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What's Inside

Lightning Six A-2
 Training A-3
 Deployed Forces A-7
 Soldiers A-8
 Army News A-10
 Health A-11
 MWR B-2
 Community B-3
 Sports & Fitness B-5



Grenade House

Delta Company, 2nd Battalion, 27th Infantry Regiment, knocks down doors in urban warfare training at the Grenade House. A-3



Antitank unit

An antitank company activates in the 5th Stryker Brigade; however, for administrative purposes, the unit falls under the 1st Battalion, 21st Infantry Regiment. A-8



Skydiving

A private first class plunges 13,000 feet in a tandem jump. B-1

11 DAYS

since last fatal accident

As your daily reminder to be safe, place a "red dot" on your wristwatch.

Remember, a division training holiday will be awarded for the first 100 consecutive days with no accidental fatalities.

A four day holiday/long weekend will be awarded for 200 consecutive days with no accidental fatalities.



REDEPLOYED



Pfc. Durwood Blackmon

793rd Engineers

Members of the 793rd Engineering Detachment of the U.S. Army Reserve express great joy after returning from their deployment in Iraq. Family, friends and honorary guests attended the redeployment ceremony Wednesday at Martinez Gym on Schofield Barracks.

Army files motion to train in Makua

25th ID & USARHAW
Public Affairs Office

SCHOFIELD BARRACKS — The 25th Infantry Division and U.S. Army Garrison, Hawaii, filed a motion in U.S. District Court Wednesday to amend its settlement agreement with Earthjustice and Malama Makua.

The Army's motion seeks to have the court modify the settlement agreement between the Army and plaintiffs in 2001, which has worked to prohibit live-fire training at Makua Valley

since late 2004.

The modification would allow the Army to resume live-fire training at Makua Valley in preparation for its upcoming deployment to combat in Iraq, even as the Army continues to meet its obligations under the settlement agreement. Obligations include finalizing the Environmental Impact Statement for Makua Valley, as well as provisions such as allowing cultural access.

"Once again the Soldiers of the 25th Infantry Division have received our nation's call to deploy to a combat zone, and they will do so

proudly and without hesitation," said Maj. Gen. Benjamin R. Mixon, commanding general, 25th ID and USARHAW. "All they ask of their leaders and the citizens of our nation is that we provide them the tough, realistic training that will make them winners in combat and save their lives.

"Makua provides the only training area on Oahu where we can conduct combined arms live-fire exercises and convoy live-fire exercises. Our troops' first exposure to live fire must not come as they land in a hostile area in combat."

Army attempts to reach an agreement with Earthjustice and Malama Makua that would allow live-fire training at Makua to resume have failed.

"Our nation's ongoing War on Terror has again shown the critical need to provide our troops realistic, live-fire training in Makua Valley," Mixon said. "Nonetheless, our commitment to supporting the environmental and cultural concerns of the Leeward coast and all the communities of Hawaii remains steadfast and unchanged."

Roever gives message of thanks, hope

Story and Photo by
Spc. Amanda Flemett
Staff Writer

SCHOFIELD BARRACKS — Everyone has faced some type of adversity in life; however, not everyone can deal with misfortune and come out on top.

Dave Roever, an internationally known motivational speaker, faced tremendous misfortune during the Vietnam War. Now, he brings his message of hope and thanks to Soldiers throughout the world.

"I hate war, but I love freedom more," Roever said at the first event, a prayer breakfast at the Nehelani Club, Nov. 22.

In 1968, Roever joined the Navy at the height of the Vietnam War.

"I didn't want to go in the Army, they were going to Vietnam, so I signed up for the Navy, but guess where they sent me?" he said jokingly.

Roever became a riverboat gunner



Dave Roever (right) takes a moment to talk one-on-one with Soldiers at the Wounded Warriors Luncheon at the Nehelani on Schofield Barracks, Nov. 23.

as part of the elite Brown Water Black Berets of the Navy, known today as the Special Boats Teams.

Eight months into his tour, his life changed forever. A white phosphorous grenade he was about to throw exploded, burning him beyond recognition and disfiguring him for life.

"I was one second from launching that grenade. It takes one second to change your life," Roever said. "I held my destiny in my hand."

He endured 14 months of rehabilitation and survived 15 major surgeries.

See "Roever," page A-5

Wheeler Army Air Field took direct hits on 'day of infamy'

Adam Elia
Historian, 25th Infantry Division

December 7, 1941, Japanese forces attacked military facilities on the island of Oahu thrusting the United States into World War II. And, the 25th Infantry Division was there.

The division that would earn the nickname "Tropic Lightning" was barely two months old on Dec. 7, 1941.

In October, the division was formed along with the 24th Infantry Division at Schofield Barracks from the old Hawaiian Division, which had guarded Hawaii since 1921.

The 25th ID was born during a time of increased tension in the Pacific. The United States and Japan were at odds over the 1937 invasion of China, and the threat of war loomed by late 1941.

To underscore those tensions, a War Department telegram from Washington, D.C., received in Hawaii on Nov. 27, 1941, alerted forces that negotiations with the Japanese had all but broken down, and that "hostile action was possible at any moment."

Lt. Gen. Walter Short, commander of the Hawaiian Department, instructed his forces to assume a posture

against sabotage.

The 25th ID's units organized security details for vital facilities in selected areas of Oahu, which included power plants, telephone exchanges and other infrastructure. The heightened state of "force protection" continued as November gave way to December.

December 7 was a Sunday, normally a relaxed day for Schofield Barracks Soldiers.

CG lists his PT goals

Sgt. Sean Kimmons
Assistant Editor

SCHOFIELD BARRACKS — When not executing combat or humanitarian operations overseas, the top mission for Soldiers in the 25th Infantry Division is to maintain their physical prowess.

According to a physical training policy signed by Maj. Gen. Benjamin R. Mixon, commander of the 25th Infantry Division and U.S. Army, Hawaii, PT is the cornerstone of combat readiness.

"Physical fitness training is the number one priority each day units are in garrison," states Mixon's policy. "Unit commanders will specifically list physical fitness activities on their training schedules."

PT will focus on aerobic conditioning, upper body strength and tactical road marches, the policy adds.

In order for Soldiers to endure during workouts, Mixon has established several PT goals:

- Complete a four-mile run in formation (no larger than a platoon) in 36 minutes.

- Earn the physical fitness badge for the Soldier's age group.

- Be able to complete six pull-ups (palms facing away), each from a dead hang.

- Conduct an eight-mile road march in two-and-a-half hours in a tactical formation with a fighting load (individual weapon, load-bearing equipment and a 35- to 40-pound pack).

- Swim 15 meters while wearing a LBE, uniform and weapon.

Emphasis will also be placed on Soldiers who are on profile and or pregnant.

The policy states that commanders will pay special attention to PT programs and initiatives to ensure workouts are kept to Army standards.

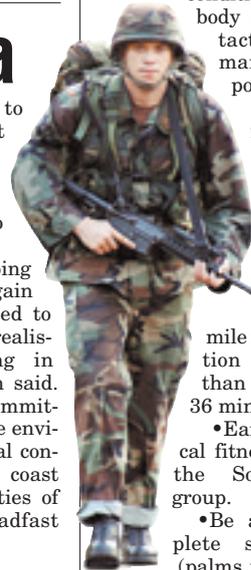
Pregnant Soldiers will participate in PT at the health and fitness center or continue in their regular unit PT programs within the limits of their profiles, the policy states.

"We will prepare Soldiers for the duties they will perform on the battlefield," Mixon emphasized.

Many Soldiers were still in their bunks or slowly making their way to the "mess halls" a few minutes before 8 a.m.

One of these men was Charles Palmer, who was serving with the 21st Infantry Regiment. Palmer recollected, "Sunday breakfasts were different: Hot cakes cooked on the stovetop were served. This

See "Dec. 7th," page A-5



We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

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The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army, or The Honolulu Advertiser, of the firms, products or services advertised.

Lightning Six lauds education, parents, safety

The 25th Infantry Division and U.S. Army, Hawaii, have enjoyed a very positive relationship with our local schools for several years.

In fact, 30 divisional units have established formal partnership relationships with 45 schools throughout the island.

As a part of these partnerships, our Soldiers visit the schools, read to and mentor students and perform minor maintenance. The students enjoy seeing the Soldiers, and the Soldiers enjoy helping the children.

As commanding general, I plan on visiting all our Army impacted schools because I believe that quality education for our children is of great importance. In fact, I have visited three of our schools and plan on visiting two more by the end of the year.

I have learned that many of our schools have made the SAT (Scholastic Aptitude Test) honor roll, and they have many great programs in place. The SAT-9 provides an indication of

how Hawaii's students are performing in relation to other students in the nation.

Success in education

Another example of great partnership is our housing representatives and the Hawaii Department of Education. Working with the Military Impacted Schools Association and military housing officials on Oahu, State Rep. Mark Takai was able to identify 2,900 housing units on Oahu that were vacant due to major repairs or significant renovations.

This year's effort resulted in an increase of \$6,441,583 in Impact Aid funds. Two years ago, the DoE received a \$6.2 million windfall. Last year, the DoE received more than \$7 million. The total during the past three years is \$19,835,270.

To achieve success, many key factors are involved such as good teachers, challenging curriculum, a caring school environment, the student's aptitude and attitude, and, most importantly, parental involvement.

One cannot truly measure the far-reaching impact that parents have in their children's education. By taking

interest in their children's schoolwork, interacting with teachers, communicating well with their children, supporting them in curricular, co-curricular and extracurricular activities, parents convey the importance of education by their vested interest.

One of the ways parents can display a school's significance is to participate in the school's parental groups. When mom and dad commit and dedicate part of the day to the educational process via these support groups, their children benefit as well, getting direct, personal affirmation of the importance of education.

Please contact your school's Parent Community Network Coordinator (PCNC) for more parental involvement opportunities. The PCNC serves to create supportive partnerships among the home, school and community for the purposes of supporting student success and building a sense of family and community.

Holiday festivities

The holiday season is a special time when we offer thanks and celebrate with family and friends. This season is a time when Soldiers, family members and civilian employees are planning their activities for the upcoming holiday season and looking forward to another successful New Year.

As we anticipate and plan for the holiday season, I ask that each of you keep safety foremost in your mind when planning all of your activities. When traveling, on or off island, ensure your vehicle is working properly.

Wear required personal protective equipment. Be alert to environmental conditions: When on the mainland, winter driving can be challenging with ever-changing weather and road conditions.

Be cognizant of hazards due to speeding and driving while fatigued. Never drive under the influence of alcohol. An accident can abruptly end your holiday festivities.

The holiday season in Hawaii also equates to big waves on the North Shore, treacherous rip tides and boating emergencies. Plan your water activities to include using the



buddy system, and stay within your limitations.

Drinking alcohol and swimming never mix. Many get in trouble because they do not heed lifeguards or posted warnings.

When decorating for the holidays, keep an eye out for fire hazards such as overloaded circuits and open flames. The growing popularity of candles has spawned an all-time high in the number of fires.

December is the month when fires caused by candles are most common. Never leave candles unattended, and ensure they are fully extinguished before you leave the house or go to bed.

You are all critical assets to the Army and to the Nation; we need you back after the holidays.

Enjoy your well earned time off with family and friends, and keep safety at the forefront throughout the holiday season. Don't let a lapse in safety ruin your holiday.

Happy Holidays and Tropic Light-

Benjamin R. Mixon

Benjamin R. Mixon
Major General
U.S. Army, Commanding

Remember our deployed troops, say Army leaders

Army News Service
News Release

As we celebrate this holiday season, we should also celebrate the spirit of the American Soldier.

For more than 230 years, this spirit led America's men and women to courageously answer the call to duty and help preserve liberty throughout the world.

Today, this same noble spirit inspires our Soldiers as they simultaneously fight the war on terror and transform the Army to meet future challenges.

This holiday season should also be a time of remembrance. We should remember our Soldiers

deployed in 120 countries around the world. Likewise, we should keep in our hearts our family members while their loved ones are far from home. And of course, we will always remember our Soldiers who never returned from the fight and their families.

May you all have a safe and enjoyable holiday season. May God bless the men and women in our Army. And may God bless our wonderful country.

— Secretary of the Army
Francis J. Harvey
— Army Chief of Staff
Gen. Peter J. Schoomaker
— Sgt. Maj. of the Army
Sgt. Maj. Kenneth Preston

Award-winning journalist leaves

With mixed emotions, the 25th ID & USARHAW Public Affairs Office and the 17th Public Affairs Detachment bid Sgt. Sean Kimmons, assistant editor of the Hawaii Army Weekly, a fond farewell.

Kimmons leaves Army Hawaii for duty at Europe Stars & Stripes, a highly coveted and rare assignment desired by photojournalists of all services.

During his tenure at PAO, Kimmons received numerous accolades, among them a Thomas Jefferson award, the Department of Defense's highest journalism honor, for standalone photography. However, the typically reserved and unassuming PJ generally downplays his honors — preferring, instead, to focus on the mission and troops.

The extended staff of photojournalists, videographers, contributing writers, volunteer stringers, and media and community relations specialists will indeed miss this Soldier: his intelligence, his superior talents, his timely coaching and mentoring, his attention to detail, his consummate Soldierly skills.



Kimmons

Lightning Spirit Does God support the war on terror?

Chaplain (Capt.)
Charles J. Popov, PC,CSAC
2-27th Infantry Regiment
Battalion Chaplain and Licensed
Mental Health Counselor

Have you seen the bumper sticker "war is not the answer"? If its creators mean they wish that armed conflict would forever cease, and peace would descend upon humankind forever, I heartily concur. However, a brief retrospection would suggest that war was the answer to Nazism. War was the answer to imperialistic Japan. War, unfortunately so, was the answer to the seceding confederate states.

War is the answer to the pervasive, rogue, criminal powers that gave the world the bombings in Australia, Jordan, the World Trade Center, the Pentagon, the USS Cole and the ruthless execution of innocent journalists, to name a few examples.

God established the institution of government (Romans 13), and government's responsibility is to suppress evil from within (police

and judiciary) and without (armed services). The Psalmist declares, "The eyes of the Lord are over the righteous, and his ears are opened to their prayers, but the face of the Lord is against them that do evil" (Psalm 34:15,16).

Al Qaeda are Muslim pirates. Speaking at the U.S. Naval Academy in Annapolis, Md., Wednesday, President Bush called them "an enemy without a conscience." Gen. Peter Pace, chairman of the Joint Chiefs of Staff, in a speech at Fort

“ War is the answer to ... rogue, criminal powers... ”

— Chaplain (Capt.)
Charles J. Popov

During a recent CNN broadcast of Saddam Hussein's trial, we were reminded that he killed more than 40 of his own relatives. We remember that he promised \$25,000 to families of terrorist suicide bombers against Israeli citizens. His secret police operated clandestine chambers where people were brutalized, raped, had ears cut off and other unmentionable grotesque acts of terror.

"Thou shall not kill." In Hebrew, the word for kill, raw-tsawkh, suggests a murderous act (Exodus 20:13). It's not the same word used by the sage when saying there is "a time to kill."

The implication? This chaplain has strong conviction that we must, for our Soldiers and their families, help them "hammer out" a moral code for their role in destroying evil at the command of our government.

Knowing that God supports this war on terror will help mitigate potential post-traumatic stress disorder symptoms and reduce the risk in their own lives of hesitation downrange.

Voices of Lightning: What's your favorite book, movie or television show?



"...The Bible because it is a guide for life."

Staff Sgt. India Hill
Co. A, 325th BSB
Supply Sergeant



"...The Oprah Winfrey Show. I want to look as good as Oprah when I am 51 years old!"

Sgt. 1st Class Angela McAlpin
HHD 524th, CSB
Supply NCOIC



"... 'Dirty Dancing' because I had a crush on Patrick Swayze."

Spc. Rebecca Wilcox
HHD 524th, CSB
Supply Clerk



"... 'Clock Work Orange.' It shows the trials and tribulations of a bad person after their time is served."

Spc. Joseph O'Geary
HSCEQ, 84th Eng.
Truck Driver



"... 'The Grudge.' I like horror films."

Pvt.2 Tony Bilbrey
Co. A, 84th Eng.
Construction Equip. Mechanic



Soldiers from HHC and Co. D, 2nd Bn., 27th Inf. Regt., conduct live-fire training at the Grenade House on Schofield Barracks, Nov. 21.

Wolfhounds knock down doors

Story and Photos by
Spc. Juan F. Jimenez
Staff Writer

Members of Headquarters and Headquarters Company, along with Delta Company, 2nd Battalion, 27th Infantry Regiment, gathered Nov. 21 to train their Soldiers in urban warfare at the Grenade House on Schofield Barracks.

Soldiers waited outside the building, lined up on one of the walls, as they prepared themselves to storm and clear the inside of the old office building, not knowing what awaited them behind the closed doors.

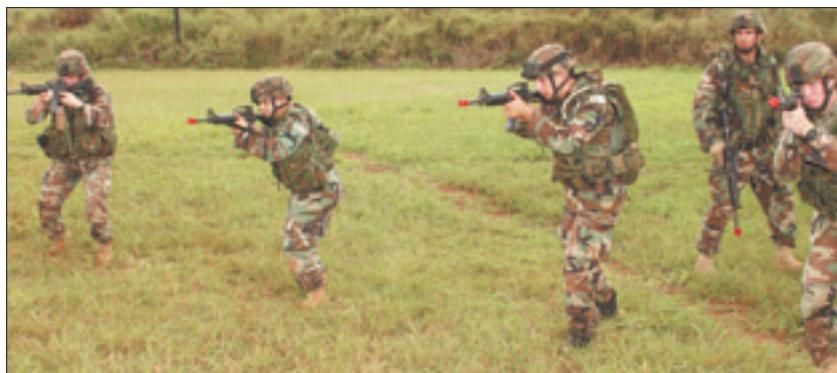
Quickly, a team of four — called a stack — maneuvered inside the building. They cleared room after room with their weapons aimed ready to engage any hostile threat.

In minutes, the enemy was down and the building was cleared. The mission was complete.

The teams then received an after-action review from their instructors.

“It’s very important to train our guys in an urban environment because this is what we will have to face in Iraq,” said Capt. Roland Keller, company commander of Delta Co., 2nd Bn., 27th Inf. Regt.

“We want to provide more tools for our Soldiers,” said Lt. Patton Nix, officer in charge of the training. “We know they had trained like this before, but there’s always different ways of doing things. And we’re doing them to division standards,” added



While outdoors, Soldiers from Co. D, 2nd Bn., 27th Inf. Regt., simulate how they will walk and maneuver inside buildings at the Grenade House, Nov. 21.

Nix.

Prior to training, Soldiers learned squad tactics and movement.

Staff Sgt. Shawn Zawistowski, a platoon leader, with 2nd Bn., 27th Inf. Regt., helped teach fellow infantrymen basic commands as part of the first block of instructions.

“Target left!” said Zawistowski.

“Move and shoot,” the Soldiers replied.

Zawistowski would continue to repeat similar commands.

“We want Soldiers to feel like this is second nature to them,” said Keller, “so we are teaching them the basics. We are sure that by the end of the day it will be,” he added

and then began clearing room by room.

“Most of the Soldiers did alright and made some mistakes,” said Staff Sgt. Michael Spears, safety noncommissioned officer in charge, “and that’s good they make them out here, but they met our expectations,” he continued.

To improve their urban warfare skills in combat, HHC and delta Co. leaders said they will continue to train hard so Soldiers can gain confidence while conducting this type of training in different scenarios.

“At the end, everyone in the military is an infantryman, first,” emphasized Nix. “We will see this type of action out there [in Iraq].”

Army divers validate underwater demo in joint exercise

Story and Photos by
Capt. George A. Mitroka
Commander, 7th Engineer
Detachment (Dive)

IROQUOIS POINT — While Infantry Soldiers train on the ground and aviation Soldiers train in the air, some Soldiers, members of the 7th Engineer Detachment (Dive), 29th Engineer Battalion, train underwater.

For the last two weeks, the dive detachment trained at the Naval Magazine at Pearl Harbor on their most important collective battle drills and emergency procedures. Of equal importance, Soldiers, also executed the most comprehensive emergency diving casualty medical evacuation drill in the unit’s history.

Adding to the training’s complexity, the detachment coordinated, planned and conducted its training jointly with several sister services. Participating in the exercises were the U.S. Coast Guard Air Station Dolphin helicopters, the U.S. Navy Explosive Ordnance Disposal Mobile Unit Three Hawaii Detachment (EODMU3), the U.S. Navy Mobile Diving and Salvage Unit One (MDSU-1) and the U.S. Air Force Fire Protection and Emergency Medical Service.

The divers, led by 1st Lt. Charles Denike and Staff Sgt. Jonathan Larrew, concentrated on key individual “warrior” and land demolition tasks. According to Denike, focusing on individual

tasks would establish the building blocks for success during the detachment’s collective drills.

On the land demolition range and with only a two-pound shot limit, the divers practiced setting small charges against simulated improvised explosive devices. They also moved into a series of rehearsals and demolition preparations for the underwater collective drills later on in the week.

The underwater demolition drill is complex and involves a demo boat, dive boat, safety boat and initiating boat. For three days, the divers trained, continually making improvements.

To keep the divers senses heightened, each noncommissioned officer assumed squad leader duties affording each the opportunity to practice “Troop Leading Procedures” prior to launching.

Divers set up their underwater demolition by using a nylon-braided line attached to a surface ring. They then entered the water to carry the detonation cord down to the target.

For this training event, the divers prepped one Bangalore torpedo and six blocks of “C-4” explosive. A safety diver verifies that the



Above —A training map shows where diving exercises took place at Iroquois Point and Ewa Beach.



Left —The 7th Eng. Det. (Dive) conducts MEDEVAC training scenarios with help from the U.S. Coast Guard.

divers correctly place their charges.

Next, the team initiates a time fuse and sets it down on a “floating board.” With the fuse beginning its downward descent, the divers on the dive boat move to a 300-meter standoff distance to wait for the blast.

During the three days at sea, the divers successfully detonated nearly 250 pounds of explosive.

For divers, already in a hazardous and unforgiving environment, safety is critical. Each dive

creates real safety concerns, as the effects of pressure and a fluid environment are always present.

One of the most important aspects of training is safety and ensuring that systems are in place for emergency medical evacuations (MEDEVAC). To validate MEDEVAC, emergency medical systems (EMS) and recompression chamber services available on the island, the detachment practiced timely responses to a diving casualty.

During the last dive and for

training purposes only, Sgt. John Williams became a “diving casualty” activating the divers’ nine-line MEDEVAC drill. First response came from the detachment’s medical technician, Sgt. Jonathan Hodrick, who applied an intravenous line and placed the injured diver on 100-percent oxygen while waiting for helicopter evacuation.

Within 20 minutes of the initial casualty call, a Coast Guard MEDEVAC arrived on scene and executed a litter rescue that successfully transported the affected diver to Hickam Air Force Base. From there, a ground ambulance crew transferred the diver to a hyperbaric recompression chamber also on Hickam AFB.

A medical chamber team took over treatment of the affected diver, effectively recompressing Williams to a normal 60-foot treatment depth. The recovered “casualty” was successfully stabilized, evacuated and treated during the drill.

The field training exercise was an eye-opening experience for all agencies involved. Ultimately, the 7th Eng. Det. (Dive) successfully trained and validated its underwater demolition battle drill. But, perhaps more importantly, the “underwater” Soldiers of the detachment now have even more confidence, knowing that the evacuation system that protects them works well — should there ever be a real diving casualty.

3-7th FA gets battle-ready qualification

Story and Photos by
Spc. Leslie Alberts
3rd Brigade Public Affairs

SCHOFIELD BARRACKS — A field artillery crew measures success in minutes. Six minutes to be precise.

Six minutes to set the Howitzer and fire at least two rounds on target. If it takes longer, the crew has failed and Soldiers could be killed or injured as a result.

With this reality in mind, Alpha Battery, 3rd Battalion, 7th Field Artillery Regiment, conducted its semiannual section certification at Hamilton Field here during the three-day period of Nov. 16-18. Bravo Battery conducted its section certification last month.

The 3-7th FA is comprised of two "firing elements," Alpha and Bravo Batteries. Each battery contains two platoons, and each platoon has four Howitzer weapons sections, explained Capt. Jayson Dodge, 3-7th FA, firing support officer.

All sixteen Howitzer sections must be qualified prior to live-fire training.

"Our job is to provide fire support for all 3rd Brigade," said Dodge. "When the infantry and cavalry Soldiers need supporting fire, the 3-7 is the unit that gets the call and provides that support."

"Alpha Battery is finishing its section level certification this week," continued Dodge. "Certification is the crawl stage, so-to-speak. It is the portion of training that must be conducted before any live fire training. It will enable these Soldiers to be certified to live-fire," he added.

The 3-7's live-fire training will be conducted at Pohakuloa Training Area (PTA) after Thanksgiving, Dodge explained.

"Today is the end of the basic certification for Alpha Battery," said Sgt. 1st Class Scottie A. Johnson of 3-7th FA. "To become certified, there is standard preparing and training that must take place. Basically, to qualify, a Howitzer crew must accomplish certain tasks that are broken down into phases.

Each member of the crew completes the orientation and organization phase, which involves a 25-question written test on basic artillery skills and knowledge. Second, members prepare for the



Above — Alpha Battery Soldiers get primary aim of reference points during section certification.

Right — A Howitzer crew sets its cannon as Staff Sgt. Charles Quintanilla (soft cap) observes.

firing operations phase, which involves disassembly and assembly of the Howitzer breach mechanism and other gunner squadron testing.

Third, teams experience the "occupy location" phase. Crews place a cannon and establish primary aim of reference points, among other things. Fourth, teams participate in a "fire mission" phase where crews get data from the Fire Direction Center and send missions down to the guns.

Gun crews then "dry" fire on targets. Afterwards, the fifth and final phase, air assault rigging, takes place, explained Johnson.

Crews qualify when they satisfactorily accomplish all of the foregoing field tasks under 20 minutes. Within the first six minutes, however, the Howitzer must be set and capable of firing two rounds on target, explained Staff Sgt. Charles Quintanilla, 3-7th FA, section chief, who has been with the unit for more than three years. He deployed with the unit to Afghanistan for Operation Enduring Freedom '05.

"We train exactly how things will be accomplished when we deploy," said Quintanilla. "During OEF, my crew and



I shot live in combat and got confirmed kills, so I know firsthand that doing this training correctly is important and actually helped us in combat situations," he said.

"It is critical for this stuff to become second nature. I remember in OEF there were situations when rounds were going off around us. Soldiers are taking cover and because of training, I was able to stay calm to direct our crew to return fire," Quintanilla continued. "To certify as a section is important because what we do save lives. It really is a matter of life and death," he emphasized.

Artillerymen embrace the local holiday spirit

Spc. Leslie Alberts
3rd Brigade,
Public Affairs Office

WAIHIAWA — The holiday season is upon us, so many Americans are dashing about searching for a perfect gift or expressing gratitude.

The Leilehua High School community, however, has received a preholiday gift from the Soldiers at Schofield Barracks.

Soldiers from 3rd Battalion, 7th Field Artillery Regiment, volunteered their time to help at the high school, Nov. 19. They assisted in miscellaneous tasks as part of the Joint Venture Education Forum's Military Partners in Education Program.

"The school partnership program is a program that links the military with various schools here on Oahu. It has been going on for years," explained Lt. Col. Jack Pritchard, 3rd Battalion, 7th FA, battalion commander. "We met with the high school representatives to come up with ways that we could assist them. Today, the main project is completing the pouring of a large concrete slab and clearing out a gymnasium and other storage."

Pritchard beamed when more than 25 Soldiers showed up though the call went out for only five or six.

"Here on Oahu, these projects are important," he said. "We need to show our support for the local community; we get support in return because the community then supports Soldiers," he explained, stating the reciprocal relationship makes the community much

more enjoyable.

The 3-7 Soldiers can fully expect to be involved in local communities when they deploy next year, according to Pritchard. Upon deployment, units will likely be partnered with entities like schools, helping to improve facilities.

"Although the partnership is set up so that the Army can take care of us, we look at it differently," said Principal Norman Minehira. "We look at it as mutual support and take very seriously our responsibility to take care of Army dependents."

"Our primary mission," the principal continued, "is to make sure that we take care of their kids, their safety and learning. If kids are doing well, spouses are happy and the Soldier can take care of their primary mission," he explained.

"I want the Soldiers to know that we understand that this is extra for them. We very much appreciate the Army supporting our community and their willingness to sacrifice not only for our schools and communities, but our nation."

"We appreciate them and honor them," the principal continued, "and will do our best to support them," he added.

Soldiers finished pouring the remaining part of the slab for the school's bus loading zone. Previously, visiting sports teams and bands parked in the mud, got off busses in the mud, and then walked through the mud.

Now, thanks to the Army, the surface is safer for all, exclaimed Minehira.

Dec. 7th: 'Tropic Lightning' bespoke division's role

From A-1g

was a slow process, which the cooks hurried up by not completely cooking them.

"This Sunday morning, just after pay day, I was lying in bed contemplating half-raw hot cakes or a decent breakfast at a restaurant, when I heard a plane diving, then pulling out. 'Sounds like a dive-bomber', I thought. Then I heard the explosion," Palmer recalled.

What he heard were Japanese aircraft attacking Wheeler Field, where fighter aircraft were stationed on Oahu. Wheeler was a high priority target for the Japanese, as American fighter aircraft posed the greatest threat to their forces.

Tech. Sgt. Jack Spangler was caught in the open at Wheeler Field as the attack started. He was walking down Wright Avenue to meet a friend for breakfast when he heard the first explosions. What he saw next was a plane dropping a bomb, and it was headed right for him.

Spangler later recounted, "I saw the bomb release from the plane as the pilot pulled up to the right to avoid the bomb blast. As the bomb was falling, it seemed like it was suspended for an eternity, falling directly overhead.

"My life flashed before my eyes, and I thought I was going to die," Spangler continued. "All I could remember was seeing the flash. When I came to, the bomb had



U.S. Army Photos

The day that will live in infamy! Japanese war planes execute a series of surprise attacks on the unsuspecting Wheeler Army Airfield and Schofield Barracks on Dec. 7, 1941 demolishing the entire air fleet.

landed directly across the street from me between two homes."

The Japanese had achieved complete surprise in their attack. During the next two hours, military



facilities on Oahu were bombed and strafed, with the main focus on Pearl Harbor. Amid the confusion, Soldiers grabbed their rifles and began shooting at enemy aircraft as

they flew over.

Schofield Barracks was not a primary target, but was subjected to strafing by Japanese aircraft and collateral damage from

the strike at Wheeler. After overcoming the initial shock, units organized and began deploying to assigned positions to defend against a now expected invasion.

Traveling to their positions, 25th ID members observed firsthand the destruction wrought by the attack as they drove towards Honolulu and saw the thick plumes of smoke that marked Pearl Harbor and Hickam Field.

Wild reports and unconfirmed rumors filled the air as the day wore on; everyone felt an invasion was now imminent.

The 25th ID Daily Staff Journal is filled with entries of saboteurs operating and airborne troops landing, as well as entries citing enemy troop ships off the coast of Barbers Point.

The fact is, no invasion was ever launched. The shock of the attack and expectations the Japanese were coming weighed heavily on the minds of everyone that day. The night of December 7 found the 25th ID manning positions from Hanaua Bay to the Waianae Coast, waiting for the enemy.

World War II had begun. The first lines of the 25th Infantry Division's story were soon underway.

(Editor's Note: Article information, including first-person accounts that are referenced, are archived at the Tropic Lightning Museum.)

Roever: War veteran overcomes adversities

From A-1

For Roever, being alive is nothing short of a miracle.

Although grueling, Roever tells his story of injury and recovery with laughter and humor.

"Here I am telling you about all my scars and we're laughing together. You know why? Because we're celebrating life," Roever told Soldiers at the Sgt. Smith Theater later in the day.

He emphasized that being a Soldier is more than training and fighting.

"Don't get so caught up in the Army that you can't be tender with your wife or family," he advised.

Tears trickled down the cheeks of many Soldiers when Roever told of his wife's decision to stick by his side through it all.

"You spouses are what keeps them [Soldiers] going," Roever told the audience.

The earlier Wounded Warrior luncheon was a personal gathering that allowed wounded Soldiers and family members a chance to talk one-on-one with Roever and to gain some inspirational insights.

"Don't ever give up on life," he said; "just remember that tomorrow may be the day that it all changes."

Roever's last stop at the Sgt. Smith Theater gave him a chance to share his testi-

mony with even more Soldiers. The auditorium reverberated with laughter as Roever told his draft story.

"They sent me a letter saying I needed to take a physical. I wrote them back telling them I felt great," he recalled.

Again, an audience sat in stunned silence when Roever told the story of his agonizing recovery at the medical center in San Antonio, Texas. He endured horrifying therapies to recuperate.

"People ask me why I do this, and I tell them it's because the whole eight months I was in Vietnam, no one came to visit me. Not one USO show or nothing," Roever said.

Roever believes what will make or break a person is family, friends and faith. He says all three should be strong and supportive.

His last words were a thank-you to all Soldiers, his last story of visiting one Soldier who was so badly burned and wounded from a firefight in Iraq that he would not survive.

"I leaned down to whisper in the hole where his ear should be and told him thank-you. The last words he heard were thank-you.

"He died knowing someone cared."

HPU students to premiere Dec. 7, 1941, video

Hawaii Pacific University
News Release

HONOLULU — The first shot fired at Pearl Harbor came not by air, but underwater. This fact is not widely known, but Hawaii Pacific University advanced video students have produced a 23-minute historical documentary that tells the story of American naval reservists who sank a Japanese midget attack submarine at Pearl Harbor, more than an hour before the air attack on Dec. 7, 1941.

Commissioned by the Arizona Memorial, the video will premiere locally on Sunday at 6 p.m. with a second screening at 7:15 p.m., at the USS Arizona Memorial at Pearl Harbor. The public is invited to this free event.

The video will also be broadcast statewide on KFVE on Dec. 7 at 9:30 p.m.

"First Shot: The Secret Submarine Attack on Pearl Harbor" includes



Courtesy of Hawaii Pacific University

footage from the 2002 deep sea discovery that solved more than 60 years of mystery surrounding the sinking and that led to friendship between two men who were once enemies. The documentary features historical re-enactments and archival footage and in-depth

interviews with both USS Ward and Japanese Naval veterans.

Celebrating its 40th anniversary, Hawaii Pacific University is the state's largest private university with more than 8,000 students from all 50 U.S. states and more than 100 countries.

An inactive shipyard facility in Pearl Harbor, in the USS Bowfin Submarine Park, served as the backdrop for much of the Hawaii Pacific University student-produced film scenes.

War Memorial project steadily climbs towards association's goal

25th Infantry Division Association
News Release

The 25th Infantry Division Association, a 56-year-old nonprofit veterans organization, is the prime sponsor of the 25th Infantry Division War Memorial, adjacent Fernandez Hall at Schofield Barracks.

To date, the Association has raised more than \$80,000 of \$450,000 toward the cost of the memorial.

The memorial honors fallen Tropic

Lightning comrades who sacrificed their lives in service to the nation. It notes a legacy of military service stretching back more than 60 years.

When complete, a statue of a World War II Soldier, a Korean War Soldier and a Vietnam War Soldier will stand behind the modern Soldier.

Contributions are accepted from the community at large at 25th Infantry Division Association, P.O. Box 7, Flourtown, PA 19031-0007.



ROTC offers college careers, commissions

Jeremy O'Bryan
Western Region, U.S. Army
Cadet Command

Enlisted Soldiers now have an option to stay on active duty – and retain all of their pay and benefits – while attending college to complete a degree and become an officer.

The Green to Gold Active Duty Option is a two-year scholarship program that allows Soldiers who meet certain time-in-service and age requirements to attend college for a period of up to 24 months, complete with normal permanent change of station benefits.

Having active duty Soldiers join the ranks of ROTC is a boon to the entire process of making officers, said Lt. Col. Cam Carlson, professor of Military Science at the University of Alaska–Fairbanks (UAF). Carlson, who entered the commissioned ranks through the Green to Gold Program in 1986, said it's important for the Army to synthesize enlisted Soldiers into officers.

"As a result of their time on active duty, enlisted Soldiers provide a perspective to their class cohorts in terms of experiences and job training that builds a wider base of knowledge for group success," Carlson explained.

Eric Mtika, a cadet in Carlson's battalion and a fourth-year student at UAF, joined the Army in 2002 because he wanted to become an officer. His family moved to the U.S. from Malawi, Africa, when he was 11. After high school, he attended college in the Pacific Northwest

for a while, and then joined the Army hoping to fulfill his dream.

Mtika said he learned things as a Soldier, like taking orders and programming himself to act quickly and decisively, that helped him in his bid to become an officer.

"Mtika has made a great transition," Carlson said. "Experienced enlisted Soldiers can serve with distinction as officers in a short period of time. The 'Soldierization' process is already complete, and they wouldn't have been selected for the program unless they had received accolades from their chain of command. It's paramount to get guys like that."

For many Soldiers, the prospect of separating from the Army to attend school, and the resulting loss of pay and benefits, can be daunting. The Active Duty Option meets Soldiers' concerns about money and other benefits head on.

Staff Sgt. Brian Abel, a 26-year-old Soldier from Velva, N.D., contemplated getting out of the Army in 2000 and using his G.I. Bill to finish college.

"Even using my G.I. Bill to finish college would have been tough to do financially," Abel said.

He decided to stay in and look for options that would allow him to pursue a degree while on active duty. Abel has been assigned to Korea and deployed to Iraq, gaining experience and wisdom as Soldier. Now under the Green to Gold Active Duty Option, he's a senior at Cameron University in Law-

See "ROTC," page A-10

Counselors get up-close to Army

Story and Photo by
Spc. Amanda Flemett
Staff Writer

SCHOFIELD BAR-RACKS — Most people think that a Soldier's life is only about weapons and war. Truth is, some aspects are much like other career fields.

Recently, a group of high school counselors and educators from Oahu and Maui took the opportunity to see what is actually involved in the life of a Soldier.

Part of the U.S. Army Recruiting Command's Center of Influence or COI program, they took an in-depth tour here, Nov. 18.

According to the Recruiting Command, a COI is a teacher, career counselor or any educator that can possibly influence a prospective Army recruit.

"What we wanted to do was bring together as many COIs at one event, get them knowledgeable about what the Army offers and show them the services that we offer Soldiers," said Peter DeLauzon, a public affairs specialist for U.S. Army Recruiting Company in Honolulu.

Career counselors in high schools have the daunting task of guiding students into careers or schools that best suit their needs. However, in light of some recent misapprehension about joining the military during wartime, some educators had not been touting the military as a viable career choice.

"My teachers are really excited and looking forward to coming and seeing a lot of the different stuff, so they could tell the kids," said Staff Sgt. Eugene Munston, a recruiter at the Pearlridge



Oahu and Maui high school faculty learn how the commissary is run and what discounts it offers service members, retirees and their family members.

recruiting station.

Soldiers are offered many benefits. Along with medical and housing, Soldiers are offered a chance to continue education and choose particular career paths that can help them when they separate from the Army.

"The goal today is to help counselors and educators understand exactly what different opportunities we offer kids, not just the military job aspect, but the family part of your life," Munston explained.

Army life is more than just M-16 rifles and going to war. The Army is its own community with emphasis on family and a special kinship. The military branch offers young adults the chance to select, train and begin the careers they always envisioned and to advance.

"Everyone knows about

the combat that we're doing, but people forget about opportunities that we provide Soldiers and their families," said Capt. Arnulfo Martinez, 25th Infantry Division G-2 current operations, and the day's tour guide.

Most educators were impressed by the education benefits offered to Soldiers in the Army. Some had no idea of the level of benefits offered.

"Our school focus has been a two- or four-year college and going into the military as a last resort," said Laurie Wade, education assistant at Oahu's Waialua High School. "Now, I can tell the students that if you do decide to go it's more than just a job. You can get an education and degree."

Faculty members also said they enjoyed the chance to tour the commissary, Martinez Gym, the auto

craft shop and the Leilehua Golf Course.

"The Army is a valid option for our students who can't afford to travel," said Judy Watanebe, Leilehua High School college and career counselor. "Some of them have never been off the island. The Army can give that discipline and a career."

Toward the end of the tour, educators ate lunch with Soldiers at the 2nd Brigade Dining Facility. Then they showed off their marksmanship skills at the Engagement Skills Training Center, Strike House.

"We want to have each of the folks here to come away with what career opportunities are offered and that we take quality of life very, very seriously," DeLauzon stressed, adding that the 25th ID provided tremendous support to assist their recruiting efforts.

Training will come to Soldiers where they're deployed, say NCOs

Pfc. Jason Jordan
Special to American Forces Press Service

CAMP LIBERTY, Iraq — The Army is instituting significant changes in how it trains and recruits Soldiers, aiming to make U.S. troops more battle ready for the challenges in Iraq, Afghanistan and elsewhere, two of the Army's top non-commissioned officers said during recent visits here.

The two command sergeants major, John Sparks of the U.S. Army's Training and Doctrine Command and Lonny Wright with Infantry Branch Command, spoke during separate mid-November meetings with Soldiers from the 1st Brigade Combat Team, 10th Mountain Division.

"We are enhancing the individual Soldiers' skills, ensuring they are better trained and more prepared for today's warfare," Wright said. "Each Soldier will go through a live-fire convoy exercise and train on more weapons systems."

Army basic training, he added, also now requires Soldiers to carry their weapons at all times and includes military operations on urbanized terrain.

Moreover, Wright said, the Army aims to provide units with more experienced and more specialized leaders, including better-trained drill sergeants, to facilitate and enhance Sol-

dier training.

As part of this effort, the Army plans to provide units with squad-designated marksmen, who will train an extra two weeks, at their unit's request, before being assigned to their unit.

Increasingly, Soldiers will not have to leave their unit for training; the training will come to them, Wright noted.

The Army is developing mobile training facilities, which will bring schools like the basic and advanced NCO courses directly to Soldiers. Mobile training programs, he explained, allow Soldiers to train during the day, while returning home to their families at night.

The Army also plans to make more training courses available to Soldiers on compact discs, which can be distributed to units both stateside and in the field.

"We do not want to create a large number of new programs that we will never complete," Wright said. "We would rather ... bring the training that is already available down to you — bring it closer."

In addition, Soldier training will have increasing relevance to real-world missions, with feedback from the field incorporated into the curricula, Wright said.

NCOs from the 10th Mountain Division praised

See "Training," page A-8

Soldiers partake Thanksgiving in Iraq

WASHINGTON — Secretary of the Army Francis J. Harvey and country music star Aaron Tippin helped boost the spirits of troops in Iraq on Thanksgiving Day.

Harvey began the holiday by having breakfast with a group of officers from Task Force Baghdad and the 3rd Infantry Division at the Rock of the Marne Sports Oasis, Nov. 24. He also visited the 101st Airborne Division (Air Assault) at Forward Operation Base Speicher in Tikrit, Iraq.

Before traveling north to Iraq, Harvey visited with American troops in Kuwait, at the Army Materiel Command's aviation and tactical vehicle repair sites and at the Coalition Forces Land Component Command headquarters.

Tippin mingled with Soldiers at FOB Speicher in Iraq. He ate his Thanksgiving dinner at the Eagle's Nest Dining Facility there, where officers from the 101st Combat Aviation Brigade served up some turkey, crab legs and all the traditional holiday fixings.

Still, Tippin didn't do much eating. He was approached by a steady stream of fans in the dining facility seeking autographs and pictures.

Dining facilities throughout Southwest Asia prepared special holiday meals that included turkey, stuffing and pumpkin pie for thousands of Soldiers. Food service specialists in Iraq and Afghanistan prepared some 174,912 pounds of turkey breast; 31,852 pounds of thighs; more than 105 tons of shrimp; 55,000 pounds of



Army News Images

Soldiers enjoyed a variety of Thanksgiving "at home" treats — from turkey, shrimp and ham to pumpkin pie and eggnog — even though deployed. Country music star Aaron Tippin (left) and Secretary of the Army Francis J. Harvey (second from right) shared Thanksgiving dinners with service members deployed to Iraq in numerous locations.

stuffing; 32,570 pumpkin pies; and 17,040 gallons of eggnog — enough to fill a large swimming pool, to feed America's deployed troops fighting the global war on terrorism.

Many senior leaders joined in the serving line to help serve food to the troops.

In Afghanistan, Command

Sgt. Maj. Iuniasolua Savusa, Combined Joint Task Force-76, helped juice and turn the holiday pig on a spit at Fire Base Lwara. The special meal at Bagram Air Base included ham, roast beef, fruits, vegetables, desserts and an array of other treats for deployed U.S. and Coalition forces.

Having the "at home" feeling, said many in the dining facilities, made all the difference during the traditional holiday.

(Editor's Note: Compiled from a story by Sgt. Ken Hall and data provided by 101st Airborne Division, Task Force Baghdad, CJTF-76 and AMC [Forward].)

Training: Mobile facilities are coming

From A-7

these and related changes. "This concept of constant change and updates will bring a whole new relevance to the training," said Command Sgt. Maj. M. Todd Hibbs of the 1st Battalion, 87th Infantry Regiment. "The fact is [these changes] are being driven by what is happening in the field." If Soldier training is not intensified well before deployment, added 1st Brigade Combat Team, 10th

Mountain Division Command Sgt. Maj. Brian Carlson, "then it is too late." Pre-deployment, theater-specific, individual readiness training is inadequate; more training must be done before that, he said.

Sgt. Justin Kerns, 2nd Battalion, 22nd Infantry Regiment, agreed. Improving "basic training and ... individual Soldier skills is a good thing," he said. "I know that when I went through basic, it

was just that — basic."

And, Wright promised, commanders and top NCOs will work more closely before assuming a new command, in order to better serve their Soldiers.

"This will put everyone on the same sheet of music before taking their positions," he said.

The Army also wants to ensure that NCOs rotate through both garrison and combat tours of duty.

News Briefs

Cell Phones — New policy prohibits operating a cell phone while also physically driving a motor vehicle on U.S. Army, Hawaii, installations. The policy applies to remote cell phone devices too, for example, using headphones or earphones to talk on cell phones while driving.

Violations of the new policy can result in punishment for any violator, whether military or civilian.

Pearl Harbor — The Navy and the National Park Service will combine former separate ceremonies to jointly commemorate the 64th anniversary of the fateful Dec. 7, 1941, Japanese attack on Pearl Harbor on Wednesday, Dec. 7.

The observance will take place on the waterfront lawn of the USS Arizona Memorial Visitors Center at Pearl Harbor at 7:40 a.m. For more event information, contact Ms. Grace Hew Len,

Navy Region Community Relations Officer, at 473-3958.

Tree Lighting Ceremonies — Don't miss the Fort Shafter Holiday Tree Lighting Ceremony, Thursday, Dec. 8, at 5:45 p.m. at Palm Circle.

IO Specialists — Functional Area 30, information operations, is seeking highly motivated YG 1997- 2002 officers for expanding IO opportunities in brigade combat teams, divisions, corps and joint positions. Interested officers in year groups 1998-2001 can request career field designation (CFD) by completing the online preference form at www.hrc.army.mil/site/active/opfamdd/cfd_Upcoming_boards.htm.

Contact Maj. Mogavero at gregory.mogavero@us.army.mil or (703) 325-5791 for more information. All other interested officers can request redesignation to information operations through the HRC information operations career management officer.

Mandatory Ethics Training — The Secretary of the Army reaffirmed that all Army personnel must be aware of and comply with the highest ethical standards, and he directed mandatory face-to-face ethics training for every Soldier and Army civilian employee, regardless of grade, rank or position.

An Army judge advocate that has been specially trained and appointed as an ethics counselor will give training during the following sessions.

•At Schofield Barracks, Sergeant Smith Theater:

Dec. 6 at 6 p.m.,
Dec. 7 at 9 a.m.,
Dec. 8 at 1 p.m., and
Dec. 15 at 1 p.m.

•At Fort Shafter, 9th RRC Assembly Hall on Shafter Flats:

Dec. 7 at 9 a.m.

Unit commanders and agency directors must submit monthly reports per published guidance to Tom Rizzo of the Office of the Staff Judge Advocate. Direct questions to Rizzo at 655-8736.



Capt. Alex Duran, commander, B Co., 52nd Inf. Regt., and 1st Sgt. Henry Sitzler, company first sergeant, unveil the guidon at a rainy Tuesday ceremony.

Antitank unit activates in 52nd Infantry Regt.

Story and Photo by
Spc. Stephen L. Proctor
17th Public Affairs Detachment

SCHOFIELD BARRACKS — The 5th Stryker Brigade acquired an antitank unit when Company B, 52nd Infantry Regiment, was activated in a ceremony here Tuesday.

Previously, the brigades contained antitank platoons, said Capt. Rafael A. Duran, commander, Co. B, 52nd Inf. Regt., but with the changes the Army is making, now antitank companies will support the Stryker Brigades.

"We will fall under the 5th Stryker Brigade," said Duran. "A lot of what we do will be working with the TOW [tube-launched, optically-tracked, wire command-link guided] missile system."

The Soldiers of Co. B, 52nd Inf. Regt., will join a long, decorated lineage of Soldiers.

"We'll be part of the 52nd Infantry Regiment, which was first activated in World

War I," said Duran. "We'll wear the 52nd crest, but for administrative purposes, we'll be part of 1st Battalion, 21st Infantry Regiment."

The 52nd Inf. Regt. was first activated June 16, 1917, at Chickamauga, Ga. The unit first saw combat in Meuse-Argonne, in Northern France, and in Alsace, France, during World War I. The unit was awarded two Presidential Unit Citation awards for efforts in World War I.

In World War II, the 52nd Inf., as the 52nd Armored Infantry, battled the Germans in central Europe. For actions at Bastogne, Belgium, and Remagen Bridgehead in Germany, the unit was awarded another Presidential Unit Citation award.

During the Vietnam War, the 52nd Inf. Regt. participated in multiple counter-offenses.

Most recently, the unit deployed in support of Operation Iraqi Freedom, helping to facilitate the first democratic election in the country's history.

Soldier appears in television episode of 'Lost'

Pfc. Durwood Blackmon
Staff Writer

Lights, Camera, Action!

Imagine a job where your days would be spent rubbing shoulders with famous stars and basking in the bright lights of fame.

A taste of that dream became reality for one Soldier who took advantage of an opportunity to shine as an extra on an episode of the hit T.V. series "Lost."

Master Sgt. Crystal L. Anderson of Task Force 225 Aviation, S-3 non-commissioned officer in charge, received the chance of a lifetime while at restaurant one evening.

"I was actually at Molly's Smokehouse in Wahiawa, and the owner told me that the show was looking for someone with my features. She gave me the number of a lady and I called her.

"I filled out an application and gave her [the casting agent] a snapshot of myself. A week later she called and offered me a non-speaking role!" Anderson said.

The show Anderson applied for, 'Lost,' is the Emmy award-winning adventure series about a group of individuals stranded on a Pacific island after their airplane crashes.

A star in the making

Anderson, 35, from Asbury Park, New Jersey, has spent the last 17 years perfecting her role as a Soldier. She was thrilled at the chance to test her skills on a movie set.

"It was fun. We did over 50

takes and it took all day. I can honestly say being able to do something like that is a once-in-a-lifetime experience, and I really enjoyed it."

Anderson portrayed a member in a church congregation. The scene was designed to depict the mental flashback of a character in the show named Mr. Eko, played by veteran actor Adewale Akinnuoye-Agbaje.

"Mr. Eko is from Nigeria and is king of the warlords," explained Anderson. "The scene is set in a chapel that Mr. Eko enters with other warlords — asking his brother, a minister in the church, to sign a statement ordaining him as a minister.

"As Mr. Eko enters the church, we are all frightened because we know of his reputation. The minister ushers me and the other church members out of the church, so only two warlords, Mr. Eko and his brother, are left," Anderson continued.

Despite the pleasure of working with celebrities on the set, Anderson discovered that acting is not all fun and games.

"I truly know why actors and actresses get paid a lot of money. It's hard work. The cameras are hot and there are so many takes.



On the television set of 'Lost,' Master Sgt. Crystal Anderson has her picture taken with veteran actor Adewale Akinnuoye-Agbaje.

Courtesy Photo

Although the long hours and multiple takes can deplete energy, Anderson's soldiering skills became a useful asset to her when the going got tough. The Army instills patience and focus that helps during repetitiveness. The discipline the military provides is invaluable, Anderson explained. Working on a set with a famous actor, tempered by the excitement of being on television can be a bit overwhelming. Trying to remain professional can

be a job in itself, she added.

"The most difficult part was trying to keep from getting over-excited from seeing the stars. I really had to refrain myself and mentally focus," said Anderson.

Anderson appreciated the small but definitive role.

"It was a good experience and I enjoyed myself. It felt like I had just won an Emmy in my own little world. I felt privileged and hon-

ored," she explained.

As millions of people turn on their television to watch "Lost," Wednesday, they will catch a brief look at one of the Army's best and brightest gracing the screen.

The show will forever live in Anderson's memory as a glimpse into the life of stardom so few will ever experience, she said.

A true survivor

In relation to the show's characters, Anderson has the heart of a true survivor. She displayed great courage as she fought and defeated a deadly bout with cancer.

To be victorious over such an opposing foe as cancer, Anderson reached deep down to pull strength and motivation from the most important factors in her life to stay alive.

"What actually keeps me motivated are my mother and my sister. They are my strength and they are my rock," Anderson emphasized. "Those important people, constant prayer and being in that situation will keep you motivated. If not, you won't survive."

A dedicated Soldier, survivor and role model by any standards, Anderson has achieved a great deal of success. No matter where the future takes her, she will always own a little piece of Hollywood magic that can never be "Lost."

SLS reviews Hawaii's disaster strategy

Story and Photo by
Spc. Stephen L. Proctor
17th Public Affairs Detachment

FORT SHAFTER - Senior leaders from the military, federal and state governments met to discuss the National Response Plan, which outlines actions in case a catastrophic hurricane hits Hawaii. The leaders also discussed lessons learned from Hurricane Katrina.

Lt. Gen. John M. Brown III, U.S. Army, Pacific, commander, hosted the Senior Leaders Seminar here Nov. 22. Among attendees were Governor Linda Lingle and general and flag officers representing the Army, Navy, Air Force, Marine Corps and Coast Guard in Hawaii.

In the event of a hurricane, the state ensures all local residents, visitors and tourists are evacuated and sheltered in affected communities. The state also ensures essential buildings such as hospitals are protected. "In a disaster, Governor Lingle is in charge; the



Lt. Gen. John M. Brown III talks with a foreign leader at the Senior Leader Seminar, Nov. 22.

military acts in a supporting role," said Brown, "so it's good to see how her civil defense organization will function and how we might be able support them."

Though the state is in charge of relief efforts in the aftermath of disasters, military leadership wants to be as well prepared as possible to assist in those efforts.

"Having the governor and her team come together with leaders of the federal agencies in Hawaii, including the

military, was an important step in helping us understand what the requirements might be in such a natural disaster, as well as what capabilities each of us might have in a humanitarian relief effort," said Brown.

Using disasters such as Hurricane Katrina as a tool for lessons learned, the most urgent needs are emergency communications, public safety information, food, water, shelter, medical care, search and rescue opera-

tions, debris removal, and air and sea operations.

"We can look at our capabilities and our shortfalls and work together to overcome those shortfalls," said Maj. Gen. Benjamin R. Mixon, 25th Infantry Division commanding general.

Many organizations are involved in hurricane relief efforts: the state government, the Federal Emergency Management Agency, the American Red Cross and other federal agencies. The National Response Plan specifies who is responsible at different stages of the relief effort.

According to the leaders, knowing what every side can bring to the table and how they will interact allows military and civilian entities to fine-tune joint training exercises that result in greater preparedness.

"Our training and exercise will be much more realistic," said Brown. "We can focus on how to best assist the governor, which will make our training more meaningful."



William R. Goodwin

Tongan flair

FORT DERUSSY — The Tongan Royal Corps of Musicians perform for the staff, students and faculty of the Asia-Pacific Center for Security Studies (APCSS) in the heart of Waikiki, Nov. 18. Maj. Hon Ve'ehala of the Tonga Defense Services, a fellow attending the Executive Course at APCSS, leads the award-winning, 50-member band.

Two Army posts will support basic officer training

Army News Service
News Release

WASHINGTON — The Army will transition from the pilot phase of the Basic Officer Leader Course (BOLC) to full implementation in June 2006, senior officials said recently.

BOLC is part of a comprehensive initiative to transform the Officer Education System, which includes officers in the active and reserve components, along with selected special branch officers. Officers will attend BOLC as their initial-entry training.

The Army, in coordination with Training and Doctrine Command (TRADOC), made a decision to conduct BOLC II, the initial-entry field leadership phase, at Fort Benning, Ga., and Fort Sill, Okla., reducing BOLC II sites from four to two.

Fort Bliss, Texas, and Fort Knox, Ky., will stand-down BOLC II preparation, officials said, to fully support Army initiatives in the transformation to the future force.

The change from four to two sites was made due to the base realignment and closure decision to move the Armor School and the Air Defense School to Fort Benning and Fort Sill, respectively.

OES is being transformed so it better supports the goals of increased readiness, greater relevance of the force and a more Joint and expeditionary Army, officials said.

BOLC has three phases and is designed to ensure a tough, standardized, small-unit leadership experience that flows progressively from each phase. BOLC's Phase I is the pre-commissioning phase.

BOLC I includes training conducted at the U.S. Military Academy (USMA), Reserve Officer Training Corps (ROTC) and officer candidate schools (OCS). USMA, ROTC and the OCSs are revising their curricula to train basic Soldier and leader tasks performed by all lieutenants regardless of the commissioning source.

After lieutenants are commissioned, they go to BOLC II, the ini-



Sgt. Jacob Boyer

Transportation officer and Basic Course student 2nd Lt. Veltum (right) leads fellow students through tactical maneuvers. The Officer Basic Course is now called the Basic Officer Leadership Course and its now offered at only two Army installations.

tial-entry field-leadership phase. BOLC II is a rigorous seven-week, branch-immaterial course in small-unit leadership and tactics designed to challenge officers physically and mentally. Fort Benning and Fort Sill will host this phase.

Immediately following BOLC II, officers will go to BOLC III, the branch technical phase, to learn the specialized skills, doctrine, tactics and techniques of their assigned branch. Since BOLC III is branch-specific, these courses are taught at the appropriate TRADOC schoolhouse or training center and range from six to 15 weeks.

The old style of training at the schools/centers is being revamped to make greater use of experimental training to enhance the quality and effectiveness of the branch-specific course.

Upon graduating from BOLC III, officers will proceed to their first unit or attend more assignment-oriented training, officials said.

(Editor's Note: Information provided by TRADOC.)

Military demographics representative of America, officials say

Jim Garamone
American Forces Press Service

WASHINGTON — The U.S. military is not a "poor man's force."

That's the conclusion Defense Department officials reached following examination of enlisted recruiting statistics gathered over the past year.

"There is an issue of how representative of America is the force," said Curt Gilroy, the director of DoD's accessions policy in the Pentagon.

DoD tracks "representativeness," as Gilroy calls it, very closely. And representativeness can take a whole host of forms: race, education, social status, income, region and so on.

"When you look at all of those, you find that the force is really quite representative

of the country," he said in a recent interview. "It mirrors the country in many of these. And where it doesn't mirror America, it exceeds America."

The data shows the force is more educated than the population at large. Service members have high school diplomas or the general equivalency diploma. More service members have some college than the typical 18- to 24-year-olds.

"To carry representativeness to the extreme, we would have to have a less-educated force or we would want a lower-aptitude force," Gilroy said.

The study is part of DoD's focus to bring the best recruits into the military. The services, which are responsible for manning, equipping and training the

force, take this data and apply it to recruiting efforts.

The force is a volunteer force; no one is coerced into serving. The military is one option young people have after high school. Military service offers money for college, money a large segment of the population doesn't have. For those people, the military is an attractive option.

Many young people who don't yet know what they want to do see the military as a place to serve and decide what they want to do for the rest of their lives, rather than take a low-paying job or do nothing.

Critics say the U.S. military has too many African-Americans as compared to the population and not enough Hispanics or Asian-Americans.

"We don't recruit for race," Gilroy said. "We have standards, and if people meet those standards, then should we say they are not allowed in because of race? That would be wrong."

The statistics show the number of African-American service members is dropping. That concerns Gilroy and his office. The military is a leader in equal opportunity in the United States, he said, adding that few, if any, Fortune 500 companies can match the equal employment opportunity record of the military.

The office is studying why young black men and women

are not signing up.

The office also is studying the Hispanic population in America. Census records say Hispanics are the largest minority group in the United States. Young Hispanic men and women have a strong tendency to serve in the military, though so far, only the Marine Corps has been "able to break the code" to get significant numbers of recruits, Gilroy said.

On the socioeconomic side, the military is strongly middle class, Gilroy said. More recruits are drawn from the middle class and fewer are coming from poorer and wealthier families. Recruits

from poorer families are actually underrepresented in the military, Gilroy said.

Other trends are that the number of recruits from wealthier families is increasing, and the number of recruits from suburban areas has increased.

Young men and women from urban areas are not volunteering, Gilroy said. In fact, urban areas provide far fewer recruits as a percentage of the total population than small towns and rural areas.

DoD and the services will use these statistics and more to craft their recruiting policies, Gilroy said.

ROTC: 'Green to Gold' seeks NCOs

From A-6

ton, Okla.

The program allows Soldiers to enter the ROTC program as academic juniors or graduate students and requires that they graduate within 21 months. (Under unique circumstances and after approval by U.S. Army Cadet Command, this may be extended to 24 months.) Soldiers who are selected to participate in the program continue to receive their current pay and allowances.

That kind of financial continuity worked for Abel. He and his wife, Stephanie, recently added to their family. Her pregnancy was high risk, so having a baby became a costly life event that was covered by their military medical insurance.

While the Active Duty Option doesn't allow Soldiers to use Army tuition assistance, they may receive any portion of the G.I. Bill benefits they have earned since entering military service. And, the option answers the dream of becoming an officer not only for those who currently lack a college degree or other prerequisites, but also those whose enlisted service has given them time to gain United States citizenship.

Sgt. Ballah Howard, a senior studying criminal justice at Cameron University, was a refugee from war-torn Liberia. His mother left the country and sent Howard to Cote d'Ivoire, where he attended school. There, he saw U.S. Soldiers escorting Americans out of the country.

"I knew from that moment that I wanted to be in the U.S. Army," Howard explained.

He later graduated from high school, joined his moth-



Stephanie Requa

Sgt. Ballah Howard (left) and Staff Sgt. Brian Abel plot points on a training mock-up at Cameron University in Lawton, Okla. Both noncommissioned officers are college seniors assigned to the university's ROTC program, also known as the "Comanche" battalion. The "Green to Gold" program provides numerous benefits for Soldiers seeking a commission.

er in Staten Island, N.Y., and enlisted in the Army. He always kept an eye out for ways to achieve higher goals, taking classes almost right away after arriving at Fort Hood, his first duty station, and eventually achieving U.S. citizenship.

"I went to Fort Sill, then deployed to Iraq," Howard said, adding, "When I got back I went to Cameron University and talked to the recruiting officer, who told me about the Active Duty

Option."

Howard will graduate with a bachelor's degree in May 2006 and will be well into his master's degree when he is commissioned in May 2007.

For more information about the Green to Gold Program Active Duty Option, go online to <http://www.goarmy.com/rotc> or http://www.rotc.monroe.army.mil/scholarship_HP22/green/options.htm and select the Active Duty Option link.

Many Soldiers need their flu shot

Story and Photo by
Pfc. Nicole R. Montoya
17th Public Affairs
Detachment

Are sneezing, coughing and runny noses becoming a familiar sight? Well, they just might, seeing how we're in the midst of flu season here in Hawaii.

Influenza, the flu, is a very contagious respiratory illness caused by the influenza virus. High fever, headache, fatigue, sore throat, runny nose, nausea and/or vomiting, according to the Centers for Disease Control and Prevention (CDC) Web site, are symptoms of the flu.

The CDC states that serious health complications caused by the flu can include such things as pneumonia, dehydration and the worsening of pre-existing chronic medical conditions.

"The virus is easily spread from person to person through contact or contamination," said Lt. Col. Thomas J. Rogers, surgeon for the 25th Infantry Division.

Flu season began early November; health officials anticipate the virus will slowly but surely hit the state with a bang.

"Seeing how the island is about 3,000 miles away from the continental United States, Hawaii's flu season is postponed about a month and tends to last a

month longer than the flu season on the mainland," said Rogers.

The flu is now spreading through Oahu; therefore, Soldiers within the 25th Infantry Division should head to aid stations on Army installations to get their flu vaccination.

Spc. Thomas Yasko, 1st Battalion, 14th Infantry Regiment, treatment squad training noncommissioned officer, said about 356 Soldiers have already come to the battalion aid station to receive their flu vaccination. However, about 152 Soldiers in the unit still need their shots.

"As soon as we were told it was flu season, we received all the equipment we needed to administer the vaccine," said Yasko.

Aside from the vaccination itself, many things help prevent from even getting the illness, which according to the CDC, kills about 36,000 people a year in the United States. Among prevention measures, people should use a liquid hand sanitizer, whenever needed, and avoid touching their face and eyes, said Rogers.

Once people become infected with the virus, they should keep away from others and stay at home. The virus is highly contagious and is known to severely affect infants and the elderly, Rogers explained.



Pfc. James Banks, a line medic with Co. C, 1st Bn., 14th Inf. Rgt., prepares a flu vaccination needle to immunize a Soldier.

Online prescriptions get a VA 'thumbs up'

Department of
Veterans Affairs
News Release

WASHINGTON — Tens of thousands of veterans are now receiving their prescription drug refills from the Department of Veterans Affairs (VA) with greater convenience, speed and security, thanks to a new service available to veterans over the Internet.

More than 70,000 prescriptions have been refilled using the latest service added to VA's "MyHealthVet," the personal online health record system designed for veterans in the VA health care system.

"VA's MyHealthVet prescription refill service is proving to be extremely successful in providing tens of thousands of America's veterans with fast, easy and secure access to their important medications," said the Honorable R. James Nicholson, Secretary of

Veterans Affairs. "Given the overwhelmingly positive response VA has received to this initiative from our veterans, we anticipate that thousands more veterans will choose to take advantage of this convenient service."

The secure online prescription refill service has quickly emerged as one of the more popular features in the MyHealthVet system, which connects with VA's widely respected electronic records system.

When a veteran orders a prescription refill, the request is routed VA's computer system to be filled by one of the department's outpatient mail pharmacies. The refill is then sent directly to the veteran, eliminating the need for a trip to the pharmacy and a wait in line.

On Veterans Day, Nov. 11, 2005, MyHealthVet marked its second anniversary by

ON THE WEB

Access VA's "MyHealthVet" at www.myhealth.va.gov. Online RXs provide 'fast, easy and secure' refills

adding three new health records that veterans can keep in a secure electronic environment and make available to other VA health professionals nationwide: blood oxygen levels taken from a pulse oximeter, daily food intake in the Food Journal, and physical activity and exercise in the Activity Journal.

Since mid-October, more than 100,000 veterans have signed up to use MyHealthVet, which is located on VA's Web site at www.myhealth.va.gov. Among the services available to veterans, their families and VA care providers through the online personal record are the ability to track health conditions — entering readings such as blood pressure and cholesterol levels — and to record medications, allergies, military health history, medical events and tests.

Veterans can also include personal information, such as emergency contacts, names of medical providers and health insurance information. They can access health information on the Internet from VA, Medline-Plus from the National Library of Medicine, and Healthwise, a commercial health education library.

Future expansion of MyHealthVet will allow VA patients to view appointments and copayment balances, access portions of their medical records, and give access to their records to doctors, family members and others.

Clinic Hours for Flu Vaccination

The Tripler Army Medical Center Flu Hotline is 433-3357. Shots will be provided as follows.

- Immunization Clinic: Tuesdays, 1 to 3 p.m., and Wednesdays & Fridays, 9 to 11:30 a.m.
- Pediatric Clinic (433-6234): Mondays, Tuesdays, Thursdays & Fridays, 8 a.m. to 3:45 p.m., and Wednesdays, 8 a.m. to noon, and 2 to 3:45 p.m.

- Family Medicine Clinic (433-9738): Mondays, Tuesdays, Thursdays or Fridays, from 8:30 to 11:30 a.m. or 1 to 3:30 p.m., and on Wednesdays from 8:30 to 11:30 a.m. or 2 to 3:30 p.m.
- Adult Medicine Clinic (433-6641): Tuesdays or Wednesdays from 9 to 11 a.m., or 1:30 to 3:30 p.m.
- Schofield Clinic (433-8145): Mondays from 8 a.m. to noon, or 1 to 2:30 p.m.; Tuesdays or Thurs-

days from 7:30 a.m. to noon or 1 to 3:30 p.m.; Wednesdays from 7:30 a.m. to noon; or Fridays from 7:30 a.m. to noon or 1 to 2:30 p.m., except the last Friday of every month when hours are 1 to 2:30 p.m.

- Schofield Family Medicine Clinic (433-3650): Mondays, Tuesdays, Thursdays or Fridays from 8:30 to 11:30 a.m., or 1 to 3:30 p.m.; or Wednesdays from 8:30 to 11:30 a.m., and 2 to 3:30 p.m.



COMMUNITY & SPORTS

EXPERIENCING *Hawaii* FROM ABOVE

Pfc. Kyndal Brewer
Staff Writer

DILLINGHAM AIR FIELD — I asked myself why should I jump out of a perfectly good airplane as I sat in the office of Skydive Hawaii, the morning of Nov. 5. I felt as if I were signing my life away as I read the liability waiver, which states at the bottom of every page that I could die. Having done a risk assesment and being counseled by my supervisor, I decided to jump at the chance of leaping out of an airplane more than 13,000 feet in the air. What in the world was I getting myself into?

In the back of my mind, I knew I was going to be safe because I was jumping with a professional who knew what he was doing and had been skydiving for years.

Other employees assured me that I was going to be fine, and that they maintain their equipment very well to make customers' skydiving experience as safe as possible, but I was still very nervous.

The butterflies in my stomach started to flutter when my name was called to strap on my harness to take the next plunge. My insides went into a frenzy as I loaded onto the airplane and the aircraft ascended into the heavens.

Jake Kilfoyle, a tandem master and the instructor I was jumping with, could see how nervous I was, so decided he was going to be funny and make my experience totally memorable. He tugged on my harness and said, "Huh, that's a little loose, hopefully it stays on."

I was so nervous, all I could do was sit and pray that the parachute would open correctly. I fervently prayed that my parachute wouldn't have any malfunctions.

When my time was nigh, my instructor opened the side door of the plane. Once I looked down, I was ready to change my mind.

"We're going to go on the count of three, okay?" Kilfoyle said.

He began the count, but he didn't make it to

three. Right after he said "one," we were already out of the plane, free falling at more than 100 miles per hour.

The jump was the greatest rush I have ever experienced in my life.

When we finally landed, I was extremely thankful we had made it back to land safely. Oddly enough, I was ready to go again.

"I started skydiving for stress reduction," said Frank Hinshaw, owner of Skydive Hawaii. "I was so chicken, though, I came out for three weekends before I made my first jump."

Skydive Hawaii opened in the early 80's and offers many activities besides skydiving, although skydiving is its specialty, such as its wind tunnel for people who want to experience the feeling of free falling but who don't want to leave the ground. Also, the aerobatic plane executes flips and rolls and all kinds of fun stuff.

"It's like a circus in the air, and you're right in the middle of it," said Hinshaw, laughing.

Skydive Hawaii offers tandem jumps, which is what I completed, for people who have no experience in jumping. The regular cost is \$250, but military enjoy half off pricing.

For adventurers who want to learn how to skydive so they can eventually jump solo, Skydive Hawaii offers a course that allows customers to learn the ropes and jump on their own. The cost of the course is \$1,400 or, \$1,100 with the military discount.

"The sky diving community is a really tight-knit Ohana," said Hinshaw. "We put safety first here, and everyone looks out for everybody," he continued. "The rush you get from skydiving is unlike any other. You couldn't get it from doing anything else."



Above — Kyndal Brewer holds on to her harness with a death grip as she exits the airplane screaming. The first leap was the scariest part of the entire experience, she later said.



Above — An instructor at Skydive Hawaii helps his client back on her feet after a safe landing on the ground. Landings can be a bit rough.

Left (top, middle and bottom) — Brewer enjoys the exhilarating rush of free falling and the beautiful view of the North Shore from her skyward free fall.

MWR Briefs

Serving America's Army in Hawaii

DECEMBER

2 / Today

Fine Arts Exhibit — Check out Schofield Barrack's talented youth and teens at the Boys and Girls Clubs fine arts exhibit. The winner's artwork will be sent to a regional competition on the mainland. The exhibit will be held at the Schofield Barracks Teen Center. For more information, call 655-0451

"Zoundbox" Live — Enjoy great entertainment and an exciting performance when Zoundbox plays live at the Tropics from 9 p.m. to 12 a.m. No cover charge will be assessed; for more information, call 655-8522

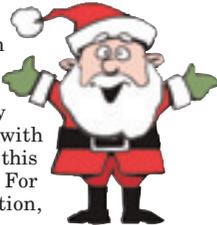
SKIES Babysitting Class — Registration begins today for a free babysitting class, open to teens ages 13 and above. The class will be held Dec. 29 from 9 a.m. to 4 p.m. at the Kaala Community Center.

Teens need to wear comfortable clothing and bring a sack lunch. Registration is required and CYS members can register by calling the Schofield CYS registration office at 655-5314.

Teens who are not registered with CYS must do so prior to registering for the babysitting class. For more information, call SKIES Unlimited at 655-5525.

3 / Saturday

Breakfast with Santa — Get into the holiday spirit at the Nehelani from 7:30 to 10:30 a.m., Dec. 3, and enjoy "Breakfast with Santa." Cost for this event is \$8.95. For more information, call 655-4466.



Holiday Fun Fest — The Aliamanu Military Reservation community center will host a Holiday Fun Fest from 10 a.m. to 2 p.m., Dec. 3. Holiday activities, pictures with Santa, games and relays, food, prizes and great live entertainment will all be available for families to enjoy.

The day will kick off with a community parade at 9 a.m. In case of



Thanksgiving festivities

The 25th Infantry Division Replacement Detachment enjoys diverse activities prior to Thanksgiving, Nov. 23. "These Soldiers are in a transient phase," said 1st Lt. Jeremy R. Cervantes, Replacement Det. commander. "We are giving them a genuine welcoming to the division for the holidays."

inclement weather, the parade will be cancelled. For additional information, call 833-0920.

7 / Wednesday

Single Soldier Texas Hold'Em — Are you the next Schofield Barracks Hold'Em Champion? Single Soldiers are invited to enter the Texas Hold'Em Tournament to be played Dec. 13 and 15 at the Tropics.

The final table of the tournament will be held at the "Single Soldier Christmas Party," Dec. 24. The registration deadline is Dec. 7, so stop by the Tropics or call 655-5697 for registration or additional information.

9 / Friday

Christmas Ornament Workshop—Brighten up your Christmas tree with your own stained glass foil ornaments. Come and learn how to make these ornaments. Dec. 9 from 9:30 a.m. to noon at the Schofield Barracks Arts and Crafts Center.

The class will cost \$10 and the fee includes materials to make two custom ornaments. Pieces can be engraved with the 25th ID or a Hawaiian graphic logo.

Class size is limited, so register soon at the Schofield Barracks Arts and Crafts Center. For more information, call 655-4202.

Forum on Drinking and Driving — The Army Substance Abuse Program is hosting a forum on drinking and driving at the Sergeant

Smith Theater on Schofield Barracks, Dec. 9 from 10 to 11 a.m. The forum counts for two of the four annual required hours for "Prevention Education for Active Duty" and two of the three annual required for "Prevention Education for Civilians." For more information, call 655-9113.



Teen Social — Join friends for an evening of fun at the Schofield Barracks Teen Center Social and the Aliamanu Teen Center Holiday Social from 7 to 9:30 p.m. Listen to music and dance, play games or participate in contests. Admission is \$3 for members and \$4 for nonmembers.

10 / Saturday

Breakfast with Santa — Come to the Tropics and join Santa for breakfast Dec. 10 and 11 from 10 a.m. to noon. Cost is \$5 for breakfast and \$3 for a picture with Santa.

Tickets for both breakfasts will be sold at the Tropics. For more information, call 655-5697.

Yu-Gi-Oh — Get ready to duel at the Tropics. Registration for the Yu-Gi-Oh tournament starts at 12 p.m. and matches will start at 1 p.m.

Cost is \$6 and includes a pack of Yu-Gi-Oh cards. Prizes will be awarded, and all ages are welcome. Call 655-8522 for more details.

13 / Tuesday

Army Library Holiday Activities — Celebrate the Holidays at your local Army library. Visit with Santa at the Fort Shafter Library Dec. 13 and at the Aliamanu Library Dec. 15. Come to the Sgt. Yano Library Dec. 14 for holiday stories and craft activities.

All programs start at 3 p.m. For more information, call 833-4851 (Aliamanu Library), 438-9521 (Fort Shafter Library), or 655-0145 (Sgt. Yano Library).

SKIES Christmas Gift — Parents, do you want to give a special Christmas gift this year? Let SKIES Unlimited help. Enroll your child in karate, driver's education or dance classes between now and Dec. 21, and receive a free karate uniform, a 10-percent discount on driver's education or a silver dance shoes charm (while supplies last).

You will also receive a gift card with each Christmas gift class registration. For more information, call 655-5525.

ONGOING

Army Soldier Show— Performer and technician nominations are now being accepted for the Army Soldier Show. Entries will be accepted through 4 p.m., Dec. 21. If you are interested in participating or want

See "Community," page B-3

Community Calendar

DECEMBER

2 / Today

Toys for Tots Program — Army Hawaii Family Housing (AHFH) is supporting the Toys for Tots program. Donations of new toys are being accepted at all AHFH community centers now through Dec. 19, and contributions will benefit military families in Hawaii.

Toys for Tots is a Marine Corps program founded more than 50 years ago, which provides holiday gifts to children in need. For more information, contact Bonnie Griffith at 275-3178.

Special Olympics Hawaii — Special Olympics Hawaii needs volunteers at its Annual Holiday Classic, today through Sunday at Hickam Air Force Base and Marine Corps Base Hawaii, Kaneohe Bay. Nearly 800 athletes will compete in statewide basketball, bocce and bowling competitions.

Volunteers are the backbone of Special Olympics, and more than 700 volunteers are needed to help make this event special. Whether you can contribute your time "behind the scenes" or at one of the sporting events, Special Olympics has a position for you.

Positions go fast, so don't wait. For more information, call 943-8808, extension 27, or visit www.specialolympicshawaii.org.

Hawaii Pacific University — Hawaii Pacific University will celebrate its first-ever Intercultural Holiday Bazaar today from 10 a.m. to 3 p.m. on Fort Street Mall. The event is free, open to the public and spotlights the HPU students' diversity through cultural exhibits featuring

traditional dance, music and crafts from around the world.

Hawaii Theatre — The Hawaii Theatre and Nabors Productions will present "A Merry Christmas with Friends and Nabors" tonight through Sunday. The show stars Jim Nabors and includes many special guests.

Tonight's performance and Saturday's begin at 7:30 p.m. Sunday at 2 p.m. Tickets range from \$25 to \$75 at the Hawaii Theatre Box Office located at 1130 Bethel St. Call 528-0506 or surf www.hawaii theatre.com for more information. A \$5 discount is available for students, seniors, military with ID and current Hawaii Theatre members.

Honolulu City Lights — Opening ceremonies for Honolulu's month-long celebration of the Christmas season begins Saturday, Dec. 3 and runs through Jan. 1. Thousands are expected to turn out for the city's holiday celebration, which features a giant Christmas tree in front of Honolulu Hale (City Hall), giant shakawaving Santa and Mrs. Santa (also known as Tutu Mele), the Electric Light Parade and, of course, thousands of lights.

At Honolulu Hale, the celebration will mark the city's 100th year and share the centennial theme of "Ha' a-heo No O Honolulu," or "Pride of Honolulu."

The tree-lighting ceremony is at 6 p.m., the tree and wreath display opens at 6:30 p.m.

inside Honolulu Hale, the Electric Light Parade marches from Aala Park down King Street to Honolulu Hale at 6:30 p.m. and the holiday concert begins at 7:30 p.m. Admission is free.

Pearlridge Express — All aboard the Pearlridge Express at the Pearlridge Mall Uptown Center Court. Hawaii's only scale-model,

fully-functioning train will be pulling into the station daily through Jan. 1 from 10 a.m. Up to 15 children (under 48 inches tall) can ride at one time on the custom-built locomotive and enjoy the journey through a yuletide fantasy of Toyland creations.

3 / Saturday

Delta Sigma Theta — The Hawaii Alumnae Chapter of Delta Sigma Theta Sorority presents its 3rd Annual Praising in Paradise Gospel Fest. This event will take place Saturday at 6 p.m. at Trinity Missionary Baptist Church, located at 3950 Paine Cir. in Honolulu.

Admission is free; for more information, visit www.hawaiideltas.net.

4 / Sunday

Hui O'Na Wahine Fund-raiser — The Hui O'Na Wahine presents its annual fund-raiser, a Tropical Tour of Homes on Sunday from 5 to 8 p.m. Join the community for a look at many historical homes dressed for the holiday season.

A craft fair will be held prior to the tour from noon to 5 p.m. on the Generals Loop lawn.

Check-in for the club fund-raiser is from 4 to 5 p.m. at 227 General's Loop. Tickets are \$8 in advance and \$10 at check in.

This event is open to the public, and only children ages 12 and older may participate on the tour. For tickets or vendor information, call 629-8322 or 624-0895.

Bone Marrow Drive — Nationwide, some 30,000 people are hoping for a bone marrow donation, and of those, 500 are military. Your help is needed.

•Participate in the Bone Marrow Donor Drive being held Dec. 6 at the Schofield Barracks Post Exchange,

•Dec. 7 at the Pearl Harbor Navy Exchange and the Hickam Base Exchange, or

•Dec. 8 at the Kaneohe Bay Marine Corps Exchange and Pearl Harbor NEX.

All drives will run from 9 a.m. to 4

p.m., and if your command would like to host an on-site drive on the same days, contact Lt Cindy Campbell at (619) 532-4734 (DSN 522).

No appointments are necessary. For more information, call CTM3 Andrea Miles at 655-3229.

7 / Wednesday

Leilehua Financial Aid Workshops — Leilehua High School has joined forces with two financial experts to assist parents who are preparing for their child's future college education. The first workshop, "Financing for the Future," is scheduled for Wednesday, Dec. 7, at 7 p.m. in the LHS Library. Taught by financial advisor Valerie Schmidt, the workshop will provide tips to parents preparing to meet the costs of their child's higher education.

The second workshop, "Financial Aid 101," will be on Wednesday, Dec. 14, at 6:30 p.m., in the LHS Library. Adam Hatch, director of financial aid at Hawaii Pacific University, will answer questions about financial aid, the FAFSA and financing college in 2006. Class of 2006 parents, this is a must workshop for you.

For more information, contact Judy Watanabe at Leilehua High School at 622-6556.

10 / Saturday

Hawaii Yacht Club — Kick off the holidays with an island-style parade on Honolulu's Harbor front. Join the Hawaii Yacht Club at Aloha Tower Marketplace from 6 to 8 p.m. for live entertainment and door prizes at Pier 9.

Billed as a "Christmas Boat Parade, Deck the Hulls!," festively decorated boats will sail through Honolulu Harbor, delivering warm and happy wishes for all. The boat parade will begin at approximately 6:30 p.m. For more information, call Aloha Tower Marketplace at 566-2337 or visit www.alohatower.com.

Leilehua PTO Fund-raiser — Volunteers are needed for Leilehua

See "Community," page B-4

HACN TV Schedule

Morning

- 6:00 Sign On
- 6:26 Coqui Frog Invasion in Hawaii
- 6:47 Welcome Home Redeployment Guam
- 7:00 Bulletin Board
- 7:30 What's Down the Drain
- 7:41 White Face
- 7:55 Water Safety
- 8:00 Hawaii Army Report
- 8:30 Army News Watch
- 9:00 Pentagon Channel
- 10:00 White Face
- 10:15 Change of Command Ceremony 25ID (L) & USARHAW
- 10:20 Bulletin Board
- 10:50 Welcome Home Redeployment Guam
- 11:04 Coqui Frog Invasion in Hawaii
- 11:26 VATV #2
- 11:52 Inside Afghanistan 8/31/05
- 12:00 Hawaii Army Report
- 12:35 Pentagon Channel

Afternoon

- 2:00 Inside Afghanistan 9/08/05
- 2:12 Bulletin Board
- 2:42 Welcome Home Redeployment Guam
- 2:55 Shamu: The Rhino Story
- 3:30 Coqui Frog Invasion in Hawaii
- 3:50 Hurricane Safety
- 4:00 Pentagon Channel

Evening

- 6:00 Hawaii Army Report
- 6:30 Community Focus
- 6:47 What's Down the Drain
- 6:56 Change of Command Ceremony 25ID (L) & USARHAW
- 7:00 NFL: Football Follies
- 8:00 Bulletin Board
- 8:30 Inside Afghanistan 8/31/05
- 8:42 What's Down the Drain
- 8:50 White Face
- 9:06 Volunteers
- 9:21 Welcome Home Redeployment Guam
- 9:34 Inside Afghanistan 8/22/05
- 9:45 Safety Video
- 9:49 Coqui Frog Invasion in Hawaii
- 10:10 NFL: Ice Bowl
- 11:25 Bulletin Board

Overnight

- Pentagon Channel



Sgt. Smith Theater

Today
Wallace & Gromit: Curse of the Were-Rabbit
7 p.m. (G)

Saturday
Wallace & Gromit: Curse of the Were-Rabbit
7 p.m. (G)

Sunday
A History of Violence
7 p.m. (R)

Thursday
Domino
7 p.m. (R)

The theater is closed Monday, Tuesday and Wednesday.



The Learning Tree

Dr. Julia Myers
Contributing Writer

Just as tiny seeds that are planted can grow into magnificent trees, the human mind has amazing potential to grow and blossom. In fact, the tree is the perfect metaphor for human learning!

The roots and the trunk are the foundation of learning; the branches, the knowledge that grows in many directions and provides support for future growth; and the sap, the desire for learning and the lifeblood of lifelong education.

Last week, my children made another attempt at growing trees. They have planted everything from

avocado seeds to apple seeds, and each time, I am as amazed as they are at seeing the seeds sprout, take root and grow into small, bright green plants.

Together we have learned a great deal about plants. First, in order for trees to grow and flourish, they must have fertile soil, ample moisture and appropriate sunlight. They must also establish solid and strong roots. In the process, we have also come to appreciate the care it takes to grow these small plants into mighty trees.

It is not enough to just plant the seeds, nor is it enough to water the plants occasionally. Most plants need significant nurturing, espe-

cially when they are small. The same applies to our brains. The seeds of knowledge must be planted and fed.

The learning environment must be enriching and safe. The gardeners of our minds must be responsible, caring and committed, especially at the start.

I see my children as small saplings, only beginning their lives of intellectual growth and change. Like all children, they are captivated by how things work, why they work and how the big puzzle of life fits together.

Through their incessant questions and their endless desires to experiment, they continue to build a level of understanding that often



About the writer

Julia Myers is an educational consultant and adjunct professor for Chaminade University. She holds a bachelor of science degree in mathematics with specialization in mathematics education, a master of arts degree in mathematics, and a doctor of education degree in curriculum and instruction.

Myers has 16 years of teaching experience at every level from middle school to postgraduate education to teacher professional development.

Myers, her husband Stephen and their four children reside at Schofield Barracks.

'...Nurture that tiny seed into a magnificent tree'

amazes me.

The beauty is, I have seen their learning sprout and take root! And like the farmer who tends to his orchard day after day, my job is to continue to nurture their curiosity and to encourage their intellectual growth so that they may develop deep roots and a strong trunk, sprout brightly colored leaves, grow long branches that reach far into the sky ... and one day bear fruit.

As for me, I imagine my tree has very long, twisted branches that have taken many directions through the years. Learning has always been a passion of mine.

I love to learn new things and I know I'll never stop. In my opinion,

learning is as essential to our well-being, as trees are to our planet's.

For this reason, I continue to learn, and I continue to teach. I learn because there is still so much I want and need to know. I teach so that I may pass on this passion for learning, and so that I may inspire and help others to cultivate learning within children and even within themselves.

"The Learning Tree" is my effort to share a little of my passion with those who just might care to nurture that tiny seed into a magnificent tree!

(Editor's Note: Dr. Julia Myers will be contributing this monthly education column to the Hawaii Army Weekly.)

MWR Briefs

From B-2

For more information, call the Leisure Activities Office at 655-0112 or 655-0111.

School Transition Survey — Every military family can have an influence on the future by participating in a school transition survey.

If you have recently transitioned your family to Hawaii, go to [http://www.armyhawaii.com/schoolsurvey\(2005\).htm](http://www.armyhawaii.com/schoolsurvey(2005).htm) and take a few minutes to share

your thoughts and ideas regarding school transition concerns.

SKIES Driver Education — Learn to drive with SKIES at Valentine's Driving School. The session includes 32 hours of classroom instruction and six hours of behind-the-wheel time, taught by qualified instructors.

The total fee for all instruction is \$295 and must be paid at the time of registration. For more information, call 655-5525.

"Paint It & Take It" — Ceramic parties offer a unique way to celebrate get-togethers, coffees, children's birthday parties, showers or any occasion. The Arts and

Crafts Center has a varied selection of ceramic bisque-ware, ready for the artist in you to paint and take home.

For more information, call 655-6330 at Schofield Barracks or call 438-1315 at Fort Shafter.

Salvage Yard Auto Sales — Fort Shafter and Schofield Barracks Salvage Yards will be sponsoring sealed bid auto sales twice a month. Bidding will end on the first and third Saturdays of each month, and the highest bidder will be notified the following day.

A minimum bid will be marked on each for sale auto. For more information, call 655-9368 at Schofield Bar-

racks or 438-9402 at Fort Shafter.

Tropic Lightning Buffet — Enjoy a fast and hot lunch buffet, Monday through Friday, from 11 a.m. to 2 p.m. at Reggie's. Cost is \$8.95 per person. Call 655-4466 for more information.

Family Child Care — Individuals interested in caring for children in their home should inquire with the Child and Youth Services, Family Child Care Program. Benefits include free training, additional income and flexible hours.

For more information, call

the Aliamanu Military Reservation Family Child Care office at 837-0236, or the Schofield Barracks Family Child Care office at 655-8373.

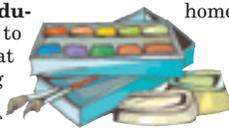
Outdoor Recreation Rentals — Outdoor recreation can supply all your party needs to include tables, chairs, canopies, inflatables and even a dunk tank for the kids. Not having a party, going camping instead? Outdoor Recreation can supply you with all the gear, from tents and coolers to stoves. Outdoor Recreation is open everyday, except Tuesday. Call 655-0143 for more information.

Information, Ticketing and Registration — Are you looking for tickets to

area attractions? Visit the Information, Ticketing and Registration offices located on Schofield Barracks and Fort Shafter for a variety of tickets including luaus, cruises, whale watching adventures, Hawaiian Water Park, Sea Life Park, movie tickets, interisland packages and much more.

For additional information, call the Schofield Barracks ITR at 655-9971, the Fort Shafter ITR at 438-1985 or log onto www.mwrarmyhawaii.com. Click on ITR Ticketing and Registration for a full list of discounts at the various attractions.

Job Search — Visit, browse and apply for federal jobs that are available in Hawaii at www.nafjobs.com.



Consumers should think green during holidays

Waste Management of Hawaii
News Release

HONOLULU — Along with good holiday cheer comes a lot of extra waste as Americans throw away 25 percent more trash between Thanksgiving and New Year's as compared to any other time of the year.

The extra waste amounts to about 1 million extra tons per week.

"The packaging from gifts, food waste from the large meal preparations and decorations from parties really start to add up," said Paul Burns, vice president and general manager for Waste Management of Hawaii. "If each of us tried a few waste-reduction efforts, we would see a significant positive impact during the holidays and subsequent weeks."

Here are a number of ways to make this holiday season greener:

- Consider giving no-waste gifts such as music or sports lessons, memberships to a gym, symphony

or museum, favors like babysitting or tickets to a sporting event or concert. Many products are made from recycled content that make great gifts, so be sure to buy durable, reusable products that will last a long time.

- When packaging gifts, consider reduced or no-waste wrapping options. Put a large, reusable bow on the gift, place the gift in a reusable bag such as a backpack or purse or package small, themed gifts in a larger item. For example, place plates or table service inside placemats or a tablecloth or kitchen utensils in an apron or decorative dish-towel.

- Make your own wrapping paper by using pages from the newspaper or magazines, decorating paper shopping bags or cutting



pieces from maps or posters. Recycled-content wrapping paper is also available. Save bags and bows to

ON THE WEB

For more information about recycling, log onto www.KeepingHawaiiClean.com.

use on future gifts.

- If you are attending a party or dinner and are bringing a dish for the meal or an edible gift for the host, be sure to package items in a reusable container. If the item is a gift, place it on a decorative holiday plate, in a washable kitchen container or wrap it with a holiday towel.

- Send holiday greetings via e-mail, a great way to share photos and keep in touch more frequently. If you send cards in the mail, make them with last year's cards or wrapping paper.

- When entertaining, use wash-

able utensils, plates, glasses, napkins and table coverings. Decorate with plants that your guests may take home and plant in their yards as a commemoration of the holiday celebration.

- Be sure to provide containers where your guests can put their recyclable cans and bottles. If you have leftover food, send it home with your guests in reusable containers or donate to a local homeless shelter.

- If you have a Christmas tree, garland or wreaths, be sure to recycle them when the holidays are over. Next year, consider an artificial tree or a live tree that can be planted after the holidays.

- If you receive new items that will replace current possessions, donate them to a local charity.

Community Calendar

From B-2

High School's Parent Teacher Student Organization annual Spam Musubi Fund-raiser Dec. 12 - 14. Volunteers need to be at the school no later than 6:15 a.m. Funds raised will support school scholarships like the Mule Award. The number of awards and the amount given for the awards are based on funds the PTSO raises.

To volunteer or for more information, call 206-8280.

15 / Thursday

Hale Koa Room Special — Book three rooms, instead of two, during the Hale Koa

Hotel's fall season special now through Dec. 15. Eligibility requirements apply.

Contact the reservations department for availability at 955-0555.

14th Annual Deaf Santa Celebration

— The state's lone deaf and signing Santa returns to Pearlridge Mall for the only yuletide celebration of its kind in the islands. Join some unique entertainment, including Hawaii's most prominent deaf and hard-of-hearing performers, as well as talented students from schools throughout the islands.

Children will be visiting Santa Thursday, Dec. 15, from 9 to 11:30 a.m. Entertainment will follow from 10 a.m. to noon at the Uptown

Mall, second level.

For more information, call 733-4846 or 734-9154.

16 / Friday

Ballet Hawaii — International stars, Ballet Hawaii's large corps de ballet, and live Tchaikovsky music by the Honolulu Symphony, combine as Ballet Hawaii presents "Nutcracker," a longtime Christmas favorite.

The production will run from Dec. 16 to 18 at the Blaisdell Concert Hall. The show will start Friday at 8 p.m., Saturday at 7:30 p.m. and Sunday at 2 p.m. Tickets range from \$25-\$55 and are available at the Blaisdell Box Office and all Ticketmaster outlets.

Call toll free 1-877-750-

4400 or go online to www.ticketmaster.com to purchase tickets.

The Military Channel

— The Military Channel will air "Anatomy of a Stryker" on Friday, Dec. 16, at 8 p.m. Learn about the Army's latest weapon, including characteristics, its impressive technology and capabilities, and how the Stryker meets the needs of Brigade units.

31 / Saturday

Aloha Tower Marketplace — Aloha Tower Marketplace will ring in 2006 with an unparalleled New Year's Eve celebration featuring waterfront dining, shopping, free live entertainment and a spectacular front row fireworks display

over Honolulu Harbor at midnight.

Center atrium entertainment begins at 7 p.m. with live entertainment, free giveaways and more. Plus, several Marketplace restaurants will host special menus and packages for the evening. For more information, call Aloha Tower Marketplace at 566-2337 or visit www.aloha-tower.com.

ONGOING

Islam For Kids — The Muslim Community at Schofield Barracks will hold "Islam For Kids" classes at the Chapel Annex Building, Main Post Chapel, every Saturday from 4 to 6 p.m. Instruction will include Qura'an reading and the

Arabic language. For more information, call 352-3605.

New Work and Careers

Web Site — Need help in your job search process? Are you wondering how to market your skills and abilities? Explore the Web site <http://www.myarmylifetoo.com> to learn about the Army Spouse Employment Partnership.

The site includes job search techniques and resume writing tips. Also, check out partnerships with public and private sector companies that create career and training opportunities for military spouses.

For additional help, contact your Army Community Service Employment Readiness Program Manager at 655-2390.

Titans' playoffs hopes stay alive

Story and Photos by
Spc. Juan F. Jimenez
Staff Writer

SCHOFIELD BARRACKS — What an exciting game it was Tuesday night when the 225th Brigade Support Battalion Titans and the 25th Headquarters and Headquarters Company, Aviation Brigade War Eagles battled for a chance to make the playoffs at Stoneman Field Tuesday.

The weather conditions weren't good and to make matters worse, the field was in bad shape. Muddy spots and wet grass made the game an interesting one to see how both teams would adjust to conditions.

The beginning drive was a success for the War Eagles as they received the ball first and scored with little resistance from the Titans defense.

This is not the first time these two teams have met, and each time, both are aggressive and battle to the end.

Their last game, the War Eagles took the contest into overtime and won by a point. History looked as if it was going to repeat itself, but the Titans were not going to let the War Eagles win this time.

As they tried to score on their first drive, the War Eagles defense stepped up and stopped the Titans offense.

The game quickly turned around when linebacker Earnest Borden intercepted a pass from Justin Rice and returned it for a touchdown.

"This gave us hope," said Borden. "We knew we could come out here and play, and this drive turned things around for us."

The game got ugly for War Eagles from then on. Multiple penalties and numerous dropped passes just made things worse.

At halftime, the War Eagles were down 20-6. They knew they had to stop the Titans offense but didn't



Titans Quarterback Ashley Smith, gets ready to throw a pass to wide receiver Deante Long during a flag football game at Stoneman Field, Tuesday. The Titans went on to win the game, 26-6, against the War Eagles.

seem to know how.

"We have to stay focused," said the Eagles coach to the team. "These penalties are killing us out here guys. Let's get this together and play like we know how play."

At the beginning of the second half, the War Eagles kicked off to the Titans, and Deante Long was ready to return the ball downfield.

Long's return to the 40-yard line gave the Titans a good and short field position.

The War Eagles strategy went downhill after that return. Quarterback Ashley Smith of the Titans and wide receiver Deante Long were in sync connecting long passes all night and twice into the in zone.

War Eagles tried to answer back, but the defense was reluctant.

The War Eagles were unable to score after the half, and frustration began building.

The Titans scored one more time to give themselves a 20-point lead over the frustrated War Eagles.

"We just took our time and set the pace for this game," said Coach Earnest Borden.

The War Eagles never

recovered, and took a big loss removing their chance of competing in the playoffs.

"We took what the defense gave us," said Borden. "And our offense and defense were solid all night, allowing just one touchdown," he continued.

At game end, the Titans emerged victorious over the Eagles, 26-6.

"What a sweet victory it was for us. Now we have hopes that we can get in the playoffs," said Borden.

Intramural Flag Football Standing

Unit	Wins	Losses	Pct.
Green Division			
HHC, 84th Eng. Bn.	6	1	0.857
Co. B, 66th Eng.	3	3	0.500
HHC, Discom	4	3	0.571
HOC, 732 MI	4	3	0.571
Co. A, 1st Bn., 14th Inf.	0	7	0.000
Orange Division			
HHC, 3rd Bde.	6	2	0.750
1-25 Avn. Rgt.	4	2	0.667
Co. A, 1st Bn., 27th Inf.	4	2	0.667
556th PSB	2	3	0.400
Co. B, 725th MSB	0	7	0.000
Blue Division			
Btry. B, 2nd Bn., 11th	6	1	0.857
Co. C, 25th Avn Rgt.	5	1	0.833
HHT, 3rd Sqdn., 4th Cav.	5	3	0.625
Co. C, 1st Bn., 14th Inf.	1	6	0.143
DFAC	0	6	0.000
Gold Division			
Btry. A, 3rd Bn., 7th FA	8	0	1.000
Co. A, 2nd Bn., 5th Inf.	2	2	0.400
HQ Co. A, 225th FSB	2	5	0.286
125th Fin. Bn.	1	3	0.250
HHC 25th Avn. Bde.	1	3	0.250
Purple Division			
40th QM	7	0	1.000
Co. C, 2nd Bn., 27th Inf	4	2	0.667
Co. B, 2nd Bn., 35th Inf	3	3	0.500
Co. C, 725 MSB	1	6	0.143
HHC, 125th STB	1	5	0.167
Fort Shafter Division			
94th AAMDC	8	1	0.889
30th Signal	5	3	0.625
TAMC	5	4	0.556
39th MP	5	5	0.500
29th Engineers	5	5	0.500
DENTAC	3	3	0.500
USARPAC	0	9	0.000

(Standings are current as of Nov. 29.)

MWR Sports

DECEMBER

3 / Saturday

Ladies Golf Clinic — Ladies, do you want to brush up on your golfing skills? A free golf clinic will be held Saturday, Dec. 3 at the Leilehua Golf Course located right outside the WAAF front gate.

The clinic will last for one hour and will begin promptly at 3 p.m. All required equipment will be provided to participants and advance reservations are recommended.

For more details or to reserve your space, call 655-4653.

Hawaii Championship Wrestling — Come watch Hawaii Championship Wrestling at the Tropics on Dec. 3 and again on Dec. 17. Doors open at 6 p.m. and matches start at 7 p.m.

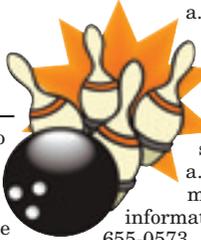
The cost is \$5 for ages 12 and up, \$3 for ages 11 and under, and free for children ages 5 and under. Call 655-8522 for more information.

11 / Sunday

Hawaii TV Bowling Tournaments — The Schofield Bowling Center will be hosting two Hawaii TV Bowling Tournaments for the 2005-2006 Winter Sea-

son. The first tournament is an open singles event on Dec. 11. The entry fee for the tournament is \$65.00 per person for prepaid entries and the walk-in fee is \$70.00.

Check in is at 8 a.m., practice begins at 8:30 a.m. and the tournament starts at 9 a.m. For more information, call 655-0573.



16 / Friday

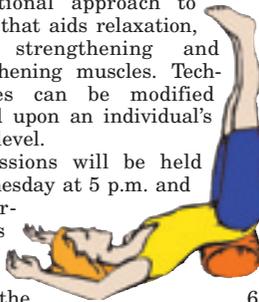
Intramural Soccer — Applications for Army Hawaii Men's Battalion-level Intramural Soccer are due Dec. 16. The intramural season runs from Jan. 9 through March 17, 2006. For more information, call the Sports Office at 655-0856 or 655-0101.



ONGOING

Hatha Yoga — Relish the traditional approach to yoga that aids relaxation, and strengthening and lengthening muscles. Techniques can be modified based upon an individual's skill level.

Sessions will be held Wednesday at 5 p.m. and Saturdays at 8 a.m. at the



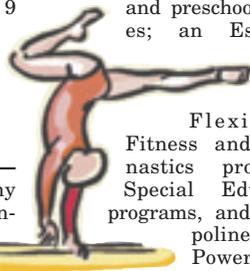
Schofield Barracks Heath and Fitness Center. Call 655-8007 for more details.

Hawaii Academy Trampoline and Gymnastics Classes — SKIES Unlimited is partnering with Hawaii Academy to offer a military discount program for trampoline and gymnastics programs. Hawaii Academy offers a variety of programs including parent-tot and preschool classes; an Essential Skills program;

Flexibility, Fitness and Gymnastics programs; Special Education programs, and Trampoline and Power Tumbling programs. Discount cards can be picked up at the Child and Youth Services registration offices. For more information, please call 655-5525.

Cosmic Bowling — Experience bowling with a twist. Lights are dimmed, upbeat music is turned on and the room becomes illuminated in glowing lights. Cosmic Bowling runs every Wednesday at Wheeler Bowl. Cost is \$1.50 per game and \$1 for shoe rental. Call 656-1745 for more information.

Scuba Club — Join the Scuba Club for only \$7 a month and get free air fills and a 10 percent discount on all your scuba equipment rentals. Tank rentals come with "unlimited air" during the rental period. For more information, call 655-0143.



Hui O Na Wahine's Tropical Holiday Tour of Homes

Sunday, December 4, 2005

Check-in at Quarters
227 General's Loop,
Schofield Barracks

Reception
4:00 to 5:00 p.m.
Tour of Homes
5:00 to 8:00 p.m.
Ages 12 and Up
\$8.00 in advance
\$10.00 at check in

Craft Fair 12:00 to 5:00 on
Lawn of General's Loop

FOR TICKETS OR VENDOR
INFORMATION CONTACT
VICKY 629-8322
OR RANDI 624-0895



You Drink.
You Drive.
You Lose.

Alcohol-related motor vehicle crashes kill someone every 31 minutes and nonfatally injure someone every two minutes.

— National Highway Traffic Safety Administration

Community Sports

DECEMBER

2 / Today

Great Aloha Run — The 22nd Great Aloha Run, an 8.15-mile run, will be held President's Day, Feb. 20, but GAR is offering a special rate and entry form to all active duty Soldiers, family members and DoD civilians who register by Dec. 2.

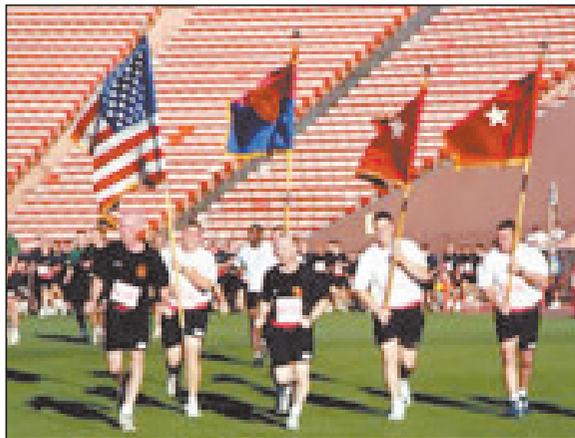
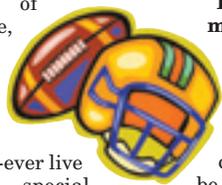
By using the special military entry form, participants will save \$5 off the regular entry fee and \$1 will be returned to MWR. Early entries received no later than Dec. 2 also entitle military to a free "In Training" T-shirt; however, be sure to use the military entry form that can be found at all military Physical Fitness Centers, or go online to www.active.com.

For information on the Great Aloha Run, call the GAR office at 528-7388 or visit the Web site at www.greataloharun.com.

3 / Saturday

Army/Navy Football Classic — As part of its ongoing mission to capture all facets of military life, the Military Channel will present the network's first-ever live two-hour special, broadcast from the site of the 106th Army/Navy football game. Premiering on the Military Channel on Saturday, Dec. 3, from 12:30 to 2:30 p.m. (ET), "Live from Army/Navy" explores the history of this well-known football rivalry, profiles the players of West Point and Annapolis — past and present — and introduces the courageous men who have played this game and fought for our country.

Hosted by noted Fox Sports reporter Chris Myers, "Live from Army/Navy" will be broadcast from Lincoln Financial Field in Philadelphia. The first live show in



Courtesy Photo

The Great Aloha Run, an 8.15-mile run held on President's Day, features a military category called the "Sounds of Freedom."

the history of the network will include interviews and special VIP appearances, as well as special taped features to capture the pageantry, history and excitement of this classic football match-up. Those slated for live interviews during the show include the senior leadership from the Navy, Army and Marine Corps, and Joint Chiefs, as well as Army/Navy football greats, such as Heisman Trophy winner Pete Dawkins.

9 / Friday

Leilehua Golf Tournament — The Waianae Military Civilian Advisory Council (WMCAC), a group dedicated to fostering harmony between military and civilian communities, will be holding their annual golf tournament fundraiser at Leilehua Golf Course on Friday, Dec. 9 at noon. Check-in for this worthy cause is from 10:30 to 11:30 a.m. The money raised is specifically to fund next year's Waianae Veterans' parade. Applications are available at 2nd Brigade Headquarters and the Leilehua Golf Course and will be accepted thru Dec. 9 for the first 144 military and civilian golfers.



Costs are \$65 for E-1 thru E5, \$70 for E-6 thru O-3, \$75 for O-4 and above and \$90 for civilians. For more information, call the Leilehua Golf Course.

18 / Sunday

Great Aloha Run Training — All 2006 GAR applicants are invited to participate in the 2005/2006 GAR "In-Training" Workshop. Training will begin on Sunday, Dec. 18, at 7:20 a.m. at the Kapiolani Park Bandstand.

Participants must arrive on time, sign a waiver and then trainers will help them get ready for the race, regardless of pace and current conditioning. Participants can join their preferred group of walkers, walk-runners or runners.

"In-Training" will be conducted every Sunday at 7:30 a.m. through Feb. 12. The workshop, valued at \$165, is free to all 2005 GAR participants. Call 943-0309 for information about the "In-Training" Workshop.

ONGOING

Local Sports Calendar Briefs — Do you have sports announcements of upcoming events or activities you'd like to post in the Hawaii Army Weekly?

If so, e-mail your information to editor@hawaiiarmy-weekly.com at least two weeks in advance of your event or activity.