories from military families across the country whose loved ones have deployed. These stories – straight from the spouses, children and parents of military service members – offer practical advice to those in similar situations.

"Our men and women in uniform and their loved ones undergo an enormous amount of stress and deal with unique challenges, and it is TriWest's mission to do whatever it takes to offer our support," said David J. McIntyre, Jr., president and CEO of TriWest Healthcare Alliance. "This video resource has been designed to help our military families get through their trying times."

TriWest's post-deployment DVD is available at

Get help at 1-888-TRIWEST (874-9378).

medications, as well as some medical conditions, can cause the same symptoms as depression. Your doctor will rule out these possibilities through exams, interviews and lab tests. If no such cause is found, you should obtain a depression evaluation either through your physician or a mental health professional.

Behavioral Health Resources

In addition to your doctor's services, TriWest offers a variety of behavioral health resources designed to assist and expedite support.

- An online Behavioral Health Portal featuring links to local and national resources as well as information on depression, stress, substance abuse, child and adolescent issues, and more at www.triwest.com and select "Behavioral Health."

- The "Help From Home" deployment support video series, available for West Region beneficiaries online through TriWest's Behavioral Health Portal or as a two-DVD set (free of charge).

- Personalized depression support and education from a clinical health coach through TriWest's Condition Management program.

- Education for West Region providers about combat stress identification and treatment.

- A variety of resources for teens and children of deployed service members.

Tricare beneficiaries are eligible for behavioral health benefits. To download a brochure on these benefits, visit www.triwest.com, select "Beneficiary Services" from the left navigation menu, click on "Handbooks, Brochures & Flyers" and select "Tricare Behavioral Health Care Services."

With early intervention, depression is very treatable, so talk to a trusted friend, family member or physician, or call TriWest for a referral.

no charge to beneficiaries, providers, military leaders and family support organizations throughout Tricare's 21-state West Region. Viewers may visit www.triwest.com to order the DVD or watch it in streaming video from their computers.

Additional programs in TriWest's "Help from Home" initiative include the following:

- TriWest's Behavioral Health Portal on www.triwest.com, providing access to local and national resources and information on depression, stress, substance abuse and more.

- Personalized depression support and education from a TriWest clinical health coach.

- Education for providers in the West Region about combat stress identification and treatment practices.

- Sponsorship of National Military Family Association (NMFA) summer camps for the children of deployed service members.

- A toll-free crisis line established to provide assistance 24-hours a day, every day, at 1-866-284-3743.

Tricare beneficiaries also are eligible for behavioral health benefits from Tricare. For an overview of these benefits, visit the "Beneficiary Services" section on www.triwest.com, select "Handbooks, Brochures & Flyers" and then select "Tricare Behavioral Health Care Services" from the drop-down menu to download a brochure.

These resources have been carefully selected and produced specifically for the military family.

New online site committed to patient safety

TRICARE MANAGEMENT ACTIVITY

News Release

FALLS CHURCH, Va. – The Department of Defense (DoD) Patient Safety Program has a new Web site, <http://dodpatientsafety.usuhs.mil>, serving as a comprehensive, one-stop source of information to military and civilian patient safety administrators and health care providers.

“The Web site perfectly supports our mission,” said Army Col. Steven Grimes, director of the DoD Patient Safety Program. “It provides products, services and training to help ensure the safe delivery of health care to Military Health System beneficiaries.”

The new patient safety Web site provides pamphlets, posters and other information products that encourage a systems approach to creating a safer patient environment and foster trust, transparency, teamwork and communication.

The site offers critical information, training resources, educational materials and data analysis to help patient safety personnel achieve significant success in improving patient safety. And, as Grimes says, this is only the beginning.

“Future Web site enhancements will allow it to function as a portal, bringing all safety-related information together in one place. Hospital and clinic safety managers, patient safety officers, nursing and medical staff, and everyone committed to improving safety will want to explore the site.”

The site also offers valuable insight into DoD’s TeamSTEPPS medical team training program, which is now available to civilian medical facilities. The Military Health System (MHS) developed Team Strategies and Tools to Enhance Performance and Patient Safety (TeamSTEPPS) to improve the culture of patient safety in hospitals and other health care settings.

This research-based system presents tools for team training, coaching and change management to improve communication, reduce medical error, and create a culture of safety within health care facilities.

On The WEB Visit <http://dodpatientsafety.usuhs.mil> for more.

Prevention campaign creates quite a buzz

TRICARE MANAGEMENT ACTIVITY

News Release

FALLS CHURCH, Va. – Have a touch of “sloberous sweatoomuch?” It’s not a new disease, but it may be a symptom of “That Guy” syndrome.

A Department of Defense funded peer-to-peer campaign to increase awareness of the problems associated with overindulging in alcohol has a Webby Award winning Web site at www.thatguy.com, and some impressive test results to go with it.

“This has primarily been a ‘stealth’ campaign to reach our target audience where they live, work and play,” said Maj. Gen. Elder Granger, Tricare deputy director. “That Guy is intended to create awareness of the problems associated with excessive drinking through humorous messages designed to reach young service members through a unique peer-to-peer approach – rather than from the top down.”



The Webby Award – similar to Oscars, but only for the Internet – is literally forcing “That Guy” into the limelight. A panel of celebrities and industry experts determined the 2007 winners from more than 8,000 nominations received worldwide.

The “That Guy” alcohol counter-marketing effort is a key element in Tricare’s Healthy Choices campaign, which also tackles the issues of obesity and smoking. “That Guy” has captured the attention of organizations ranging from the New York City Police Department, to universities and colleges, to the Air Force Air Mobility Command.

The campaign does push a few boundaries and even has a page on www.myspace.com. Users of www.thatguy.com can click around in a landscape of bars with cardboard cutouts of joke tellers and “That Guy” evolutionary stages such as “brainmaximus,” “motorskill-snotworkmuch,” and of course, “sloberous sweatoomuch.”

MTV-style man-on-the-street interviews with “That Guy” observers and even “That Guy” war stories can be found on the site. On the serious side, the site also has



Anna Bryukhanova | Tricare Management Activity

At the end of the road. In addition to jokes, stories, and interviews, the award-winning Tricare Web site, www.thatguy.com, suggests places to go for help for service members who might have a drinking problem.

advice on where to go for help if a service member thinks he or she might be “That Guy.”

In addition to the Web site, “That Guy” messages were used on advertising on billboards, newspapers, and TV and radio at four test sites: Fort Bragg, Pope Air Force Base, and Camp LeJeune, N.C., and at Pensacola Naval Air Station, Fla.

Drink coasters with humorous messages and small posters designed to hang in offices and dorms were also an integral part of the campaign at the test sites.

“Oddly enough, preliminary surveys showed that

even though great awareness was achieved through the peer-to-peer approach, it also worked very well if commanders were supportive of the effort, without forcing the message,” said Granger. “In fact, awareness was notably higher where there was leadership support.”

The videos and campaign promotional materials on the award-winning “That Guy” Web site will soon be made available for downloading to installation Safety, Drug and Alcohol Abuse Prevention, and Health Promotion points of contact and the campaign will expand to more test sites.

Flag Day quiz answers

CONTINUED FROM B-3

1. Red.
2. False: The Army raises the flag at 6:30 a.m. most weekdays, and 7 a.m. weekends and holidays. The flag is lowered at 5 p.m. every day except one, Thursday.
3. Thursday. The flag is lowered at 3 p.m. at U.S. Army Garrison, Hawaii, because the duty day ends early for sergeant’s time.

4. False: The flag should never touch the ground.
5. True. Burning is the preferred method for the disposal.
6. False: Thirty days is correct for a president; the flag is flown at half-staff for only 10 days for a vice president.
7. False: On Memorial Day the flag is flown at half-staff till noon, when it is raised to the top of the flagpole.
8. False: Francis Scott Key wrote the lyrics to the “Star-Spangled Banner” in 1814 to the music of a well-known British drinking song, “To Anacreon in Heaven.” Kathy Lee Bates wrote “America the Beautiful” in 1893.
9. False: The flag that flew over the U.S. Capitol on Dec.

7, 1941, was flown aboard the USS Missouri during the ceremony acknowledging the Japanese surrender. The flag flown at Pearl Harbor Dec. 7, 1941, was later flown over the White House August 14, 1945, when Japan accepted the terms of surrender from World War II.

10. True: The church pennant may be flown above the flag during church services at sea for naval personnel. This example is the only exception.

Extra Credit: The flag had 15 stripes and 15 stars – one for each of the states from 1794–1818.

Extra Extra Credit: Kentucky and Vermont.



Aiko Brum | U.S. Army Garrison, Hawaii, Public Affairs

‘What do you have there?’

TRIPLER ARMY MEDICAL CENTER — Vince Costello, left, senior Natural Resources specialist, Environmental Division, Directorate of Public Works, U.S. Army Garrison, Hawaii, holds an orange-black damselfly on the tip of his finger so that tenth grader Ikua Purdy, 15, and his classmates can see. The lowland species makes its home at Tripler Army Medical Center. Get more details and see the protected damselfly up close in next week’s *Hawaii Army Weekly*.



8 / Today

Fourth 5K Fun Run — Entry forms are available now at all Army fitness centers for the Fourth of July 5K Fun Run. Interested runners can also download forms

at www.mwrarmyhawaii.com.

Race registration will begin at 6:30 a.m., July 4, and cost is \$27 with T-shirt/\$14 without.

The 5K run will begin at 9 a.m., July 4, on the Sills Field side of Trimble Road, across from the commissary. Awards will be presented in male and female, first-third categories: under 12, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69 and over 70.

Also, keiki are invited to participate in the children’s one-mile fun run. Registration will begin at 9 a.m., July 4, and the fun run will kick off at 10 a.m. at the same start line as the 5K.



Send community announcements to community@hawaiiarmyweekly.com.

June

8 / Today

Patriot Walk Run — The theme for this year’s Patriot Walk Run is “No Veteran Left Behind,” and you are invited to participate, June 16, 8 a.m.; however, entry deadline is June 8.

The 5K-course (3.1 mile) is a flat, fast run around Iroquois Point Island Club, which finishes at the beach. Cost is \$17 for military and \$20 for general admission. Late entries up to race morning are \$25.

Prizes will be awarded in many age and gender categories. For more details, call the Island Club, located at 5105 Iroquois Ave., Ewa Beach, at 441-9999, or visit www.islandclubhawaii.com.

Oahu Inline Hockey League — The league is hosting the 2007 USA Hockey Inline NARCH Club Qualifier, June 8–11.

This event will take place at the Kamiloi-ki Community Park Inline Hockey Rink in Hawaii Kai. For more details, visit www.oihl.org or call Teddy Biesecker at 352-3283.

10 / Sunday

Hike Oahu — Come join the Hawaiian Trail & Mountain Club on its next hiking adventure, a favorite trek for intermediate hikers up Mt. Olympus, where

There is no cost for the fun run, and all children who complete the run will receive a finisher’s ribbon. Call Michelle McQuery, 655-8789, for more details.

12 / Tuesday

Blue Star Card Holders — Enjoy a breathtaking hike up Diamond Head Crater, June 12 from 10 a.m.–2 p.m. Call Leisure Activities, 655-0112, for more details.

Ongoing

Well-Being T-Shirts — Earn a Lifetime

views abound, beginning at 8 a.m., Sunday.

Caution is advised on this hike, at some sections near the summit. The trail is narrow with steep drop-offs. Call coordinator Larry Lee at 263-4690 to register.

A \$2 donation is requested of non-members 18 and older. Children under 18 must be accompanied by a responsible adult.

Hikers meet at the Iolani Palace, unless otherwise noted. Bring lunch and water on all hikes; wear sturdy shoes and clothing as extra caution may be required on some trails.

Hikers must keep all trails and lunch sites clear of clutter, and treat trees and plants with care and respect. Firearms, pets, radios and other audio devices are prohibited on all hikes. Visit <http://htmlclub.org> for more details.

Volksmarch — Menehune Marchers are sponsoring a 10K Mililani Mauka volksmarch, or walk, June 10. This walk will start at the Mililani Mauka Community Park (corner of Kuaoa Street and Meheula Parkway) at 8 a.m. It should finish by noon. Cost is \$3; call Carol at 626-3575.

23 / Saturday

Shooting Sports Fair — The Hawaii Rifle Association, a nonprofit organization dedicated to the promotion of the shooting sports in Hawaii — through education and safety — is holding its annual fundraiser, a Shooting Sports Fair, June 23 from 9:30 a.m.–4 p.m. and June 24 from 9 a.m.–4 p.m., at the Kokohead Shooting Complex, located between Hanauma Bay and Sandy Beach.

This event has no entry fee and is open to all age groups. Call Gordon Os-hiro at 271-8117 for more details.

Sports & Recreation (LS&R) “Targeting Your Well-Being” T-shirt and hat, when you earn LS&R points by participating in award-winning activities and special events.

Pick up an LS&R brochure today at any Community Recreation Division (CRD) facility and start earning 1–5 points per activity. Completed cards can be turned in at the Schofield Barracks or Fort Shafter Health & Fitness Center; call 655-0110. Quantities are limited.

Brazilian Capoeira — Develop the mind, body and spirit to include physical fitness, self-defense and self-discipline

30 / Saturday

Jackpot Rodeo — The Hawaii Women’s Rodeo Association will host a Jackpot Rodeo June 30 at the Kawailoa Ranch Arena in Haleiwa. Action will begin at 10 a.m. with open, 3D and keiki barrel racing followed by pole-bending.

Admission and parking are free. Call Lu Faborito at 668-9006 or visit the HWRA online at www.rodeoohu.com for more details.

Ongoing

Officials Wanted — If you are a football or soccer official, or if you’ve ever thought about becoming one, call Larry Cravalho, officials development coordinator, at 780-4099 or 455-4575. Officials are needed (paid positions) prior to the intramural season that will start the first week of September.

Games will be played weeknights at either Schofield Barracks or Fort Shafter. The youth season will start shortly after with games played Saturday mornings at Schofield Barracks, or Helemano and Aliamanu Military reservations.

Bike Hawaii — Join Bike Hawaii’s professional nature guides, and explore Oahu from the rainforest to the reef. Packages can include downhill biking, waterfall hiking, and sailing off Waikiki with exclusive access to a remote Hawaiian rainforest.

Meals are included. To schedule your adventure, call 734-4214, 877-682-7433, or go online at www.bikehawaii.com.

Take Off Pounds Sensibly — The T.O.P.S support group meets every Thursday evening at the Armed Services YMCA. Call Cheryl at 696-4423.

through Brazilian Capoeira. Classes are held Tuesdays from 5:30–7 p.m. at the Fort Shafter Physical Fitness Center.

Call Mestre Kinha at 247-7890.

Leilehua Golf Course Driving Range — The golf driving range at the Leilehua Golf Course is open weekdays until 9:30 p.m. Call 655-4653.

Water Aerobics — Come join this new and exciting workout at Richardson Pool. Classes will be held Mondays, Wednesdays and Fridays from 11:30 a.m.–12:30 p.m., and Tuesdays and Thursdays from 5 p.m.–6 p.m. Call 655-1128.