

INSIDE

Departures to OIF continue for 25th

Pfc. Matthew C. Moeller
17th Public Affairs Detachment

HICKAM AIR FORCE BASE — After months of deployment preparations, 25th Infantry Division (ID) Soldiers spent their last day saying goodbye to families, and at the same time making final preparations for the long journey to their mission, Tuesday.

"It's hard leaving behind your family and your friends," said Pfc. Charles J. Popov, chaplains assistant, 3rd Infantry Brigade Combat Team. "But you know you have a mission to do, you know you're deploying for them, for everyone."

However, deployment does not just happen. A lengthy process of pre-deployment got the Soldiers, families and their units ready for this day and the upcoming year.

Since being notified of their upcoming deployment, 25th ID Soldiers have worked tirelessly to master their warrior tasks and drills. They have worked night and day on marksmanship, land navigation and physical fitness.

Soldiers' readiness is not only based on training and maintaining equipment, but also involves ensuring personal belongings and families will be cared for during deployment.

The Army Community Service and unit Family Readiness Groups are valuable tools available for families during this difficult time.

"Leaving my fiancé behind is the hardest I have ever had to do," said Popov. "But I know with all the programs in place here we will be taken care of."

Other pre-deployment preparations include power of attorney, family care plans, wills, and the storage of household goods and vehicles.

The last step for deploying Soldiers was the Soldier Readiness Program (SRP). Staff reviewed Soldiers' medical and financial issues to ensure everyone was fit to fight.

"From a medical and financial standpoint, the most important step to pre-deployment is the Soldier Readiness Program," said Maj. Randel Cassels, SRP medical consultant manager.

The final day was fast paced for Soldiers. Just hours before deployment, they drew their weapons and rendezvoused with their units to receive a final brief from Maj. Gen. Benjamin R. Mixon, 25th ID commanding general.

"I'm proud of you," Mixon said during a deployment brief. "You've done great, and I have no doubt that



Pfc. Matthew C. Moeller | 17th Public Affairs Detachment



Spc. Teirney Humberson | 17th Public Affairs Detachment

Above — A Soldier with the 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, hugs his son before deploying in support of Operation Iraqi Freedom.

Left — Soldiers from the 25th Infantry Division's 2nd Battalion, 27th Infantry Regiment, 3rd Brigade, board their plane enroute to OIF.

Bryanna Poulin, Headquarters and Headquarters Company, 25th ID. "I just can't wait to start."

For these Soldiers, Tuesday marked their last day in Hawaii for the next year. However, the departing Soldiers didn't see it that way; for them, the departure was actually the first day of a mission they have been preparing for the past few months.

you will have a successful mission."

Mixon also stressed the need for families to stay in contact and to use the Army's resources, such as the FRG, so no Soldier will have to dwell on problems back home.

Following the general's brief, Soldiers

spent a few last moments with their families until the departure time arrived.

After piling their overloaded rucksacks and duffel bags into trucks, a bus transported Soldiers to the plane.

"I'm nervous but exited," said Pfc.

Five-finger discounts cheat more than retailers

Shoplifting may be like an addiction, but stores and the legal system call it a crime

CHRISTA B. THOMAS
25th Infantry Division Public Affairs

The canvases upon which most Soldiers' stories are told are woven with respect, honor and integrity — core values adopted by the U.S. Army. That same canvas can be shredded in an instant with one selfish, dishonest act of shoplifting.

Schofield Barracks Army Air Force Exchange (AAFES) Loss Prevention (LP) associates have far too many sad, but true, anecdotes of Soldiers and family members, all who have so much to lose, operating contrary to the values they've been taught.

The LP associates have seen and heard it all. There is the one about the sergeant major and his spouse committing return fraud; the Sailor who tried to exit the store with a shopping cart loaded with home office supplies — not paper clips, pens, or Post-its, but a com-

puter, digital camera, and printer; or the same scenario that featured a customer, a loaded wagon, and a complete electronic home entertainment package.

Shoplifters stuff items inside their clothes, drop them into strollers, switch price tags, swap old shoes for new, or push carriages of hot goods out the door, all the while feigning innocence.

Brian Bores, an AAFES LP associate, can rattle off the most common excuses like words to a familiar song.

"The one's we hear the most are 'I forgot.' 'Oh, this is mine.' 'My child must have put that in there.' 'Can I pay for it now?' Or the Spanish-speaking suspect, who admitted to theft on a telephone conversation, not realizing that [an LP associate] was bilingual and was able to interpret her confession," he said.

Needy or greedy?

Plug "celebrities shoplifting" into any

SEE SHOPLIFTING, A-10



Kay Blaschke | Gettyimages

Housing, commissary, DUI checks among town hall issues

Story and Photo by
AIKO BRUM
Managing Editor

"When do I get my new home?" and "Why can't I park on both sides of my street?" were some of the questions Mary Lobo, community manager for Solomon, Leader Field and Kalakaua communities, expected to answer at the Schofield Barracks town hall meeting, Tuesday evening.

The sparse crowd delivered. Question and after question concerned Army Hawaii Family Housing (AHFH).

Family member Lorraine Stewart, wife of

deployed Sgt. 1st Class Angelo Stewart of 3-25th BSB, wanted to know why amenities such as refrigerators and stoves are so old in her Helemano home, while Dawn Beshere, wife of deployed Maj. Keith Beshere of G-3, 25th Infantry Division (ID), wanted some accurate information about the latest construction.

In keeping with the town hall format, senior representatives from AHFH; the Provost Marshal Office (PMO); Morale, Welfare and Recreation (MWR); Military OneSource; and the 25th ID's G-1 and G-3 offices responded directly to their queries.

Stewart learned that housing purchases appliances based on need, and Beshere received new construction updates on all communities: Kalakaua, Porter, Aliamanu Military Reservation, Red Hill Mauka and Leader Field.

"They also need water sprinklers [in cutting areas]; though people come around and cut grass, it's so dry," Stewart said before the meeting, and then she asked during the Q&A period, "Are there any links the military has set up for my mom who's staying with me while my husband is deployed?"

SEE TOWN HALL, A-8

Shafter's EA now available

FORT SHAFTER — An environmental assessment (EA) addressing proposed major changes to units stationed here will be available for public review and comment for 30 days beginning Tuesday, August 8, 2006.

The documents will be available for review at public libraries on Oahu and the Island of Hawaii.

The EA addresses changes associated with the Army's ongoing efforts to realign major headquarters to more effectively and efficiently manage resources to support combat operations in the Global War on Terrorism and to respond to natural disasters.

At Fort Shafter, this realignment will restructure the United States Army Pacific (USARPAC) from a primarily administrative headquarters to a war-fighting unit, with rapidly deployable subordinate commands.

The proposed actions, which will be incremental and occur over three years, include relocation of up to approximately 1,650 personnel, introduction of additional vehicles and equipment, accommodation of administrative space for these restructured operating units within existing facilities, and construction of two permanent and several temporary facilities at Fort Shafter.



Deployment download

Soldiers endure 130-degree heat while unloading helicopters and equipment for deployment

A-3



Mobile mucous

Kids experience traveling exhibit on all things disgusting about the human body at Bishop Museum

B-1



Ewa Beach enhancement

5-14th Comanche Troop and community team up to remove invasive plants

B-5

This issue

Lightning Spirit	A-2
Deployed Forces	A-3
News Briefs	A-6
MWR	B-2
Community	B-3

In 130-degree heat, 25th CAB Task Force completes offload

CAPT. ANNE MCCLAIN

B/209th ASB, 25th Combat Aviation Brigade

CAMP ARIFJAN, Kuwait — Soldiers from the 25th Combat Aviation Brigade (CAB) Task Force (TF), based at Wheeler Army Air Field, Hawaii, recently offloaded aircraft and equipment at the port of Kuwait to kick off their deployment in support of Operation Iraqi Freedom.

The brigade's aircraft, vehicles and ground support equipment arrived in the port of Kuwait, Aug. 1, on board the USNS Gordon, after a three-week journey from Schofield Barracks via Pearl Harbor.

Equipment from units attached to the 25th CAB arrived four days prior. The USNS Siler brought equipment from Fort Bragg, NC, for 1-17th Cavalry, 1-82 Attack Reconnaissance Battalion (ARB), and the 150th Aviation Regiment of the West Virginia National Guard. In addition, the 25th CAB TF supported the 1-149th Aviation Regiment from the Texas National Guard with its port operation.

Despite temperatures soaring into the 130s on the hot pavement and ship decks, Soldiers completed the offload of almost 1,000 aircraft, vehicles and equipment containers from two ships in less than one week.

"What encouraged me was how quickly our Soldiers orchestrated aircraft offload," said Col. A.T. Ball, commander, 25th CAB TF. "It was twelve to fourteen minutes per aircraft when I was there. Under these environmental conditions, that is a testament to their adherence to standards and discipline," Ball said.

The speed of the offload operation was due in no small part to the experience of the Soldiers. The eighth port operation the CAB has conducted in six months, most units average around one per year.

"We have young men and women out of advanced individual training [AIT] who have done more boat loads in the last six months than some aviation Soldiers do in five years," Ball explained.

"What helped the aviation operations go so smoothly was the support from the Port Support Activity [PSA] and the Aviation Classification Repair Activity Depot [AVCRAD]," said Maj. Joseph Lawson, support operations officer [SPO] for the 25th CAB, and the officer in charge of the offload. "In addition to their technical support," he continued, "they provided support with a constant supply of water, ice and coolers for the Soldiers."

Soldiers involved in the port operation were based at Camp Arifjan, Kuwait, while the rest of the brigade continued training at Camp Buehring, Kuwait.



Above — Crew Chief, SPC. Garrett Haury Charlie Company 2-25 Task Force Diamond Head checks the air pressure in the landing wheel in a Utility Helicopter-60 (UH-60) Blackhawk after it's unloaded from U.S.N.S. Gordon at a port in Kuwait on August 4th, 2006.



Spc. Raymond Bass | 29th Aviation Support Battalion

Operating heavy equipment, moving aircraft and working long hours in the heat presented some risk, which was minimized by the constant presence of aviation safety officers like Chief Warrant Officer 2 James Stockton from B Company, 3-25 Aviation.

"I walked around and made sure everyone was wearing their safety gear, made sure guys were drinking water," Stockton said. "I helped guys lift heavy equipment ... basically made sure everything was being done safely and to standard."

Because of constant supervision from non-commissioned officers and commanders, there were no reported heat-related injuries during the operation.

Left — On August 2nd, a Utility Helicopter-60 (UH-60) Blackhawk is off loaded from the U.S.N.S. Gordon in a port in Kuwait. 25th I.D. Combat Aviation Soldiers will use the aircraft to support Operation Iraqi Freedom 06-08.

Before the ship's arrival, the offload crews received safety briefs and a port tour, in addition to having some down time to enjoy the Morale, Welfare and Recreation facilities at Camp Arifjan.

Soldiers enjoyed the post exchange, Internet cafes, movie theater and dips in the swimming pool.

"The facilities really boosted morale," said Spc. Belinda Thomas, an aircraft electrician from B Company, 209th Aviation Support Battalion. "Having everything so close, it offered a great reprieve from the heat."

As soon as the ships pulled in, the Soldiers began 24-hour operations in two shifts in order to remove equipment quickly. One boat was scheduled to be loaded with a departing unit's equipment in just a few days.

"The Soldiers really worked hard in tough conditions to make this happen," Lawson emphasized.

The Task Force is now conducting aviation training at Udari Army Airfield, Kuwait, to ensure aircraft and aircrews are mission-capable and ready to support Operation Iraqi Freedom.



Spc. Daniel Bearl | 25th Infantry Division Public Affairs

Two-man torque

1st Lt. Sean Merritt and Staff Sgt. Miguel Rosas attach a blade to a CH-47 Chinook helicopter. Soldiers from the 25th Combat Aviation Brigade worked hard unloading and rebuilding helicopters at the Kuwaiti sea port last week. Aircraft, transported with their blades removed, arrived safely after a monthlong voyage by sea from Honolulu to Kuwait. Once ready, the helicopters will be flown north to assist the 25th Infantry Division in its mission in Iraq.

Together We Can Make a Difference

Volunteers of America works in communities across America to make a difference for children, families, veterans, the elderly, youth at risk, the homeless, and persons with disabilities.

a CFC participant
Provided as a public service.

Volunteers of America

There are no limits to caring.

1.800.899.0089
VolunteersofAmerica.org

Wolfhounds send off Osaka orphans with aloha spirit

AIKO BRUM
Managing Editor

HONOLULU — Four Japanese children held their emotions in check then said “sayonara” (goodbye) to their American hosts, Sunday at the international airport here, before departing to their final destination, Osaka, Japan, and its Holy Family Home Orphanage.

The previous 10 days the orphans — Hirohiko and Kentaro Eguchi, ages 12 and 11, Nao Tozaki, age 12, and Izumi Furumoto, age 11 — had been immersed in American culture with five sets of American families.

Their hosts, the Wolfhounds of 27th Infantry Regiment, are keeping a 57-year-old tradition alive, in memory of honorary 27th Infantry Regiment Sgt. Maj. Hugh O'Reilly, who died of natural causes, June 23, at age 91.

“The sergeant major sat down with me, several times, and said this can't go away ... this can't fade,” said 1st Lt. Joseph Marullo, 1-27th S-2 officer. “It's definitely my responsibility, my shop's, to convey how seriously he took it.”

O'Reilly began the regiment's bond with the orphanage during Christmas 1949. The devastated orphanage and suffering children personally moved him and helped found the humanitarian relationship that has been underway ever since.

Since 1957, the regiment has hosted several orphans in Hawaii. Beginning in '58, its Soldiers began visiting the orphanage at Christmastime, disguised as Santa Claus, to distribute donated gifts to more than 120 children.

2006 visit

Once at Schofield Barracks, the most recent young visitors received first-class accommodations in households and enjoyed diverse activities throughout their stay.

Outings included all the usual places — the beach, zoo and aquarium; Sea Life Park and Hawaiian Waters Adventure Park; and the Polynesian Cultural Center. However, for the girls, top on their lists were shopping, shopping, shopping, said translator Sgt. Tamara Drake of 500th Military Intelligence Brigade.

“I got to know the girls pretty well,” said Drake. “They would write in their di-



Spc. Amanda Flemett | 2nd Brigade Public Affairs

Above — Lt. Col. Flip Wilson, commander of 1-27th Inf. Regt., gives Hirohiko Eguchi a “high five” after his performance of a traditional Japanese dance as (left to right) Izumi Furumoto, Nao Tozaki, and Kentaro Eguchi laugh at the custom.

Left — Preschoolers at Japan's Holy Family Home lead Wolfhounds in a dance routine during a November 2003 visit. Soldiers stopped by enroute to Operation Orient Shield, a bilateral Japan-U.S. exercise.

aries and ask me how to say a word like 'lei.' The boys are more outgoing; they are brothers,” she explained, “so they have been a little different.”

Drake kept host families informed about the children — what they were feeling and any signs of ill health, but translating how to have fun was universal.

“They don't need a language to play with kids,” Drake said. “[The orphans said] if they could stay several months, they would catch on to the language.”

Maj. Jonathan Graff, executive officer, 1-27th, hosted the boys. He and his wife, Sandi Graff, have four boys and two girls of their own.

“I wanted to have them come to my house; I feel like it's a blessing.”

Michelle Sims
Wife of Staff Sgt. Herman Sims,
27th Infantry Regiment

“I thought it would be a good experience for us and them to interact with kids their own age, from another culture,” he said.

Likewise, Michelle Sims, wife of Staff Sgt. Herman Sims, a 1-27th mobile guns system platoon sergeant, embraced the cultural exchange. She hosted the girls.

“I wanted to have them come to my house; I feel like it's a blessing,” she said. “My [four] kids are all for it.”

Families received a “cheat sheet” to help them with rudimentary Japanese, but none experienced any significant communication problems said Capt. Manuel Pulido, battalion fire support officer.

Drake added, “Being orphans, it seems like they are used to taking care of themselves. They are pretty responsible for their age.”

She said only two things puzzled the kids.

“They think [American] portions of food are huge, and they don't understand why Americans take showers instead of baths.”

Though the forty-ninth consecutive visit has now been logged, Marullo is ever concerned that the cultural exchange could eventually end, particularly given the 25th Infantry Division's tempo with the global war on terrorism, transformation and turnover.

To ensure humanitarian efforts abide, he said his unit “must internalize” the Holy Family Home commitment so that O'Reilly's legacy continues.



Staff Sgt. Michael Westerfield | U.S. Army File

Lead by Example

Make a good first impression.
Respect your fellow riders — no matter
what they ride.

www.msfc-usa.org • (800) 446-9227





Spc. David House | 17th Public Affairs Detachment

'Cacti, take arms!'

Cacti "Rule" — Members of the 2nd Battalion, 35th Infantry Regiment, show their unit pride as they form up in the shape of a cactus, the unit's symbol, before deploying to Iraq.

News Briefs

Send calendar announcements to community@hawaiiarmyweekly.com.

A.S.I.S.T — Helemano Military Reservation Chapel and Family Life Center hosts the Applied Suicide Intervention Skills Training (A.S.I.S.T.), a two-day suicide first-aid interactive workshop for community caregivers.

Training will be Aug. 22 and 23 from 8:30 a.m. to 4:30 p.m.

For more information, or to register, contact Chaplain (Maj.) Scott Kennedy at 653-0703 or scott.craig.kennedy@us.army.mil; or contact Pvt. 1st Class Mark Parish at 653-0702 or mark.parish@us.army.mil.

SAEDA / OPSEC Community Brief — The Hawaii Resident Office presents the annual, mandatory SAEDA (Subversion and Espionage Directed against the Army) briefing.

Army Regulation 381-12 requires all Department of the Army

personnel receive this training annually.

Briefings are scheduled:

- Wednesday, Aug. 23, 10 a.m. at Richardson Theater, Fort Shafter,
- Wednesday, Aug. 30, 9:30 a.m. and 1:30 p.m. at Sgt. Smith Theater, Schofield Barracks.

For more information, call 438-1872.

Interview Tips — Does your stomach knot up at the thought of a job interview? Learn helpful

SEE NEWS BRIEFS, A-8

Driving with 'aloha' helps prevent senseless accidents

Story and Photo by
PVT. 2 NICOLE R. GOODRICH
17th Public Affairs Detachment

Driving 25 miles per hour may feel like two when compared to highway driving, but the truth of the matter is, posted speed limits enforced by military police are necessary to ensure the safety of Soldiers and their families.

"Inattention and speed are the two main factors that cause traffic accidents," said William Maxwell, transportation safety manager, U.S. Army Garrison Hawaii. "Most on-post speed limits are set to Army standards. ...The Department of Defense sets out this policy for every service branch in the military. [For example,] Pearl Harbor has similar speed limits."

Most speed limits on main roads read 25 mph and the usual speed limit in residential areas reads 15 mph. If speeders are caught violating these laws, they are subject to reprimand and remedial driver's training. In fact, on-post speed limits closely resemble speed limits in downtown Honolulu and the rest of the island, according to Maxwell.

Unfortunately, some roads off post are home to many tragic accidents that involve Schofield Soldiers. For example, Kunia Road is a two-lane thoroughway with many hills. Many motorists carelessly speed and attempt to overtake drivers obeying posted signs, causing senseless injuries and deaths.

Kaukonahua Road and Farrington Highway are also high-risk roads on which several Soldiers have been involved in



After being checked by security, a delivery truck re-enters the roadway just past the Lyman Gate on Schofield Barracks.

speeding accidents. These two off-post roads cause approximately 75 percent of Schofield Barracks's traffic fatalities, said Maxwell.

In addition, drivers who don't pay attention to the road while driving are dangerous to themselves, other motorists and innocent pedestrians, he added.

"Eating, talking on a wireless phone, putting make-up on, and other such ac-

tivities are very well the cause of many of the accident's that occur here on post," said Maxwell.

"Natural, common distractions are the cause of a lot of careless driving here on post," said Heather L. Franke, a mechanic with Headquarters and Headquarters Company, 25th Special Troops Battalion.

"[But,] the MPs do a very good job keeping people like me, who walk to work, safe

and out of harm's way."

Maxwell said if on-post drivers are caught violating any driving regulations, they will more than likely get a traffic ticket. When motorists get two traffic violations in 90 days, their driving privileges are revoked for approximately 60 days.

Driving without valid insurance, registration or a license will cost a driver 90 days without driving privileges. If four

or more tickets are issued, the motorist could be looking at six months without any driving privileges. All rules apply to motorcyclists and motor vehicle drivers alike.

To help Soldiers focus on safety whenever they are driving, a new Schofield Barracks policy states that their first-line supervisor must conduct a "check-ride" for them, if they are in the rank of E-4 and below. The supervisor must ride with Soldiers and evaluate their ability to drive. The supervisor must then re-evaluate every six months and hold monthly inspections of Soldiers' vehicles.

Junior enlisted Soldiers who are new to Schofield Barracks or who have just recently purchased a vehicle must also see their supervisor to complete a check-ride before registering their vehicle on post, Maxwell explained.

"The reason why we are targeting lower-enlisted Soldiers is because they are generally younger and less-experienced drivers," Maxwell said. "All we are trying to do is to prevent major accidents and keep our Soldiers alive."

Driver's courses are available at Schofield Barracks, some voluntary and others mandatory, for individuals who want to improve their driving ability and those who violate traffic regulations.

Together with posted speed limits and traffic regulations, these classes re-emphasize safety is paramount whether driving short distances on errands or across the island taking in the sights and sounds of Oahu.

Town Hall: More must take advantage of gathering

CONTINUED FROM A-1

Stewart explained that she took to heart the “Stay in Hawaii” pre-deployment message from AHFH and sent for her mom, Mary Solomon, to get through the division’s deployment.

The commissary seems to have a great deal of unauthorized patrons, said Mary Cook, wife of Command Sgt. Maj. Charles Cook of 5-14th Cavalry, and then family member Richard Malone asked many questions from a prepared list: “Are there approved PT routes? Where are they? Are they enforced?” he asked.

Malone continued, “Can we get scheduled pest control on a regular basis? Why don’t you check all drivers during DUI checkpoints?”

Representatives answered all their questions.

On the agenda

Currently offered quarterly – but soon changing to once per month, the town hall allows the 25th ID and U.S. Army Garrison Hawaii to pass along abundant information, on numerous topics, and to give feedback on community concerns.

The rear G-3 (operations and training) highlighted the deployment timeline.

“There’s a lot of units already gone ... just about everybody,” said Lt. Col. Sal Petrovia, “but we need to ask for continued support in pushing information out to the families. Our number one priority is that Soldiers are taken care of and families informed.”

The rear G-1 (personnel and administration) gave handy and practical information about postal matters, including mail restrictions, shipping requirements and weight limitations. Of note, said Maj. Eric Wolf of G-1 Postal, families should never send cash, alcohol or “anything that has the possibility of exploding under compressed air.”

“It’s a different culture ... not better, not worse, just different,” he explained about Iraq, “so items going to a Muslim country have different standards.”

For example, Wolf continued, sending a “Surfer” magazine with a risqué cover may be questionable, as well as a crate of Bibles. Some food items like the gift sausages popular at Christmastime are not allowed.

“No one reads your personal correspondence,” he continued, but the U.S. Postal Service and U.S. Customs are “looking at all packages for legal, moral and ethical” reasons. For the safety of handlers and Soldiers, he explained, all packages are sniffed by machines

and dogs for chemical items.

“Don’t send packages, yet,” Wolf said. “There hasn’t been a TOA [transfer of authority], which must occur.” However, beginning Sept. 12, families can send packages and expect an average shipping time of 11 days, depending upon size, weight and length of parcels, which matters, so “pack to fit,” he said. “You’re only paying postage from here [Hawaii] to New York City for APO addresses.”

Rounding out the town hall agenda was Military OneSource, PMO and MWR, but first, Lind reviewed new programs at AHFH and re-emphasized deployment programs offering free child care and Blue Star Card discounts.

“Fire prevention has been a big issue with us lately,” Lind said. “Each of the last several weekends, there has been a fire in housing. Also, we recently held focus groups. The main theme from them was families not connecting well,

and we’re working on that.”

During her five-minute presentation, Mary Brewer of Military OneSource explained, “We are a DoD-funded [Department of Defense] program. We’re completely free and private; we don’t report back to commands.”

Military OneSource provides extensive services in three formats: face-face, on the Web, and at 1-800-342-9647, Brewer said. All service and family members (active, Guard and Reserve) are eligible.

MWR’s Ruben Moreno listed a host of activities scheduled for the coming months to engage Soldiers and families, among them Military Idol at the Tropics, throughout August on Wednesday nights at 6:30 p.m.; a new season of Army Community Theater performances at Fort Shafter; the newest addition to Schofield Barracks Nehelani, the KoleKole Bar & Grill; and an MWR Expo at Schofield, Sept. 20

at 3 p.m.

For all the volumes of good information exchanged at the town hall, though, attendance was still dismal, said Maj. Gen. Benjamin R. Mixon, commanding general, 25th ID. About 80-ish individuals participated, and many of that number were subject matter experts on hand to respond to questions.

Mixon charged the faithful to spread the word of just how useful the community’s town hall gathering really is.

“Unfortunately, the people we want to help don’t attend these meetings,” said a woman who did not want to be identified.

“I came here to be informed because my husband is deployed. I don’t want to be left out on nothing,” said Christie Pender, wife of Spc. Timeris Pender of 25th STB, and a family member who plans on staying involved in her community.



Just like this Military OneSource collection, the quarterly (and soon-to-be monthly) town hall meeting provides a wealth of resources, information and answers to just about any topic a family member could throw at subject matter experts.

News Briefs

From A-6

hints and basic interviewing skills at our monthly workshop to cast yourself as the best candidate for any job.

Find out the most common questions are, the best way to answer them, and how to close an interview session.

This workshop will be held Aug. 23, at Helemano Community Center from 9:30 to 11:30 a.m.

To register, call Schofield Barracks’ Army Community Service (ACS) at 655-4227.

CIF Closed for Inventory —

The Schofield Barracks Central Issue Facility will be closed through Aug. 18 for a change of accountability inventory. Contact your supply sergeant for turn-ins during this period.

Once reopened, call 655-9876 to schedule appointments. Normal operations will resume Aug. 21.

For emergency services during the inventory, contact Kealii Kahanu, 284-1457, or Robert Cummings at 497-6574.

Ongoing

Memorial Bricks — The 25th Infantry Division Association is offering supporters the opportunity to become a permanent part of the Schofield Memorial Monument.

Engraved brick pavers are available in 4x8 inches, up to three lines of type, for \$100 or 8x8 inches, up to six lines of type, for \$250.

To download an order form, visit www.25thida.com.

Military, commercial carriers offer more reasons to travel

Though your Soldier may be deployed, economical travel is still available

Story and Photos by
JEREMY S. BUDDEMEIER
Assistant Editor

Thanks to a recent change in Air Mobility Command (AMC) regulations, family members have another option for traveling to the mainland.

The change allows family members stationed outside the continental U.S. to fly Space Available (Space A) to the mainland once while their Soldier is deployed.

"It's really very simple," said Dick Lange, transportation manager, deputy chief of staff for logistics. The regulation requires that the Soldier be on active duty, be deployed for more than 120 days, and be on permanent change of station orders to the overseas location, he said.

"You can't just live overseas," Lange said. "You have to have command sponsorship."

Staff Sgt. Jason Schmidt, supervisor, passenger services at the Hickam AMC terminal, added that a command sponsorship letter must verify the active duty service member's deployment dates. Travelers can sign up 10 days in advance of their spouse's deployment, but cannot travel until their spouse deploys.

Although the price is definitely right for traveling Space A, which is free in most cases, the process requires patience and flexibility.

The Process

Space A travelers can check flights and seat availability by calling the AMC flight line, which for security purposes only provides arrival and departure information 24 hours in advance. (Alternatively, flight information past 24 hours can be obtained at the Hickam Air Force Base AMC terminal or on Hickam closed-circuit TV Channel 54.)

Travelers can sign up via e-mail, fax or at the terminal and are prioritized based on their category. Within each of the six categories, travelers are prioritized based on rank.

For example, those traveling on emergency leave fall under Category I and have a higher priority than retirees, who are Category VI. Family members travel-



Above — Rudy Singleton and family enter the outbound gate at Hickam Air Force Base Air Mobility Command terminal enroute to their home in Okinawa, Japan.

Inset — The Air Mobility Command Passenger Terminal at Hickam Air Force Base offers family members a chance to travel Space Available to the mainland.

ing under the new regulation are Category IV.

At the terminal, an agent fills available seats by calling those who signed up in order of their priority. Travelers whose names are on the list, but who are not present when their category is called, are moved to the bottom of the list.



For more information, visit
www2.hickam.af.mil/spacea/spacea.htm
Hickam AMC flight information line: 449.1515

Rudy Singleton, a retired Air Force senior airman, knows what it's like being at the bottom of the list.

"A lot of people complain [when their name isn't called and they have to wait], but Space A is just that — space available," he said.

Singleton, who lives in Okinawa, Japan, but has family in Delaware, has been flying Space A for the past 13 years.

"I personally treasure [Space A]," he said. "It might not be United or Northwest Airlines, but think about the money you save."

Singleton estimated that he saves approximately \$4,000 when he and his family of four travels to the mainland.



Above all, travelers considering Space A travel should heed the following advice from military.com:

"Space A should not be your first choice if you absolutely, positively have to be somewhere on time. The primary purpose of military aircrafts is to perform military missions, not chauffeur you around. Space A is a great way to see the world, but think of it as the proverbial 'slow

boat to China' rather than the Concorde."

In addition to Space A flights, family members of active duty Soldiers have the option of military discount flights.

According to Yvette Hoskins, an agent with Carlson Wagonlit Travel, although military discount fares can be more expensive than a commercially purchased ticket, sometimes the customary three-weeks advance purchase is not required. As such, the military discount ticket can be the best option for late- or last-minute shoppers.

For example, regular ticket from Honolulu to Atlanta might cost \$505, and the military discount ticket, \$512. However, as the date of departure nears, the regular ticket price will increase while the military-discount ticket will remain at the same price until sold.

Neighbor-Island Get-A-Ways

If flying back to the mainland or using Space A seems too ambitious, family members can also fly commercial to the neighbor islands for a steal this summer.

The newest interisland carrier, go! has offered a variety of special fares, including the most recent \$29 one-way tickets. Hawaiian and Aloha Airlines have matched these fares.

In addition, go! offers military discounts of \$55 — from Oahu to the Big Island, Kauai and Maui; and \$74 — between the Big Island, Maui and Kauai.

The go! military discount applies to all branches on active duty, including reservists and National Guardsmen, and their family members.

"The special fares are limited," said Charlene Chan, Brightlight Marketing Group, which represents go! airlines. "So the military discount fares allow you to shop around and give you another option [in case the special fares are sold out]."

In addition, go!'s \$20 fee for changing flights is waived for military discount fares.

Neither Aloha nor Hawaiian Airlines currently offers a military discount. However, Hawaiian Airlines will waive all penalties, date changes and refund charges for active duty military on interisland and mainland flights, said Keoni Wagner, Hawaiian Airlines vice president of public affairs.

(Editor's Note: Space A flights on commercial-grade DC-8 aircraft cost \$13 each way.)

Shoplifting: Deterrence targets 'crimes of fashion'

CONTINUED FROM A-1

popular Web search engine and a who's who list is generated. Farrah Fawcett, Olga Korbut, Courtney Love, Winona Ryder, and most recently, Houston Rockets standout, Juwan Howard, top the list of famous filchers who've faced shoplifting charges.

This leaves most people wondering why anyone, especially someone who has the means, put so much at risk by shoplifting?

For many shoplifters, theft is not driven by economics; it is driven by the excitement that results when impulse meets opportunity.

Air Force Master Sgt. Donovan Potter, spokesperson for AAFES Pacific, confirmed in an email interview that the most commonly pilfered items are cosmetics, electronic media (CDs, DVDs) and jewelry.

That point crystallized as Potter recalled LP associates who observed an AAFES customer roll out a television and stereo merchandise worth more than \$4,000.

According to National Association for Shoplifting Prevention (NASP), approximately 27 percent of shoplifters who are caught the first time have already developed a shoplifting habit or even an addiction.

Some would argue that shoplifting is an addiction similar to gambling, drinking, or overeating. As with any addiction, the boundaries of education, age, gender, or socio-economic standing do not exist.

While others would maintain that calling shoplifting an addiction provides perpetrators an excuse for not using coping skills to adjust to stressful circumstances and shoplifters are simply crooks looking to get something for nothing.

NASP statistics further indicate that these "crimes of fashion" and five-fingered discounts are executed in malls, department and grocery stores, some 550,000 times a day, to the tune of \$10 billion in 2005.

In a May 2006 press release, AAFES officials credited the efforts of their loss prevention teams with the 5 percent decline of reported shoplifting incidents at base and post exchanges in 2005.

"Last year, Schofield LP associates recovered more than \$18,000 in stolen merchandise and apprehended 149 shop-lifters," Potter reported. "Island wide, 337 shoplifters were apprehended resulting in the recovery of more than \$44,000."

All AAFES stores and most major retailers employ several means to deter theft. Stores

have plainclothes LP associates cruising the sales floors, high-tech, closed-circuit surveillance cameras, deterrent marketing campaigns. Much of the high-theft merchandise is secured or fitted with electronic article sensors that trigger exit alarms.

Additionally, automated refund systems track refund activity to identify potential theft problems.

Once a customer has passed the opportunity to pay for merchandise, he or she is detained by the LP associates, who then turn the issue over to military police.

"My job is to protect AAFES assets," Bores said. "But by far, the hardest part of my job is seeing the look of disbelief and disappointment on the faces of the [shoplifter's] family members."

A cheap thrill gone wrong —

Sgt. First Class Josh Mansapit, Military Police Investigations noncommissioned officer in charge, explained the mechanics of the arrest.

"The patrolmen are the first responders for adult suspects," he said. "The MP's are shown the stolen merchandise, any supporting video and takes accounts of the witnessing LP associates. All this information will be used as evidence."

"But by far, the hardest part of my job is seeing the look of disbelief and disappointment on the faces of the [shoplifter's] family members."

*Master Sgt. Donovan Potter
Spokesperson for AAFES Pacific*

"The alleged shoplifter is then handcuffed and escorted to the MP station for further processing, including field information worksheets, fingerprinting, and any other paperwork not done on the scene," he said.

Mansapit emphasized that all suspects are advised of their rights and, if they choose, are given the opportunity to make a statement.

If the suspect is active duty, the on-duty [staff judge advocate] is briefed and determines if sufficient evidence exists to press shoplifting charges.

"Either way, the suspect's chain of command is notified," Mansapit stressed.

If a person is caught shoplifting at an AAFES store, the many repercussions may cause ir-

reparable damage.

For active duty shoplifters, each case is assessed on its own merit and the resulting punishment can vary from a finding of no punishment, non-judicial punishment, court martial, federal conviction, confinement, or a bad conduct or dishonorable discharge.

If the shoplifter is a family member or retiree, his or her identification card may be confiscated, exchange privileges may be revoked, and or the suspect may have to appear in a federal magistrate's court.

In addition to possible disciplinary and/or criminal action, the Federal Claims Collection Act, which began March 2002, allows AAFES to recover losses due to theft.

"Under this act, AAFES demands a flat administrative fee of \$200 from every shoplifter," reported Potter. "If the debt is not paid, it can be collected through existing federal debit collection methods."

If the debt remains unpaid, the military sponsor's check cashing and Military Star card privileges will be suspended until the matter is settled, according to an AAFES press release.

Who are shoplifters really robbing?

Everyone is victimized in some manner by shoplifting. Victims include the struggling store owners who are robbed of profits; the communities that are robbed of law enforcement resources which are diverted from prevention and policing serious crimes; and the families that are robbed of discretionary income trying to make ends meet as costs continue to rise to cover retail losses.

Finally, the shoplifters are robbing themselves of their pride, self-respect, humility, good reputation, and in some cases, their livelihood.



Getty Images

PAU HANA

www.25id.army.mil/haw.asp

"When work is finished."

FRIDAY, AUGUST 11, 2006

'GROSS-ology'

History erupts from Bishop's gigantic artifacts, creatures and hands-on activities

Story and Photos by
CHRISTA B. THOMAS
Pau Hana Editor

HONOLULU — Sprawled across 17 acres of Kalihi lies Bishop Museum, home to a treasure trove of more than 1.2 million rare Hawaiian artifacts and cultural objects. As well, its latest traveling exhibit, "Grossology: The (Impolite) Science of the Human Body," is a crazy, carnival-like attraction where visitors can explore why the human body is sometimes so gross.

If walking through a giant nose or crawling through a giant digestive system isn't entertainment enough, there's the vomit center, the urine game or the stinky match game.

The exhibit is based on a popular series of books by science teacher Sylvia Branzei. Branzei's theory is that the best way to get kids interested in science is to present it in terms they find most appealing.

"Let's face it, snot, vomit, gas and scabs are completely fascinating for your average six- to four-teen-year old," Branzei said.

Branzei said the idea came to her while clipping her toenails.

"I said, 'ooh, what's this icky stuff under my toenails?'" she explained. "When I thought about it, it hit me that there's a lot of gross things about our body that we want to know about."

The 6,000-square-foot exhibition has more than 20 interactive displays and games and tours major museums, theme parks and science centers throughout North America.

"The Bishop Museum is a regular stop on our 'house-guest tour' of the island," said Gaye Fontanilla, Army family member. "I usually start here, so my guests can get an idea of the history of the island and the importance of different activities and souvenirs they may see during their trip."

Fontanilla and her two children, ages 5 and 8, were accompanied by her mother, who is visiting from the mainland.

Eight-year-old Tony Fontanilla simply remarked, "Cool" while playing with Burp Man,

Family Fun Night to celebrate Hawaii's Admission Day

The museum is celebrating the day Hawaii became the 50th state with a night of family entertainment.

From 5 to 9 p.m., visitors can enjoy evening eruptions of the volcano in the Science Adventure Center, rides and inflatables, food, games, and contests throughout the night.

In honor of admission day, museum admission is half-off the regular price Aug. 18, from 9 a.m. to 9 p.m.

Discounted prices are \$7.50 for general admission, \$6 for children 4 to 12 years old and seniors.

Military and kamaaina prices are \$4 for general admission, \$3.50 for children 4 to 12 years old. Children 3 years old and under are free.

a giant character who drinks from a three-foot soda can.

As Tony pumped the soda into Burp Man's belly, the character released a giant burp, while a second part of the exhibit demonstrated how the sphincter works.

At 12:30 p.m. each day, a "grossologist" presents gross, but fun, facts. At the end of the 15-minute presentation, visitors get a chance to create fake snot or vomit to take home.

The exhibit is on display on the first floor of the Castle Memorial Building through Aug. 27.

The Science Adventure Center

Perched across the Great Lawn on the southwest corner of the campus is the three-story, 16,500-square-foot Science Adventure Center that opened November 2005.

In modern contrast to other museum buildings, the \$17,000 million center is a sleek, urban, 21st century design that features an angular roof, many large windows and a spacious interior.

The center is a showcase of 30 state-of-the-art interactive exhibits that allow visitors to become active participants in exploring areas of volcanology and oceanography.

Stimulating activities include a trek through the black-lit, 160-foot Hawaiian Origins "lava tube," a wave-making tank that creates wind-generated surf and tsunamis via a trio of interactive stations, or the "hot spot" theater where visitors can observe museum staff melting lava rock.

The hub of this exploration wonder is the three-story, "active volcano" cone that allows the inquisitive to peep into and crawl through an erupting caldera.

The volcano is modeled to look like Kilauea's active vent, Pu'u O'o, on the Big Island. Visitors can watch as the cone "erupts" randomly throughout the day, or manipulate the computer to bring forth stem and lava. The sputtering lava lake is lit from above and below, simulating glowing hot lava.

Underneath the volcano are real lava rocks, video of actual eruptions, and a simulated lava plume that fills with "magma" before the artificial mountain erupts.

"We tried to create an immersive environment or interactive experience so the whole thing is engaging," museum senior exhibit designer Dave Kemble said. "So you just don't look at things and read things. You do things or you're in things."

Bishop Museum

As one of the five largest natural history museums in the United States, Bishop features some

SEE 'GROSS-OLGY', B-6



Above — A curious visitor climbs this large-scale fiberglass replica of human skin, complete with pimples, warts, wounds, hair, moles, and other skin blemishes.

Left — Visitors pump so much soda pop into Burp Man that when the pressure builds up he removes it with a humongous belch.



August

11 / Friday

Seafood Bucket for Two — It's back! Seafood lovers can dig into a variety of seafood, including shrimp, crab, clams and mussels at Kolekole Bar and Grill, from 5 to 8 p.m.

Cost is \$24.95 for two and includes the seafood bucket and a pitcher of your favorite beverage. For reservations or more information, call 655-0664.

12 / Saturday

Health and Fitness Fun Fair — Come and enjoy a day of health awareness and fun at the Aliamanu Military Reservation (AMR) Youth Center Gymnasium, Aug. 12, from 9 a.m. to 1 p.m. There will be a variety of booths representing nutrition, hygiene and chiropractic care, along with raffles, sports and game booths, inflatable bouncers, and massages.

For more information, call 836-1923.

Parents Night Out — Leave your kids with Child and Youth Services (CYS) at the Fort Shafter and Peterson Center on Parents Night Out, and then enjoy a nice night out on the town.

Children enrolled in Parents Night Out must be registered with the CYS Registration Office no later than noon Aug. 11.

Reservations are first-come, first-served. For more information, call 655-8313.

Yu-Gi-Oh — Get ready to duel at the Tropics. Registration for the Yu-Gi-Oh tournament starts at noon, and matches will start at 1 p.m. Cost is \$6 and includes a pack of the latest Yu-Gi-Oh cards. Prizes will be awarded, and all ages are welcome. Call 655-8522 for more details.

17 / Thursday

Comic Book Day—Children ages 5 to 10 years old are invited to a free Comic Book Day at AMR Library. Come Aug. 17 at 3:30 p.m. for stories and crafts and receive a free comic book.

There will be a special surprise for all who come dressed as their favorite comic book character. For more information, call 833-4851.

18 / Friday

SKIES — Teens 13 years and older are invited to attend a free babysitting class, and CPR and first aid class at the Aliamanu Youth Center. The babysitting class will be held from 9 a.m. to 3 p.m., Aug. 18, and the CPR and first aid class will be held from 9 a.m. to 3 p.m., Aug. 19.

Teens may register by calling the Aliamanu CYS office at 855-5393, and they must be registered with CYS or Schools of Knowledge, Inspiration, Exploration & Skills (SKIES) prior to class enrollment.

Teens need to wear comfortable clothing and bring a sack lunch. For more



Aiko Brum | 25th Infantry Division Public Affairs

'It's up for grabs...'

Friendly rounds of ultimate frisbee pit Wolfhounds of 1st Battalion, 27th Infantry Regiment, against one another during their unit cookout, Aug. 11.

During the outing, 1-27th also recognized host families of Holy

Family Home orphans (see page A-4 for the full story).

Football and softball, burgers and hot dogs hot off the grill, and refreshing shaved ice cones rounded out the bright and sunny day.

information, call 833-2106.

Ongoing

Kolekole Bar and Grill — Come check out the newest addition to the Nehelani, the Kolekole Bar and Grill, which features a fresh new menu of pupu and entrée selections.

Enjoy darts, pool, games, karaoke and more. For more information, call 655-0664.

Borrowed Library Materials — Deploying Soldiers are asked to return all borrowed materials to the Sgt. Yano Library, Schofield Barracks, prior to departure. For information or questions, call 655-8002.

SKIES Unlimited — Do you have a special skill or talent and enjoy teaching children? Join the CYS family as a child/youth instructor.

SKIES is looking for qualified, caring volunteer instructors for the School of Arts, School of Sports, School of Academics, and the School of Life Skills. For more information, call 655-5525.

Arts and Crafts Classes — The Arts and

Crafts centers on Schofield Barracks and Fort Shafter offer a variety of classes including ukulele building, stained glass, pottery classes, framing and matting, and woodshop.

Call 655-6330 (Schofield Barracks) or 438-1315 (Fort Shafter) to find out class locations, schedules and additional information.

Auto Safety and Training — "At Ease Automotive Training" and "Ensuring Auto Safety for Everyone" are taught at the Schofield Barracks Auto Craft Center on the second Friday of each month from 9 to 10 a.m. Learn how to properly check your auto's fluid levels and basic safety checks prior to driving your vehicle.

Registration is required by the Sunday prior to the class start date. Special sessions can be arranged for groups of four to six. Cost is \$5. For more information, call 655-2271.

Pau Hana Friday — Enjoy cool refreshments and the chef's choice, a \$2 pupu platter every Friday, beginning at 4:30 p.m. at Mulligans and Hale Ikena on Fort Shafter. Call 438-1974 for more information.

Story Time — Nurture your preschooler's love for reading at your Army library story time.

Preschool story time is held Tuesdays at the Fort Shafter library, Wednesdays at the

Sgt. Yano library and Thursdays at the Aliamanu library.

All story times begin at 10 a.m.

MWR Pet Kennel — Located at the Halawa Quarantine Station in Halawa Valley, the Morale, Welfare and Recreation (MWR) pet kennel is available for military personnel deploying, awaiting permanent housing or just going on vacation.

The facility is an outdoor boarding facility for cats and dogs only. Fees for dogs are \$14. The second family dog boarding in the same kennel is \$10. Cats are \$10 per day. The second family cat boarding in the same kennel is \$5.

Spaces are limited. For reservations, call 368-3456.

MWR Happenings — To find out more information about Morale, Welfare and Recreation Department activities, programs and facilities, pick-up a copy of the "Discovery" magazine.

Copies are available at the Schofield Barracks commissary, the Fort Shafter post exchange, Aliamanu shopette, Tripler's mauka entrance, or any MWR facility.

Also, visit the MWR Web site at www.mwrarmyhawaii.com.

Job Search — Visit, browse and apply for federal jobs that are available in Hawaii at www.nafjobs.com.

19 / Saturday

Members of the East Oahu Lifeguard Association are looking for volunteers for their upcoming clean up at Kailua Beach, Saturday, Aug. 19, from 3 to 5 p.m. A prize drawing will take place at the end of the clean-up.

Volunteers will have the chance to win prizes from various sponsors including Kale's Natural Foods, Ben & Jerry's and Jamba Juice. Bags, gloves and water will be provided.

23 / Wednesday

Girl Scout Registration — Come to the Hale Kula Elementary School cafeteria to meet the leaders of the Girl Scout's Kolekole Service Unit, Aug. 23, from 6-7 p.m. to find out what the scouts will be doing this year. There are many exciting events and activities planned for your daughter, ages 5 through 18, whether she is just starting out or a veteran scout. We also need new Girl Scout leaders to assist with the troops. For information, call 681-3846 or 206-7401.

Interview Tips — Does your stomach knot up at the thought of a job interview? Learn helpful hints and basic interviewing skills at our monthly workshop to cast yourself as the best candidate for any job.

Find out the most common questions are and the best way to answer them, and how to close an interview session. The workshop will be held Aug. 23, at Helemano Community Center, 9:30 to 11:30 a.m.

To register, call the Schofield Barracks ACS at 655-4227.

24 / Thursday

Equality Day Luncheon — The 500th Military Intelligence Brigade is hosting the Women's Equality Day buffet-style luncheon at the Nehelani, Aug. 24 from 11:30 a.m. to

1 p.m. This year's guest speaker is Governor Lingle's Chief Policy Advisor, Linda Smith.

Tickets, which are \$12, are limited, so reserve as early as possible. For tickets or more information, contact Sgt. 1st Class Timothy Snyder at 655-1394, Extension 7# or Master Sgt. Damian Miller at 655-1603.

26 / Saturday

Oahu Arts Center — The Oahu Arts Center announces its third annual "A Night of the Arts," an evening of food, live entertainment, art activities, and a silent auction to raise funds to build a community arts education center and performing venue. This event takes place Saturday, Aug. 26, from 6 to 10 p.m. at the Mililani Golf Course.

Costs are \$50 per person and \$25 for children 12 and under. Call 848-7632 for more information or visit www.oahuarts-center.org.

28 / Monday

Hui O' Na Wahine Membership Drive — The all-ranks spouses' club hosts its Super Sign-up Night at the Nehelani on Schofield Barracks.

Members will be on hand from 5 to 8 p.m. to share with prospective members the benefits and the fun of becoming part of the group. The event is free. For more information, call 624-0773.

29 / Tuesday

Women with No Limits — Join Gov. Linda Lingle at the third annual International Women's Leadership Conference, Tuesday, Aug. 29. Registration begins at 7:30 a.m. and the conference begins at 8:30 a.m.

This special forum includes presentations by outstanding female leaders from around the world. Scheduled to date include Vivian Aiona, Paige Hemmis from ABC's "Extreme Makeover," Dr. Johnetta B. Cole, Rear Adm.

Sally Brice-O'Hara, and a special videotape message from Oprah Winfrey.

Registration for military and other government employees is \$150. To see a current and complete list of speakers, or to register for the conference, visit www.iwlchi.org.

Protestant Women of the Chapel — Are your bags packed and ready to go? Protestant Women of the Chapel presents "Unity to Let the World Know." Travel on over to PWOC for our fall kick-off program at the Schofield Barracks Main Post Chapel, Room D-9 at 9:00 am, Aug. 29. We'll brief you on God's mission plan. Free on-site child care is available by reservation. For more information call 206-8504.

30 / August

Pre-retirement Orientation — A semi-annual pre-retirement orientation is scheduled on August 30 from 8 - 11:30 a.m. at the Schofield Barracks Post Conference Room (Bldg 584) on Trimble Road, across the street from the Sergeant Smith Theater. This orientation is for Soldiers with 18 or more years of active service and their spouses.

Information concerning the benefits and privileges of a military retirement will be provided, and representatives of federal, state agencies and military staff offices will be available to answer individual questions. For more information, call 655-1585 or 655-1514.

September

6 / Wednesday

Oahu South Community Town hall Meeting — The next Oahu Base Support Battalion Town hall meeting is scheduled for

SEE COMMUNITY CALENDAR, B-4



Aliamanu (AMR) Chapel

- Catholic
Sunday, 8:30 a.m. – Mass
Sunday, 9:45 a.m. – Religious education (Sept. – May only)
- Gospel
Sunday, 11 a.m. – Sunday school (Sept. – June only)
Sunday, 12:30 p.m. – Worship service
- Protestant
Sundays, 9:45 a.m. – Worship service
Sunday, 11 a.m. – Sunday school (Sept. – June only)

Fort DeRussy Chapel 836-4599

- Catholic
Saturday, 5 p.m. – Mass in chapel (May – Aug.)
Saturday, 6 p.m. – Mass on the beach
- Protestant
Sunday, 9 a.m. – Worship service

Fort Shafter Chapel 836-4599

- Contemporary Protestant
Sunday, 9 a.m. – "The Wave" worship service

Helemano (HMR) Chapel

- Contemporary Protestant
Sunday, 10 a.m. – Worship service and children's church

Main Post Chapel 655-9307

- Catholic
Sunday, 9 a.m. – CCD & RCIA
Sunday, 10:30 a.m. – Mass
- Collective Protestant
Sunday, 9 a.m. – Worship service
Sunday, 10:30 a.m. – Sunday school
- Gospel
Sunday, 10:30 a.m. – Sunday school
Sunday, 12 p.m. – Worship service

MPC Annex, building 791

- Chalice circle
Tuesday, 7 p.m.
- Islamic prayers and study
Friday, 1 p.m.
- Buddhist
4th Sunday, 1 p.m.

Soldiers Chapel

- Catholic
Friday – Saturday, 12 p.m. – Adoration (24 hours)
- Protestant
Sunday, 9:30 a.m. – Worship service

Tripler AMC Chapel 433-5727

- Catholic
Sunday, 11 a.m. – Mass
Monday – Friday, 12 p.m. – Mass
Saturday, 5 p.m. – Mass
- Protestant
Sunday, 9 a.m. – Worship service

Wheeler Chapel

- Catholic
Saturday, 5 p.m. – Mass
- Collective Protestant
Sunday, 10:30 a.m. – Worship service and children's church



Superman Returns

(PG-13)

Friday, 7 p.m.

Saturday, 2 p.m.

Wednesday, 7 p.m.



Click

(PG-13)

Saturday, 7 p.m.

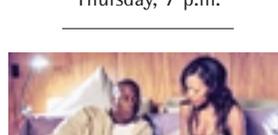
Thursday, 7 p.m.



Waist Deep

(PG-13)

Sunday, 7 p.m.



The theater is closed Monday & Tuesday.



Send calendar announcements to community@hawaiiarmyweekly.com.

August

15 / Tuesday

Moonlight Mele on the Lawn — Long-time island favorites, The Makaha Sons, take center stage at the final Moonlight Mele on the Lawn concert series at Bishop Museum, Tuesday, Aug. 15.

Guests are encouraged to arrive early for optimal seating and to enjoy some of the great food and beverage offerings. Doors open at 6 p.m. Tickets for the concert series are \$15 general admission; \$10 for museum members and Bank of Hawaii customers; and \$5 for kids ages 4 to 12. Call 847-8290 for tickets and more information.

16 / Wednesday

Deployment Night at the Chapel — Has deployment ever made you feel mad, sad, alone or even crazy? So, what is normal?

Join us for a formidable, lively discussion about typical reactions to deployment and the trauma sometimes associated with deployment.

A catered meal will be served at 5:30 p.m. and the training event begins at 6:15 p.m. at the Schofield Barracks Main Post Chapel. Call 655-9307 for information or to reserve a childcare slot, which are limited.

Kids karate kick deployment blues with discipline

Family members use martial arts training to fill spare time when loved ones deploy

KENDRICK WASHINGTON
25th Infantry Division Public Affairs

ALIAMANU MILITARY RESERVATION — As the 24th Annual Aloha State Traditional Karate Championships got underway Sunday at the AMR gymnasium, a group of onlookers watched intently from the sidelines among the throngs of nail-biting parents. Unlike the other parents, this group seemed unusually calm. “Of course I’m nervous!” said Lt. Col. Christine Bender, who had four boys that trained and competed in the martial arts contest. “But that’s just part of being a mom. I don’t let them know that.”

With three of her four sons busy competing, Bender had her hands full being a spectator as well as a scorekeeper for one of the rings. However, she never was truly worried about her sons’ ability to perform.

“Their ability to focus is astounding at such a young age,” Bender said. “The gymnasium is full of spectators, and yet for them, they perform as if there is not a soul in the gym.”

“Their attention is on their opponent,” she emphasized.

That the boys are able to focus is perhaps amazing, considering their father, Lt. Col. Michael Bender, division chemical officer, 25th Infantry Division, is preparing to deploy soon. The competition will likely be his last opportunity to see his sons compete in the next year.

“My parents are very supportive and come to every tournament,” said 11-year-old Daniel Bender, who said he will miss his father.

Despite their father’s deployment looming in their minds, the three boys maintained their focus. They collected five medals while competing in weapons, open-hand form, and sparring categories.

Focus, said their instructor, separates military families from the rest.

Sensei Joseph Bunch Sr., head instructor, Hawaii Okinawa Karate-do Shudokan (HOKK) and a retired Marine drill instructor, is no stranger to working with Soldiers and their families. Bunch has been working with the military in Hawaii since 1981, and began teaching at AMR in 1986.

When asked why Soldiers excel in martial arts training and competitions, Bunch answered without hesitation.

“Discipline,” he said, emphatically. “In the military it is a regimented lifestyle. Soldiers and their families are used to it. This regimented style and discipline are very important.”

“The more discipline a student has, the easier it is for them to learn,” he explained.

For many of the Soldiers and their families, Sensei Bunch’s military background is an integral reason for choosing HOKK as their karate dojo.

“His military background is invaluable ... he knows what military families deal with on a regular basis,” said student Naomi Gonzalez. “Many times military training missions or transfers interfere with karate training. Another instructor

SEE KARATE, B-6



First through third graders at Fort Shafter Elementary School sign their names to a banner as part of their pledge to always wear their seatbelt after a class on seatbelt safety from judges from Courage to Live.

Judges lay down laws to aid future drivers

Story and Photo by
SPC. STEPHEN PROCTOR
17th Public Affairs Detachment

FORT SHAFTER — A group of judges from the American Bar Association’s (ABA) Specialized Court Judges Conference stepped off the bench and swapped their robes for aloha shirts. They made time to bring a message of seat belt safety to students at the Fort Shafter Elementary School, Aug. 2.

Since this year’s conference takes place in Honolulu, the judges took advantage of their access to military bases to give back to the military community.

“We have a lot of military judges and retired military people in the program,” said Judge Doug Saloom, the lead faculty for the program Courage to Live, Fort Shafter. “This is a good way to give back to the families of our service members.”

Rene Hilderbrant, a court administrator with the program, added, “The opportunity to give back to the community is something I re-

ally like about the ABA. My brother’s a drill sergeant, so I’m always excited when we can help out the military.”

Using visual aids, special guests and student volunteers, the program connected with the students.

Judge Saloom, along with University of Hawaii football player Michael Brewster, began the program by outfitting a student in Brewster’s football pads, to show the importance of safety equipment in general.

Next, Saloom called on Officer Max Navas, a police officer in the Honolulu Police Department, to tell the children about first-hand experiences with car crashes.

“I’ve seen a lot of car crashes where the people wearing their seat belts lived,” said Navas, “and the ones without their seat belts on were ejected from the car and died.”

To further illustrate the danger of not wearing a seat belt, Saloom put four plastic action figures into a remote controlled jeep. The figure in the driver’s seat was buckled in with a

rubber band seat belt, the rest were not.

Saloom drove the jeep head-on into the wall. The kids saw for themselves, the driver stayed in place and the rest were ejected from the jeep.

Having fully stressed the importance of wearing a seat belt, Saloom enlisted the help of Karen Tessier, a child passenger safety instructor, to help demonstrate how to properly wear a seat belt. A student volunteer sat in an actual car seat. Saloom and Tessier explained the dangers of wearing an incorrect seat belt, and then showed the students how the seat belt was designed to fit.

Before the lawyers and other guests departed, the elementary students raised their right hands and took a pledge to always wear a seat belt. They signed their names to the program’s banner to solidify their pledge.

“Seat belts are proven to save lives,” said Saloom, “so we teach the importance of wearing one to young kids so they’ll use them their whole lives.”



The Learning Tree

DR. JULIA MYERS
Contributing Writer

Have you ever wondered why someone you know can see a map once and navigate successfully to a given destination, when you can see the map time and time again and you still can't remember or even figure out how to get there?

If so, maybe you were the student in school who had to create special songs to remember facts or the student who had to construct a model of the solar system to understand the planets. Quite possibly, you were even a little of both.

While you, your parents or your teachers may have questioned your abilities from time to time, the good news is it may not have had anything to do with your abilities at all. Rather, it might be explained by your learning style.

What are learning styles?

To put it simply, the term "learning style" refers to different ways of learning. Learning styles do not tell us about a person's abilities or intelligence, rather they define how that person takes in, organizes, makes sense of, stores, remembers and uses new information.

Actually, an assortment of theories explain learning styles. These theories vary in complexity, but all recognize the fact that individuals perceive and process information in very different ways.

You may know someone who considers himself a visual learner, auditory

About the writer

Julia Myers is an educational consultant and adjunct professor for Chaminade University. She holds a Bachelor of Science degree in Mathematics with specialization in Mathematics Education, a Master of Arts degree in Mathematics, and a Doctor of Education degree in Curriculum and Instruction. Myers has had 16 years of teaching experience at every level from middle school to postgraduate education and has had extensive experience with teacher professional development. Julia, her husband Stephen, and their four children live at Schofield Barracks.



Everyone has a preferred learning style

Find out your learning style

It's worthwhile to explore the nuances of your learning style. Review the following Web sites to discover how you best learn.

- <http://www.berghuis.co.nz/abiator/lsi/lsiframe.html>

(An inventory to help you determine your learning and thinking style, as well as excellent information on traits, strengths and strategies for each style.)

- <http://www.engr.ncsu.edu/learningstyles/ilsweb.html>

(A different model to help you determine your learning style.)

- <http://parentcenter.babycenter.com/calculators/learningstyle/learningstyle1.jhtml>

(A quick and easy inventory to determine your child's learning style.)

- http://www.literacyplus.ca/TG/tg_stylequest.htm

(Another inventory to help you determine your child's learning style and a link to information about how to nurture your child's learning style.)

learner or kinesthetic learner, or someone who labels herself as random abstract or concrete sequential.

Whatever the case may be, these labels provide a way of categorizing the way one learns. With that said, it is important to note that there is no right, wrong, good or bad learning style.

The bottom line is your learning style is the way you tend to learn best.

Are they important?

I recall a few times throughout my life when I experienced significant frustration while trying to learn something new. Some of these times were when my father attempted to help me with

math assignments. Looking back, I believe the root of the problem was our differing learning styles.

Many people are guilty of assuming that others learn exactly as they do. My father, for instance, adhered to the sequential and orderly process of applying formulas to problems, and therefore expected me to do the same.

In the meantime, I was lost in my own world of trying to figure out the big picture and how it applied to various possibilities. He was teaching based on his learning style and, unfortunately, it didn't quite match up to mine.

Most of you have probably experienced a similar story. What such stories

demonstrate is the usefulness of understanding our own learning styles as well as those of others.

Sometimes what may look like a learning disability may really be a learning difference. Knowledge of learning styles can help us understand why some tasks seem easier for us than others.

Knowledge of another's learning style can help you to better communicate with that person, and provide them with appropriate techniques for learning.

Knowledge of our own strengths and weaknesses can help us to better meet our own learning needs, communicate those needs more effectively, and provide us insight into the areas for which we need practice.

What's your learning style?

Interested in determining your learning style, or that of your child? There are actually several different instruments that can help you to do this. Most of them are brief questionnaires that require you to choose statements that best represent how you learn, or how your child behaves in learning situations.

As mentioned previously, there are various models and thus various instruments, and as with all human research, there is debate about which model is best. However, none of the models is particularly contradictory to the others, and the bottom line is no single theory is adequate to describe completely and accurately how every human learns.

Community Calendar

From B-2

Wednesday, Sept. 6 at 6:30 p.m. in the AMR Chapel.

The townhall meeting is a proactive forum designed to assemble directors and agency chiefs to provide information on Fort Shafter Community matters. For more information, contact Rosey Stone at 438-6147.

ACT Season Opens — The Army Community Theater opens Sept. 7 with "Sweeney Todd," the hottest Broadway revival of 2006, with University of Hawaii music professor Larry Paxton in the title role.

The show runs Sept. 7-23, 7:30 p.m. at Richardson Theatre, Fort Shafter, with performances opening night and subsequent Fridays and Saturdays.

Season tickets are on sale at the ACT box office, which also includes "Annie," "Joseph and the Amazing Technicolor Dreamcoat," and "Grease." Individual show tickets for "Sweeney Todd" are \$15-20 for adults and \$12-15 for children.

Call 438-4480 or visit www.squareone.org/ACT.

Ongoing

Lyon Arboretum — The Lyon Arboretum, a 193-acre rainforest botanical garden, is offering free guided tours, weekdays from 10 to 11:30 a.m., through Sept. 30. The tour is limited to the first 12 participants. For reservations, please call 988-0461. The Arboretum is open Monday through Friday, 8 a.m. to 4 p.m. and closed on state and federal holidays.

Blaisdell Center Events — The Neal S. Blaisdell Center, Oahu's community center, is located in downtown Honolulu at the base of Punchbowl. Upcoming events include:

- Comedian David Alan Grier, Aug. 12 at 7:30 p.m.
- Black Eyed Peas in concert, Aug. 14 at 7:30 p.m.

Purchase tickets at the Blaisdell box office, Ticketmaster outlets, charge-by-phone at 877-750-4400, or visit www.ticketmaster.com.

Comanche Troop dons fins, snorkels to rid beach of seaweed smothering reefs

5-14th volunteers preserve limu in Ewa Beach for sake of community

PFC. DAN SMOOT
C Troop, 5-14th Cavalry

EWA BEACH — Uncle Henry, a quiet, mild-mannered, longtime Ewa Beach resident, is starting a revolution. Along with Aunty Helen Kamana and Eric Whiteman, Uncle Henry Chang Wo is working in the Ewa Beach area to preserve the indigenous species of seaweed called limu here on the island of Oahu.

The collective goal of the small group of shoreline preservationists is to eliminate the two main nonindigenous seaweeds, commonly known as “gorilla” and “prickly” seaweed.

Gorilla and prickly seaweed were introduced by scientists in the early 1900s and quickly began to smother the limu.

Local marine biologist Eric Whiteman said, “The two invasive species aren’t good guests to the Hawaiian shoreline since they aren’t grazed by herbivorous [plant-eating] fish, and they have the ability to process nutrients from the water more efficiently, which allows them to out grow or grow over the other species.”

The gorilla’s overwhelming growth rate has allowed it to cover holes in the reef, which provide necessary protection and habitat for the eggs and larva of many underwater organisms.

Why is limu so important? It serves as a key player in the diet and nutrition of Hawaii’s fish population. Not only will it affect our beautiful fish, but it will also endanger turtles, seals, octopus, crab and fish.

Many other species that rely on fish will die, too, if the fish population continues to dwindle. Uncle Henry said, “The cycle of life begins with limu; without this life-giving plant, nothing will be able to survive, and that’s why we do what we do.”



Pfc. Jeremy Harrington & Pfc. Kenneth Wall | C Troop, 5-14th Cavalry

Soldiers join children from the Boys & Girls Club and other community members to remove nonindigenous seaweed from the shoreline at Ewa Beach.

Soldier support

Recently, 40 Soldiers from Comanche Troop, 5th Squadron, 14th Cavalry Regiment, out of Schofield Barracks, in conjunction with kids from the Boys & Girls Club and the Ewa Beach Limu Project, spearheaded the removal of the nonindigenous seaweed at “canals” in Ewa Beach.

While Soldiers of Comanche Troop — armed with snorkels and fins — ripped the invasive seaweed from the coral beneath the waves, the children from the Boys & Girls Club worked diligently on the shoreline pulling prickly seaweed from the reef.

In just a few hours the group of about 80 people removed 97 pounds of nonindigenous seaweed. In

addition to contributing to the preservation of the island, Comanche Troop volunteers took the opportunity to bond with youth from the Boys & Girls Club and the community.

Get involved in limu restoration projects by contacting 1st Lt. Jason Tebedo at 655-4899.

The next phase in the restoration of Ewa Beach waters is to replant the limu in canals. Uncle Henry’s group will continue to monitor and remove the nonindigenous seaweed from the area during three planned beach restorations before the end of the year.



Send community announcements to community@hawaiiarmyweekly.com.

August

Today

Hunter Education Courses — The Hawaii Department of Land & Natural Resources is offering hunter education classes covering wildlife identification and conservation, firearms and archery safety, survival, game care and more. The free classes are Aug. 11 from 5:45 to 10 p.m. and Aug. 12, 7:45 a.m. to 4 p.m.

Classes are family-friendly and open to anyone 10 and older. Register by calling 587-0200.

13 / Sunday

Polo Tournament — The Honolulu Polo Club hosts its sixth annual Wahine Challenge Polo Tournament at the Waimanalo polo grounds, Aug. 13. Gates will open at 1 p.m. and games will begin at 2:30 p.m.

Cost is \$7 per person and proceeds benefit the Military Welfare Fund. A hat contest, prize raffle, live entertainment and dancing are scheduled, along with a buffet meal. The club is in Waimanalo on Kalanianaʻole Highway across from Bellows Air Force Station.

26 / Saturday

Annual Ocean Mile Swim — The 2006 OceanFest benefit for the Duke Kahanamoku Foundation is scheduled for Aug. 26. The ocean mile swim will begin at 9 a.m. on the beachfront of Duke’s Waikiki.

Plaques and certificates will be presented to the top three finishers in each category. All participants will receive a 2006 Duke’s Ocean Mile Swim t-shirt.

There is a \$25 entry fee. If space allow, late entries will be accepted for a \$30 registration fee. For entry forms or more information, call Diane at 955-3534 or visit www.dukefoundation.org.

'Gross-ology': Biology lessons are larger than life

CONTINUED FROM B-1

one million historical photographs, films, works of art and publications, and more than 22 million plants and animal specimens — one of the largest collections in the world.

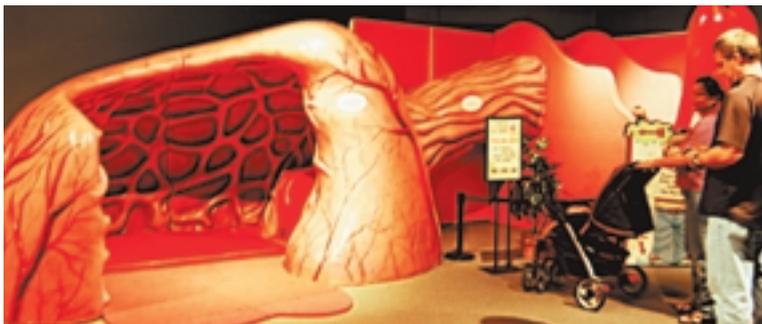
The original museum, first established to house the extensive collection of Hawaiian artifacts and royal family heirlooms, was built in 1889 by Charles Reed Bishop, in honor of his late wife, Princess Bernice Pauahi Bishop, the last descendent of the royal Kamehameha family.

Built in 1903, the jewel of the campus, Hawaiian Hall, is Bishop's largest artifact. This three-story fortress of volcanic stone, listed on the National Register of Historic Places, was the first official museum building and is considered the premier gallery.

Within the warmth of prized koa wood display cases are relics from early Polynesian explorers, the Hawaiian monarchy, and waves of immigrants from China, Japan, Korea and the Philippines.

However, because of the warmth of Hawaiian Hall, with its open air design, artifact-eating insects, humidity and variable temperatures, many of the most precious items are unable to be displayed.

Hawaiian Hall began its first major renovation in April. The cornerstone of the project will be climate control and new electrical



In the GI Slide, young visitors get to slide and crawl through this giant three-dimensional model of the digestive system, from mouth to large intestine.

wiring that will replace a system installed in the 1960s, thus reducing threats to preservation. The main gallery is expected to re-open in Spring 2008.

"The Hawaiian Hall renovation will allow the museum to fulfill its mission to serve and represent the interests of Native Hawaiians," said Bill Brown, president of Bishop Museum. "When the project is complete, all three floors will be dedicated to the stories of Native Hawaiian history and living culture."

Jhamandas Watumull Planetarium

The 77-seat planetarium opened in 1961

and offers star gazers daily sky shows, including morning educational programs, evening Japanese language programs and special star shows, such as the popular "Sky Tonight."

With nearly a half-million visitors annually, the Bishop Museum serves as one of Oahu's most popular destinations. The hands-on educational experiences, cultural presentations and exhibits help residents and visitors appreciate and embrace the culture of Hawaii and the Pacific.

(Editor's Note: Bishop Museum is open daily from 9 a.m. to 5 p.m., with the exception of Christmas day.)



Greg Thompson

Michael Bender performs an open-hand kata.

Karate: Families fill their void with activity

CONTINUED FROM A-1

might become extremely frustrated when faced with the uncertain schedules of military families, but Sensei Bunch is very understanding," she said.

Gonzalez should know. Her husband Capt. Will Gonzalez, S-1 officer, 2-35th Infantry Regiment, began training with her in November of last year, but now he's deployed to Iraq. She credits his training with helping her keep busy while he is away.

Like Gonzalez, Bunch has dozens of students whose parents and loved ones are deployed, but find solace in their training. Although many of the younger stu-

dents practice two to three times a week, Bunch tells his students there is more to karate than kicking and punching.

He emphasizes that martial arts is also mental. Each student on the junior team must keep up their grades and bring their report cards to class. A testament to their sensei's encouragement, most of his students are on the honor roll and participate in a variety of activities, from football and baseball to golf and tennis.

Sensei Bunch teaches his students that regardless of what pursuits they have in life, their loyalty, dedication and competitive spirit will carry them through.



August

15 / Tuesday
Flag Football and Cheerleading — Register now through Aug. 15 for Youth Sports flag football and cheerleading. The program is open to youth born between 1990 and 2001.

Cost is \$45 for flag football and \$60 for cheerleading (\$20 if you already have a uniform).

For more information, call

836-1923 (AMR) 438-9336 (Fort Shafter) 655-0883 (Wheeler) or 655-6454 (Schofield).

20 / Sunday

Bowling Tournament

A "5 Game, No Tap" tournament will be held at the Schofield Bowling Center, Aug. 6. Check-in is at 1 p.m., and the cost is \$20.

Call 655-0573 for more information.

25 / Friday

Intramural Flag Football

Applications for Army Hawaii Men's Intramural Flag Football League are due Aug. 25. The intramural season runs Sept. 7 through Dec. 1 and is a company-level intramural.

For more information, call the Sports Office at 655-0856 or 655-0101.

Ongoing

Golf for Food and Fun

The "Golf for Food and Fun" event is held every Tuesday at Nagorski Golf Course, Fort Shafter. Tee times are 2:30 to 5 p.m., and cost will be \$22 per person for riding and \$17 per person for walking, which includes 9-hole green fees, par 3 prizes, pupus for four people, a pitcher of beverages, a door prize entry, and the golf question of the week contest.

A minimum of three people is required per team. For more information, call 438-9587.

Cardio Kickboxing — Cardio kickboxing can help develop cardio-vascular fitness, improve balance and lead to more self-confidence. Classes are offered at the Fort Shafter Physical Fitness Cen-

ter, Tuesdays and Thursdays from 4:30 to 5:30 p.m.

For more information, call instructor Daryl Lynn Gandaoli at 779-4495.

Chess Club — Come and play chess every Monday from 5 to 8:30 p.m. at Tropics. Competitors must have their own equipment. A few sets will be available for participants without equipment. For more information, call Tropics at 655-0002.

Youth Sports Coaches

Youth Sports is looking for volunteer coaches to help make the program a success. If you are interested in volunteering, see your local Youth Sports director or call for more details. Aliamanu Military Reservation at 836-1923; Fort Shafter at 438-9336; or Schofield Barracks at 655-6465.