

HAWAII ARMY WEEKLY

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Post cellular phone ban clarified

Pfc. Durwood Blackmon
Staff Writer

SCHOFIELD BARRACKS – A policy has been instituted that prohibits the use of cellular phones while operating a motor vehicle on 25th Infantry Division installations.

Operators having physical control of a tactical, non-tactical, privately owned, or government-owned vehicles are strictly prohibited from operating a cellular phone or similar device.

The policy allows the use of any noncellular communication device such as walkie-

talkies, two-way citizen band and commercial radios. Internet telephones associated with global positioning system satellite will be allowed if not relayed through a cellular network.

All drivers on post should pay close attention to several key issues.

Any person in the driver's seat of a vehicle, with the engine running, can be cited for using a cellular phone — in any capacity other than listening to the cell phone ring. This provision includes talking on a speaker phone. Vehicle operators must not take or place a call on a cel-

lular phone in any capacity. When approaching a post gate, all cellular calls must be terminated before entry into the installation.

In accordance with Army Regulation 385-55, para.2-6(d), the use of headphones or earphones while driving motor vehicles is also prohibited. This directive includes the use of hands-free ear devices, headsets and remote speakers.

Passengers are permitted to talk on cellular phones and relay messages to the driver. Passengers are not, however, allowed to hold a phone to the ear of a driver

or use a speakerphone for the driver to speak into directly.

In emergency situations, anyone involved in or who witnesses an accident should safely pull the vehicle over, switch the vehicle off and then call 911.

The operator of a motor vehicle is permitted to use a cellular phone only when the vehicle is stationary in a designated parking place and the engine turned off. The driver must terminate any call before the vehicle can again

be operated. Civilians, contractors and visitors to the installation who fail to comply with this policy are subject to administrative action, to include loss of driving privileges on post and removal from, or denial of re-entry, to this installation.

Soldiers who are in violation of this policy can be punished under Article 92 of the Uniform Code of Military Justice, as a violation of a lawful order.



Pearl Harbor Day

Oahu remembered the more than 2,300 Soldiers, sailors and Marines who were lost on Dec. 7, 1941, "a day that will live in infamy," said President Franklin D. Roosevelt. A-5



Christmas

The holiday season is in full force. The military community celebrates at Generals Loop (A-8), while Soldiers show their spirit at the Waianae Christmas Parade (A-9) and families share yuletide during the Tour of Homes (B-3).



Special Olympics

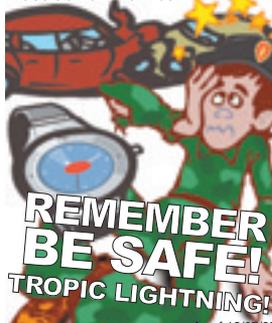
Oahu service members assist with the games. B-1

18 DAYS

since last fatal accident
As your daily reminder to be safe, place a "red dot" on your wristwatch.

Remember, a division training holiday will be awarded for the first 100 consecutive days with no accidental fatalities.

A four day holiday/long weekend will be awarded for 200 consecutive days with no accidental fatalities.



REDEPLOYMENT



Photo collage by Leah Mayo; Photos by Spc. Amanda Fiermet

Coming and going

"I'll be home for Christmas" say Soldiers to family members (above) with the 1-487th Field Artillery National Guard. They returned home from deployment to Iraq and were joyfully welcomed by family members at Martinez Gym, Schofield Barracks. Elsewhere (below), Soldiers endure grueling training during the last class of the Air Assault School at Schofield Barracks.



Photo by Staff Sgt. Manuel Torres

Sergeant Major receives Soldier's Medal

Story and Photo by Pfc. Kyndal Brewer
Staff Writer

SCHOFIELD BARRACKS – The Soldier's Medal is the highest peacetime award that a Soldier can receive in his or her military career. It is only awarded to Soldiers who have distinguished themselves in an act of heroism beyond the call of duty.

Ask yourself this question. If you were driving down the road one day and suddenly witnessed the car ahead of you lose control crash into a tree and

catch on fire, what would be your first reaction?

Would you be willing to risk your own life to help save the life of another? Or would you stop and wait for someone else to arrive and help out?

There is no wrong answer, but putting your own life on the line is a situation that any Soldier could be faced with.

Sgt. Maj. Jose L. Garcia-Aponte was honored with this award in recognition of his outstanding display of exceptional heroism when he put his own life at

risk to save the life of another.

On the morning of June 5, 2005, Garcia-Aponte was on his way home to get ready for church when he observed a vehicle that was driving in front of him, cross the center line of the road, drive through a fence and crash into a tree.

Witnessing the accident, without any hesitation or regard for his own personal safety, Garcia-Aponte pulled his vehicle over and attempted to assist the vehicle's driver. Yet, the vehicle was

See "Soldier's Medal," page A-3

84th Eng. leave for Iraq duty

Story and Photo by
Pfc. Teirney M. Humberson
17th Public Affairs Detachment

SCHOFIELD BARRACKS – As the 25th Infantry Division band began playing the "Star Spangled Banner," Soldiers snapped to attention and whipped their hands up to salute. So began the deployment ceremony held in honor of the 84th Engineer Soldiers at Sills Field, Dec. 1.

Nearly 500 Soldiers will be returning to Iraq in support of Operation Iraqi Freedom and to assist with construction such as building schools and putting in fresh water lines.

The battalion is returning to Iraq for its second deployment.

Sharing a common goal to protect America against any enemy, both foreign and domestic, the Soldiers' mission is not only to build and construct, but also to defend freedom, said Col. Stanley Q. Tunstall, the host commander for the 84th Engineers deployment ceremony.

But as with any great act of selfless service in the pursuit of freedom, there is great sacrifice, Tunstall said.

Leaving behind spouses and children, many for a second time, the chain of command is committed to helping the Soldiers' families through the deployment, said Tunstall.

"Family readiness group leaders for the 84th Engineers are very strong," said May Y. Toy, spouse of Lt. Col. Mark Toy, commander for the 84th Engineers. "They provide a lot of resources for the families such as a psychiatrist."

On the first day of his arrival to the battalion, Toy handed out a card with his philosophy and priorities printed on it. On the card, it's no mistake that training and families are printed on the same line, he said.

"What an example of love and country...What a sacrifice made by these Soldiers and their families," said Brig. Gen. Francis J. Wiercinski, assistant deputy commander for support, 25th Infantry Division.

See "84th Engineers," page A-3

Subscribers will receive the *Military Times* Dec. 23 & 30 when the Hawaii Army Weekly goes on hiatus.

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with captions and bylines.

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Commander Maj. Gen. Benjamin R. Mixon
Public Affairs Officer Lt. Col. Mike Donnelly
Command Information Officer Ed Aber-Song
Managing Editor Aiko Brum
Assistant Editor Sgt. Sean Kimmons
Photojournalists Joy Boisselle
Staff Sgt. Manuel Torres-Cortes
Spc. Stephen Proctor
Spc. Juan Jimenez
Spc. Amanda Flemett
Pfc. Nicole R. Montoya
Pfc. Kyndal Brewer
Pfc. Durwood Blackmon
Layout Leah Mayo
Advertising: 521-9111
Editorial Office: 655-4816/8728
Fax: 655-9290
E-mail: Write the HAW at editor@hawaiiarmyweekly.com
Address: Public Affairs Office Bldg. 580, Stop 215 Schofield Barracks, HI 96857
Web Site: http://www.25id1.army.mil/haw.asp

Rumsfeld says quitting is no option

WASHINGTON — Quitting in Iraq before the mission is finished would be an invitation to more terrorist violence against the United States, Defense Secretary Donald Rumsfeld said Monday.
'This is not just a hypothesis,' Rumsfeld told an audience at Johns Hopkins University's Paul H. Nitze School of Advanced International Studies at its campus here.
Similarly, a retreat in Iraq would send an unmistakable message to America's enemies and friends alike, the secretary said.
And to the country's enemies, Rumsfeld said, it would say: 'If America will not defend itself against terrorists in Iraq, it will not



Rumsfeld

defend itself against terrorists anywhere.'
What's needed in Iraq is 'resolve, not retreat [and] courage, not concession,' Rumsfeld told the group.
'Rather than thinking in terms of an exit strategy, we should be focused on the strategy for success,' he said.
President Bush's strategy for success in Iraq, released Nov. 30, focuses on the political, economic and security tracks that are all moving steadily forward, Rumsfeld said.
Politically, Iraq will hold national elections Dec. 15 to seat a new national government, and Sunnis are increasingly taking part in the political process, he noted.
On the security side, some 214,000 Iraqi security forces are now trained

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and equipped, working with coalition forces and steadily gaining experience.
While progress continues, the job is not yet done, the secretary told the group. Giving up in Iraq too soon, he said, will derail much of this progress and egg on violent terrorists who behead people, bomb children and attack funerals and wedding receptions, Rumsfeld said.
'This is the kind of brutality and mayhem the terrorists are working to bring to our shores,' he said.
Defeating extremists' aspirations

in Iraq is essential to protecting Americans lives, Rumsfeld said.
'I imagine the world our children would face if we allowed [Ayman al-Zawahiri, [Abu Musab al-] Zarqawi, bin Laden and others of their ilk to seize power and operate with impunity out of Iraq,' he said.
They'd turn Iraq into what Afghanistan was before Sept. 11, 2001: a haven for terrorist recruitment and training and a launch pad for attacks against the United States and its interests, he said.
'Iraq would serve as the new base of a new Islamic caliphate to extend throughout the Middle East and which would threaten legitimate governments around the world,' he said.
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Americans do not condone torture of terrorists, Rice says

Secretary of State emphasizes that U.S. abides by law

Gerry J. Gilmore
American Forces Press Service

WASHINGTON — The United States is a law-abiding nation and never has transported captured terrorists to another country to be tortured as part of the interrogation process, the senior U.S. diplomat said Monday.

'Torture is a term that is defined by law. We rely on our law to govern our operations. The United States does not permit, tolerate or condone torture under any circumstances,' Secretary of State Condoleezza Rice told reporters at Andrews Air Force Base, Md., as she prepared to depart on a four-day European trip to Germany, Romania, Ukraine and Belgium.

Rice rebutted recent news reports alleging that the United States has transported captive terrorists to other countries to be tortured in order to exact confessions.

'The United States does not transport, and has not transported, detainees from one country to another for the purpose of interrogation using torture,' Rice said.

She also said the United States doesn't use the airports or airspace of other countries to transport terrorist detainees to other places for the purpose of torture.

'The United States has not transported anyone and will not transport anyone to a country when we believe he

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will be tortured,' Rice said.
'Where appropriate, the United States seeks assurances that transferred persons will not be tortured.'
Rice said she supports the practice of rendition, or the transport of detainees from the point of their capture to their home countries or to other locations where they can be questioned, held or brought to justice.

'Renditions take terrorists out of action and save lives,' Rice said.

For decades, she added, the United States and other countries have used renditions to move captive terrorists.

'Rendition is a vital tool in combating transnational terrorism. Its use is not unique to the United States or to the current administration,' Rice said.

Rice said rendition brought 1993 World Trade Center bombing mastermind Ramzi Youssef to the United States, where he now serves a life sentence for his crimes. Rendition also brought the notorious terrorist Ilich Ramirez Sanchez, better known as 'Carlos the Jackal,' to France for trial after his 1994 capture in Sudan, Rice recalled.



Rice

I'm going home; can you join me?

Chaplain (Capt.) Everett J. Franklin
1st Battalion, 21st Infantry Gimlets

No matter how old I get there is always something that calls me back home. Home is the place where I feel comfortable. I love riding down the back roads there because I remember events from my life when things were simpler and seemed to be less complicated.

What is it about home that pulls us back during the holidays? Is it the food, the fellowship or the fun?

Many are going home for Christmas. Some know the journey from here will be long and they will face obstacles. Some of those obstacles deal with the fact that we are in the middle of the Pacific Ocean. Others may be weather related, and still others have more to do with relationships.

This year for Christmas, I am not going back to the place where I grew up, but I am working on getting back to another place I call home. This is a place of deeper relationship with the God who created me, a place of fuller realization of who I am called to be and what my purpose in life is really about.

That is part of the purpose of celebrating advent: to prepare ourselves to meet God. With living in a military culture, we understand the level of preparation that is called for when a high-ranking dignitary visits.

John the Baptist calls us back home. His message calls us to repentance and leads us to forgiveness. God has promised to forgive us and to bring restoration to our lives.

The message of John the Baptist touched a need for the people to get back to basics

with God. Though we are often reluctant to admit it, we have that need as well.

Sometimes we have to go back to move forward. We have to face the past to fully live the future. A call back home goes out, but often the call involves obstacles, so we sometimes avoid the effort because of the obstacles.

You may have seen the new computer program Google Earth. On Google Earth you can 'fly' right to a location, from anywhere on the planet, in less than a minute with no difficulty. I wish I could do that when it is time to go back to my home in Florida. I wish I could do that when I stray from God's plan for me.

It's not that easy is it? We often carry 'baggage.' This baggage impedes us from getting back home and then enjoying home.

We often carry baggage around in our relationships with God that can prevent us from enjoying a joyous homecoming with Christ. Yet, we all want to feel the fulfillment of home, but how do we get there? How can we overcome these obstacles that prevent us from moving forward in our relationship with God?

What does it mean to experience the fulfillment of being home? A place in our faith allows us to feel at rest in God and truly at home in him.

John the Baptist's message was the hope of one who was coming to save us. It is only through God that we can know the fulfillment that satisfies our souls.

God will bring you the fulfillment of a vital relationship with him and with others; even faster than Google Earth.

War Memorial project slowly inches upward

The 25th Infantry Division Association, a 56-year-old nonprofit veterans organization, is the prime sponsor of the 25th Infantry Division War Memorial, adjacent Fernandez Hall at Schofield Barracks.

To date, the Association has raised more than \$80,000 of \$450,000 toward the cost of the memorial, which honors fallen Tropic Lightning

comrades who sacrificed their lives in service to the nation.

When complete, statues of a World War II, a Korean War and a Vietnam War Soldier will stand behind the modern-day Soldier.

Contributions are accepted from the community at large at 25th Infantry Division Association, P.O. Box 7, Flourtown, PA 19031-0007.



Voices of Lightning: What's the best thing about the holidays?



'...All the extra time we get to relax and have some fun.'

Pfc. Chris Crusan
Special Troops Battalion
Mechanic



'...Spending time with the family and decorating.'

Heidi Grande
Family Member



'...Enjoying the family.'

Sgt. 1st Class Feliz Rodriguez
HHC, Aviation Bde.
Paralegal NCO



'...Spending time with the family; that's the best thing.'

Sheldon Mitchell
82nd Eng. Bn.
Construction Supervisor



'...To be together with the family and the joy of togetherness.'

K. Ngiraidong
Family Member



A Soldier strains to pull himself up and over the 'incline walk' obstacle on the Air Assault course at East Range Dec.1. This will be the Air Assault School's last class before closing down.

The lucky bunch attends the last Air Assault School at Schofield

Story and Photo by
Staff Sgt. Manuel Torres-Cortes
17th Public Affairs Detachment

SCHOFIELD BARRACKS — With wet weather bags clutched in their hands, 100 Soldiers stood impatiently in formation hoping for the chance their name would be called as an alternate for the last U.S. Army Hawaii Air Assault School here, Dec. 1. Yet, only one Soldier's name was called.

Day Zero started early in the morning for 115 Soldiers whose names were on the list. However, they had to pass an inspection and an obstacle course before the start of their training.

The first order of business for these Soldiers was familiar. "Half-right, face, front-leaning, rest position, move," ordered Staff Sgt. Cody Ulberg, Air Assault School instructor.

Soldiers received a "complimentary" smoke session, a session in which their muscles are grinded to exhaustion through strenuous nonstop push-ups and sit-ups in the grass, dirt and mud.

"This is the last air assault class we will be having here," said 1st Sgt.

Fidelito C. Ordonio, commandant of the school. "This is not an easy course; it's physically and mentally demanding. Just ask the forty Soldiers who failed the last class."

Day Zero is considered the worst part of the first weeks. Soldiers must endure a grueling obstacle course and two-mile run, which usually weeds out the weak or faint of heart.

Throughout the obstacle course, students called cadence and also completed various exercises while waiting for the rest of their platoon to finish the obstacles.

"It's a confidence climb alright," said Staff Sgt. Della S. Blair, 209th Aviation Support Battalion, 25th Combat Action Brigade, breathing heavily after climbing down the two-story confidence climb. "Halfway up, it I was like 'oh!'"

Students endured eight obstacles that tested their brains, brawns and stamina. They were only allowed to fail one major or two minor obstacles.

After being drenched in mud, low crawling in the sand and exercising for more than six hours, students completed a two-mile run over rough terrain in

under 18 minutes to complete the course.

"It's too easy," said Spc. Kurt W. Sommer, 71st Chemical, 45th Sustainment Brigade, as he was the first air assault student to pass the finish line in under 12 minutes.

At the end of the day, the obstacle course claimed six failures.

"There have been improvements in the physical training of these Soldiers in the last couple of classes," said Staff Sgt. Justin Payne, Air Assault School cadre. "You can tell that the physical training regiment on post is helping these Soldiers get through these tough courses."

Since 1980 the school has provided tradition, motivation and esprit de corps for Soldiers of the 25th ID, and other units on the island and abroad, said Ordonio.

The class is scheduled to graduate Dec. 16. Although it's the end of the school, the tradition and pride that the cadre and the training instilled into these Soldiers will continue as they carry the air assault wings on their chest.



Pic. Kyndal Brewer

Maj. Gen. Benjamin R. Mixon congratulates Sgt. Maj. Jose L. Garcia-Aponte and his wife for his outstanding lifesaving performance.

Soldier's Medal: Few merit the honor

From A-1

at an unstable angle against the tree, still in drive and on fire as he approached the scene.

"It was a defining moment for me," Garcia-Aponte said. "It was a moment in time that I believe I was chosen to be there at a specific time, to help this person."

Risking his own safety, Garcia-Aponte removed the victim, who was trapped in the driver's seat of the burning vehicle, to a place of safety.

After realizing that the victim had suffered severe upper-body, head and facial injuries, he worked with fellow Soldiers to stabilize the

victim, treating for shock and conducting first aid to isolate the injuries, and curtailing bleeding and opening an airway, until emergency services arrived.

Garcia-Aponte's selfless actions unquestionably saved the life of the driver.

"For what we did that morning," explained Garcia-Aponte, "sombodys mom, somebody's sister, somebody's friend, somebody's leader is still alive!" he emphasized. "Not only is she alive, she is alive with the opportunity to fulfill her destiny and the chance to become who she is supposed to become in life."

84th Engineers: Unit deploys to war on terror

From A-1

In quoting Winston Churchill and urging the Soldiers to stay focused and vigilant, Wiercinski said, "I look forward to the next ceremony, when we all welcome you home."

Despite the hardships ahead for Soldiers and families alike, Soldiers are ready. By knowing their job and being physically fit and competent with a weapon, all the while maintaining a high level of morale, the only thing left to do is be safe and have fun, said Toy.

"In the heart of every human being there is the desire to be free," said Tunstall. "It is the Soldier and his family that bear the burden of battle. We fight to serve."



84th Engineers render a salute December 1st at Sills Field in honor of their Soldiers who are deploying to Iraq.

Secretary urges media to report full story on Iraq



Rumsfeld

government to account. Many in the media have done "excellent reporting" in Iraq, and some have been killed in the process, he said.

"But it's important also for the media to hold itself to account," Rumsfeld told the group.

"We've arrived at a strange time in this country, where the worst about America and our military seems to so quickly be taken as truth by the press and reported and spread around the world," the secretary said.

Often this reporting occurs with little or no context or scrutiny, let alone correction or accountability, even after the fact, he said. Speed appears to be more important than accuracy or context to

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some reporters, he said, and their reports can spread around the globe, regardless of their validity.

Rumsfeld cited the recent example of the widespread media coverage of two Iraqis' claims that U.S. Soldiers had attacked them with lions. These claims are still without substantiation, he said.

In May, rioting and several deaths resulted from what Rumsfeld called "a false and damaging" news story about a Koran being flushed down a toilet at the detention center at Guantanamo Bay, Cuba. In yet another instance, a recent New York Times editorial implied that the U.S. armed

forces were using tactics Rumsfeld called "reminiscent of Saddam Hussein."

Similarly, news reports that focus simply on terror attacks and bombings don't paint an accurate picture or tell the whole story of what's happening in Iraq, the secretary said.

"You couldn't tell the full story of Iwo Jima simply by listing the nearly 26,000 Americans that were casualties over about 40 days ... or explain the importance of [Gen. Ulysses S.] Grant's push to Virginia just by noting the savagery of the battles, and they were savage," Rumsfeld said.

Similarly, the secretary said, telling the story of what's happening in Iraq by focusing only on how many Americans have died leaves much of the story untold. Just as important, he said, is the story of what those troops died for and what they lived for.

E-mails deployed troops send to friends and families tell more of that story, Rumsfeld said.

"And much of it is different than what those in the United States are seeing and reading [in the press]," he said.

Rumsfeld urged reporters and editors to do some soul searching as they report on events in Iraq. He questioned how history will judge their reporting in the decades ahead, after Iraq's path is settled.

"I would urge us all — government and the media — to make every effort to ensure we are trying to tell the whole story," he said.

"We are all Americans. We are all in this together," Rumsfeld concluded. "And what we do today will not only impact us, but it will surely impact our children and our grandchildren and the kind of world they'll live in."

Donna Miles
American Forces Press Service

WASHINGTON — As the United States wages its first war with widespread 24/7 news coverage, Defense Secretary Donald Rumsfeld urged the media to ensure it's telling the whole story about Iraq, not just focusing on events that make dramatic headlines.

Rumsfeld, speaking at the Paul H. Nitze School of Advanced International Studies at Johns Hopkins University's campus here Monday, said troops frequently ask him why the American people aren't getting a more accurate picture of what's happening in Iraq. They question why violence seems to get the heaviest coverage, while "good news" stories about successes tend to go unreported.

The secretary noted the media's indispensable role in keeping people informed and holding the

Soldiers to get SGLI traumatic injury insurance protection

Army News Service
News Release

WASHINGTON — The Department of Defense has enacted a traumatic injury protection insurance under the Servicemembers' Group Life Insurance, or SGLI program. On Dec. 1, all service members eligible for SGLI became insured for traumatic injury protection of up to \$100,000 unless they declined SGLI coverage.

The program, which will be known as TSGLI, is designed to provide financial assistance to service members during their recovery period from a serious traumatic injury. A flat monthly premium of \$1 was added to the monthly SGLI deduction, regardless of the amount of SGLI coverage that the member has elected, officials said, beginning Dec. 1.

A retroactive provision of the law provides that any service member, who suf-

Fax claims to 1-866-275-0684 or mail them to: Department of the U.S. Army Traumatic SGLI, 200 Stovall Street Alexandria, VA 22332-0470

ferred a qualifying loss between Oct. 7, 2001, and Dec. 1, 2005, will receive a benefit under the TSGLI program, if the loss was a direct result of injuries incurred in Operation Enduring Freedom or Operation Iraqi Freedom.

The Army has already received the first 144 claims for the TSGLI for Soldiers who incurred a traumatic injury in support of OIF and OEF.

"Our nation's commitment to our Soldiers is evidenced by this program," said Col. Mary Carstensen, director of U.S. Army Wounded Warrior Program and TSGLI.

"TSGLI is another benefit which assists our fallen warriors and their families so they can focus on recovery,

further exemplifying the Warrior Ethos, 'Never leave a fallen comrade,'" Carstensen said.

Administered by the Army Wounded Warrior Program, or AW2, on behalf of the Army, the mission of TSGLI is to ensure eligible Soldiers receive the monetary payments they are entitled to while providing them with the necessary information and assistance to complete and submit their TSGLI claims, officials said.

If a Soldier is unable to complete a claim due to incapacitation or death, family members with an appropriate power of attorney or letter of guardianship may apply for TSGLI benefits on behalf of a Soldier, officials said.

Family members of a deceased Soldier who survived for seven days after incurring a traumatic injury and qualifying loss may also apply for TSGLI benefits.

TSGLI covers a range of traumatic injuries, including, but not limited to the following:

- Total and permanent loss of sight in one or both eyes,
- Loss of hand or foot by severance at or above the wrist or ankle,
- Total and permanent loss of hearing in one or both ears,
- Loss of thumb and index finger of the same hand by severance at or above the metacarpophalangeal joints,
- Quadriplegia, paraplegia, or hemiplegia,

- Third-degree or worse burns covering 30 percent of the body or 30 percent of the face, and
- Coma or the inability to carry out two of the six activities of daily living due to traumatic brain injury.

TSGLI is not disability compensation and has no effect on entitlement for compensation and pension benefits provided by the Department of Veterans Affairs or disability benefits provided by the Department of Defense, officials said, adding that it is an insurance product similar to commercial dismemberment policies.

TSGLI provides money for a loss due to a specific traumatic event while disability compensation is intended to

provide ongoing financial support to make up for the loss in income-earning potential due to service-connected injuries.

The Department of Defense developed this program in close coordination with the Department of Veterans Affairs. The Office of the Under Secretary of Defense for Personnel and Readiness will closely monitor implementation with the services and make necessary adjustments if required, officials said.

Additional information on the traumatic injury protection benefit, as well as a listing on qualifying injuries, can be obtained by calling 1-800-237-1336 or going to www.aw2.army.mil/TSGLI for application and contact information.



Left — The Arizona Memorial rests atop the sunken hull of the battleship USS Arizona .

Bottom — A single wreath lies in front of the USS Arizona Memorial Wall which preserves the names of 1,177 service members who lost their lives Dec. 7, 1941.

Maj. Richard A. Stebbins

Soldiers take historical remembrance tour

Maj. Richard A. Stebbins
94th Army Air and Missile
Defense Command

PEARL HARBOR — The rusted hulk peers from its watery grave as oil bleeds from its wounds. People move quietly within the hallowed walls of this shrine, the USS Arizona Memorial, just one of the many memorials seen along the VIP tour of Pearl Harbor.

Eighteen Soldiers from the 94th Army Air and Missile Defense Command took the opportunity to learn about the history and see the memorial for themselves. The Soldiers from this newly established unit recently took the tour aboard the Commander of the United States Pacific Fleet's boat, the Remembrance.

The purpose of this trip was to get the recently activated 94th AAMDC acquainted with the surrounding history and the culture of the island of Oahu.

As the world marked the 64th anniversary of the attack on Pearl Harbor, Wednesday, the unit took a closer look and relived the moments of the fateful Dec. 7 morning of 1941: "The day which

will live in infamy," as quoted by then-President Franklin Delano Roosevelt.

The two-hour journey took Soldiers back in time and consisted of a brief history of the area, a 23-minute documentary film depicting the Pearl Harbor attack, a tour of the museum and a boat ride.

A routine tour only takes passengers by boat from the Welcome Center to the Arizona Memorial and back. However, the historic Remembrance Tour included areas not normally seen by the general public. Those areas included a trip around Ford Island with rare sights such as the USS Utah, also known as "The Forgotten Memorial," and the USS Nevada memorial. A part of the mast from the USS Oklahoma could be seen as well.

"I had been on the other tour but this one gave more of the military aspect," said Sgt 1st Class Tanya M. Matthews, Human Resources noncommissioned officer in charge. "To me, it just made you reflect because we only think about that when December 7th comes around. But being right here made you not forget the sac-



Courtesy photo by Luz Tatiana Brand

rifices that were made by those sailors. It really brought it home," she explained.

The tour was said to have brought about many emotions. For the Soldiers of the 94th AAMDC, it was a chance to pay their respects to those heroes who made the ultimate sacrifice and to honor the hallowed waters where so many lost their lives. Soldiers all

agreed the tour was informative as well as stirring.

"I was not prepared for the overall feeling of it all," said Sgt. 1st Class Russell A. Matteo, chaplain assistant. "I read about it and I'd seen the movies, but to actually be there was a different feeling. I feel more knowledgeable about it now that I have taken the tour."

"When I was standing on the deck of the Arizona, I felt moved," said Staff Sgt. Eli Handler, health care noncommissioned officer in charge. "I really felt that I needed to take a moment of silence. "What stuck out the most for me," he continued, "was standing inside the memorial where the names appear. I realized that in one day all those lives were taken."

Additionally the tour passed by the majestic USS Missouri, also known as the "Mighty Mo." The USS Missouri was the last battleship built in the United States and was decommissioned in 1992. It reopened to the public in 1999.

Before the battleship was decommissioned, it was involved in every conflict the United States took part in, with the exception of the Vietnam War.

We pause to salute, honor says secretary

Secretary R. James Nicholson
Department of Veterans Affairs

WASHINGTON — "Few days in American history are burned into our national consciousness like December 7. On this date, 64 years ago, the American fleet at Pearl Harbor suffered a crippling blow.

More than 2,300 Soldiers, sailors and Marines were lost, and the nation was thrust headlong into the largest global conflict in human history.

Today, it is the stalwart veteran survivors of Pearl Harbor who remind us not only of this solemn chapter in the American story, but also of the great courage and resolve that continues to define us as a Nation.

United with partners like the Pearl Harbor Survivors Association, the Department of Veterans Affairs remains committed to serving these American heroes and all veterans, as well as preserving the memory of those who paid the ultimate price at Pearl Harbor.

We salute their valor and sacrifice, and we honor the fighting spirit of those who emerged from the smoldering wreckage of Pearl Harbor to triumph in the battle against tyranny in the Pacific.

We also pause to salute the courageous people of the Hawaiian Islands for whom Dec. 7, 1941, was not just a surprise attack on the forces of the United States military, but an unprovoked attack on their homeland.

Despite its status as a U.S. territory, Hawaii and its citizens responded with great fortitude and determination, many serving with distinction in the U.S. military.

For all Americans, Pearl Harbor Day should inspire us to remember the precious gift of freedom that has been handed from one generation to the next for more than 229 years."

Computer misuse is anything but harmless fun

Ed Beemer
Army News Service

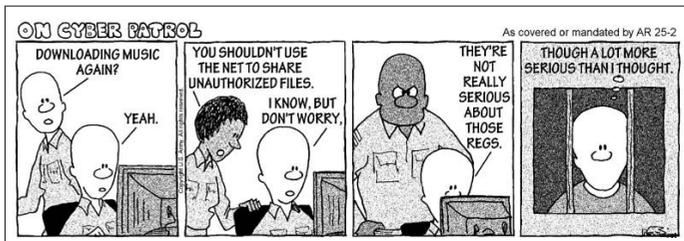
ARLINGTON, Va. — The next song you download may put your unit, your clearance, your job, or even your life at risk.

Whether you are downloading from a newsgroup, illegal site or a legitimate music provider, it potentially unlocks the door for intruders. The same is true for other related activities.

Unauthorized use of a government computer, or the installation of unapproved or illegal software, invites system compromises.

Downloading music or videos, chatting, playing online games or engaging in similar activities on a government computer is not only illegal use of government resources, but more importantly, it puts information and people at risk.

What might seem like an innocent way to kill free time could allow spyware, aggressive, malicious software or intruders directly into the system. This activity often



requires downloading unauthorized software onto an Army computer, a clear violation of Army Regulation 25-2.

"Installation of Unauthorized Peer to Peer, or P2P," applications is strictly forbidden and network monitoring is being conducted to identify illegal activities associated with users performing such activity.

This problem is widespread, even in the civilian world. Five major Internet companies have formed a coalition to put a stop to sites and advertisers that knowingly download spyware, adware, trackware and

other malicious software.

Federal and state laws are being enacted to address such activity as well. While annoying marketing companies generate most of this software development, some applications are capable of recording every keystroke and sending that information to unknown and often untraceable, entities.

Industry sources estimate that approximately 91 percent of civilian computer users have made some modification to their systems to avoid this type of software. Users make modifications to avoid ads; military personnel need to make modifications to protect

information and our forces.

Government computers

Misuse of government equipment is a punishable offense. But that is not the only crime. More importantly, the use of such subversive technologies exposes your computer, your network, your unit and yourself to cyber attacks, intrusions and data exfiltration that could end up costing lives.

If after you have downloaded the latest tune or selected your team for fantasy football, the way you log onto your computer, the next briefing you prepare, your sensitive personal information or your unit's capabilities could be sent directly to a terrorist, hacker or insurgent group. This information is sent without any indications or warnings, and once sent, it can never be recovered.

In addition, 9.9 million individuals were affected by identity theft last year. That official document saved on your system may contain

personal information such as your social security number that can be unknowingly shared as a result of the illegal software installation.

Personal information is usually sold or traded in underground communities. Accounts or credit cards are rapidly established under your identity. The outcome: It will cost you thousands of dollars and potentially years to correct. And if any download activity violates federal copyright laws, they carry a secondary penalty.

The Army is taking these actions very seriously because of the potential harm to our forces. Every Soldier must realize it is their duty to protect their fellow Soldiers and not engage in unauthorized online activities.

If you're involved in such activity, it's time to stop and think of the consequences.

Is an online game or a few new songs worth the risk?

(Editor's Note: Ed Beemer provided this article on behalf of the G-6 Information Assurance Office.)

OPSEC trainers will visit Soldiers deploying to war

Spc. Chris Jones
Army News Service

FORT CAMPBELL, Ky. — Due to the high number of deployed Soldiers using the Internet as a way to keep in touch with family and friends back home, Operations Security training has become a growing concern for the Army.

In August, Army Chief of Staff Gen. Peter Schoomaker augmented Army OPSEC training by issuing guidance resulting in the establishment of four Mobile Training Teams to speak to Soldiers before they deploy to the theater of operations.

The goal of these MTTs, which consist of OPSEC experts, is to train brigade or division-level officers and noncommissioned officers on what is regarded as sensitive but unclassified information, and to ensure these leaders filter the information to their subordinates.

Enemy has Internet

Lt. Col. Herbert White, commander of the Information Operations Vulnerability Assessment Detachment, and responsible for the MTTs, said the Internet has caused OPSEC training to be updated from previous conflicts due to the enormous level of information readily accessible to everyone.

"It's important that Soldiers know," White said, "when they send something out through the Internet, their intended recipient may not be the only recipient."

"Although OPSEC training has always been a concern for Army leaders, the conflicts in Iraq and Afghanistan, coupled with the rapid growth of the Internet, has made

OPSEC more relevant than it may have ever been," White said.

"An e-mail is like a postcard," he said. "You don't write something on a postcard that you [don't] want everyone to read, because everyone can read it. You put the personal

information on the back of the postcard." OPSEC officials is the inadvertent release of sensitive information. This release may occur through online blogging, e-mails and sensitive photographs posted on the Internet, White said.

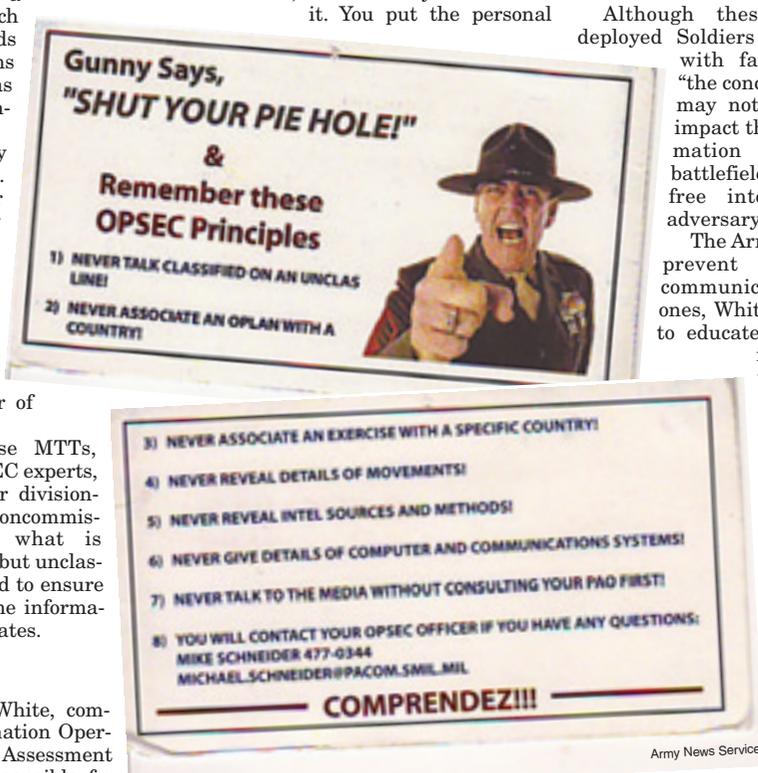
Although these are ways for deployed Soldiers to stay in touch with family and friends, "the concern is that Soldiers may not know the serious impact that unfiltered information can have on the battlefield," White said. "It's free intelligence for the adversary."

The Army does not want to prevent Soldiers from communicating with loved ones, White said. The goal is to educate Soldiers on what is considered sensitive information and "then trust the Soldiers to do the right thing," White said. "And Soldiers will do the right thing, as long as they know what the right thing is."

Soldiers who leak sensitive information can face serious consequences. Spc. Leonard Clark, an Arizona National Guardsman, was reduced in rank, fined \$1,640 and sentenced to 45 days of extra duty for violating Article 92 of the UCMJ for releasing classified information such as unit convoy routes on a Web site he ran.

"Computers have made it easier for Soldiers to keep in touch back home," White said. "But it's also easier for the enemy to learn what's going on. It's something every Soldier needs to be aware of."

(Editor's Note: Spc. Chris Jones serves with the 40th Public Affairs Detachment.)



and private stuff in an envelope, and that's why we've got [secure Web sites]."

"There are currently four MTTs, each of which are on the road weekly to train troops from various Army installations. Other branches of the military have similar training," White said.

MTTs were scheduled for 16 training events between October and December.

Blogging concerns

One of the main concerns for

News Briefs

Army Reserve Opportunities

Leaving active duty and want to continue earning points towards retirement? Have you transferred to Hawaii and are looking for a unit? Join a local points-only Reserve unit and continue your military career while maintaining your benefits such as commissary, PX and SGLI.

Drills are Monday or Wednesday evenings at Fort Shafter Flats, and all ranks and any MOS are eligible. Annual training and other professional development opportunities exist with the 1985th Reinforcement Training Unit (RTU) and 711th Individual Mobilization Augmentation (IMA).

For more, contact Maj. Pepper at 655-6192 or Sgt. Maj. Kahalehoe at 228-3323.

Housing Closure

Monday, the Schofield Barracks Housing Services Office will be closed from 11 a.m. to 2 p.m. The Fort Shafter Housing Services Office will be open, and Schofield customers can contact the Fort Shafter Office at 864-1403 for assistance.

Mandatory Ethics Training

All Army personnel must be aware of and comply with the highest ethical standards. Therefore, mandatory face-to-face ethics training for every Soldier and Army civilian employee, regardless of grade, rank or position is required each year. One session remains at Sergeant Smith Theater, Schofield Barracks: Thursday, Dec. 15, at 1 p.m.

GSA Annual Inventory

The Hickam GSA Customer Supply Center will be closed for inventory Jan. 9 - 13, 2006, and will reopen Jan. 17, 2006. The GSA store located at Schofield Barracks will be open for supply needs during the Hickam Air Force Base closure. For more information, contact Teresa DeMello at 448-8937.

IO Specialists

Functional Area 30, Information Operations, is seeking highly motivated year group 1997-2002 officers for expanding IO opportunities in brigade combat teams, divisions, corps and joint positions. Interested officers in year groups 1998-2001 can request career field designation by completing the online preference form at www.hrc.army.mil/site/active/opfamdd/cfd_Upcoming_boards.htm or contact Maj. Mogavero, Information Operations career management officer, at gregory.mogavero@us.army.mil or 703-325-5791 for more details.

All other interested officers can request redesignation to Information Operations through the HRC Information Operations career management officer. Contact Lt. Col. Ken Krumm at 913-684-5318 or David Pendleton at 913-684-5320.

Army Community Service Survey

ACS needs assistance in planning for future services. Continuous feedback from those served is a critical piece of its strategic planning.

Please take the time to tell ACS how it can better serve you by completing the survey provided at the following link: <http://www.zoomerang.com/survey.zgi?p=U245XLR5UJW9>.



Air Force Lt. Col. John Gasner

Retired Army Lt. Gen. Ed Smith visits with the Philippines Alumni Association and distinguished guests. Recently, Smith completed a trip to the Philippines where he met with senior host nation leaders and fellows in the new alumni chapter.

APCSS reaches out to Philippines

Asia-Pacific Center for Security Studies
News Release

HONOLULU — Getting out into the region is a priority for the new Asia-Pacific Center for Security Studies president. Retired Army Lt. Gen. Ed Smith just completed his second trip to the region since he began working here in August.

Recently, he completed a trip to the Philippines where he met with senior host-nation leaders as well as the new Philippines Islands APCSS Alumni Association. Previously, Smith visited Malaysia and Thailand.

APCSS is expanding its focus from resident courses in Hawaii to hosting some conferences and mini-courses in the Asia-Pacific Region. The first conference hosted outside Hawaii, solely sponsored by APCSS, was held in Japan in October.

“Our plans for an Outreach Program will fulfill a need,” said Smith. “Everywhere I went, people said that it was important to engage in APCSS programs those [people] who may

ON THE WEB

See www.apcss.org for more information.

not be able to get to Hawaii.”

The goal of the APCSS Outreach and Education Program is to expose more security practitioner neighbors to APCSS program offerings, specifically those who may not be able to attend a resident course or conference held in Hawaii. The initiative also offers partnering host nations opportunities to demonstrate continuing leadership in important security cooperation education in the region.

APCSS plans to partner with other similar organizations in the region to produce mini-course and conferences tailored to particular sub-region security issues and needs. Two conferences are in the planning phases for the spring and summer 2006 timeframe, and plans are being made to host the first mini course in Malaysia this Spring, in coordination with the Southeast Asia Regional Center for Counter Terrorism.

In addition to conferences and mini courses, APCSS faculty members will continue to partner with counterpart academics in the region on policy relevant research projects.

About APCSS

The APCSS addresses regional and global security issues, inviting military and civilian representatives of the United States and 45 Asia-Pacific nations to its comprehensive program of courses and conferences, both in Hawaii and throughout the Asia-Pacific region.

The Center supports the U.S. Pacific Command's objective of developing professional and personal ties among national security establishments throughout the region.

APCSS focuses on a multi-lateral and multidimensional approach to defining and addressing regional security issues and concerns. The most beneficial result is building relationships of trust and confidence among future leaders and decision-makers within the region.

Security changes in store

Stefanie Gardin
25th ID Public Affairs Office

Looking out across the horizon, wave after wave of questions comes rolling in.

They start off easy, asking for things like your name and birth date. Then things start to get more complicated. They ask for the names and contact information of people who've known you at different addresses over the years, what foreign countries you've visited and why — detail after detail.

Sound familiar? Well, to most of us, it should because it's part of getting a security clearance or approval for a position of trust: filling out the Questionnaire for National Security Positions (SF-86). The questions and answers are looked into as part of a background investigation to ensure trustworthiness, reliability and loyalty.

Currently, individuals can submit these questionnaires by filling out the SF-86 by hand and sending it up for investigation, or filling out the Electronic Personnel Security Questionnaire (EPSQ) and submitting the information electronically.

However, change is on the horizon.

“What we're having now is a giant change within the way clearances are being obtained,” said Jon A. Sallot, a senior security specialist in G-2 here.

In the past, the Defense Security Service processed clearances for military personnel, and the Office of Personnel Management (OPM) processed clearances for civilian personnel. With the change, only one central office will be conducting investigations, and that will be the OPM, Sallot said.

With the changes in control come changes in procedure as well. The OPM has developed a new computer program called Electronic

Questionnaires for Investigations Processing, or e-QIP, to take the place of the EPSQ; the 25th Infantry Division and U.S. Army, Hawaii, has been one of the beta test sites for e-QIP since May.

“We started as a beta test site just for our people to learn how it works,” Sallot said. “Right now it's been a learning period for us.”

The e-QIP program

So what exactly is this new program? Well, it is an electronic means for individuals to enter, update and transmit their personnel security questionnaire over a secure Internet connection, through their security manager, to OPM. It was designed to be accessible from any computer, anywhere in the world, as long as the Internet browser is capable of 128-bit encryption.

“e-QIP basically follows the same parameters of the EPSQ, with the exception that now it's in a centralized database,” Sallot said. “So, seven years from now, or whenever, you can go back to that same electronic questionnaire and update it from the database.”

Being in a centralized database has its advantages. For example, if a person goes someplace else and loses the disk or paperwork with all his information on it, all he'll have to remember is his password, and he'll be able access the information from the database, Sallot said.

“Also, say you have a secret clearance and seven years from now, you have to redo it. All you'll have to do is update the database, instead of starting the whole process over again,” Sallot said.

Another benefit is standardization. Handwritten SF-86s are no longer needed; typed 86s or EPSQs, everything, will be complet-

ed using e-QIP. That is going to affect everyone, from Soldiers to Department of Defense civilians, to contractors.

“We don't know when this is going to take effect, but it is definitely going to happen,” Sallot said. “We've got to start preparing people for this, so that one day, it doesn't just slap them in the face.”

As with any new program, e-QIP has its share of growing pains. For example, individuals must spell everything out; e-QIP will not accept military acronyms. Also, addresses need to be physical locations; they have to have a building number and a street number.

One of the biggest changes Sallot emphasizes is the time requirement.

“Upon notification from your security management office, you have 30 days to initiate your investigation

For more details, call 655-1844/8879.

via e-QIP,” Sallot said. “If you don't, you're kicked out of the system, and the whole administrative procedure must be started again to allow you to get back in the system.”

In addition, individuals only have 60 days to complete their e-QIP online. Again, if they don't, they are kicked out of the system, all the data they inputted is lost, and the entire process must be started again.

So what does Sallot advise?

“Get all of the information together first, instead of hunting and pecking,” he said. “That way, you can just go and input all of your information at once and send it out.”

And of course, as always, your security office is here to help you if you stumble upon the way, Sallot added.

Generals Loop lights the way to holidays

Story and Photos by
Pfc. Durwood Blackmon
Staff Writer

SCHOFIELD BARRACKS — Family, friends and guests gathered for an evening of holiday fun and cheer at the Schofield Barracks Community Holiday Concert and Christmas Tree Lighting Ceremony at Generals Loop here, Dec 1.

The ceremony offered entertainment and an assortment of snacks that created a holiday atmosphere and embraced the Christmas spirit.

“This is an opportunity for all of us to engage the holiday spirit in our hearts and more importantly, commit ourselves to keep that spirit with us throughout every day of the year,” said Brig. Gen. Francis Wiercinski, assistant division commander (support), 25th Infantry Division.

Among those who worked together to shape the event into a holiday success were the Oahu Base Support Battalion; the Directorate of Public Works; community action officers; the Garrison Replacement Program; the Medical Retention Processing Unit; Installation Troop Command; Boy, Girl and Cub Scouts of America; Solomon Elementary School; Leilehua Junior ROTC; Young Ladies & Men of Teen 2000 Club; and Fire Dept. #15.

The 25th Infantry Division Tropic Lightning Band played holiday sing-alongs as children laughed and played with Santa’s elves, the Blues Clues Dog, Tigger, Pokemon, Sponge-Bob Square-Pants and the rotten Mr. Grinch from Who Vile.

Solomon Elementary School and the Tropical Lightning Brass Quintet provided special musical performances as part of the ceremony as well.

Capt. Mark G. Rasmussen, 25th ID Replacement Detachment, narrated



Above — Rachel Shawlinski pushes the red button that will ignite Christmas lights at this year’s Generals Loop ceremony.



Left — Lenzie Blackmon softens Mr. Grinch’s cold heart as they share a hug.

daughter of 1st Sgt. Robert Shawlinski, 25th ID Replacement Company, enjoyed the exquisite honor of lighting the tree this holiday season.

A colossal Christmas tree covered in lights shadowed the podium on the field at Generals Loop. Letters reading “Start the Holidays” were positioned above a large red button on the podium. With the touch of a finger, Rachel Shawlinski pushed the red button and Christmas tree lights instantly lit up the night sky as onlookers gleamed with happiness.

The magic of Christmas was apparent as Soldiers attending the ceremony enjoyed spending time with their families and gazing at the lights.

Staff Sgt. Chris Hendry, Headquarters and Headquarters Company, 1st Battalion, 27th, Infantry Regi-

and introduced guests of the evening. One guest in particular had a very important and enlightening role in the ceremony. Rachel Shawlinski

See “Lights,” page A-10

Chapel Worship Schedule

At Southside Chapels: Fort Shafter, Aliamanau Military Reservation and Fort DeRussy

DECEMBER

- 4th, Second Sunday of Advent, regularly scheduled times
- 8th, 9 a.m., Mass for the Feast of the Immaculate Conception at AMR 5:45 p.m., Tree Lighting Ceremony at Fort Shafter Palm Circle
- 11th, Third Sunday of Advent, regularly scheduled times
- 18th, Fourth Sunday of Advent, regularly scheduled times
- 24th Christmas Eve 4:15 p.m., Children’s Christmas Pageant at AMR Chapel 4:45, Christmas Caroling 5 p.m., Chapel Christmas Vigil Mass at AMR Chapel 5 p.m., Protestant Candlelight Christmas Eve Service at Fort DeRussy 6 p.m., Protestant Christmas Eve Service at Fort Shafter 7 p.m., Protestant and Gospel Christmas Eve Service at AMR Chapel 7:30 p.m., Christmas Vigil Mass at Fort DeRussy
- 25th, Christmas Day 8:30 a.m., Catholic Service at AMR 9 a.m., Protestant Service at Fort Shafter 9:45 a.m., Protestant and Gospel Joint Christmas Service at AMR 9 a.m., Protestant Service at Fort DeRussy
- 31st, New Year’s Eve 5 p.m., Vigil Mass for Solemnity of Mary at Fort DeRussy 5 p.m., Vigil Mass for Solemnity of Mary at AMR Chapel

JANUARY

- 1st, New Year’s Day 9 a.m., Protestant Service at Fort Shafter 9:45 a.m., Protestant and Gospel Joint New Year’s Service at AMR 9 a.m., Protestant Service at Fort DeRussy

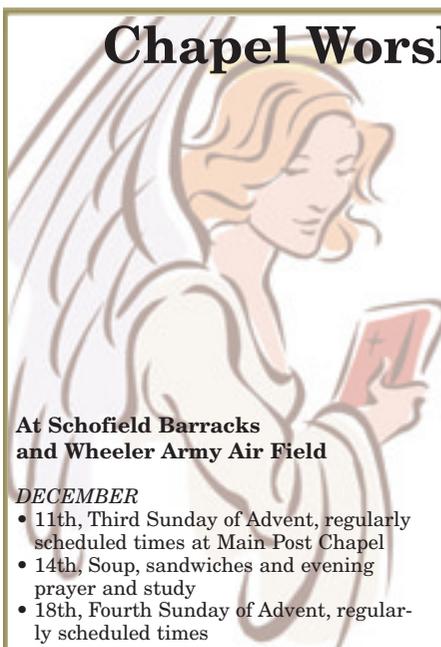
At Schofield Barracks and Wheeler Army Air Field

DECEMBER

- 11th, Third Sunday of Advent, regularly scheduled times at Main Post Chapel
- 14th, Soup, sandwiches and evening prayer and study
- 18th, Fourth Sunday of Advent, regularly scheduled times
- 21st, Soup, sandwiches and evening prayer and study
- 24th, Christmas Eve 7 p.m., Protestant Service at MPC 7 p.m., Lessons/Carols/Candle Light Service at Soldier’s Chapel 7 p.m., Protestant Candlelight Service —“Service of the Nativity” at Wheeler Chapel 10 p.m., Christmas Vigil Mass at MPC
- 25th Christmas Day 9 a.m., Protestant Service at MPC 10:30 a.m., Christmas Mass at MPC 10:30 a.m., Protestant Service at Wheeler Chapel 12 p.m., Gospel Service at MPC
- 28th Soup, sandwiches and evening prayer and study
- 31st, New Year’s Eve 5 p.m., Vigil Mass at MPC 10 p.m., Watchnight Service at MPC

JANUARY

- 1st, New Year’s Day 9 a.m., Protestant Service at MPC 10:30, Mass at MPC 12 p.m., Gospel Service at MPC



Division Warrior becomes part of Army Golden Knights

Where eagles soar, so do Army Golden Knights jump teams

Pfc. Kyndal Brewer
Staff Writer

SCHOFIELD BARRACKS – The Army Golden Knights Skydiving teams, both demonstration and competition, spend the year traveling across the United States and all over the world for numerous competitions to entertain fans.

For more than 40 years, the teams have performed 9,500-plus live, aerial demonstrations in all 50 U.S. states and 47 countries.

The team was originally formed in 1959 when 13 Soldiers came together to compete in the sport of skydiving.

On June 1, 1961, the Army recognized, redesignated and activated the team as the U.S. Army Parachute Team. A year later, the team received its nickname "Golden Knights" because of its winning record of gold medals.

For any Soldier in the Army, to



Black and Gold demonstration teams of the Army Golden Knights spend more than 230 days a year entertaining millions of spectators around the world. The teams have performed thousands of live aerial demonstrations, earning them the title of the "Army's Goodwill Ambassadors to the World."

be part of this illustrious brotherhood is considered a great accomplishment and honor. A challenging goal to attain, this fact did not stop one of our own 25th Infantry Division Warriors.

Borger becomes a Golden Knight

Spc. Benjamin Borger, a Califor-

nia native and 22 year-old infantryman with Headquarters and Headquarters Company, 1st Battalion, 27th Infantry Regiment, joined the Army out of high school seeking opportunity and adventure.

"I didn't think I was ready to go to college just yet, and I wanted to see what the Army had to offer," Borger explained.

Borger deployed to Iraq with 1-27th in 2004. As the end of the deployment neared, Borger and a fellow Soldier started to think of hobbies to take up when they returned.

Both came up with the idea of skydiving, and when Borger returned in February, he stuck to his word and began his skydiving career at Skydive Hawaii.

Warriors embrace a Waianae Christmas

Capt. Gregory Alexander
Contributing writer

WAIANAE — Saturday Dec. 3, hundreds of residents and visitors here lined Farrington Highway, anxiously awaiting the passing of the Waianae Coast Christmas Parade. Each year the Rotary Club of the Waianae Coast coordinates the festive event to celebrate the holidays.

The parade started at the Waianae Boat Harbor and ended at the Waianae Mall. This year, the 2nd Brigade of the 25th Infantry Division showed their support for by adding some military flair to the

local parade.

1st Battalion, 21st Infantry Regiment, supplied a color guard with U.S., Hawaiian and Army flags. The 1-21st also provided a 30-man marching element and an M998 High Mobility Multi-Wheeled Vehicle.

2nd Battalion, 11th Field Artillery Regt., finished the military portion of the parade with an M1097 HMMWV towing an M119A2 105mm Howitzer.

Spectators supported Soldiers with cheers and applause.

The Rotary Club hosted a Ho'olaule'a or festival afterwards, which included food, crafts and games.

The 2-11th FA set up booths so all could view Army equipment up close. Also, a static display integrated Stryker boards that explained characteristics of different types of Stryker vehicles due at Schofield Barracks next year.

Many in the Waianae community can relate to Army Hawaii Soldiers because numerous residents in the coastal area are deployed to Iraq with the Hawaii Army National Guard.

The Waianae Coast Christmas Parade is just one of many ways that the 2nd Brigade's Warriors are supporting the Waianae region.

Each of the battalions within the



Pfc. Kyndal Brewer

Selected Soldiers in 1st Bn., 21st Inf. Rgt., and 2nd Bn., 11th Field Artillery, march in the Waianae Christmas Parade, Dec. 3.

brigade has adopted a Waianae school to help provide needed improvements and organize special events at the partnered school.

2nd Brigade Warriors also work

with the Waianae Military Civilian Advisory Council to organize events that help bring the civilian and military communities closer together.

ACS makes car shopping less painful

Soldiers should proceed with care when making their decisions

Story and Photo by
Pfc. Teirney M. Humberson
17th Public Affairs Detachment

SCHOFIELD BARRACKS – When Soldiers first arrive on the island, one of the most vicious temptations is to run out and buy a vehicle, whether for getting from point A to point B or for having a good time.

Along the highways of Oahu, rows of car dealers are ready to make a deal. However, without the knowledge of what lays ahead, Soldiers could end up in situations they can't get out of.

There is hope.

Army Community Service offers classes and counselors equipped with the "ins and outs" of buying a new or used car.

"We see the greatest number of problems from the small independent shops that offer on-site financing for E-1 through E-4's with good credit, bad credit or no credit," said Sgt. 1st Class Gregory S. Fritz, a financial trainer for ACS.

With the possibility of deep debt looming, ACS offers a breakdown of what to expect and what to look for when approaching dealers.

According to information put out by ACS representatives, some things must be forefront in your mind when shopping for a vehicle. One is to prepare a budget to determine what can be afforded, and two is to decide what the vehicle will be primarily used for.



A Soldier from Headquarters and Headquarters Company, 3rd Brigade Combat Team, examines the bumper of a vehicle at the "Lemon Lot" on Schofield Barracks.

After determining why the vehicle is needed, complete a thorough check on the conditions of cars and research prices. Soldiers can find online tools for help.

When choosing a vehicle, research more specific items such as the vehicle's identification numbers. Once a Soldier has decided whether or not the automobile is in good condition and affordable, he or she must take time out to think about it, said Fritz.

"I would say a Soldier would do well to spend six to eight weeks researching and completing the purchase. We make decisions based on emotions and then later rationalize them with logic," said Fritz.

According to ACS, in the final step of making the pur-

chase, never finance longer than 48 months, and put at least 20 percent down to prevent owing more than the car is worth.

When initially looking for a car, start by looking in the "Lemon Lot" at Schofield Barracks or Hickam Air Force Base, said Fritz.

Often, service members will help out other service members. They could be selling the vehicle because they made a poor choice or are changing duty stations, said Fritz.

Spc. Jeffrey F. Lillard, a protocol administration specialist/driver with Command Group Headquarters and Headquarters Company, 25th Infantry Division, recently purchased a vehicle on the island. He said he got

a good deal on the vehicle, the dealership was professional and accommodating, and he was happy with his experience.

So, whether choosing to buy from another Soldier or setting out to chance a car deal, buying an automobile is a big decision.

At the end of the day, it's better to be prepared than to be blindsided by a deal and make a poor choice.

"When it comes to major purchases, this can be a costly and painful lesson to learn. It helps to take extra time to distinguish between wants and needs," said Fritz.

Salesmen are lurking, ready to strike, but with knowledge of car-purchasing procedures, so are Tropic Lightning Soldiers.



Emma Phillips tugs Santa's beard as she tells him what she would like for Christmas.

Lights: Santa tops annual celebration

From A-1

ment, Battalion Schools noncommissioned officer, from Fort Worth, Texas, happily brought his wife Mandy and their children to the ceremony.

"We wanted to see the tree lighting. It's Christmas time!" he exclaimed. "The kids are excited to see Santa Claus the most, but the lights are my favorite part," said Hendry.

Every Christmas, children of all ages eagerly anticipate Santa Claus and his sleigh full of presents being towed by Rudolph and fellow reindeer. This year, however, Santa gave his hard-working reindeer the afternoon off to enjoy the warm weather of Hawaii as opposed to the frigid temperatures in the North Pole.

With sirens blaring and red lights blazing, Mr. and Mrs. Cringle made their grand appearance at the Generals Loop, riding a fire truck.

Children bubbled with excitement as they rushed to greet Old Saint Nick as he stepped off the truck.

After slowly making his way through a crowd of smiling faces and open arms, Santa sat in his sleigh preparing to hear the Christmas wishes of all good little boys and girls.

Staff Sgt. Dean Phillips, squad leader with HHC, 1-27th, proudly watched as his daughter Emma got her turn at meeting Santa.

"Emma really wanted to see Santa. This is the first year that she wasn't scared of him," Phillips said.

At the close of the evening, it was apparent this event was a huge success in creating a festive spirit.

Wiercinski added, "From all of us to all of you, a very Merry Christmas, Mele Kalikimaka, Happy Holidays and Blessings of Peace to you all."

With holiday cheer, musical entertainment, Christmas lights galore and an illustrious arrival from Santa Claus, the Holiday Concert and Christmas tree Lighting Ceremony at Schofield Barracks was truly a scene of holiday happiness for all who attended.

Official debunks recruiting myths

Donna Miles
American Forces Press Service

WASHINGTON — Recruits entering the military are head and shoulders above their contemporaries, and myths that imply otherwise reflect the Vietnam era, not today, a top Pentagon official told the American Forces Press Service.

"They are so clearly a cut above America," Bill Carr, acting deputy undersecretary of defense for military personnel policy, said of today's recruits.

Carr bristles when he hears unfounded charges that the men and women entering the military are less educated, less affluent or less likely than other 18- to 24-year-olds to have alternatives to military service. Rather, a combination of volunteerism and commitment to service is prompting young people to enlist, Carr said, noting that a measure of shrewdness plays into their decision.

"They are planning their future and considering what part we can play in it," he said.

Carr likes to think of himself as a "myth buster," helping break stereotypes he said are flat-out wrong and cheat service members out of the pride they've earned and deserve.

He rattled off examples of those myths and set the record straight for each one.

• Myth 1: Military recruits are less educated and have fewer work alternatives than other young Americans.

In fact, military recruits are far better educated than the general youth population, Carr said. More than 90 percent of recruits have a high school diploma, compared to about 75 percent of the U.S. youth population.

That's an important issue to the military, Carr said, because a traditional high school diploma is the single best indicator of a recruit's "stick-to-it-ness" and likelihood of successfully adjusting to military service.

Recruits with a high school diploma have a 70 percent probability of completing a three-year enlistment versus a 50 percent chance for nongraduates.

The military has exceeded the 90-percent benchmark for recruits with high school diplomas every year since 1983, Carr noted.



Sgt. Kimberly Snow

Sgt. 1st Class James Youngdahl (right) calls cadence as he brings new recruits from the Recruit Sustainment Program back in from a one-mile run during drill assembly at the North Canton (Ohio) Armory, Nov. 20.

• Myth 2: The military tends to attract people with lower aptitudes.

Recruits actually have much higher average aptitudes than the general youth population, Carr said. In fiscal 2005, 67 percent of recruits scored above the 60th percentile on the Armed Services Vocational Aptitude Battery. The test is designed so that the average young person will score 50 percent, he explained.

But high achievement on the test isn't new, Carr said. Sixty percent of new enlistees have scored at or above the 50 percentile — the military's benchmark for recruits — every year since 1985.

• Myth 3: The military attracts a disproportionate number of poor or underprivileged youth.

In reality, military recruits mirror the U.S. population and are solidly middle class, Carr said. He cited a recent Heritage Foundation report that shows most recruits come from middle-class families, rather than poorer or wealthier ones.

Patterns in recent years reinforce this trend, showing a slight dip in recruits from lower socioeconomic groups and a slight increase from upper-class groups, Carr said.

• Myth 4: A disproportionate number of recruits come from urban areas.

Inner cities are actually the most underrepresented area among new recruits, Carr said. Both suburban and rural areas are overrepresented, he said.

• Myth 5: The military isn't geographically representative of America.

The southern part of the United States generates the most recruits, 41 percent, but also has the biggest youth population to draw from, 36 percent, Carr said. Twenty-four percent of recruits come from north-central regions, which have 23 percent of the youth population.

The west, with 24 percent of the nation's youth, contributes 21 percent of the new enlistees. And the northeast, with 18 percent of the youth population, provides 14 percent of new recruits.

Clearing up misconceptions about military recruits paints a truer picture of the young men and women joining the Army, Navy, Air Force and Marine Corps, and the capabilities they bring to their respective services, Carr said. It also reinforces what Carr said military leaders have recognized all along: "There's enormous talent in their midst," he said.



Organizations sought to vie for grant dollars

Samantha L. Quigley
American Forces Press Service

WASHINGTON — Volunteer organizations that benefit troops and their families are invited to compete for a share of \$75,000 grants as part of the 7th annual "Newman's Own Awards."

"[Judges] are looking for projects that will benefit members of the military and their families with an emphasis on either support to service members who are deployed, and equally important, to the families that are back here in the United States, the families of deployed service members," Jim Weiskopf, Fisher House Foundation vice president for communications, said in an interview Monday.

The entry chosen as the most outstanding will receive a \$10,000 grant to help implement that plan. The judges will allocate the remaining \$65,000 to other organizations. The awards are not geared toward large nonprofit organizations, he said, but more toward smaller, community-level groups.

"The whole premise behind the Newman's Own Awards is there are a lot of small- to medium-sized organizations comprised primarily of volunteers," Weiskopf said.

He added that instead of seeing people with great ideas going through possibly several fund-raising efforts to implement their projects, the group would rather give them the money to get their plans underway.

In announcing the competition on Dec. 2, Weiskopf said the 2006 contest award money has increased by \$25,000: from \$50,000 to \$75,000.

Specific eligibility rules are available on the Fisher House Foundation's Web site, www.FisherHouse.org, or by calling toll free, (888) 294-8560. Entries must be received by April 28.

The awards are sponsored by Newman's Own, Fisher House and Military Times Media Group. A World War II veteran, actor Paul Newman donates all profits and royalties from the sales of his Newman's Own food line to charitable and educational purposes. Since 1982, he has given more than \$175 million to multiple charities.

Exercise, a sensible diet make a healthy holiday

Capt. Sarah Flash
Registered Dietitian

The holiday season brings a cornucopia of delicious cuisine and it's everywhere ... family gatherings, office parties, military functions and at home.

If you are gearing up to starve yourself, so you can enjoy all your favorites, don't fret. Traditional holiday treats can fit into a healthful eating plan. The secret is to be sensible and flexible with your choices, balance what you eat with other meals, watch portion sizes and get moving.

Naturally, exercise remains vital to health and fitness all year long.

Take the worry out of eating by cutting back on fat and calories without sacrificing taste. It's easy!

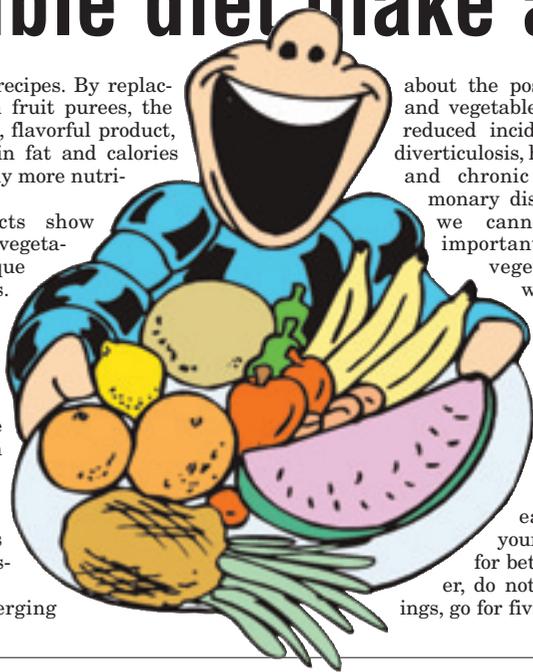
Fat is out, flavor is in. Packing nutrient dense fruit purees into baked goods and other menu items is one way to get more flavor and less fat.

Fruit purees have many of the same prop-

erties as fat in recipes. By replacing the fat with fruit purees, the result is a moist, flavorful product, which is lower in fat and calories and offers slightly more nutritional value.

Scientific facts show that fruits and vegetables offer us unique health benefits. Researchers continue to find a strong link between increased fruit and vegetable consumption and the decreased risk for chronic diseases such as cancer, heart disease and stroke.

More is emerging



about the positive role of fruit and vegetable consumption and reduced incidence of cataracts, diverticulosis, high blood pressure and chronic obstructive pulmonary disease. Additionally, we cannot overlook the important role fruits and vegetables play in

weight management and control of diabetes.

With a variety of valuable nutrients present in autumn orange and green vegetables and fruits, the secret to healthful eating is getting your five to nine a day for better health. However, do not stop at five servings, go for five to 10 servings.

What about pumpkin, sweet potatoes, squash, carrots, spinach, cranberries, oranges, cabbage or leeks? Fall orange vegetables like sweet potatoes, pumpkin and carrots, for example, are excellent sources of beta-carotene, which is an antioxidant and may protect against cancer. As well, they add color to the plate, serving line and dining experience.

Fruits and vegetables are also good sources of fiber, folic acid and potassium.

Fruit purees come commercial as in apple sauce, pumpkin puree, prune puree, baby foods and other canned purees. They can also be prepared using dried or fresh fruits. Examples of fruit puree in recipes are:

- Replacing fat-laden sauces,
- Berry sauces for entrees or desserts,
- Glaze for vegetables, pork, chicken, or ham, and
- Baked goods.

(Editor's Note: Information for this article was compiled from the www.hooahforhealth.com.)

Hours for Flu Shots

The Tripler Army Medical Center Flu Hotline can be reached at 433-3357.

At Tripler, shots are provided as follows.

•Immunization Clinic: Tuesdays, 1 to 3 p.m., and Wednesdays & Fridays, 9 to 11:30 a.m.

•Pediatric Clinic (433-6234): Mondays, Tuesdays, Thursdays & Fridays, 8 a.m. to 3:45 p.m., and Wednesdays, 8 a.m. to noon & 2 to 3:45 p.m.

•Family Medicine Clinic (433-9738 or 433-3649): Mondays, Tuesdays, Thursdays or Fridays, from 8:30 to 11:30 a.m. or 1 to 3:30 p.m., and on Wednesdays from 8:30 to 11:30 a.m. or 2 to 3:30 p.m.

•Adult Medicine Clinic (433-6641): Walk-in Tuesdays or Wednesdays from

9 to 11 a.m., or 1:30 to 3:30 p.m.

At Schofield Barracks, shots are provided as follows.

•Schofield Immunization Clinic (433-8145): Mondays from 8 a.m. to noon, or 1 to 2:30 p.m.; Tuesdays or Thursdays from 7:30 a.m. to noon or 1 to 3:30 p.m.; Wednesdays from 7:30 a.m. to noon; or Fridays from 7:30 a.m. to noon or 1 to 2:30 p.m., except the last Friday of every month when hours are 1 to 2:30 p.m.

•Schofield Family Medicine Clinic (433-3650 or 3649): Mondays, Tuesdays, Thursdays or Fridays from 8:30 to 11:30 a.m., or 1 to 3:30 p.m.; or Wednesdays from 8:30 to 11:30 a.m., and 2 to 3:30 p.m.

Study addresses disease threats

American Forces Press Service
News Release

WASHINGTON — A new study addresses the military operational impact of new disease threats by looking at risks to service members around the world.

The report, titled "The Bug Stops Here: Force Protection and Emerging Infectious Diseases," offers practical suggestions that will allow the U.S. military to maintain its competitive advantage as it provides security.

The study comes from the National Defense University's Center for Technology and National Security Policy.

During the past 30 years, more than three dozen new and frightening diseases have been identified for the first time. These include the virus that causes hepatitis C, Ebola and Marburg hemorrhagic fever viruses, Legionnaires' disease, and most recently, severe acute respiratory syndrome, or SARS.

At the same time, diseases previously thought to be only a minimal threat to human health have re-emerged. And the growing threat of an avian influenza pandemic looms more pervasively.

These increasing global infectious disease threats can seriously affect the stability of governments worldwide. A disease epidemic in the United States might impact U.S. national security. Military operations in regions of disease activity could prevent the successful completion of a mission. An infected Soldier carrying a contagious disease back to the U.S. could also affect national security.

This report provides a series of case studies that analyze health threats to each regional combatant command and presents both tactical and strategic recommendations that will better prepare the entire Defense Department for future disease outbreaks.

"This is superb, the best military-

oriented contemporary study I have seen," wrote retired Army Col. (Dr.) Robert J. T. Joy, emeritus professor of medical history at the Uniformed Services University of the Health Sciences in Bethesda, Md. "This text should be required reading and teaching at all service schools and staff and war colleges."

"It is essential that the line commanders get the message that the ultimate responsibility for keeping the troops from becoming patients is theirs," retired Vice Adm. (Dr.) James Zimble, former surgeon general of the Navy, said.

The study offers opportunities to improve combat casualty care as the military and civilian health care systems become more integrated. The nation will reap the benefits as emerging infectious disease threats are anticipated and steps are taken to deal with them, officials noted.

(This news release is based on a National Defense University article.)



Special Olympics

Soldiers assist with the games

Pfc. Nicole R. Montoya
17th Public Affairs Detachment

MARINE CORPS BASE HAWAII, Kaneohe Bay — With a smile from ear to ear and intense joy running through

their bodies, Special Olympians knew their day was going to be extraordinary, Dec. 3. Equipped with bowling shoes and their bowling balls, Special Olympic athletes competed with some help from exceptional Soldiers, Marines and Sailors. Soldiers with 1st Battalion,

14th Infantry Regiment, volunteered to lend a hand during the bowling tournament in the Special Olympics Hawaii Holiday Classic here. Dozens of bowlers and Soldiers waited anxiously in the K-Bay Lanes bowling alley to see which bowlers could bring home the prestigious gold medals.

"Today's been good for us," said Capt. Kee Y. Jeong, commander of Co. C, 1st Bn., 14th Inf. Rgt. "Especially around the holidays, the community is good to us, so we're giving back."

Contestants bowled three games a piece, and Soldiers tallied their scores. As soon as winners were identified, officials and sharp-looking service members in Class B uniforms recognized them with awards and medals.

Announcer and head volunteer Kelly Blakeslee revealed the winners, while Valery O'Brien, parent of one of the par-

ticipants, said she was amazed at how well the Special Olympians took to Soldiers.

O'Brien's daughter, Katie, was competing for the tenth consecutive time in the yearly tournament. Unable to speak because she is hearing impaired, Katie used sign language as a form of communication to say, "The men that helped us today were very nice."

Jeong explained that one of the major reasons the athletes are comfortable with service members is their uniform.

"They were pretty amazed by the uniform," said Staff Sgt. Jason Henry, squad leader, Co. C, 1st Bn., 14th Inf. Rgt. "One of them said they wanted to be in the military."

Soldiers said they dedicated their time to simply provide a helping hand for a good cause.

"It's good that we're here," said Sgt. Seth Connell, team leader, Co. C, 1st Bn., 14th Inf. Rgt. "We always [like to] help out."



Photos by Pfc. Nicole R. Montoya

Above — Special Olympians received medallions as awards during the Special Olympics Holiday Classic at the K-Bay Lanes bowling alley on Marine Corps Base Hawaii, Dec. 3.



Left — 2nd Lt. Michael Arevalo, platoon leader, Co. C, 1st Bn., 14th Inf. Rgt., places a medallion around a contestant's neck during the Special Olympics Holiday Classic.



Photo by Marine Corps Cpl. Rich Mattingly

After a long day of competition, athletes and volunteers participating in the Special Olympics Hawaii Holiday Classic State Games unwind at the Victory Dance celebration. Athletes and teams were honored, and all participants enjoyed the communal atmosphere that makes the Special Olympics a unique set of sporting events.



MWR Briefs
Serving America's Army in Hawaii

DECEMBER

9 / Today

Teen Social — Join friends for an evening of fun at the Schofield Barracks Teen Center Social and the Aliamanu Teen Center Holiday Social from 7 to 9:30 p.m. Listen to music and dance, play games or participate in contests. Admission is \$3 for members and \$4 for nonmembers.

Hip Hop/R&B Night — Come to the Tropics for an evening of fun and dancing from 9 p.m. to 1 a.m. An \$8 cover charge applies at the door. Call 655-5697 for more information.

10 / Saturday

Breakfast with Santa — Come to the Tropics and join Santa for breakfast Dec. 10 and 11 from 10 a.m. to noon. Cost is \$5 for breakfast and \$3 for a picture with Santa.

Tickets for both breakfasts will be sold at the Tropics. For more information, call 655-5697.

Yu-Gi-Oh — Get ready to duel at the Tropics. Registration for the Yu-Gi-Oh tournament starts at 12 p.m. and matches will start at 1 p.m.

Cost is \$6 and includes a pack of Yu-Gi-Oh cards. Prizes will be awarded, and all ages are welcome. Call 655-8522 for more details.

13 / Tuesday

Library Holiday Activities — Celebrate the holidays at your local Army library. Visit with Santa at the Fort Shafter Library Dec. 13 and at the Aliamanu Library Dec. 15. Come to the Sgt. Yano Library Dec. 14 for holiday stories and craft activities.

All programs start at 3 p.m. For more information, call 833-4851 (Aliamanu Library), 438-9521 (Fort Shafter Library), or 655-0145 (Sgt. Yano Library).

Single Soldier Texas Hold'Em — Are you the next Schofield Barracks Hold'Em Champion? Single Soldiers are invited to enter the Texas Hold'Em Tournament to be



Spc Amanda Flemett

New seafood market

Rhonda Mixon, wife of Commanding General Maj. Gen. Benjamin R. Mixon, and Carolyn Killian, wife of U.S. Army, Hawaii, Commander Col. Howard J. Killian, take the honors of cutting the red ribbon during the grand opening of the new seafood market in the Schofield Barracks Commissary.

played Dec. 13 and 15 at the Tropics.

The final table of the tournament will be held at the "Single Soldier Christmas Party," Dec. 24. For additional information, call 655-5697.

17 / Saturday

Parents Night Out — Leave your kids in the competent hands of Child and Youth Services on Parents Night Out, Dec. 17, and then enjoy a nice night out on the town.

Children enrolled in Parent's Night Out must be registered with the Resource and Referral Office no later than noon Dec. 14.

21 / Wednesday

Army Soldier Show — Performer and technician nominations are now being accepted for the Army Soldier Show. Entries will be accepted through 4 p.m., Dec. 21. If you are interested in participating or want more information, call the Leisure Activities Office at 655-0112 or 655-0111.

SKIES Christmas Gift — Parents, do you want to give a special Christmas gift this year? Let SKIES Unlimited help. Enroll your child in karate, driver's education or dance classes between now and Dec. 21, and receive a free karate uniform, a 10-percent discount on driver's education or a silver dance shoes charm (while supplies last).

You will also receive a gift card with each Christmas gift class registration. For more information, call 655-5525.

Kids Club Holiday Party

— Kids, come to the Tropics for holiday crafts, games, contests, refreshments and more, Dec. 21 at 2 p.m. Cost is \$3 for refreshments. For registration or additional information, call 655-8522.

SKIES Babysitting Class

— Registration begins today for a free babysitting class, open to teens ages 13 and above. The class will be held Dec. 29 from 9 a.m. to 4 p.m. at the Kaala Community Center.

Teens need to wear comfortable clothing and bring a sack lunch. Registration is required and CYS members can register by calling the Schofield CYS registration office at 655-5314.

Teens who are not registered with CYS must do so prior to registering for the babysitting class. For more information, call SKIES Unlimited at 655-5525.

Christmas Coloring Contest

— Kids ages 12 and under can show off their creativity in the Tropics Christmas Coloring Contest. All participants will be entered for a prize drawing and entries will be displayed at the Tropics through Dec. 31. Deadline to enter is Dec. 29. For more information, call 655-8522.

ONGOING

Hawaii MusicWorks Studio

Classes — SKIES Unlimited is partnering with Hawaii MusicWorks Studio to offer a military discount program for music and voice lessons. Hawaii MusicWorks offers both classical study and pop study.

Classes include "Intro to Piano and Composition," "Intro to Guitar and Ukulele," "Intro to Voice," "Intro to Percussion" and "Rock School." Discount cards can be picked up at the Child and Youth Services registration offices. For more information, call 655-5525.

Storage Shed Rentals

— Many 8-foot by 6-foot sheds are available for rental at \$40 per month at Schofield Barracks or Fort Shafter. For more information, call 655-9368 (Schofield Auto Craft Center) or 438-9402 (Fort Shafter Auto Craft Center).

Tropics and Starbucks

— Visit the Ono Isle at the Tropics and enjoy hot and cold Starbucks specialties such as lattes, cappuccinos, mochas, hot chocolate and much more. The Ono Isle serves delicious pastries, desserts and smoothies.

Visit the Tropics in Building 589 on Schofield Barracks. Call 655-0002 for more information.

Job Search

— Visit, browse and See "MWR Calendar," page B-3

HACN TV2 Schedule

- Morning**
- 6:00 Sign On
 - 6:26 Coqui Frog Invasion in Hawaii
 - 6:47 Welcome Home Redeployment Guam
 - 7:00 Bulletin Board
 - 7:30 What's Down the Drain
 - 7:41 White Face
 - 7:55 Water Safety
 - 8:00 Hawaii Army Report
 - 8:30 Army News Watch
 - 9:00 Pentagon Channel
 - 10:00 White Face
 - 10:15 Change of Command Ceremony 251D (L) & USARHAW
 - 10:20 Bulletin Board
 - 10:50 Welcome Home Redeployment Guam
 - 11:04 Coqui Frog Invasion in Hawaii
 - 11:26 VATV #2
 - 11:52 Inside Afghanistan 8/31/05
 - 12:00 Hawaii Army Report
 - 12:35 Pentagon Channel

- Afternoon**
- 2:00 Inside Afghanistan 9/08/05
 - 2:12 Bulletin Board
 - 2:42 Welcome Home Redeployment Guam
 - 2:55 Shamu: The Rhino Story
 - 3:30 Coqui Frog Invasion in Hawaii
 - 3:50 Hurricane Safety
 - 4:00 Pentagon Channel

- Evening**
- 6:00 Hawaii Army Report
 - 6:30 Community Focus
 - 6:47 What's Down the Drain
 - 6:56 Change of Command Ceremony 251D (L) & USARHAW
 - 7:00 NFL: Football Follies
 - 8:00 Bulletin Board
 - 8:30 Inside Afghanistan 8/31/05
 - 8:42 What's Down the Drain
 - 8:50 White Face
 - 9:06 Volunteers
 - 9:21 Welcome Home Redeployment Guam
 - 9:34 Inside Afghanistan 8/22/05
 - 9:45 Safety Video
 - 9:49 Coqui Frog Invasion in Hawaii
 - 10:10 NFL: Ice Bowl
 - 11:25 Bulletin Board

- Overnight**
- Pentagon Channel

Community Calendar

DECEMBER

9 / Today

Battleship Missouri Memorial — In honor of the National Guards' 369th birthday on Dec. 13, the Battleship Missouri Memorial will offer complimentary (free) admission and 10-percent off retail purchases to all active duty and retired U.S. National Guard personnel throughout December.

In addition, immediate family members of Guardsmen will receive a 50-percent discount on admission (\$5 per adult and \$2.50 per child) and enjoy 10-percent off retail purchases. Qualified visitors must present their military ID at the Missouri's ticket window. Regular admission to the Battleship Missouri Memorial is \$16 per adult and \$8 per child ages 4 to 12. Military and kamaaina (local residents) rates are \$10 per adult and \$5 per child.

Guided tours of the Missouri are additional. For tour reservations, call 973-2494 from Oahu or toll free at 1-877-MIGHTYMO, or visit www.uss-missouri.org.

10 / Saturday

Hawaii Yacht Club — Kick off the holidays with an island-style parade on Honolulu's Harbor front. Join the Hawaii Yacht Club at Aloha Tower Marketplace from 6 to 8 p.m. for live entertainment and door prizes at Pier 9.

Billed as a "Christmas Boat Parade, Deck the Hulls!," festively decorated boats will sail through Honolulu Harbor, delivering warm and happy wishes for all. The boat parade will begin at approximately 6:30 p.m. For more information, call Aloha Tower Marketplace at 566-2337 or visit www.alohatower.com.

11 / Sunday

Disneyland "Aladdin" Auditions — Disneyland will be holding auditions for "Aladdin," the stage show, on Dec. 11 and 12 at the Ballet Hawaii Studios in the Dole Cannery Mall, Sunday from noon to 6 p.m. and Monday from 11:30 a.m. to 3:30 p.m.

Auditions are for the title character and Jasmine, as well as ensemble performers. Resume and photo are required and an accompanist is provided. Call 732-7733 for more information.

You will also receive a gift card with each Christmas gift class registration. For more information, call 655-5525.

12 / Monday

Leilehua PTSO Fund-raiser — Volunteers are needed for Leilehua High School's Parent Teacher Student Organization annual Spam Musubi Fund-raiser Dec. 12 - 14. Volunteers need to be at the school no later than 6:15 a.m. Funds raised will support school scholarships like the Mule Award. The number of awards and the amount given for the awards are based on funds the PTSO raises.

To volunteer or for more information, call 206-8280.

14 / Wednesday

Leilehua Financial Aid Workshop — Leilehua High School's second financial workshop, "Financial Aid 101," will be on Wednesday, Dec. 14, at 6:30 p.m., in the LHS Library. Adam Hatch, director of financial aid at Hawaii Pacific University, will answer questions about financial aid and financing college in 2006. Class of 2006 parents, this is a must workshop for you.

For more information, contact Judy Watanabe at Leilehua High School at 622-6556.

15 / Thursday

Hui O' Na Wahine Luncheon — The Hui O' Na Wahine will hold its December luncheon on Thursday, Dec. 15, at the Nehelani Club. The program is titled "Make it, Bake it, Sew it, Grow it or just FAKE IT!"

This auction benefits the club's scholarships and welfare programs. Doors will open at 10:30 a.m. for shopping and lunch will be served at 11 a.m. Cost is \$12.

For reservations, last name A-L call 624-8199; last names M-Z call 624-0015. Limited child care is available by calling Central Registration at 655-8313 to make a reservation. New members are always welcome; call 624-8191, for more information.

Hale Koa Room Special

— Book three rooms, instead of two, during the Hale Koa Hotel's fall season special now through Dec. 15. Eligibility requirements apply. Contact the reservations department for availability at 955-0555.

14th Annual Deaf Santa Celebration

— The state's lone deaf and signing Santa returns to Pearlridge Mall for the only yuletide celebration of its kind in the islands. Join some unique entertainment, including Hawaii's most prominent deaf and hard-of-hearing performers, as well as talented students from schools throughout the islands.

Children will be visiting Santa Thursday, Dec. 15, from 9 to 11:30 a.m. Entertainment will follow from 10 a.m. to noon at the Uptown Mall, second level.

For more information, call 733-4846 or 734-9154.

16 / Friday

Ballet Hawaii — International stars, Ballet Hawaii's large corps de ballet, and live Tchaikovsky music by the Honolulu Symphony, combine as Ballet Hawaii presents "Nutcracker," a longtime Christmas favorite.

The production will run Dec. 16 to 18 at the Blaisdell Concert Hall. The show will start Friday at 8 p.m., Sat-



urday at 7:30 p.m. and Sunday at 2 p.m. Tickets range from \$25 to \$60 and are available at the Blaisdell Box Office and all Ticketmaster outlets.

Call toll free 1-877-750-4400 or go online to www.ticketmaster.com to purchase tickets.

The Military Channel

— The Military Channel will air "Anatomy of a Stryker" on Friday, Dec. 16, at 8 p.m. Learn about the Army's latest weapon, including its characteristics, its impressive technology and capabilities, and how the Stryker meets the needs of brigade units.

19 / Monday

Toys for Tots Program — Army Hawaii Family Housing (AHFH) is supporting the Toys for Tots program. Today is the last day to donate at all AHFH community centers. Contributions will benefit military families in Hawaii.

Toys for Tots is a Marine Corps program founded more than 50 years ago, which provides holiday gifts to children in need. For more information, contact Bonnie Griffith at 275-3178.

24 / Saturday

Holiday Lights Trolley — Through Dec. 24, the Aloha Tower Marketplace Holiday Lights Trolley presents the Honolulu City Lights in a charming open-air trolley free with a minimum purchase of \$20 per person at any one of their stores and restaurants.

Receipts must be dated from Dec. 10 - 24. Bring dated receipts to the Guest Services Kiosk on the Boat Days Promenade near Chai's Island Bistro. Seating is limited so call 566-2337 to reserve a time and for more information. Last Trolley leaves the Marketplace at 9 p.m.



See "Community Calendar," page B-4

This Week at the MOVIES
Sgt. Smith Theater

Today
In Her Shoes
7 p.m. (PG-13)

Saturday
Elizabethtown
7 p.m. (PG-13)

Sunday
The Gospel
7 p.m. (PG-13)

Wednesday
In Her Shoes
7 p.m. (PG-13)

Thursday
Elizabethtown
7 p.m. (PG-13)

The theater is closed Monday, and Tuesday

Tropical Tour of Homes ushers in holiday season

Story and Photo by Joy Boisselle
Staff Writer

SCHOFIELD BARRACKS — The Hui O Na Wahine's "Tropical Tour of Homes," the Schofield Barracks spouses' club annual fund-raiser, began with a splash ... literally. Despite "three inches of rain in 20 minutes," cooler than normal temperatures and threatening clouds, the event held Sunday was a success said Kara Anderson, club president.

"We consider the tour of homes to be a kick-off to the holiday season," explained Anderson. "With everyone's busy schedule, this is a chance to take a few hours to catch the holiday spirit."

The Tropical Tour of Homes began with an afternoon craft fair on the lawn at Generals Loop. There, 18 vendors offered early Christmas shopping opportunities to nearly 300 attendees. A reception followed and the umbrella-toting crowd gathered under tents to enjoy holiday treats and entertainment provided by the 25th Infantry Division Band prior to the evening's main event — a glimpse inside 10 homes heavily decorated for the Christmas season.

The 10 homes included the historical commanding and deputy commanding generals' homes as well as



Dressed for the holidays, the home of Brig. Gen. Frank and Jeanine Wiercinski is decked for the "Tropical Tour of Homes", the Hui O Na Wahine's, (an all-ranks spouses club) annual fund-raiser, held Dec. 4 at Schofield Barracks.

homes at Wheeler Army Air Field and the Schofield Barracks community. While Christmas decorations were the focus, several tour homes displayed the unique and whimsical to the delight of tour participants.

Liz Pacileo's home received rave reviews for her use of familiar

items in unusual places, notably surfboards cut to make bedroom furniture. Another standout home belonged to Heather Reed. Reed's home featured an artist's touch complete with marbled walls and detailed murals painted in each bedroom.

For more information on membership in the all-ranks club, call 624-8191.

Anderson said, "The tour shows us how to dress up 'plain' Army quarters that until we make them our homes are all the same. You really got a sense of personality at each of the homes on the tour."

The Hui O Na Wahine fund-raiser collected more than \$2,000 for the club's welfare and scholarship fund, funds that will go back to the community during the organization's scholarship and welfare event in May. According to Anderson, the club is "on track" to award nearly \$40,000 this year, exceeding last year's total by \$3,000.

Anderson added that to be eligible for scholarship money, applicants must be club members or family members before Dec. 31. And, she said that an easy opportunity to join the club is at the upcoming luncheon on Dec. 15 from 10:30 a.m. to 1 p.m. at the Nehelani.

Fund-raising efforts continue all year through the club's Thrift Shop as well as at upcoming Basket Auction.

MWR Calendar

From B-2

apply for federal jobs that are available in Hawaii at www.nafjobs.com.

Karaoke at Waianae Beach — Sing along to popular music at this activity held Mondays through Thursdays from 7 to 11:30 p.m., and Fridays from 9 p.m. to 1 a.m. Call 696-4778 for more information.

RecTrac Registration — The Department of the Army has instituted a tracking system for Morale, Welfare and Recreation to better serve its customers, monitor usage and assist in obtaining funding support programs. To participate in MWR programs, you are required to complete a simple registration process. No fees are charged, and the process takes less than five minutes.

In lieu of using sign-in sheets, customers only need to scan their ID cards each time they visit a facility or program. Scanners are designed to read bar codes located on the back of the ID card of eligible patrons.

Programs affected include physical fitness centers; swimming pools; craft shops; recreation centers; outdoor recreation equipment check-out; Information, Ticketing, and Registration; and access theater productions.

For more information, call 656-0086

MWR Happenings — To find out more information about MWR activities, programs and facilities pick-up a copy of the Discovery magazine available at the Schofield Barracks Commissary, Fort Shafter PX, Aliamanu Shoppette, Tripler mauka entrance and at all MWR facilities. Or visit the MWR Web site at www.mwrarmyhawaii.com.

Teens lead Santa during ninth annual AMR Fun Fest

Story and Photo by
Spc. David House
17th Public Affairs Detachment

ALIAMANU MILITARY RESERVATION — Jingling bells and cheering teens started off the morning at the Aliamanu Military Reservation during the ninth annual AMR Holiday Fun Fest community parade held here Dec. 3.

"The Fun Fest is a way for the kids to raise money for activities during the year," said Nelson G. Acosta, AMR teen center director. "What we have here is a result of all their hard work and dedication toward this event."

The Fun Fest began with a community parade led by helper elves, Girl Scouts, cheerleaders and finally Santa Claus himself. After circling the AMR community, the parade



Participants in the AMR Holiday Fun Fest March in the community parade at the AMR Teen Center Dec. 3.

returned to the Teen Center where Santa took time out to pose for pictures.

"Ever since my daughter was born, we've taken her to the mall for a Santa photo," said Cheryl Alexander, mother to Sara, age 4. "This year we avoided the long lines and were able to do it in our own community."

Other Fun Fest activities included arts and crafts, tree decorating at the AMR library, food sales, games and music with an appearance by Hawaii Military Idol Winner Simeon Porter.

"One of the things I liked this year was the tree decorating," said Lucinda Williams, AMR resident. "My kids created homemade ceramic ornaments to bring to the tree; in exchange they both received a free refreshment ticket."

Community Calendar

From A-1

31 / Saturday

Aloha Tower Marketplace — Aloha Tower Marketplace will ring in 2006 with an unparalleled New Year's Eve celebration featuring waterfront dining, shopping, free live entertainment and a spectacular front row fireworks display over Honolulu Harbor at midnight.

Center atrium entertainment begins at 7 p.m. with live entertainment, free giveaways and more. Plus, several Marketplace restaurants will host special menus and packages for the evening. For more information, call Aloha Tower Marketplace at 566-2337 or visit www.alohatower.com.

JANUARY

1 / Sunday

Pearlridge Express — All aboard the Pearlridge Express at the Pearlridge Mall Uptown Center Court. Hawaii's only scale-model, fully-functioning train will be pulling into the station daily through New Year's day. Up to 15 children (under 48 inches tall) can ride at one time on the custom-built locomotive and enjoy the journey through a yuletide fantasy of Toyland creations.

26 / Thursday

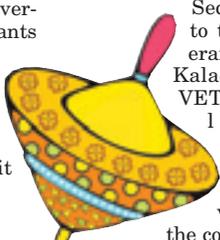
Hawaii Theater — Tickets are on sale now for the Hawaii Theater's "The Three Phantoms in Concert." The show features stellar Broadway performers Craig Schulman, known for his star performance in "Les Misérables"; Cris Groenendaal, who starred in "The Phantom of the Opera"; and Kevin Gray, from "Miss Saigon." Performances are Thursday, Jan. 26, and Saturday,

Jan. 28, at 7:30 p.m. and Sunday, Jan. 29, at 2 p.m. Tickets are priced from \$25 to \$60 at the Hawaii Theatre Box Office, 1130 Bethel Street.

Discounts are available for students, seniors, military and members of the Hawaii Theatre. Tickets also may be ordered by phone at 528-0506 or on-line at www.hawaiitheatre.com.

ONGOING

Operation Secret Santa — The staff of U.S. VETS - HAWAII is looking for a few good men and women this holiday season to serve as



Secret Santas to the 200 veterans living at Kalaeloa. U.S. VETS is the largest provider of services to homeless veterans in the country.

Through "Operation Secret Santa," veterans living at U.S. VETS - HAWAII were asked to fill out a form with their shirt and pant sizes and to list other items they might need but could not afford to buy for themselves. Gift cards are also encouraged to give the vet a chance to buy something they might want or so they, too, might have the chance to buy a gift for a loved one.

If you want to be a veteran's Secret Santa, contact Marie Kaupoe at 682-6052 or mkaupoe@usvetsinc.org.

Art on the Zoo Fence —

Every Saturday and Sunday from 9 a.m. to 4 p.m., more than 35 local artists display their works at the "Art on the Zoo Fence," located on Monsarrat Avenue, across from the Kapiolani Park Bandstand. You can meet the artists who sell their works in the form of originals, prints and photographs.

Eagles soar over Honolulu

Master Sgt. Terry Anderson
25th ID Public Affairs Office

HONOLULU — When I first heard that the classic rock band "The Eagles" would pass through here, I was ecstatic. I grew up listening to tunes like "Hotel California," "Life in the Fast Lane," "New Kid in Town" and many other radio-ready hits.

My wife and I agreed to buy the best tickets we could get because we knew this could be the only chance to see this aging group.

Drummer Don Henley and guitarist Glenn Frey were playing as backup musicians for Linda Ronstadt in 1971 when they decided to venture out on their own.

The Eagles' first album sold more than a million copies. Guitarist Don Felder joined the group in 1974, Joe Walsh in 1975 and bassist Timothy B. Schmit in 1977 to complete the Eagles group we've come to know and love.

The band had a great run through the decade of the 1970s, but following the success of its album "The Long Run," decided to call it quits in 1982, due to personality and musical conflicts.

Don Henley was quoted as saying, "We'll get together again when hell freezes over!"



Courtesy of Jeff Widener at The Honolulu Advertiser

Eagles "wowed" the crowd at the Neil Blaisdell Arena.

Brrrrr! It must have been pretty darn cold in 1994 when the Eagles decided to give it another go. Great decision number two.

Their "Hell Freezes Over" tour broke records across the country as the band members found their chops once again. The tour spawned two new hit songs and a multimillion-selling DVD.

I missed that tour; it would've been a magical time to see the Eagles. Instead, I bought the DVD while

deployed to Afghanistan and watched it probably hundreds of times. The concert wasn't a mirror image of the DVD, but it was close. That's why I felt a little let down after going to their concert on Dec. 2 at the Blaisdell Arena here. I was hoping for some surprises, maybe some new

music.

This tour, called "Farewell One," which is another pun that pokes fun at classic rock bands that keep coming back for farewell tours, was very tight and well produced.

Four band members were present: Henley, Frey, Walsh and Schmit, along with new guitarist Stuart Smith who mimicked Don Felder's great guitar licks and solos.

The group played three shows in Honolulu and one in Maui, and the one here was a predictable concert.

The show kicked off with "Take It Easy," getting the seven-thousand fans into the mood right off the bat. The Eagles followed with a strong run of classic hits, what could've been the soundtrack for the mid-1970s.

After an hour of playing,

the group took a 20-minute break, and then came back for another hour-and-a-half of rocking. The second half of the show was much better.

Each band member played a few of his solo hits, with Don Henley and Joe Walsh taking centerstage with such classics as "Boys of Summer," "Life's Been Good," "All She Wants to do is Dance" and "Rocky Mountain Way." The latter brought the audience to its feet, with many pony-tailed baby boomers strumming air guitars as Walsh hammered on his Fender Stratocaster.

The crowd obviously didn't want the night to end, bringing the Eagles out for three encores, one of which was "Hotel California."

I had heard from previous concerts that Henley liked to get political, but the only comment he made was before the song "Hole in the World," when he dedicated the song to 10 Marines who were killed in Iraq on Dec. 2.

Tickets for the show ranged from \$75 to \$250, and to my disappointment there were no real surprises during the concert.

Still, for classic rock fans who may have known the words to every single song in the show, they definitely got their money's worth.

Pet safety is paramount during holidays

Dr. (Capt.)

Emily C. Gocke-Smith
Schofield Barracks Veterinary
Treatment Facility

SCHOFIELD BARRACKS

The holiday season is a wonderful opportunity to spend time with family and furry friends. However, as the season approaches, pet owners must remember safety.

We must be aware of possible seasonal hazards in order to make the holidays a safe and enjoyable time for all members of the family.

Chocolates and candy

Although chocolate is widely enjoyed by people, it can be hazardous when consumed by animals. Baking chocolate contains the highest concentration of toxic substances; no type of chocolate is safe for animals.

Ingestion of the toxic substances in chocolate can cause hyperexcitability, nervousness, vomiting, diarrhea and even death of pets. Other types of candy can cause choking, upset stomach and hyperactivity. Your best bet is to stick to treats labeled for pets.

Holiday feasting

We all like to include our pets in the holiday celebration, but sudden dietary changes are likely to upset a pet's stomach, again, leading to vomiting and diarrhea. If animals ingest an especially fatty meal, their pancreas may become overloaded and inflamed. This serious condition, called pancreatitis, can be life-threatening and require hospitalization.

Make sure that packaging materials, especially meat wrappers, are not accessible to pets. If pets ingest foreign material, it can get stuck in the gastrointestinal tract, requiring emergency surgery.

A trash can with a lid is an easy way to keep curious noses out of the garbage. Do not feed your pet bones, especially poultry bones. They can easily splinter and cause damage to the gastrointestinal tract.

As well, pets can easily tip hot containers such as those with ham and turkey drippings, causing severe scalding and burns to themselves and others.

Christmas trees

Christmas trees are full of hazards for your pets, but there are precautions you can take to make them much safer. Do not let your pet ingest the Christmas tree water. Fertilizer from the tree can contaminate the water, and stagnant water can foster bacterial or mold growth.

Change the Christmas tree water regularly and prevent your pet from consuming the water. Be sure to secure the tree to the wall or ceiling hook with sturdy fishing line to prevent the tree from falling when hit by a wagging tail or curious cat.

Electrical cords

Electrical cords are often tempting chew toys for puppies or kittens. Chewing on electrical cords can cause burns to the tongue and damage to the lungs, further causing respiratory distress or electrocution. Be sure to cover or hide all electrical wires.

Ribbons and ties

Shiny ribbons and tinsel are attractive to animals too. If cats or kittens ingest ribbons or tinsel, they can become stuck in their stomachs or intestines. What results is a "linear foreign body" that causes a bunching of the intestines as the body tries to pass the ribbon.

This incident is a life-threatening veterinary emergency, often requiring surgery. If you have a playful feline, try going without tinsel or ribbons on packages this year. Also, do not tie ribbons or tags around your pets' necks or tails.

Batteries and candles

Batteries are often used around the holiday season. If an animal licks or ingests a battery, it can lead to ulcerations on the mouth, tongue or intestinal tract. Lithium batteries are particularly hazardous when eaten, so use caution with menorahs, candles and liquid potpourri pots.



Pets are attracted to flickering lights, and spillage can cause burns and accidental fires.

Ornaments

If ingested, glass ornaments can cause internal lac-

erations. Consider decorating only the top of the tree, or use your sturdy wooden or plastic ornaments at the bottom of the tree.

Plants

Some seasonal plants can

be hazardous or toxic to your pets. Poinsettias cause a local irritation to the mouth when chewed. If ingested, they can irritate the stomach, causing vomiting.

Several different types of mistletoe can cause varying degrees of symptoms ranging from mild upset stomach to liver failure or seizure activity. Lilies, for example, if ingested by cats can cause kidney failure. Even pine needles can become lodged in the inside of a pet's mouth or intestines.

It is best to keep plants out of reach of your animal.

Pets add warmth and love to our families, and we enjoy sharing the holiday season with them. However, we

must consider the hazards that are present in our homes and make our residence a safe harbor throughout the holiday season.

Appropriate preparation and close supervision of pets around these potential hazards can help you spend your holiday at home, instead of the emergency veterinary clinic. For more information, contact the Schofield Barracks Veterinary Treatment Facility at 433-8531/8532 or the Fort Shafter Veterinary Treatment Facility at 433-2271.

For more information on poison-proofing your pet's home, check out the Animal Poison Control Center at www.aspca.org.



DECEMBER

**11 / Sunday
Hawaii TV Bowling Tournaments** — The Schofield Bowling Center will be hosting two Hawaii TV Bowling Tournaments for the 2005-2006 Winter Season. The first tournament is an open singles event on Dec. 11. The entry fee for the tournament is \$65 per person for prepaid entries, and the walk-in fee is \$70. Check-in is at 8 a.m., practice begins at 8:30 a.m. and the tournament starts at 9 a.m. For more information, call 655-0573.

**16 / Friday
Intramural Soccer** — Applications for Army Hawaii Men's Battalion-Level Intramural Soccer are due Dec. 16. The intramural season runs from Jan. 9 through March 17, 2006. For more information, call the Sports Office at 655-0856 or 655-0101.

**17 / Saturday
Hawaii Championship Wrestling** — Come watch Hawaii Championship Wrestling at the Tropics, Dec. 17. Doors open at 6 p.m. and matches start at 7 p.m.

The cost is \$5 for ages 12 and up, \$3 for ages 11 and under, and free for children ages 5 and under. Call 655-

8522 for more information.

**18 / Sunday
"5 Game, No Tap" Tournament** — Individuals are invited to participate in the "5 Game, No Tap" Tournament at the Schofield Bowling Center.



Check-in is at 1 p.m. and the cost is \$20. Call 655-0573 for more information.

**20 / Tuesday
Football Bash Clinic** — Registration begins today for the 1st annual Football Bash Clinic to be held Jan. 28. Current and former NFL, University of Hawaii and other island football players and coaches will conduct the clinic targeted at youth ages 8 to 17.

Cost is \$30, which includes a T-shirt, gift bag, snacks and drinks. All participants will be eligible for prize drawings.

The clinic will be held at the Aliamanu Field from 9 a.m. to noon for ages 8 to 12 and from 1 to 4 p.m. for ages 13 to 17. Space is limited to 80 participants for each session.

Interested youth can register at the Aliamanu, Fort Shafter or Schofield Youth Centers, Monday through Friday from 9 a.m. to 5 p.m. through Jan. 6. Late registration will not be accepted. For more information, call 836-1923.

**ONGOING
Aerobic Classes** — Tripler Army Medical Cen-

ter and Fort Shafter Gyms are offering \$1 per class per person aerobics classes.

At TAMC, classes offered are step aerobics and beginning to intermediate cardio-kickboxing. Classes will be held Monday, Wednesday and Friday at 4:30 p.m. At Fort Shafter, cardio-kickboxing will be offered on Tuesday and Thursday from 4:30 to 5:30 p.m. For more information, call 433-2031.

Muscle Moves — Tone your muscles using a variety of equipment, including bands, dumbbells, exercise balls and more. Classes are offered every Friday at the Schofield Barracks Health and Fitness Center at 11:45 a.m. Call 655-8007 for more details.

Wheeler Lanes Parties — Score a strike with your friends by planning a party at Wheeler Lanes. Rent the entire six-lane bowling center on Saturdays or Sundays for birthday parties, reunions, hail and farewell gatherings, and other special occasions. Call 656-1745 for more information.

Run/Walk/Swim Club — Record each mile you run, walk or swim and win incentive prizes in the 100-mile run/walk and 50-mile swim clubs. Runners receive a pair of Thorlo running socks, and swimmers receive goggles.

Stop by any Army Physical Fitness Center or swimming pool to pick up a log sheet. Call 655-9914 for more information

World class athletes



Tim Hipps

Wrestler Sgt. Iris Smith (top), seen here controlling a women's 158.5-pound freestyle championship match against Ali Bernard in the 2005 U.S. Wrestling World Team Trials at Ames, Iowa, is ranked No. 1 in the world in her weight class by TheMat.com. Smith is stationed at Fort Carson, Colo.



Jack L. Giltund

Spc. Ryan McDonald, a member of the U.S. Army World Class Athlete Program, slides around a gate on the slalom course at Copper Mountain, Colo., during the 2005 Continental Cup November 21 and 22. McDonald is vying for a spot on the U.S. Winter Olympic team and a chance to represent the United States in the XX Winter Olympics at Torino, Italy.

Intramural Flag Football Standing

Unit	Wins	Losses	Pct.
Green Division			
HHC, 84th Eng. Bn.	6	2	0.857
HHC, Discom	4	3	0.571
HOC, 732 MI	5	3	0.625
Co. B, 66th Eng.	3	5	0.375
Co. A, 1st Bn., 14th Inf.	1	7	0.125

Orange Division			
1-25 Avn. Rgt.	6	2	0.667
Co. A, 1st Bn., 27th Inf.	6	2	0.750
HHC, 3rd Bde.	6	2	0.750
556th PSB	2	6	0.250
Co. B, 725th MSB	0	8	0.000

Blue Division			
Btry. B, 2nd Bn., 11th	7	1	0.857
Co. C, 25th Avn Rgt.	6	2	0.750
HHT, 3rd Sqdn., 4th Cav.	5	3	0.625
Co. C, 1st Bn., 14th Inf.	2	6	0.250
DFAC	0	8	0.000

Gold Division			
Btry. A, 3rd Bn., 7th FA	8	0	1.000
Co. A, 2nd Bn., 5th Inf.	5	3	0.625
HQ Co. A, 225th FSB	3	5	0.375
HHC 25th Avn. Bde.	3	5	0.375
125th Fin. Bn.	1	7	0.125

Purple Division			
40th QM	7	1	1.875
Co. C, 2nd Bn., 27th Inf	6	2	0.750
Co. B, 2nd Bn., 35th Inf	5	3	0.625
Co. C, 725 MSB	1	7	0.125
HHC, 125th STB	1	7	0.125

Fort Shafter Division			
94th AAMDC	9	3	0.750
30th Signal	8	4	0.667
TAMC	8	4	0.667
DENTAC	6	6	0.500
39th MP	5	5	0.500
29th Engineers	6	6	0.500
USARPAC	5	7	0.417

(Standings are current as of Dec. 7.)



Spc. Juan F. Jimenez

Titans win!

Titans Quarterback Ashley Smith, avoids a sack and runs up field during a flag football game at Stoneman Field, Nov. 29. The Titans went on to win the game, 26-6, against the War Eagles.

ONGOING

Local Sports Calendar Briefs — Do you have sports announcements of upcoming events or activities you'd like to post in the Hawaii Army Weekly?

If so, e-mail your information to editor@hawaiiarmyweekly.com at least two weeks in advance of your event or activity.

You Drink.
You Drive.
You Lose.



Alcohol-related motor vehicle crashes kill someone every 31 minutes and nonfatally injure someone every two minutes.

— National Highway Traffic Safety Administration

Community Sports

DECEMBER

9 / Today

Leilehua Golf Tournament

— The Waianae Military Civilian Advisory Council (WMCAC), a group dedicated to fostering harmony between military and civilian communities, will be holding its annual golf tournament fund-raiser at Leilehua Golf Course today at noon.

Check-in for this worthy cause is from 10:30 to 11:30 a.m., and monies raised will specifically fund next year's Waianae Veteran's parade.

Applications are available at 2nd Brigade Headquarters and the Leilehua Golf Course, and they will be accepted through Dec. 9 for the first 144 military and civilian golfers. Costs are \$65 for E-1 thru E-5, \$70 for E-6 thru O-3, \$75 for O-4 and above, and \$90 for civilians.

For more information, call the Leilehua Golf Course.



18 / Sunday

Great Aloha Run Training

— All 2006 GAR applicants are invited to participate in the 2005/2006 GAR "In-Training" Workshop.

Training will begin on Sunday, Dec. 18, at 7:20 a.m. at the Kapiolani Park Bandstand.

Participants must arrive on time, sign a waiver and then trainers will help them get ready for the race, regardless of pace and current conditioning.

Participants can join their preferred group of walkers, walk-runners or runners.

"In-Training" will be conducted every Sunday at 7:30 a.m. through Feb. 12. This workshop, valued at \$165, is free to all 2005 GAR participants.

Call 943-0309 for information about the "In-Training" Workshop.

